Kids sometimes have different feelings and ideas.

This form lists the feelings and ideas in groups.

From each group of three sentences, pick **one**

sentence that describes you best for the **past two**

**weeks**. After you pick a sentence from the first

group, go on to the next group.

There is no right or wrong answer. Just pick the

sentence that best describes the way you have

been recently. Put a mark like this next to your

answer. Put the mark in the box next to the

sentence that you pick.

**CDI**

Self-Report

Here is an example of how this form works. Try it. Put a mark next to the sentence that describes you best.

 I read books all the time

 I read books once in a while

 I never read books.

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| --- | --- |
| Remember, for each group, pick out the sentence that describes you best in the PAST TWO WEEKS. | |
| Item 1  I am sad one in a while.  I am sad many times.  I am sad all the time. |  |
| Item 2  Nothing will ever work out for me.  I am not sure if things will work out for me.  Things will work out for me O.K. |  |
| Item 3  I do most things O.K.  I do many things wrong.  I do everything wrong. |  |
| Item 4  I have fun in many things.  I have fun in some things.  Nothing is fun at all. |  |
| Item 5  I am important to my family.  I am not sure if I am important to my family.  My family is better off without me. |  |
| Item 6  I hate myself.  I do not like myself.  I like myself. |  |
| Item 10  I feel cranky all the time.  I feel cranky many times.  I am almost never cranky. |  |
| Item 12  I cannot make up my mind about things.  It is hard to make up my mind about things.  I make up my mind about things easily. |  |
| Item 14  I have to push myself all the time to do schoolwork.  I have to push myself many times to do schoolwork.  Doing schoolwork is not a big problem. |  |
| Item 16  I am tired once in a while.  I am tired many days.  I am tired all the time. |  |
| Item 19  I do not feel alone.  I feel alone many times.  I feel alone all the time. |  |
| Item 27  Most days I feel like I can’t stop eating.  Many days I feel like I can’t stop eating.  My eating is O.K. |  |