

Liebowitz Social Anxiety Scale

1. Read each situation carefully and answer two questions about that situation.
2. The first question asks how anxious or fearful your child feels in the situation.
3. The second question asks how often your child avoids the situation.
4. If you come across a situation that your child ordinarily does not experience, imagine "what if your child were faced with that situation," and then rate the degree to which your child would fear this hypothetical situation and how often your child would tend to avoid it.

Talking on the phone to classmates or other people

- | | |
|--------------|---|
| 1) Fear | <input type="radio"/> None
<input type="radio"/> Mild
<input type="radio"/> Moderate
<input type="radio"/> Severe |
| <hr/> | |
| 2) Avoidance | <input type="radio"/> Never
<input type="radio"/> Occasionally
<input type="radio"/> Often
<input type="radio"/> Usually |

Participating in a small group activity in class

- | | |
|--------------|---|
| 3) Fear | <input type="radio"/> None
<input type="radio"/> Mild
<input type="radio"/> Moderate
<input type="radio"/> Severe |
| <hr/> | |
| 4) Avoidance | <input type="radio"/> Never
<input type="radio"/> Occasionally
<input type="radio"/> Often
<input type="radio"/> Usually |

Eating in front of others (e.g., school cafeteria, restaurant)

- | | |
|--------------|---|
| 5) Fear | <input type="radio"/> None
<input type="radio"/> Mild
<input type="radio"/> Moderate
<input type="radio"/> Severe |
| <hr/> | |
| 6) Avoidance | <input type="radio"/> Never
<input type="radio"/> Occasionally
<input type="radio"/> Often
<input type="radio"/> Usually |

Asking an adult that your child doesn't know well for help (e.g., store clerk, principal, police officer)

- 7) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
- 8) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Giving an oral report or presentation in class

- 9) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
- 10) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Going to parties, social gatherings, or other after-school social activities

- 11) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
- 12) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Writing on the board in front of the class

- 13) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
- 14) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Talking to other kids that your child doesn't know well

- 15) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 16) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Starting a conversation with people your child doesn't know well

- 17) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 18) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Using school or public bathrooms

- 19) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 20) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Going into a classroom or another place (e.g., church, cafeteria) when other people are already there

- 21) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 22) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Being the center of attention (e.g., child's birthday party)

- 23) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 24) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Asking questions in class

- 25) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 26) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Answering questions in class

- 27) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 28) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Reading out loud in class

- 29) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 30) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Taking tests

- 31) Fear
- ☐ None
☐ Mild
☐ Moderate
☐ Severe

- 32) Avoidance
- ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Saying "no" when people ask your child to do things he/she doesn't want to do (e.g., to borrow something or to look at homework)

- 33) Fear
- ☐ None
☐ Mild
☐ Moderate
☐ Severe

- 34) Avoidance
- ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Your child telling people that he/she doesn't agree with them or that he/she is mad at them

- 35) Fear
- ☐ None
☐ Mild
☐ Moderate
☐ Severe

- 36) Avoidance
- ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Looking at people your child doesn't know well in the eye

- 37) Fear
- ☐ None
☐ Mild
☐ Moderate
☐ Severe

- 38) Avoidance
- ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Asking questions in a store (e.g., to exchange something)

- 39) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 40) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Playing a sport or performing in front of other people (e.g., school show, musical performance)

- 41) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 42) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Joining a club or group

- 43) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 44) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Meeting new people

- 45) Fear ☐ None
☐ Mild
☐ Moderate
☐ Severe
-
- 46) Avoidance ☐ Never
☐ Occasionally
☐ Often
☐ Usually

Asking a teacher permission to leave the classroom (e.g., go to the bathroom or the school nurse)

- 47) Fear
- ☐ None
 - ☐ Mild
 - ☐ Moderate
 - ☐ Severe
-
- 48) Avoidance
- ☐ Never
 - ☐ Occasionally
 - ☐ Often
 - ☐ Usually