CASI

A number of statements which boys and girls use to describe themselves are given below. Read each statement carefully and select the option that best describes you. There are no right or wrong answers. Remember, find the word that best describes you.

		none	some	a lot
1)	I don't want other people to know when I feel afraid	0	0	0
2)	When I cannot keep my mind on my schoolwork I worry that I might be going crazy	0	0	0
3)	It scares me when I feel `shaky'	\circ	\circ	\circ
4)	It scares me when I feel like I am going to faint	0	0	0
5)	It is important for me to stay in control of my feelings	0	0	0
6)	It scares me when my heart beats fast	0	0	0
7)	It embarrasses me when my stomach growls (makes noise)	0	0	0
8)	It scares me when I feel like I am going to throw up	0	0	0
9)	When I notice that my heart is beating fast, I worry that there might be something wrong with me	0	0	0
10)	It scares me when I have trouble getting my breath	0	0	0
11)	When my stomach hurts, I worry that I might be really sick	0	0	0
12)	It scares me when I can't keep my mind on my schoolwork	0	0	0
13)	Other kids can tell when I feel shaky	0	0	0
14)	Unusual feelings in my body scare me	0	0	0
15)	When I am afraid, I worry that I might be crazy	0	0	0
16)	It scares me when I feel nervous	\circ	0	0
	I don't like to let my feelings	0	<u> </u>	0
18)	Funny feelings in my body scare me	0	0	0

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