Old Dominion University



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Institute for Learning in Retirement

1881 University Drive, VA Beach VA

Spring 2013

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President's Corner: Happy 20th, ILR!

ILR was initiated in May, 1993. Thirteen people took the first steps toward forming some type of lifelong learning in conjunction with ODU. Toby Netherton chaired the original meeting and was the first Administrator. The first class subjects were music, art, and colonial history. This group of thirteen has earned our highest respect and gratitude for these early actions. In the beginning, classes met at the Adult Learning Center (Virginia Beach Blvd and Little Neck Road). In 1999 we moved to Pembroke Two, and in 2002 we moved to the Virginia Beach Higher Education Center (VBHEC).

Today we celebrate continuing learning on many fronts, including the classroom, local tours, book discussions, social events and various other activities. This vibrant organization is powered by a devoted group of volunteers, and a membership of more than 650 profit from their commitment. Their efforts are greatly appreciated. The average life of ILR-type organizations is far below our 20 years—Go, ILR, Go! (And we did it all without a football team as the main focus!)

While it is appropriate that we celebrate

our 20 years of service to the lifelong learning community, it is not inappropriate to mention a couple of the challenges we are confronting.

As we grow in the quantity and quality of courses offered, we are competing for classroom space with growing ODU and NSU student populations. This often contributes to the dreaded "wait list." To address this, we continue to look for viable space outside the VBHEC, both in Norfolk and Virginia Beach, to allow greater attendance.

ILR is a volunteer organization (we have one paid, part-time administrator) and we continually struggle to find members willing to take a leadership role by serving on one of the numerous committees and/or on the Board of Directors. If we continue to fulfill our mission in our usual high-quality manner, and if we continue to grow in our service to the community, we must have more people step forward and volunteer their time and talents. If you like what you are receiving and want to make sure it will continue, please contact a member of the Board or the ILR office (oduilr@juno.com; 757-368-4160) and offer your help.

~~ Dave Patterson and Mike McGraw

Save the date: June 6, 2013

Travel Trip: The Rappahannock River Cruise/

Ingleside Plantation Winery

Board Members 2013-2014:

President, Mike McGraw

Vice President, Sandy Barczak

Secretary, Mary DeLaney

Treasurer, Robert Chapin

Historian, Carole Albero

Past President, Dave Patterson

At-large Board Members:

Robert Burns

Donald Christensen

Committee Chairs:

Communications & Technology:

Robert Chapin

Curriculum:

Anne Blanchard Judy Schooley

Membership:

Dorothy Wolfred

Nominating:

Shirley Barco

Social:

Susan Clarke

Nancy Pond

Travel:

DeeDee Rockefeller

Volunteer:

Trude Engelund

Administrator:

Theo Rozdilsky

Interim Newsletter Editor:

Sandy Barczak

History of the 6th Annual ILR Art Show



New members of the ILR may be unfamiliar with the Annual ILR Art Show. It is an exhibition of work by members of the ILR. Anyone who belongs to our organization is welcome to participate. Any medium is acceptable, but we stipulate the design of the piece must be the artists original work. Copies of other artistsqwork is not acceptable. In the past we have had paintings, drawings, batiks, sculptures, collages, wall hangings, etc. Another stipulation is that the work has not been shown in a previous ILR show. Members may choose to sell their work or not. There is no jury, it is simply an exhibition that shows the many talents of our members.

ODU is our partner in this endeavor and hosts the artistsqreception. This years dates are as follows:

Hanging of show: April 1o
 11am-1pm

Reception: April 3õ 4:30pm -6pmTake down: May 1õ 11am-1pm

Applications for entry must be in the office by March 15.

The previous five shows have been excellent, and we expect this one to surpass them.

We hope to see artists from previous shows and look forward to our new members joining us in displaying their work.

~~ Daisy Smith

Summary of Feb. 12 Board meeting:

- Slate of nominees for the Board is set.
- Need for another large classroom was discussed.
- Annual meeting invites were mailed.
- Scholarship recipient will attend the Annual Mtg.
- Current membership includes 166 new members.
- Social events have had good attendance.
- Upcoming trip to Wallops Island is at full capacity.
- Next meeting is our Annual Meeting Luncheon March 15.



Humor Corner

"Be careful about reading health books. You may die of a misprint."

~~ Mark Twain

Summary of a Week of ILR Classes in February

The week of February 11th was a golden one for ILR classes. We started with another wonderfully detailed class by John Quarstein on the War of 1812.

It gave most of us a new way to see the actual military situation by truly discussing the role of Baron Von Steuben (a friend of Ben Franklin) who saved the day in many ways, mostly by actually turning our ragtag Minutemen into a true army.

Then we went on to learn about the glory days of piracy along our coasts soon after all that. The Chewnings took us back in time to live the life of a rather dashing "entrepreneur" of the sea; advance salvage was his field.

The tavern keeper let us into the world of plant uses, cooking conditions, and a place where widowed women could actually support themselves if they overlooked their patrons occupations. She ran a very upscale boardinghouse/tavern allowing only four to a bed.

