**Instructions:** The next questions focus on your experiences related to your ethnicity in the past 30 days. As you answer these questions, think about the ethnic group that you feel most a part of. There are no right or wrong answers to any of these questions, we just want to know more about your opinions and experiences. Please fill in one response for each item.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Does not describe me at all** | **Describes me a little** | **Describes me well** | **Describes me very well** |
| 1. I am clear about what my ethnicity means to me. | **1** | **2** | **3** | **4** |
| 2. I have attended events that have helped me learn more about my ethnicity. | **1** | **2** | **3** | **4** |
| 3. I have read books/magazines/newspapers or other materials that have taught me about my ethnicity. | **1** | **2** | **3** | **4** |
| 4. I feel negatively about my ethnicity. | **1** | **2** | **3** | **4** |
| 5. I wish I were of a different ethnicity. | **1** | **2** | **3** | **4** |
| 6. I know what my ethnicity means to me. | **1** | **2** | **3** | **4** |
| 7. I have participated in activities that have taught me about my ethnicity. | **1** | **2** | **3** | **4** |
| 8. I dislike my ethnicity. | **1** | **2** | **3** | **4** |
| 9. I have a clear sense of what my ethnicity means to me. | **1** | **2** | **3** | **4** |

Ethnic Identity Scale Scoring

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1. I am clear about what my ethnicity means to me. (+R)

2. I have attended events that have helped me learn more about my ethnicity. (+E)

3. I have read books/magazines/newspapers or other materials that have taught me about my ethnicity. (+E)

4. I feel negatively about my ethnicity. (-A)

5. I wish I were of a different ethnicity. (-A)

6. I know what my ethnicity means to me. (+R)

7. I have participated in activities that have taught me about my ethnicity. (+E)

8. I dislike my ethnicity. (-A)

9. I have a clear sense of what my ethnicity means to me. (+R)

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*Note.* Response options are: Does not describe me at all (1), Describes me a little (2), Describes me well (3), Describes me very well (4). The notation after each item indicates the relevant subscale (i.e., A=affirmation, E=exploration, R= resolution); + indicates a positively worded items; - indicates a negatively worded item. Negatively worded items should be reverse scored so that higher scores indicate higher levels of affirmation, exploration, and resolution.

*Ethnic identity-Brief.* The Ethnic Identity Scale – Brief (EIS-B) is a brief version of the full Ethnic Identity Scale (EIS) developed by Umaña-Taylor, Yazedjian, & Bámaca-Gómez (2004). This scale consists of 9 items that examine three different domains of ethnic identity formation: exploration (3 items), resolution (3 items), and affirmation (3 items). Responses are coded so that higher scores on each subscale indicate greater exploration, resolution, and affirmation. Items are scores on a 4-point Likert scale, with endpoints of *Does not describe me at all* (1) to *Describes me very well* (4).

References:

Douglass, S. & Umaña-Taylor, A. J. (2015). A brief form of the Ethnic Identity Scale: Development and empirical validation. *Identity: An International Journal of Theory and Research, 15* (48-65)*.* doi: 10.1080/15283488.2014.989442