



**OLD DOMINION UNIVERSITY  
INSTITUTE FOR LEARNING IN RETIREMENT  
VIRGINIA BEACH HIGHER EDUCATION CENTER (VBHEC)**

1881 University Drive, Virginia Beach, VA 23453

(757) 368-4160

website: [www.oduilr.com](http://www.oduilr.com)

email: [oduilr@juno.com](mailto:oduilr@juno.com)

## **SCHEDULE OF COURSES FOR WINTER 2014**

*ILR does not discriminate with respect to race, color, sex, religion or national origin.  
The opinions expressed by our speakers are not necessarily the opinions of ILR  
or Old Dominion University.*

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### **Looking Back at the November 2013 Virginia Elections – Winners and Losers and Why?**

**Date and Time:** Monday, Jan. 6, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Paula Miller

**Course Description:** Examining what the State election results mean for the State of Virginia from Governor to Delegates in the House and Senate.

**Instructor:** Paula Miller was first elected to the Virginia House of Delegates in Dec. 2004. She represented the 87<sup>th</sup> District in Norfolk until her House district was dismantled in the redistricting. She has remained active in politics and will talk about her own political future. Currently, Paula is the Public Information Officer for the Norfolk Sheriff's Office. She is also Vice President of the Norfolk Crime Line Board and Vice President of the Virginia Public Safety Foundation.



## Legacies for Our Times

**Date and Time:** Tuesday, Jan. 7, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** William F. Robison

**Course Description:** Life satisfaction comes with knowing we have used our time and talents to meet a purpose or calling. Positive aging derives from skillfully utilizing one's spirit-minded body resources for more than just filling a narrow role in our daily life or work. Are you ready to be considered an Elder worthy of respect and honor? This class will include a number of interesting exercises and self-evaluations of our progress toward that goal. We will conclude by each Participant's Life story to date being summarized and thus seeing the wisdom and legacy each of us has built

**Instructor:** William F. Robison is a clinical psychologist with over 40 years experience in the mental health field. He earned his bachelor's degree at the University of Virginia and his master's degree at the U.S. International University in San Diego, CA. He was a psychologist with the Dept. of Corrections, working with a special population of geriatric/older adults until his retirement this past year. He is an adjunct psychology instructor at TCC.



## The Genius of Edgar Allen Poe

**Date and Time:** Wednesday, Jan. 8, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Dr. E. E. Brickell



**Course Description:** Some 165 years after his death, Poe remains one of the most popular American writers; to what he owes this popularity will be examined through a look at his poetry, his prose, and his literary philosophy. Many critics contend that the "Myth of Poe" relates more to his personal life than to his writing: this presentation may help you decide the question for yourself.

**Instructor:** Dr. Brickell has a BA in English from William and Mary, an MA English from University of Chicago and an ED.D from William and Mary. He has two honorary degrees (William and Mary and Virginia Wesleyan). Dr Brickell has been in education for 62 years.

# The Jamestown Journey

**Date and Time:** Monday, Jan. 13, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** MEYERA OBERNDORF CENTRAL LIBRARY AUDITORIUM  
**Instructor:** Joseph Filipowski

**Course Description:** Elizabeth ascends to the throne of England after the disastrous reign of her tragic half sister Mary, forever known as Bloody Mary. She brings a measure of peace and tranquility to England after the massive disruption of her father's divorce from Catherine and from the Holy Roman Catholic Church. Elizabeth creates an atmosphere of peace and stability that encourages the growth and success of the mercantile class. Thus we can say that Elizabeth set the stage for the successful English establishment of mercantile outposts in the New World. In the second hour, we learn how our Captain John Smith, newly arrived back in England after an intense 'baptism by fire' in the Middle East, joins and invests in the Virginia Company. Under the leadership of Captain Christopher Newport, our one hundred and six men and boys sail to Virginia and establish the first successful English outpost in North America.

**Instructor:** Joseph has many talents: public speaker, boat builder, sailor, and performer, with credits in theater, film, and radio. Most recently he portrayed a 'Radical Republican' representative in Steven Spielberg's "Lincoln". He has performed at Chrysler Hall in *Phantom of the Opera* and *Peter Pan*, at the Mariners Museum, and on radio he presented *The Jamestown Journey*. He also performed as Captain Edward John Smith of the RMS Titanic with the Virginia Beach Symphony Orchestra. He presented a class for us last year on the career of Captain Edward John Smith where he appeared in wardrobe as the captain.



