

HOW TO REMAIN ANONYMOUS ONLINE

MOHAN J. MENON

HOW TO ERASE YOURSELF FROM THE INTERNET

COMPLETELY

How to Remain

Anonymous Online

By

Mohan J. Menon

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PART - 1

HOW TO ERASE YOURSELF FROM THE INTERNET COMPLETELY

THE INTERNET & YOUR PERSONAL INFORMATION

THE internet, vast and virtually limitless. Millions of interconnected computers sending and receiving Petabytes of information at any given time. In this great age of the internet, keeping your identity protected is of uttermost importance.

email provider, download a file off the internet or even get connected to our ISPs, we are immediately vulnerable to information leaks, which can include our identity.

Every time we sign into our personal

We put out a lot of information about ourselves online. When we sign up for an online service, our Name, date of birth, location (via our IP address) and other personally identifiable information is given out. Some of these services might not have the right measures in information. We become vulnerable to identity theft and other forms of cybercrime.

A quick online search (on one of your

place to adequately secure our

favorite search engines) of your name will show you how easily accessible your information is. What you posted several years ago, that embarrassing high school photograph, easily viewable by a potential employer, your future partner or a malicious cybercriminal.

When we look at the internet we can look at two broad categories:

- The surface web
- The deep web

information is easily searchable. Your name, location, and images are visible for anyone with interest in finding more about you. Large marketing firms are consuming large swaths of information about online users and building complex personality matrices about users and

The surface web is where most of your

selling this information to the highest bidder.

The deep web is a bit more cloaked, but

information leaks do still happen at this level. This is where service providers like Facebook, twitter, google, and yahoo comes in. They hold more than just personal attributes about yourself, but they have information about who your close personal networks are, what places you frequent to, what goods and services you buy the most.

They hold the gold of information about individuals. At the deep web level, most of your data is secured for most major sites through their private policy and terms of service. But don't think they don't sell your information to a company who is willing to pay a good price for it. If you read the any of these company's terms of services, you will be shocked as to how little control you have over your personal information and how much power and control they have over your own information.

control over is on the surface web. We can limit the information that is available to the public by taking some cautionary steps.

There are three ways to go about erasing

The information we really have more

You can go about deleting all your online past from websites you have

your digital footprint.

signed up for.

2. Request websites you have no control over to remove your data or

- suppress it.
- 3. Be self-disciplined. Don't let your data be re-acquired in the same way as before.

WHY WOULD YOU WANT TO ERASE YOUR DIGITAL FOOTPRINT?

TECHNOLOGY is evolving at a fast rate, and some services are only available to smartphone owners so if you don't own one, you are being left out of the digital world. Most people use the internet mainly for communication, networking, entertainment, business,

education and shopping, however, social networking and shopping take up the bulk of the time that an individual spends on the internet.

In just one minute, there are 700k+

Facebook logins, 2.78 million videos are watched on YouTube, 40K+ posts are on Instagram, 350K + new tweet. Social networking has had one of the biggest impacts in society today. It has totally changed the way in which we network, keep in touch and make friends with people all over the world. The Facebook, Twitter, and Instagram are all fun ways for people to interact, share their thoughts and photos and stories.

While it's fun to share, easier to shop,

most popular platforms such as

get work done, catch up with friends and family, what you share and how much you share is extremely important. I'm sure you have heard this adage, the internet never forgets. You always leave behind a digital footprint. A digital footprint is the information about an individual that is on the internet because

of their online activity.

which are passive and active. A passive footprint is made without the owner's knowledge, while an active digital footprint is created when personal data is made available intentionally by an individual e.g. by sharing personal details for social media websites, etc. Both active and passive footprints can be stored in many ways. A digital footprint can be stored in an online database. This is known as a hit. This

There are two types of digital footprint

footprint can track the users IP (Internet Protocol) address when it was created, what country they are in and the footprint later being analyzed.

Active digital footprints can also be stored in a variety of ways. When a person is online, a footprint can be stored by a user being logged into a site when making a post or change, with the registered name being connected to the edit. Both active and passive footprints can be stored as data for offline use.

Digital footprints are left behind

posts, sharing photos, etc. on your social media accounts, making purchases online. They can also be left unintentionally when you are browsing the internet.

intentionally, e.g. when you are writing

On the World Wide Web, the digital footprint is the information left behind as a result of an individual's browsing activity and is stored as 'cookies.' Your digital footprint is extremely valuable to certain groups of people, namely, the social networking companies, potential

employers, the government, marketers, and data mining companies.

Companies like Facebook, Twitter, and

Google, sell your data to third parties which help them know the tastes and preferences of certain groups, demographics and with their overall marketing plan. It has now become more advanced because they have more specific data. They now know your exact location, age, etc. Have you ever liked a Facebook page for a certain product, and then all of a sudden Facebook is

That's an example of what happens when they sell your data.

A potential employer would want to

suggesting similar pages for you to like?

know what kind of a person you are and if you are a good fit for their company. All they need to do is conducted a simple Google search and see what information about you pops up. If you did not set strict privacy settings, a lot of information about you and what you share is easily accessible to anyone.

interested in an individual's online activity for vetting purposes and surveillance purposes. Social networking sites record all of the activity of an individual such as social groups, location, lifestyle, etc. All in a bid to get more targeted data about

Government agencies are also now very

products at the individuals who are most likely to consume their goods.

A digital footprint has its disadvantages.

certain users who are lucrative to sell to

marketers who want to target their

inappropriate photo of yourself popped in a Google search, you could be in trouble with the law enforcement agencies for sharing political views which may be perceived negatively or even worse, you may be a victim of identity theft. You may tighten your privacy settings on all your email and social media accounts. However, it still does not give you complete privacy. We are also now exposed by mass surveillance by governments which infringes on an individual's right to

You may be denied a job because an

privacy. Big brother is always watching.

If you really want complete privacy on

the internet, then the only way to succeed

is by disappearing from the internet completely. This can be done by deleting all your social media and email accounts, using more discrete payment methods online, securing your smartphone or ditching it, and browsing discretely. We shall now look at all of these in detail.

CONSEQUENCES OF GOING OFF THE GRID

EFORE you proceed with erasing yourself from the internet, you need to think about the decision very carefully before proceeding. Much of what is suggested in the book cannot be undone. This means that you will lose information, forfeit any marketable presence that you've developed online,

opportunity to restart your account using the same name or even the same email address. These are drastic measures and should be treated as such.

• Consider what is driving your wish

and in some cases, you'll even lose the

- to delete yourself completely. Is it a cyber stalker? Is it a single bad experience? Or are you just fed up with its invasiveness in your life? Be sure you fully understand the issue before diving in.
- Are there other ways around the problem, such as changing your

online name or using a different email account from your normal one? For example, if your current email address has some unsavory online associations, can you create a separate one that you use purely for professional transactions like sending resumes, creating business profiles, etc.?

 Realize that you might not even remember all the sites you've joined, created, participated in, etc.

ERASING YOUR ONLINE PRESENCE

OW that you are ready you know all the caveats about going off the digital grid and have made up your mind to ease your digital footprint we can now go about start to expunge our digital presence from the internet.

DELETE OR DEACTIVATE YOUR SHOPPING, SOCIAL NETWORK, AND WEB SERVICE ACCOUNTS

Delete accounts. As already noted, it's possible that you've joined up to more sites than you'll ever remember. The more popular the site, however, the better it is to remove yourself from it when trying to disappear from the internet. This won't necessarily resolve

- "deep web" memory of you, but it's a good start. The following list is provided to help make it easier for you to know how to start erasing yourself from the major sites:
- obvious ones, such as Facebook,
 Twitter, LinkedIn, Instagram,
 Tumblr, Google+ or even MySpace?

1. Social accounts: Including the

2. Shopping accounts: Aside from the big ones, such as eBay, Amazon, Gap.com, Macys.com, do you still have public accounts on sites like Craigslist and other auction sites?

3. Game Sites

HOW TO PERMANENTLY DELETE YOUR FACEBOOK ACCOUNT

Ever since Facebook burst into the

limelight back in 2006, it has been nothing short of breaking digital records. It is the world's largest social networking site, with over a billion users and over 700k+ logins per minute, you surely cannot deny its popularity. It

helps us remain connected with friends,

and family all over the world and is a

However, it does have its fair share of privacy concerns.

great tool for people to connect.

The Facebook timeline exposes your whole life to the public, from the day you were born right up to today. All your significant achievements and milestones

are made visible. You can change the privacy settings on your account to make it more secure. However, that doesn't guarantee complete privacy. Your Facebook account will still pop up when

someone searches for you in any of the

Bing. Facebook also collects a lot of personal data such as your location, age address, phone number email, etc. and your browsing habits which can be accessed by governments and spy agencies through mass surveillance.

popular search engines, e.g., Google and

The following are the steps to permanently delete your Facebook account.

