

Youth Screen & Social Media Usage Parent-Report Questionnaire

On a typical WEEKDAY, how much TIME does your child spend on a computer, cellphone, tablet, or other electronic device?

((Use the sliders to select the number of hours and minutes.))

On a typical WEEKEND DAY, how much TIME does your child spend on a computer, cellphone, tablet, or other electronic device?

((Use the sliders to select the number of hours and minutes.))

What types of SCREEN MEDIA does your child use the most (not including screen media used for school or homework)?

- ☐ Television
- ☐ Video games
- ☐ Cell phone
- ☐ Tablet
- ☐ Handheld video game device
- ☐ Computer/laptop
- ☐ Other

If other, please specify:

Are you following or friends with your child on any social media sites (e.g. Facebook Instagram Snapchat)?

- ☐ Yes
- ☐ No

Do you suspect that your child has social media accounts that you are unaware of?

- ☐ Yes
- ☐ No

	Never	Rarely	Sometimes	Very often	Always
My child sneaks using screen media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Screen media is all that my child seems to think about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is hard for my child to stop using screen media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When my child has had a bad day, screen media seems to be the only thing that helps him/her feel better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child's screen media use causes problems for the family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of time my child wants to use screen media keeps increasing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Screen media is the only thing that seems to motivate my child.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child becomes frustrated
when he/she cannot use screen
media.

☐☐☐☐☐

My child's screen media use
interferes with family activities.

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