## Geocaching-Fun for Everyone

**Date and Time:** Tuesday, Jan. 14, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Linda Armistead

**Course Description:** Spring is almost sprung and grandparents, parents, and kids are looking for something fun and free to do together. If you need an exciting new hobby that allows you to combine your love of family and love of nature and exploration, geocaching is for you. Geocaching is a worldwide scavenger hunt using simple GPS technology. The hobby is great for people of all ages and abilities, even those with disabilities. There are caches hidden all over the world in cities and forests and everything in-between. There is no right or wrong way to get started in geocaching, but hopefully this class will inspire you to try out an exciting and fun new way to spend time with those you love. At the least, you will have learned something new that your kids can help you do. Geocaching was first started in 2000 and the most recent statistics indicate there are over 1 million active caches and an estimated 3-4 million geocachers worldwide. In the last 30 days, there have been over 4 million logs submitted. Geocaches can be as small as a hearing aid battery or as large as a dumpster. There is no cash involved. Sometimes the treasures found are a small eraser or a CD. The idea is to find the cache, not so much the treasure inside. Kids find it fascinating and it's educational on many levels. Don't be afraid: your kids will help you with the GPS thing!

**Instructor:** Linda is a professional business consultant/coach. She has geocached all over the US while travelling on business, as well as locally in Hampton Roads-Chrysler Museum, Shoney's, state parks, etc.



## Isn't It Romantic?

**Date and Time:** Wednesday, Jan. 15, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Emily Russell

**Course Description:** The Romantic Era in Western music was characterized by a desire on the part of composers to create a form of artistic expression in which emotion reigned supreme. No longer largely in the employ of royalty and the upper class, composers were free to write based on their own personal expression. In this presentation, we will explore how world events of the time aided composers, such as Beethoven, Mendelssohn, Brahms, and Dvorak, in developing an unfettered art form. Participants will be presented with examples of symphonic, choral, and operatic Romantic works as well as musical genres developed during the Romantic period.

**Instructor:** Emily Russell teaches music theory and performance to individuals and groups of all ages. Besides performing with the Virginia Symphony Chorus and the Virginia Chorale, she

is an understudy with the Virginia Opera Association. She holds a degree from James Madison University in Music and Vocal Music Education.



## Canine Search and Rescue: The Unexpected Hero

**Date and Time:** Tuesday, Jan.21, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Trish Cartino, Brandy Eggeman, Biene, the dog

**Course Description:** A shrill sound breaks a peaceful silence during the night. The unmistakable sound of a cell phone: A report of a local child missing for hours after a hike with his family in a local state park. Police, Fire and Rescue units have been unable to locate him. It is now a cold, dark, rainy night and time is getting short. This type of scenario plays out over eighty times a year in the state of Virginia. Lost children, overdue hunters or hikers, Alzheimer's patients, even suspected victims of homicide or suicide. These are all searches that we as search dog handlers train and prepare for. This class will cover many aspects of the search and rescue canine world including the basics on training for both live find and cadaver dogs as well as some of the interesting searches we have participated in over the years.

**Instructor: Trish Cartino** is a retired Master Firefighter from the VB Fire Dept and has been training and handling search and rescue dogs since 1995. She attended FEMA's Canine Search Specialist School in Fairfax in 2004. Trish and a former search dog "Joey" responded to the Sept. 11 attack on the Pentagon in 2001. Trish is co-founder of the Virginia Recovery Canines, Inc., a human remains recovery organization, and the Greater Atlantic Rescue Dogs based in VB.

**Brandy Eggeman** owns and operates Citizen K9 Dog Training & Agility LLC. She has 30 years experience training dogs, twelve years in search and rescue work for Virginia and two years in England. She has state certification with Virginia Department of Emergency Management, has had three dogs state certified in Airscent or human remains recovery, and has been on numerous searches as head trainer for Tidewater Search & Rescue. She also has worked as a veterinary technician for over 13 years.

