

# CASI

A number of statements which boys and girls use to describe themselves are given below. Read each statement carefully and select the option that best describes you. There are no right or wrong answers. Remember, find the word that best describes you.

|   | none                  | some                  | a lot                 |
|---|-----------------------|-----------------------|-----------------------|
| 1) I don't want other people to know when I feel afraid   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2) When I cannot keep my mind on my schoolwork I worry that I might be going crazy                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3) It scares me when I feel 'shaky'   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4) It scares me when I feel like I am going to faint  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5) It is important for me to stay in control of my feelings   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6) It scares me when my heart beats fast  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7) It embarrasses me when my stomach growls (makes noise)   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8) It scares me when I feel like I am going to throw up   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9) When I notice that my heart is beating fast, I worry that there might be something wrong with me | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10) It scares me when I have trouble getting my breath  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11) When my stomach hurts, I worry that I might be really sick                                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12) It scares me when I can't keep my mind on my schoolwork   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13) Other kids can tell when I feel shaky   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14) Unusual feelings in my body scare me  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15) When I am afraid, I worry that I might be crazy   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16) It scares me when I feel nervous  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17) I don't like to let my feelings   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18) show Funny feelings in my body scare me   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |