

# Interactions between cardiac fibrosis spatial pattern and ionic remodeling on electrical wave propagation

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**Abstract**— Cardiac fibrosis is an important form of pathological tissue remodeling. Fibrosis can electrically-uncouple neighboring excitable cardiomyocytes thus acting as an obstacle to electrical propagation. In this study, we investigated the effects of fibrosis spatial pattern on electrical propagation in control, decreased maximum sodium conductance, and increased intracellular resistivity conditions. Simulations were performed with a monodomain approach and a realistic canine ionic model. We found that the propagation failure is highly dependent on the spatial pattern of fibrosis for all conditions studied with maximum sensitivity for patterns with combination of small and large clusters. However, the effect is particularly sensitive to reduced sodium current condition where conduction block occurred at lower fibrosis density.

## I. INTRODUCTION

Atrial fibrillation (AF) is the most common sustained clinical arrhythmia, touching several million Americans. There is evidence pointing to a role for tissue fibrosis in AF maintenance. Atrial fibrosis is associated with conduction abnormalities in experimental congestive heart failure (CHF) in dogs [1, 2]. Spatial dispersion of fibrosis has been shown to be different between systolic and diastolic heart failure in human [3]. Fibrosis occurs most commonly as a reparative process to replace dead cardiomyocytes [4].

The replacement of electrically active atrial myocytes that have died by electrically inactive collagen could result in electrical isolation of surrounding myocytes and the formation of barriers to wave propagation. Variation in fibrosis patterns induced different propagation delays in experiments [5]. Diffuse fibrosis resulted in a decrease in velocity of propagation in both at the 2D and 3D [6, 7]. It has been shown that obstacles can anchor and thus stabilize re-entering electrical activity [8, 9]. The wavefront-boundary interaction is also a key determinant of curvature of the re-entering front, which can influence propagation velocities [10, 11] and refractory periods [11, 12]. A recent study

proposed that the spatial pattern of fibrosis may be an important player in AF stabilization [13]; however the understanding of this phenomenon remains limited. In order to better understand the role of the fibrosis spatial pattern and interaction with tissue electrical remodeling, we studied the effect of fibrosis on the propagation of the electrical activity as a function of the density ( $D_f$ ) and spatial pattern of fibrosis in different conditions (control, decreased sodium current, and increased tissue resistivity).

## II. METHODOLOGY

### A. Stochastic model of fibrosis patterns

We developed a novel simple model with which various patterns of fibrosis clusters can be built. The following sequential steps are repeated to build different 2-D fibrosis patterns with fibrosis density  $D_f$ :

1. A random number  $p$  is generated from an uniform distribution,
2. A new fibrotic site ( $100 \times 100 \mu\text{m}^2$ ) will touch an existing fibrotic area if  $p > p_{\text{thr}}$  given that open sites satisfying this condition still exists,
3. The position of the new fibrotic site is randomly chosen in the set of sites respecting the previous condition,
4. Redo steps 1-3 to increase the density of fibrosis  $D_f$  to the desired amount.

The probability for a new site to fall in a site without neighboring fibrosis is thus given by the parameter  $p_{\text{thr}}$  unless  $D_f$  is high enough that all remaining new fibrotic sites will be touching existing clusters.

### B. Monodomain representation of atrial tissue

Fibrosis patterns are integrated by replacing cardiac cells ( $100 \times 100 \mu\text{m}^2$ ) of the discretized 2-D isotropic substrate by holes with no-flux boundary conditions (disconnected space with no leak). A continuous and homogeneous monodomain representation of cardiac tissue was simulated with temporal and spatial variation of the transmembrane potential ( $V$ ) given by eq.(1):

$$\frac{a}{2r_i} \nabla^2 V = C_m \frac{\partial V}{\partial t} + I_{\text{ion}}(V, \vec{f}) \quad (1)$$

where  $a = 5 \mu\text{m}$ ,  $r_i = 75 \text{ Ohm-cm}$  in control, and  $C_m = 100 \mu\text{F}$ .  $I_{\text{ion}}$  was calculated with the ionically-realistic Ramirez-Nattel-Courtemanche canine atrial ionic model[14]. We studied three groups of tissue: control (ctl), decreased maximum sodium conductance by 50% ( $0.5 \times G_{\text{Na}}$ ), and increased tissue resistivity to  $500 \text{ Ohm-cm}$  ( $6.66 \times r_i$ ). The

Manuscript received March 26, 2011. This work was supported in part by the Natural Sciences and Engineering Research Council (P.C.), the Mathematics of Information Technology and Complex Systems (P.C. and S.N.) and the Canadian Institute of Health Research (S.N.).