**Biene**, a three year old German Shepherd, was rescued from animal control in Oct. 2011. He had a busted elbow, dog aggression and people aggression. But Brandy saw his potential and he started his training in Jan. 2012. Eventually the bad leg had to be amputated, but he proved every week that he was not only willing but loved the work and was completely capable. He passed the last of his state tests becoming the first 3-legged Virginia State certified Human Remains Detection dog.



## From Quarks to the Cosmos

**Date and Time:** Wednesdays, Jan. 22 & Jan. 29, 10:00 A.M. - 12:00 noon  
**Cost:** \$20  
**Location:** VBHEC  
**Instructor:** Dr. Edward Brash

**Course Description:** What is the primary goal of science? What methodologies do we use in science to achieve that goal? How did we get to where we are today, in terms of how we view the universe? We will investigate the answers to these questions and many more, and learn something about how our universe works along the way. Intended for the layperson, with almost no reliance on mathematics or complex formulae, this course will chart the course of the development of physics over the last two millennia, with a focus on the progress that has been made in understanding the universe on both unimaginably tiny and unfathomable large distance scales.

**Instructor:** Dr. Edward Brash is a nuclear physicist and teaches physics at Thomas Nelson University. He received his Ph.D. in Nuclear Physics from Simon Fraser University in Vancouver. He also is a musician with an interest in Irish and Scottish music. He has presented classes for us in the past on the Story of the Irish in America and The Celtic Nature.



## Understanding Opera ~ *Adriadne And Naxos*

**Date and Time:** Wednesday, Jan. 29, 1:00 p.m. -3:00 p.m.  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Dr. Glenn Winters

**Course Description:** Since when was Greek mythology good for a laugh? Actually, since this 1916 masterpiece by Richard Strauss. The premise of *Ariadne auf Naxos* alone should pique the interest: A wealthy man planning to entertain his guests with a serious opera and a comedy act, runs out of time and decides to run both at the same time to the horror of the opera singers. Students will receive complete musical/dramatic analysis, illustrated with audio and video excerpts. Recommended for beginners and aficionados alike.

**Instructor:** Dr. Winters joined Virginia Opera in 2004 as Community Outreach Musical Director. He received his PH.D. in Music from Northwestern University and also holds graduate degrees in piano performance from Indiana University. His background includes teaching college-level piano, arts administration, and extensive performing experience as pianist, accompanist, and singing (operatic baritone). His classes are always a delight. Check out his blog at [HTTP://dropera.blogspot.com](http://dropera.blogspot.com)

# The Worlds of Benjamin Franklin

**Date and Time:** Thurs., Jan 30, 10:00 a.m. - 12:00 Noon  
**Cost:** \$10  
**Location:** Meyera Oberndorf Central Library (Auditorium)  
**Instructor:** Robert Torgler

**Course Description:** Meet the Founding Fathers' Godfather--publisher, author, inventor, diplomat, and politician. Benjamin Franklin made the American Revolution a winning proposition. And, he's the only founder who would wink at you!

**Instructor:** Robert Torgler attended the College of William and Mary and the Wharton School of University of Pennsylvania. He filled senior management positions with IBM for over 30 years and was Corporate Vice President prior to retirement. Mr. Torgler was a senior docent and lecturer at the Smithsonian Museum of American History and National Archives, specializing in the Revolutionary era.



# Will the Pax American Endure?

**Date and Time:** Tues, Feb. 4, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Dr. Regina Karp

**Course Description:** This presentation engages the debate about America's future role in the world and the extent to which the American peace will withstand the challenges posed by China and others. When the United States first created the international order after World War II, expectations of American primacy and hegemony were uncontested. More recently, however, some see America declining, its power increasingly balanced by a rising China and political deadlock at home. As global power shifts from West to East, how should the U.S. respond? How can it assert leadership in the face of declining resources? And, how are the institutions America created likely to fare? This presentation reviews the challenges to American leadership, the changing nature of Western power, and the prospects for a post-western global order.

**Instructor:** Dr. Regina Karp, Associate Professor in Political Science and International Studies at Old Dominion University, holds a Ph.D. from Lancaster University in the United Kingdom. Her publications have focused on arms control and European security with her most recent book being *Global Insurgency and the Future of Armed Conflict*. She recently received a grant from the European Union to strengthen European and transatlantic relations in the Hampton Roads area.