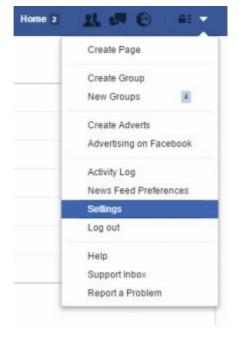
Step 1

Click on the downward facing caret.



Step 2:

Click on the Settings



On the left most column, click on the "Security" tab



Look for "deactivate your account" at the bottom of the page.

Security Settings

| Login Alerts | Get an alert when anyone logs in to your account from an unrecognised device or browser. | Edi |
|-------------------------|---|------|
| Login Approvals | Use your phone as an extra layer of security to keep other people from logging in to your account. | Edi |
| Code Generator | Use your Facebook app to get securify codes when you need them. | Edi |
| App Passwords | Use special passwords to log in to your apps instead of using your Facebook password or Login Approvals codes. | Edi |
| Public key | Manage an OpenPGP key on your Facebook profile and enable encrypted notifications. | Edi |
| Your trusted contacts | Choose triends who you can call to help you get back into your account if you are locked out. | Edi |
| Recognised Devices | Review which browsers you've saved as ones you often use. | Edi |
| Where You're Logged in | Review and manage where you're currently logged in to Facebook. | Edit |
| Profile picture login | Manage your Profile picture login settings | Edit |
| Legacy Contact | Choose a family member or close friend to care for your account if something happens to you. | Edi |
| Deactivate your account | Choose whether you want to keep your account active or deactivate it. | Edit |

Click on the edit button



Now click on the Deactivate your tab account.

You will be prompted to enter your password

| Password | ord | |
|----------|--------------------|---------|
| | Forgotten account? | |
| | | |
| | | |
| | | Continu |

You will finally be placed on a screen where you should opt out of future emails from Facebook,

Uncheck the messenger box and finally deactivate the account



Do not log into your account for the next 14 days and your account will be

deleted entirely.

Should you log in before the two weeks have elapsed, Facebook will not delete your account and will assume you do not wish to remove it permanently.

It could take approximately 90 days for Facebook to delete everything you ever posted, your photos, videos, status updates and other data stored in the backup systems. Sometimes your old photos may show up in a search so it would be advisable for you to delete

every photo on your account manually before you request for your account to be deleted.

You may also follow this link:

https://www.facebook.com/help/delete &

to delete your account without deactivating your account first.

Be absolutely sure that you want to delete your account with Facebook as this option has no grace period where you can reactivate your account.

| Delete my account | |
|--|--|
| If you do not think you will use Facebook again take care of this for you. Keep in mind that you retrieve any of the content or information you h If you would still like your account deleted, click | will not be able to reactivate your account or nave added. |
| ii juu wuulu suii iine juul ducuulii deleled, ciid | |

HOW TO PERMANENTLY DELETE A TWITTER ACCOUNT

Twitter is a microblogging site that allows users to stay up to date with current events and trends all around the short instant messages with a limit of up to 140 characters. You can also images and short videos, and GIF's.

You cannot delete your Twitter account

from your Android/iPhone app. You

must log into a web browser.

on your computer.

world. Users post Tweets, which are

Step 1:_Log into your Twitter from a web browser e.g. Chrome, Firefox or Safari

Click on your profile tab and click on





Step 2: Scroll to the bottom of the **account** tab and click deactivate my account.

Content

Country Kenya •

Select your country. This setting is saved to this browser.

Tweet media Do not inform me before showing media that may be sensitive

You will see all photos or videos even if they contain sensitive media.

Mark media I Tweet as containing material that may be sensitive

Please check this box if your Tweets contain sensitive media so that users can be informed prior to viewing.

Video Tweets Video autopiay

Mdeos will automatically play in timelines across the Twitter website.

Regardless of your video autopiay setting, video, GIFs and Mnes will always autopiay in Moments. Learn more.

Timeline Show me the best Tweets first

Tweets you are likely to care about most will show up first in your timeline.

Your Twitter archive

Request your archive

You can request a file containing your information, starting with your first Tweet. A link will be emailed to you when the file is ready to be downloaded.

Save changes

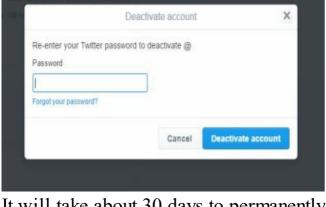
Deactivate my account

You will be informed about how long the deletion process will take, and other miscellaneous information.



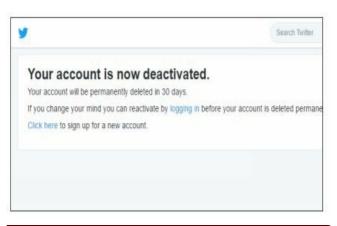
Twitter password for security purposes. Enter your password and then your account will be deactivated.

Step 3: It will then ask you to enter your



It will take about 30 days to permanently delete your account. This 30 day period

is also there just in case you changed your mind and decided to return to Twitter. After the 30 day period, your Twitter account will be permanently deleted.



HOW TO PERMANENTLY

DELETE AN INSTAGRAM ACCOUNT

Instagram is a popular photo-sharing app that was created in 2011 and now has over 600,000000 subscribers. It became part of the Facebook in 2014. Instagram does not let users delete their accounts directly from the app. For you to delete it, you must log into your Instagram from a web browser.

Step 1

Using a web browser or a mobile web

Step 2

browser, log into your Instagram

Navigate to this link:

https://instagram.com/accounts/remove/re



You are free to give a reason why you would like to delete your Instagram account. Key in your password again

and click on the red permanently delete my account button.

HOW TO PERMANENTLY DELETE A LINKEDIN ACCOUNT

LinkedIn is the world's largest and most

popular professional networking site, with 400 million users. It helps professionals all over the world connect, share ideas opinions and find opportunities. However, it is still vulnerable to security threats like other

networking sites. Note the following

after you delete your LinkedIn account:

If your LinkedIn profile was visible on

search engines, e.g., Google, Yahoo, or Bing, it could take a while for your LinkedIn information to completely disappear from the search results depending on how the search engines collect and update their search results.

After your LinkedIn account has been closed for 24 hours, any email addresses associated with it will be freed up to use for other new or existing accounts. It

should take about 24 hours for you to completely delete your LinkedIn account.

This is how to delete your LinkedIn account:

Step 1: Go to linkedin.com in your web browser and log in.



Step 2: Move your mouse cursor over

your profile picture in the top-right corner, and select **Privacy & Settings** from the drop-down menu that appears.



Step 3: In the bottom window, click **Account**, and scroll to the very bottom, then click on **Close Your Account**.



Step 4: On the next screen, LinkedIn will ask you why you want to cancel your LinkedIn account. Click a button beside the reason that most applies to you (if you select "Other," click in the

text box that appears and write a few

details), and then click Continue.

| | ou're closing your account: |
|-----------------|--|
| O I have a du | plicate account |
| O I'm getting | too many emails |
| O I'm not get | ting any value from my membership |
| O I have a pri | vacy concern |
| O I'm receivir | ng unwanted contact |
| Other: | |
| Your feedback n | natters. Is there anything else you'd like us to know? |
| | |
| | |
| | |
| | |

Back to Settings



Step 5: LinkedIn will show you details about your account to make sure that it is the one that you wish to remove from LinkedIn. If it is, click **Verify Account**. If it isn't, click **Sign Out**

and start again at step 1.

| | Charles Charle |
|--------------|--|
| itoania your | account means you lose your profile and all your LinkedIn data. |
| | |
| | |
| | |
| | |
| | |
| | |
| | For your security, enter your password to make this change |
| | Password |
| | |
| | |
| | Unsubscribe me from LinkedIn email communications, including invitations. |
| | |
| | |
| | Back to Settings Close account |

Step 6: LinkedIn will display a page telling you what happens when you delete your account. If you are certain that you still want to delete your LinkedIn account, click Close Account.

REMOVE YOUR EMAIL ACCOUNTS

Your email accounts are attached to a lot of services you would sign up for. This is where a lot of your information online is tied to. Deleting your email address is of vital importance if you want to go off the grid. When you do this, you will have to look for alternative methods of communicating and using services online. We will cover this in another topic.

HOW TO PERMANENTLY

DELETE A GMAIL ACCOUNT

When you delete your Gmail account, you will delete all your emails and close your inbox.

Note that Emails will still exist in the

email accounts of the people with whom you've communicated with unless they have also deleted their email accounts.

If anyone tries to email you at that address after you've deleted the account,

THINGS TO CONSIDER BEFORE DELETING YOUR GMAIL ACCOUNT

the email will bounce back.

3rd Party Access:

You might lose access to 3rd party services associated with your Gmail account. If you use your Gmail account for any other services, you will not be able to access them because the email account is no longer active. Ensure that you update your email address information for those services so as to avoid tricky situations.

For example: If your Gmail account is linked to your bank account. You will

have a difficult time trying to access your bank information via email.

