

ADOBEBEDESIGN BASICS 2023

ILLUSTRATOR

PHOTOSHOP

INDESIGN

XD

Adobe Design Basics

2023 versions



Adobe Illustrator



Adobe Photoshop



Adobe InDesign



Adobe XD

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Preface

This book is made for students who would like to learn the basics of the primary Adobe design applications. Although not fancy, these pages are informed by over twenty years of teaching these applications (and their predecessors) to hundreds of students.

The way the book teaches the applications is by introducing and explaining them in a logical way that builds upon what is previously learned. These applications present a bewildering array of buttons and gadgets that are overwhelming to the new user. This book makes sense of it all, not showing how *everything* works, but instead giving a foundation and a path to learn about all those bewildering buttons and gadgets.

The steps in this book look a bit like tutorials. Like tutorials, you should work in the applications as you follow along with the reading, even when not specifically instructed to do so. Unlike tutorials, the steps in this book present the information in a way that is geared to having you actually learn the material, not just a list of steps to get something that looks decent.

This book is specific to Macintosh computers, although with the change of a few keys it could also be used with the Windows versions of these applications. Knowing that the Mac Command key is the same as the Windows Control key, and the Mac Option key is the same as Windows Alt key is just about all you need to know. It should also be pointed out

that Adobe has a habit of changing the interface around frequently. The buttons might not be exactly how they are described here.

This book is made for Adobe Creative Cloud (2023 versions), but it can easily be used for earlier versions. The properties panel is the only thing that has changed in the basics material presented here. If you are using multiple versions of Illustrator or InDesign you will need to save files in a way you can open them in the other version. A quick Google search will point you to how this is done.

The printed copy of the PDF book is listed at Blurb.com. This electronic version can be found by doing a search at Adobe Education Exchange (<https://edex.adobe.com>).

Some conventions used in this book: New terms that are important are highlighted in red. The sidebar contains helpful illustrations, important repetitions, additional information, and time-saving tips. Menu items are presented with a right pointing angle (>) separating the hierarchy of getting to the menu item (e.g. File > Save).

Generally only the most versatile way of performing an action is given. You may want to use other methods, such as keyboard shortcuts (noted next to the menu items in the applications) and control-clicking (right-click) objects to bring up a menu.

Repetition is key to learning, and there are several pages at the end of each chapter which will help you learn. The first is the review, where all of the concepts in the chapter are reviewed in list form. You can work through these, making sure you know them all, and referring back to the chapter if you do not.

The quiz is a way to test yourself on your knowledge of the techniques, and the practice is where you can practice the techniques by making designs. Please feel free to add your own quizzes and practices!

Thomas Payne

November, 2022

Notes: The application versions reviewed for this text were Illustrator 27.0, Photoshop 24.0, InDesign 18.0, and Adobe XD 55.1.

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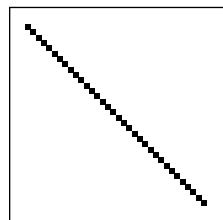
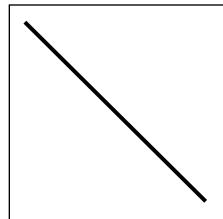
1 The Applications

The Languages

If there is a way to draw on the computer which is just like a pen on paper, then no one has come up with it yet. Instead, there are two rather unintuitive ways of drawing a line (or anything else) with a computer. One is **vector drawing**. The other is **bitmap drawing**.

Think of drawing a line on paper. Now think of describing that line to someone on the phone so that they could duplicate it on their sheet of paper. You would have to tell them where the line starts and where the line stops. You would also have to tell them how thick the line is and what color it is. If you could see the language of vector drawing, your description is what it would look like. Vector drawing is made up of points and the description of the lines coming from them.

Now imagine drawing a line on graph paper by only filling in each square completely or not at all. If your graph paper had very small squares (we will call them **pixels**), your line might look pretty, but the bigger the squares of your graph paper the rougher the line is going to look. At any rate, imagine telling someone on the phone how to duplicate your line using their graph paper. You would tell them which squares were



The building blocks of bitmapped images are called pixels, a name derived from 'picture elements'.

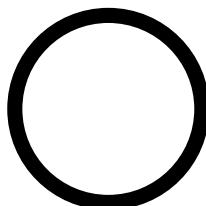
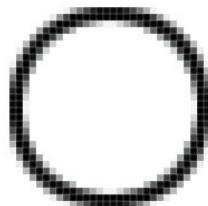
filled in by locating these squares by row and column. This exactly how computers describe a bitmap drawing.

Neither vector nor bitmap drawing is the best way to make a mark in every situation. We need them both for different situations. As you can see from the photograph of Aunt Judy below, a bitmap representation of her works best. In other words, it would be easier to replicate a photo of Aunt Judy using graph paper than it would using lines and points. As long as the graph paper had small enough squares.

Aunt Judy rendered as bitmap (left) and as vector (right).



A circle rendered as bitmap (left) and as vector (right).



Adobe Illustrator

Illustrator is perhaps a little misnamed... But then again, it has a better name than something like 'Adobe Single Page Layout Program that Excels in Flexibility'.



Illustrator is for designs. You see things done with the application every day. Logos. Magazine and newspaper advertisements (on the web or on paper). Charts and graphs done by designers. Illustrations and instructions for everything and anything. Signs. Many things in this book. The list goes on.

Illustrator is the application you want to use whenever you have some design challenges or want something that looks just right. Its language is vector drawing, so anything you *make* in it will retain its quality at any size. Go ahead and open up Illustrator and in the menu bar at the top of the screen go to File > New (or click *New File* in the intro screen), then select a page size. On your blank canvas, figure out how to draw a circle (click and hold down on rectangle tool to find the ellipse tool) or some other shape. Then with the magnifying glass, zoom in repeatedly. See? No change in quality no matter how much you enlarge it.



Illustrator also happens to be in a language which is close enough to **PDF** (Portable Document Format) that you can open and save PDFs in the application. PDFs are ubiquitous in communication, as they are easily formatted and emailed or posted on the web. This book is in PDF format.

Holding down the option key with the magnifier will allow you to zoom back out (or drag left or right to zoom in and out).

Adobe Photoshop



Photoshop is a bitmap application, meaning it is good for things like Aunt Judy, or just about anything with continuous ranges of tones like photographs. Photoshop uses the graph paper-like way of drawing, which means that unless the squares of the graph paper you happen to be using are not small enough, those squares (pixels) are going to be visible to the naked eye (usually not a good thing).



Photographs and other continuous-tone images are very important in design, so Photoshop is a vital tool in the designer's tool box. To see the graph paper-like quality of Photoshop, open the application up, go to File > New in the menu bar (or click *New File* in the intro screen), and figure out how to draw something like a diagonal line with the paint brush tool. Use the magnifier tool to zoom in on this repeatedly until you can clearly see the squares.

Adobe InDesign



InDesign is the application you should use if you have multiple pages to lay out, need very fine automatic control over typography, and a high level of consistency. Like Illustrator, it is also a vector-based application, so things made with it look good at any size. Actually, InDesign is so much like Illustrator that students will sometimes open the wrong application and work in it for a while before they realize it.

InDesign is used to do magazines, newspapers, brochures, and books. Any designs that have multiple pages, even when those are viewed on the screen

(like this book). It is also used when fine controls over typography are required. Think of it like Microsoft Word, but with a level of control many times greater. Go ahead and open up InDesign, and as you did with Illustrator, make a few things just to get a bit of the feel of the application.

Adobe XD

Since the design of web pages and applications includes interactive elements (such as clicks), Adobe XD is used. It is basically a trimmed-down Illustrator with interactive features. Although XD cannot actually make a website or application, it does allow the design of one.



All Together Now

In actual practice these four programs are used together much of the time. So a book like this will be done with InDesign, but the photographs (usually screen-shot images in this case) are done in Photoshop and placed into InDesign, and the line illustrations like the circle a few pages back are made in Illustrator and likewise placed into InDesign.

Illustrator, Photoshop, and InDesign are the exact same applications that are used by designers working for the largest brands across the world. They are excellent tools that have developed into intuitive and flexible ways of communicating.

But in the end, these applications are just tools. They are the easy part of design. The hard part is how to best use them to make designs that communicate

well. This book attempts to lead you through the basic features of the applications so that you can also learn the more important design aspect with minimum frustration. We are 'sharpening up the saw' so to speak.

This book will not teach you everything you need to know about these applications. Even the makers of Photoshop profess to be ignorant of everything it can do. What this book will do, however, is give you a very good basic set of tools and lead you through the foundations of the applications in such a way that further learning can be done on your own.

After reading this book, or even during, also find a way to learn to design effectively. What some call *putting the right mark in the right place*. There are several books out there that can help you with this. My recommendation is Robin Williams' (not that Robin Williams) *The Non-Designer's Design Book*. Contrary to the title, this book is good for not only the non-designer, but also the beginning designer.

And finally, a warning. It might seem easier to watch a few videos instead of working through a chapter of this book. It is not at all easier and you will be quickly lost. That being said, videos about these applications can really help round out and expand your knowledge. Just make sure you get the basics here.

Chapter 1 Practice

Open up each of the applications and play around. Pay attention as you play. Think of the tools and techniques as puzzles, and you are out to solve those puzzles. You don't need to save anything, and you can't break anything by messing around.

Playing is an important part of learning any software application. Don't worry if you can't do something you want to do, instead just find something else to do.

And if you start to get frustrated, stop for a while. Playing should not be frustrating.

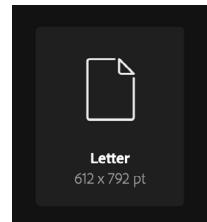
2 Illustrator Basics

This chapter introduces the Illustrator workspace and leads you through the making of simple shapes. There is a lot of information, but none of it should be particularly difficult. Please learn it well. Just about everything from this chapter will be used in future chapters. For example: In this chapter, the concept of using the shift key to keep things in proportion or lined-up is covered. The shift key is used across most tools and throughout Illustrator, Photoshop, and InDesign for very much the same thing. If you miss it in the first chapter, you will find life difficult in subsequent chapters. If you are new to Illustrator it might be good to work through this chapter more than once. Most of the information is very much like that shift key.

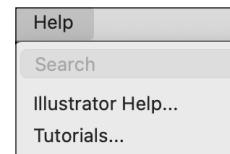


The Workspace

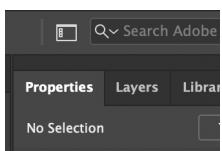
Like all the applications we will be working with, Illustrator uses different areas of the workspace for different things. Go ahead and open Illustrator, then quickly make a new document by clicking on one of the page sizes on the splash-screen.



Now go to the menus at the top of your screen and select Help > Illustrator Tutorials (whenever you see this way of stating directions in this book it means you go to the menu bar at the very top of the screen). If you



would like to supplement your learning or review things, these video tutorials may help you.



Notice that on the right of your application window there are a series of tabs at the top. These tabs represent panels. Panels are groups of options that you will use frequently. Click on the Properties tab to reveal the panel. Now drag the tab away to 'undock' the panel.



All panels can be moved around the screen by dragging the top of the panel like this. Clicking on the << icon at the top right of the panel collapses it to only the panel title. And you can close the panel by clicking the small X on the top left of the panel. Try it.

On the left of the screen is a special panel that consists of a ribbon of **tools**. Like all **panels** you can drag it wherever you want. Also see what happens if you click on the >> symbol (expand/contract) at the top of the tool panel. Drag the panel around and click on the x now at the top left of the panel. Oops, if you did it right, you just made the tools disappear. Bring them back by going to Window > Workspace > Reset Essentials. Remember this menu option. A workspace is simply the collection of arranged panels that are shown. You should notice that it also brought back the properties panel that you had closed.

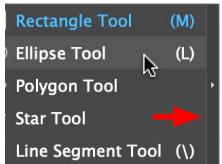


There are more tools in the tool panel than you might think at first. Many are hidden under other tools. Tools that have other tools hidden behind them are marked with a small triangle at the bottom right of

the tool. Hold down on a tool with the mouse button and after a slight pause these **associated tools** will appear. You can either directly move over one of these to select it, or move your mouse to the far right vertical bar of the pop-up tools. This will **tear off** the selected tools onto another floating 'mini tool panel' that you can position where you like or close with the close button at the top left. Try it.

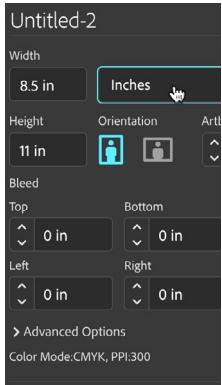


Back to the panels on the right of the screen: The **properties panel** is unlike most other panels because it is contextual, meaning that its contents change according to the tool or the item selected. If you have not selected any tools or objects, you will be seeing the options for the page itself. Any panel, including properties, can be accessed through the window menu at the top of the screen. Don't let the shear number of panels available overwhelm you. You don't need to use all of them.



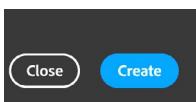
A New Document

Close the window you were working on (by clicking the X in the window tab at the top left) and let's learn more about a document. Go to File > New, and take a quick look at the splash screen that shows up. First select *Print* at the top of the window, then change the units on the right to a measurement system you are familiar with. Either choose a letter-size sheet in the presets (it has probably defaulted to that) or specify the size and orientation of your sheet at the right of the box. You will also see an option for selecting the number of **artboards**. An artboard is like a sheet



of paper. You may want to use multiple artboards for many reasons, but for now one is just fine. You can always add them later if you need them.

The *More Settings* button at the very bottom of the options brings up an old version of this splash screen. Kind of like Adobe buying new socks, but keeping the old socks at the back of the drawer. This points to an issue that you should be aware of: There are many ways to do the same thing with different buttons. For instance, to bring up a new document, you could have also clicked on the *Create New* button or just press the command and 'n' keys at the same time.



Make sure you know where you are saving files!

At any rate, after you click *Create* you will have a virtual sheet of paper that you can work on. Now save your document by going to File > Save (On Your Computer). There are a couple of reasons for saving your document before you start working on it. The first is that Illustrator has been known to crash, and if you get into the habit of saving early and often, you will have a much better chance of having less to redo. The second reason has to do with files you may place into Illustrator. We will get to that later. For now just save often.



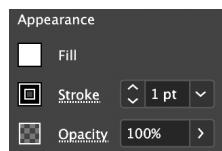
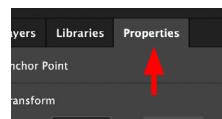
Making a line

The things we will be learning in this chapter are not very exciting, but they are important foundations you need. In the toolbox, choose the tool that looks like a fountain pen nib *without* a squiggly line. It is the **pen tool**. Now, click somewhere on your virtual sheet of paper (don't drag, just click), then click somewhere

else (again, don't drag). You just made a line. If you are very observant, you may have noticed that there is also a tool specifically for making lines. Don't use that one yet. As in much of this book, use the tools as described, since we are building a foundation here, not necessarily doing things the most direct way!

Now choose the **selection tool**—a tool you will be using a lot. Just selecting this tool does two things. First, it tells Illustrator we are done drawing our line, and second it puts us in the mode to select things. With the selection tool click on a blank area of the page. Clicking on a blank area deselects everything. Now click back on the line. You should notice that there is blue when the line is selected. With the line selected we can next change the thickness and color of the line.

To change the thickness of the line, click on the properties panel tab on the upper right of the workspace (or go to Window > Properties). Under *Appearance*, you will see an option for stroke. A **stroke** is what Illustrator calls a line. Making sure your line is still selected, change the **stroke weight** (width) of the line to something fairly big—maybe 6 or 8 points in the numerical box. **Points** (pt) are a unit of measurement that is much better for small things such as type and stroke weights because you don't have to deal with small fractions. So instead of having a measurement like .0833 inches, you just have 1 point. A point is $\frac{1}{72}$ of an inch, so a 72 point line would be one inch wide.



There are 72 points in an inch—a good thing to remember!

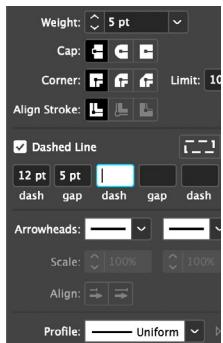


To change the color of the line, click on the small box to the left of *Stroke*. This panel deserves a little consideration, but first click on several colors to change the color of your line.



Remember the panel's menu at the top right!

You will notice that there is a very limited range of colors you can choose here. To choose any color Illustrator is capable of, click on the artist palette icon in the panel and drag the sliders to change the color of your line. Now go to the small menu icon on the upper right of the panel. These panel menus are important, and present options for the panel. In this case, you can choose the way the color choices are presented in the panel. The default of CMYK is common for print projects, and the RGB chooser is common for web projects.



Back at the properties panel, click on the word *Stroke* itself. The resulting pop-up panel allows you to change the character of the line. Play around with some of the choices—the currently important ones are fairly self-explanatory and we will look at them more a bit later in this chapter.

Remember that the properties panel is contextual, meaning it will change according to what is selected. Here it is basically duplicating the functionality of two other panels, the color panel and the stroke panel. In the main menu, go to Window > Color and Window > Stroke so that you understand this. Sometimes these dedicated panels present choices not available in the properties panel, and sometimes they are handy to keep open for other reasons.

In all panels there are usually several ways of changing a number (value) such as a stroke weight. You can either highlight the number, then enter the new number and hit the return key, choose from a pull-down menu to the right of the number, or use the up and down arrows to the left of the number. You can also specify decimals, such as making a line weight 1.3 points wide. Sometimes when you put the cursor over an option in a panel and leave it for a few seconds an explanation of what that option does will pop up. This is handy, but is not consistently implemented.



Modifying a Line

The first thing we will modify about our line (in addition to the stroke weight and stroke color) is the placement of line. The selection tool should be still selected—if not, select it. Now click on your line, hold down the mouse button, and drag it to another place on the page. Do it again, but this time hold down the **option key** as you move the line. Your arrow cursor should change to a double-pointer to indicate it will copy the line. Let up on the option key *after* you have let go of the mouse button or trackpad. Get used to keeping the keys held down like this when you perform an action. Illustrator (and the other applications) uses this technique a lot, and for many students it is just down-right unintuitive.

The selection tool lets you choose and move things (**objects**) in Illustrator. **The direct selection tool** (right next to or under the selection tool—the solid pointer) lets you select and move the *parts* (the **points**) of an object. Using the direct selection tool, click on either



Almost all key strokes done in combination with the mouse require you to let go of the key *after* the mouse button is released!





A hollow point indicates not selected, a filled point indicates selected.

To click and drag means you hold down on the mouse or trackpad while you are moving the cursor.



the beginning or the end of your line. The small hollow box that represents a point on your line should fill in to indicate that it is selected. The other end of your line should have a hollow point to indicate it is not selected. If this is not the case, click off the line to deselect everything then click back on the beginning or end to select the point and drag to move the point somewhere else. Your line will follow.

Every object in Illustrator is made up of points and line(s) coming out of those points. Your line is made with two points. Now select both points with the direct selection tool. To select multiple points in Illustrator you can either drag your mouse to make a box encompassing both points or you can select one point, then while holding down the shift key select the other. Practice both ways. When you move a point with both points selected (filled in), you are moving the whole line (with the same effect as moving the line using the selection tool).

These points in Illustrator are called anchors or **anchor points**. We will see later that there are two types of anchor points. The type of anchor point we are dealing with now is called a **corner anchor point**.

Play around a bit with points and lines, making multiple lines, moving them, copying them, and changing their stroke weight and color. If you mess up, you can always go to Edit > Undo. Since there are multiple undos, and since undoing something is probably something you will use a lot, you might want to learn the **keyboard shortcut** for this, which is (always) noted

next to the menu item. For Edit > Undo pressing both the command key (next to the space bar) and the z key (at the same time) will do the same thing as going to the menu item. This keyboard shortcut works with many applications, so you might know it already.

If you want to delete an object or a point, first select it and then hit the delete key. If you are not used to working on Macintosh computers, it is the large key that is labeled *delete*, not the smaller key normally used with Windows computers.

Saving a File

Now you should probably save your document. Since you have saved it before, all you really need to do is go to File > Save, and it will overwrite your last version (which had nothing on it). But for now, do a little more. Go to File > Save As (*on your computer*).

If the requester box that comes up does not have all the details the example on the next page has, then click on that disclosure triangle next to the folder name. Where you save the file is very important, and you should always double-check where it is going.

There are several formats you can save your file in. Adobe Illustrator (.ai) is the one you will use most, but the Adobe PDF (.pdf) is also important.

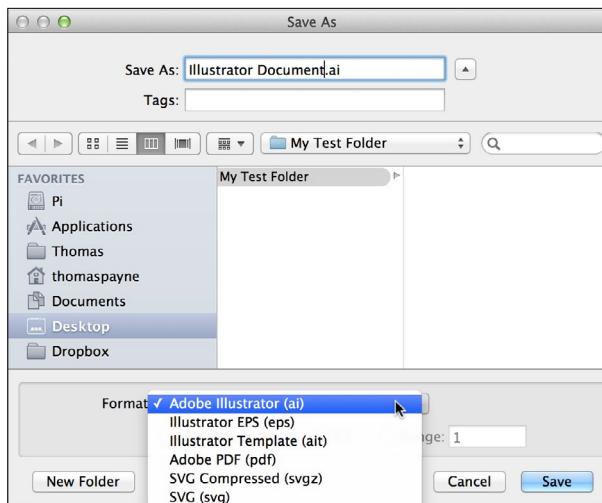
PDFs are files that retain all of their design and information, but can be emailed, put on a disk, or posted on a web page. They can be opened and seen just the way they looked on your screen by just about anyone

Edit	Object	Effect
Undo	⌘Z	
Redo	⇧⌘Z	

Keyboard
shortcuts are
noted next to items
in the menus.



At this point
saving to Cloud
Documents is not
recommended,
especially
when we get to
importing images.



with a computer. It would be hard to overestimate the importance of PDFs in today's communication. For now, cancel the save, as we are not going to use PDF now because we want to open this file back up in Illustrator, and for that job, the Illustrator format is best.

Viewing and Nudging

With the pen tool make two lines anywhere on the page. After you make one line you will have to go to the selection tool and click with it to tell Illustrator to stop drawing the line, then go back to the pen tool. Or with the pen tool selected you could hold down the command key and click on your background. Holding down the command key in any tool will switch that tool to the selection tool for as long as the command key is held down.

Holding the command key temporarily switches any tool to the selection tool.

With the direct selection tool (remember?—second tool in tool panel) move the end of one line very close to the end of the other line. What we want to do is actually move the points over each other, but in order to do that we need to magnify our view. Choose the **zoom tool** (it looks like a magnifying glass) and click near your two points to zoom in on the view. Click several times (or drag) to get really close. This is usually necessary in Illustrator since the detail the application is capable of is much higher than the detail the screen is capable of. This does not change anything in your document, just your view of it.

Now with only one point selected, use the arrow keys on the keyboard to move the point closer to the other point. This is called **nudging**. Using the mouse or by nudging, move one point directly over the other. Move around your document while it is enlarged by selecting the **hand tool** (under the zoom tool) and using it to move the page around. If you use these tools a lot you can 'tear off' the a panel to use. Try it with the zoom and hand tools.

Now zoom back out to see your whole page. The option key switches a tool to something you might also want to do with the tool. In the case of the zoom tool, holding down option changes the tool from an enlarging tool to a reducing tool. You can also double-click on the zoom tool itself to bring the page to actual size. And if you double-click on the hand tool itself it will reduce the page to fit in the window you have (two commonly used views).



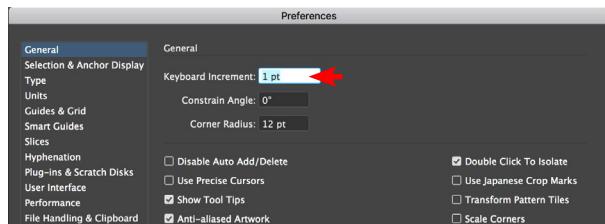
Illustrator will automatically snap a point to the nearest second point. Let's do it manually anyway.



The option key often performs the second most wanted thing (option) with the tool that is being used.

Preferences & Help

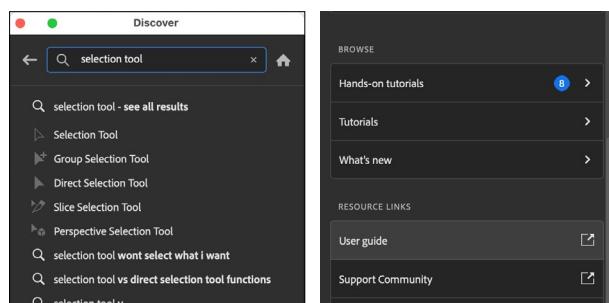
You may have noticed that nudging the point either made it go too far or not far enough. How the application behaves is governed by the preferences. Go to Illustrator > Preferences > General.



Preferences only govern the document you currently have open. To apply them to all documents, change them with no document open.

In the resulting box the first thing you will see is *Keyboard Increment*—this is how far each push of an arrow key will nudge an anchor or an object. Look at some of the other things. Check out the other sections of preferences by clicking on the categories on the left. Most will not make sense to you (don't worry about it), but some will.

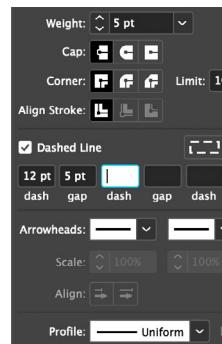
While we are at it, check out an important menu by going to Help > Illustrator Help. Adobe help is sometimes daunting to use since they integrate their own material with community material, but the User Guide (on right) will give you a ready resource.



More Object Modifications

Most of the information in this chapter is like fuel for your car. It doesn't do anything fantastic, but does prepare you for a journey. So let's get back to our lines. With the selection tool, click on a line to select it and go to the properties panel again (*Window > Properties*) if it is not showing and click on the word *Stroke* again. We will explore a couple of important options here.

Change the cap of the line to a rounded cap. If you can't see the difference, increase the weight of the line. Now check *Dashed Line* and enter different values in the first box to see what difference it makes. If you leave all the other boxes blank, your dashed line will have equal spaces and dashes. If you fill them in with numbers your line will have a pattern to the dashes. You will notice with your dashed lines that each dash will have the cap type you specified (either rounded or squared off). While you are at it, look at the *Arrowheads* and *Profile* options. Not crucial options, but fun.



Arranging Objects

You should have several (or many!) lines (objects) floating around on the page you are experimenting with. If you don't, make some more. Color at least three of your lines differently, make them thick (by changing the stroke width), then move them so that they lie on top of each other somewhat like the illustration. You will notice that the most recent line you made lies on top of the other lines and the oldest line you made lies at the bottom of the other lines. Ev-



Very commonly used menu items are duplicated in the properties panel.

ery object you make automatically has a **stacking order**, as if they were on sheets of clear plastic. If they didn't, Illustrator would not know how to treat the areas where lines overlap.

Obviously, we need to be able to change this stacking order. With the top line selected, go to Object > **Arrange** > Send to Back. Now with the middle line selected, go to Object > Arrange > Bring to Front. See how it works? It is a little trickier when you go to Object Arrange > Bring Forward or Send Backward, since there may be things stacked between the lines that are somewhere else on the page. Maybe it would be good to learn the keyboard shortcuts noted next to the menu item for arranging if that happens to you.

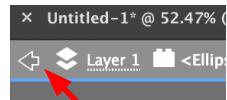
Grouping Objects

Another thing we will need as our drawings get more complicated is a way to combine several objects so that they move and copy as if they were one object. With all three lines selected, go to Object > **Group**. Now Illustrator treats the objects as one. Select any of the lines and all will be selected, copy any of the lines and they all will copy.

Now make or move another line close to the group of three and select both (by holding down shift or dragging a box around them). Go again to Object > Group. Now all four lines act as one object. With that object selected, go to Object > **Ungroup** click somewhere on the blank area of the page to deselect. Click back on the lines and you will notice that the last grouping was ungrouped, but your three lines are still grouped.

