

# RCADS-25

**Please select the option that shows how often each of these things happens to you. There are no right or wrong answers.**

	Never	Sometimes	Often	Always
1) I feel sad or empty	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) I worry when I think I have done poorly at something	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) I would be afraid of being on my own at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) Nothing is much fun for me anymore	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5) I worry that something awful will happen to someone in the family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) I am afraid of being in crowded places (like shopping centers, the movies, buses, busy playgrounds)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) I worry what other people think of me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) I have trouble sleeping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) I feel scared if I have to sleep on my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) I have problems with my appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11) I suddenly become dizzy or faint when there is no reason for this	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12) I have to do somethings over and over again (like washing hands, cleaning, or putting things in a certain order)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) I have no energy for things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) I suddenly start to tremble or shake when there is no reason for this	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15) I cannot think clearly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16) I feel worthless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17) I have to think of special thoughts (like numbers or words) to stop bad things from happening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18)				

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|---|-----------------------|-----------------------|-----------------------|-----------------------|
| I think about death   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19) I feel like I don't want to move  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20) I worry that I will suddenly get a scared feeling when there is nothing to be afraid of | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21) I am tired a lot  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22) I feel afraid that I will make a fool of myself in front of people                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23) I have to do some things in just the right way to stop bad things from happening        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24) I feel restless   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25) I worry that something bad will happen to me  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |