BIOGRAPHIES OF ILR BOARD NOMINEES 2014-2015

MICHAEL (Mike) L. MCGRAW, President

Following a career of more than 37 years with R.R. Donnelley, a global provider of integrated communications, Mike, as he prefers to be called, retired in late 2002, and moved to Virginia Beach to be near a daughter. He graduated from Trine University, then Tri-State University, in 1964, with a B.S. degree in business administration. During his Donnelley years, he served in numerous senior-level managerial positions at facilities in Illinois, Indiana, New York City, South Carolina and Texas. In 2002, he received the first-ever R.R. Donnelley Lifetime Achievement award. He is a distinguished graduate of the Officer Candidate School in Fort Eustis and served in the U.S. Army Transportation Corps from 1966 to 1972, attaining the rank of Captain.

Mike and Linda, his wife of 49 years, a retired Speech Pathologist, have two grown daughters, and four grandchildren, two girls and two boys. Since moving to Virginia Beach in early 2003, both Mike and Linda have been active in ILR programs, with Mike serving as Board Vice President for two years and as Board President for the past year. For three years, Mike served as a docent at the Chrysler Museum of Art in Norfolk. He is very involved in his religious community, Old Donation Episcopal Church, serving in parish leadership and worship positions, and at the diocesan level as a five-time elected delegate to the annual Council meeting and member of the Diocesan Executive Committee. Spare time activities include photography (both capturing and collecting images), golf, reading, studying history and travel.

SANDRA (Sandy) BARCZAK, Vice-President

Sandy was born and raised in Utica, New York. While she was a student at a local junior college, the CIA came recruiting; she accepted a job with them, and moved to the Washington, D.C. area in 1963. There she met her future husband (he was stationed at 8th & I Sts, SE (Marine Corps Headquarters); they were married in 1965, and lived in Jacksonville, Florida until his discharge in 1967. When he decided to return to college, Sandy went back to work at the CIA. In 1970, their son was born, and in 1972, their daughter. The following year the family moved to Manassas, Virginia where they resided until August 2010.

After many years of working as a federal employee at various government agencies, Sandy decided to become a stay-at-home mom. Once her children were in school, she began working part-time at a church in Manassas. In fact, before retiring in the spring of 2010, she had worked at three churches, and the Catholic Diocese of Arlington. Following the death of her husband in 2007, she felt that she needed to be closer to family, so she moved to Virginia Beach to be near her daughter, son-in-law, and grandson. Her son and

his family reside in Arizona, but she wanted to stay on the east coast where most of her family and friends reside.

Since joining the ILR, she has been on the board as a Member-at-Large, a member of the Travel Committee, Nominating Committee Chairperson, and interim Editor of the ILR Newsletter, and currently holds the position of ILR Vice-President.

MARY DELANEY, Secretary

Mary moved to Virginia Beach eight years ago and has enjoyed many of the classes and activities offered by ILR. Born in New York City, she received her BA in Economics from Manhattanville College in Purchase, NY. Her career has included work as a transportation economist, a stock broker and a teacher. Mary retired from the American Gas Association in the DC area where she worked with various industry committees in managing meetings and writing financial reports. Travel has always been of great interest to her as a way to learn and to explore our world. Mary's other activities include volunteer usher at Sandler Center for the Performing Arts and duplicate bridge.

STAN WEISBERGER, Treasurer

Stan was born and raised in McKeesport, PA, a suburb of Pittsburgh. After serving four years in naval communications, he graduated from Old Dominion University with a degree in Marketing. He began his 38-year career in mortgage banking with Wachovia Bank in Raleigh, NC. The last 20 years of his mortgage banking career were spent at National City Mortgage in Virginia Beach. Stan has held various positions in the industry including President of Virginia Mortgage Bankers association and chair of the ethics committee.

Stan has been married to Cecilia for 44 years. They have two grown daughters that reside in Reston, VA and Richmond, VA. Stan and Cecilia joined ILR in 2009 and enjoy the people and programs.

CAROLE ALBERO, Historian

Born in Washington D.C. into a Navy family, Carole spent her formative years up and down the east coast. Leaving Chestnut Hill College in the midst of Junior year, she married a Naval officer, traveled throughout Europe, had two children, engaged in Little Theatre in California and eventually graduated from the University of Maine with a degree in English, minor in Education.

Carole taught pre-school and high school in Maine for two years before moving to Virginia Beach in 1968. At that time she enrolled in grad school at ODU, and this eventually culminated in an MS in Special Education. Post graduate work was done at UVA and William and Mary.

Thirty three years were spent in education with experiences in Portsmouth, ODU and Norfolk, working with children with special needs. Retirement arrived in 2006. Since then Carole has spent time tutoring at Beach House, volunteering at St. Mary's Home for Disabled Children, reading, and traveling - particularly to sub Saharan Africa. She has been a member of ILR for seven years. Three adult sons and two granddaughters contribute to retirement life.

ROBERT CHAPIN, Member-at-Large

Robert has been a member of ILR since the summer of '07 and has served on the Board as VP, Pres., Past-Pres., and Treasurer. In addition to his other duties, he has sponsored a couple of classes and given six ILR classes on retirement issues and new member classes. He is also serving as Chair of the Communications and Technology Committee. In a previous career, he served as a Naval Intelligence Officer for 28 years.

DON CHRISTENSEN, Member-at-Large

Don was born in Hartford, Conn., and moved to Virginia Beach in 1974 (which doesn't quite make him a native of Tidewater, but close!) Don is a licensed clinical psychologist, and was in a private group practice for 15 years before transitioning into healthcare administration with ValueOptions, Inc., a behavioral managed-care company.

He retired from this local company in December, 2010, and currently enjoys cooking, reading, hiking, kayaking, travel (both national and international), spending time with his two grandchildren, and attending ILR classes. Don also is currently an adjunct professor at Stratford University. He has been married to Joyce for 44 years and has 40-year-old twin boys.