## The Mything Link

**Date and Time:** Thurs., Feb. 6, 1:00 p.m. - 3:00 p.m.  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Randy McDaniel

**Course Description:** This course will explore the ways in which the English language has been influenced by Greco-Roman mythology.

**Instructor:** Randy McDaniel has been a docent at the Chrysler Museum for 17 years. His undergraduate degree is in Business Administration from Virginia Technological Institute and his L.L.B is from University of Virginia Law School.



## The Arts and the Digital Age

**Date and Time:** Mon., Feb 10, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Dr. Travis B. Malone

**Course Description:** For all the hype of the digital age we need to have a stronger sense of perspective as to what forces shape our interactions in the world. Art, music, and theatre are using the tools of the digital age, such as email, facebook, google and youtube, to create works that pull us away from the computer and into stronger, more meaningful interactions with each other.

**Instructor:** Dr. Travis B. Malone is Associate Professor of Theatre and Chairman of the Humanities Division of Virginia Wesleyan College. He has a Ph.D. in Theater from Bowling Green State University.





## Historic Buildings in the Shadow of MacArthur Mall – A Walking Tour

**Date:** Thursday, February 13, 10:00 a.m.– 12:00 Noon  
**Cost:** \$10  
**Location:** St. Paul's Episcopal Church, the Willoughby-Baylor House and the Moses Myers House  
**Instructor:** Gray Puryear

**Course Description:** Join Chrysler Museum docent Gray Puryear for a walking tour of historic buildings in a two-block area that wraps around the east and north sides of the MacArthur Mall in Norfolk and learn about Norfolk's fascinating early history. The tour begins at St. Paul's Episcopal Church, built in 1739 and the only structure remaining from Norfolk's colonial-era past, proceeds to the Willoughby-Baylor House, built in 1794, and concludes with an extensive tour inside the Moses Myers House, built in 1795 and the home of the first permanent Jewish residents of Norfolk. (Note: There will be no tour inside the first two buildings.)

**Due to space limitation inside the Moses Myers House, the walking tour is available only to the first 20 persons to sign up.**

***Parking Instructions:*** It is recommended that you park in MacArthur Mall near Nordstrom. Enter Nordstrom, go to first floor and exit Nordstrom on the east side of the mall facing St. Paul's Blvd.. St. Paul's Episcopal Church will be in front of you on the right. Mr. Puryear will be waiting for you there. The parking fee should be \$1 upon exit following the tour.

**Instructor:** Gray Puryear was a part-time employee at the Chrysler Museum of Art in 1971 while in his final year of earning a B.A. in History at ODU. He left the museum to take a full-time position with the city of Norfolk, but his love for the museum and art remained strong. After retiring from the city with 34 years of service, he entered the Chrysler Museum's volunteer docent program. He is in his eighth year as a museum docent and is putting his history degree to good use.



## “Fin de Siècle Vienna”: A Hot House of Steamy Politics, Culture, Art, Science and the Psyche

**Date and Time:** Tues., Feb. 18, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Lola McCracken, Ph.D.

**Course Description:** The late 1800s and early 1900s were a hotbed of intellectual exploration and social changes in the capital of the Austro-Hungarian Empire, Vienna. From Emperor Franz Joseph to Freud, the push and pull of the old and new foreshadowed a political and social disintegration and rebirth: the energy and original thinking that emerged was singular and

explosive. The word "modern" emerged to define everything in contradistinction to that which had come before. Thinkers, poets, architects, scientists, artists rushed headlong into a new search for identity. This class is designed as an introduction to one of the most fascinating periods of large scale intellectual growth.

**Instructor:** Lola Boll McCracken, Ph.D. received her degree from Emory University in Atlanta after doing original research at the University of Vienna on a Fulbright Fellowship. Her studies had taken her previously to the University of Munich, Germany; University of Seattle, Washington; and the University of Redlands, California. Lola has retired after teaching for 30 years, most recently on the faculty at Georgia Tech in Atlanta. She has also taught in England with the University of Maryland. Her areas of expertise include German Comparative Literature and Linguistics. She is a published freelance writer.



