  
Main manuscript for

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* Figures 1 to X
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## Abstract

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## Main Text

### Introduction

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### Results

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### Discussion

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### Materials and Methods

Paste your materials and methods section here.

### Acknowledgments

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## References

## Figures and Tables

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1. Nishi, D., Susukida, R., Usuda, K., Mojtabai, R., & Yamanouchi, Y. (2018). Trends in the prevalence of psychological distress and the use of mental health services from 2007 to 2016 in Japan. *Journal of Affective Disorders*, *239*, 208–213. <https://doi.org/10.1016/j.jad.2018.07.016>

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