## **State Survey: Before Speech**

Please answer the following questions based on what you are thinking and feeling right now.

	Not well at all				Very well
1)	How well do you think you will do giving a speech?	0	0	0	0
		Not at all			Very much
2)	How anxious or nervous are you right now?	0	0	0	0
3)	How calm and confident are you right now?	0	0	0	0
4)	How much are you worrying about being judged negatively?	0	0	0	0
5)	How much are you thinking about performing well?	0	0	0	$\circ$

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