The move into astronomy the next day, with Dr. Bohon's great lecture with group participation to find out the mysteries of the universe on our level, really kept this golden week going.

The grand finale was our Valentine Day tribute, "Animals in Love." Some truly adorable pictures and some a bit graphic, but fig leaves were used when really needed. We did learn about one amoeba type that did the deed, by just sloughing off the right type of cells when they get in a tight crowd of any sort. It gave us all a thought about being in a crowed elevator!

We learned about the Cheetah's DNA problems, and some tricks the non-dominant males in animal societies use to get a little action.

Lisa Behm will be back in the near future to update us on other types of animal behaviors we can relate to.

~~ Judy Schooley

The ILR Needs Y-O-U!!!

What to do after retirement - so many choices and yet some days nothing seems enticing. As a fairly recent retiree and new resident to the Virginia Beach area, I happened on the ILR and jumped in with both feet. However, volunteering at the ILR can be whatever suits your schedule: one hour a month, one hour a week or whatever!! There are so many wonderful opportunities to fill your spare time. The various committees offer a multitude of interests no matter what category your favorite thing to do happens to be.

Be a serious contender - raise your hand today and learn what happens "behind the scenes." I can also guarantee that you will have fun and laugh a lot!!



~~ Sandy Barczak

The White House Christmas Experience



With an extremely adventurous Travel Team Committee we decided on a brave and daunting venture to transport 50 people to the White House for a special once-in-a-lifetime Christmas trip.

After sending out an announcement last summer that this was going to happen, we had an overwhelming response to our request for 50 other folks who would love to brave the elements to go to Washington, D.C. in December. We were stunned and excited to receive the word that 135 of you had decided to accompany us on our little jaunt. This necessitated obtaining a 2nd bus and putting many of you on a waiting list. Our little problem was that we didn't know the specific date or what time we were going.

The wonderful people of ILR hung in there with us until the 1st week in December when we were able to get a date from the U.S. National Park Service, who handles such requests, and there the fun began for me. Everyone was contacted about the time and date and many of you decided that leaving at 3:30 am was a bit too much, or during the long wait other commitments were made, the waiting list was called to replace you. All on the waiting list were able to go.

We ended up with 94 of you brave travelers going

on a bus trip in the middle of the night to see the White House in all its Christmas splendor, and on to lunch and Tudor House in the afternoon.

There were some glitches: bus breaking down, dinner not what was expected, lack of bathrooms, but we struggled on.

The travel team received many compliments about the trip and suggestions for the next time. Also, your problems were taken into consideration, and we will make adjustments for the next time.

On the whole, it was a good and successful trip. The White house was spectacular, Tudor House gave us a glimpse of the past and everyone made new friends.

We will be planning this trip again in the future, but probably make it an overnight outing to eliminate the early hour of departure.

I want to thank my wonderful Travel Committee for all the effort and work they put in to make this trip possible, and all of you who persevered with us with your usual good humor and help. The ILR is truly a wonderful group, and we hope to see you again on our many wonderful trips.

~~ DeeDee Rockefeller

In Memoriam

Okey Townsend

Died: January 4, 2013

Important "Bucket List" Addition

With all the talk of "Bucket Lists" today, we thought you would want to add serving on the ILR Curriculum Committee as one of your experiences. It is easier than sky diving and less expensive than a cruise to Antarctica.

- There are **only** four meetings a year.
- You can get "expert" guidance from current members.
- You meet fascinating instructors up close and personal.
- You have the joy of opening new vistas for your fellow ILR members.
- Your organizational skills will be put to good use.

You do not need to have current access to prospective teachers. We help you get started with solid leads, ideas, and techniques. You start by putting together one class a quarter and working your way to two or more as you develop your network. Our reputation among local college faculties is great. We actually want to learn, and they love interested students. And to be honest folks, the 8 folks on the committee cannot do it forever; new folks need to jump in and carry on. Call Theo in the office today (368-4160) and let her know you are willing to accept the challenge!!

~~ Judy Schooley





Important:

Report address changes to the ILR office as soon as possible of a new email address or change in mailing address to help keep our records up-to-date.

Welcome to New Members - Nov. 8, 2012 - Feb. 13, 2013

Norfolk: Christa Folkes, Conrad & Jeanne Greif, Jean Honick, Nancy Jacobson, Marilyn McManus, Donald & Sara Miller, Ada Salsbury, Judy Welp.

Virginia Beach: Claudia Banner, Judy Bates, Mike Burke, Deborah Collins, Michael Condon, Paula Dale, Nancy Ford, Dorothy Grogan, Phyllis Hale, Cynthia Havens, Marilyn Holcomb, Lannah Hughes, Evelyn Lewis, Aurora Livingston, Lauren Manson, Fred Osgood, Carol Pottenger, Susan Shipp, Don & Rita Trammell, Dan & Mary Vartabedian, Charles Warthen, Jacqueline Weitzel.



AARP Driving Class

The AARP Behind the Wheel Class will be offered March 21 & 22, 2013 at the Princess Anne Rec Center, 1400 Nimmo Parkway. If you missed out last summer and are interested in this opportunity, please call Ms. Coveney at 426-6023 for more details.