**CBCL**

Below is a list of items that describe children and youths. Please answer the following questions about your child ***now or within the past 6 months***.

Please circle **2** if the item is **very true or often true** of your child.

Please circle **1** if the item is **somewhat or sometimes true** of your child.

Please circle **0** if the item is **not true** of your child.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | Not True | Somewhat/ Sometimes True | Very True/ Often True |
| 1 | Acts too young for his/her age | 0 | 1 | 2 |
| 2 | Drinks alcohol without parent’s approval  (describe):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 3 | Argues a lot | 0 | 1 | 2 |
| 4 | Fails to finish things he/she starts. | 0 | 1 | 2 |
| 5 | There is very little he/she enjoys. | 0 | 1 | 2 |
| 6 | Bowel movements outside the toilet. | 0 | 1 | 2 |
| 7 | Bragging, boasting. | 0 | 1 | 2 |
| 8 | Can’t concentrate, can’t pay attention for long. | 0 | 1 | 2 |
| 9 | Can’t get his/her mind off certain thoughts; obsessions (describe):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 10 | Can’t sit still, restless, or hyperactive | 0 | 1 | 2 |
| 11 | Clings to adults or too dependent | 0 | 1 | 2 |
| 12 | Complains of loneliness | 0 | 1 | 2 |
| 13 | Confused or seems to be in a fog | 0 | 1 | 2 |
| 14 | Cries a lot | 0 | 1 | 2 |
| 15 | Cruel to animals | 0 | 1 | 2 |
| 16 | Cruelty, bullying, or meanness to others | 0 | 1 | 2 |
| 17 | Daydreams or gets lost in his/her thoughts | 0 | 1 | 2 |
| 18 | Deliberately harms self or attempts suicide | 0 | 1 | 2 |
| 19 | Demands a lot of attention | 0 | 1 | 2 |
| 20 | Destroys his/her own things | 0 | 1 | 2 |
| 21 | Destroys things belonging to his/her family or others | 0 | 1 | 2 |
| 22 | Disobedient at home | 0 | 1 | 2 |
| 23 | Disobedient at school | 0 | 1 | 2 |
| 24 | Doesn’t eat well | 0 | 1 | 2 |
| 25 | Doesn’t get along with other kids | 0 | 1 | 2 |
| 26 | Doesn’t seem to feel guilty after misbehaving | 0 | 1 | 2 |
| 27 | Easily jealous | 0 | 1 | 2 |
| 28 | Breaks rules at home, school, or elsewhere | 0 | 1 | 2 |

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| --- | --- | --- | --- | --- |
|  | | Not True | Somewhat/Sometimes True | Very True/ Often True |
| 29 | Fears certain animals, situations, or places, other than school (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 30 | Fears going to school | 0 | 1 | 2 |
| 31 | Fears he/she might think or do something bad | 0 | 1 | 2 |
| 32 | Feels he/she has to be perfect | 0 | 1 | 2 |
| 33 | Feels or complains that no one loves him/her | 0 | 1 | 2 |
| 34 | Feels others are out to get him/her | 0 | 1 | 2 |
| 35 | Feels worthless or inferior | 0 | 1 | 2 |
| 36 | Gets hurt a lot, accident-prone | 0 | 1 | 2 |
| 37 | Gets in many fights | 0 | 1 | 2 |
| 38 | Gets teased a lot | 0 | 1 | 2 |
| 39 | Hangs around with others who get in trouble | 0 | 1 | 2 |
| 40 | Hears sounds or voices that aren’t there (describe): \_\_\_\_\_\_ | 0 | 1 | 2 |
| 41 | Impulsive or acts without thinking | 0 | 1 | 2 |
| 42 | Would rather be alone than with others | 0 | 1 | 2 |
| 43 | Lying or cheating | 0 | 1 | 2 |
| 44 | Bites fingernails | 0 | 1 | 2 |
| 45 | Nervous, high strung, or tense | 0 | 1 | 2 |
| 46 | Nervous movements or twitching (describe): \_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 47 | Nightmares | 0 | 1 | 2 |
| 48 | Not liked by other kids | 0 | 1 | 2 |
| 49 | Constipated, doesn’t move bowels | 0 | 1 | 2 |
| 50 | Too fearful or anxious | 0 | 1 | 2 |
| 51 | Feels dizzy or lightheaded | 0 | 1 | 2 |
| 52 | Feels too guilty | 0 | 1 | 2 |
| 53 | Overeating | 0 | 1 | 2 |
| 54 | Overtired without good reason | 0 | 1 | 2 |
| 55 | Overweight | 0 | 1 | 2 |
| 56 | Physical problems **without known medical cause:** | | | |
| A | Aches or pains (**not** stomach or headaches) | 0 | 1 | 2 |
| B | Headaches | 0 | 1 | 2 |
| C | Nausea, feels sick | 0 | 1 | 2 |
| D | Problems with eyes (**not** if corrected by glasses)  (describe):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| E | Rashes or other skin problems | 0 | 1 | 2 |
| F | Stomachaches | 0 | 1 | 2 |