## Three Years of Upheaval in the Middle East and North Africa

**Date and Time:** Wed., Feb. 19, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Dr. Donald J. Zeigler

**Course Description:** The events leading up to the Arab Spring and the cascading conflicts that followed the "burning man" in Tunisia in 2010 will be the focus of this lecture. We will begin with basic geography, a sketch of politics, and a time line of current events. Beyond that, we will try to understand the context of the revolutions, uprisings, and civil wars that have wracked the region over the past three years, and make passing comparisons to the democratic revolutions in Latin America and Eastern Europe in the 1980s and 1990s.

**Instructor:** Dr. Donald J. Zeigler is Professor of Geography at ODU Virginia Beach and is the Chief Reader for the College Board's AP Human Geography Exam. He served as President of the National Council for Geographic Education in 1997 and is now President of Gamma Theta Upsilon, the international honor society in geography. He received a statewide award for outstanding teaching in 2006. Dr. Zeigler's Ph.D. is from Michigan State University and he has traveled widely in the Middle East and Europe. He has led over a dozen teacher seminars overseas.



## Public Philosophy

**Date and Time:** Mon., Feb 24, 10:00 a.m. - 12:00 noon  
**Cost:** \$10  
**Location:** Meyera Oberndorf Central Library (Auditorium)  
**Instructor:** Roshan Talreja, M.D.

**Course Description:** Bits of information, knowledge, and time-tested wisdom for everyday life. Everyone has a philosophy of life but few have the privilege or leisure to puzzle out the fine points and examine the big questions. Philosophy can once again become a way of life as East meets West in this age of globalization.

**Instructor:** Dr. Roshan Talreja is a retired physician and self-styled philosopher



## Mars, Earth and Venus, and the Cosmic Search for Life

**Date and Time:** Tues., Feb. 25, 1:00 p.m. – 3:00 p.m.  
**Cost:** \$10  
**Location :** VBHEC  
**Instructor:** Dr. Donald Swift

**Class Description:** Three planets lie in the “habitable zone” of the Solar System, the zone just warm enough for liquid water at the surface. Mars, on the outer edge, has lost most of its atmosphere to the solar wind and has a mainly frozen surface. Venus, on the inner edge, has an atmosphere that has turned into a greenhouse, and its surface is hot enough to melt lead. But Earth, in the center, is a “goldilocks” planet, whose warm seas triggered life, which then spread over the planetary surface. Until recently, scientists have thought that stars with planetary systems are probably rare, and that Earth life, with its complex molecules, must be extremely rare. But organic molecules turn out to be abundant in the space between stars. And the orbiting Kepler Space Telescope, designed to search out planets around other stars, has succeeded beyond all expectations. The hunt for Earth-type planets is on, and the question, “How did life on Earth start?” might better be phrased as “Given Earth’s position and history, how could it have been stopped?” It now seems improbable that we are alone in the universe.

**Instructor:** Dr. Donald Swift has been Slover Professor of Oceanography at Old Dominion University since 1986 and became Professor Emeritus at ODU on June first. Prior to 1986, he was Research Advisor for ARCO Oil and Gas Company and served as Senior Research Oceanographer at the Marine Geology and Geophysics Laboratory for Atlantic Oceanographic and Meteorological Laboratories. He has won numerous awards for work in Marine Geology and Sedimentary Geology and has published 130 articles and books. He has presented classes to ILR on Global Climate Change and A Scientist Muses on Faith.

## Why Buy A Local Newspaper?

**Date and Time:** Wed., Feb. 26, 10:00 a.m. – 12:00 Noon  
**Cost:** \$10  
**Location:** VBHEC  
**Instructor:** Bernadette Kinlaw

**Course Description:** In an age where news can be found anywhere, we can't ignore the need for local newspapers. Do they care about Hampton Roads trends and conditions in Los Angeles or New York? Not likely. But, local expertise steps in to teach us what we need to know.

**Instructor:** Bernadette Kinlaw received a B.A. in English from Cornell University and a M.A. in Journalism from Northwestern University. Bernadette has been with the Virginian-Pilot for 18 years, working as copy desk chief, weekend planner and page designer. She has been writing a grammar blog/column since March 2012, and has presented two informative and entertaining classes previously for ILR.