With those selected, again go to Object > Ungroup. Now all of your lines will be again separate (you will have to deselect and re-select one to see this). Groups can have as many subgroups as you care to make.

There are several ways to edit individual objects within a group, and one way that may confuse you. If you double click an object within a group, you will be in **Isolation Mode**, which is indicated by a bar at the top of your working window. You can either double click any blank area in your illustration or click the arrow at the top left to get back to normal mode.

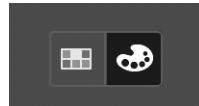


Making a Filled Object

There are two types of objects in Illustrator—a line (stroke) like we have been making, and a **filled object**. To make a filled object, choose the **rectangle tool** and drag to make a box. Change the stroke color and weight of the outside of the box exactly the way you changed it for your line.

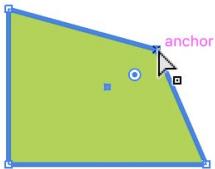


Now change the fill (the inside of the rectangle) by choosing the *Fill* option (the small box) in the properties panel (remember the palette icon to select any color). If you do not have an option to change colors, go to the panel's menu and change the mode to RGB or CMYK.



Now go to the selection tool and move your rectangle around and copy it (option key). Arrange two rectangles one on top of the other and visa-versa. Group and ungroup your rectangle. You should see that a

rectangle—and any other shape—behaves just like your lines.



Now select a point on the corner of a rectangle using the *direct selection tool* and move it around (you may have to click 'off' your rectangle then click back on the point at the corner of your box). You will see that it behaves just like the anchor points on your lines. At its heart, Illustrator is just a bunch of anchor points and the lines and fills attached to them.

Experience has taught me that students have a difficult time letting go of a modifier key **after** letting up on the mouse button or trackpad. That is why I am repeating this many times!

The Shift Key

The shift key is... well, key to many operations in Illustrator. Make another rectangle, but this time hold down the shift key while drawing it (let go *after* you let go of the mouse button). You will see that it makes a square. In other words, it **constrains the proportion** of the rectangle. Hold the shift key while drawing a circle with the ellipse tool (located under [associated with] the rectangle tool).

Now hold the shift key down while making a line—it will snap to the nearest 45 degree angle. Move or copy a line, then hold the shift key while dragging. It will only move or copy in increments of 45 degrees.

Making a Closed Shape

You may have noticed while you were drawing your lines that if you keep clicking the line will add new segments. Make a line, but instead of finishing it after the second click, keep clicking around your page to make a shape with several points. Now go back to your original starting point. Without clicking, look at

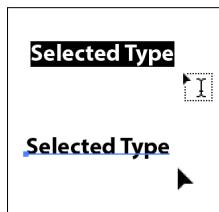
the cursor closely. Notice the little circle next to it when you roll over your starting point? This is a **cursor hint**, and it means that if you click here your lines will become a **closed shape**, like the rectangle. You may have also noticed that you can apply a fill to an unclosed shape. But don't do it—always close your shape first.



It might help to think of shapes in Illustrator as shapes you might cut out of paper—you should end your shape where you began.

Type

Design applications would be nothing without access to all of those symbols we rely on so heavily and which make up words. Using the **type tool**, drag a box within part of your page. This **text box** comes filled with Latin text—just start typing to replace it. Illustrator will now act as a word processing application within that box. The properties panel now has two sub-panels to control the type style and paragraph formatting. Try changing the type style and size. You can do this by either selecting some type within the box with the type tool or by selecting the box itself using the selection tool.



InDesign

While we are on the subject of type, let's take a quick look at an application that excels in it. Open InDesign and make a new document as you did in Illustrator (specify letter size and vertical). Now make some type exactly the same way as you did in Illustrator.

While you are at it, do some other things in InDesign that you did in Illustrator. The point here is that InDesign functions very much the same as Illustrator. We will not be covering InDesign more until a later chapter, but in a way you will be learning about InDesign as you learn about Illustrator. There are very important differences in the two applications, but as far as the basics go, they are very similar.

The Next Chapter

In the next chapter we will be getting to some difficult things, so we might as well start looking at some things to prepare us. Instead of clicking to make points when we draw a line with multiple points, what happens if we drag each time we click? Try it out. These points that we make by dragging are called *curve anchor points*. You can also edit these with the direct selection tool. They won't make too much sense now, but take a few minutes to see if you can figure them out a little. Try moving the little blue handles that show up when you click on one with the *direct selection tool*.

Now Go Out & Play

This has been the densest chapter that will show up in this book. It is filled with very basic things you will use over and over again. Take some time to play around with the things you learned. Also play around with any things that look interesting. You can't break the application. What about that star tool you might have seen associated with the rectangle tool? Hey, I know for a fact that you like stars (at least better than I do). How could you make one with eight points or

with very long spikes? You could look up star tool in the help menu and I bet it would tell you.

And by the way — if you find yourself accidentally getting a colored grid within triangles on your work area, you have a *Perspective Grid*. You can either close your document and start a new one (a pretty good way to cure being in a bad place), or you can go to View > Perspective Grid > Hide Grid.

Chapter 2 Review

A good way to go back over this chapter is to work through this review to see if you know how to do everything in it.

The Workspace

menu items, workspace setting
tool panel and 'hidden' tools
tearing off associated tools
properties panel, accessing panels

A New Document

new document box, disclosure triangle
saving a file

Making a Line

pen tool
selection tool, selecting and deselecting an object
changing the weight and color of a line (stroke)
Points as a unit of measure
changing value boxes by entering numbers

Modifying a Line

moving and copying an object, option key
direct selection tool
selected point is filled, deselected is hollow
selecting multiple points by dragging box
selecting multiple points using shift key
corner anchor points
keyboard shortcuts
deleting objects or points

Saving a File

noting location you are saving to
Illustrator format and PDF format

Viewing and Nudging

command key to switch a tool to selection tool
zoom tool, option key to de-magnify; hand tool
nudging points or objects
double-clicking on hand and zoom tools themselves

Preferences and Help

preferences to change the way application behaves
using help menu to save time and frustration

More object modifications

changing the cap and adding dashes to a line

Arranging Objects

stacking order, send to front, to back
move forward and backward

Grouping Objects

making a group out of several objects
making groups of groups, un-grouping
isolation mode

Filled Objects

rectangle tool, changing stroke and fill of an object
modifying location of points on a filled object

The Shift Key

using the shift key to constrain proportions
shift key to constrain direction

Making a Closed Shape

multiple clicks to extend line

cursor hints to see what will happen if you click
closing shape before applying a fill

Type

making a text box

character and paragraph options in properties panel

InDesign

making a text box

similarities of Illustrator and InDesign

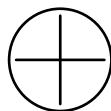
Playing

perspective grid

closing document and opening a new one

Chapter 2 Sample Quiz

Take two large lines and a large circle to make the illustration at left. Nudge the elements to get them exact (using a zoomed-in view).



Make an 8.2 point (exactly) horizontal line with a 12 point dash and an 18 point gap. Make the caps rounded and the color red.



Make a square, then select one of the corners and move it to make the shape shown.



Make another square, modify it the same way, and position it as shown. Group the two shapes.



Copy the group above. Make a line at a 45 degree angle and send it to the back of the two shapes.



Chapter 2 Practice

We don't have many tools under our belt for Illustrator, but we do have enough to make some pretty nice things. Using the techniques in this chapter (and any more you may have happened upon), do a design primarily using lines.

Illustrator does not default to a 1 point black line because that is the best weight of line. It just has to default to something. Make lines of different widths and different colors. See if you can make them relate to each other to form a composition.

Make it all look good and make sense visually. Good design is simply a matter of putting the right things in the right places. But if this sounds easy and fast, remember that flying is simply a matter of jumping up and then avoiding the ground.

Save your composition as a PDF. Send the PDF to someone and see if it looks the same on their computer. It should.

3 Illustrator Paths

One of the most important but initially puzzling things to learn in Illustrator is the making and editing of vector shapes. These are the shapes that are native to Illustrator, but they are also used in many other applications, from presentation software to CAD software (as well as in Photoshop and InDesign). They are used for logos, simple drawings, technical drawings, and many other things. They can be enlarged or reduced infinitely with no loss of quality. They take very little disk space and remain able to be modified. If you learn how to deal with these shapes effectively you will be rewarded many times over in the future.

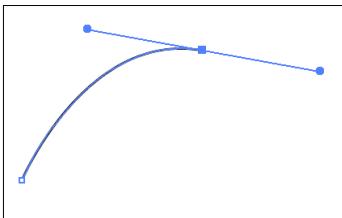
Corner & Smooth Anchor Points

Vector shapes are drawings that are defined by points and lines connecting these points. You already made some early in the last chapter by drawing a line with the pen tool. You defined the location of the start of a line by clicking, and then defined the location of the end of a line by clicking again. Using the stroke and fill panels you then told Illustrator what size and color to make the line.

The points that you made by clicking with the pen tool are called **corner anchor points**. Lines coming from these points are straight. There is one other type of line called a **smooth anchor point**. Lines coming

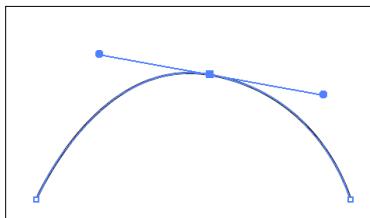
from these points come out at a curve. To make one of these, first make a corner anchor point by clicking with the pen tool, then instead of clicking where you want the line to go, click and drag a bit before you let go of the mouse button.

Making a smooth anchor point by clicking and dragging.



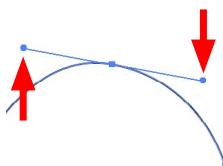
This is what you should see as you draw the line. You might be wondering what those other lines are. You might be totally confused. That's okay for now. Just move your pen somewhere else and click again to make another corner point.

At right is a line made with two corner anchor points and one smooth anchor point.



Now go to your direct selection tool and select the smooth anchor point you made. Remember that with the direct selection tool you can tell if a point is selected by if the point is shown solid (selected) or hollow (not selected). In the above illustration the smooth anchor point is the only point selected.

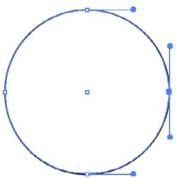
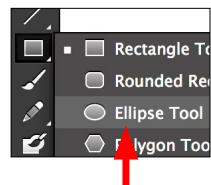
The points at the end of the two straight lines extending from your smooth anchor point are called **handles**. These determine two things: The smoothness of the curve (slope) and the direction the line takes as it exits the point.



Play around with these handles and see what happens. You should see that as you make the handles shorter, the line exiting the point does so at a sharper angle. As a matter of fact, if you move a handle very close to the anchor point, it should behave as if it were a corner anchor point. As you move the handle around, you should notice that your line tries to follow the direction you moved the handle. It can't follow it absolutely since the line has to end at the corner point on the other side of it.

Sometimes when selecting an anchor point you have to click off the shape, then click back on the point.

Now make a circle using the ellipse tool (remember that it is under the rectangle tool). Then use your direct selection tool to select one of the points of the circle's four smooth anchor points. Edit the points of the circle. Any shape in Illustrator is made up of smooth and corner anchor points, and can be edited using the direct selection tool. Even type (but we will get to that later). Don't worry if you don't understand what is exactly happening while you are playing.



Now go back to the pen tool and draw a line again. Using smooth and corner points, extend that line to make a closed shape. As you drag while making a smooth point you are determining the angle and direction of the line by how much and what direction you drag.

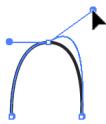
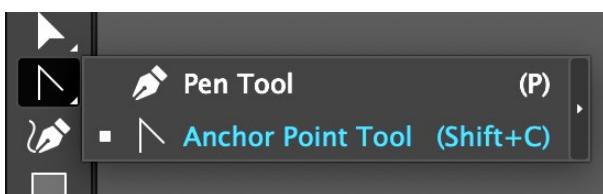


Try drawing a circle. Well, make that a rock—this is not the most natural way of drawing, and it takes a bit of practice.

Remember that when you are about to close your shape the cursor indicates with the cursor hint of a small circle that if you click (or click and drag) on that point it will close the lines into a shape that can be filled, scaled, or copied.

Editing Anchor Points

After you play around making shapes, move back to editing in a little more depth with one of the shapes you made. Associated with the pen tool is the **anchor point tool** (see illustration below). With this tool you can edit points in several ways.

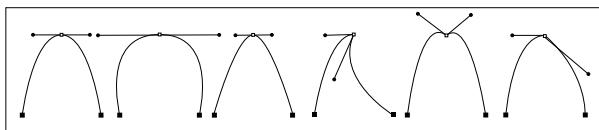


With the anchor point tool, click on a curve anchor point that you have made. The point turns into a corner anchor point. Now click and drag on this corner anchor point and the tool makes it a curve anchor point again. The anchor point tool also allows you to split the handles of a curve point by just clicking on a handle and moving it. The handles will no longer act as a teeter-totter (as they do when using the direct selection tool) and you can move them independently.

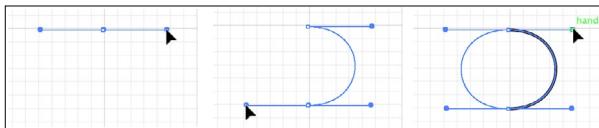
Now go back to the pen tool. By clicking on an existing *line* with the pen tool a point is added, and by clicking on an existing *point* with the pen tool, that point is deleted. Watch the cursor closely as you move the pen tool over a point or over a selected line or shape to see what will happen if you click.



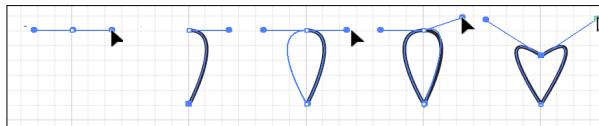
These are all the tools you will need to make and modify shapes. But they do take practice. Draw a simple arc and edit it as below. These exercises may not seem important, but they will help you understand how these points work.



Now get the hang of drawing with the pen tool. Make it a circle with 2 points by following the three steps below. Don't worry if it isn't perfect, as you can always edit it after you make it.



Now a more difficult shape with instructions below:



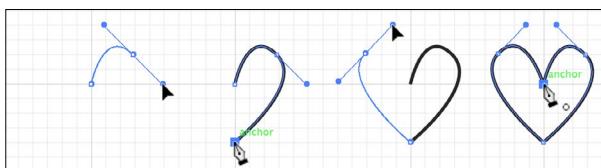
With the pen tool, drag a handle out for your first point. Then click directly below your first point to

We will get to how to view a grid like the one shown here. Before we do, see if you can figure it out for yourself (Hint: View Menu).

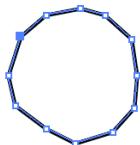
Around now you may start seeing little circles with dots in the middle near your shape— this is one of many 'shortcuts' that you can disregard for now.

make a corner point. Then go back to your first point and click and drag to make an upside-down tear drop shape. With the anchor point tool, separate the curve point handles by dragging one handle up a bit. With the direct selection tool locate the handles as shown, then move the point itself to make your heart more proportional.

This heart gets the message across, but drawing it with one extra point will help get the message across better. For this heart, turn on the **document grid** by going to View > Show Grid.



Make the heart as shown above using two corner points and two curve points. The grid will help you get things symmetrical. The resulting heart might not make your own heart sing, so get out that direct selection tool and edit it until it does.



This step is very important!

When you are editing shapes, it is always a good idea to delete as many unnecessary points as possible. Imaging attempting to clean up a circle done with many points. It would take hours to edit and never produce a satisfactory circle.

Most Important

Now is a good time to stop following the directions and strike out on your own to practice the pen tool

and the associated editing tools. Draw and edit different shapes like a...

key	cell phone
paper clip	pen
push-pin	car outline
knife	shovel
padlock	etcetera...

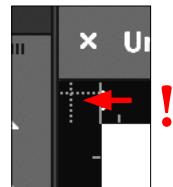
Practice is key here. After about 45 minutes of drawing simple shapes you should find that you understand how to draw in vectors and it will become much more intuitive. But beware—if you do not do this practice it will come back to haunt you over and over again. If you need more help or get stuck on something, go to Help > Illustrator Help. Choose *User Guide*, then look for *Drawing*, then *Drawing Basics* (and *Edit paths*, etcetera). You might even learn a few things that were not covered here.

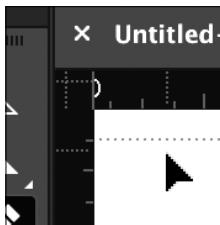
Remember to zoom in a lot when doing exacting work. With a track pad you can pinch to zoom.

Rulers & Guides

Rulers are a crucial part of any design application. All designs are finalized by the eye, but first organized by dimensions. How else would you find the center of your page for example? To bring out rulers in Illustrator, go to View > Rulers > Show Rulers. The rulers will show up on the top and left side of your window and will be in whatever units you have set in Illustrator > Preferences > Units. The rulers start from the upper left of the page (artboard), but you can change the origin by dragging the little square where the rulers meet (very subtle!) to anywhere in the document. You can reset the zero point of the rulers by double-clicking on that little square.

At the time of this writing, even the search bar in the Illustrator help system is broken. So, you may have to muck about to find the topic you need help with.





Guides are made by clicking anywhere within the rulers (except where they meet) and dragging out to the document. For the heart we could have used guides instead of the grid to place our points precisely. To move or delete guides just select them as you would an object using the selection tool. You might need to lock them to prevent editing them by accident: Go to View > Guides > Lock Guides. When you select this menu item it will change to *Unlock Guides*.

Looking Around the Document

In the last chapter we learned how to make the document enlarged or reduced using the zoom tool. Now is a good time to review that. Typically working in Illustrator involves quite a bit of moving the view in and out, so it is probably good to know that with any tool selected (except the type tool) you can hold down the space bar to get the hand tool. Additionally holding down the command key gives you the zoom tool, and add the option key into that and you get the option to zoom back out. Try these things.

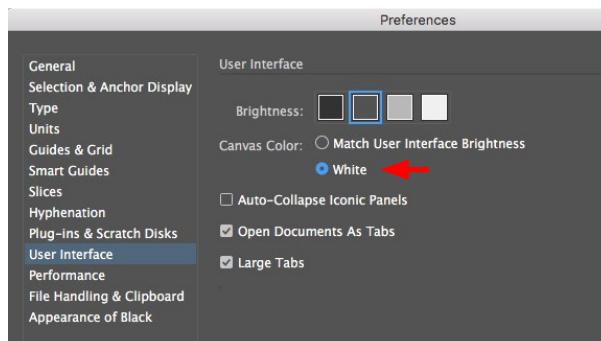
One other technique is worth mentioning here. When things get complicated in Illustrator it is sometimes hard to see what is going on. By going to View > **Outline** you can see objects without their associated fills and strokes. This can help a lot, but remember to change your view back to View > **Preview** to see your document normally.

Some people also find it useful to turn off all of the hints that pop up as you move your cursor around objects. You can do this by going to the view menu and

un-checking **Smart Guides**. Like the Window menu, the view menu is very helpful. Try some other options.

And lastly—that space around the outside of the page? Use it. It is called the **pasteboard** and is handy for storing things that you are working on but you don't yet want part of your design. Get into the habit of copying things you are working on to the pasteboard. If you succeed in making them better there you can place them back on the page, and if you mess them up, then just hit the delete key.

But wouldn't it be nice if the pasteboard was white so you could see your other versions of things better? In older versions of Illustrator it was, but with the new stylish Adobe interfaces, it defaults to a dark grey. Change it back to white using preferences (remember? —in the Illustrator menu).



Designers tend to fill the pasteboard with different designs that they can easily retrieve and compare with their current edits.

I know you think the program looks cooler with a dark pasteboard (so does Adobe), but let's be practical. You can switch back to grey when I am not watching.

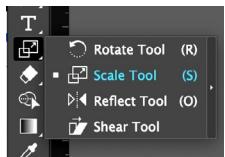
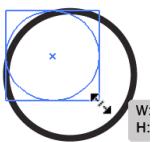
Scaling & Rotating Objects

As mentioned before, there are several ways to do anything in Illustrator. Almost always one way is best for the job you are doing.

After you make a shape in Illustrator, you will probably want to change the size of it. One of the really cool things about vector drawing is that no matter how large or small you make something its quality and level of detail will remain the same.

The first way of scaling is the most direct. First go to View > Show or Hide **Bounding Box** to make sure the bounding box is showing. If it is showing the menu item will read 'Hide Bounding Box'. The bounding box around objects is in some cases (like this one) very handy, but in other cases it just gets in the way. Remember that most menu items have the keyboard shortcut listed right next to them if you need them.

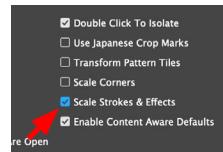
With the bounding box showing, you can simply drag any of the small squares on the bounding box to resize the object. You should always also hold down the shift key so that you do not distort your object (always let go of the shift key **after** you let go of the mouse button or trackpad at the end of the drag).



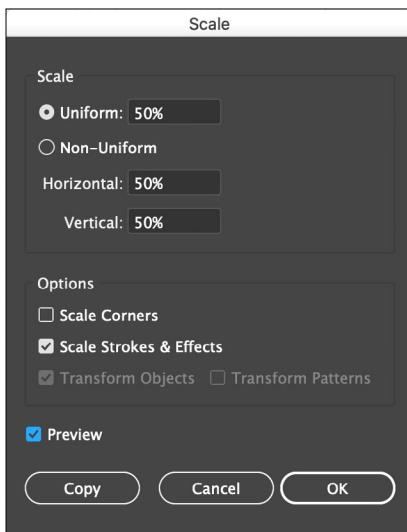
The second way to scale an object is to use the scale tool (under the rotate tool). The advantage to using this tool is that you can set an origin from which the object scales. To set the origin, just click the mouse where you want the object to scale from. You will see a faint blue cross-hair where you click (you can change the placement by clicking again). To size the object drag the mouse *anywhere* on the document. Don't forget to hold down the shift key! To make a copy while sizing also hold down the option key right after you start dragging the mouse.

There is one problem with using both of these methods. Illustrator does not know if you would like to make the stroke of your object bigger or smaller along with the object or not. You generally **do** want to scale the stroke along with your object, so go to Illustrator > Preferences > General, and check *Scale Strokes & Effects* in the right column. This will also let you get used to going to the preferences. They are important in any application.

The third way of scaling is the most versatile, but is the slowest. Either double-click the *scale tool itself* or go to Object > Transform > Scale... Both ways will bring up the same requester box where you can specify an exact percentage to scale (check *Preview* to see the effect). You can also copy the object while you scale it and specify whether you want to scale the stroke along with the object regardless of the way the preferences are set.



Remember that preferences set when a document is open will only pertain to that document. Without a document open the preference will pertain to all future new documents.



If you are still hankering for ways to scale an object, check out the transform section in the Properties panel.

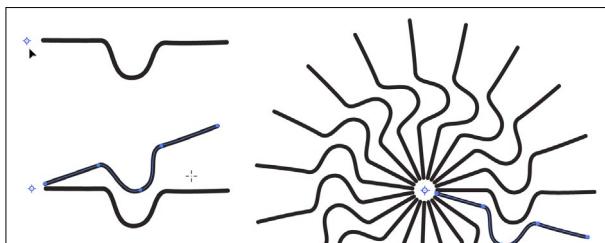
Using the same methods as with scaling, you can also rotate an object using the bounding box. Move the cursor around near a corner of a bounding box until it changes to a double-sided arrow, use the rotate tool, double-click the rotate tool, or go to the Object > Transform menu.

The origin of the transform (scale or rotate) that you set by clicking is important, but very subtly shown.



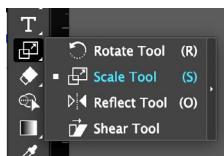
The resulting spiral could be grouped and rotated again.

With both scaling and rotating you can repeat the last transformation by going to Object > Transform > **Transform Again**. Practice this by making a line or a shape. Use the rotate tool to place the source of the rotation (by clicking) near the end of the line, then drag to rotate a bit while holding down the option key (to copy). Go to Object > Transform > Transform Again to repeat the transformation. You can also use the key command to do *transform again*, which is (as always) listed next to the menu item.

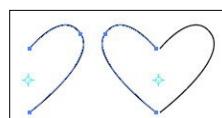
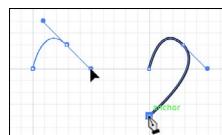


Shear & Reflect Tools

The **shear** and **reflect** tools are lesser-used tools associated with basic shape modification. The shear tool (associated with the move tool) slants an object, and the reflect tool (associated with the rotate tool) will mirror an object. Both also use an origin point you set or move by clicking.

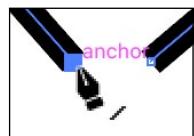


Use the reflect tool to make another heart. First make a half-heart by using two corner points and one curve point as in the example at left, then click the selection tool to stop drawing. Now using the reflect tool, click once near the center of the heart to set the center for the reflection. Hold down option (to copy) and drag to reflect the side of the heart. Holding down shift as well makes you want more fingers, but it will make our reflection much more accurate by snapping the reflection to the correct angle.

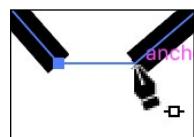


Connecting Lines

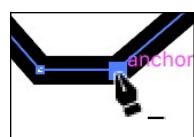
We now need to connect the two parts of the heart. Zoom in on the bottom two points, and with the pen tool, put your mouse cursor over one of the ends. The cursor will show a forward slash next to it when you are ready to continue the line (which we are going to do).



Click, then move the cursor to the end of the other line. Now the cursor shows a small box with a line behind it. This means that clicking will join two lines. Click to join the lines. Now we have two points, where we should have one, but that is not a problem. With the pen tool move over one of the points and then click to delete it.



Do the same with the unconnected top two points of the heart. You will notice that the cursor changes to have a circle next to it when you are about to join the lines. This is Illustrator's way of telling you that



You can also connect two points by selecting both and going to Object > Path > Join.

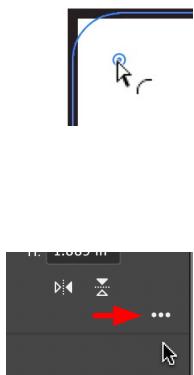
clicking will produce a closed shape. Now just delete the extra point as you did above.

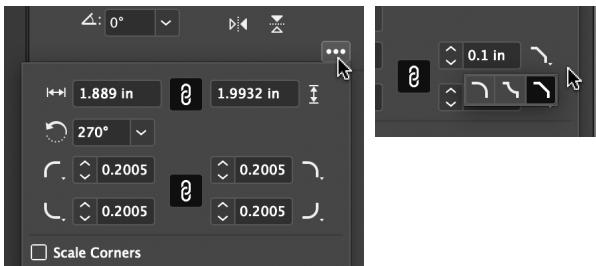
More...

So far in this chapter the techniques covered are important building-blocks to techniques we will learn later. But, there are many more things we haven't covered which could be useful to you.

One very important thing to do as you are learning Illustrator is to play. Try different things, find out what different tools do. It doesn't take long to sample a tool and see what it does—and if you mess up, just go to Edit > Undo (although I hope you are using the keyboard shortcut for that by now!). There are many things in Illustrator that are self-explanatory to the extent they will not be covered here. Like the line tool—try it. Or see if you can figure out the keys that let you edit points *as you draw them with the pen tool...*

There are several techniques in Illustrator that make dealing with shapes a bit easier in some circumstances. You've probably figured out by now that those little blue circles that appear near your shape do things when you drag them. If you haven't noticed them make a rectangle and look again. These are called live corners, and you can change the way they behave both by dragging them and by using the transform controls as shown on the next page. More transform controls can be accessed by clicking the ellipsis near the bottom right hand side of the transform controls in the properties panel.



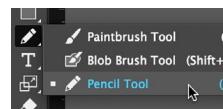


More transform controls are in the properties panel as shown at left.

