

Heart Failure Monitoring Checklist



www.VetcardioHub.com

Baseline SRR: breaths/min

Current medications & doses

<input type="text"/>	Dose: <input type="text"/>
<input type="text"/>	Dose: <input type="text"/>
<input type="text"/>	Dose: <input type="text"/>

Veterinary contact / emergency instructions:

Resting Respiratory Rate (SRR)

- Counted while deeply asleep
- SRR today: _____ breaths/min
- Compare to baseline
- Rising trend? Yes No
- Any concern (SRR >30, or ↑ 20%) → contact vet

Breathing Effort

- Normal
- Mildly increased
- Marked effort (worry)
- Open-mouth or abdominal breathing (urgent)

Coughing

- None
- Occasional
- Frequent
- New / worsening

Appetite & Weight

- Ate normally
- Reduced appetite
- Didn't eat
- Weight original : _____ kg
- Sudden weight gain (possible fluid)

Activity & Exercise Tolerance

- Normal for them
- Slightly reduced
- Clearly reduced
- Collapse / fainting (urgent)

Behaviour / Wellbeing

- Normal behaviour
- More tired / withdrawn
- Restless at night
- New signs (pacing, hiding, clinginess)

Medication Monitoring

- Gave all medications
- Missed dose (record on sheet)
- Vomited afterwards
- New medications started

! Contact your vet or emergency service if you notice any of the following:

- SRR consistently >30
- SRR ↑ >20% from baseline for >2 days
- Marked breathing effort
- Open-mouth breathing or panting at rest
- Collapse / fainting
- Dramatic reduction in activity
- Not eating for >24 hours
- Persistent cough worsening rapidly

Monitoring Record Sheet