## **State Survey: After Speech**

Please answer the following questions about the speech you just gave.

1)	How many mistakes do you think you made during your speech?				_
		Not well at all			Very well
2)	How well do you think you did giving a speech?	0	0	0	O
		Not at all			Very much
3)	How hard did you try?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$
4)	How much did it bother you when you made a mistake?	0	0	0	0
5)	How anxious or nervous were you during the speech?	0	0	0	0
6)	How calm and confident were you during the speech?	0	0	0	0
7)	How much did you worry about being judged negatively?	0	0	0	0
8)	How much did you think about performing well?	0	0	0	0
	How much did each of the following influence how well you did giving a speech?				
		Not at all			Very much
9)	Your own ability	$\bigcirc$	$\circ$	$\circ$	$\circ$
10)	Difficulty of the speech	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$