Information Loss:

Information Loss:

You may lose valuable information if you do not back them up before hitting the delete button.

free up your username:

Nobody else, including you, will ever be
able to use your Gmail username in the

Deleting your Gmail account does not

able to use your Gmail username in the future. This prevents anybody from trying to impersonate you at your old email account.

history and YouTube account. You will have to contact the google webmaster to remove your search history. We will

Your Google Account will remain

associated with things like your search

Deleting your Gmail account will not

delete your Google Account:

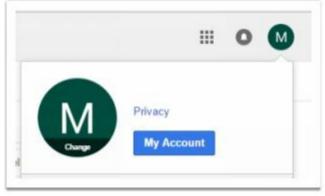
look at that later.

Step 1:

STEPS TO DELETE YOUR GMAIL
ACCOUNT

Enter your Gmail username or email

address and click Sign in. Proceed to click on 'My account' in the top left corner of your Gmail as shown below:



Step 2: Click my account under Account Preferences, click Delete your account or services.



Step 3: Click on Delete Google Account and data.



Step 4: Re-enter your password, then click Sign in.

Google

Please re-enter your password

| | M | |
|----------|---|---|
| | | |
| Password | | - |
| | | |

Sign in with a different account

Step 5: Next, you will be asked to confirm if you want to proceed. Read the terms very carefully before proceeding.

download all your data which Google holds. You may want to do this for archival purposes.

Read & tick the checkboxes confirming

At this point, you have the option to

that you would like to proceed to delete your Gmail account.

| Pleas | e read this ca | refully. It's not the usual yada yada. |
|----------|--|---|
| You're t | rying to delete your | Google Account, which provides access to various Google services. |
| | | se any of those services, and your account and data will be lost. |
| You als | a could lose access | to services outside of Google where you use |
| | | For example, if you use this email address as a recovery email for |
| your ba | nk account, you may | have difficulty resetting your bank password. If you proceed, you'll |
| need to | update your email a | ddress everywhere you use it outside of Google. |
| You can | n download your dat | s before deleting your account. |
| All th | is content will | be deleted |
| | | contain every Google service affected by your deletion, such as apports. Your data will be deleted from these services as well. |
| _ | | |
| M | Gmail | 286 conversations will be deleted |
| M | Gmail | 286 conversations will be deleted Most recent New sign-in from Chroma on Windows 12 minutes age |
| | | Most recent: New sign-in from Chrome on Windows |
| If you h | ove any pending fina es, I acknowledge th | Misst recent: New sign-in from Chrome on Windows 12 minutes ago nicial fransactions you will still be responsible for those charges. at I am still responsible for any charges incurred due to any pending |
| if you h | ove any pending fina is, I acknowledge to nancial transaction : a paid out. | Mest recent: New sign-in from Chrome on Windows 12 minutes ago |

Step 6: Once the above steps have been done you should be greeted by this screen:



If for any reason, you feel like undoing this google deletion, you have a very Support to try and retrieve your account.

HOW TO PERMANENTLY DELETE YOUR YAHOO MAIL ACCOUNT

Yahoo was the biggest free email

service provider until Gmail came along. It has had its fair share of data breaches. On December 14, 2016, Yahoo disclosed that hackers had

Yahoo user accounts in August 2013. This is just one of the few data beaches

obtained access to more than 1 million

of your privacy and security by deleting your Yahoo account.

Before you delete your Yahoo Mail

that Yahoo has experienced. Take charge

remove access to all of your Yahoo services.

How to delete your Yahoo Mail account

account, please note that you will

Step 1: Navigate you your yahoo mail and sign in.



After signing in, go to this link:

https://edit.yahoo.com/config/delete_user

Step 2

After verifying that you have entered the correct Yahoo ID and read the account deletion warning, enter your Yahoo password.

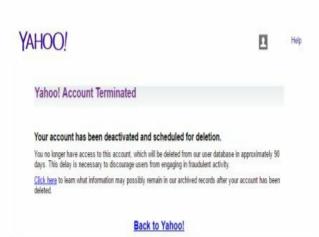


Step 3:

Scroll down and enter a visual or visual code. You can request for a new code if you cannot see or hear the current code.

Finally, click on Terminate this Account.





Success! Your Yahoo account has been deleted

Terra | Privacy

DELETE SEARCH ENGINE RESULTS THAT FEATURE YOU

Search engines discover new content

online through a process called crawling. This data is then indexed in the search engines servers and stored in massive databases. The indexing process analyses the data and stores the information in these databases. The final process is the retrieval process, where a user can search for something online, and the search engine will churn out results that may be of interest to the user.

the world – Google, we can filter results using very specific parameters to narrow down on the results we get and hopefully get the information we would like. We will touch on safer, more privacy oriented search engines in the preceding sections of the eBook.

Using the most popular search engine in

crumbs that identify with you, having knowledge of how to utilize Google search to its maximum potential is vital. When you are looking for information

about your name in an URL, search using

As you search the web for cookie

the tags: URL: enter your name here

This will return results which have your name in the URL

If you know the particular site that and want to check if it has any personal data about you, you can query Google or other search engines with:

Site: www.thesiteyouwichtosearch.com your name here Knowing these tricks will help you

narrow down results that contain information about you and get in contact with the webmasters or get Google to

In the next section, we will cover how to get Google to take down links and how

take down the links.

get Google to take down links and how to contact webmasters of various sites where your privacy is at risk.

HOW TO REMOVE INFORMATION ABOUT YOU FROM A GOOGLE SEARCH

You can ask Google to remove your sensitive personal information, e.g. bank account number, certain images of you, your handwritten signature, or a nude or that's been shared without your consent, from Google search results.

Google will only remove what it deems

sexually explicit image or video of you

WHAT GOOGLE WILL REMOVE

necessary, so if there is an image of you that you don't wish to see in a Google search, you must contact the webmaster.

If you want to remove a photo, profile link, or web page from Google Search results, you usually need to ask the website owner (webmaster) to remove

WHY CONTACT THE WEBMASTER?

the information.

from our search results, the web page still exists and can be found through the URL to the site, social media sharing, or

other search engines. Therefore, your

best option is to contact the webmaster,

Even if Google deletes the site or image

who can remove the page entirely.

If a photo or information shows up in
Google search results, it just means that

the information exists on the Internet and it doesn't mean that Google endorses it.

TIPS FOR CONTACTING

WEBMASTERS

Getting a response from a webmaster

may take a long time. Here is the best method to email a webmaster to get the most fruitful response. It is advisable not to be threatening or

resentful in your email to the

webmasters of the sites in question. Be

polite in your correspondence with the

webmaster, and you will be able to get more valuable gains in getting your link or content taken down. As a rule of thumb, when you email the webmaster include all the links you think

infringe on your right to privacy and

have said links taken down. Do not put the websites integrity or its business practices to question as you many now face resistance on the part of the webmaster who would now begin to feel threatened. It is advisable to not continuously spam the site owner but to rather spend on diligently crafted polite email, with your reasons as to why you would like the various links taken down. Here is an

example of an email I would send to a

webmaster.

state the reason why you would like to

John Doe 123 Main Street Any Town, Utah 12345 November, 15th, 2016 (Data Broker Company's name) (Street/Mailing Address)

Re: Cease from Your List Immediately.

Dear (Data Broker):

This is a CEASE ANF DESIST ORDER to inform you that your actions including but not limited to selling my personal, financial and marital information in violating my privacy at all levels. I have

phone calls from all various companies and people that possess some very vital personal information about me, it is my understanding and belief that they obtained this information through your company. You are hereby ORDERED TO STOP IMMEDIATELY as these privacy violations are against the law.

been getting emails, postal mails and

I have the right to remain free from these activities as they constitute a violation of my legal right and freedom, and I will pursue any legal remedies available to me if these unlawful activities do no stop.

I hereby notify you and your company by writing (via this letter) that my

information is my property. All previous and future agreements made or expressed either directly or indirectly with any third party are hereby rescinded. You will have 10(Ten) days to reply to

this letter in writing, failure to do so may or will act as evidence of negligence, infringement, and violation upon my legal privacy rights.

Sincerely,

(Your Signature)

John Doe

(Your Address)

WHAT IS AND WHY SHOULD WE WORRY ABOUT DATA BROKERS?

AM sure you have received mail, paper or electronic from companies that either offered you credit, or other services based on your financial and other status or situation. For example, if you have high balance on credit cards, you probably have seen offers from

various banks and other lending institutes that are offering you consolidation loans. If you recently went through bankruptcy or other similar crisis then you probably have seen mail regarding new credit card offers from banks that are offering "2nd chance". How do they know all these information

about us? Well they are like private detectives that monitors our activities such as they go through all court records to find out if you have filed bankruptcy, divorce or if there was a lien filled

against you or any other legal actions for that matter. But that is not where they stop.

They also collect data like what we buy,

how we spend our money, where we go on vacation, what phones we use, what kind of social life we have (thanks to social media). In other words some of these information can be very personal and private. Once they collect enough information about a person, they then create a profile and fill in the rest and make a complete profile which can explain most of our behavior and other

habits better than we can explain ourselves.

