

# CDI2 Self Report

**Directions:**

Kids sometimes have different feelings and ideas.

This form lists the feelings and ideas in groups. From each group of three sentences, pick one sentence that describes you best for the past two weeks. After you pick a sentence from the first group, go on to the next group.

There is no right or wrong answer. Just pick the sentence that best describes the way you have been recently. Put the mark in the box next to the sentence that you pick.

Remember, for each group, pick out the sentence that describes you best in the PAST TWO WEEKS.

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- 1) Here is an example of how this form works. Try it.  
Put a mark next to the sentence that describes you best.

- ☐ I read books all the time  
☐ I read books once in a while  
☐ I never read books

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- 2) Item 1

- ☐ I am sad once in a while.  
☐ I am sad many times.  
☐ I am sad all the time.

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- 3) Item 2

- ☐ Nothing will ever work out for me.  
☐ I am not sure if things will work out for me.  
☐ Things will work out for me O.K.

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- 4) Item 3

- ☐ I do most things O.K.  
☐ I do many things wrong.  
☐ I do everything wrong.

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- 5) Item 4

- ☐ I have fun in many things.  
☐ I have fun in some things.  
☐ Nothing is fun at all.

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- 6) Item 5

- ☐ I am important to my family.  
☐ I am not sure if I am important to my family.  
☐ My family is better off without me.

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- 7) Item 6

- ☐ I hate myself.  
☐ I do not like myself.  
☐ I like myself.

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8) Item 7

- ☐ All bad things are my fault.
  - ☐ Many bad things are my fault.
  - ☐ Bad things are usually not my fault.
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9) Item 8

- ☐ I do not think about killing myself.
  - ☐ I think about killing myself but would not do it.
  - ☐ I want to kill myself.
- 

10) Item 9

- ☐ I feel like crying every day.
  - ☐ I feel like crying many days.
  - ☐ I feel like crying once in a while.
- 

11) Item 10

- ☐ I feel cranky all the time.
  - ☐ I feel cranky many times.
  - ☐ I am almost never cranky.
- 

12) Item 11

- ☐ I feel like being with people.
  - ☐ I do not like being with people many times.
  - ☐ I do not want to be with people at all.
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13) Item 12

- ☐ I cannot make up my mind about things.
  - ☐ It is hard to make up my mind about things.
  - ☐ I make up my mind about things easily.
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14) Item 13

- ☐ I look O.K.
  - ☐ There are some bad things about my looks.
  - ☐ I look ugly.
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15) Item 14

- ☐ I have to push myself all the time to do schoolwork.
  - ☐ I have to push myself many times to do schoolwork.
  - ☐ Doing schoolwork is not a big problem.
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16) Item 15

- ☐ I have trouble sleeping every night.
- ☐ I have trouble sleeping many nights.
- ☐ I sleep pretty well.

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17) Item 16

- ☐ I am tired once in a while.
  - ☐ I am tired many days.
  - ☐ I am tired all the time.
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18) Item 17

- ☐ Most days I do not feel like eating.
  - ☐ Many days I do not feel like eating.
  - ☐ I eat pretty well.
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19) Item 18

- ☐ I do not worry about aches and pains.
  - ☐ I worry about aches and pains many times.
  - ☐ I worry about aches and pains all the time.
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20) Item 19

- ☐ I do not feel alone.
  - ☐ I feel alone many times.
  - ☐ I feel alone all the time.
- 

21) Item 20

- ☐ I never have fun at school.
  - ☐ I have fun at school only once in a while.
  - ☐ I have fun at school many times.
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22) Item 21

- ☐ I have plenty of friends.
  - ☐ I have some friends but I wish I had more.
  - ☐ I do not have any friends.
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23) Item 22

- ☐ My schoolwork is alright.
  - ☐ My schoolwork is not as good as before.
  - ☐ I do very badly in subjects I used to be good in.
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24) Item 23

- ☐ I can never be as good as other kids.
  - ☐ I can be as good as other kids if I want to.
  - ☐ I am just as good as other kids.
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25) Item 24

- ☐ Nobody really loves me.
- ☐ I am not sure if anybody loves me.
- ☐ I am sure that somebody loves me.

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26) Item 25

- ☐ It is easy for me to get along with friends.
  - ☐ I get into arguments with friends many times.
  - ☐ I get into arguments with friends all the time.
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27) Item 26

- ☐ I fall asleep during the day all the time.
  - ☐ I fall asleep during the day many times.
  - ☐ I almost never fall asleep during the day.
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28) Item 27

- ☐ Most days I feel like I can't stop eating.
  - ☐ Many days I feel like I can't stop eating.
  - ☐ My eating is O.K.
- 

29) Item 28

- ☐ It is easy for me to remember things.
- ☐ It is a little hard to remember things.
- ☐ It is very hard to remember things.