## The Fear of Positive Evaluation Scale

Read each of the following statements carefully and select an option to indicate the degree to which you feel the statement is characteristic of you. For each statement, respond as though it involves people that you do not know very well.

		Not at all True	•			Somew hat	True				Very True
1)	I am uncomfortable exhibiting my talents to others, even if I think my talents will impress them.	0	0	0	0	0	0	0	0	0	0
2)	It would make me anxious to receive a compliment from someone that I am attracted to.	0	0	0	0	0	0	0	0	0	0
3)	I try to choose clothes that will give people little impression of what I am like.	0	0	0	0	0	0	0	0	0	0
4)	I feel uneasy when I receive praise from authority figures.	$\circ$	0	0	$\circ$	$\circ$	0	0	0	0	0
5)	If I have something to say that I think a group will find interesting, I typically say it.	0	0	0	0	0	0	0	0	0	0
6)	I would rather receive a compliment from someone when that person and I were alone than when in the presence of others.	0	0	0	0	0	0	0	0	0	0
7)	If I was doing something well in front of others, I would wonder whether I was doing ''too well.''	0	0	0	0	0	0	0	0	0	0
8)	I generally feel uncomfortable when people give me compliments.	0	0	0	0	0	0	0	0	0	0
9)	I don't like to be noticed when I am in public places, even if I feel as though I am being admired.	0	0	0	0	0	0	0	0	0	0
10)	I often feel under-appreciated,	$\circ$	0	0	$\circ$	$\circ$	0	0	$\circ$	0	0



more on my positive qualities.