

Liebowitz Social Anxiety Scale

1. Read each situation carefully and answer two questions about that situation.

2. The first question asks how anxious or fearful you feel in the situation.

3. The second question asks how often you avoid the situation.

4. If you come across a situation that you ordinarily do not experience, imagine "what if you were faced with that situation," and then rate the degree to which you would fear this hypothetical situation and how often you would tend to avoid it.

1. Talking on the phone to classmates or other people.

	None0	Mild1	Moderate2	Severe3
1) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. Participating in a small group activity in class.

	None0	Mild1	Moderate2	Severe3
3) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. Eating in front of others (e.g., school cafeteria, restaurant).

	None0	Mild1	Moderate2	Severe3
5) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Asking an adult that you don't know well for help (e.g., store clerk, principal, police officer).

	None0	Mild1	Moderate2	Severe3
7) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Giving an oral report or presentation in class.

	None0	Mild1	Moderate2	Severe3
9) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Going to parties, social gatherings, or other after-school social activities.

	None0	Mild1	Moderate2	Severe3
11) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. Writing on the board in front of the class.

	None0	Mild1	Moderate2	Severe3
13) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
14) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. Talking to other kids that you don't know well.

	None0	Mild1	Moderate2	Severe3
15) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
16) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. Starting a conversation with people you don't know well.

	None0	Mild1	Moderate2	Severe3
17) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
18) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Using school or public bathrooms.

	None0	Mild1	Moderate2	Severe3
19) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
20) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. Going into a classroom or another place (e.g., church, cafeteria) when other people are already there.

	None0	Mild1	Moderate2	Severe3
21) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
22) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Being the center of attention (e.g., your birthday party).

	None0	Mild1	Moderate2	Severe3
23) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
24) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Asking questions in class.

	None0	Mild1	Moderate2	Severe3
25) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
26) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

14. Answering questions in class.

	None0	Mild1	Moderate2	Severe3
27) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
28) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

15. Reading out loud in class.

	None0	Mild1	Moderate2	Severe3
29) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
30) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

16. Taking tests.

	None0	Mild1	Moderate2	Severe3
31) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
32) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

17. Saying "no" when people ask you to do things you don't want to do (e.g., to borrow something or to look at your homework).

	None0	Mild1	Moderate2	Severe3
33) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
34) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. Telling people that you don't agree with them or that you are mad at them.

	None0	Mild1	Moderate2	Severe3
35) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
36) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

19. Looking at people you don't know well in the eye.

	None0	Mild1	Moderate2	Severe3
37) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
38) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

20. Asking questions in a store (e.g., to exchange something).

	None0	Mild1	Moderate2	Severe3
39) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
40) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

21. Playing a sport or performing in front of other people (e.g., school show, musical performance).

	None0	Mild1	Moderate2	Severe3
41) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
42) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

22. Joining a club or group.

	None0	Mild1	Moderate2	Severe3
43) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
44) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

23. Meeting new people.

	None0	Mild1	Moderate2	Severe3
45) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
46) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

24. Asking a teacher permission to leave the classroom (e.g., go to the bathroom or the school nurse).

	None0	Mild1	Moderate2	Severe3
47) Fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never0	Occasionally1	Often2	Usually3
48) Avoidance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Score Sums

49) LSAS-Child Fear Sum	_____
50) LSAS-Child Avoidance Sum	_____
51) LSAS-Child Total Sum	_____