They know what ethnicity we are, what our sexual orientation is, what if any illness we suffer from specially illness like HIV, Diabetes, hypertension, mental depression or even substance abused. They know what we eat, what type of

movies we like, what kind of websites we like to visit, if we are republican or democrat, you name it they know it.

Scary enough? It is really true, 100%

true. As shady as this may sound, the

at the mercy of these data brokers? Well, yes and no. If you don't do anything than yes you are at their mercy. But on the other hand, if you care enough about your privacy, then act and be heard and take action to get yourself out of these data broker's computer data base. It is hard but it can be done. One valid question is why do these brokers collect your silly data, well think about it, they make money selling your data to interested companies so

entire industry of data brokerage is

completely legal. Does that mean we are

those companies can target you based on your profile and your preferences, and offer to sell you their products and or services. It is a billion dollar industry and growing every day. Here is a section of an article from Newsweek on this very topic.

"Data brokers are notoriously secretive. Only one, Acxiom, granted Newsweek an interview with a company officer, despite two months of requests to dozens of firms. "A lot of the information, the deals that take place, are proprietary in nature," says Paul

Stephens, a director at Privacy Rights Clearinghouse in San Diego, which advocates for consumer rights regarding personal information. "It's hard to tell who's selling what to whom." In fact, it's unknown exactly how many data brokers operate in the United States, because so many keep a low profile. Credible estimates range from 2,500 to 4,000. There are supergiants in the field—Acxiom, Experian. But there are myriad smaller companies that few have heard of: Exact Data, Paramount Lists,

Datalogix, Statlistics. How do data brokers collect information? As you might guess, Web browsing is a bountiful source. What sites you visit, what topics or products you research there, what you buy, even what you post in forums can be turned into an entry in a broker's database. But there are offline sources as well. Public court records are, of course, public. But retail store owners have found they can bring in additional revenue by selling their sales records to broker companies.

The worst that may happen to you in these cases is you'll get junk mail you don't want. But more insidious things can happen when brokers go beyond names and addresses to selling other information, which brokers' clients usually download from a web server. Several years ago a broker named InfoUSA sold a list of 19,000 verified elderly sweepstakes players to a group of experienced scam artists, who stole over \$100 million by calling people on the list and pretending to be government or insurance workers who

needed bank account information to ensure their pill prescriptions. The New York Times turned up one InfoUSA list whose description read, "These people are gullible. They believe that their luck can change."

That's the looming threat of data

brokerage: While many brokers claim, probably honestly, to only provide publicly available information that can be used to verify someone's identity or prevent fraud, there's a fast-growing market for what's called "consumer scores." Instead of a straight list of

names, addresses, and other info, a consumer score is a computergenerated number that attempts to predict your likelihood to get sick, or to pay off a debt. Consumer scores are similar to FICO credit scores. but aren't regulated as to what factors can be used and how transparent the score and its contributing factors are to the scored individual." No matter how private your life is and how much you try to stay under the radar, anyone with a credit card and \$25 can

find you by going to one of those sites

like "People look up, been verified.com, US Search.com or similar sites. Now, to me that is scary, especially after reading about a lady that spoke about how her husband was killed by a person, whom she helped the DA to prosecute, he was sentenced to 25 years to life, but he got out after serving just 18 years and then once he was out he looked her up online by using one of those data brokers, and showed up at her door. She did survive the whole ordeal and lived to tell about it. Now one thing I will say to some of this

broker's defense that some of these companies do have a system where you can opt out from their list. But my question is I didn't ask to be on your list at the first place, so why do I have to go to every one of these brokers and ask to opt out especially when the actual number of brokers are as high 4000 according to Newsweek? I did not ask them to add me, but I now have to ask them to delete me and half of them won't even offer the option upfront for opting out, unless we ask specifically. How wired is that? Live and Learn I guess.

But I made it my mission to delete myself from them and after 6 months of trying I was successful. Don't believe me? Try and see if you can find me, you know my name, it's on the cover of this book, give it a try see if you can find anything on me. You may find similar names but none would match my exact details. I checked and rechecked I know, I even paid 4 of those companies to find me. Funny thing is, most of these companies want you to charge your credit card to find someone, so when I was trying to find myself, I didn't charge

my bank cards instead I used a prepaid visa card that I bought from CVS. Smart huh?

Okay here is a list of some of the bigger data brokers where you can ont-out at

| (| iata brokers where you ca | 11 | opi-oui | a | ι. |
|---|---------------------------|----|---------|---|------|
| | | | | | |
| | 411.info | | Yes | | http |
| | 123 People | | Yes | | http |
| | I | | | | |

| 411.info | Yes | http |
|----------------|---------|------|
| 123 People | Yes | http |
| Accutellus.com | Yes | http |
| Acxiom | Partial | http |
| | | |

| 123 People | Yes | http |
|-----------------------------|---------|-------|
| Accutellus.com | Yes | https |
| Acxiom | Partial | https |
| American List Counsel (ALC) | Yes | http |
| Ameridex | No | Am |
| Ancestry.com | Yes | Ema |

| | - 1 | | |
|-----------------------------|-----|-----|-----|
| American List Counsel (ALC) | | Yes | htt |
| Ameridex | | No | Ar |
| Ancestry.com | | Yes | En |
| | -1 | | |

| | | ш | 1 |
|--------------|-----|---|----|
| Ameridex | No | | An |
| Ancestry.com | Yes | | Em |
| | | | |

| Ameridex | No | An |
|-------------------------|-----|------|
| Ancestry.com | Yes | Em |
| Ancestry.com: Genealogy | No | httr |

| Ameridex | No | Ш | An |
|-------------------------|-----|---|------|
| Ancestry.com | Yes | | Em |
| Ancestry.com: Genealogy | No | | http |

| Ancestry.com Yes | Em |
|----------------------------|------|
| Ancestry.com: Genealogy No | http |

Ancestry.com: Roots Web

| Any Who (AT&T,Intelius) | Yes | http: |
|--------------------------|-------|-------|
| Arrests.org | No | info |
| BeenVerified | Yes | http: |
| BlockShopper | No | http: |
| Check Mate LLC | Yes | supr |
| CIS Nationwide | No | http: |
| CIS Nationwide | No | http: |
| CIS: Birth Records | No | http: |
| CIS: Cell Phone Registry | No | http: |
| CIS: Civil Records.org | No | http: |
| CIS: Court Records | No | http: |
| CIS: Court Registry | No | http: |
| CIS: Criminal Records | No | http: |
| CIS: Criminal Registry | No | http: |
| CIS: Data Detective | No | http: |
| CIS: Death Records | No | http: |
| CIS: Divorce Records | No | http: |
| 1 | III I | |

| CIS: Email 411 | No | http: |
|-----------------------------|-----|-------|
| CIS: Email Tracer | No | http: |
| CIS: eVerify | Yes | http: |
| CIS: Free Background Check | No | http: |
| CIS: GovArrestRecords.org | Yes | ww |
| CIS: Governmentregistry.org | No | http: |
| CIS: GovPoliceRecords.org | Yes | http: |
| CIS: Govregistry.us | No | http: |
| CIS: GovWarrantRecords.org | Yes | http: |
| CIS: Info Pages | No | http: |
| CIS: Info Registry | Yes | http: |
| CIS: Intel Registry | No | http: |
| CIS: InteliGator | Yes | http: |
| CIS: Locate People | Yes | http: |
| CIS: Marriage Records | No | http: |
| CIS: People Fact Finder | No | http: |
| CIS: People Finder | No | http: |
| I I | | 111 |

| CIS: People Records | | Yes | Terr |
|-----------------------------|---|-----|-------|
| CIS: Phone Registry | | No | http: |
| CIS: Public Records Checks | | No | http: |
| CIS: Records Authority | | No | http: |
| CIS: Retro Sleuth | | Yes | http: |
| CIS: Reverse Genie | | Yes | http: |
| CIS: Reverse Mobile | | No | http: |
| CIS: Reverse Number | | No | xpat |
| Database | | No | http: |
| CIS: Reverse Phone Check | | No | http: |
| CIS: Reverserecords.org | | No | http: |
| CIS: Social Security Number | Ш | 110 | http: |
| Records | Ш | Yes | |
| CIS: State Records (United | | No | http: |
| States State Records) | | No | http: |
| CIS: StateRegistry.org | | No | http: |
| CIS: Webinvestigator.org | | No | http: |
| CIS: Webstigate.com | | Yes | http: |
| | | | |