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resulting velocities of propagation from rest are: 92 cm/s (ctl), 65 cm/s ( $0.5 \times G_{Na}$ ), and 34 cm/s ( $6.66 \times r_i$ ).

### C. Measures

The time of activation ( $T_{act}$ ) of each node of the model is detected by taking the time at which the cell first depolarized over -60 mV. Then,  $T_{act}$  is normalized by the time for an electrical wave to propagate from the stimulated side to the opposite of the tissue without fibrosis. Thus, the normalized time of activation ( $\tau_{act}$ ) is defined relative to propagation in a homogeneous tissue with identical resistivity and ionic properties. For direct comparison to the case without fibrosis, the delay of propagation ( $\text{delay}_{prog}$ ) is defined as the normalized time  $\tau_{act}$  when the first cell on the side opposite to the stimulation is activated. Simulations where  $\text{delay}_{prog}$  exists are flagged as “no block” while a case of “propagation block” corresponds to a simulation where no cell on the side opposite to the stimulation is activated.

The ratio of propagation block ( $R_{block}$ ) is defined as the number of simulations with propagation block over the total number of simulations for each pair ( $p_{thr}$ ,  $D_f$ ). Thus, for each ( $p_{thr}$ ,  $D_f$ ), a total of 40 simulations were done (10 different fibrosis patterns  $\times$  4 stimulation locations corresponding to each side of the substrate).

For all neighbouring substrate points separated by a distance of 500  $\mu\text{m}$ , the local phase differences in  $\tau_{act}$  are calculated for phase analysis as described in reference [15]. In summary, of each quadruplet of sites, the largest phase difference normalized by distance is taken, and these values pooled together to populate the maximum phase distribution. Percentile scores at 5%, 50%, and 95%, respectively  $P_5$ ,  $P_{50}$ , and  $P_{95}$ , are used to describe the distribution. The heterogeneity index was then calculated as  $\text{Index} = (P_{95} - P_5) / P_{50}$ .

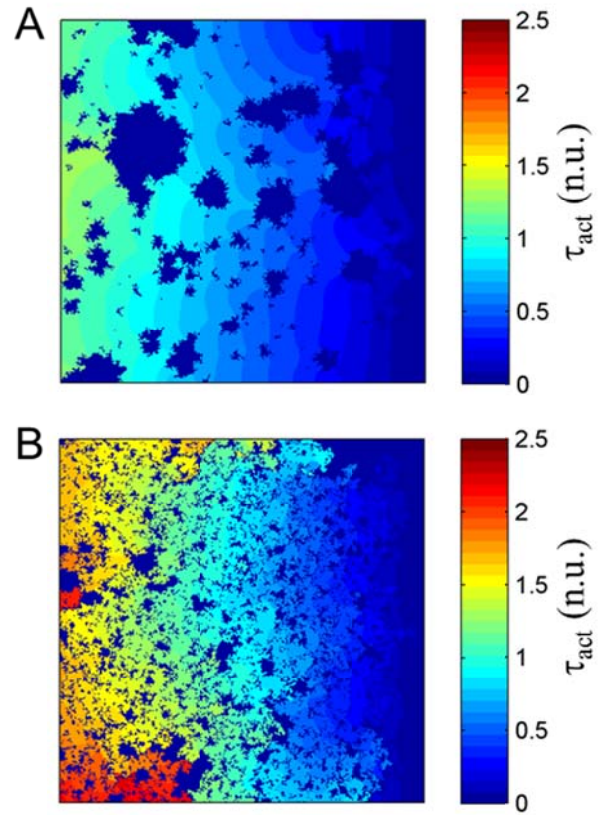
## III. RESULTS

Examples of normalized activation time for a single beat from rest following stimulation of the right side of the substrate with  $D_f = 0.2$  is shown in Fig. 1. The  $\text{delay}_{prog}$ , for the first cell to activate on the opposite side are 1.14 for  $p_{thr}=0.01$  (panel A) and 1.59 for  $p_{thr}=0.125$  (panel B) showing a sensitivity of the delay to the pattern granularity. The increased delay in panel B comes with an increase complexity of isochrones compared to panel A. In general, increasing  $D_f$  induces a conduction delay for all  $p_{thr}$  as expected.

