

Pubertal Development Scale (Parent Report)

What sex was the child assigned at birth, on the original birth certificate?

- ☐ Male
- ☐ Female
- ☐ Intersex-Male
- ☐ Intersex-Female
- ☐ Don't know

Would you say that your child's growth in height:

- ☐ Has not yet begun to spurt
- ☐ Has barely started
- ☐ Is definitely underway
- ☐ Seems complete
- ☐ I don't know

And how about the growth of your child's body hair ("body hair" means hair any place other than their head, such as under their arms)? Would you say that your child's body hair growth:

- ☐ Has not yet begun to grow
- ☐ Has barely started to grow
- ☐ Is definitely underway
- ☐ Seems complete
- ☐ I don't know

Have you noticed any changes to their skin, especially pimples?

- ☐ Skin has not yet started changing
- ☐ Skin has barely started changing
- ☐ Skin changes are definitely underway
- ☐ Skin changes seem complete
- ☐ I don't know

Have you noticed that your child's breasts have begun to grow?

- ☐ Have not yet started growing
- ☐ Have barely started growing
- ☐ Breast growth is definitely underway
- ☐ Breast growth seems complete
- ☐ I don't know

Has your child begun to menstruate?

- ☐ Yes
- ☐ No
- ☐ I don't know

How old were they when they started to menstruate? _____ (In years.)

Have you noticed a deepening of his voice?

- ☐ Voice has not yet started changing
 - ☐ Voice has barely started changing
 - ☐ Voice changes are definitely underway
 - ☐ Voice changes seem complete
 - ☐ I don't know
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Has he begun to grow hair on his face?

- ☐ Facial hair has not yet started growing
- ☐ Facial hair has barely started growing
- ☐ Facial hair has definitely started
- ☐ Facial hair growth seems complete
- ☐ I don't know