| Instantbackgroundreport.com | Yes | http: |
|-----------------------------|---------|-------|
| Confi-Chek: People Finders | Yes | http: |
| Confi-Chek: Private Eye | Yes | http: |
| Confi-Chek: Public Records | Yes | http: |
| Now Confi-chek: USA People | No | http: |
| Search | No | http: |
| Confi-Chek: Veromi.com | Yes | http: |
| Corporation Wiki | Yes | https |
| Criminal Pages | No | http: |
| Datalogix | No | http: |
| Detective Unlimited | Yes | https |
| DEX Media (DEX | No | http: |
| online.com) | No | http: |
| DOB Search | No | http: |
| eBureau | Yes | http: |
| eFind Out the Truth | Yes | http: |
| EmployeeScreenIQ | Partial | http: |
| | | 1 |

| Enformion, Peoplefinders.com | | Partial | | ww |
|------------------------------|---|---------|-----|-------|
| Epsilon (Alliance Data) | | No | | http: |
| Epsilon: Abacus | | partial | | Data |
| Equifax | | Yes | | Shaı |
| Experian | | Yes | | PSA |
| FamilySearch.org | | Yes | | http: |
| FICO | | Yes | | http: |
| Harte Hanks | | Yes | | http: |
| Inflection: Archives.com | | Yes | | http: |
| Inflection: emailfinder.com | | Yes | | http: |
| Inflection: | | no | | http: |
| Freephonetracer.com | | Yes | | http: |
| Inflection: Goodhire.com | | No | | http: |
| Inflection: PeopleSmart | | | | |
| Inflection: PhoneDetective | | Yes | | http: |
| Info Pay | | Yes | | opto |
| InfoGroup: InfoUSA | | No | | https |
| Intogroup, Intoosa | | Yes | | http: |
| 1 1 | 1 | | 1 1 | |

| InfoRegistry | Yes | http: |
|-------------------------------|---------|----------------|
| Instant People Finder | Yes | http: |
| Intelius | Yes | https |
| Intelius: Addresses.com | Yes | https |
| Intelius: LookupAnyone.com | Yes | http: |
| Intelius: Numberinvestigator | Yes | http: |
| Intelius: People Lookup | Yes | http: |
| Intelius: Peoplesearches.com | Yes | http: |
| Intelius: PhonesBook.com | Yes | http: |
| Intelius: Publicrecords.com | Yes | did= |
| Intelius: Sverify.com | Yes | http: |
| Intelius | Yes | http: |
| Intelius: US Search | No | info(http: |
| Intelius: ZabaSearch | Yes | out. |
| Jailbase | Partial | http: |
| kgbpeople | Yes | https |
| LexisNexis (direct marketing) | yes | Attn |
| | | |

| LexisNexis: Accurint (Seisint) | Yes | 5030 |
|--------------------------------|-----|-------|
| LexisNexis: Peoplewise | No | http: |
| Meredith Corporation | Yes | priva |
| Mugshots | Yes | http: |
| MyLife: Wink | No | http: |
| MyLife.com | Yes | http: |
| OPENOnline | Yes | http: |
| Peeepls.com | Yes | http: |
| Peek You | Yes | http: |
| People Search | Yes | http: |
| People Search Now | Yes | http: |
| People-Finder.com | Yes | http: |
| Phone Book | Yes | http: |
| Phonebooks.com | Yes | http: |
| pipl | No | http: |
| PoEdit | Yes | see |
| Profile Engine | Yes | Says |
| | | |

| PublicBackgroundChecks.com | Yes | http: |
|-------------------------------|---------|-------|
| Publicrecordssearchonline.org | Yes | https |
| Radaris | Yes | http: |
| RapLeaf | No | go to |
| Reverse Phone Lookup | Yes | http: |
| Search Bug | No | http: |
| Spoke | partial | http: |
| Spokeo | Yes | http: |
| Super Pages | Yes | http: |
| Top People Finder | No | via v |
| Top People Search | Yes | http: |
| TransUnion | Yes | Ema |
| US Identify | Yes | http: |
| Waatp | Yes | http: |
| West Law | Yes | http: |
| Whitepages.com | Yes | http: |
| Whitepages.com: | Yes | http: |
| 1 1 | l l | |

| wintepages.com. | http |
|---------------------------|------|
| Phonenumber.com | 1 |
| Whitepages.com: Switch | http |
| Board | http |
| Wiland Direct | |
| WPP: KBM Group | |
| WPP: KBM Group: iBehavior | |
| Zoom Info | |
| | |
| | |

(If this list is hard to read, please feel free to send an email to valenciapublishing@gmail.com and ask for the Opt out list and it will be emailed to you in Microsoft Excel format)

REMOVE YOURSELF FROM DATA COLLECTION SITES

types of sites is notoriously hard, some can blatantly refuse to take down any information about you, sighting that the data they have is "in the public domain." But with a bit of perseverance, it is possible to get yourself erased.

Getting yourself removed from these

You should search for yourself on these sites. If you happen to find information about yourself on these sites, you can

them an email requesting a takedown. If you don't get a response and you feel that the data that they hold about you infringes your rights you can get in contact with Google to get the links taken down from Google.

contact them on their contact page, send

CLOSE YOUR PERSONAL SITES

If you own a website or a domain, there is a huge potential for your information to leak. You should consider using privacy tools and safeguards to mask your identity to the public.

CANCEL ALL MAILING LISTS

If you are part of mailing lists, before you delete your email address, you should comb through your inbox and look for these mailing lists that you subscribed to. One by one list and unsubscribe from them. This will ensure that your email and all the personal details that were attached to it such as your name date of birth are not in use and floating out there in the digital sphere, out of your control.

It may seem like a tedious process, but it is well worth it ensures that your data and right to privacy are not infringed upon later by these mailings.

CONSIDER USING A PROFESSIONAL COMPANY TO REMOVE YOUR DETAILS FROM THE INTERNET.

that offer the ability to track, find and get content about you that is online deleted. These are services that are fee-based but are well worth your investment as they will take away all the hustle that comes with erasing your digital footprint.

There are professional services online

One premium site is DeleteMe at Abine.com

they will go through all the major hoops for you, keep you updated on progress and ensure that sites which take down your information don't put it back up months later.

(https://www.abine.com/deleteme/landin

OTHER WEBSITES TO GET YOURSELF DELETED FROM:

Here is a helpful link to help you erase yourself from sites which are notorious it difficult to find and delete your accounts with them. This site lists popular sites and has links to get directly to the account deletion/deactivation pages. It ranks the sites based on difficulty and is a pretty quick and

for using dark pattern techniques to make

difficulty and is a pretty quick and painless process to get accounts off the sites you signed up for pretty fast.

http://backgroundchecks.org/justdeleteme

PART - 2

HOW TO REMAIN ANONYMOUS ONLINE

14 WAYS TO STAY ANONYMOUS ONLINE

ROWSING the internet has become extremely risky in the last few years. We face so many threats such as hackers trying to steal sensitive personal information, increased surveillance from governments, both local and international. Privacy online has now become a luxury. However,

there are still ways to stay safe and keep your anonymity, which we shall examine in detail

USE A PRIVATE BROWSING/INCOGNI MODE

If you do not have your own personal computer and have to share e.g. with family, friends, etc. or are at a public computer e.g. in a cyber café, switching on private mode stops your browsing history from being stored on the computer. This also prevents the sites you visited from popping up later, e.g. in an auto-completed web address.

Most browsers have tracking protection

that the next time someone visits that particular site, there will be no record of you being there.

in private/incognito browsing. This

prevents third-party cookies, i.e. Small

text files that track your movement

between various sites are also blocked,

and first-party cookies that track your

movement within a site in order to keep

track of, e.g. your shopping preferences

are deleted at the end of your session, so

How to Do This:

Go to the toolbar of your browser and



ELIMINATE ALL COOKIES

Blocking or deleting third-party cookies stops some tracking, but not all of it. Flash cookies, better known as super

cookies, can store much more information and are left by sites that run Flash, which is almost every site with video content. These super cookies can track your movements across different browsers and even restore third-party cookies that you previously deleted. To stop cookies, go to your browser's

Privacy settings.

What to Do:

clear both Flash and regular cookies. However, some sites use third-party cookies to track you within the site, so

Download the free CCleaner tool to

you may find yourself having to sign in constantly.

STOP YOUR BROWSER SENDING LOCATION DATA

Almost all browsers have a feature that sends your geographical location to sites you visit, so as to offer you more relevant, and useful experiences, e.g. An online shopping site automatically knows where you are shopping from, so Google can return with nearby search results. Nonetheless, advertisers or sites can use that exact information to add to that ad profile of you.

What to Do:

Reject location requests from websites that are not necessary. Though the default option is always opt-in, i.e., your browser will ask you the first time a

website wants your location, you can also disable the feature completely:

For Chrome – Preferences > Settings > Advanced > Content settings, and choose to either disallow any site to track your physical location, or ask when a site wants to track.

<u>For Safari</u> – Preferences > Privacy,

where you can disable location services, or let each website make a request.

For Firefox – Type "about config" in the

URL bar, then "geo.enabled." Double-

click to disable location entirely.

Otherwise, Firefox always asks before sending your location to a website.

For Microsoft Edge – You don't set this

using the Edge browser. You'll need to turn off location tracking using your computer's main Settings > Privacy and then scroll down to Choose apps that can use your precise location and toggle Microsoft Edge to Off.

