

Heart Failure Monitoring Checklist



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Baseline SRR: breaths/min

Current medications & doses	<input type="text"/>	Dose: <input type="text"/>
	<input type="text"/>	Dose: <input type="text"/>
	<input type="text"/>	Dose: <input type="text"/>

Veterinary contact / emergency instructions:

Resting Respiratory Rate (SRR)

- ☐ Counted while deeply asleep
- ☐ SRR today: breaths/min
- ☐ Compare to baseline
- ☐ Rising trend? ☐ Yes ☐ No
- ☐ Any concern (SRR >30, or \uparrow 20%) \rightarrow contact vet

Breathing Effort

- ☐ Normal
- ☐ Mildly increased
- ☐ Marked effort (worry)
- ☐ Open-mouth or abdominal breathing (urgent)

Coughing

- ☐ None
- ☐ Occasional
- ☐ Frequent
- ☐ New / worsening

Appetite & Weight

- ☐ Ate normally
- ☐ Reduced appetite
- ☐ Didn't eat
- ☐ Weight original : kg
- ☐ Sudden weight gain (possible fluid)

Activity & Exercise Tolerance

- ☐ Normal for them
- ☐ Slightly reduced
- ☐ Clearly reduced
- ☐ Collapse / fainting (urgent)

Behaviour / Wellbeing

- ☐ Normal behaviour
- ☐ More tired / withdrawn
- ☐ Restless at night
- ☐ New signs (pacing, hiding, clinginess)

Medication Monitoring

- ☐ Gave all medications
- ☐ Missed dose (record on sheet)
- ☐ Vomited afterwards
- ☐ New medications started

! Contact your vet or emergency service if you notice any of the following:

- SRR consistently >30
- SRR \uparrow >20% from baseline for >2 days
- Marked breathing effort
- Open-mouth breathing or panting at rest
- Collapse / fainting
- Dramatic reduction in activity
- Not eating for >24 hours
- Persistent cough worsening rapidly

[illegible][illegible]