Everyday Discrimination Scale (Short Version, Parent Report) / Heightened Vigilance Scale (Parent Report)

In your child's day-to-day life how often have any of the following things happened to them?

	Almost everyday	At least once a week	A few times a month	A few times a year	Less than once a year	Never
Your child is treated with less courtesy or respect than other people.	○	○	○	○	○	○
Your child receives poorer service than other people at restaurants or stores.	○	○	○	○	○	○
People act as if they think your child is not smart.	○	○	○	○	○	○
People act as if they are afraid of your child.	○	○	○	○	○	○
Your child is threatened or harassed.	○	○	○	○	○	○

If you answered "A few times a year" or more frequently to at least one question above:

What do you think is the main reason for these experiences? (Check all that apply)

☐ Your child's ancestry or national origins
☐ Your child's gender
☐ Your child's race
☐ Your child's age
☐ Your child's religion
☐ Your child's height
☐ Your child's weight
☐ Some other aspect of your child's physical appearance
☐ Your child's sexual orientation
☐ Your family's education or income level
☐ A physical disability
☐ Your child's shade of skin color
☐ Other (SPECIFY)

_____

In dealing with these day-to-day experiences that you just told me about, how often does your child:

	Very often	Fairly often	Not too often	Hardly ever	Never
Think in advance about the kinds of problems they are likely to experience?	○	○	○	○	○
Try to prepare for possible insults before leaving home?	○	○	○	○	○

Feel that they always have to be very careful about their appearance to get good service or avoid being harassed?	○	○	○	○	○
Carefully watch what they say and how they say it?	○	○	○	○	○
Carefully observe what happens around them?	○	○	○	○	○
Try to avoid certain social situations and places?	○	○	○	○	○