The ratio of propagation failure ( $R_{block}$ ) was calculated for  $p_{thr}$  between 0.01 and 0.99 and is depicted in Fig. 2A for control substrates. An interesting result is the non-monotonous variation in the minimum  $D_f$  for propagation failure to occur ( $R_{block} > 0$ ). First, the minimum  $D_f$  for propagation block decreases when increasing  $p_{thr}$  from 0.01 to 0.125. The minimum  $D_f$  then increases until  $p_{thr} = 0.28$  where the minimum density remains constant at 0.37 for  $p_{thr}$  between 0.28 and 0.99 (delimited by a white transparent patch). A comparison of the  $D_f$  values for  $R_{block} = 0.5$  ( $D_{f,Rblock=0.5}$ ) shows that the spatial characteristics of fibrosis

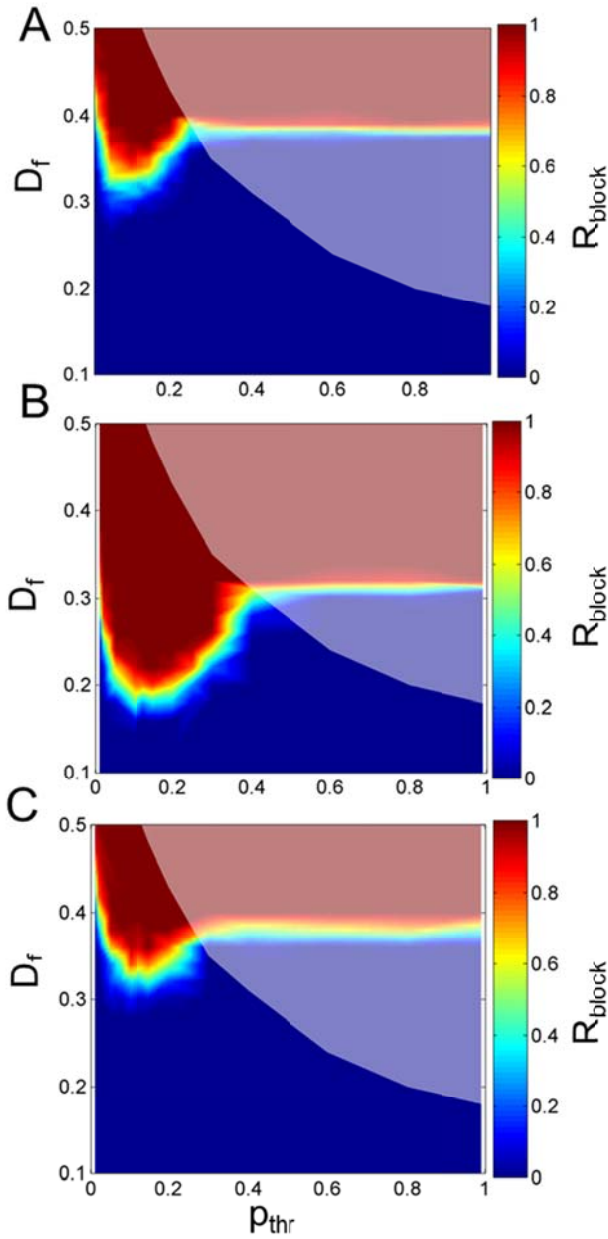
can change the minimum  $D_f$  by up to  $\sim 10\%$  (comparing  $p_{thr}=0.01$  and  $p_{thr}=0.125$ ).

