**Liebowitz Social Anxiety Scale**

1. Read each situation carefully and answer two questions about that situation.
2. The first question asks how anxious or fearful your child feels in the situation.
3. The second question asks how often your child avoids the situation.
4. If you come across a situation that your child ordinarily does not experience, imagine "what if your child were faced with that situation," and then rate the degree to which your child would fear this hypothetical situation and how often your child would tend to avoid it.

**Fear Avoidance**

0 = None 0 = Never

1 = Mild 1 = Occasionally

2 = Moderate 2 = Often

3 = Severe 3 = Usually

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | Fear | | | | Avoidance | | | |
| 0 | 1 | 2 | 3 | 0 | 1 | 2 | 3 |
| 1 | Talking on the phone to classmates or other people |  |  |  |  |  |  |  |  |
| 2 | Participating in a small group activity in class |  |  |  |  |  |  |  |  |
| 3 | Eating in front of others (e.g., school cafeteria,  restaurant) |  |  |  |  |  |  |  |  |
| 4 | Asking an adult that your child doesn’t know well for help  (e.g., store clerk, principal, police officer) |  |  |  |  |  |  |  |  |
| 5 | Giving an oral report or presentation in class |  |  |  |  |  |  |  |  |
| 6 | Going to parties, social gatherings, or other after-  school social activities |  |  |  |  |  |  |  |  |
| 7 | Writing on the board in front of the class |  |  |  |  |  |  |  |  |
| 8 | Talking to other kids that your child doesn’t know well |  |  |  |  |  |  |  |  |
| 9 | Starting a conversation with people your child doesn’t know well |  |  |  |  |  |  |  |  |
| 10 | Using school or public bathrooms |  |  |  |  |  |  |  |  |
| 11 | Going into a classroom or another place (e.g., church,  cafeteria) when other people are already there |  |  |  |  |  |  |  |  |
| 12 | Being the center of attention (e.g., child’s birthday party) |  |  |  |  |  |  |  |  |
| 13 | Asking questions in class |  |  |  |  |  |  |  |  |
| 14 | Answering questions in class |  |  |  |  |  |  |  |  |
| 15 | Reading out loud in class |  |  |  |  |  |  |  |  |
| 16 | Taking tests |  |  |  |  |  |  |  |  |
| 17 | Saying “no” when people ask your child to do things he/she doesn’t want to do (e.g., to borrow something or to look at homework) |  |  |  |  |  |  |  |  |
| 18 | Your child telling people that he/she doesn’t agree with them or that he/she is mad at them |  |  |  |  |  |  |  |  |
| 19 | Looking at people your child doesn’t know well in the eye |  |  |  |  |  |  |  |  |
| 20 | Asking questions in a store (e.g., to exchange  something) |  |  |  |  |  |  |  |  |
| 21 | Playing a sport or performing in front of other people  (e.g., school show, musical performance) |  |  |  |  |  |  |  |  |
| 22 | Joining a club or group |  |  |  |  |  |  |  |  |
| 23 | Meeting new people |  |  |  |  |  |  |  |  |
| 24 | Asking a teacher permission to leave the classroom  (e.g., go to the bathroom or the school nurse) |  |  |  |  |  |  |  |  |