Kids sometimes have different feelings and ideas.

This form lists the feelings and ideas in groups.

From each group of three sentences, pick **one**

sentence that describes you best for the **past two**

**weeks**. After you pick a sentence from the first

group, go on to the next group.

There is no right or wrong answer. Just pick the

sentence that best describes the way you have

been recently. Put a mark like this next to your

answer. Put the mark in the box next to the

sentence that you pick.

**CDI**

Self-Report

Here is an example of how this form works. Try it. Put a mark next to the sentence that describes you best.

 I read books all the time

 I read books once in a while

 I never read books.

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| Remember, for each group, pick out the sentence that describes you best in the PAST TWO WEEKS. | |
| Item 1  I am sad once in a while.  I am sad many times.  I am sad all the time. | **Item 6**  I hate myself.  I do not like myself.  I like myself. |
| Item 2  Nothing will ever work out for me.  I am not sure if things will work out for me.  Things will work out for me O.K. | **Item 7**  All bad things are my fault.  Many bad things are my fault.  Bad things are usually not my fault. |
| Item 3  I do most things O.K.  I do many things wrong.  I do everything wrong. | **Item 8**  I do not think about killing myself.  I think about killing myself but would not do it.  I want to kill myself. |
| Item 4  I have fun in many things.  I have fun in some things.  Nothing is fun at all. | **Item 9**  I feel like crying every day.  I feel like crying many days.  I feel like crying once in a while. |
| Item 5  I am important to my family.  I am not sure if I am important to my family.  My family is better off without me. | **Item 10**  I feel cranky all the time.  I feel cranky many times.  I am almost never cranky. |
| Item 11  I feel like being with people.  I do not like being with people many times.  I do not want to be with people at all. | **Item 20**  I never have fun at school.  I have fun at school only once in a while.  I have fun at school many times. |
| Item 12  I cannot make up my mind about things.  It is hard to make up my mind about things.  I make up my mind about things easily. | **Item 21**  I have plenty of friends.  I have some friends but I wish I had more.  I do not have any friends. |
| Item 13  I look O.K.  There are some bad things about my looks.  I look ugly. | **Item 22**  My schoolwork is alright.  My schoolwork is not as good as before.  I do very badly in subjects I used to be good in. |
| Item 14  I have to push myself all the time to do schoolwork.  I have to push myself many times to do schoolwork.  Doing schoolwork is not a big problem. | **Item 23**  I can never be as good as other kids.  I can be as good as other kids if I want to.  I am just as good as other kids. |
| Item 15  I have trouble sleeping every night.  I have trouble sleeping many nights.  I sleep pretty well. | **Item 24**  Nobody really loves me.  I am not sure if anybody loves me.  I am sure that somebody loves me. |
| Item 16  I am tired once in a while.  I am tired many days.  I am tired all the time. | **Item 25**  It is easy for me to get along with friends.  I get into arguments with friends many times.  I get into arguments with friends all the time. |
| Item 17  Most days I do not feel like eating.  Many days I do not feel like eating.  I eat pretty well. | **Item 26**  I fall asleep during the day all the time.  I fall asleep during the day many times.  I almost never fall asleep during the day. |
| Item 18  I do not worry about aches and pains.  I worry about aches and pains many times.  I worry about aches and pains all the time. | **Item 27**  Most days I feel like I can’t stop eating.  Many days I feel like I can’t stop eating.  My eating is O.K. |
| Item 19  I do not feel alone.  I feel alone many times.  I feel alone all the time. | **Item 28**  It is easy for me to remember things.  It is a little hard to remember things.  It is very hard to remember things. |