The region of fig. 2 covered by the semi-transparent white patch shows a almost identical relation between  $R_{block}$  and  $D_f$  for  $p_{thr} > 0.28$ . The reason for this invariant behavior seems to be linked to the stochastic model of fibrosis. Thus for a given  $p_{thr}$  when increasing  $D_f$  starting from 0, the numbers of available sites where a new fibrosis cluster can be created without touching an existing fibrotic cluster decreases to zero differently as a function of  $p_{thr}$ . Theoretically, for  $p_{thr}=1$  (all clusters need not to touch another cluster), building optimal packing results in a maximum  $D_f$  of 0.25 (since packing is still random, the limit  $D_f$  is around 0.15). Thus, for large  $p_{thr}$ , the limit at which there are no available sites to satisfy the not-touching condition appears at low  $D_f$ . Inversely, building patterns with small  $p_{thr}$  favors adding patches touching existing clusters leading to higher  $D_f$  to attain the limit. Interpretation of the results suggests that the behavior of  $R_{block}$  is constant when we reached that limit.



**Fig. 1** Examples of propagation obtained from pacing the right side of the substrate with  $D_f = 0.2$  for A)  $p_{thr} = 0.01$  and B)  $p_{thr} = 0.125$ .

Results of  $R_{block}$  obtained with decreased maximum sodium current ( $0.5 \times G_{Na}$ ) are presented in Fig. 2B. A similar non-monotonous variation as in control condition (panel A) is found.  $D_{f,Rblock=0.5}$  decreases from 0.32 ( $p_{thr} = 0.01$ ) to 0.18 ( $p_{thr} = 0.1$ ) after increasing to  $\sim 0.31$ . Comparing ctl and  $0.5 \times G_{Na}$  shows that decreasing  $G_{Na}$  results in a decrease of the minimum  $D_{f,Rblock=0.5}$  from  $\sim 0.32$  (ctl) to  $\sim 0.18$  ( $0.5 \times G_{Na}$ ).



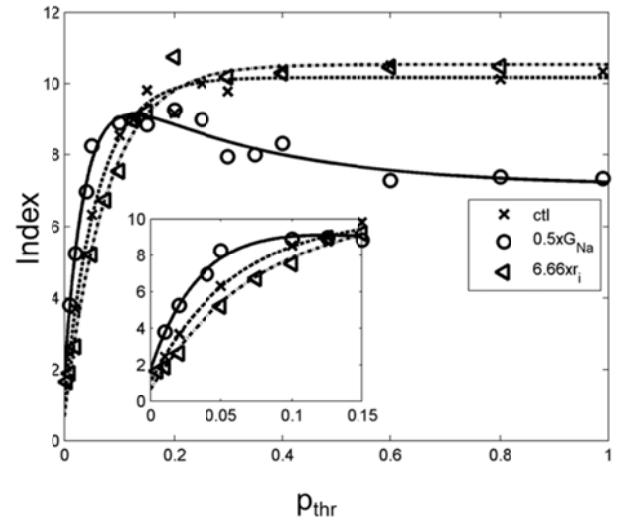
**Fig. 2** Ratio of conduction block ( $R_{\text{block}}$ ) as a function of  $p_{\text{thr}}$  and  $D_f$  for A) ctl, B) “ $0.5 \times G_{\text{Na}}$ ”, and C) “ $6.66 \times r_i$ ” groups. The area covered by the white semi-transparent patch corresponds to the situation when a new fibrotic patch cannot be added without touching an existing cluster.

Increasing tissue resistivity resulted in a behavior for  $R_{\text{block}}$  (Fig. 2C) similar to the two previous conditions with again the non-monotonic variation of  $D_f$  for conduction block to occur as a function of  $p_{\text{thr}}$ . A comparison of  $D_{f, R_{\text{block}}=0.5}$  between control and increased resistivity conditions yielded almost identical minimum values of 0.32 but at a lower  $p_{\text{thr}}$  for tissue with higher resistivity (0.05 for ctl vs. 0.1 for  $6.66 \times r_i$ ). However increasing  $r_i$  resulted in higher difference between minimum and maximum  $D_{f, R_{\text{block}}=0.5}$  over all  $p_{\text{thr}}$  values ( $\sim 0.10$  in ctl vs.  $\sim 0.15$  for  $6.66 \times r_i$ ). In order to assess the sensitivity to a change in  $D_f$ , we calculated for every  $p_{\text{thr}}$