As mentioned before, this text is to give you the foundations to learn the applications. There are many techniques that you might find very useful but do not need to be covered here. Try some of the other tools. With the pencil tool you can vary the smoothness of a line you draw by double-clicking *on the tool itself* to bring up the options. And you can use this very same pencil tool to edit shapes you have already made.

You might also find it handy to put your direct selection tool right over a line between two points to change its location and/or curve.

Related to this is the curvature tool, which is sort of like the anchor point tool, but converts points from corner to smooth (and vice-versa) by double-clicking on the point. Try drawing with it clicking or double-clicking as you go. You can also use this same tool to do some basic editing of points and even adding points—all without those annoying anchor handles! This tool is easy, but limited in what it can do. Then again, you might prefer making preliminary drawings with the tool and then editing using the other techniques.



If you are interested in learning more about a tool or technique, remember the Help Menu.

While looking for tools and techniques that might be useful for you, remember that the most important thing to learn from this chapter is the making and editing of simple shapes using the pen tool and its associated editing tools. Don't take the easy way out and skip this. Instead practice and go over the steps here again until you get the hang of vector shapes.

Remember that you can't break Illustrator by pushing the wrong buttons. The worst you can do is mess up the document that you are working on, and it would be hard to do that if you make it a habit of saving frequently. That is a good habit.

Chapter 3 Review

Corner and Smooth Anchor Points

clicking while drawing to make a corner anchor
clicking and dragging to make a smooth anchor
handles of a smooth anchor (slope and direction)
making and editing points of an ellipse (circle)
clicking or dragging to make a closed shape

Editing Anchor Points

anchor point tool to edit points
changing between smooth and corner anchors
splitting the handles of a smooth anchor point
adding and subtracting points of an object
drawing simple shapes
showing document grid

Practice

making and editing simple objects

Rulers and Guides

showing rulers, changing and resetting origin
making and deleting guides

Looking Around the Document

keyboard shortcuts for zoom and hand tools
changing between outline and preview views
turning on and off smart guides
using the pasteboard

Scaling and Rotating Objects

showing and hiding bounding box
scaling with bounding box, scale tool
setting preference to scale strokes (& effects)
scaling by double-clicking scale tool
scaling with transform menu
different methods of rotating an object

Shear and Reflect Tools

how to use shear and reflect tools

Connecting Lines

continuing a line with the pen tool
connecting two lines with the pen tool

More

experimenting to find useful tools and techniques

Chapter 3 Sample Quiz

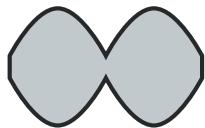
Using the document grid to get exactly equal lengths, make a line with 5 corner points as shown.



Copy this line and convert the upper points into curve points as shown.



Copy this line again and reflect it DIRECTLY below the original as shown. Connect both shapes to make one enclosed shape, then fill with grey as shown.



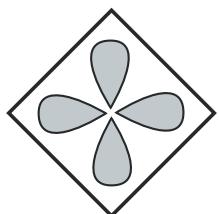
The logo for a Paralympic Games is shown at left. Reproduce it as accurately as possible using the pen tool to make the 3 shapes. Use the circle tool to make the white circle



Using a vertical guide (or guides) to get a perfect shape, make a drop like the one shown with 1 corner anchor point and 1 curve anchor point.

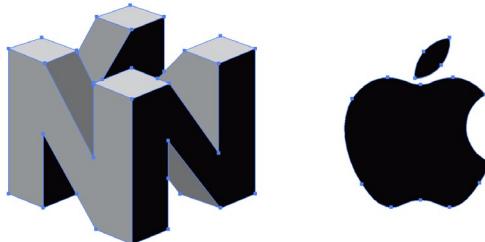
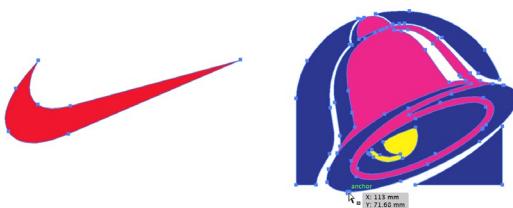


Copy the drop shape and scale it to exactly half its size. Rotate and copy this drop at exactly 90 degree intervals. Make a square and rotate it exactly 45 degrees and center the group of drops within it to make the design shown.



Chapter 3 Practice

1. On a horizontal letter-sized page, draw various fruits, vegetables or hand tools using the pen tool and editing points as needed. Think about how you would make the shapes using colored paper you cut out—doing it in Illustrator is much the same. Arrange these, adding color and any other design elements if you would like. Try to make your entire page a pleasing composition.
2. Find logos for your favorite companies. Remake them the best you can using Illustrator. Also check out www.brandsoftheworld.com—There are hundreds of logos here that you can download Illustrator (.ai) versions of. Open them up and see how they are done. Modify them to see what you can get.



4 Illustrator Type

So far we have been examining the drawing tools in Illustrator, but type control is perhaps the most flexible and powerful aspect of the application. In this chapter we will examine some of the type controls in the application, because, after all, it would be unusual to complete a design without using those ubiquitous symbols we call letters.

Two Ways to Make Type

In Chapter 2 we saw how to make a type box by dragging a box with the type tool then typing within it. Go ahead and do this again, and just leave the placeholder latin text that it defaults to.



Make sure that the bounding box is on by going to View > Show Bounding Box (if it reads *Hide Bounding Box*, do not select it). Now with the selection tool drag the corners of the completed type box (**type area** in Illustrator terminology) around. The type will move

**Re-sizing
type area.**

Lorem ipsum dolor sit amet,
 amet, consectetur adipiscing elit. Nullam
 adipiscing elit. Nullam porttitor
 porttitor aliquam. Morbi quid erat, in luctus,

and reformat according to the dimensions of the box. This way of entering text into Illustrator is called **area**

type. It is the best way to enter text that will need to flow within the type area.



We call longer sections of type and paragraphs **body** or **paragraph** copy. If the type extends past the text area you will get a small red box with a '+' in it which signifies that the box has more text than is shown.

Shorter bits of type, like small statements and headlines are sometimes called **headers**. When you want headers to flow with the body copy that accompanies them, often you put them into these type area boxes. But when you want more flexibility in how short strings of words behave then you make them a different way.

Now instead of dragging a box with the type tool, just click somewhere on the page with the type tool (make sure a type box is not selected when you do this). After you click you can start typing. This is called **point type**. Go ahead and type a couple of words (or leave the placeholder text). Now with the selection tool, click on the words you just made. If you do not see a box around the letters, turn on the bounding box (View > Show Bounding Box).

Re-sizing
point type.



Now when you drag the corners of the box with the selection tool the text will enlarge and reduce instead of flowing within the box. As a matter of fact, the text will act just like any other object you have made in Illustrator. Hold down the shift key while you drag to constrain proportions of the type (you should always do this), or option-drag to copy the type. Or use the rotate tool or any other tool as you did with a line or closed object. Even with the type diagonal and reversed it will remain able to be edited by just clicking inside the type with the type tool.

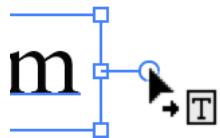
You can also change between area and point type by double-clicking on the small circle to the right of the text box. Point type is very useful if you have short bits of text that you would like to be very flexible, since it can be transformed (scaled, rotated, etcetera) visually. With short lines of words not connected to a paragraph it is far better than changing type sizes in the character panel since it can be scaled visually very easily.

With both area and point type, change the color of the fill and stroke the same way you did with other objects, but be careful how much stroke you add to your type as it can quickly distort letter shapes. Try a few other things, such as reflecting and skewing.

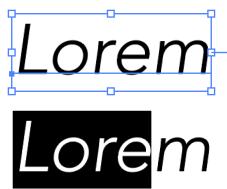
Character Options

In Chapter 1 you explored part of the character section of the properties panel. Let's look at it a bit more and how it can effect both area and point type. Remember that to make any changes in Illustrator you

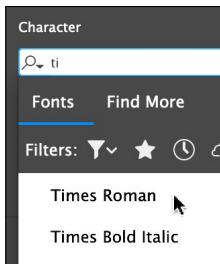
Sorry to bring this up again, but a common mistake is to let go of the shift key before you let go of the mouse. Always let go of the mouse (trackpad) BEFORE you let go of the shift key!



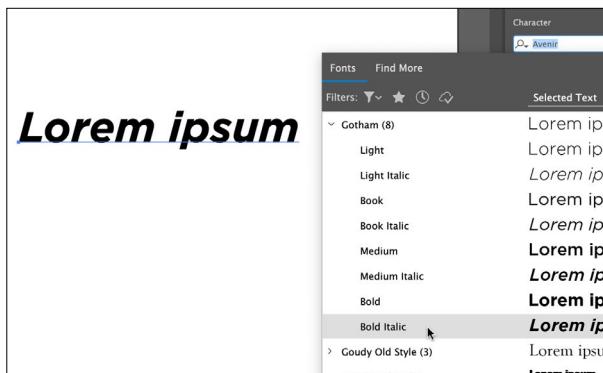
Area type and point type behave very differently when editing.



must have something selected. Select some type you have made by either selecting the entire box with the selection tool or by selecting individual type by highlighting it (dragging over text with the type tool).



Now highlight the typeface name in the character options in the properties panel and start to type 'times'. You will see as you type a list of typefaces with the letters you are typing appear. Also notice that before you even started typing the typeface name a list of all the type on the computer you are working on appeared. And... as you roll your cursor over the typeface names, the selected type in your document dynamically changes to the typeface. Very handy indeed.



While scrolling through the typeface names you can instead use the up and down keys on the keyboard. In this way you can see your type in dozens of type styles in very little time. It is well-worth spending a little time figuring out the type menu. Choice of type style is a very important aspect of design.

Although this book is not about design, several design concepts need to be brought up here. Type is divided into two broad classifications, *serif* and *sans serif*, and most type you choose in the type panel will be one or the other. **Serifs** are the little flags and feet on some typefaces and serif type styles have these. Sans serif means without serifs. The most common (not the best!) serif type style is Times.

For your selected text, first choose a very common **sans serif** typeface, Helvetica, (perhaps by using the pop-up menu to the right of the type name). Look at other type styles and figure out if they are serif, which usually have a classic look, or sans serif, which usually have a more modern look.

Type style variations appear in the box directly below the type style in the character options. Usually you can choose at least bold, italic, or bold italic, but some type styles (often referred to as **fonts**) have many more options. Illustrator (and any other application) does not have its own type styles, but instead shares type styles (fonts) that are installed on the computer. So Illustrator on one computer may have different type styles and variations than the application will have on another computer. This is an important point to remember as it has many ramifications if you work on more than one computer or collaborate with others.

The point size box in the character panel should be somewhat familiar to you, but the other main options may not be. **Leading** (pronounced like the metal with

Times
g

Helvetica
g

Regular
Italic
Bold
Bold Italic

The exception to this are 'Typekit' fonts that are only available to Adobe applications.

10 point type with
11 point leading

10 point type with
14.5 point leading

an -ing ending) is the space between lines of type (technically the vertical space a line of type takes up). Select several lines of type and see how this works. You can specify increments less than a whole point number as you can also do for the size of the type itself. Leading can be used to fit copy (text) into a specific space (**copy-fitting**) or more commonly to improve the look or readability of a block of type. The text in this book has a leading of 14.5 points, which is 2.5 points larger than the automatic leading setting. It makes the book easier to read on the screen and seem a little friendlier.

Way
Way

TRACKING
TRACKING

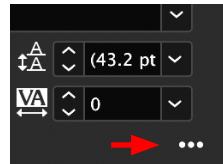
The **kerning** box below the point size controls how much horizontal space there is between two letters. Put your type tool cursor between two letters in a word that is sized to around 40–60 points. Changing the kerning will alter the space where the cursor is. You wouldn't want to do this in body copy, but it is commonly done in headers where the space between each letter is very visible.

Next to the kerning value box is **tracking**. Tracking is the space between letters like kerning is, but with tracking it is between all of the letters.

Either select a sentence, paragraph, or type box and change the tracking value. As with leading, this can be done to adjust copy-fitting, but is more commonly used to improve the look or readability of a block of text. The text tracking of this book is increased from the default value to compensate somewhat for how it is rendered on the screen (which tends to 'fuzz out')

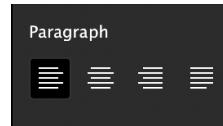
the letters somewhat). This book's header type has even more positive tracking applied as this makes it look more fluid.

You can find more options for type by clicking on the ellipsis at the bottom right of the type options. These are not needed now, but could come in handy if you inadvertently stretch some type.



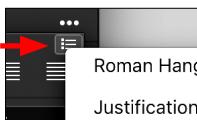
Paragraph Options

The paragraph options in the property panel is most useful with area text (although you should see what it does using it with point type). With a text box or a paragraph(s) selected, change the **justification** of your paragraphs by clicking on one of the first four boxes in the options. Don't use the last three boxes—these are for very special uses.



The first box (button) will make your text **left justified** or aligned only on the left. This is the most common way to format text. The second box **centers** your type. This makes the text very difficult to read, but every once in a while it is suitable for short bits of text like song lyrics. The third box is **right justified**. This is also an unusual way of formatting text, but can be used for short pieces of text in specific situations (like half of the sidebars of this book). The fourth box **fully justifies** the text (also called right justified or just 'justified'). This is also a very common way to format text, and the one used to the text of this book. The other paragraph formatting options change the way the last line of a paragraph appears in justified text and are very rarely used.

The left side-bars in this book are right justified. This is also called *ragged left*.



By clicking on the ellipsis at the bottom right of the paragraph options you are presented with other options such as indenting and adjusting the vertical space after a paragraph. Commonly used is the option to **hyphenate** words available at the bottom of the panel. Going to the options menu at the top right of that panel will give you control over how words are hyphenated along with other controls.

Please remember the ellipsis and options menu icons so I don't have to keep illustrating them.

Since any paragraph formatting applies to the whole paragraph (the letters after or before where you hit the return key when typing), you do not actually need to select all the type when making a change, but only put your cursor in the paragraph.

Type on a Path

There are other tools associated with the type tool. The second tool down is the **type on a path** tool. It does what the name implies.



To use this tool, first make a circle using the ellipse tool. Now with the type on a path tool, move the cursor over the top of the circle. Click and start typing. You should see that the type starts where you clicked and follows the path of the circle. You should also see that the circle itself is no longer visible—it is no longer a circle, but a circular path. This makes sense, since if you wanted type on a circle, you would want to make another circle somewhat smaller so the type did not sit directly on it.

Practice making other shapes with the pen tool or with other tools and adding type to them. Then edit

the type using the type (or type on path) tool and clicking on the letters. This is a good point to review those kerning and tracking options, especially if you have text on the inside of a curve.

With the selection tool or the direct selection tool try changing the size or any other characteristic of the path upon which the type resides. Move a point and its handles using the direct selection tool.

Moving Type on a Path

When you add type to a path, there are three visual clues that are very important, but are visualized rather subtly in Illustrator. To see these, first make a rather large circle on your page and add a word in 20-30 point type. Turn off the bounding box (View > Hide Bounding Box) to make things easier to see.

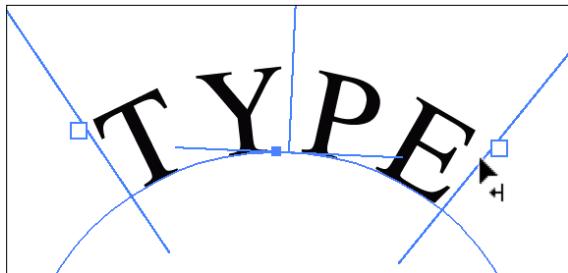
With the selection tool, click somewhere on the circle. The first point to look for is the center (middle) bracket of the text. This is shown by a large, faint, and skinny blue upside down 'T' (it may just look like a vertical bar). It might not be with your word, but somewhere else on the circle.

Carefully move your cursor over this T until the cursor hint changes to show an arrow pointing up next to it. Now click and drag. What you are doing is moving the center of where the text appears (which moves all of the text). If you center-justify your text, then this will be at the middle of your words. If you drag this 'T' to the inside of the circle the type will jump to the inside of your path.

Get used to remembering how to turn on and off the bounding box even though you will later probably just leave it on.



Type on a path showing beginning bracket, center bracket, and ending bracket.



Now look around the circle for a blue line near the beginning of your word. It looks like a long blue line with a small box. Move your selection tool cursor over this line until you see your cursor showing a small arrow pointing *to the right*. Click and drag. This will also move your type, but what you are actually doing is expanding and contracting the area in which your type fits. If you move it too far to the right you will see that a small red box shows up telling you that there is more type on that line than is visible.



The end bracket should be near the end of your word (but may not be!), and looks and acts just like the start point discussed in the last paragraph. Play around with these points to get used to using them. Practice moving type around on different kinds of paths. And make sure you look for those cursor hints as you move your cursor around. It is impossible to deal with type on a path without them!

After you are familiar with how to move your text on shapes you can turn back on the bounding box, since hiding it was only enabling us to see what was happening better.

Outlines from Type

You have probably noticed that we have gone far beyond the capabilities of a word processing program in the type controls we have. In Illustrator you have infinite control. Select a text area box (or point text) with one word in it. Do not select the type, but the box containing it! Now go to Type > Create Outlines.

What you will see is that the type is no longer type, but instead shapes like any other shapes in Illustrator. After ungrouping (Object > Ungroup), move the letters with the selection tool and the points of letters with the direct selection tool around. Select the bottom points of a letter with the direct selection tool (by either dragging over them or shift-clicking) and drag. Reflect, size, edit the handles of a point. What you have here is a very powerful way of editing every single thing, down to the last punctuation mark.



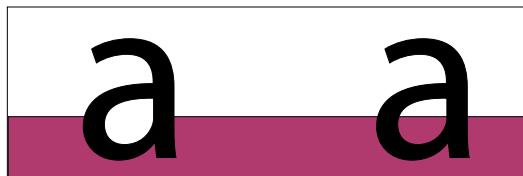
Compound Paths

Make a lower-case 'a' and convert it to an outline. Now zoom in to where it fills most of your window. Click on it with the direct selection tool and you will notice that there are two shapes—the clear part inside the letter and the black parts of the letter. But notice there is no way to select them as separate objects or ungroup them. When two shapes are combined into one like this it is called a **compound path**. This may be easier to see by making a color-filled rectangle and placing it behind the letter.

With the shape of the letter selected, go to Object > Compound Path > Release (then ungroup) to sepa-

rate them into two objects like we are familiar with. Since they will both have the same fill, you need to change the fill of the smaller shape to white.

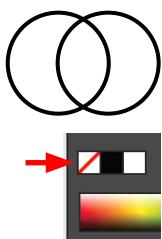
Two paths on the left (inside path with white fill), one compound path on right.



You might want to change this (or another two shapes) back into a compound path if you have a situation where your letter appears over a pattern or color. Here the white interior of the letter would remain white unless we selected both shapes and went to Object > Compound Path > Make. Compound paths are useful for many things other than letters. Try making a donut by making two circles then making them a compound path.

Pathfinder Tools

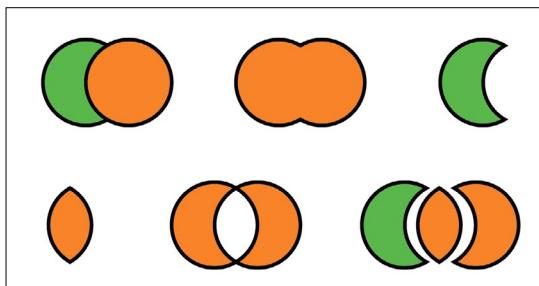
In modifying shapes or letters that have been made into shapes (outlined), it is sometimes difficult or at least awkward to make certain shapes. This is where the **pathfinder** options come in.



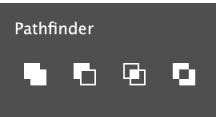
Let's start by making a simple crescent. You could use the pen tool to make and edit this shape, but there is a more precise and easier way. Make two circles or one circle which you then copy. Select them both and set the stroke to a black stroke and the fill to none (the color represented by a box with a red diagonal line through it). Now arrange the circles so that they overlap to some degree.

With both circles selected, go to the properties panel and click on the far left option in the pathfinder options (**unite**) in the shape modes. The circles will combine into one shape. Undo this, then go to the second box (**minus**) in the pathfinder panel. The shape that is laying over the other shape will act as a cookie-cutter, cutting out the overlapping area to make a crescent shape. You will see that is a much easier way to make a crescent than with the pen tool alone. And you can still edit the points exactly as if you had made it with the pen tool.

It will help when experimenting with the pathfinder tools to use a different color for the fill of each shape. That way you can see which shape is overlapping the other shape. Now use the other two options in the shape modes box. The third option (**intersect**) will only make a shape from the intersection of the two shapes, and the fourth box (**exclude**) will do the opposite of that. This makes a group which must be ungrouped (Object > Ungroup) to see the effect.



In reality, learning what each pathfinder does is not too important. When in doubt, you can just try each one (then undo it) until you get the right one.



Many designers start with a few basic shapes to make complex shapes.

The final set shown here is divide. You can access this option by clicking the ellipsis in the pathfinder section.



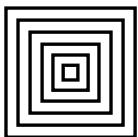
In many situations (such as using some of the path-finder tools) Illustrator will automatically group objects. An alternative to ungrouping objects is to temporarily select the objects in the group with the **group selection tool**. This tool is associated with the direct selection tool. If you use this tool to select items in the group remember to go back to the direct selection tool when you need to select points.



One more thing while we are in the pathfinder panel. Make a circle and color it something like green. Now make a smaller circle and color it something like red. Put the smaller circle within the larger circle, select both, and choose the second option (Minus) in the pathfinder options like you did before. The resulting shape is a compound path and the circle in the middle is now a clear circle (move it around or place something behind it to see this).

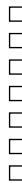
Use these tools with letters converted to outlines. Subtract (minus) or add (unite) letters with letters, or letters with other shapes. Try using a circle as a cookie-cutter around the edges of a letter.

Align Panel



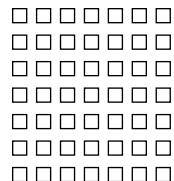
Often when you use the pathfinder tool (or when you are doing many other things) you need to **align** things perfectly. Make five or six squares or rectangles of different sizes. Select them all, then select the various different options in the align section of the properties panel to align their centers or different sides. Pay attention to the icons while you are doing this to see what they represent.

Now make five or six squares or rectangles the same size (by copying with the option key or another method). Put them in a loose vertical row, then align them with the centering option.



Now click the ellipses for more options. In the **distribute** options, try each option to see which will make your rectangles spaced equally apart. Now move the bottom rectangle down a bit and align and distribute again. Distribute will always distribute objects equal spaces apart.

You can even group aligned and distributed objects, then align and distribute those groups. Like with the pathfinder tool, you don't really need to remember which option does what—if the icons do not give you enough of a clue then you can always try different options until you get the right one.

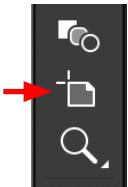


Artboards

Although Illustrator is not for laying out multiple page documents, there are many times when a designer needs to keep several pages together. For example, if you were to do an identity package, you could use one artboard for the business card, another for letterhead and yet another for the envelope design. All your related designs in one file. Illustrator has the flexibility to do this with ease, but not in the most intuitive way.

Every option in the Properties panel is also in other panels (Window >...). Many times these dedicated panels will have additional options.

Pages in Illustrator are called **artboards**. You can specify the number of these and their arrangement on the pasteboard (background) when you make a new document.



You can also choose the artboard tool from the properties panel (*Edit Artboards*) when nothing on the page is selected.

You can delete artboards with the delete key or by clicking the *Edit Artboards* button.

Look at some of the other options in the Properties panel when nothing is selected. Hmm.

In a open document, change the number and size of artboards by using the artboard tool to drag and resize the artboards, as well as make new ones (by dragging) and delete existing ones. For a more precise way of sizing artboards, change the values in the properties panel while the artboard tool is selected. When you are done managing artboards, just choose another tool.

Another use for artboards is to make several to have competing design ideas. In this way you can play with changes without disturbing what you have done so far. Just select everything on your page, go to the artboard tool, then option-drag the page to duplicate it next to your original page.

Practice

There has been a lot of information in this chapter, but hopefully none of it was as hard to get your head around as the making and editing of paths in the chapter before. Practice what we have gone over so that you are able to remember the options when it comes to actually designing something. Also go back and review the making and editing of paths.

For the next few chapters we will be moving into Photoshop, and then back to Illustrator, then to InDesign. InDesign is perhaps the most useful of all the applications, and it might be good for you to try a few things we have learned in the last three chapters in InDesign. Since it works very much like Illustrator you may find that you already know quite a bit about how to do things in InDesign.

Chapter 4 Review

Two Ways to Make Type

dragging a box and typing to make area type
clicking and typing for point type
modifying type with bounding box

Character Options

serif and sans serif type styles
variations of a type style (bold, italics etc)
fonts as a computer resource
type size and leading, kerning and tracking

Paragraph Options

left justified, centered, right justified
fully justified text, hyphenation

Type on a Path

making type on a path
moving center point, end points

Outlines from Type

select type box to create
ungrouping, modifying

Compound Paths

making and releasing compound paths

Pathfinder Tools

using the pathfinder options
making compound paths with pathfinder

Align Panel

aligning and distributing multiple objects
managing artboards

Chapter 4 Practice

W and U are relatively new members of our alphabet. You can sort of tell by the name of Double-U (dubba-yu). Very pragmatic designs as well, especially as Vs were pulling such heavy duty in Roman times.

Come up with another new letter for our alphabet, doing a sketch on paper of it first to get your ideas together.

Produce this letter in Illustrator, using:

- create outlines (from type)
- modified points (curves and position modified)
- pathfinder tool

Show your letter in filled and outlined versions.

Explain why this letter would be a worthy addition to the alphabet.

Explain how you used the tools above (include notes on the page).

...all on one sheet.

You should make this very precise. Zoom in when you need to and make objects bigger than you need, then scale them down to the final size.

Three stylized letters are shown side-by-side. The first letter is 'H' with a vertical stroke on the left and two curved strokes on the right. The second letter is 'O' with a small circle inside. The third letter is a ligature of 'K' and 'O', where the vertical stroke of 'K' is connected to the top of 'O'.

Chapter 4 Sample Quiz

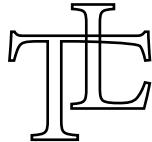
Make a word in 30 point sans-serif bold text, then track it out to +300.

W I D E R

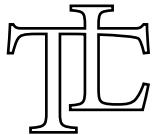
Type the word "Top" and kern the letters. Change text color to grey.

Top

Make two 60 point letters which you convert to outlines. Change one letter shape obviously by dragging points. Turn off fill, have a black stroke.



Copy the outlines of the two letters and combine them into one shape using the pathfinder panel.



Make a wavy path with the pen tool and put some type on it. Kern the worst letter spacing in that type.

type on a wavy path

5 Photoshop Basics

Unlike Illustrator, Photoshop uses a bitmap (made of squares) description of an image. This method is great for what we call continuous tone images—images that do not contain lines and fills, but instead gradations of tone and color. Photographs are a good example of continuous tone images. Many tools and techniques in Photoshop are derived from concepts long used in traditional photography and darkroom techniques.



Because Photoshop's basic method of drawing is completely different from Illustrator's, the tools work in very different ways. Fortunately, however, many techniques learned in Illustrator still apply.

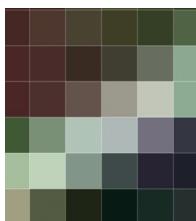
Pixels

In your web browser, find an image (not a thumbnail image) that you like. Click and hold on it, then drag it to the desktop. Now drag the icon for that image (the image file) over the Photoshop icon to open it in Photoshop. You could also open it in Photoshop by control-clicking the file and choosing Photoshop.