## Coffee and Conversation

Date: **Wednesday, January 29, 2014**

Time: 11:45 . 1:00pm

Place: VBHEC

Join us for our quarterly session of Coffee and Conversation.

What's Coffee and Conversation? It's an opportunity to socialize with fellow ILR members. We also wish you would get acquainted with your fellow ILR members and the officers. And, as always, feel free to share ideas and make suggestions for future ILR programs and events

Everyone is encouraged to come, but we particularly hope to meet the members who will be at the Higher Ed Center on Wed., for the "**Quarks to Cosmos**" class, and the afternoon "**Ariadne and Naxos**" opera class. Stop in before or after class and enjoy a beverage, sandwich, and cookies provided by the ILR, **free of charge**.

The room number will be posted on the TV monitor in the Atrium/Lobby, and on the door of the ILR office. We'll be there from 11:45 . 1:00pm.

**Please RSVP...** either on the Class Registration form, or call the office at least **4** days or more, in advance (368-4160). It helps us get the correct amount of lunch goodies.

**Hope to see you there!**



# Valentine's Day Party

**Location:** Jackie & Nick Azaransky's Home  
4629 Sam Bates Court  
Virginia Beach, VA 23462

**Directions:** South on Independence Blvd., right on Edwin Drive [opposite Mt. Trashmore], left on Southern Pines, right on Bob Jones, right on Sam Bates Court.

**Date:** Friday, February 14<sup>th</sup>, 2014

**Time:** 5:30 p.m. ~.....?

**Cost:** \$6.00 per person

**Bring your favorite heavy hors-d'oeuvre or dessert to share. Wine and soft drinks are provided.**

**Deadline:** February 4, 2014

**Limit:** 45 people





# ***ILR Book Group***

The ILR Book Group always has room for a few new faces. Please feel free to give us a try!

*If you love to read, come join our group!*

The ILR Book Group meets on the 3<sup>rd</sup> Tuesday of each month from 1:00 to about 3:00 pm, at VBHEC, in room 210. (One fiction and one non-fiction each month! you can read both or the one of your choice).

**We will be voting on selections for January through June 2014**

**We do not meet in December or July.**





## GREAT DECISIONS DISCUSSION SERIES 2014

**DATE:** The first Wednesday of every month starting February 5, 2014. The series lasts for 8 months.

**TIME:** 10 to 12 noon.

**Location:** VBHEC

**Cost:** \$40.00 which includes the Great Decisions book.

Are you interested in current global issues? Would you like to engage in informed discussion on eight world affairs topics this coming year? Then the ILR Great Decisions Discussion Series would be a perfect fit for you.

This year we will be discussing: **Defense Technology, Israel and the US, Turkey's Challenges, Islamic Awakening, Energy Independence, Food and Climate, China's Foreign Policy, U.S. Trade Policy.** We prepare for each session by reading the materials especially prepared by the Foreign Policy Association plus any additional sources we wish to bring to the table. This class is a discussion group, not a lecture.

Members, who wish to do so, take turns starting the discussion, calling on those who want to speak in an orderly fashion so all ideas are heard and discussed, and keeping us on topic. We use the questions in the book as a starting point.

Robert Chapin will be putting together a book order about 29 December. Those who have sent in their check and those who have confirmed their interest will be included in the order. You can learn more about Great Decisions at <http://www.fpa.org/>; follow the link to Great Decisions. If you need more information, e-mail Robert Chapin at [k4ybz@cox.net](mailto:k4ybz@cox.net).

Great Decisions is fun and interesting. There is no push for consensus. We walk away with our own opinions which have been tested in the heat of discussion. If you want to join us, sign up on the Winter 2014 Class Registration form at the end of this packet.



# DATES to add to your 2014 calendar

## MARCH 28, 2014

**EVENT:** Annual Luncheon & Business Meeting

**PLACE:** Westminster-Canterbury, 3100 Shore Dr., Va.B.

**SPEAKER:** Hope Mihalap is a national award-winning speaker with an ear for accents and an eye for the humor of everyday life, using her background as a Greek-American. She holds the prestigious Speaker Hall of Fame Award, the Oscar of her profession, from the National Speakers Association. Hope has been a newspaper writer and has hosted her own public radio program.