the interval in  $D_f$  between  $R_{\text{block}} = 0.95$  and  $R_{\text{block}} = 0.05$  ( $\Delta D_{f, R_{\text{block}}}$ ) as an index. The results obtained show that  $\Delta D_{f, R_{\text{block}}}$  is smaller for the “ $6.66 \times r_i$ ” group (maximum  $\Delta D_{f, R_{\text{block}}}$  of 0.13) compared to ctl (maximum  $\Delta D_{f, R_{\text{block}}}$  of 0.16) most predominantly for  $p_{\text{thr}} < 0.1$ . Thus, increasing tissue resistivity results in a more rapid change in  $R_{\text{block}}$  when increasing  $D_f$  compared to control substrates.

The question remains whether the transition to block of propagation with increasing  $D_f$  is solely determined by the heterogeneity of propagation. The heterogeneity index was thus calculated for each  $p_{\text{thr}}$  at the limit of conduction i.e. at  $D_f$  preceding the conduction block. The results are plotted in Fig. 3 for the three groups presented in Fig. 2. The Index for the ctl and the “ $6.66 \times r_i$ ” groups increases with  $p_{\text{thr}}$  similarly.

The results were initially fit by  $A - Be^{-p_{\text{thr}}/\kappa}$  (black curves). Comparison of the fitted parameters show that Index increases less rapidly with increased tissue resistivity ( $\kappa = 0.06$  in ctl compared to 0.08 for “ $6.66 \times r_i$ ” group). Interestingly for the  $0.5 \times G_{\text{Na}}$  group, the Index could not be fitted by a single exponential but required a double exponential of the form  $A - Be^{-p_{\text{thr}}/\kappa_1} + Ce^{-p_{\text{thr}}/\kappa_2}$ . The rapid increase in the Index (fig. 3) for is due to  $\kappa_1 = 0.04$  lower than  $\kappa = 0.06$  in control followed by a decrease in the index via the second exponential with  $\kappa_2 = 0.29$ .



**Fig. 3** Mean index of heterogeneity calculated from simulations right before conduction block occurs when increasing  $D_f$ . Results obtained for ctl,  $0.5 \times G_{\text{Na}}$  and  $6.66 \times r_i$  groups are shown. The insert is a close-up view of the index in the range of  $p_{\text{thr}} = 0$  to 0.15.

#### IV. DISCUSSION AND CONCLUSIONS

Atrial fibrillation occurs more often with aging and cardiac pathologies, correlating with increasing fibrosis. The increase in fibrosis influences both the mechanical and the electrical function of the heart. Clinical studies have suggested a role for fibrotic tissue in partial wave block [16] conduction delays, propagation blocks, and greater conduction heterogeneity [5, 17]. It is believed that the pattern of fibrosis plays a particularly important role [5].

However, how precisely fibrosis pattern alters electrical propagation with and without electrical remodelling remains unclear.

Here we show that independently of the substrate electrical characteristics, the spatial pattern of fibrosis modifies the amount of fibrosis needed for conduction block. However, block of the sodium current results in a shift of  $R_{\text{block}}$  to lower  $D_f$ . Thus, rapid electrical activity or decreased expression of sodium channels will favour conduction block at lower fibrosis density, as is otherwise the case for diffuse fibrosis[18]. Surprisingly, increasing tissue resistivity (resulting in almost 1/3 of the control velocity of propagation) did not have a strong effect on the sensitivity to conduction block and heterogeneity of propagation (see Figs. 2 and 3). An exception is for small  $p_{\text{thr}}$  where increasing the resistivity seems to favour propagation in tissue with higher fibrosis density accompanied by a decrease in conduction heterogeneity (see insert in fig. 3).

An interesting result is the non-monotone variation in the heterogeneity index that is seen with decreased maximum sodium conductance ( $0.5 \times G_{\text{Na}}$ ) which peaked in the region where propagation failure occurred at lower  $D_f$  (fig. 2). This result is consistent with the usual interpretation that larger conduction heterogeneity is a marker of greater sensitivity to arrhythmia. However, the same interpretation seems not to apply to control and increased tissue resistivity conditions. The exact mechanisms remain to be elucidated.

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