USE ANONYMOUS SEARCH ENGINES

Google, the most popular search engine in the world has more than 75% of global search traffic, with billions of search queries processed every day. It uses this data to provide more personalized search results, which are highly relevant for most of us, on the other hand, it also creates a 'bubble' of you-centric search that could hinder you from seeing particular web pages based on what you have clicked on in the past.

What to Do:

You can turn off Google's personalized search by hitting Search Tools > All

Results > Verbatim. However, this does

not give complete anonymity. To prevent your searches being tracked, which will affect the ads you are shown switch to a private search engine such as DuckDuckGo.

Stop Google from Tracking You

Due to its vast blend of services, ranging from Gmail, Calendar, Google+,

Google is able to build a profile of who you are, what you like and what you do online. Its unified privacy policy means that it can track you across all its services that include scanning your email and use the information crossproduct to personalize your experience. The advantages could be things like getting location-specific calendar reminders, but the downside is the targeted ads based on your email content or your picture turning up on items you've liked while logged into Google+.

YouTube, Search and many more,

What to Do:

Opt out of "shared endorsement" in ads and turn off ad personalization. You will still be shown ads, but they will not be targeted. Lastly, download the Google

targeted. Lastly, download the Google Analytics Browser Add-on to stop Google Analytics from using data on your movements to create profiles for its ad partners

STOP SOCIAL SITES FIGURING YOU OUT

It is common knowledge that social networking sites have collected a huge amount of information on us based on what we do within their sites e.g. things we like, people we click on most and what we search for. But then again sites like Facebook, Twitter, and LinkedIn track users even after they've logged out of their accounts.

One way is when you click on social media sharing buttons, such as a

button. But even if you don't share content, the very act of visiting a web page that contains such buttons sends the information back to the 'mothership,' which allows advertisers to carry on showing the same ad to someone who has visited their web page and left. Facebook, which has its own mobile ad

Facebook Like button, or a Twitter share

network, uses an alternative to a tracker called a conversion pixel that advertisers use to track how many clicks or sales they receive. The information goes back to Facebook, irrespective of

What to Do:

Go to Facebook's Settings / Adverts to control whether ads are targeted based

on your clicks in and out of Facebook;

for Twitter, Settings / Security, and

whether the advertiser's site had a

Facebook button on it.

Preferences.

Privacy, then uncheck the box for "Tailor ads..." for LinkedIn, Privacy & Settings / Account / Manage Advertising

In all of these cases, you will not

receive ads based on your browsing, but

security reasons. (However, some sites, including Twitter, honor the Do Not Track setting found in your browser's privacy setting, which means they will not log your presence at their site.)

you'll still be tracked, ostensibly for

OPT OUT OF TRACKING

All sites on the internet are fixed with

tracking cookies in the many pieces of content they contain, e.g. ads, comment boxes, and sponsored links. These cookies are put there by different ad networks that are made up of countless advertisers who get data on what sites you click on within specific ad networks. This data is then used to create a profile that is shared among the members of an ad network so they can target advertising based on your

observed preferences and habits.

What to Do:

organizations

and turn on Do Not Track. To lessen data collection on your web movements

Go to your browser's privacy settings

collection on your web movements further, you can also opt-out of tracking at Network Advertising Initiative and Digital Advertising Alliance, by any

advertisers who are part of these

BLOCK ALL TRACKERS

Opting out can stop you from being tracked by many sites. However many more may not fulfill such requests. Antitracker browser plugins can prevent these cookies from monitoring you on the internet.

What to Do:

Download an anti-tracker plugin such as the Electronic Frontier Foundation's Privacy Badger, Ghostery, or Disconnect, which blocks tracking cookies to stop ad analytics companies from creating an extensive profile of just where you like to go on the internet.

DISABLE JAVA AND UNUSED PLUGINS

Plug-ins is downloadable, tiny programs that improve your browser's capabilities, e.g. when playing certain video or animations. Sadly, two of the most commonly required plugins, Adobe Flash and Java, are also to blame for exposing identifying details about your browser.

In particular, Java is well-known to "fingerprint" a browser by displaying to sites a glut of identifying details such as

IP address, fonts downloaded and much more.

Because plugins are also an extremely

common way for malware to find its

What to Do:

way into a browser, it would not be a bad idea to disable them, especially the ones that are rarely used. And, where once the vast lion's share of sites needed Java to run their various animations or interactive pieces, these days gradually more sites are built using code that can be natively run by browsers.

Chrome: Enter "chrome://plugins/" into your search bar. To disable you want to disable them temporarily, just click "Disable."

Firefox: Type "about add-ons" into the search bar, then select Plugins. You can choose to activate the plugins always, never, or only after asking permission. **Safari**: Head to Preferences > Security

> Plug-in Settings to turn each on or off.

Microsoft Edge: Luckily, this browser

has no plugins available to you. If you get messages on certain sites that you

to invest in a script-blocker extension such as NoScript (Firefox) or ScriptNo (Chrome). These halts all Flash and Java by default, with options to build a whitelist of trusted sites that need these plugins.

need to run these plug-ins, you may want

USE A PROXY NETWORK

All of the above options are excellent for avoiding tracking cookies that can give marketers what they need to create astoundingly detailed profiles of who you are. But you can still be tracked and identified through the IP address of your browser. IP addresses can identify your fairly accurate location, as well as how often you visit certain sites.

To salvage a little more anonymity, a virtual private network (VPN) disguises

employer, ISP, etc. from checking what websites you visit.

What to Do:

There are lots of free VPNs available for you to download. However, if you

want a faster connection, you should use

premium VPN's that are billed monthly.

Using a VPN is also a valuable way to

your IP address and reallocates you a

new one, so that you appear to be surfing

from a separate location. Each time you

log into the VPN, you get a new IP

address, preventing people e.g.

protect your data on public Wi-Fi networks.

PRIVATE, ANONYMOUS BROWSER

Plugins, proxies and remembering to turn on private browsing can make for a difficult web experience. If you are ready to give up the comfort of your favorite browser, you can download a whole new browser that offers all of the above features including the ability to turn on a proxy network through a switch in the toolbar.

not be tracked, and the homepage displays a captivating counter showing how many trackers tried to log your movements each day.

Get Epic Privacy Browser. Privacy

What to Do:

The Epic browser is grounded on the

Chrome browser but with privacy

settings dialed up so that third-party

cookies are automatically blocked,

search and browsing history is never

stored, and trackers are always blocked.

You will still see ads; however, you will

convenience you can allow auto-fill to complete web forms with previously entered data and although passwords can't be saved within your accounts' sign-in forms, you can download a password extension that does the work for you.

doesn't come at the expense of

GO COMPLETELY ANONYMOUS WITH TOR

For the greatest level of anonymity,

download the TOR browser, which dispenses your internet traffic through a network of TOR servers (nodes) so that a website you visited can view only the IP address of the existing node. Using TOR makes it extremely difficult for anyone to trail you. However, it may slow down your browsing. It can be used for any kind of browsing that requires privacy and security, including accessible by regular browsers. Whereas these sites mostly tend towards illegal activity and products, safe havens

for whistleblowers and political

dissidents also exist, and TOR is one of

the only ways they can be accessed.

visits to sites on the dark web that is not

USE DIGITAL CURRENCY

Making purchases online is an easy way to link your identity to specific profiles and websites in spite of everything, you are using your credit card details. If you do not want certain purchases linked with a profile e.g., You may have subscribed to something unorthodox like porn you should consider using a digital currency like Bitcoin, which, like cash, is not linked to any identifying details about you.

Still, because bitcoin transactions are public, a snooper with a mission can track specific amounts to eventually create a profile about who is spending it and link it back to an individual. In the end, staying anonymous online takes tremendous effort tech giants, and service providers go to great lengths to make it incredibly convenient and easy for us to show our movements and profiles in exchange for a free service. Though there are benefits to being tracked, possibly the main concern today

is for people to realize that not only are

free services costing us our privacy but that our information is so valuable and we should question every company that requests it, invisible or not. One big question on the minds of a lot of

internet users today is one of privacy –

just how private is what you do online? How much can be traced back to you? It's an alarming reality, but the answer is honestly, just about everything. It doesn't matter if you're on a public or private Wi-Fi network, at home or at the cafe, your web traffic is linked to your device, which is linked to you.

antics online, and are just creeped out by the idea that someone is tracing our activity, so who is using that information? What information are they

even getting? Is there a way to put a stop

Most of us are up to pretty innocent

to it?

The internet is a big pool of users, but everyone leaves their mark, and unless you take some special measures, everyone from hackers to the NSA will

be able to spy on your activity.

VIRTUAL PRIVATE NETWORKS

How can my activity be traced back to me?

Your activity can be traced back to you through your devices IP address. An IP address is a unique code associated with any network-enabled device, and it gives servers your approximate geographic location. Each time you access a website or online service, your IP address must pass through those servers.