*Invitations* will be going out early February 2014!

## APRIL 21 – May 16, 2014

**EVENT:** 7<sup>TH</sup> Annual ILR Art Show

**PLACE:** VBHEC Atrium/Lobby

Anyone interested in participating in the show, please write a short paragraph about the type of artwork you do and how you got started, and send it to Daisy Smith. Include your name, address, email address, and phone no.

Note: if you would be interested in being interviewed for *The Beacon*, please include that with the rest of your information going to Daisy.

**Daisy Smith:** 813 Sussex Ct., Va.B 23464 or [artsy@macs.net](mailto:artsy@macs.net), Ph.# 467-2270

### “IMPORTANT NOTICE TO ALL ARTISTS”

The *above* information\* must be received by...JAN. 15

\*This information is not the formal application. Applications will become available on our website ([www.oduilr.com](http://www.oduilr.com)) and in the ILR office beginning January.

# ILR REMINDERS...

## Inclement Weather..

**Va Beach Higher Ed Center (VBHEC) follows the lead of ODU's main campus. When ODU is closed due to inclement weather, ILR class is cancelled.** If there is a 1- or 2-hour delay, the ILR morning class is cancelled, but afternoon class will go on, unless we notify members by phone and/or email.

For up-to-date *ODU closing and delay* information:

1. Check local radio and TV stations (3, 10 and 13)
2. Call the ODU main campus infoline: **683-3000** (has a recorded message)

## Parking Policy..

All lots are marked **Decal Controlled**

ILR members may park *anywhere* on campus parking lots, *EXCEPT* in metered, reserved, faculty or other prohibited parking areas. Many members prefer **Lot 3**, which is to the right of the building, and around toward the back, and they come into the building through the back or side entrance doors.

**Note:** Please be sure to always display the *Parking Pass (face up)*, either on your car's dashboard OR hang from rear-view mirror as ODU does enforce parking regulations.

## Class Cancellations..

**If a member cancels a program (at least 4 days in advance)**, they will receive a refund voucher (minus a \$2 administrative fee). *Note:* For trips, the member will receive a refund check, but the refund will vary according to the individual trip policy.

**If ILR cancels a program**, the members will receive a full refund voucher for a class, or full refund check for a trip.

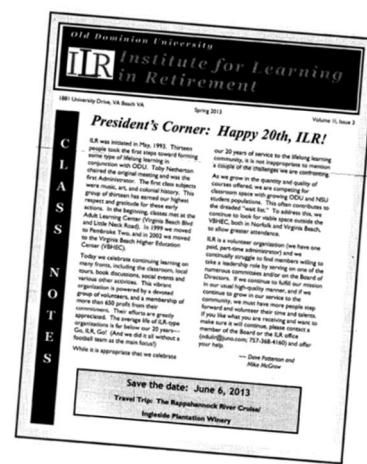
# MISC...

## ILR Newsletter...

Our popular Newsletter is published quarterly, and posted on our website, [www.oduilr.com](http://www.oduilr.com), and members are notified of its availability by email.

Some members prefer to have the Newsletters sent to them in the mail. If you'd like to receive the next 3 issues in the mail, we'll be glad to send them to you...there's a \$6 fee per 3 issues.

On the back of the Class Registration form, there's an ILR Newsletter category...just check it off, include the \$6 with your payment, and look for the next 3 issues in your mailbox. Happy reading!!



## Central Library Auditorium of VaB (CLA-VB)

(aka Meyera Oberndorf library)

4100 Va. Beach Blvd.

**FYI-1:** The *front door* of the library opens at 10:00 a.m.

The *back door* of the library opens at **9:00 a.m.** (see sign: ðAuditoriumö)

**FYI-2:** No food or beverages are permitted in the auditorium

**Q:** Once I've signed up for a class, will I get a confirmation?

No. There are really only two times that the ILR office will notify you:

1. If a class is cancelled (you will be sent a full refund voucher)
2. If there is a wait-list, and you're on it.

**Q:** How will I know in which classroom the VBHEC class will be held?

The classroom # will be posted in 2 places:

1. On the ceiling-mounted monitor across from the front desk, in the Atrium/Lobby
2. On the door of the ILR office (room 125)

**Q:** Can I bring a guest to a class, activity or trip?

Yes, guests are welcome, *if* space is available, as members always have priority.

