

ABQ

Below are statements describing how people relate to threatening things.

When a sentence reads "threats", refer to things that are threatening or stressful for you, even if not actually dangerous. Threatening things can be objects, animals, people, or situations that can imply something negative or dangerous to you.

For each statement, state the extent the statement applies to you.

	Not at all	Slightly	Somewhat	To a large extent	To a great extent
1) It is difficult for me not to look at threatening things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Sometimes, I notice threats even before I have looked at them directly (e.g., from the corner of my eye)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) My attention tends to "get stuck" on threatening things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) I notice threats quickly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5) I am vigilant and alert towards threats in the surroundings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) When I arrive somewhere new, I scan my surroundings and check for threats	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) If I notice a threat, I will focus on it for a long time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) It is difficult for me to concentrate on other things when I know there is a threat in my surroundings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) When I notice threats, it is difficult for me to stop focusing on them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>