Not all images allow dragging to copy. If it doesn't work, try another website.

As you did in Illustrator, use the zoom tool to magnify the image many times. You should see a couple of things. First, the image is composed of squares—these are called **pixels**. Each pixel can be only one color (if they appear to contain more than one color





Images in Photoshop are called *continuous tone* since they do not have definite lines.

then it is an optical illusion called an adjacency effect). These pixels are the basic building blocks for an image, and all bitmap images are composed entirely of these and nothing else.

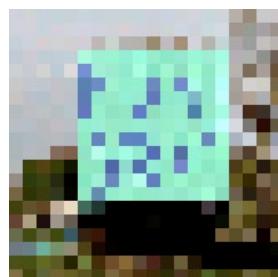
The second thing to notice is that there are no lines or objects in Photoshop. What may look like a line, such as at the side of someone's face, is actually just colored pixels that transition to differently colored pixels. This is important. It is a fundamental difference between Photoshop and Illustrator.

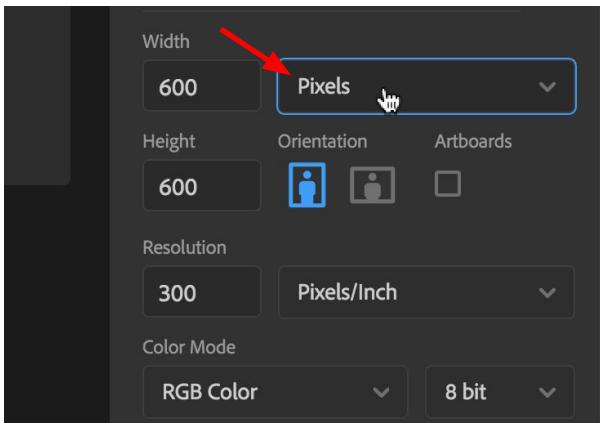
New Document

Close the image you have open in Photoshop and open a new document (File > New). Even though you will probably rarely open a blank image like this instead of a photograph, a blank document will help us to see the basics of the application.

Unlike Illustrator, Photoshop has no *page*, only those little pixels that make up an image. The more pixels there are in an image, the smaller they will look. To use an analogy presented earlier in this book, we should have graph paper with very small squares (pixels), hence a lot of squares.

The same image with 400 pixels (left) and with 4,000 pixels (right).





The new document box

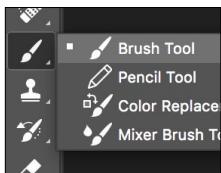
For your new image, specify an image of 600 pixels by 600 pixels. This is plenty of pixels for now. The number in the resolution box does not matter at all for now. For color mode, choose **RGB Color**. This stands for Red, Green, and Blue, and these are the colors that Photoshop likes best—more about this later. Also choose **8 bit**. Bits determine how many colors each pixel color could be chosen from. Images with more than 8 bits have more color information possible for each pixel, but we wouldn't see it. Let's start with a document filled with white pixels (it has to be filled with some color of pixels), so set the background contents to white.

When you click *Create* you will get a window with a white square. This is called the **canvas**. In Photoshop, there is no pasteboard—the canvas is full of pixels we can change, the area surrounding it is... well, just the area surrounding it and has no functionality.

Although not important, it is interesting to note that a 600 x 600 image has 360,000 pixels. That is a lot of those little squares of color.

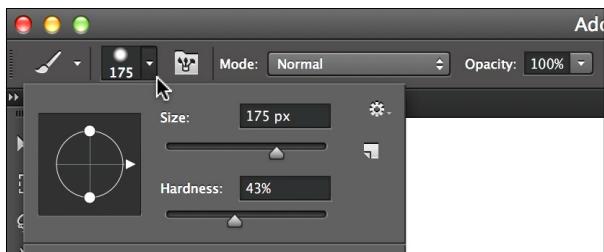
Feel free to take a break from this book to experiment with the tutorials in Help Menu although these will be more helpful later.

Brush Tool & Options



Let's treat Photoshop as a painting program for a little while. Choose the brush tool that is about a third of the way down in the tool panel (make sure you have the brush shown at left). Now look at the options panel, which is the horizontal ribbon over the top of the window. Like Illustrator's properties panel, this top ribbon changes according to the tool you have chosen.

The options panel changes according to which tool is selected.

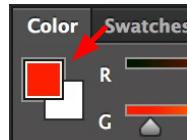


Many of the options are the same for different tools, so let's look at these in detail. The most important options are in the second box from the home icon on the left. Clicking on this will give you a pop-up menu which allows you to change the size of your brush (set it around 30 pixels), the hardness (or fuzziness) of your brush (set it somewhere near the middle), and the shape of your brush (leave it a circle).

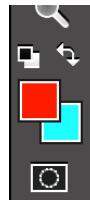
Now set the **mode** of your brush to *Normal*. The mode determines how the color is applied. The **opacity** and flow of the brush is how dark your paintbrush will paint. 100% on both is good for now. Paint a few lines, then change the size and hardness of your brush and paint a few more lines.

Color Selection

Change the color of your brush by going to the color panel (Window > Color if it is not showing). Make sure you select the foreground color by clicking on the top left square in the panel. Make a few more lines with different colors. You can also change the color by clicking on the color chip near the bottom of the tool panel.



The background color in Photoshop is not really a background, but instead a secondary color. There is no real 'background' in Photoshop, only pixels of different colors. Change the background color to something other than white by clicking on it—this time at the bottom of the tool panel. Now click the tiny double arrow right above the color chips in the tool panel. The background and foreground colors switch, allowing you to paint while having two colors handy. If you hover your mouse over the double arrow and pause you will see that the key command to switch colors is 'x'. Even handier. While we are looking at these color chips in the tool panel, notice the small squares next to the double arrows. These reset your colors back to black and white. Photoshop does not assume you will usually be painting in black and white—these 'colors' do additional things as we will see later.

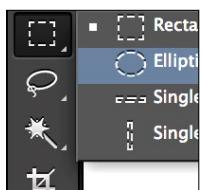


Selections

In Illustrator we had objects to select, but as we have seen, Photoshop has no objects. So, obviously selecting is quite a bit different. Choose the **rectangular marquee** tool and drag a box with it within your painting of lines. You should see a rectangle of 'marching



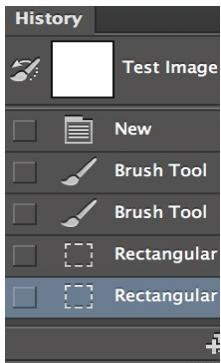
ants'. Within that box the pixels are selected, outside they are not. With the zoom tool magnify the view on one of these borders to see how the selection lies between pixels, then double-click on the magnify tool itself to bring the view back to 100%.



Now choose the **move tool** at the top of the panel. Click and drag to move your selection. Notice that the area where you moved your selection from is now filled with pixels the color of your background color. Select something else and move it. Copy a selection by holding down the option key while dragging (remember from Illustrator?). What happens if you hold the shift key while dragging? Also make a selection using the **elliptical (oval) selection tool**. What will happen if you make an oval while holding down the shift key?

History Panel

Pushing 'command-z' (or Edit > Undo) undoes the last action you did, and additionally holding down the shift key redoing the action (it also does this in Illustrator). Photoshop has a **history panel** (Window > History). Experiment with it. The camera icon at the bottom of the panel is very handy, allowing you save multiple versions of your progress that you can go back to or compare with each other.

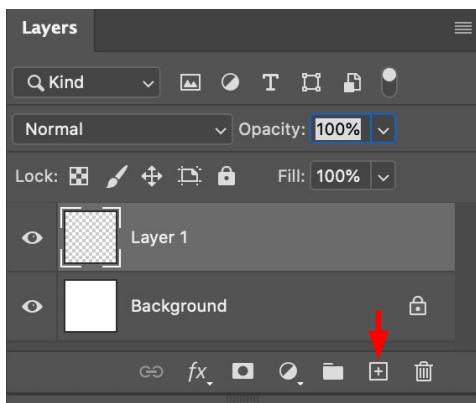


One thing that might take getting used to is the fact that there is not a set number of steps that show up in Photoshop's history panel. How many times you can step back depends on the number of pixels in your

image and how much memory Photoshop has available. If you are working on an image that has many pixels (many more than 600x600) then the program can start slowing down significantly (students sometimes make images with a gazillion pixels in them by mistake).

Layers

In Illustrator we saw how making an object over another object made a 'stacking order' where you could bring things forward or back. In Photoshop anything you make actually changes the pixels, and so obliterates anything under it. You can keep the pixels under the new pixels by using the **layers panel**.



Button to make a new layer (arrow) and new layer (selected) with transparent content.

In the layers panel (Window > Layers if not showing), click on the new layer icon at the bottom of the panel (red arrow in the illustration). Like laying a clear piece of glass over your drawing, this will enable you to make a new drawing 'over' your previous one (which confusing enough is called the *Background*)

layer). In the layer panel this new layer will show up with a checkerboard as an icon, which is Photoshop's way of telling you it is transparent.

With this layer selected (highlighted), make sure there are no selections by going to Select > Deselect. Now draw some lines over your previous drawing, then click the eye next to layer 1 to hide or show the layer. You should see that you have actually made two Photoshop images, one on top of the other.



The bottom 'layer', called the background, cannot be moved.

With the **opacity** setting at the top of the *layers panel* you can also set that layer's transparency so that you can see through it in varying degrees.

Make new layers and draw on them. Draw on each layer by clicking the layer you want to draw on by choosing it in the layer panel. Whatever layer in the layers panel that is highlighted is the layer you are modifying.

You can delete layers by selecting them and clicking on the little trash can *at the bottom of the panel* or by dragging the layer icon to that trash icon. You can change the *stacking order* of the layers by dragging the icons in the layers panel up or down. The layer at the top is always 'over' the other layers in your image. When you are done with your layers you should incorporate them into your image by going to Layer > Flatten Image. Just to keep things simple now.

Illustrator also has layers, and they work pretty much the same as in Photoshop, so now you also know something else about Illustrator!

Getting Images

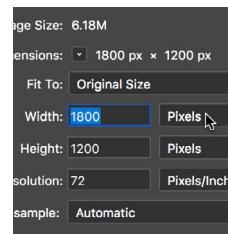
Up to this point we have been making things from scratch in Photoshop. Although some people make a living doing this, it is much more common to use the application to edit photographs.

Almost any photographic image can be opened in Photoshop. You can get one from the web (as at the beginning of this chapter), from your digital camera or scanner, or just open something someone sent you in an email. Either go to File > Open in Photoshop, drag the image file onto the Photoshop icon, or hold down the control key while holding the mouse down on a image file and choose *Open With* and then *Photoshop*.

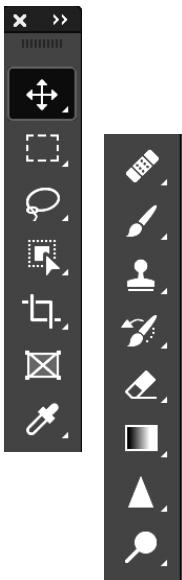
Go ahead and open an image file in Photoshop. Each image that you open will have a different pixel dimension, and the number of pixels is very important. For now, go to Image > Image Size, check resample, and see the number of pixels you have (you may have to change the units to pixels). If either dimension is less than about 100, then your image is probably very small, or to put it another way, the pixels will be too big, so you should find another image.

If, on the other hand, either dimension is over 6,000 pixels, then your image is too big, and the sheer number of pixels may be unnecessary and bog down the application. So, you should choose a different image. If you do an image search in Google it will tell you the size of an image when it is selected, and you can also specify general pixel sizes to search for (with the *Tools* button at top).

You can drag an image onto an open Photoshop window, but don't. It makes it into a different kind of image.



Make a habit of looking for 'pixels', not 'inches' in Photoshop. Don't get them confused!!

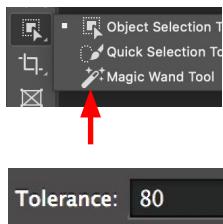


Assuming you have an image which is just right, let's look at a few things. Just like in Illustrator, you can zoom in or out of your image by holding down the space and command (or option) keys (assuming Siri is off). If you are zoomed in, you can hold down the space bar to drag around the view. Zoom in close enough to look at the individual pixels that make up the image. Zoom back out to see how those individual pixels make the illusion of continuous tones.

Now look at the tools again. We are going to be most concerned with the first two groups (see illustration) of tools. The first group of tools are the move and selector tools, and the second group are the tools that actually change the color of pixels. These are the editing tools.

Magic Wand Tool

It is a quandary that a Photoshop image has no objects to select, but usually we really need to select things we see as objects. But since these things are usually defined by their color and tonality, we have a number of selection tools that allow us to pick pixels which are of similar color and tonality and leave other ones alone.



The tool with which we can best see how this works is the **magic wand tool** (associated with the object selection tool). If the **tolerance** (in option panel) is set to 1, this tool will only select the color (and tone) where you click. But in a photograph, one color usually doesn't go very far (zoom up close to what ap-

pears to be one color and you will see that the pixels are usually composed of several colors).

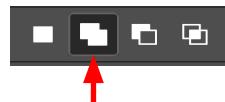
If you set the tolerance to a higher number you will see that the higher the number, the more pixels close to that color will be selected. Checking the box labeled '**contiguous**' is usually a good idea since it will limit the selection to those pixels which actually touch each other, rather than any pixel in the image that happens to be close in color.

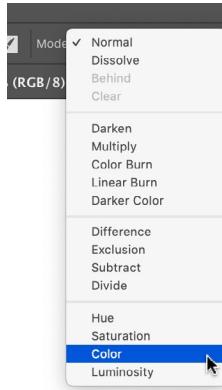


Using the magic wand tool at tolerances of 40 (left) and 80

Click around your image changing tolerances to see how this works. As in most Adobe number boxes you need to hit the return key after you enter the number. You will also notice that making any selection deselects your last selection. If you would like to add to your selection, click on the second box on the left of the options panel (or hold shift), and if you would like to subtract from your selection choose the third box (or hold down the option key). If you would like your selection to be a little smoothed at the edges, then click the option labeled *Anti-alias*.

Whenever you have a selection in Photoshop, any action you do will only effect that selection. Choose

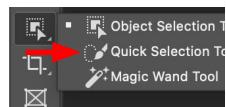




the brush tool and paint over a selection and you will see this. Now change the (brush options) mode from *Normal* to *Color* in the pull-down menu—the brush will only change the color within the selection, not the tonality (darkness). Remember to set the mode back to ‘normal’ when you are done. Copy your selection using the move tool and holding down the option key while you drag it to see how that works. When you are finished with your selection, go to Select > Deselect.

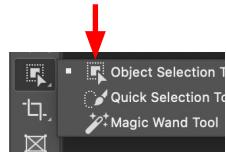
More Selection Tools

Making selections is very important in Photoshop. Although the magic wand tool and the shape tools (such as the rectangle and oval) are straightforward and help you to see how things work, they are rarely the best tools to use when making selections.

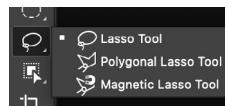


The **quick selection tool** is probably the most useful selection tool. With this tool choose a brush size in the options panel (as you did with the brush tool), and ‘paint in’ your selection. The tool will attempt to find the line where colors change and conform to that line. If the selection goes beyond where you want it to, click in the options panel on the icon with the brush and the minus symbol to paint the selection back out (or just hold down the option key while painting), then go back to the plus icon to add it back in if you need to. By going back and forth like this you are actually teaching Photoshop what the object edge you are selecting looks like. The more you go back and forth, the more accurate the selection will be.

The **object selection tool** is the most automatic of the selection tools. Just drag a box completely around an object and it will puzzle out what you want to select. And sometimes it is correct. Notice the other options in the options panel, such as making a lasso instead of a rectangle. You can also switch to another selection tool such as the quick selection tool to refine your selection.



The **lasso tool** is one of the crudest selection tools, but also one of the quickest. This tool doesn't look at the colors and tones in an image, but just selects along the line that you draw with it. The **magnetic lasso tool** does much the same thing, but attempts to 'snap' to color changes close to where you are drawing.



Each of these tools has a use, and there are actually more ways of selecting and refining a selection that we will get to later.

While not exactly a selection tool, the **crop tool** is worth explaining here. Basically you just draw a box around the part of the image you would like to keep and hit the return key. The outside parts of the image are consigned to the ether (gone). In the options panel you can also size your image while cropping it, which is more useful to do after we learn about sizing images.



It should be clear that you can also drag the outer edges of the crop box.

Clone Stamp Tool

With all of the editing tools, if you have a selection, the tool only works within that selection. So let's



One click to do two things is rather un-intuitive.

Just re-read this paragraph while doing it until you get it.

If you would like the same source with each click in different areas you can uncheck

Aligned in the options panel.

make sure we do not have a selection by going to Select > Deselect (you will probably want to learn the key command for this—in the menu, remember?).

Choose the **clone stamp tool** (also called the rubber stamp tool). What the stamp tool does is take information from one area of the image and paint it on another area. First, while holding down the option key, click on the area you want to take from. This sets the **source**. Now with no key held down, click where you want to paint and start painting. This second click does two things: First it sets your **destination** (relative to your source) and secondly it starts painting. If your brush is too big or too small, change the size (and hardness) in the options panel.

Once you set the destination with that first click, the source and the destination are locked together until you set another source. Experiment with this. If you have two images open (or more than one layer in one image) in Photoshop you can actually set your source at one image or layer and your destination at another. The clone stamp tool is a very good way to not only put another eye on your friends' foreheads, but also to clean up parts of images, such as wires in the sky, trash on the grass or ex-girlfriend in the photo. There are some ethical considerations relating to Photoshop.

Image Adjustments

Perhaps the most basic and commonly used Photoshop techniques are adjusting the brightness, contrast, and color of images. With any image you work

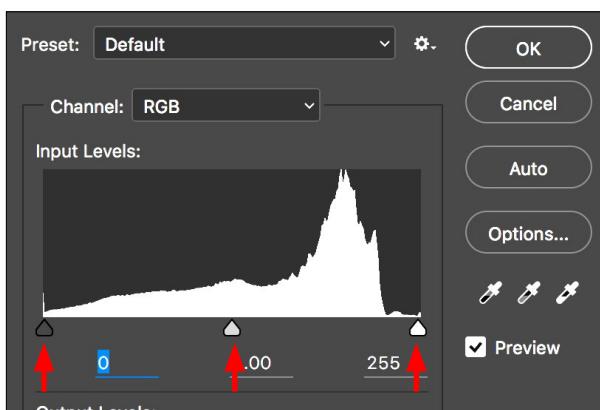
on you should at least consider the possibilities of modifying these.

With an open document, go to **Image > Adjustments > Brightness/Contrast**. With preview selected, adjust your image. If you have a selection it will only work in the area of the selection, but if you have everything selected or nothing selected your entire image will be adjusted.



A more flexible alternative to brightness and contrast is to go to **Image > Adjustments > Levels**.

In the main window of this panel there is what looks like a mountain(s). This is called a **histogram**, and it is actually a map of the different tones in your image. At the left are the darker areas, and at the right are the lighter areas. The height of the mountain is how many pixels there are of a certain tone.



These adjustments can be done with *adjustment layers*. These can be found at the bottom of the layers panel, but right now they can complicate learning about layers.

There are 256 tones (brightnesses) to an image. Each is numbered 0 through 255.

By dragging the small triangle sliders directly below the histogram you can *remap* the way these tones

Gamma can be described as how heavy an image looks.

Using selections with image adjustments is a very powerful way to adjust the way images look.

look. Drag the right slider to make the light areas lighter, and drag the left slider to make the dark areas darker. Generally you first put the triangles near the bottom of the mountains. After you do this, drag the middle slider (called the gamma) back and forth until the image looks good (you may have to go back and tweak the other sliders after you do this). In all Photoshop requester boxes click *Preview* so that you can see the results as you adjust.

To adjust the colors of an image, go to **Image > Adjustments > Color Balance**. Even though there are only three colors you adjust directly, these are all that is needed to adjust *all* the colors in your image. Notice that there is no way to make an image more yellow and more blue at the same time. Yellow and blue are opposites in Photoshop and in real life. Remember that if you would like to change only one part of your image, make a selection first.



Sizing Images for the Screen

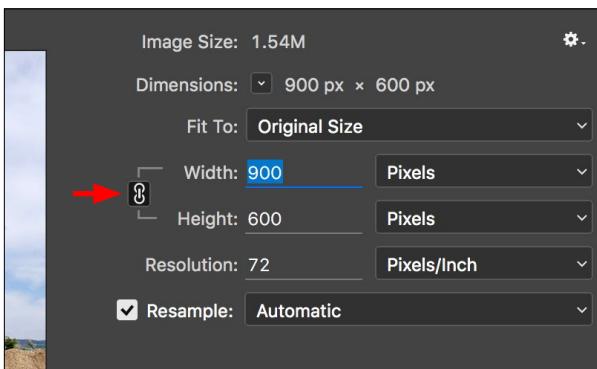
At the top of your document window you will see a percentage. Unlike in Illustrator, this is very important in Photoshop. At **100%** your image is the size it

5-03.jpg @ 100% (R)

will appear if saved and viewed in almost any other application destined for the computer screen, including web browsers, emails, and presentations.

To adjust this image size for screen viewing, go to **Image > Image Size**. For screen viewing we are only concerned with the pixel dimensions—it does not matter at all what the inch or other size is, since this refers only to printed documents or saving for inclusion into other applications (such as Illustrator).

Computers do have differing resolutions, which complicates this somewhat.



You should always make sure the proportions are locked (see red arrow above) when resizing an image. It is the equivalent of holding down the shift key when resizing an element in Illustrator. Without constraining proportions your image will stretch and distort. If you do need a long rectangle from a square image, go back to the crop tool. If that doesn't work, find a new image!

Resample is a fancy way of saying 'change the number of pixels', so without this checked we wouldn't be able to do what we need to (so check it).

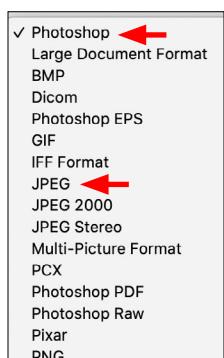
Screen sizes and resolution are somewhat oversimplified here.

Never add pixels!

Now change either the width or the height of the pixel dimensions. If your resulting image is too large at 100%, undo your image size and enter a smaller number. You have to get used to pixels as a measurement. Screens have different sizes and resolutions, so inches or any other measurement units really don't apply when talking about screens. A small screen (like on a tablet) is 1024 pixels wide by 768 pixels high.

Adding pixels to an image when resizing is almost always a very bad idea. Think of it this way: if you had an image that was 5 pixels wide and 5 pixels high, then you would have a total of 25 colored squares—maybe only enough information to convey a rough letter or number, but not much else. Now imagine scaling this image to 500 pixels wide and high. There is no place for Photoshop to get more information, so it would be stuck with the very little information in the original image. And since it would be bigger, it would look worse! Just like spiders. The same thing happens whenever you add pixels to an image. So don't.

Saving an Image



When you save an image you opened from somewhere else, go to **Image > Save As...**. You should save your image in one of two formats: Photoshop or JPEG (in the format box choose the shortest name of either option).

Photoshop is the best format to save in if you want to retain everything about your image. It will save your layers (and other things we have yet to get to) and every bit of quality you have.

If you want to send your image to someone else, then **JPEG** is probably the best option. These are small files that send quickly, and they can be opened in any application that accepts images, including email, presentation, and web applications. The downside is that JPEG compresses the information in the image, so you lose some quality, and you also lose any layers you may have.

Also, when naming an image, keep the file format suffix that Photoshop adds (.jpg or .psd). Changing this suffix or taking it off can sometimes lead to problems.

Changing a File's Application

Often a file type such as a JPEG will not open in Photoshop when you double-click it, but another application instead. Here is how to get all of your JPEGs (or other formats) to open in Photoshop:

First, deactivate Photoshop by clicking on the desktop so *Finder* is the name in the menu bar at the top left. Find a JPEG file, click once on it to select it, then go to *File > Get Info*. Change the *Open with* name to *Photoshop*, then click *Change All...* and agree to the nagging box that shows up.

Now, all of your JPEGs will open in Photoshop when you double-click them. This will become even more important later on when we are editing in Photoshop directly from other applications.

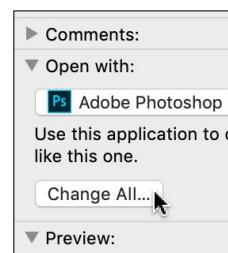
Transform

One last technique will go a long way in helping you play with Photoshop to learn more. Either make a se-

When you save a JPEG you can choose quality and large file size or visa-versa.

The PNG format is also very useful for many things.

This only applies to Apple computers.





As Adobe makes changes to these applications, it would be a good idea to verify if holding the shift key locks proportions or unlocks them in any circumstance.

Photoshop makes a new layer when you paste an image.

lection on an image or select the whole image, then go to Edit > Free **Transform**.

As you move your cursor around the edges of the selection you will see either a rotate cursor hint or a resize cursor hint. When you see those hints, click and drag to make your selection rotate or to make it bigger or smaller. When you are done, either press the return key or double-click to set the transformation. In somewhat typical Adobe confusion, holding down the shift key when you are scaling actually *allow* you to stretch the image, so in this case do not hold it down.

Making a selection bigger will decrease its quality, so avoid doing it. Also, if you have a selection that extends past the canvas, you may need to make the canvas small in the window so you can get to the edges of the selection.

You should also notice that below the Free Transform menu item, there is another Transform menu item. From the sub-items in this menu you can also scale and rotate, as well as perform other transformations.

One common use for transform is to scale images which are copied from one file and pasted into another. Try it: Open two images in Photoshop, then select one entire image and go to Edit > Copy. Activate the window of your second image and go to Edit > Paste. Immediately go to Edit > Free Transform and scale the image you just pasted.

Panels

In Illustrator we used the properties panel for everything. In Photoshop you may have noticed that the properties panel is mostly only good for taking up screen space, and you need other panels. Bringing up dedicated panels in Illustrator will also become important, so now is a good time to deal with panels.

Review several things to manage panels. First, collapse a panel by clicking on the >> symbol on the panels top right. Click on the symbol (now <<) again to expand the panel.



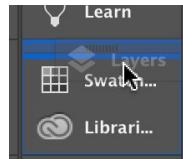
Roll your cursor to the vertical division until you get a double arrow and drag. Try this with the panels collapsed and again when they are expanded.



Now double-click on the name tab of a panel. This will collapse or expand the panel.



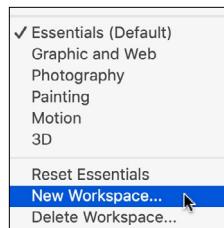
Drag the tab of the panel around the screen. If you move it out of the panels, it will stay on the screen where you drop it, and if you move it into the panels it will allow you to put the panels in the order and groups you find most convenient.



You can save the order of your panels by going to Window > Workspace > New Workspace... As you advance in other Adobe applications this panel management will become more important.

Getting Out of Trouble

Now is a good time to get some images and explore the techniques we have been going over. Also experi-



ment with some things we have not gone over. One of the problems with doing this is that you may get yourself into a blind alley until you know more. On this and the next page is a list of things to look at if you are stuck in the program and nothing seems to work right. You may want to bookmark these pages, as they are the most common botherations.

Photoshop Trouble?

1. What is the magnification (at the top of window)?

If your magnification is something less than 20% when the image fills your screen you may have to go into Image > Image Size to reduce the number of pixels.

2. Are you in Greyscale or RGB (top of window)? If you are in greyscale, you cannot add color to an image. Go to Image > Mode > RGB to correct this. If you are in Index Mode you might also have problems. Change the mode to RGB.

3. Are you in Quickmask mode (top of window)? If the only thing you can paint is red, then you are probably in quickmask mode. Click the next to the last icon at the bottom of the tool panel to get out of it.

