

RESEARCH FELLOW – CLARK, DAV: 2012 MLSRI APPLICATION
Poster proposal

First and third person approaches to awareness using motor learning

“Fast” and “slow” learning systems are described in everything from Kahneman’s recent book on behavioral economics to empirical reports of visuo-motor adaptation. I will provide a brief overview of some of the empirical support from the motor learning domain. In addition I will offer an experiential component utilizing a “3-minute miracle” from the Feldenkrais method to demonstrate the use of intentional, conscious movements to recalibrate our apparently cognitively impenetrable vestibular system.