Nonetheless, if you are on sites that have a habit of getting more surveillance from law enforcement, e.g. like BitTorrent or pornographic sites, your IP address can actually be used to trace your activity back to you.

Unless you use a VPN, you are at risk of

being tracked by someone, and they may

Most of the time, this information is used

to tell servers details such as what

language to display your content in, what

content you have access to, and even

display some targeted advertisements.

build a profile on everything you have done online and link it back to you.

How Does a VPN Work?

VPNs are services that are created to

hide your IP address from hackers,

servers, and government surveillance. With a VPN, you can access blocked content, browse anonymously, and

protect your data and yourself from hackers.

How it works:

 Download the software and apps onto your device connect.
3. Your IP address is hidden, and you

public networks.

2. Select a server location, and

are given the one that is linked to the server you've selected.4. Your web traffic is also completely encrypted, so you can safely use

Thus, when you use a VPN, your real IP address is totally undetectable, and you are able to browse online completely anonymously.

WHAT TO LOOK FOR IN A VPN

VPNs have standard features that anyone can use; nevertheless, it is helpful to know how they work, so you know what to look for. Look out for the following:

- <u>Bandwidth</u> These are the data transfer limits imposed by both your internet service provider and the VPN you choose. Most VPNs come with unlimited bandwidth.
 - Multiple connections Can
 you connect multiple devices to the

VPN at once? It is nice to be able to use at least two devices on one account; this helps you protect your privacy at home and on other devices.

Encryption – There are two basic strengths of encryption that are used – 128 and 256 bit. The latter of the two is the strongest and highly recommended. Also, choose a VPN that allows you to select your own security protocol. Encryption may slow down your

connection. You should be able to

encryption to be, so you can optimize your connection for either speed or security, depending on what you are doing.

• Network – The size of a VPN's

choose how strong you would like your

- network can significantly affect the speed of your connection, make sure you use a VPN with at least 50 servers within their network. The more servers there are, the wider the distribution of users you will get, and the more available bandwidth.
 - System Compatibility Ensure

the VPN is compatible with all of your devices. Most VPNs are compatible with at least Windows and Mac, but you would most likely want one that works on mobile devices as well.

look for a VPN that is easy to use, with automatic setup, and excellent customer service just in case you may need some help. Make sure they are available 24/7, and that there is a direct way to get in touch with them, e.g. live chat.

Apart from these things, you will want to

Now let's take a look at the most popular Android apps to browse anonymously.

15 MOST POPULAR ANDROID APPS YOU CAN **BROWSE** ANONYMOUSLY

1. HOTSPOT SHIELD VPN

PROXY

BESIDES traditional features found in almost every VPN app, it also offers banking-level HTTPS encryption

the outgoing data can be safeguarded from eavesdroppers. 2.SecureLine VPN

to secure the Wi-Fi connection so that

creating one of the best antivirus programs in the world. The private VPN Tunnel of SecureLine VPN encrypts the

It is created by Avast which is known for

data using an IPsec protocol which makes it very difficult for hackers to snip the data through public Wi-Fi hotspots.

3. SPOTFLUX VPN

the privacy of data by giving two levels of protection and decreases the usage of bandwidth by compressing data.

Hola Free VPN app is mostly for people

who are looking for a completely free

Spotflux is a VPN app which protects

4. HOLA FREE VPN

VPN Android App with remarkable features. Besides securing data and providing access to geographically blocked content, Hola Free VPN also speeds up browsing by choosing and connecting to the nearest and fastest servers automatically from the list of

servers located in 190+ countries.

5. SPEED VPN

Speed VPN is an app which allows you to connect to the Internet through servers located at numerous geographical

locations. It is designed specifically for

web browsing by unblocking geographically restricted sites and viewing of low-resolution videos. Each session of Speed VPN lasts for 60 minutes.

6. SUPER VPN

Super VPN is an incredibly easy

traffic to keep the outgoing and incoming data safe from 3rd party tracking without having to register or configure the settings of the device in any particular way.

Android app to use. It encrypts the

7. HIDEMAN VPN

the outgoing data as much as possible and for this to work it uses a 256-bit encryption key algorithm. This muddles up the original data in such a way that if someone is monitoring the data, they

would not be able to understand it

The key feature of this VPN is to secure

offers five free hours per week although premium hours can be earned via in-app ad networks.

8. TOUCH VPN

This VPN encrypts data by using Secure

without the key. The app, however,

8. IUUCH VPI

Socket Layer (SSL) which keeps a secure and encrypted link between server and client. The app also helps preserve the battery of the device as compared to other VPN Apps.

9. FLASH VPN PROXY

The Flash VPN Proxy app provides a

make sure that all your incoming and outgoing data remains intact from hackers and other dangerous people. The greatest thing about it is that you can use it with no problem because as it offers a

reasonable amount of bandwidth for

communication, which is mostly offered

secure and encrypted VPN network to

by premium apps. Also, there is no limit to how long you can connect for.

10. CYBERGHOST

CyberGhost is an app that provides banking-level security. Typically people

have concerns that the apps might access

free version of the app provides access to 23 servers located in 15 countries, and the premium version gives access to 300 servers in 23 countries.

11. Tigervpns Android VPN

One-Click Android VPN is an app to

protect your privacy and hide the source

IP address. It offers up to 500MB of free

trail traffic upon signing up.

their personal information that is

available on the device, CyberGhost

upholds the privacy of its users and does

not access any personal information. The

12. MOBIPROXY

This is another useful VPN app to be able to access region-based restricted websites without being tracked. It provides additional security for outgoing

13. PSIPHON

and incoming data.

Psiphon provides a simpler way to access everything available on the

Internet easily with secure VPN tunnel.

A user can also clearly define whether to tunnel everything or just the web browser.

14. ZERO VPN

Zero VPN is an app which lets you use VPN services at no cost with no difficulty. The interface is easy to use

which enables in surfing the Internet anonymously. 15. VPN MASTER

VPN Master is also one of the top VPN

uptime.

apps for anonymous Internet usage that does not require any registration. It also allows you to choose any server in America, Europe or Asia with 99.9%

HOW TO USE TOR FOR WINDOWS

Computer requirements: You must have an internet connection, a computer running Windows 7 or higher. However, it is best to use Windows 8 or higher. This software is free and will take approximately 15 to 30 minutes to

install.

WHAT IS TOR?

Tor is an acronym for The Onion Router. It is a voluntary run service that provides both privacy and anonymity online by concealing who you really are and where you are connecting from. This service also protects you from the Tor network itself. For those who may need regular anonymity and privacy when accessing websites, Tor Browser provides a fast and simple way to use

The Tor Browser works just like other

the Tor network.

web browsers, only that it sends your communications through Tor, making it harder for people who are watching you to know exactly what you are doing online, and more difficult for people monitoring the sites you use to know the exact location where you're connecting from. Bear in mind that only activities you do inside of Tor Browser itself will be kept hidden. Having Tor Browser installed on your computer does not make things you do on the same computer using other software e.g. your regular web browser anonymous.

WHERE CAN I FIND TOR BROWSER?

Use a browser like Mozilla Firefox,
Google Chrome, Microsoft Internet
Explorer, or Microsoft Edge and go to
https://www.torproject.org/projects/torb
If you are using a search engine to look
for the Tor Browser, make sure that the

URL is correct.

Do not use any other source, and if you are prompted to accept alternative

HTTPS(SSL/TLS) security certificates, do not continue, they are not secure

connections. Click the large Download button, or scroll down to the Tor Browser Downloads section. Click on the language of your choice and OS version (Windows 32/64-bit). Some browsers may ask you to authorize whether you want to download this file. Internet Explorer 11 shows a bar at the bottom of the browser window. For any browser, it is best to save the file first before continuing. Click the Save button. This example shows Tor Browser version 5.0.3. There may be a newer

version of Tor Browser available for

download. Please download and use the latest version that Tor Project provides.

HOW TO INSTALL TOR BROWSER

may be an option to open the folder where the file was downloaded to. The default location is the Downloads folder. Double-click on the file "torbrowserinstall-5.0.3 en-US.exe".

Once the download is complete, there

After double-clicking on the Tor Browser installer, a window will then open with a warning about the origin of the software. You must always take these warnings seriously and make sure that and that you got an authentic copy from the official site via a secure connection. Since you know what you want, and you know where to get the software, and the

download was from the Tor Project's

secure HTTPS site, you may proceed

you trust the software you want to install

and click Run.

A small window will then open asking what language you would like to use for the Tor Browser. There are quite a few to choose from. Select the language you

want and click the OK button.

tell you where the Tor Browser will be installed. The default location is your desktop. You may change this to be a different location if you want, but as for now keep the default.

You will find a new window that will

The installation process is finished when you see a window that says you have completed the installation process. If you click the Finish button, the Tor

Browser will start right away and "Start Tor Browser" shortcuts will be added to the Start Menu and Desktop.