Simply call the office to see if there is room. Note: the event fee must be paid, and an individual may attend, as a guest, only once per year.



## Longwood Gardens and Brandywine River Museum

Tuesday, April 29- Wednesday, April 30, 2014

This overnight trip takes us to the Pennsylvania countryside. We'll be touring the incredible and much-admired Longwood Gardens, once the private country estate of industrialist Pierre S. du Pont, and regarded as one of the world's greatest gardens. With more than four acres of breathtaking indoor conservatories, you will enjoy the seasonal floral displays and lush tropical plants that grow year-round. It also contains elaborate fountains, two lakes, meadows, and woodlands, 20 outdoor formal and informal gardens. It's easy to imagine you're at a Royal Garden in Europe.

The second day we'll tour the Brandywine River Museum. Housed in a Civil War-era converted gristmill, this museum of regional and American art in Chadds Ford, PA, is on the banks of the Brandywine Creek. The museum showcases three generations of Wyeth artists. View art of Andrew Wyeth a major American realist painter, and his family: his father, N.C. Wyeth, illustrator of many children's classics, and his son, Jamie Wyeth a contemporary American realist painter. Other works represent the artistic heritage of the Brandywine Valley including 19<sup>th</sup> Century landscapes and still life.

Since we're going to be at Kennett Square, PA, the mushroom capital of the world, we'll be checking out ~~all~~ things mushroom+before heading home!

**Trip Date:** Tuesday, April 29 . Wednesday, April 30, 2014  
**Minimum:** 40 People  
**Maximum:** 46 People  
**Sign-up Deadline:** Monday, February 10, 2014  
**Cost:** \$ 220 per person double room    Additional \$62 for single room

[Includes transportation, entrance fees, guided tours, meals, lodging and gratuities]

**Depart:** TARGET (1245 N. Military Hwy, Norfolk) 6:15 AM  
 CHESAPEAKE BAY BRIDGE TUNNEL (CBBT) 6:30 AM  
*(Bring your own coffee or juice – Danish or muffins will be provided)*

**Return:** CBBT Approximately 7:15 PM  
 TARGET Approximately 7:30 PM

-- Continued on the next page --

**Please return this sheet, along with Trip Disclosure form, and check payable to ILR**

**SEPARATE APPLICATIONS FOR EACH PERSON, PLEASE**

Yes, I'd like to sign up for this great overnight trip.

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I'd like to share a double room (2 double beds) with \_\_\_\_\_  
(Name)

**We will try to accommodate your roommate requests depending on arrival time of check AND application.**

I'd like to share a double room and am willing to be paired up. \_\_\_\_\_ (initial)

I'd prefer a single room and am willing to pay the additional **\$62.00**. \_\_\_\_\_ (Initial)

**BE SURE THAT YOU AND YOUR ROOMMATE SEND IN CHECKS AT THE SAME TIME TO ENSURE THAT YOU BOTH ARE GUARANTEED THE DOUBLE OCCUPANCY PRICE. NO DISCOUNT FOR ADDITIONAL PERSONS IN ROOM.**

**Lunch near Longwood Gardens. Choose one sandwich:**

Turkey BLT \_\_\_\_\_  
Tuscan (char-grilled chicken breast with mozzarella) \_\_\_\_\_  
Veggie Burger \_\_\_\_\_

**Dinner Choices at Concordville Inn. Choose one entrée:**

Salmon w/Lump Crabmeat & Béarnaise Sauce \_\_\_\_\_  
Garden Vegetable Wellington w/Cheese & Portabella Napoleon \_\_\_\_\_  
Roast Prime Rib of Beef \_\_\_\_\_

**Breakfast and Lunch on Day 2** are Buffet style with several selections

**NOTE: Any questions about this trip, please call the co-chair persons:  
Betsy Blank at 495-0730 or Bill Daley at 426-2228.**