4. Do you have very small marching ants (sometimes you cannot see them)? It is not unusual to have such a small selection that you don't see it, and since if you have a selection, Photoshop will only act on it, then it will seem like you can't do anything. Go to Select > Select None.

5. Do you have a minuscule or huge brush (brush panel or options bar)? Strange things will seem to happen if your brush is very big. It can easily surpass your canvas size!

6. What layer are you on (look in layers panel)? It is easy to attempt to adjust an image with the layer that doesn't have anything on it.

7. Is the layer set at normal mode and full opacity (layers panel)? If your layer is set to a very low opacity, or on a mode that won't show up, all the changes in the world won't seem to do anything.

8. Are tool options set at normal mode and full opacity (tool options palette)? Like with layers, if you attempt to paint with a brush that is set to a low opacity, nothing will seem to be happening.

9. Are the preferences set correctly (in File > Preferences)? As with Illustrator, Photoshop behavior is governed by Photoshop > Preferences. Take a look at these when something is not working right. As a matter of fact, take a look at them anyway.

10. Are you in the middle of an operation? If you are in the middle of transforming an image or cropping, you may not be able to do anything else until you hit the escape (or return) key.

Chapter 5 Review

Pixels

concept of pixels (each one color, one color only)
pixels as building blocks of an image

New Document

opening new image; pixel size, color mode
no page, but canvas

Brush Tool & Options

brush size, hardness, mode, and opacity
foreground & background color chips

Selections

selecting part of an image with rectangle or oval
moving and copying selections

History Panel

using the history panel to step back, memory issues

Layers

using layers to draw one image over another
making new layer
moving layer order, deleting layer, flattening

Getting Images

getting images from various sources
opening images in Photoshop
using zoom and grabber tools, keyboard shortcuts

Magic Wand Tool

setting tolerance and extending selections
using return key when entering numbers

More Selection Tools

quick selection, object selection tools
lasso and magnetic lasso tools
crop tool

Clone Stamp Tool

option-click to set source, click to set destination
using between images and layers

Image Adjustments

histogram as a map of your image
changing light, dark, and medium tones
using color balance to change color of an image

Sizing Images for the Screen

viewing images at 100% (actual size in pixels)
locking proportions
using pixels as measurement
resample = changing the number of pixels
never sizing an image to have more pixels

Saving an Image

Photoshop and JPEG file formats

Changing a File's Application

what application opens when double-clicking

Transform

Rotating and scaling selections

Panels

Managing panels in Adobe applications

Chapter 5 Quiz

Find an interesting image which is over 500 pixels wide from the web (if you do a Google search, make sure you don't grab the thumbnail, but instead the larger image you see after clicking the thumbnail).

Crop the image to make either a very tall or wide composition.

Using selections, do several things we have covered to parts of the image, such as painting on it or changing the levels.

Do something to the sized image that hasn't been covered in this book. Look around. You will find something.

Save this image as a JPEG file with as small of a file size as possible without losing too much quality. Use the preview option in the JPEG dialogue box to pre-view the quality.

Combine two images using layers. Reduce the opacity of the top layer to 'see through' it. Size the resulting image down to make the image fairly small when viewed at 100%.

Save image as a Photoshop file (.psd) so that your layers remain intact.

Chapter 5 Practice

Find some images to work with, either from your own camera or on the web. A good website for images is: theatlantic.com/photo. The image sets there are very high quality, and the site is well-curated.

1. Generally muck about, combining images and doing things you have learned with selections. Don't worry about quality—just have fun trying to use the techniques.
2. With the clone stamp tool put someone's head on someone else's body (always a hit). Make sure both images you do this from are sized accordingly so that they are the correct size relative to each other at the same magnification (percentage at top of window). Remember that you can set your clone stamp source in one image, then go to another image to set the destination.
3. Select things in images a variety of ways using the selection tools you have learned. Which way works the best for which type of situation? Try to alter the levels and color in just the selections. See how dramatic you can make a photograph using this technique.
4. Make selections, copy them, and paste these selections on other images. Use transform to scale or rotate the selection if you need to.

6 Photoshop Layers

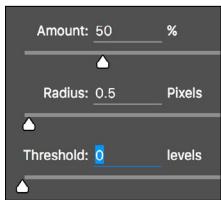
Because you can do multiple operations in sequence to get different effects, the true bounds of Adobe Photoshop are as elusive as what one could do in a traditional photographic darkroom. In this chapter we will look at a few new things and look at layers in more depth.

The View & Filters

Photoshop needs screen space. Since we don't all have multiple large monitors, we need to be able to maximize what we do have. Open any image. Pressing the 'f' key cycles through different view modes to get rid of the clutter of the window frame so you can concentrate on what you are working on. Combined with this is the tab key, which toggles the panels on and off.

Just like in Illustrator, zooming in and out of your image is also important. Double-clicking on the zoom tool itself lets you see the image at 100%, which is important when you want to see how the details of the image look. Generally images should also be assessed at 200% to see if they need sharpening. If your image needs **sharpening**, go to Filter > Sharpen > Sharpen. Sharpen several times to see if it needs more than one 'pass' and to see what happens if you over-sharpen. Remember to always sharpen with the image at 200% or more to view to see the effect.

There are many ways of zooming in and out of an image in Photoshop. Get used to quick web searches if you are not already.



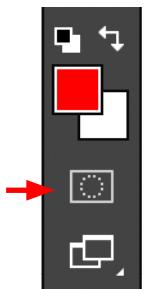
Changing the magnification and area of an image in Photoshop is very important as you work. There are more ways of doing this that you will find are better for the way you work.

If you need less than one pass of sharpening, you can go to Filter > Sharpen > **Unsharp Mask**, and enter an amount of 50% and a radius of 0.5 pixels. This is roughly equivalent to half of a sharpen pass. With *Preview* checked you can see the results of entering different numbers for amount and radius.

Double-clicking on the grabber tool fits the image on your screen so that you can see the whole image at once. This is useful when you want to do things like adjust levels or color. While you are in this view, use some of the other filters (the filter settings used last are listed at the top of the menu). Many of them are fun, and some can be very useful. The **filter gallery** (Filter > Filter Gallery) lets you apply a wide range of filters from one window.

Quick Mask & Saving Selections

As stated before, making selections is very important in Photoshop. There is another way of selecting that is very useful. With an image open, make a selection using any of the ways that we have covered and leave it selected. Now click on the second to the bottom icon in the tool panel. Your image should now have a red overlay where it is not selected and no overlay where it is selected. The red is called a **mask** and we are in the **quick mask mode**. This mask is like a paper mask you would use to block the paint when spray-painting.



Also notice that any colors you may have had in the tool panel's color chips (or in the color panel) have now turned to black and white. With the brush tool

(be careful to select the icon with just the paint brush) *paint out* some of the selection, then exchange colors (little double arrow or the 'x' key—remember?) and *paint in* some of the selection. When you are finished, click again on the quick mask tool to show the selection in marching ants again. You will see your painting changed the selection. With quick mask you can easily modify a selection to get it just right. You will definitely want to modify your selections with the view at least at 200% or usually even greater.



If you had a rather large and soft brush when you were painting in quick mask mode you may have noticed that your selection had soft edges that disappeared when you went back to marching ants. Those soft edges in the selection are actually still there. Selections do not have to be either selected or not—they can have edges (or other parts) that are partially selected.

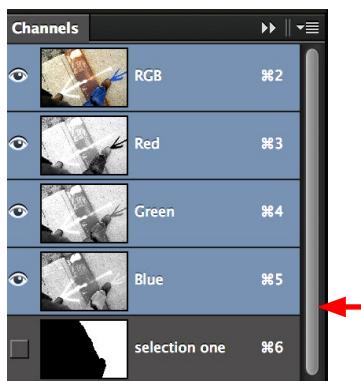
Paint in quick mask mode with your brush set to 50% opacity or with a grey color. The areas where you paint are actually half-selected. When you toggle out of quick mask mode the marching ants will only show in areas that are more than half-selected. If this makes your brain hurt, don't worry, it only deserves a mention.

Hopefully you can see that making selections may involve quite a bit of work. Fortunately you can save them. With an area selected (and not in quick-mask mode), go to Select > Save Selection... Now name your selection and hit OK. Your selection is part of

the document, and if you save your image in Photoshop format (not JPEG) it will be there when you open the file again. To bring your selection back, just go to Select > Load Selection (choose yours in the Channel pull-down menu). You can save as many selections as you need to.

Selections are actually black & white (grayscale) images called **alpha channels**. With a selection saved, open the channels panel (Window > Channels.)

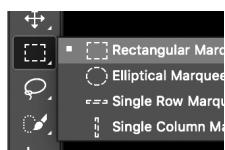
A selection at the bottom of the channels panel. An RGB color image is actually made up of 3 black & white images. These are called channels.



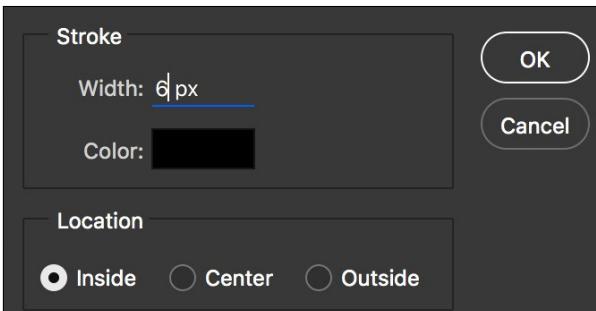
You will see your selection near the bottom of the panel. You can actually edit this selection 'image'. If you understand this, some things later on will make a little more sense.

Fill and Stroke

Some things that are obvious in Illustrator are not as obvious in Photoshop. Lets make a rectangle the Photoshop way. First drag out a selection in the shape of a rectangle. Now go to Edit > Stroke.

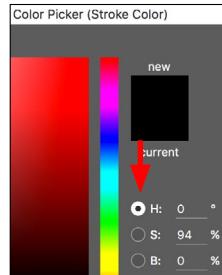


The resulting box is where you make a stroke around your rectangle. You have to experiment with how many pixels translates to what width of stroke—it depends on how many pixels your image is. The more pixels there are in your image the more width you will need for your stroke. Remember that the command + z keys undo the last thing you did.



In the stroke box you can change the color of the stroke by clicking on the color in the color area. You will then see a **color picker** which is fairly common in Photoshop. There are different ways of selecting colors in this picker. Use the most convenient by clicking on the 'H' radio button shown in the illustration (if it is not already chosen). This allows you to choose the hue (color) by dragging in the long rectangle, then the brightness and saturation of that color in the large square box. Click 'okay' when you are done, then 'okay' again to apply the stroke.

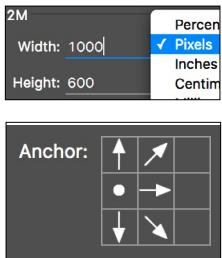
You can change the fill in your rectangle by going to Edit > Fill, and change the Contents to *Color*. You can apply a fill and stroke to any shaped selection. However, unlike Illustrator, you cannot edit the stroke or



Try changing the way you pick colors by selecting a button other than the 'H'.

the fill later. They replace the pixels behind them unless they are on a different layer.

Canvas Size

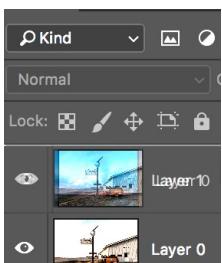


You can also use the crop tool to extend the canvas size.

You have probably noticed that if you try to paint or copy a selection to anywhere outside the borders of your image nothing happens. To extend the area where you can work, otherwise known as your **canvas**, go to **Image > Canvas Size** and change the dimensions of your canvas either in pixels or percentage. You can also specify where that space is added to your present image with the buttons below the size.

More Layers

Now that you have a better understanding of Photoshop, it is a good time to revisit layers. Open two images in Photoshop. Now with one of these images, select everything (**Select > All**) and copy the selection (**Edit > Copy**). Activate the other image by clicking on its tab at the top of the image, and go to **Edit > Paste**. You will now have two layers with each image on a separate layer.



Go to the layer panel, and notice that your first layer is labeled *Background*. This is actually not a true layer, so let's make it one by double-clicking on the representation of the layer in the layers panel. Let the name of the layer be *Layer 0*, and hit return or the *Okay* button. In the layer panel drag the strip that designates layer 0 over layer 1 until you see a line above the layer strip. Looking back at your image, the image contained in layer 0 should now be visible over the image contained in layer 1.

Now with your top layer selected in the layers panel, go to Edit > **Free Transform**. Here you can scale or rotate the top layer by positioning your cursor over a corner box or outside of a corner box (look at your cursor closely to see a hint on what clicking and dragging will do). Remember to *not* hold down the shift key here if you are scaling, otherwise your image will distort. Also don't scale the image larger. If you did, it would be the same as increasing the pixels when you adjusted image size. When you are done, press the return key (or double-click) to commit the transformation.

If the image on the layer you are transforming is much bigger than the original image, the transform box will be much bigger than your image. The best way to avoid this is to get the image you are going to add to another image approximately the same size (in pixels) before you copy it to the other image. Hav-



If your image to be transformed is much bigger than the other image, you could make both small in the view window to access the transformation handles.



ing both images open at the same magnification (in tab at the top of the document) will show you their sizes relative to each other, and therefore how big the image to be pasted will be when pasted.

Look at the other transform options by going to Edit > Transform. Here you have more control than in Free Transform. Remember that you must have a layer or a selection in order to transform. The transform menu items will be greyed with an un-selected background layer.

More options for layers are available by double-clicking a layer icon in the layers panel.



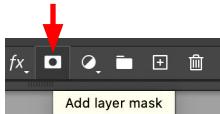
While you have an image with two layers, do something else. Make a selection on your top layer and press the delete key. When you didn't have layers the delete key filled the selection with the background color. Now that you have a layer it replaces the selection with transparent pixels. Hide the bottom layer by clicking the eye next to it in the layers panel. You will see that transparent pixels are indicated by a checkerboard pattern. This is the way Photoshop indicates transparent pixels. Try painting on the top layer with the eraser tool to make the pixels transparent. Paint with the options for the eraser tool set to 50% opacity (remember where to find them at the top of the window?). Pixels can have any degree of transparency.

The transparency of pixels is actually determined by a mask—either one you can edit, like the quick-mask we covered, or a mask hidden to the user. Masks are black and white (greyscale) images. Just so you know before we get to an incredibly useful type of mask...

Layer Mask

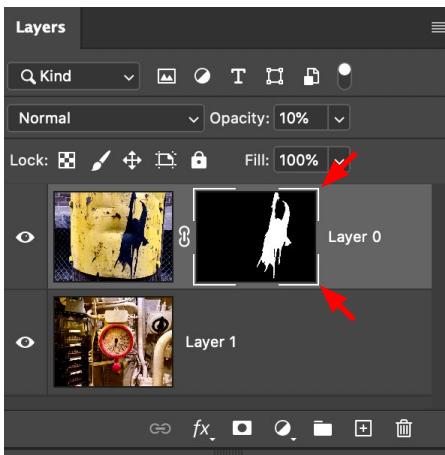
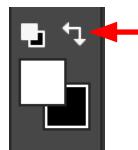
There is a lot you can do with combining layers in Photoshop. Deleting or erasing portions of the top layer using selections or the eraser tool are two ways of doing it, but there is a far better way, which is by using a **layer mask**.

Remember you can pause your mouse over a button to see what it does.



Like before, copy one image on top of another to make two layers (we probably want to start fresh here). With your top layer selected in the layers panel, click on the add layer mask icon (it looks like the quick-mask icon) at the bottom of the panel.

What this does is make a **mask** (much like a quick-mask) associated with that layer. Make sure the mask is selected by clicking on it in the layers panel (it will have brackets on the corners if it is—see the illustration below), and paint with the paint brush tool. You will notice that you can only use black, grey, or white (again like the quickmask). Change the foreground color to black with the exchange arrows and paint on the image. You will see that this ‘erases’ the top layer the same way that painting with the eraser tool did.



Layer mask on layer 1 showing brackets on corners of the thumbnail meaning that the mask, not the image, is selected.

The real power of using this method of erasing parts of a layer lies in the ability to exchange the colors and paint with white to ‘paint back in’ the layer. By going back and forth painting with white and black you can get exactly what you want in combining the layers. For practice do this on several sets of images.

You can also paint (or anything else) on the images themselves by clicking on the image thumbnail in the

If you get tired clicking the double-arrow, pause your cursor over it to find the keyboard shortcut (x).

layers panel. Make sure there are brackets around the image thumbnail that indicate the image and not the mask is selected.



If you save your image as a Photoshop file (.psd) then your layer mask remains intact for when you want to come back to it. If you are finished with your layer mask you can drag the mask thumbnail to the trash can at the bottom of the layers panel and choose to *apply* the layer mask. This will make the transparent parts permanently transparent pixels.

Type Tool



As we have seen, with the upper tools in the tool panel we can select and edit. The lower (not lowest) group of tools are vector tools, and work much the same as they do in Illustrator. But, as we have also seen, Photoshop is not a vector application, so working with these tools is limited and a bit awkward in comparison to Illustrator. At least for now.

The type tool is one tool you might find useful since it is sometimes easier to put type in an image in Photoshop, although it is usually better to add type in Illustrator. Type in Photoshop will only be as sharp as the image, and type looks fuzzy or pixelated at far higher resolutions than photographs.



With an image open in Photoshop, choose the type tool and look at the options panel. Here you can change the size of the type (pixels is usually the unit you want to use here), the color of the type, and other things. You can also open the character and paragraph panels here to have more options. By clicking

and typing or by dragging a box and typing, make a word or two, and you will notice that a new **type layer** is created in the layers panel.

A type layer in Photoshop behaves in many ways like any other layer. You can use the transform commands, move the layer's stacking order, etcetera. It is different, however, in that the type is still type, and it is able to be edited. Click on a layer other than the type layer to deselect it. Then double-click on the type layer's **icon** in the layer panel. The text (with point type) or text box (with area type) will be highlighted, your tool will change to the type tool and you can edit the text.

At this point the text is still text, and not pixels, so there is limited ways of dealing with the text in combination with your image. For instance, you cannot make area selections of your text like you have with other images. To make the text pixels and make the layer behave exactly like any other layer, go to Layer > **Rasterize** > Type. You can now no longer edit the text, as it is now a true Photoshop image. This is roughly equivalent to creating outlines in Illustrator—it changes the text to the native language of the application, which in Photoshop is pixels.

Since the type is now in pixels, it will have jagged edges if the pixels are not small enough. And since type naturally has much harder edges than a photograph or other illustration, these pixels will still show even when they are very small. For that reason, it is usually best to put the photograph into Illustrator and deal

As in Illustrator, clicking with the type tool makes point text, dragging a box with the type tool makes area text.

To *rasterize* an image means to change it into pixels.

with the text there. Which is what we will do in the next chapter.

One last note: I realize it might be tempting to drag a Photoshop file from the desktop into an open Photoshop window, but don't do it. This shortcut actually makes what is called a smart object. While these can be very handy later on, they are just confusing at this point.

Chapter 6 Review

The View & Filters

application frame and document tabs
screen modes, tab to get rid of panels
sharpen pass(es) and unsharp mask
filters & filter gallery

Quick-mask & Saving Selections

making and editing a quick mask
saving and loading a selection
concept of alpha channels

Fill & Stroke

specifying color (and stroke widths)

Canvas Size

extending the canvas in different directions

More Layers

two images on two layers
making background a layer
free transform
scaling, rotating (etc.) selections or layers
eraser tool and delete key to make transparent

Layer Mask

making and editing layer masks
selecting either layer mask or layer image
applying layer mask

Type Tool

making and editing type in Photoshop
rasterizing type

Chapter 6 Practice / Quiz

Scour the web or your own photographs, and collect several which have a lot of pixels (each over 1000 pixels in either direction). When you drag images from a web page, make sure you drag the image, not the thumbnail link to the image.

Finding more photographs as you need them, combine your images into different compositions using layer masks.

Your photo-compositions should each illustrate one of at least four of the following concepts:

- sadness
- surprise
- ugly
- extreme
- wtf
- red
- tangled
- alien
- stupid
- drastic measures
- black & white

Title each composition using Photoshop's type tool.
Choose appropriate type styles for each.

7 Images to Illustrator

Almost every well-designed print or web advertisement, poster, flier (etcetera) is designed in Illustrator. But the majority of these use photographs or other illustrations done in Photoshop. The real power of using these applications is using them together. In this chapter we will see how to correctly place Photoshop files into your Illustrator designs.

Image sizing theory is a very important part of this chapter, but don't worry if you just cannot understand it—there are step by step instructions to sizing images after the explanation.

Sizing Images Theory

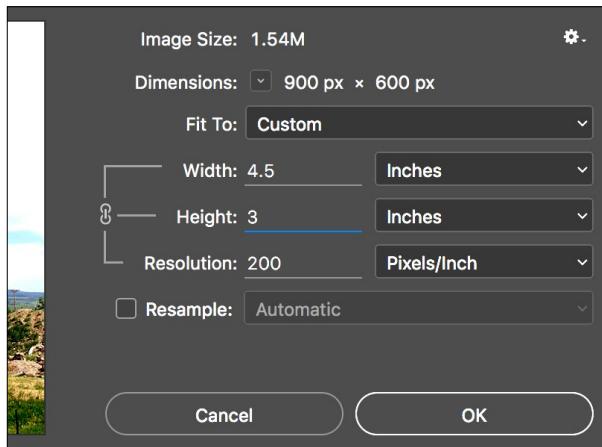
Before we place Photoshop images into Illustrator we must size them for print, since often times we want to print the document. Sizing images for print is one of the most difficult concepts to master, but is extremely important if you want high-quality images. And you do.

Open any photograph in Photoshop and go to Image > Image Size. When we consider image sizes for the screen, the size of pixels will always correspond to the 'pixels' on the screen, so we are only concerned with the number of pixels. Inches or millimeters do not exist as far as web or emails are concerned.

Even if you never do any project for print, learning how to use Illustrator for print will serve you well.

However, for printing, if the pixels are too large (another way of saying not enough pixels for the size of the image), then they will be seen by the naked eye, and the image will look bad. So we want to make sure those pixels are small enough. Adjusting the image size in inches (or millimeters, picas, etc.) is how we do that.

Remember: sizing for screen, check resample, sizing for print or another application, uncheck it.



To repeat:
Resample means
to change the
number of pixels.

The first thing you do when sizing images for print is un-check *Resample*. We do not want to change the number of pixels now since we want all the pixels we can have. Adding more pixels will many times only weaken the quality of the image.

If the units in the width and height boxes are not inches, change them to inches (or other units which are familiar to you). With screen images we were not concerned with inches, but now that we want something we can print we are.

In the **resolution** box, enter *200 pixels per inch*. This is the way you tell Photoshop to spread out its pixels so that there will be 200 of them for every inch of print (pixels per inch, or PPI). In general 200 is a good number to use, since there are not many images where you need more pixels per inch to have the pixels disappear.

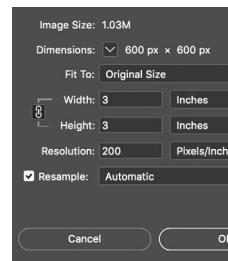
The more pixels there are, the smaller they will be. Think about it.

Some people will claim that number should be 300 PPI, and for many situations they are correct, and at the least it leaves some margin of error. But don't worry about that now—the techniques for image sizing remain the same no matter how many pixels per inch you need to end up with.

The width and the height will change when you enter 200 in the resolution box. Consider these the maximum height or width of your image. In the example above, that will make our image at most 3 inches in height (and 4.5 in width). If we want to have our image print larger we have to go to the hardware store and buy some more pixels. Actually, you can't buy pixels, so instead we have to find an image with more pixels if we want the image to print well.

Payne's Law states that the image you want from the web will not have enough pixels for its intended print size.

Think about the math that Photoshop is using to arrive at the dimensions. In our example the image is 600 pixels high. If we want to spread those pixels out so that there are 200 of these little squares per inch, it means that they will cover the distance of 3 inches. In other words $600 \div 200 = 3$. Without looking to see what Photoshop comes up with, what would the image size be if you entered 300 pixels per inch in the



resolution box? Well, if you want 300 pixels per inch, and there are 600 pixels, then you would get 2 inches.

If you are totally lost at this point, help in the form of steps to take is on the way. But you will be better served if you reread and understand image sizing.

Don't worry about copyright when using other peoples' images for your own education. Just don't distribute them in any way (like posting on the web).

Now look at your own image at 200 pixels per inch. Do the dimensions Photoshop's calculations come up with make sense to you? What we are doing here is not brushing up on your math skills, but attempting to understand this pixels and inches thing. For the purposes of this book $1/200$ of an inch is the size at which pixels disappear to the naked eye, therefore the dimensions of your image at this resolution is the maximum size it should be in Illustrator. If you made your image larger, the pixels would then be too big, and the viewer would see them.

This deserves an example. Let's say you want a photograph to cover an entire flyer which is 8 x 10 inches. You find the perfect photograph on the web and it is wonderful quality. But, it is 500 pixels high (let's leave off the width for simplicity). What happens if you spread those pixels over 10 inches is that you only get to have 50 pixels for every inch. In your resulting print a pixel that is $1/50$ of an inch will be very visible to the naked eye, and that wonderful looking photograph on the screen will look jagged and blurry in print. In other words, that photograph will not work for this situation. You will have to go find another image that has more pixels.

If you find that after you size one dimension of your image, the other dimension is too large, use the crop tool to make that dimension smaller. If the other di-

mension is too small, then resize your image using that dimension. Remember that there is no way to fit a square image so that it fills up a long rectangle without stretching (distorting) the image.



Image with not enough pixels (left) and with enough pixels (right).

If you find that you have a very large number of pixels per inch once you size an image, you can reduce the number of pixels by checking (!) the resample box and entering 200 or 300 pixels per inch. This will reduce your file size and have no impact on quality. Just make sure the lock icon (lock proportions) to the left of the dimensions is activated (dark box).



Sizing Images in Use

The previous section hopefully gave you some insight into how image sizing works. But, it is a difficult subject for most people, so on the next few pages are some steps you should follow (exactly!) to make sure your images are sized correctly. The related subject of sizing for screen use and copying and pasting in Photoshop is also included. You might want to bookmark these instructions. If you don't understand the theory, follow the instructions!

Use these steps to size a few images, and while you are doing that, try to understand what is happening

(as explained earlier in this chapter). Image sizing at heart is pretty simple, but dastardly difficult to explain and understand.

However you size images, make sure the size of the image on the screen doesn't get bigger after you enter the information.

If you do somewhat understand image sizing you can also enter your width, height, and resolution while using the crop tool. The options panel has places to enter the information (putting 'in' after the size tells Photoshop you mean inches). This might seem like a more direct way of sizing images, but it has the disadvantage of not having a way to 'lock' the resolution, so chances are good that a beginner like you will add pixels inadvertently and end up with pixels as big as your fist.

By the way, if you are getting images straight from a DSLR camera, there are generally enough pixels in the images to at least print well at the size of a sheet of letter paper if not even bigger. But of course having enough pixels isn't enough to make a bad photograph good!

Image Sizing Steps

Before sizing any image for print or screen

Find an image with the pixel dimensions you think are most appropriate for the size you need—you can always find another if it is wrong. If you are acquiring images from the web, simply drag them to the desktop and then open them in Photoshop. If you cannot find images with enough pixels, then consider making the images smaller in your layout or finding another way to skin that cat.

Sizing images should generally be done before any work is done on your image—if you do not know the final print or screen image size, then *determining this will be your first step*. You might want to slightly over-sharpen your images for print (but not for screen).

