Section	Checklist with marks	Marks
Title	☐ clearly states topic, population, and study design (1 mark) ☐ informative and meaningful (1 mark)	2
Abstract	☐ background: problem and importance clearly stated (0.5) ☐ methods: data source, sample, variables, and analysis summarized (1) ☐ results: key findings with numbers included (0.5) ☐ conclusion: main message clear (0.5) ☐ keywords: 3–5 simple and specific (0.5)	3
Introduction	☐ broad theme/problem explained (2) ☐ specific context explained (1.5) ☐ study objectives clearly stated (1.5)	5
Methods	☐ sample population: eligibility/inclusion criteria, sample size clearly described (2) ☐ variables: outcome and explanatory variables clearly defined (3) ☐ statistical analysis: type of tests and regression model type correctly described (5)	10
Results	☐ descriptive table clearly presented (1.5) ☐ descriptive results correctly described (1.5) ☐ regression table clearly presented (1.5) ☐ regression results correctly described (1.5)	6
Discussion	☐ main findings summarized clearly and logically (6) ☐ results interpreted and compared with other studies using references (2) ☐ strengths and limitations discussed clearly (2)	10

Conclusion	☐ short and clear final message (~5 sentences) consistent with results (1) ☐ strong take-home statement (1)	2
References	☐ sources are scientific e.g. Peer-reviewed articles (0.5) ☐ formatting consistent and correct (0.5) ☐ enough coverage: intro 2-3, methods 1–3, discussion 2-3 references (0.5) ☐ all in-text citations appear in the reference list and vice versa (0.5)	2
Total		**40**