

## **Reading Record Guideline**

### **Start your reading record in Endnote:**

Start by compiling all the literature you have looked up and read in your own Endnote Library. Your Endnote library is for your own reference and will be of great value/good resource to refer to and cite your sources as you start your research.

**For this assignment, you need to choose 15 of the most relevant references in the field of your research proposal. For EACH reference, you must write a small summary (1 paragraph: ~150-200 words) of the data or information and explain why this particular reference is of interest for your research question. In your summary, include the aim and/or research question of the study (if applicable). Submit your reading record in the designated folder on Wattle and give a copy to your supervisor.**

Preparing this reading record list will allow you to start critically selecting your sources of information and analyzing scientific papers. The references listed must be peer-reviewed journal articles or reviews; references for websites or books are accepted in certain cases. The purpose of this reading record is to get you started by gathering some background information on your research which you will need to write your research proposal.

### **Example:**

Arbuckle M, McClain M, Rubertone M, Scofield R, Dennis G, James J and Harley J (2003). Development of Autoantibodies before the Clinical Onset of Systemic Lupus Erythematosus. *The New England Journal of Medicine*. 349:1526-1533.

The production of autoantibodies is always prevalent in SLE patients and has been found to be increased in patients diagnosed with SLE. It directly effects the pathogenesis of the disease. Therefore experiments were conducted on serum samples taken from the US Department of Defense serum repository which had been taken before induction of soldiers into the army to ensure that they were healthy. 130 of the samples were from patients diagnosed with SLE, but the serum samples were taken before they were diagnosed with SLE. Therefore studying the level of autoantibodies in the serum samples taken from patients before they were diagnosed with SLE showed that autoantibodies were of detectable levels well before the clinical manifestations of lupus appear. The results showed a certain pattern in the appearance of these autoantibodies many years before diagnosis, where antinuclear, anti-Ro, anti-La and antiphospholipid antibodies appear first, followed by anti-dsDNA antibodies and finally anti-Sm and anti-nuclear ribonucleoprotein antibodies appear a few months before diagnosis.