Sizing images for Print (& Illustrator, InDesign)

1. Get an image from the web, from a camera, or from a scanner.
2. With your image in Photoshop, go to Image > Image Size. With the resample image box *unchecked*, enter the print size your image will be in the final printout (either width or height). If you don't know the eventual printed size, figure it out before going on.
- 3a. If the resulting resolution is less than 200 pixels per inch, then go back to step one and get a web image) with more pixels or rethink your design to accommodate a smaller image. Remember that you can search for images that are 'large' in Google (in image search, 'Tools').

Image Sizing Steps (continued)

3b. If the resulting resolution is more than approximately 300, then (to save disk space) check the resample Image box and the proportions lock and enter a resolution of 200 to 300 in the resolution field. Check at the top dialogue box to make sure that the 'was' size (near the top of the requester box) is greater than the pixel dimensions size. Click OK or hit the return key.

4. Save image as a Photoshop file if you will be working on it more in Photoshop or taking it into Illustrator or InDesign. You can also save as a JPEG or a TIFF (TIFF is a common universal format which retains full quality) if it is finished.

Never resize in InDesign or Illustrator to make it larger unless it is to just tweak the size of an image. Making an image larger in these programs is exactly the same as changing the resolution (pixels per inch) to a lower number.

Sizing images for screen

The image size in Photoshop at 100 percent (at top of window) is generally the size the image will generally be in any web, email, or digital presentation, although this may vary with different display resolutions.

1. Get image at settings you think might be appropriate (or get the biggest [in pixels] as you can from the web).

Image Sizing Steps (continued)

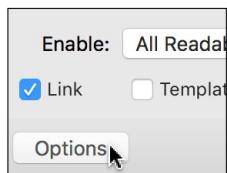
2. In Photoshop, go to Image > Image Size. With the resample image box checked and the lock to the left of the dimensions activated, enter the size in pixels (either width or height).
3. Check at the top of the dialogue box to make sure that the "was" size is greater than the pixel dimensions size. If it is not, then get another image with more resolution or a higher percentage. If the "was" size is greater, then click OK.
4. Save image as a Photoshop file if you will be working on it more in Photoshop, or a JPEG or PNG if you are going to use it to post or send.

Copying and Pasting in Photoshop

When copying from one image to another, you will notice that the image will paste according to the relative pixel dimensions, not the 'inches' size or window size. If you need to make the pasted image bigger, then find another image and paste again. If you need to make the pasted image smaller, you can change the pixel dimensions as above or use Photoshop's transform tool.

Note: With digital SLRs or mirrorless cameras, the resolution is usually enough for most tasks.

This is another reason it is a good idea to save an Illustrator file as the first step—the relative location of the placed files will be established.



Files dragged into Illustrator can retain links, but doing it this way increases the likelihood of errors.

Placing in Illustrator

Once you get an image sized in Photoshop, save it in either Photoshop or JPEG format. Now open Illustrator and save a new document *in the same folder* as your Photoshop image. When **placing** images into Illustrator, the application does not actually put the whole image into the program, but only a preview of it. Therefore, it always needs to know where the original image is. Placing them both in the same folder is a simple way of making sure Illustrator always knows where your images are.

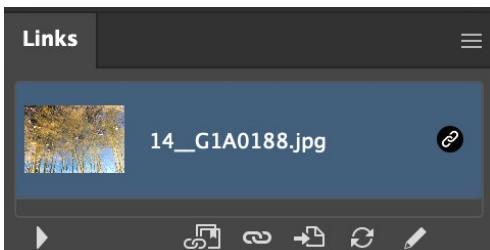
Now (in Illustrator) go to File > Place. Click the Options button and make sure that **link** is checked and template and replace are not checked. Choose your file and hit *Okay*. A **preview** of your image will appear in Illustrator after you click with the place cursor. It can be moved with the selection tool. It can also be scaled in Illustrator, but as mentioned before, this should be done only to tweak the size of an image.

You may have found that there are other ways of getting images into Illustrator, such as by dragging, pasting, and even opening them. Resist the temptation and don't use these ways for any file you care about. They are for special uses only, and can bloat the file size of your Illustrator document, make the application unstable, and generally make life difficult. It is very common for students to lose links to their images because of the ways they put them in Illustrator and because they do not keep images where Illustrator can find them.

Your photograph probably does not look as good in Illustrator as it did in Photoshop. Remember that Illustrator is not a pixel-based application—it is just showing you a preview of what the image generally looks like. When you print your document or save it as a PDF, Illustrator will retrieve the original image files and use them to make high-quality renderings of your images.

The Link Panel

When you are placing image files into Photoshop, you are **linking** them, and the link panel lets you have control over this. Go to Window > Links and you will see a thumbnail of the image you placed into Illustrator.



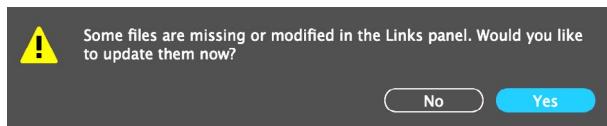
A properly linked image.

Since Illustrator cannot actually change pixel-based images, it allows you to easily edit them in Photoshop. With your image highlighted in the links panel, click on the edit button at the bottom right of the panel. Your image will open in Photoshop. If it does not, review *Changing a File's Application* near the end of Chapter 5.



Remember to save the image to see the changes.

Now make an obvious change to your image (maybe just draw a line with the brush tool), and then save the image. Go back to Illustrator, and you should see a box alerting you that your image was modified. Click 'yes' to update the preview in Illustrator.

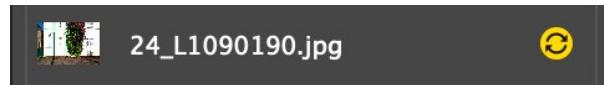


There is a small disclosure triangle at the lower left of the links panel that allows you to reveal more information, including how much resolution (PPI) your image has.

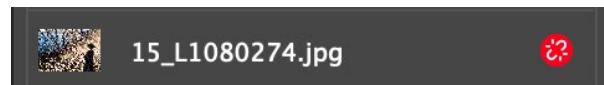
You should now see your image with changes in Illustrator. This is the way of editing images once they are in Illustrator. The link panel will also tell you where your photographs are located, if they are linked correctly, and allow you to change the links. If you see an alert symbols in the links panel you should find out what Illustrator is trying to tell you.



No icon at all means that the image is not linked (usually it has been pasted—not good).

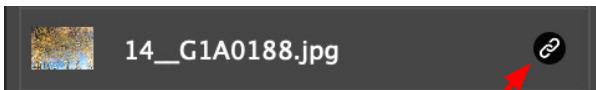


A yellow reload icon means that the linked image has been changed, in which case you should highlight the link and click the update link button at the bottom of the window.



The red icon means that the link is lost. Go to the re-link box at the bottom of the panel. If Illustrator can-

not find the image it is linking to, your prints and PDFs can only use the preview image, which is usually of very low quality.



The link symbol above tells you your image is properly linked. All links should look like this!

Photographs with Transparency

In Photoshop, open an image and make parts of that image transparent. Let's do this the easiest way possible. First double-click your background in the layer panel, then say yes to make it layer 0. Backgrounds cannot have transparent pixels, so we have to make the background a layer to allow transparency.

Now with the eraser tool, erase part of your image. The erased part will show up as checker-board indicating those pixels are transparent. You might also want to use the opacity option for the eraser to make some of your transparent areas partially transparent. Quickly size your image, but don't pay attention to the resolution as this is just a test. We don't care about the quality. Save your file in Photoshop format since JPEG format does not have the ability to save transparency.



In Illustrator, draw some things on a page, then place your image. As you move your image around you will notice that the areas that were transparent in Photoshop retain their degrees of transparency in Illustrator. See if you can actually make use of this with an image in Illustrator.

The shape you are placing an image into needs to be over (bring to front) the image.

Yet another way of editing the image placement is to double-click with the selection tool to go into isolation mode.

These options are also in the properties panel.

Clipping Masks

A **clipping mask** is an Illustrator shape that contains an image. Start with an Illustrator document containing a placed image. Now draw an oval over part of that image. The fill and stroke setting do not matter. Now select both the oval and the image (by shift-clicking or dragging a box with the selection tool). Go to Object > Clipping Mask > Make. You should see that your image is now only inside your shape and any fill or stroke the shape might have had is gone. You are using the shape as a clipping mask for your image.

With the selection tool you can move or scale the shape and the image just as you would expect. The direct selection tool works a little differently. If you click on the oval with the direct selection tool (remember—right below the selection tool) you can edit the path and the points of the oval. However, if you click on the image with that tool, it allows you to move the image around in back of the oval. You can instead go to Object > Clipping Mask > Edit Mask or Edit Contents (the menu item toggles between these) to have more control editing either the mask or the contents (in this case the image). If you would like to get rid of the clipping mask, go to Object > Clipping Mask > Release.

Clipping masks can be made using any shape in Illustrator, and you can even make a clipping mask out of type with the type remaining able to be edited. Put a few images in shapes. Put a photograph or a paint-

ing of a pattern in a clipping mask made from type. Make the type very bold and add a stroke to it after you have made a clipping mask. Remember that the object you are making the clipping mask with should be arranged over the image and both need to be selected to make the mask.

Using a clipping mask with a rectangle is also a handy way to exclude parts of an image by cropping it. There is a button to crop images in the properties panel, but unfortunately it also embeds your image, which makes your Illustrator file larger and precludes editing the image in Photoshop. So, refrain from using that Crop Image button.

There are times when embedding images is fine, but right now we are trying to maintain as much flexibility as possible.

Chapter 7 Review

Image Size Theory

200 pixels per inch minimum

how pixels are distributed in inches

reducing width or height by cropping

Image Size in Use

before image sizing

sizing images for print

sizing images for screen or copy / paste

Placing in Illustrator

saving all elements in the same folder

placing (and linking) image files in Illustrator

image in Illustrator is just a preview!

Link Panel

editing Photoshop files outside Illustrator

updating, re-linking, finding linked files

link warnings

Photographs with Transparency

Photoshop format files only

Photoshop files into shapes and letters in Illustrator

Clipping Masks

making and editing clipping masks

using selection tool and direct selection tool

using type as a clipping mask

cropping an image

Chapter 7 Quiz

Find an image that has a fairly even background (easily selectable). Convert the *Background* to a layer.



Using the quick selection tool and the delete key make the background parts of the image transparent. Save the file in Photoshop format. Find another image and do the same thing, but this time use a layer mask to more accurately delete the background.



In a new Illustrator document place the image you saved and put type in back of it to clearly show the transparency of the image background.



Place an image with a pattern into your Illustrator document and put the image into some very bold letters using a clipping mask. You may then need to add a small stroke to your letters.



Chapter 7 Practice

Look at movie posters and pick out a few that you like.

Using these for inspiration, combine several images that you will use in your own poster for your own movie. Use the layer mask to combine the images from different layers.

Find images that have many pixels (high resolution). Without adding pixels, figure out how large you can make the images at at least 200 pixels per inch.

Place your image or images into Illustrator and complete your movie poster. Use type styles that are appropriate for your 'message'.

You will notice that movie posters follow certain design conventions. Your poster should adhere to these conventions.

8 InDesign

Whenever you need to design communication that spans multiple pages, InDesign is the application to use. InDesign also excels in automatic typography controls, so if your design contains a lot of body copy (like a resume), you should use it instead of Illustrator. InDesign is very good for documents as short as newsletter or tri-folds and as long as magazines and books. Although some illustration can also be done in InDesign (as many of the illustrations in this book were), InDesign can get you into trouble quickly if you rely on it too much for this.



Some designers use InDesign almost exclusively. If you do not need the design flexibility of Illustrator nor its illustration capability, using InDesign makes sense.

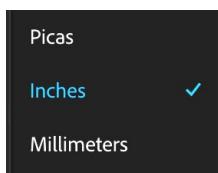
The Workspace

Open InDesign, make a new document, and take a look around. Make some things. If you learned Illustrator well, you should notice that the application is not a lot different. The tools are much the same, the panels are similar, and ways of doing things (like keyboard modifiers) are so much like Illustrator that you might not even notice you are in a different application. This is why there is only one chapter in this book devoted to InDesign—you have already learned much about

the program while learning Illustrator. This book could have just as easily covered InDesign first and then covered Illustrator this same way.

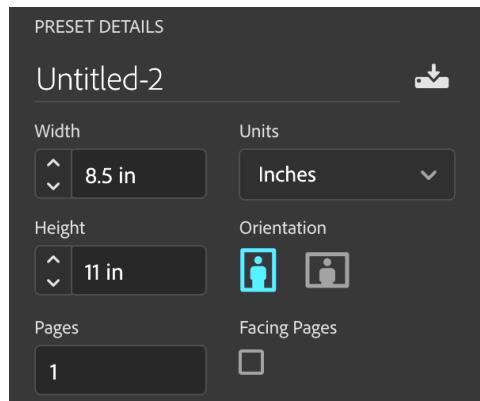
Do some things you learned in Illustrator. Make a type box and start typing. Place an image. Arrange objects, scale, and move objects. Many things you do not know are also pretty easy to figure out. But let's look at some things that are not so obvious.

A New Document



Designers usually use the measurement system of picas and points in layout to avoid problems with measurements in inches and fractions. A pica is 12 points, and there are 6 picas (72 points) to an inch.

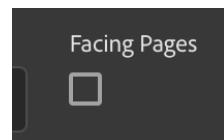
While you create a new document in InDesign, change the document's measurement units from picas to inches. **Picas** (and associated points) are actually a much better way to measure spacing in documents, but they are unfamiliar to most readers here, so for the time being inches are better.



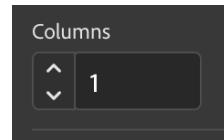
You should notice that there are some new things in the menu and in the requester box that comes up. Fairly obvious is the option for setting the number of pages. Since we are just learning some things and

since we can always add pages later, you should leave this set to 1.

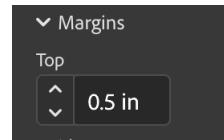
When you flip open a book or a magazine there are two pages you see at once. In InDesign these are called **facing pages**. Since you are not doing a book or a magazine, uncheck this option.



Most magazines and some books also have two or three columns per page. If we specified more than one column here, InDesign would add guides (like the guides you made in Illustrator) to show where the columns are. We don't need more than one column here, so we leave it at 1.



The *Margins* options (click to see) also add guides to your document where you want the outside margins to be. These are just guides (not printing limits) and there is nothing magical about the default of a half an inch. Change it or get rid of the guides altogether by specifying '0'. We can change this later or just add guides by dragging them out from the ruler as we did in Illustrator.



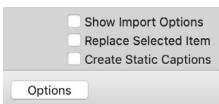
Layout > Margins and Columns... is where this can be changed later.

Once you have a new document open in InDesign, add some text. Make a new text frame by dragging a box with the type tool. With the text frame active, go to Type > Fill with Placeholder Text. This fills the text box with Latin text. Latin text is often used when designing something you do not have copy for yet. The word lengths are similar to English (so it looks about the same visually), but it stands out enough that you

In Illustrator, text boxes are called *text areas*. In InDesign they are called *text frames*. Also, InDesign has no option to make point type.

hopefully wouldn't leave any of it in your final design by mistake.

Text Wrap



The image shows a screenshot of the InDesign Place dialog box. At the bottom left is a grey 'Options' button with a white border. A small vertical ellipsis icon is located to its right. A dropdown menu is open from the Options button, listing three items: 'Show Import Options', 'Replace Selected Item', and 'Create Static Captions'. The 'Replace Selected Item' option is checked, indicated by a small blue square to its left.

Images placed in InDesign behave very much the same as in Illustrator with some important differences. To see these, first save your document and save a couple of sized images in the same folder. Then go to File > Place. When you place your image, you do not get the option to link your image (they are by default), but you do get other options (click the Options button if they are not showing). Deselect these. After you click 'okay' you will get an image cursor you can use to specify where you want to place the image. Make sure you do not click within your text box. If you did, your image would be in-line with the text, meaning InDesign would treat it the same as a word in your text. This is only desirable if your document will become something like a web page or an e-book.

After you place your image, you might notice that the image quality is very bad. As in Illustrator, InDesign is only giving you a preview for placement. If you would like a somewhat higher quality for your preview, go to View > Display Performance > High Quality Display. You can set this as the default in InDesign's preferences.

You will notice that your image floats over your text as you drag it around. Generally, we don't want this, as we want the text to wrap around the image. In the **Text Wrap** section of the properties panel (with your image selected), specify the second option, and click

on the ellipsis to enter an offset of about a tenth of an inch in each of the boxes below (if the lock icon is on then one number will populate all the boxes).

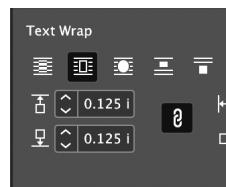
This specifies how close the text will come to the image. If the lock button in the middle is selected, all the boxes will have the same value. You should notice that there is a secondary box now around your image that shows you how close to your image InDesign will allow the type.

Now drag your image over your type box—the type will avoid the image. Also notice that words don't just magically flow perfectly around your image. You will have to adjust the placement of your image to get the right space on the top and bottom of the image, and if your type has too small a space on the left or the right it will have very awkward spacing. Beginners often ignore the fact that type is not like water—it will only flow in particular ways.

The Image Frame

If you move the corners of your image you will see that instead of changing the size of your image it will crop your image. Given that InDesign is often used for production work (newspapers, magazines, books), it makes sense that the application treats the image in two parts—the frame and the image.

You can change the size of your frame, and then fit the image (content) within in most directly by going to Object > Fitting, and select the option that best suites your needs. Never *fit content to frame* (see il-



Always select the object you want the text to wrap around, not the text itself!

Right about now you should be realizing that inches are not good for small measurements. Bring out the rulers with command-r, then control-click and hold where the rulers intersect to change units. Or go to the InDesign preferences.

lustration) as this might very well stretch your image—instead use the fit content proportionally menu item.

Fitting	►	Fill Frame Proportionally ⌘⇧⌘C
Content	►	Fit Content Proportionally ⌘⇧⌘E
Effects	►	Content-Aware Fit ⌘⌘X
Corner Options...		
Object Layer Options...		Fit Frame to Content ⌘⌘C
Object Export Options...		Fit Content to Frame ⌘⌘E
Captions	►	Center Content ⌘⌘E
Clipping Path	►	Clear Frame Fitting Options
Image Color Settings		Frame Fitting Options...

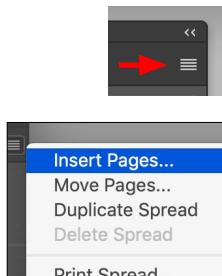
Never size bigger!

These controls should only be used to 'tweak' the size of an image or to crop an image for your layout.

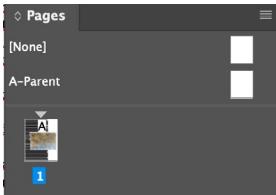
You can also adjust your image size very much the same way you adjusted it in Illustrator's clipping path by using the selection tool to adjust the frame and the direct selection tool (or click the circle in center of the image) to adjust the size of the image. Or, if you hold the command and shift keys **before** you start to drag a corner of the frame with the selection tool, both the image and the frame will size together.

Multiple and Parent Pages

Multiple pages are handled in the pages panel (Window > Pages). Using an open page with a block of text on it, go to the pages panel. In the panel menu (top right), add some pages (*Insert Pages...*) to your document. You can go to your new pages by either double-clicking on their icon in the pages panel or scrolling in your document.



You may have noticed when you made your pages that it was specified that they be made with **A-Parent**. **Parent pages** are like templates for the pages in your document, and you can make as many as you need.



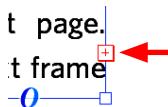
Pages panel (and its menu) with parent pages in top group and document pages in lower group.

To see how they work, double-click on the *A-Parent*-page icon near the top of the panel and draw a few things on the page that appears in your window. Also drag out a guide or two (remember? —View > Show Rulers, then drag the guides from them).

Now double-click on any of your regular pages (lower group in the panel). You will see that anything you drew on your parent page will be repeated on every page you make with *A-Parent*. Generally you would put things such as headers or footers on this parent page. You could also use it for guides that you use for many of your pages. In this book, guides for the text, images, and the line at the bottom of the page (and the page number) are included on one of the parent pages.

Parent pages themselves do not print with your document, nor do they show up as pages in your number of pages. They are simply containers for information that you would like to repeat across multiple pages. You can make more than one parent page for your document (see the pages panel menu). You can also add and delete pages and parent pages by dragging their icons to the trash icon at the bottom of the pages panel or highlighting the page and clicking that icon. Try these things.

Threading Text Frames



Generally you are going to want your text to flow from one page to the next and from one column to another. Start with at least two pages and a block of text on your first page. Now resize the text frame on the first page small enough so that not all of the text is visible. You will see a small red plus symbol on the bottom right of your text box. This indicates that there is **overset text**—more text than the frame will accommodate.

With the selection tool, click on this overset text indicator. Your cursor will ‘suck up’ the overset text. Go to the next page and click at the top left of where you want that text to go. A new text frame will be made, the two frames will now be **threaded** (connected), and the text will flow from one to the other. Go back to the first text frame and make it even smaller—you should see that the text that cannot show in that box is moved to the next. You can thread as many text boxes as you need in InDesign. Within the chapters of this book the text frames are all threaded. Imagine how tedious it would be to edit the text if they were not.



To un-thread your second box, select the frame with selection tool, go to the small blue box near the top left of the box, click, and then click again on your first box. The boxes are now un-threaded. Columns are threaded and un-threaded in the same way. If you thread text to an existing text frame a new frame will not be made, and the text will flow into the existing frame instead.

Paragraph Styles

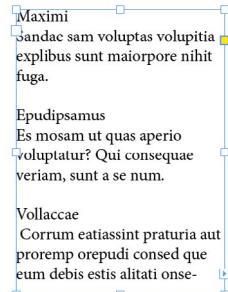
Each of the applications you are learning have had essential techniques which are difficult for many students to get their head around. In Illustrator it is making and editing paths. In Photoshop it is image sizing. In InDesign it is paragraph styles.

Paragraph styles allow you to specify all the attributes of common blocks of text in a central location. So imagine a resume, where you have headers which name things like experience and employment. Then you have body copy between these headers explaining what you did. Obviously you are going to want to change things like the type styles and size in that resume many times to find just the right combination. You could go through and change every piece of type, but if you did, it would take a long time, be awkward, and open the design up to many mistakes.

With paragraph styles you can do the same thing in much less time and avoid many mistakes. Even word processing applications allow you to use paragraph styles, and they show up in many other applications from presentation to web production.

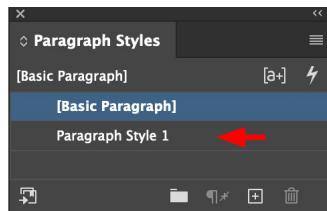
Start with a text box filled with text (placeholder text is fine). Now make some headers (one or two words each) by pressing the return key at several places in your text like the illustration at left. Paragraphs in computer terminology are pieces of text before and after you hit the return key. You might want to write your own text with headers that made sense.

The Paragraph Styles panel is in Window > Styles, but in Illustrator it is in Window > Type... one of many curious Adobe inconsistencies.





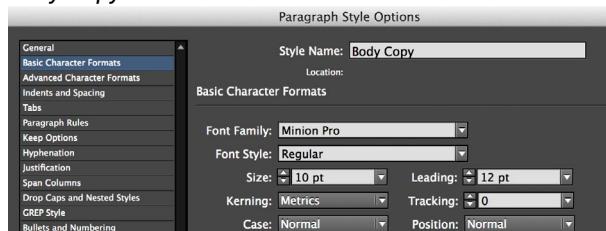
Let's define the whole block of text as body copy. First, select all of your text or the text frame itself, then click the *new* icon next to the *trash* icon at the bottom of the Paragraph Styles panel (make sure you opened the *Paragraph Styles* panel in Window > Styles, not the paragraph panel in Window > Type. Double-click on the name *Paragraph Style 1*, and in the resulting box name the style *Body Copy*.



A new paragraph style will show up like this.

The Properties panel does list the current style, but the dedicated panel is much better to learn these with.

From the options on the left of the box choose *Basic Character Formats*, and change your type style, size, etcetera to something visibly different than what you had and click *Okay*. You have just not only changed the look of your text, but you have also defined it as *Body Copy*.



Now for the headers. Select one of your small paragraphs that you will make into a header. Change the type style by making it a bit bigger and in a bold font.

You will notice that it is still *Body Copy* in the paragraph styles panel, but it has a small plus symbol next to the name. This means that it is still the body copy style, but you have added some extra things (size and bold) to it.

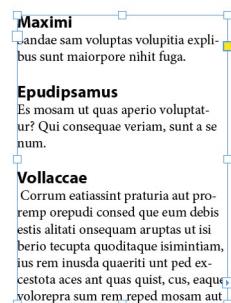
Again click on the icon at the bottom of the panel to make a new paragraph style, and double-click on the *Paragraph Style 1* it produces in the panel. Rename this style *headers* and click okay. Now either select another header (or just put the cursor in the paragraph), and click *Headers* in the paragraph styles panel. Do the same thing to your other headers to also define them as headers.

Now the look of your body copy is defined by the paragraph style you made named *Body Copy*, and the look of your headers by the paragraph style *Headers*. With your text cursor somewhere in the body copy, double click on your *Body Copy* style in the paragraph styles panel and change the look of the text. Change other things, like the color of the type. You may have to click through many of the categories on the left side of the paragraph styles editing box to find a particular option.

Now put your cursor somewhere in a header and change the type styles or other things for your headers. Notice that changing the definition for a style changes all the text that is governed by that style. Handy indeed!

You can add attributes to text without adding to the paragraph style by going to the character panel and

Yes, I know. Just keep re-reading and trying it from the start of this section.

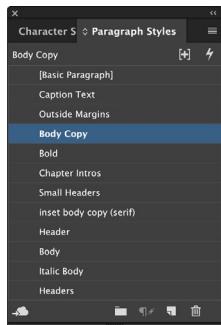


As in many requester boxes, paragraph styles has a preview option.



making a word italic (for instance). This **overrides** the style. That word would now show in the paragraph styles panel with a plus after the name of the style. As we saw before, to reset it back to the style, click on the second icon on the bottom of the panel.

Remember that paragraph styles govern whole paragraphs—in other words, the text that is after and before you hit the return key. You could use **character styles** to define styles for smaller pieces of text, but most times paragraph styles is a better choice.



There are finer points to paragraph styles (such as styles based on styles) that are not covered here.

For the book you are now reading, there are paragraph styles for many things, such as body copy, chapter headers, small headers, chapter intros, caption text, etcetera. The red text that shows up when new terms are introduced are governed by a character style (one of only two character styles used). Any of these things can be changed throughout all of the pages in the entire book with just a couple of clicks.

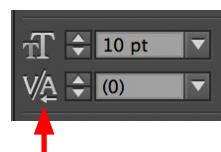
Practice using paragraph styles in different situations. Perhaps even go back to your word processing application and see how they are implemented there. Paragraph styles let you change much more than just type style, size, and color in InDesign, and as you work more in the application their full power will become apparent. And although they are a little tricky at first, after time they will become second nature. Use them!

Character Panel

While Illustrator excels at design flexibility, InDesign excels at design consistency, both in typography and layout. You probably noticed how much control you have by the sheer number of options in paragraph styles. Without going into too much detail, here are some other controls you have, many of which are also available in Illustrator. For this discussion we are going to use the dedicated Character Panel (Window > Type & Tables > Character) instead of the type controls in the Property Panel.

With an entire paragraph selected, go to kerning in the character panel (see illustration at left). In the pull down menu you can see that the option for *Metrics* is the default. This spaces each letter within words according to definitions that are built into the font itself. Good fonts generally have good definitions, but special use or cheap fonts might have very bad definitions, and letter spacing might be awkward. You can instead have InDesign take over the spacing of letters by choosing *Optical*. Sometimes (especially in headers) this will minimize the need to kern each letter individually, especially if your font has bad built-in letter spacing.