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| --- | --- | --- | --- | --- |
|  | | Not True | Somewhat/Sometimes True | Very True/ Often True |
| G | Vomiting, throwing up | 0 | 1 | 2 |
| H | Other (describe):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 57 | Physically attacks people | 0 | 1 | 2 |
| 58 | Picks nose, skin, or other parts of body (describe): \_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 59 | Plays with own sex parts in public | 0 | 1 | 2 |
| 60 | Plays with own sex parts too much | 0 | 1 | 2 |
| 61 | Poor school work | 0 | 1 | 2 |
| 62 | Poorly coordinated or clumsy | 0 | 1 | 2 |
| 63 | Prefers being with older kids | 0 | 1 | 2 |
| 64 | Prefers being with younger kids | 0 | 1 | 2 |
| 65 | Refuses to talk | 0 | 1 | 2 |
| 66 | Repeats certain acts over and over, compulsions (describe): | 0 | 1 | 2 |
| 67 | Runs away from home | 0 | 1 | 2 |
| 68 | Screams a lot | 0 | 1 | 2 |
| 69 | Secretive, keeps things to self | 0 | 1 | 2 |
| 70 | Sees things that aren’t there (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 71 | Self-conscious or easily embarrassed | 0 | 1 | 2 |
| 72 | Sets fires | 0 | 1 | 2 |
| 73 | Sexual problems (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 74 | Showing off or clowning | 0 | 1 | 2 |
| 75 | Too shy or timid | 0 | 1 | 2 |
| 76 | Sleeps less than most kids | 0 | 1 | 2 |
| 77 | Sleeps more than most kids during day and/or night (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 78 | Inattentive or easily distracted | 0 | 1 | 2 |
| 79 | Speech problem (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 80 | Stares blankly | 0 | 1 | 2 |
| 81 | Steals at home | 0 | 1 | 2 |
| 82 | Steals outside the home | 0 | 1 | 2 |
| 83 | Stores up too many things he/she doesn’t need (describe): | 0 | 1 | 2 |
| 84 | Strange behavior (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | | Not True | Somewhat/ Sometimes True | Very True/ Often True |
| 85 | Strange ideas (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 86 | Stubborn, sullen, or irritable | 0 | 1 | 2 |
| 87 | Sudden changes in mood or feelings | 0 | 1 | 2 |
| 88 | Sulks a lot | 0 | 1 | 2 |
| 89 | Suspicious | 0 | 1 | 2 |
| 90 | Swearing or obscene language | 0 | 1 | 2 |
| 91 | Talks about killing self | 0 | 1 | 2 |
| 92 | Talks or walks in sleep (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 93 | Talks too much | 0 | 1 | 2 |
| 94 | Teases a lot | 0 | 1 | 2 |
| 95 | Temper tantrums or hot temper | 0 | 1 | 2 |
| 96 | Thinks about sex too much | 0 | 1 | 2 |
| 97 | Threatens people | 0 | 1 | 2 |
| 98 | Thumb-sucking | 0 | 1 | 2 |
| 99 | Smokes, chews, or sniffs tobacco | 0 | 1 | 2 |
| 100 | Trouble sleeping (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 101 | Truancy, skips school | 0 | 1 | 2 |
| 102 | Underactive, slow moving, or lacks energy | 0 | 1 | 2 |
| 103 | Unhappy, sad, or depressed | 0 | 1 | 2 |
| 104 | Unusually loud | 0 | 1 | 2 |
| 105 | Uses drugs for nonmedical purposes (don’t include alcohol or tobacco) (describe): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | 0 | 1 | 2 |
| 106 | Vandalism | 0 | 1 | 2 |
| 107 | Wets self during the day | 0 | 1 | 2 |
| 108 | Wets the bed | 0 | 1 | 2 |
| 109 | Whining | 0 | 1 | 2 |
| 110 | Wishes to be of opposite sex | 0 | 1 | 2 |
| 111 | Withdrawn, doesn’t get involved with others | 0 | 1 | 2 |
| 112 | Worries | 0 | 1 | 2 |
| 113 | Please write in any problems your child has that were not listed above | | | |
| A |  | 0 | 1 | 2 |
| B |  | 0 | 1 | 2 |
| C |  | 0 | 1 | 2 |