

Youth Screen & Social Media Usage Parent-Report Questionnaire

On a typical WEEKDAY, how much TIME does your child spend on a computer, cellphone, tablet, or other electronic device? Hours:

(Enter a number between 0 and 24.) Minutes:

(Enter a number between 0 and 60.)

On a typical WEEKEND DAY, how much TIME does your child spend on a computer, cellphone, tablet, or other electronic device? Hours:

(Enter a number between 0 and 24.) Minutes:

(Enter a number between 0 and 60.)

What types of SCREEN MEDIA does your child use the most (not including screen media used for school or homework)?

- ☐ Television
☐ Video games
☐ Cell phone
☐ Tablet
☐ Handheld video game device
☐ Computer/laptop
☐ Other
 (If Other, please specify: _____)

Are you following or friends with your child on any social media sites (e.g. Facebook, Instagram, Snapchat)?

- ☐ Yes
☐ No

Do you suspect that your child has social media accounts that you are unaware of?

- ☐ Yes
☐ No

	Never	Rarely	Sometimes	Very often	Always
My child sneaks using screen media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Screen media is all that my child seems to think about.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is hard for my child to stop using screen media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When my child has had a bad day, screen media seems to be the only thing that helps him/her feel better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child's screen media use causes problems for the family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of time my child wants to use screen media keeps increasing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Screen media is the only thing that seems to motivate my child.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child becomes frustrated when he/she cannot use screen media.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My child's screen media use interferes with family activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>