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Aligns with UN SDGs 3, 4, and 8

Encourages accessible eye health practices
and education



#### **Addressing the Needs of Eye Care Communities**

# EyeGym

- Free Assessment
- Training & Exercise (Membership)

- Monitoring & Feedback
- Achievement & Motivation



- Eye Relaxation Experiences
- Custom Exercise Length
- Exercise Log
- Integrated with HealthKit and Siri



- Health & Wellness Articles
- Product Review

- Educational Videos
- Subscription (Newsletter)

- Lack of multi-topic eye health discussions
- Absence of a central community knowledge hub





### **What Sets BlinkBoost Apart**



- Direct peer interactions for sharing eye health tips
- Community-driven knowledge exchange for collaborative learning
- Basic eye exercises accessible to all, fostering inclusive eye care





Protect your eyes one exercise at a time—ideal for screen-users looking to boost eye health and learn from a community.

#### **BlinkBoost**



Provides educational content or

4 QUALITY EDUCATION

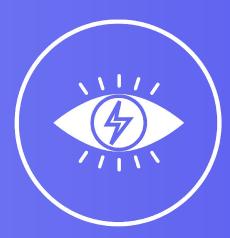
- Promotes eye health via regular exercises.
- Aims to prevent vision impairment
- Essential for overall health and well-being
- Provides educational content on eye care
- Benefits regions with limited health education
- Enhances self-care and proactive health measures



- Potential to reduce economic impact of eye strain
- Aims to improve workplace productivity
- Enhances efficiency and comfort in work environments



## DEMO



BlinkBoost





## **Reflection and Future Directions**

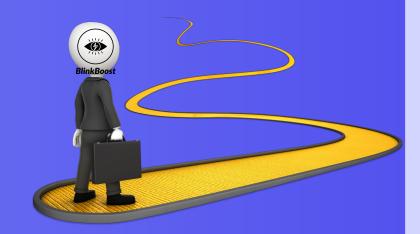
Successful project with valuable lessons



Pride in designing a functional app

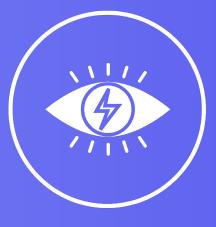
☐ Growth as a software developer

Plans for future enhancements









BlinkBoost