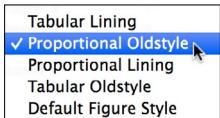
Now change the font in your type box to Minion Pro. This is a good serif body copy font that should have been automatically installed with your Adobe applications. Within your type frame, either find or type some letter combinations of ff, fi, and fj. Zoom in very close and select these letters, then uncheck *Ligatures* in the character panel's menu. You should notice that



Even some popular fonts have bad letter spacing (called kerning pairs).



fi ff fj
fi ff fj



Illustrator also has all of these options.

In Illustrator and InDesign you can paste text, but never paste images!

by default InDesign combines some letter combinations into **ligatures**. These make the copy (text) much cleaner—see how they look with ligatures turned off. Ligatures have been standard in publishing for a long time.

Now with some numbers selected (again use the Minion font), go to the character panel's menu and go to Open Type > Proportional Oldstyle. **Oldstyle numerals** are actually lower case numerals (98-526 instead of 98-526), and often look better when numbers are combined with text, such as in an address (or the body copy of this book). Not all fonts have ligatures or oldstyle numerals.

As you might have gleaned from ligatures and old-style numbers there are more shapes built into a font than is readily apparent. To see all of the symbols (**glyphs**) that are built into a font, go to Window > Type & Tables > Glyphs. Different fonts have vastly different numbers of glyphs available, and some may be hidden behind other glyphs (denoted by the disclosure triangles in their boxes). Scroll to see all the glyphs. To add a glyph to your text, such as a middle dot (·) or a vertical bar (|), just put your cursor where you want the symbol to appear in your text and double-click on the glyph in the glyphs panel.

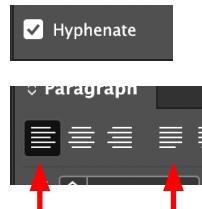
Paragraph Panel

With a new type frame filled with text (not latin—copy text from another application and paste it into a type box), select the entire type frame or all the text in it, and open the paragraph panel (Window >

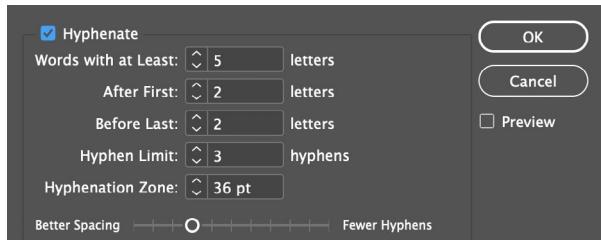
Type & Tables > Paragraph). Enter a number of 2 or 3 (lines) in the drop cap box in the lower left of the panel. The first word in each paragraph will now start with a drop cap, or larger version of the letter. You would probably only want this in the first paragraph, so you would just select (or put your cursor in) that paragraph.



Now with a paragraph or your entire text selected, un-check *Hyphenate*. At the top of the panel, choose another justification method—either the first option (ragged right) or the first option in the second group (fully justified), and check hyphenation on and off to see what happens to the flow of words.



With *hyphenate* checked on, go to the paragraph panel menu and choose *Hyphenation*. With preview checked, try different numbers to change spacing.

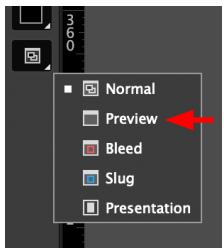
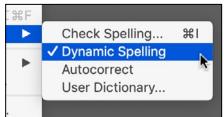


The intent here is to show you just a small fraction of the typographic controls in InDesign. You should have seen many other options as you did these. Play around and see if you can figure out what they do. But don't forget the simple typographic control of leading (line spacing). Most designers would never consider leaving the leading value at automatic.

The font size for this book is 10 point with 14.5 points of leading (10/14.5).

Exporting & Printing

Before you finish your InDesign document there are two things which are crucial. The first is (of course) to check your **spelling**. Go to Edit > Spelling. All of the Adobe Design programs have spell checkers, but InDesign (and Illustrator) also has the option to check spelling as you type (dynamic spelling).



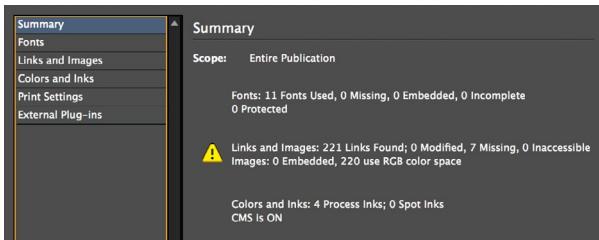
Periodically it is also important to view your document without guides and object boxes so you can see better how it will look when printed or exported as a PDF. At the very bottom of the tool panel you can switch between normal and preview modes (or use the W key if the type tool is not selected).

It is a good idea to check to make sure you do not have any unlinked images and that you don't have any fonts used by mistake (in long documents this is very easy to miss). Remember that fonts are stored on the computer, not with InDesign. If you send someone an InDesign file, you will need to make sure they have the fonts you used as well. This brings us to...

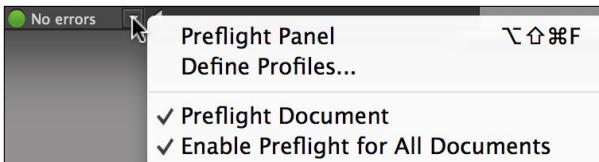
File > **Package** is where you will see a report that shows you how many images you have and if there are any unlinked ones that need attention. In the fonts category you can see all of the fonts that are used in the document.

If you were going to send this file to someone else to print (like a commercial printer), you would now click on the package button. This would make a new folder

that contained everything that is needed for printing, including all images, all fonts, and any instructions you would like to add. But since you are just using this box to check your document you can click *Cancel*.



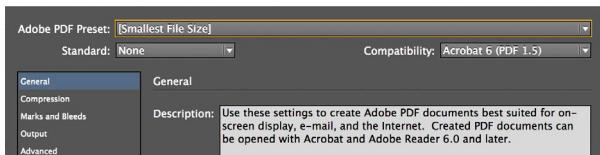
You can also check for errors using the small green or red icon at the bottom of your document frame near the page number you are on. The **Preflight** pull-down menu there does exactly what package does without the option to actually *package* the document.



In Illustrator we could save a PDF from the save dialogue box. The InDesign file format, on the other hand, is different enough from PDF that the option is in File > Export. After choosing a place to save the file and specifying Adobe PDF (Print) as the format, click Save and the PDF box will show up.

At the top, choose *Smallest File Size* if your PDF is only going to be viewed on a computer screen.

If you see a red dot instead of green go to the preflight panel to find what is wrong.



To see the file size of a document in the Macintosh Finder, highlight the file icon and go to File > Get Info.

Choose *High Quality Print* if it will be printed. The difference in file size between these two can be very dramatic if your document includes placed images.

Printing your document is very much the same as in Illustrator, but since InDesign is usually dealing with multiple pages, there are more options in the way spreads (two pages next to each other) and even/odd pages are printed. Make sure you understand warning boxes that may pop up as you go to print or export.

Also make a habit of looking for that green dot at the bottom of the document window (where you went to preflight). If it is red it might seem innocuous, but it is trying to tell you something might be seriously wrong.



A very common error is for *overset text*, meaning there is a text box in your document that is not big enough to hold all of the text in it. This is easy to have happen when editing text, and may be nothing more than a few line returns that are not showing.

InDesign will also bring up an error if it cannot find a linked image. Take this warning very seriously, since a low quality preview of your image will be printed if the linked image is not found!

Chapter 8 Review

The Workspace

most things very much like Illustrator

A New Document

column and margin guides, facing pages

placeholder text

Text Wrap

text wrap (select object to be wrapped around)

offset and type flow considerations

The Image Frame

do not place images into type box

images in frames, positioning

command & shift to resize box and image together

Multiple and Parent Pages

adding pages using pages panel

parent pages as templates

Threading Text Frames

threading (linking) text frames

overflow text symbol

unthreading frames

Paragraph styles

paragraphs defined with the return key

defining & changing paragraph styles

clearing override styles

character styles

Character Panel

metric (built-in) and optical kerning
ligatures and character menu
Open Type options
glyphs panel

Paragraph Panel

drop caps and hyphenation

Exporting & Printing

spell checking, package, preflight
exporting as PDF, options
printing options
taking warning boxes seriously

Chapter 8 Quiz

In InDesign, make this black banana shape using 2 corner points and two curve points. Do not use the pathfinder options for this (review).



Make a rectangle and wrap some fully justified text next to it as shown. Use a 0.09 inch offset for your text wrap on all sides of the rectangle.



Make two paragraphs of text with headers for each. Use paragraph styles to define both headers the same style and both blocks of body copy another style.

This is Header 1

And this is the body copy for it. And this is the body copy for it.
This is Header 2

And this is the body copy for it and this is

Using the character and glyph panels, carefully recreate the four lines shown at left in Minion Pro (regular). The numbers in the second line are tabular and the ones in the third line are proportional. Why do you think there are both options? The fourth line has the word ‘fido’ tracked out. Notice the (ex fi) ligature.

123 fido ∞

123 fido #

123 fido ©

123 fido

Chapter 8 Practice

The text on the next five pages needs designing to communicate effectively! Download this book (location in the Preface), and select all of the text starting on the next page, copy it, then and paste it into InDesign. Arrange it to make sense graphically (in other words, design it). Use as many letter-size pages as necessary, and make sure you turn off *Facing Pages*. Use the things noted in the text to help you figure out your layout, type choices, etcetera. You will want to read the text *after* you start designing it so that it is easier for you to read! Pay particular attention to including all of the following:

Paragraph styles for all text

At least one element on a parent page

At least one placed Photoshop file (sized correctly)

Images linked and available

Image(s) should have text wrap on

All text frames threaded

Specified leading for all text (no Auto)

Spelling corrected (there are mistakes)

Making a packaged document

There is no way you can finish this and then print it out. Prints will show mistakes that the screen never can. Even something as basic as your type size is very difficult to assess on the screen. As you look at your prints, think about how someone else will see them. Are you communicating effectively?

Note: Some PDF readers will split the text at each line with a return. If this happens you will have to get the text elsewhere or remove the hard returns.

Get your type under control, dang it!

InDesign Techniques

Paragraph Styles

Defining and using styles is important for two main reasons. First, it makes it very easy to make changes. For instance, instead of going through all your headers and changing the point size a half-point, you can just make one change to see how it looks throughout your document. Second, styles promote consistency. You can't have that mistake where you left one line a quarter-point larger than the rest of your text. For type changes within the paragraph (like italics), styles are easily overridden.

Columns & text threading

Chances are good that you will want more than one column on a page (see Length of text lines). In InDesign you should thread the text frames together across columns and across pages.

Type aesthetics

The point

The point of typography, and also pretty much all of design, is to communicate clearly and beautifully. We want to attract the reader and have them think about what is said, not about the design. The best design is invisible to the reader.

Learn from the experts

When you are doing any project that requires text you can easily learn how it is done with instruction by some of the world's best designers. Just pick up a magazine or a book. Look closely. What is the type choice, point size, leading? How are the headers done, how

If your PDF reader does put a line break after each line when you copy the text you could always experiment with the Find/Change options in the Edit menu. The line breaks are actually pretty easy to remove.

is the right margin handled? Etcetera.
Body Copy (extended reading type like
the paragraph below)

Break the typewriter

Typewriters haven't been around for a while, but many people still cling to their limitations. Don't underline – instead use italic or bold. Don't put two spaces after a sentence – computers can figure out the correct space to put after a period with one space. Use the correct dash: Hyphens connect words that make up one word or spread a word across lines. En dashes (command+hyphen keys) connect numbers or words like in dates or addresses. Em dashes (command+shift+hyphen keys) connect thoughts in a sentence. More info on Wikipedia...

Body copy text choices

Serifs fonts are easier to read and many are classic looking. Sans serif can look cleaner, simpler and more modern. The little tags on the end of serif letters help the eye distinguish one letter from another, which is important because when we read we read patterns, not letters. There are exceptions to this, such as type on a on a low-resolution screen and short bits of big type (like headers). Type size is also important, and unfortunately can only be judged in a print (if that is the final medium). Different type-styles will look different sizes at the same point size, but generally point sizes from 8 to 11 are good. Type that is too large looks awkward and amateurish, and type that is too small is hard to read. And never use decorative

type for your text unless you don't want anyone to read it. Times and Helvetica are bad choices if only because they are over-used.

Alignment

Justified left and ragged right is the best option, but if you want your page more regimented, or if your columns are close together, you might want to use fully justified type (left and right). Watch the spacing of your words when you fully justify, and to help word spacing you should probably have hyphenation turned on. Centered text and ragged left text are really just for special purposes. Save them for your poetry.

Leading

How much leading to set is a personal thing, and it also depends on what you need. Too little leading will make your lines crowded and jumbled. Too much leading will make your body of text look unconnected with itself and give the feeling of stripes. Start with a leading 2 points larger than your type size and print it out to see if you need more (or less).

Length of text lines

A general rule of thumb is to keep lines to 50-60 characters (letters and spaces). Too long text lines makes it hard for the reader to pick up the next line as they are reading. If you want to use longer lines, keep the text down to only three or four lines and do not fully justify it. Increasing leading will also help. Very short lines of text should never be fully justified, since the word spacing will

suffer, even with hyphenation. There are controls in InDesign with which you can vary how words are spaced and how they are hyphenated, but for now just make sure you don't have 'rivers' of white space running down your body copy from poorly spaced words.

Paragraphs

Paragraphs are good. They group the text into inviting chunks and help the reader skim. Paragraphs can be separated with a line return or by indenting the beginning of each paragraph after the first. The ideal indentation is usually around the width of the letter 'M' in your typestyle (that width is called an 'em'), but some designers use a bit more.

Italic and Bold

Italic and bold versions of your typeface are great ways of emphasizing words or separating them from the rest of the text. Get used to using them. Color changes can also be used for the same purpose, although that technique is much less common.

Header & Title Text

Headers

Make sure your headers and titles play nice with your body copy text. They don't have to be in the same typestyle at all, and often times serifs and sans serif styles are mixed between headers and body copy. Whatever your choice of header typestyle or size, make sure it doesn't speak too loud (usually too bold or big) or too soft in comparison to your body copy. All caps is fine in headers. All caps is harder to read, but headers are short.

Fun with type

The point of typography is to communicate, not show how many fonts you can use or how 'creative' you are (ugg). Use as few fonts as possible, and don't beat the user with decorative fonts. Layout and what is said can communicate something like 'fun' better than Comic Sans. Decorative fonts work best when they silently quietly communicate a mood.

Kerning

Headers should always be scanned to see if they need any letters kerned. Body copy doesn't generally need it at all (whew), but if it is not good try setting InDesign's kerning to 'optical' or better yet, change your typestyle to something with better 'kerning pairs' built in.

There is much more to typography, but this should get you started. A well set page with a good layout is inviting and beautiful. You have seen them, but I am sure you haven't noticed them. That was the designer's intent.

9 **Xd**

This book was created in InDesign. As with Photoshop and Illustrator, InDesign is equally at home doing work destined for the screen as well as for print. Although all three applications allow for some interactive design (like clicking on a page number in this book), Adobe Xd is built around the concept of interactive design (Experience Design is what the XD stands for). Xd is the application to use for mapping out and creating the basic design of anything from web pages to mobile applications.



Although you cannot directly make web pages and other interactive designs (such as emails, social media content, and applications) in Xd, you can design them (complete with interactive elements) and send them to others for review as web pages. When the designs are finished, the design can be given to a programmer for implementation.

In working with Xd you will probably notice that it is very much like a stripped-down version of Illustrator with interactive capabilities. As a matter of fact, you probably know how to use most of Xd already!

Many of the finer tools that are in Illustrator are simply missing in Xd. Others are moved around to keep you on your toes hunting for them.

Learning Resources

Adobe changes Xd so often that to try to follow the details of the program would not be a good use of any text. Instead, some important points that are often overlooked in Adobe's learning materials are presented here.

Don't concentrate
on fancy
transitions and
plug-ins that
might or might not
work consistently.
Instead
concentrate on
designs that
communicate
effortlessly.

To actually learn the application, go to the Adobe material from the Xd splash screen (Learn...) or help menu. Here you will find both videos and downloadable material—you should use both.

It is important that after each learning session you practice the things that you learned, so you will need a few images handy, perhaps on your desktop. You can just drag images from a Google search. You will have a few questions after learning from help—here are some other things you should know...

Finer Points

The **options** in the right panel are contextual, meaning they change according to what you have selected. Basically, this is panel is the same as the properties panel in Illustrator.



Select entire pages by clicking on the page title at the top and going to the artboard tool. Pages can be arranged in the window by dragging their page title.

Responsive Resize in the panels refers to how objects behave when you move and scale them, not how they behave when you preview your pages (which is fixed).

You can combine links across **pages formatted for different devices**—the pages (artboards) will simply show up in different proportions. Remember where the artboard tool is in the tool panel—when you select it you get a choice of sizes on the right. You can delete an artboard simply by selecting it and hitting the delete key.

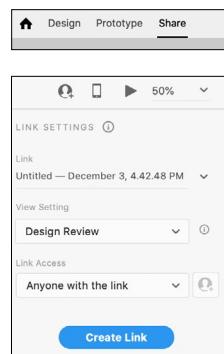
A common strategy is to design pages for desktop browsers and then another set of pages for mobile devices. Copying and resizing between page sizes is where those responsive resize options can save you some work.

There is no obvious provision for **drop-down menus**, but you can simulate them by linking to an identical page showing a drop-down open and assign links to the options in the list. Similarly, use your imagination to simulate other common web site features.

Viewing Your Site

An important feature of Xd is the ability to add links to your pages and preview how these links might look on a web page, either by previewing your pages and interaction using the *Desktop Preview* button (the play button) at the top of the window or by connecting a phone or tablet to preview the pages as you design them. Using the *Share* option you can post your creations on the web for others to look at. Go to the share tab, then on the right choose *Design Review*. To send the preview's link to someone, create the link and then copy it by clicking on the chain icon. Paste the link into an email, text, or

At the time of this writing, Adobe is updating Xd almost once per month. In many of these updates the interface changes and modifications are made to other things. So, don't be surprised if something isn't exactly as it is explained here.



social media site for them to open. After you make changes you can also just update the link instead of making a new one

If you are sending your creations to a person who will make web pages out of what you have done you could instead send the specifications for your pages (such as colors used, placement measurements, and images) using the *Development* option.

The Scaling Problem

A big difference in Xd previews from what you might see on a finished web page is that in Xd pages are formatted to a specific size and proportion, while web pages are scalable in both the vertical and horizontal dimensions.

Go to a few web pages and resize your window to different widths. You will see that most of the elements (especially text) stay at the same size but reformat as you scale the window. This does not happen with Xd—the entire design gets bigger or smaller as you scale the window. What this means is that it is tricky to get elements such as type the correct size. If your display is huge, someone with a smaller display will see your type very small.

If you are designing for a phone, this problem is largely solved by checking your design on the phone itself, either by plugging it in while you work or by viewing your published site. Yes, it will look different on larger or smaller phones, but it is better than not paying attention to scaling at all!

Download the Xd mobile application to see your designs on a mobile device as you work on them.

If you are designing for desktop, the problem is worse, especially since Xd's default web size is 1920 pixels wide, while most web pages are designed for a minimum viewport of around 1080 pixels wide. My suggestion is to make a custom size at 1100 pixels wide by 800 pixels tall. Make sure you fill in the numbers before clicking on the icon.

This is not a great solution to Xd's resolution problem, but it should put you in the ballpark better than not paying attention to scaling at all.

Versions & Saving

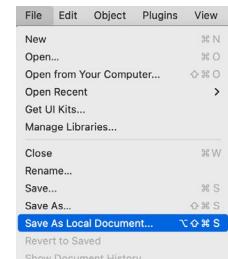
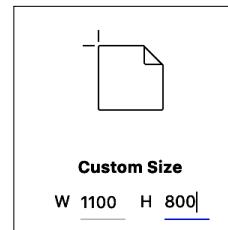
Since Xd is updated very often, it is important that when you change computers you have the same or a newer version of Xd on that computer.

Adobe is aggressive with trying to get you dependent on their cloud. If you want to save the work on your computer, you choose 'Save As Local Document'.

Illustrator

You may prefer to do your designing in Illustrator instead of Xd, either to give you more drawing features or just because you are more familiar with it. Simply open an Illustrator file by going to File > Open (not import), and your Illustrator file will open with all artboards intact. From there, you can change page sizes, add links, and publish a preview.

At the time of this writing not all things open as they should from Illustrator, with things such as text formatting changing. So, don't sweat the details of your design until you have opened it in Xd.



Chapter 9 Review

Tutorial

working through the tutorials multiple times

Page scroll and other points in tutorials

Finer Points

responsive design aids for different sizes of pages

designing for mobile or desktop

Prototyping Pages

publishing prototypes and sending link

The Scaling Problem

scaling differences between Xd and web

scaling solutions

Versions & Saving

Opening a file in different versions

Saving files on a computer

Illustrator

opening Illustrator files in Xd

finishing the design in Xd

Chapter 9 Practice

Make a short website for a fictional company for either desktop or mobile versions. You should do plenty of research for this, looking at how other websites do their designs. You should continue to do research as you work on this to double-check how your designs measure up to professional designs. Here are some questions to ask during this process:

What sizes should body copy, headers and title type be on a web page?

How are menus done? How intuitive is it to navigate through the pages?

How are things on the pages grouped together?

How is color used? What colors are used?

Where are the various elements on the page, such as the logo, search and contact information?

What information is seen before you scroll and what information after you scroll? Does the scroll present a coherent experience?

What do links to other pages look like?

How does the design change from desktop to mobile?

...Now publish your finished site and send the link to someone for comments.

10 The Right Tool

You can use a wrench to pound in nails, but it doesn't usually do a very good job, and the effort required doesn't pay off. In the same way, you can use Photoshop to make a resume. But you wouldn't want to. Learning to use the right tool is an essential part of using the Adobe CC for Design applications.

Do not fall into the trap of using one program over the other because you 'like it better'. That is as absurd as using the wrench as a hammer because you like wrenches better. Each application has its own strengths.

*Now is also a good time to reiterate that the actual work of designing—communicating effectively through graphics—is of course beyond the scope of this book. As I pointed out in the first chapter, there are several good design books out there, and I would recommend Robin Williams' (not that Robin Williams) *The Non-Designer's Design Book*. Contrary to the title, this book is good for not only the non-designer, but also the beginning designer.*

InDesign

If you want to consider one application your 'go to' for every design, it should probably be InDesign. Typography is king in design—these little symbols that

make up this word, this sentence, are key to almost every design, and InDesign handles them very well. It has very fine controls over not only how type looks, but all of the spacing considerations that come up relative to type.

A traditional resume, for example, is something best done in InDesign. Here you would perhaps make two type frames (one for the information at the top of the resume, the other for all of the rest of the information). Through paragraph styles you would define all of the various forms the text takes, maybe headers that are large and bold, emphasized text in italic, perhaps even different type styles for different purposes in the resume. With paragraph styles you can define just the right amount of leading for your text, the exact space between your headers and text, etcetera.

When it comes time to edit and tweak this resume, you have very much control, and also more importantly, very much consistency. Every space between lines is the same, every space and rule below headers is the same. Every tracking control used in the headers is the same. Using paragraph styles in this situation is not an option, but a requirement!

Think about other designs where typographic consistency is crucial. A book (like this one!). A newsletter, menu, magazine, handout, flyer, business proposition, term paper, instruction manual, annual report, brochure. The list goes on.

InDesign also lets you do simple illustrations, and works very much like Illustrator in this regard. But beware—complicated illustrations are not only difficult in InDesign, but do not lend themselves well to modification, like scaling. InDesign is also not very fluid. If you were to design a sign, for example, you would quickly see that type in a text frame does not easily lend itself to visual adjustments and tweaking.

Illustrator

Illustrator is flexible, and you should use it when you need flexibility. It will handle any illustration with ease. The illustrations can be easily modified, added to, and subtracted from. You can produce anything from a postcard to a billboard.

With type, you can visually and immediately scale, rotate, and modify your words. There are also many of the same typographic controls we discussed in InDesign. But beware—flexibility with type does not equate to good typography.

Back to the traditional resume. Imagine you want a lot of flexibility in designing your resume, so you do each line of text separately in Illustrator. You can scale each bit visually, you have ultimate control and flexibility. But lets carry this on a bit—let's say you want to make all of your headers a couple of points bigger to see how it will look. Well, first you are going to have to do each one separately. Then your spacing is going to be messed on everything else so you will have to adjust that. Before you know it you have an inconsistent mess that you are not going to want to try

anything new with. You could have made a couple of dozen different design experiments in InDesign in the time it took you to do one in Illustrator. Your design will suffer. You just used a wrench as a hammer. I am exaggerating a bit here. Illustrator does have paragraph styles, etcetera, but my point stands.

But now imagine you are doing a full-page advertisement. You have a photograph that takes up the entire page, a headline with a few words, a short piece of body copy to explain what you need to, a bit of information about the company at the bottom of the page, and a logo. Here consistency across the elements will largely be visual. In Illustrator you can deal with each of the elements visually, moving them to just the right spot, scaling them, experimenting with different arrangements and different colors. You could do different drafts on different artboards, or just keep a multitude of experiments and drafts on the pasteboard. You may even want to break the headline into elements of one word each so you can play with different arrangements within the element. You can even see multiple versions at once on the screen to compare them. This kind of flexibility is just not possible in InDesign.

Look over the shoulder of a designer working in Illustrator. More than likely the pasteboard will be filled with bits and pieces of alternative designs.

So, with Illustrator you are going to be doing things where typographic and spacing consistency is secondary like in ads, posters, letterhead, packaging, logos, symbols, and illustrations.

Photoshop

The limits of Photoshop are pretty clear. Anything without hard edges (like a photograph) is best done with pixels, so that means Photoshop. Photographs, paintings, drawings, image based patterns, etcetera. Once you get into hard definite edges, such as are present in type, Photoshop will quickly run you into trouble.

Let's go back to that resume and imagine doing it in Photoshop. Ignore the fact that you have very limited typographic controls, and let's just look at how your type will look. You would make a new letter-size document and specify the minimum recommended 200 pixels per inch. Without typing a word your document is now 10 megabytes, and at that resolution your letters will not be sharp—hard edged objects need much more resolution than the 200 pixels per inch we talked about before in reference to photographs or other continuous tone images. So, we go to a resolution of 600 pixels per inch, which is closer to getting those hard-edge pixels to disappear, and our file size is now almost 100 megabytes. And we aren't anywhere close to even starting a good resume.

Give it up. Don't ever do type in Photoshop unless you need to for some reason (like when the type becomes an integral part of the image).

Xd

Using Xd is pretty straight-forward, and it would be difficult to confuse what you should do in this application.

The best way to think about Xd is Illustrator for interactive design. In the same way you prepare photographs in Photoshop or vector graphics in Illustrator, you prepare these things in the same way for Xd.

All Together

There are two ways of producing designs with type from these applications, and only two ways. The first is to use InDesign or Xd, and place images and/or Illustrator artwork into your document. This way you can have areas of complex illustrations and photographs combined with areas of consistent type. For example, this book.

The second way is to use Illustrator and place images into it from Photoshop. If the controls in InDesign are not needed, but the controls of Illustrator are, then this is the way to do it.

Students have a habit of combining these programs in ways other than these, with strange and usually ghastly results. Like exporting a PDF from InDesign and placing it in Photoshop! Or placing an Illustrator file into Photoshop! There is generally no reason to do these things, and unless you really know what you are doing they will lead to disaster. Or at least a mess.

There are, however, dozens of very specialized ways of using the applications that do involve some special ways of doing things. For instance, in the last chapters we will paste an Illustrator drawing into Photoshop. There are good reasons for doing these special techniques, but until you know them, and know why you are doing them, stick with one of the work-flows on the following page that represent 99% of the designs you see on the web or print.