USING TOR BROWSER

The first time Tor Browser starts, you will get a window that allows you to adjust some settings if necessary. You may have to come back and modify some configuration settings, but you may go ahead and try to connect to the Tor network by clicking the Connect button.

A new window will then open with a green bar that shows Tor Browser connecting to the Tor network.

The first time Tor Browser starts it may

patient, and within a minute or two Tor Browser will open and congratulating you. Click on the Tor Onion logo in the upper left of Tor Browser then the Privacy and

take a bit longer than usual, but be

Some features of a normal web browser could make you vulnerable to certain attacks. Other features earlier had bugs in them that revealed users' identities

Security Settings.

in them that revealed users' identities. Turning the security slider to a high setting disables these features.

sophisticated attackers who could interfere with your Internet connection or use new unknown bugs in these features. Unluckily, turning off these features can make some websites unusable. The default low setting is fine for daily privacy protection, but you can set it to high if you are worried about

This will make you safer from

high if you are worried about experienced attackers, or if you do not mind if some websites do not display correctly.

https://ssd.eff.org/en/module/how-use-tor-windows

HOW TO: USE TOR ON MAC OS X

HIS is a guide that explains how to use the Tor Browser on OS X.

- You must have an internet connection and a computer that runs on a new version of MAC OS X
- It is fairly easy to install and will take approximately 150 to 30

minutes.

GETTING TOR BROWSER

Use a browser like Mozilla Firefox or Safari and

type: https://www.torproject.org/downlogeasy.html.en in the URL bar. If you are using a search engine to look for the Tor Browser Bundle, ensure that the URL is correct.

Click on the big purple download button to get the installation program for Tor Browser.

The website will then have detected

your operating system, and you will get the correct file for OS X. If this does not work, you can click the link to the side of the purple button to download the correct version. If you are using Safari, the Tor Browser will start to download. In Firefox, you will be asked whether you want to open

or save the file. It is always best to save the file, so click the Save button. This example Tor Browser Bundle Version 4.0.8. Check if there is a new version available.

INSTALLING TOR BROWSER

Once the download is complete, you

may get an option to open the folder where the file was downloaded to. The default location is the Downloads folder. Double-click on the file Torbrowser-4.0.8-osx32 en-US.dmg. A window will then open asking you to install Tor Browser Bundle by dragging it to your applications folder. You may do so now.

Tor Browser is now installed in your

applications folder.

USING TOR BROWSER

To open Tor Browser for the first time, locate it in the finder or in Launchpad on newer versions of OS X.

After clicking on the Tor Browser icon, a window will then open with a warning about the origin of the software. Just like other operating systems, you must always take these warnings seriously and make sure you trust the software that you want to install and that you got an authentic copy from the official site over

from the Tor Project's secure HTTPS site, click Open.

The first time Tor Browser starts, you will get a window that allows you to change some settings if necessary. You

may have to come back and change some

configuration settings, but you can go

ahead and connect to the Tor network by

a secure connection. Since you know

what you want, and you know where to

get the software, and the download was

After clicking "Connect," a new window

clicking the Connect button.

will then open with a green bar that will get longer as the Tor software starts up. The first time Tor Browser starts it may take a bit longer than usual, but within a

few minutes Tor Browser should be ready, and a web browser will open congratulating you.

You could verify that you are connected

to the Tor network by visiting check.torproject.org. If you are connected the website, it will say

connected the website, it will say "Congratulations. This browser is configured to use Tor."

You can now browse the internet anonymously with Tor.

11 DO'S AND DON'TS OF TOR NETWORK

OR is one of the best browsers for keeping our anonymity in this day and age of mass surveillance and almost no privacy on the internet. However, Tor cannot completely guarantee your privacy and security if you are not concerned enough. You have to make sure you use it correctly so that you can maintain your privacy. In the same manner, you also need to know and understand Tor's usage tips and guidelines to keep your privacy and security in complete control.

1. DO USE TOR

Anybody who is concerned about their online privacy must never trust the people at the back of the Internet such as Internet service providers, government agencies, web service providers, etc.

Tor network is known for providing

online anonymity, and that is the main

Tor can be used for many kinds of sensitive browsing including, but not

reason why you should use it.

limited to, reporting abuse or corruption; serious business activities; inter-state or inter-country communications; publishing anonymous posts; sharing personal secrets with family and friends, etc.

2. DON'T USE WINDOWS

Windows is just not the best choice of operating system to use Tor in an attempt to improve your Internet privacy because of the security bugs, and vulnerabilities present in the system could compromise your privacy, even when using Tor.

That is why you should not be browsing websites through Tor on Windows systems. You could consider using Torconfigured Linux systems like Tails and Whonix, or you may set up Tor on any of your favorite Linux operating systems.

3. DO UPDATE YOUR SYSTEM

Tor is simply a software which runs on top of your operating system, which means that Tor is only as safe and secure as the system running Tor. You should frequently update Tor client, Tor-secured applications i.e. browsers, instant messaging clients, email clients, etc., and your computers operating system.

If an attacker is able to get hold of your computer's operating system, then even running Tor can't protect you or your digital communications. Always make sure that your system up-to-date for Tor usage.

4. DON'T USE HTTP

WEBSITES

The Onion Router, as the name suggests, is just a traffic router and not a tool to encrypt the network traffic throughout the Internet. That means Tor anonymizes the origin of your network traffic and encrypts everything inside the Tor network, but it does not encrypt your Internet traffic outside the network.

This infers that the exit nodes of the Tor network can read your Internet traffic if it is not in the form of plain unencrypted data. That is why you must always use

TLS when doing sensitive online communications, and that requires you to use HTTPS websites.

You should also consider using add-ons

end-to-end encryption such as SSL or

such as HTTPS everywhere to automatically switch to HTTPS-mode browsing for supported websites.

5. DO ENCRYPT YOUR DATA STORAGE

Tor does anonymize your Internet

secure the digital data on your computer. Security the data on your computer can only be done when the information is

encrypted using strong cryptographic

traffic's origin location, but it does not

algorithms.

LUKS or TrueCrypt are examples of encryption that can be used to encrypt your data to protect you from various threats. LUKS offers a reasonably safe

threats. LUKS offers a reasonably safe data protection on Linux systems while TrueCrypt also proves to be handy in protecting your data.

6. DON'T USE TOR BROWSER

Tor Browser should not be used to protect your online privacy and security. The FBI recently took down freedom

hosting, which was another anonymous hosting website that was running as a hidden service on the Tor network. This exposes some vulnerabilities in the Tor browser.

7. DO DISABLE JAVASCRIPT, FLASH, AND JAVA

content such as JavaScript, Adobe Flash, Java, QuickTime, ActiveX controls, VBScripts, etc. because these binary applications run with your user account's privileges, and can access and share your data. JavaScript is a strong browser language which websites can use to trail you in ways that are not possible to protect using Tor. Java and Adobe Flash run in virtual machines which can ignore your system's configured proxy settings, and

therefore bypass Tor's protection and

Tor cannot protect your data with active

share your data directly with the websites.

Also, they could even store cookies and

site's data separately from the browser and operating system, which can be hard to detect and delete. By disabling these technologies in your system using Tor, you may achieve a greater level of protection.

8. DO NOT USE P2P

P2P is not wanted in Tor network because it is just not built for peer-to-peer file sharing. Exit nodes of the

traffic. You may abuse Tor network if you download torrents and it slows down other users' browsing. Furthermore, using Tor with BitTorrent is not secure and is a threat to your online anonymity.

Because of the insecure design of

network are set up to block file sharing

BitTorrent clients, using Tor with them does not make you anonymous because those clients send your IP address directly to the tracker and other peers, thus compromising your anonymity.

9. DO DELETE COOKIES AND SITE'S LOCAL DATA

Tor routes your network traffic through

many relays in order to protect you from traffic analysis. It hides your real identity from the websites using network packets to prevent them from gathering data about you. But websites may use

workarounds such as cookies and local

data storage to trace your online

activities, analyze your Internet usage,

and detect your real identity.

That is why; you should always cut

cookies and site local data while using Tor to protect your privacy. You should also consider using an add-on such as Self-Destructing Cookies to

automatically delete cookies.

10. DO NOT USE YOUR REAL EMAIL

You must never use your real email on websites while using Tor. Tor is used to protect online privacy and hide real identity. You cannot hide your real identity if you are giving out your real email on the websites.

do not want to leave your footprint anywhere on the Internet while using Tor, then you must consider a virtual identity which includes no identical

information from your original, real-

If you are really privacy-conscious and

11. DO NOT USE GOOGLE

world identity.

You must not use Google to search the Internet if you care about your privacy.

Google is known for collecting information on users' browsing and search history to assist the growth of its

You must consider using alternatives such as Startpage and DuckDuckGo.

ads revenue.

These services offer search results without logging your IP address and storing cookies on your computer. In simple words, these search engines value your privacy and anonymity, and that is why you must use them while using Tor and keep your anonymity which we shall examine in detail