

SPAI-C (Parent Version)

Below are some places or activities that sometimes make boys or girls feel nervous or scared. All of these activities are called social situations because they involve being with other people. Social situations include playing outside with other boys and girls, playing a sport while others are watching, being in a play or recital, going to a party or a meeting, playing at the playground or just being around other boys and girls at school.

Think about your child and select the option that shows how often your child would feel nervous or scared when doing the following.

- | | |
|--|---|
| 1) My child feels scared when he/she is with other boys and girls or adults and he/she has to do something while they watch (read aloud, play a game, play a sport). | <input type="radio"/> Never, or Hardly Ever
<input type="radio"/> Sometimes
<input type="radio"/> Most of the Time, or Always |
| 2) My child feels scared when he/she has to speak or read in front of a group of people. | <input type="radio"/> Never, or Hardly Ever
<input type="radio"/> Sometimes
<input type="radio"/> Most of the Time, or Always |

If somebody starts arguing with my child, he/she feels scared and does not know what to do if that person is...

- | | Never, or Hardly Ever | Sometimes | Most of the Time, or Always |
|--|-----------------------|-----------------------|-----------------------------|
| 3) ...same age boys or girls he/she does know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4) ...same age boys or girls he/she does not know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5) ...adults. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

If somebody asks my child to do something that he/she does not want to do, my child feels scared and does not know what to do if that person is...

- | | Never, or Hardly Ever | Sometimes | Most of the Time, or Always |
|--|-----------------------|-----------------------|-----------------------------|
| 6) ...same age boys or girls he/she does know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7) ...same age boys or girls he/she does not know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 8) ...adults. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

My child feels scared and does not know what to do when in an embarrassing situation with...

- | | Never, or Hardly Ever | Sometimes | Most of the Time, or Always |
|---|-----------------------|-----------------------|-----------------------------|
| 9) ...same age boys or girls he/she does know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10) ...same age boys or girls he/she does not know. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 11) ...adults. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

If somebody says something that my child thinks is wrong or bad, my child feels scared saying what he/she thinks if that person is...

	Never, or Hardly Ever	Sometimes	Most of the Time, or Always
12) ...same age boys or girls he/she does know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) ...same age boys or girls he/she does not know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) ...adults.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child feels scared when he/she starts to talk to...

	Never, or Hardly Ever	Sometimes	Most of the Time, or Always
15) ...same age boys or girls he/she does know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16) ...same age boys or girls he/she does not know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17) ...adults.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child feels scared if he/she has to talk for longer than a few minutes with...

	Never, or Hardly Ever	Sometimes	Most of the Time, or Always
18) ...same age boys or girls he/she does know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19) ...same age boys or girls he/she does not know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20) ...adults.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child feels scared when speaking (giving a book report, reading in front of the class) in front of...

	Never, or Hardly Ever	Sometimes	Most of the Time, or Always
21) ...same age boys or girls he/she does know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22) ...same age boys or girls he/she does not know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23) ...adults.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

My child feels scared when he/she is in a school play, choir, music or dance recital in front of...

	Never, or Hardly Ever	Sometimes	Most of the Time, or Always
24) ...same age boys or girls he/she does know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25) ...same age boys or girls he/she does not know.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26) ...adults.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

27) My child usually does not speak to anyone until they speak to him/her.

- ☐ Never, or Hardly Ever
☐ Sometimes
☐ Most of the Time, or Always