Design Work-flows

Photoshop to screen (JPEG) or print

For those projects where you need to put photographs into emails or print them out for your grandmother. Etcetera.

Illustrator to PDF or print

An advertisement, your schedule, a map to your house or instructions for someone. Etcetera.

Illustrator with linked Photoshop images

to PDF or print

Poster for your lost cat or prospectus for a new client. Etcetera.

InDesign to PDF or print

Your resume. Your first novel. Etcetera.

InDesign with linked Photoshop images

and/or Illustrator illustrations to PDF or print

Your first graphic novel. A book like this. A newsletter. Etcetera.

Xd with images from Photoshop and vector graphics from Illustrator

A web site!

Chapter 10 Review

InDesign

when in doubt, use InDesign
best for typographic consistency

Illustrator

best for small amounts of type
retains visual flexibility
works well with illustrations

Photoshop

for continuous-tone images

Xd

for interactive design

All Together

InDesign with placed Illustrator and Photoshop files
Illustrator with placed Photoshop files

Design Work-flows

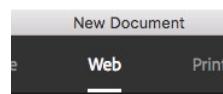
some suggestions on the right tool for the job

11 More Illustrator

The next three chapters will deal with additional techniques from each of the three applications you have learned. These are things that many beginning students have found useful. After these last chapters the techniques that are most useful for you personally are many times different than the techniques that others will find useful. In any of the applications the way to learn the techniques that will serve you best is to look around using the help menu or the web when you find yourself at an impasse or when you think there must be an easier way... There probably is!

Document Mode

When you click Create New in Illustrator, tabs at the top of the resulting window allow you to set the intent of the document. The two choices you should use are either *Web* if your final product will be seen on a screen or *Print* if it will be printed out.



The main practical difference between the two is that in printing, color is achieved by the mixing of three colors (cyan, magenta, and yellow) plus the addition of black; while on the screen color is always achieved by the mixing of only three colors (red, green, and blue). For Illustrator to know how to define colors, it needs to know the final medium. One common prob-



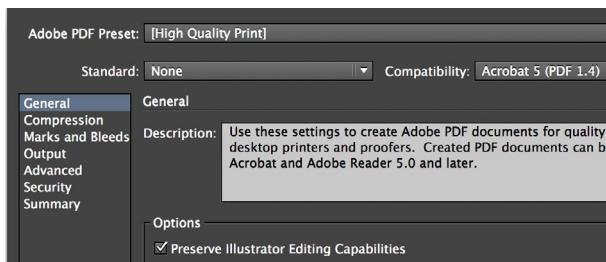
lem is the lack of true blacks in PDFs in print documents seen on a screen.

More PDF

PDFs files are incredibly useful and versatile. They may contain only vectors and be of very small file size. Or, like this book, they may contain many pages and combinations of vectors and pixels-based images. They can have fonts embedded in them so that the computer they are viewed on doesn't have to have the used fonts installed. They can even be interactive like web pages. Although it is beyond the scope of this book to investigate everything about PDFs, a quick look at a few options will be helpful.

To check a file size on a Mac, highlight the file's icon in the finder then go to File > Get Info.

With an Illustrator document open, go to File > Save As, and specify Adobe PDF as the file format. In the resulting requester box (as with InDesign), you can change the preset to make a large high quality file for printing or make a screen resolution file which is much smaller. File size is very important when you are emailing a file, and it is always good to check the size of a PDF after you save it. If your file size is over about 5 megabytes think twice before emailing it. You can change the file size of a preset by modifying



it. In The compression tab is where you will find the most savings of file size. See if you can apply what you learned in Photoshop about image sizing in this requester box.

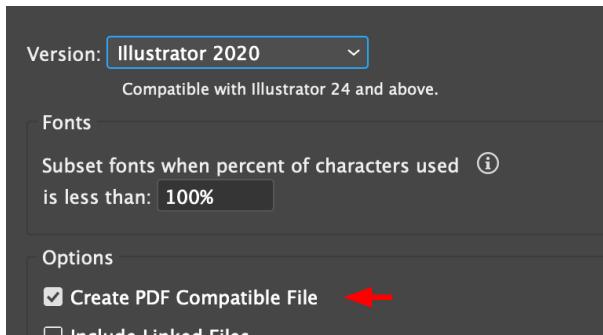
While in the *save Adobe PDF* box you may want to check *Preserve Illustrator Editing Capabilities*, but in most situations it is best to save an Illustrator version of your file for editing and save the PDF file with this unchecked for sending to others.

Embedding fonts with PDF files (also an option in this box) generally works well. With some fonts, however, it does not. If you have problems with fonts viewing correctly in your PDF you can select all of your type boxes and convert them to outlines (Type > Create Outlines). Your text will no longer be able to be edited, but there will be no fonts to cause problems.

For special-use PDFs, such as the making of PDF forms, you need to use another application—Adobe Acrobat Pro. Although not covered in this book, it is part of the Adobe Design Suite.

When you save a file in Illustrator format (Adobe Illustrator [ai]) you have several options that are fairly self-explanatory (or not too important now). One that is important is the option of saving a PDF embedded in your Illustrator file.

You must have this option checked when placing an Illustrator file into InDesign (InDesign actually uses



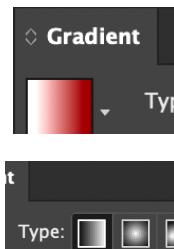
the PDF portion of the file), but otherwise use caution when checking this box. If there are many images your file size can get very large.

Also notice that it is in the Illustrator options box that you can save an Illustrator file to work with previous versions of the application.

Transparency & Gradients

Any object can be given a stroke or fill that has a level of transparency by specifying that level in the transparency panel. Be careful not to use this as a shortcut to get a lighter color, however. Instead, specify a lighter color in the color panel.

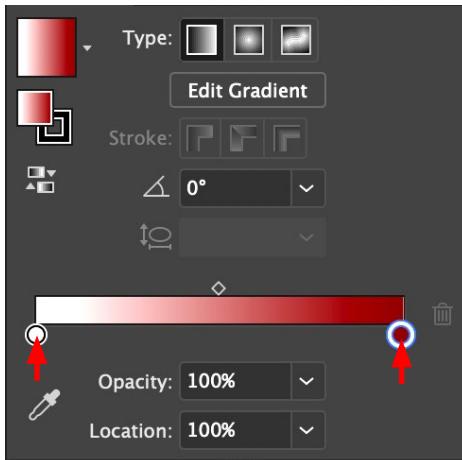
Gradients are colors that fade into other colors. Often these are used with stars by beginning design students, but they can be useful. Make a shape, open the gradient panel, and specify a gradient from the pull-down menu next to the icon showing the gradient in the upper left of the panel. Now choose the type of gradient, either one from the center out (radial) or one that goes across the shape (linear). You



can change the angle of the gradient (if it is linear) by typing in a number in the box below the gradient type and you can change where the fade of one color to the next happens by dragging the diamond at the top of the bar showing the gradient.

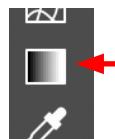


To change the colors of a gradient, click on either the start color or the end color slider button at the bottom of the bar showing the gradient. When clicked the slider will have a highlighted edge showing it is selected.



Pick a color from the color panel or double-click the slider to change the slider color. You can add colors to your gradient by clicking where a new slider would appear below the bar showing the gradient. And you can delete colors by dragging the slider away. You can also control your gradient using the gradient tool, and you can use this tool to have the gradient go across multiple objects if you group them first.

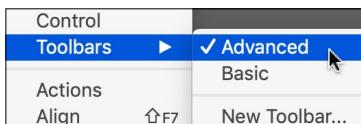
To use two panels at once, click on the top of one and drag it from its dock.



There are tools
that are only
found in the
advanced toolbar.

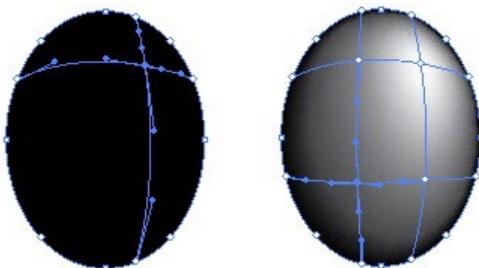
Gradient Mesh

For these next instructions, use the advanced toolbar
(Window > Toolbars > Advanced).



While gradients are very limited in their control (linear or radial), a **gradient mesh** is a way to have complete control over gradients. Make an oval with a black fill. With the mesh tool click once on the upper right area of this oval. Now with the direct selection tool, click on the point that you made with the gradient mesh tool (to select it) and change that point's color to white.

Gradient mesh
with one point,
and with the color
changed to white
for that point.



Now you can make more points in your shape using the gradient mesh tool, and assign colors to each of those points (and the points at the edges). These points can be edited or selected with the direct selection tool in exactly the same way that points in an object are. Like the points and paths of shapes, gradient meshes are fairly awkward to work with at first,

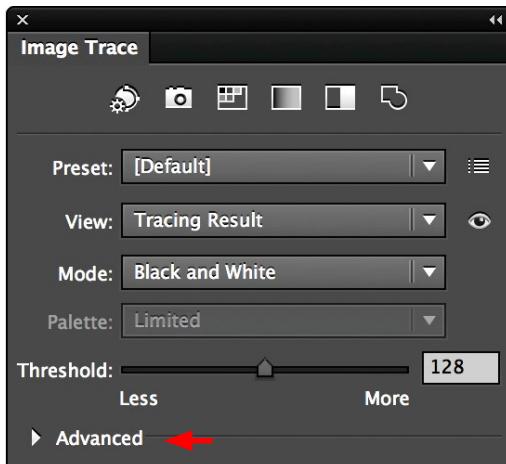
but give you very powerful controls over shading illustrations.

Remember, as with all the techniques in this book, practice and using the help menu will allow you to go farther with this technique.

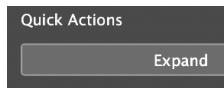
Image Trace

Image Trace allows you to take a continuous tone image like a photograph and make a vector description of it that can be edited in Illustrator. While not an especially frequent way of dealing with things, it can get you out of trouble, such as when you need to edit a logo or line drawing from a bitmap image.

Start by placing an image (find one without many pixels) into Illustrator. Open the Image Trace panel and roll the mouse over the different options to get the tooltips descriptions for what the buttons do. Try different buttons with preview checked.



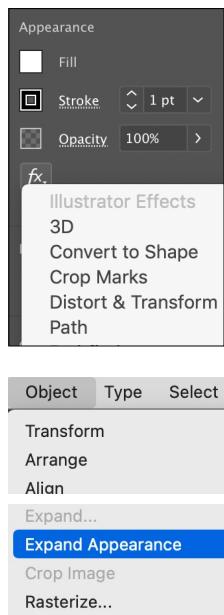
See if you can figure out what some of these options mean. Complicated or large images may take quite a while for a preview to generate, so you might find it easier to get your bearings using this technique with a small simple image.



After you get what you want, click 'Expand' in the properties panel. Ungroup the object and you can edit it as in any set of objects in Illustrator using the selection tool and the direct selection tool. With complicated objects you may want to automatically remove points you don't need by going to Object > Path > Simplify. This is also a good option to try when converting type to outlines.

Illustrator Effects

In the property panel below Opacity and also in the Effect menu, there are two groups of effects (fx). The first group is composed of Illustrator effects. These can be used to modify shapes or type. Except with using the *Rasterize* effect your shapes and type remain Illustrator vector objects.



Select an object or type and go to Effect > Stylize > Drop Shadow or click on the *fx* button in the properties panel. If you have found the drop shadow option in InDesign, you will notice that in Illustrator it behaves very differently. You can separate the shadow from your shape by choosing *Expand Appearance* as in the illustration at left and then ungrouping it. Or, you could use this as an opportunity to change it in the Appearance options in the properties panel by clicking on *Drop Shadow*.

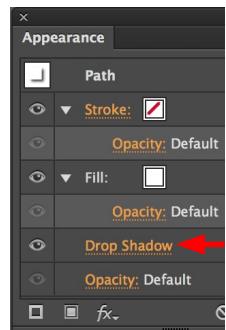
The second group of effects is called *Photoshop Effects*. These should probably not be used since most convert the object into a bitmap with pixels (they rasterize it), leaving you with very limited further controls, bloating your file size, and increase the possibilities of having poor quality.

You may be wondering why Illustrator lets you do so many things the ‘wrong’ way. Flexibility is key to Illustrator, and the wrong way will turn out to be the good way every once in a while. For example: The office copier broke, and I need a sign to put up for the next twenty minutes until it gets repaired. I could paste a photograph of a cute monkey into Illustrator, run a Photoshop filter to half-disguise the fact that I don’t have enough pixels in the image, add some words, and print it out before I close the file without saving. The sign is a bit of fleeting ephemera that needs no sweat about quality... Although some would argue that everything needs more quality.

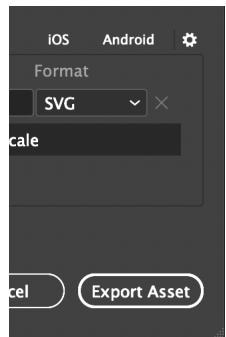
SVG Files

First select a graphic, such as an icon or a logo, in Illustrator. Go to File > Export Selection... and choose *SVG Format*. This will export your graphic as a Scalable Vector Graphic which can be placed in many applications and even used as a web graphic.

The advantage of using SVG files over bitmap images (like JPEGs) is that they can be scaled to any size without losing quality. They are also usually small file sizes and very versatile. Use them!



Most things, like the Appearance panel above, have panels dedicated to them. Sometimes these panels have more options than those in the properties panel.



Chapter 11 Review

Document Mode

web (screen) or print modes

More PDF

changing file size of PDFs

embedded fonts

saving PDFs embedded into Illustrator files

Adobe Acrobat Pro for special PDFs

Transparencies & Gradients

using transparency panel

applying and editing gradients

Gradient Mesh

making and editing meshes

Image Trace

using image trace, options, expanding

Illustrator Effects

Illustrator (vector) and Photoshop (bitmap) effects

SVG Files

Exporting vector graphics for web and other applications

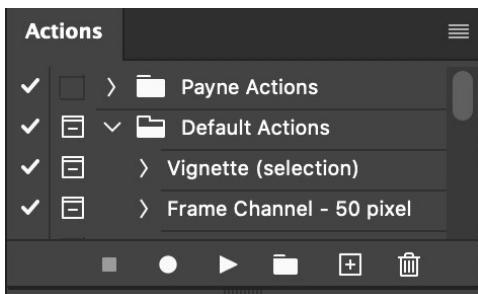
12 More Photoshop

Actions

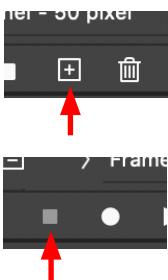
Often when editing images you need to perform the same techniques on many images. For example, you have a hundred images from an event, and even though only a few will ultimately be used, they all need to be sized and prepped for InDesign so that alternate designs can quickly be made.

To speed up the process, you can 'record' what you do with one image and 'play it back' on the other images by using the **actions** panel.

With an image open in Photoshop, open the actions panel and in its menu choose one of the pre-made actions in *Default Actions*. Run a couple of these actions on an image by clicking the play button at the bottom of the panel.



Notice the top folder labeled 'Payne Actions'. This folder contains my own actions I use repeatedly.



To record your own actions, click the new action button next to the trash can. Name your action, then do some things to your image, like changing the image size or the levels. When you are done, click on the stop square next to the red record button. Now open a new image and 'play' your action with it.

Actions are limited in the way they can record mouse movements across an image, so they won't record things like brush strokes, but they are a huge time-saver for other image operations. Many times all of the photographs taken at the same event will need similar image adjustments. Actions can reduce the time needed to process these significantly.

You can even play back an action on a folder of images by going to File > Automate > Batch. Of course the help menu can give you all the information you need to do this.

Lens Correction

If you are taking your own photographs,

Another Photography Book is an excellent resource by this author.

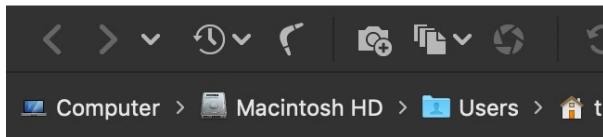
If you are getting images from a digital camera, there are many faults that are common in the images. Straight lines may be distorted (warped) by the lens. There may be parallax distortion by not lining up the camera perfectly with a geometric object. Or the image may get darker at the corners. This is called vignetting.

Going to Filter > **Lens Correction** will allow you to correct for many of these faults. There is even an automatic mode where it can correct for the faults inherent to the particular camera (and lens) used. And,

if you are using images in the various 'raw' formats directly from higher-end amateur cameras, you can perform these adjustments before the image opens in Photoshop in Camera Raw.

Bridge

Bridge is not actually part of Photoshop, but a separate application of the Adobe Suite that is often used in conjunction with Photoshop. Find Adobe Bridge and within it navigate to a folder of images.



You can see previews of each image in this application. You can also re-order your images, rename them, move them, give them ratings, see the details of them with a magnifier, see written information associated with them and open them in Photoshop by double-clicking on the image. You can also preview InDesign and Illustrator files using Bridge.

Navigate to a folder of images using the nav bar near the top of Bridge's window.

If you are working with a lot of images, Bridge (or another image cataloguing application such as Adobe Lightroom or Phase One Capture One) is a necessary part of the workflow.

Color Profile

Images on computers (or printers, cameras, scanners, etc.) are actually made up of numbers describing the color of each pixel. What color corresponds with what number is defined in a **color profile**.

When faced with a profile decision, use the sRGB option (at least until you know more).

Scaling in this instance doesn't need the shift key to keep proportions.

A vector layer selected in Photoshop.

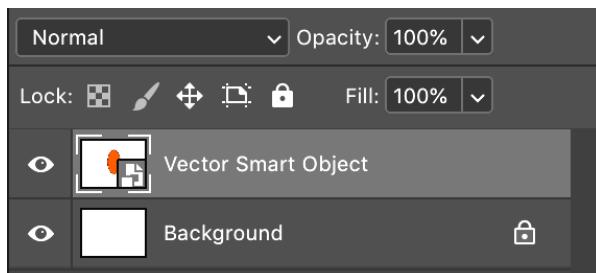
While many of the things related to color profiles are automatic and 'behind the scenes', there are aspects that deserve your attention if you are going to be producing the best looking images possible.

It is beyond the scope of this book to even start to explain the technicalities of color, but put 'learning more about color' on your to-do list.

Smart Layers

Using **smart layers** is a way of combining Illustrator and Photoshop that is best described by doing it.

Make a shape in Illustrator and give it a color and a stroke. Select it and copy it (Edit > Copy). Now in Photoshop, open an image and paste this on it (choose 'smart object'). After scaling your object appropriately, double-click on it to accept the import.



Your Illustrator shape is now a layer in your Photoshop file. But since Photoshop is not able to do much with vector drawings, you cannot edit it directly in Photoshop. In the layers panel, double-click on the area shown at left then edit and save in Illustrator. You will see that you can go back and forth between

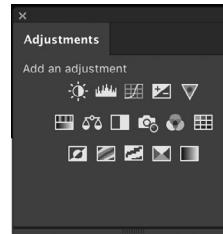
Illustrator and Photoshop, with changes you made in Illustrator automatically updating in Photoshop whenever you save the Illustrator file. When you are finished editing your Illustrator shape, go to Layer > Rasterize > Smart Object to make that layer a pixel layer like any other Photoshop layer.

This is one of many very specialized techniques in the Adobe Creative Cloud, and one which can be useful in integrating vector shapes into an image. But remember that it is a specialized technique—never copy and paste willy-nilly (or even higgledy-piggledy) between the applications. Leave that for the riffraff and the hoi polloi.

Layer Adjustments

There are a few more specialized types of layers in Photoshop. The most common is an ‘adjustment layer’, or a layer that only contains image adjustments such as levels.

With an image open in Photoshop, go to the adjustments Panel (Window > Adjustments, but you know that already) and roll over an icon to see what it does. Choose the second icon, which is levels. The adjustment will appear in the properties panel and you can adjust the levels of the underlying layer as you would in the levels dialogue box.



The advantage of using layer adjustments instead of the way we have learned to do adjustments is that the pixels are never permanently changed, so you can

go back and re-adjust at any time. You can have as many adjustment layers as you need.

The disadvantage of using adjustment layers is that things can get very confusing very quickly, especially if you are using layers for other things. That is why they were not covered earlier in this book (although I imagine most of you found them).

Remember that adjustment layers and vector layers (among many other things) will only be retained if you save your file in Photoshop format.

There is much more to learn about Photoshop, but you don't need to learn it all. Much of it is there for specialized purposes, such as for the web designer to do web comps or illustrators to do 'paintings'. The good thing about the complexity of the application is that it becomes very customized to special purposes. Many people use it for things never envisioned by the makers of the application, but its flexibility allows this to an incredible extent.

Chapter 12 Review

Actions

using built-in actions
recording and playing actions
batch processing folders of images

Lens Correction

correcting distortion and vignetting

Bridge

using bridge with Photoshop

Color Profile

complexity of color on computer

Smart Layers

using and editing vector images in Photoshop

Layer Adjustments

making and editing a layer adjustment

13 More InDesign

Poking Around

With InDesign a lot can be learned from just looking through panels, tools, and menus. There is much that is self-explained or very much like Illustrator. For example, if you wanted type with a drop shadow, go to Object > Effects > Drop Shadow with a type frame selected. You will find that although there are many of the same options for a drop shadow in InDesign as in Illustrator, it behaves differently. Not that you should use drop shadows—they are just a handy example here!

Stroke on type

Often when you are printing white (or light type) on a black (or dark background), ink from the dark background will seep into the letters making them effectively thinner. This is one reason why ink-jet printers are not preferable when using small (or even text-sized) letters. But you can compensate for this somewhat by putting a slight (start with 0.1 point) stroke on some sans serif letters in the same color as your letters.

Most serif fonts have too much fine detail for this rather ham-handed technique.

InDesign has four choices for what to color in a text frame. The first two choices are the stroke and fill of the text frame itself, and are accessed by clicking on the small box under the stroke and fill options in the



color panel. The second two options for a text frame color are for the text. These options are active when you click the small 'T' under the stroke and fill options in the color panel. You can also use stroke on text for a visual effect, but if not used thoughtfully it can easily distort and ruin the design of a nicely shaped letter.

Text Frame Options

It is not unusual to see text separated from other text by being in a lightly colored box, like for a side-bar. In InDesign you could just put your text frame over a colored box and group the two, or you can go to Object > Text Frame Options.

I entered '10pt' in the 'Top' box, then clicked inside another of the boxes. Since the chain in the middle is on, all boxes filled with my value (converted to rather useless inches—put learning about picas and points on your to-do list).



Here you can specify the amount of margins the text has within the frame, and you can set the color fill of the frame itself with the light color. You may notice that you can also specify that your text frame be of several columns instead of making several text frames for your columns. This may be a time-saving device for a very rigidly formatted book, but is probably of little use to you now.

Spreads

If you are doing a multi-page document for printing, it will usually involve pages that face each other (facing pages) called **spreads**. When starting a new InDesign

document, you are asked if you would like to set up these facing pages, so that you can format the right hand and left hand pages differently. At the very least page numbers are generally on the outside of pages, meaning they will be on the left of some pages and on the right of other pages.

So when you make a document with facing pages you will have a two-page parent spread, and pages will be arranged with the first page (the cover or the first right hand page) alone, then each subsequent page paired with another. After your document is done you can then send it to the printer, or at this stage of the game probably print it yourself.

This is where you will run into problems. If you print spreads and bind it into a small book (for example), you will find that page 3 is the last page in your book! The solution is to take your pages and manually rearrange them in the pages panel, leaving page one blank. Or, you could purchase one of a number of **plug-ins** (small applications that give a program extra functionality) that reorder the pages automatically for you.

Commercial Printers

This book is geared towards the beginning user of these applications, and you should know more before sending jobs to a printing company. If you need to do it now, talk to the printer about how to set up your documents, both in Photoshop if you are using images, and in InDesign. As a matter of fact, getting instructions from your printer is a good thing to do

even if you know a lot about these applications! Printing companies are very helpful in telling you how to set up a document, since it saves them time and frustration in the long run.

Paragraph Rules

Underlining type is virtually never done in designs, but adding lines below or above text and extending past the text is done quite a bit. These lines are called **rules**. Since they appear in conjunction with a return, and since pressing the return key defines a paragraph, they are called **paragraph rules**.

To make a paragraph rule, put the cursor in the paragraph (usually a header), and go to the menu item called paragraph rules in the paragraph panel. Here you can specify exactly how you want the rule to appear, and if preview is checked you can see the changes you make as you make them. You can also specify paragraph rules in the paragraph styles panel (by editing your paragraph style). This is where it is done if you repeat rules in your document.

Baseline Grid

When designing multiple columns of type or even facing pages of type, a designer will strive to keep each line of text directly in line with the line in the other page or column. This is one of hundreds of subtleties of type you have seen many times over but probably never noticed.

Make two text frames as if they were columns and fill with placeholder (or any other) text. Now go to View

> Grids & Guides > Show Baseline Grid. This will put a number of horizontal guides on the page (you may have to zoom in to see them) so that you can see that each line of text from one column lines up with that in the other. In preferences you could change the spacing of these lines and origin point to correspond with your font size (or more accurately your leading), but we don't really need to, as the default probably shows if your text is lined up or not.

The text you have more than likely lines up, and you might wonder why we need that grid for something so obvious. Here is why: Add a header or two a few point sizes bigger than your text. Unless you are incredibly lucky, the text no longer lines up across columns. Here is where the baseline grid comes in. Do a little math, and change the paragraph spacing for your headers so that it is a multiple of your text leading. Check the results by using the baseline grid.

Images and other illustrations can also set the lines apart so that they no longer line up. Good design is difficult, but a baseline grid can help you keep things in order. In this text the baseline of the facing pages and also the margin notes all align.

For this book the headers and the space above them take up 29 points, which is double the 14.5 point leading of the text.
<<

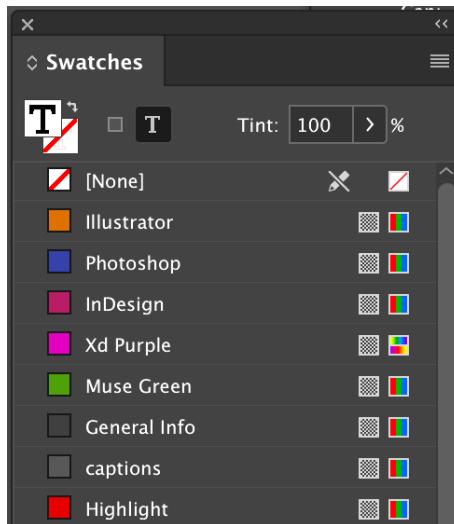
Swatches & Tints

You may have noticed a panel for **swatches**. These are commonly used colors in your document. If you use a color multiple times, add it to the swatches so that it is consistent throughout your design. You can add it directly from the menu of the color panel or you can make a new swatch from the menu (or icon at the bottom) of the swatches panel.

The swatches panel is in View > Color > Swatches

Near the top of the swatches panel there is a slider to change the tint (lightness) of a color. This is used not only to change the color of an object or type, but also to save money when using certain (spot) colors in commercially printing a project.

You can see the main colors used in this book here. If I need to change one color (like the Xd Purple which I hate), I can change the swatch color and all occurrences of the color throughout the book will change.



Chapter 13 Review

Poking Around

learning more about the application

Stroke on Type

using stroke to 'push back' ink
stroke and fill on letters and text frames

Text Frame Options

specifying text inset
multi-column text frames

Spreads

facing pages, 2 page master pages
printing issues
pages smaller than print size

Commercial Printers

talking to the printer

Paragraph Rules

using rules and applying in paragraph styles

Baseline Grid

use of baseline grid, grid preferences

Swatches & Tints

using swatches panel and changing tint

