# On the sensitivity of food webs to multiple stressors

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### 49 Abstract

Evaluating the effects of multiple stressors on ecosystems is becoming increasingly vital with global changes. The role of species interactions in propagating the effects of stressors, although widely acknowledged, has yet to be formally explored. Here, we conceptualize how stressors propagate through food webs and explore how they affect simulated 3-species motifs and food webs of the Canadian St. Lawrence System. We find that overlooking species interactions invariably underestimates the effects of stressors, and that synergistic and antagonistic effects through food webs are prevalent. We also find that interaction type influences a species' susceptibility to stressors; species in omnivory and tri-trophic food chain 57 interactions in particular are sensitive (weak entry points) and prone to synergistic (biotic amplifiers) and antagonistic (biotic buffers) effects. Finally, we find that apex predators were negatively affected and mesopredators benefited from the effects of stressors due to their trophic position in the St. Lawrence System, but that species sensitivity is dependent 61 on food web structure. In conceptualizing the effects of multiple stressors on food webs, we bring theory closer to practice and show that considering the intricacies of ecological communities is key to assess the net effects of stressors on species.

## <sub>65</sub> 1 Introduction

Ecosystems worldwide are increasingly affected by multiple environmental pressures, commonly referred to as stressors (Boonstra et al. 2015; Halpern et al. 2019). Stressors can be defined as external drivers that affect ecological processes and disturb natural systems; they are driven by natural or human-induced biophysical processes, such as ocean acidification and warming, or from anthropogenic activities, such as fisheries and harvesting. Individually, stressors affect all levels of biological organization and cause dramatic changes to whole ecosystems. For example, ocean acidification reduces coral and

mollusk calcification, metabolic, growth and mortality rates, and has been linked to altered carbon fluxes in ecological networks (Fabry et al. 2008; Kroeker et al. 2013; Bove et al. 2019). Fisheries decrease the mean trophic level in coastal and oceanic environments by targeting large predators, impair a variety of essential ecosystem services and have induced the collapse of numerous commercial species (Pauly et al. 1998; Myers & Worm 2003; 77 Worm et al. 2006). However, stressors rarely occur individually (Halpern et al. 2019). For example, coral reefs face a suite of pressures including fishing, warming temperatures, ocean acidification and water pollution (McClanahan et al. 2014; Harborne et al. 2017). Interactions between stressors are pervasive (e.g. Crain et al. 2008; Piggott et al. 2015; 81 Jackson et al. 2016), and unpredictable (Darling & Côté 2008; Côté et al. 2016). For instance, the susceptibility of corals to temperature-induced bleaching increases with nutrient enrichment (Wiedenmann et al. 2013; Lapointe et al. 2019), and the sensitivity of certain organisms to toxicants can be multiplied by a factor of up to 100 when they are exposed to other stressors (Liess et al. 2016). In contrast, the positive effects of acidification on primary producer biomass can be reversed by warming waters (Christensen et al. 2006). Thus, multiple stressors can interact in complex ways, amplifying or dampening the direct effects of stressors on species. Beyond their direct effects, stressors ripple through ecological communities by way of the interactions structuring the complex networks in which species are embedded (Wootton 2002: Bascompte 2009: Montoya et al. 2009: O'Gorman & Emmerson 2009: O'Gorman et al. 2012). Because species depend on one another, surprising indirect effects arise from species interactions in complex systems, such as a predator positively affecting its own prey (Abrams 1992). Ample empirical evidence exists of such trophically-mediated effects across ecosystems globally (Paine 1980; Estes et al. 2011). Classic examples include sea otters (Enhydra lutris) indirectly shielding kelp forests from browsing by sea urchins [Strongylocentrotus spp.; Estes & Palmisano (1974)] and fish indirectly favouring the pollination of terrestrial plants by controlling predatory dragonfly populations (Knight et al. 2005). A species's

susceptibility to trophically-mediated effects is influenced by its trophic role and position. For example, species with diversified diets (i.e. generalists) are more resilient than species 101 with specialized diets [i.e. specialists; Clavel et al. (2011)], and apex predators are generally 102 more vulnerable to trophically-mediated effects (Ripple et al. 2015; Stier et al. 2016). 103 How ecological networks are structured, i.e. the number, configuration and strength of 104 interactions between species, also influence the propagation of stressors and the stability 105 of whole systems (Wootton 2002; Montoya et al. 2009; Bartley et al. 2019; O'Gorman 106 et al. 2019). Stressors can modify these structural properties and rewire entire food webs 107 (Blanchard 2015; Kortsch et al. 2015; Bartley et al. 2019). Links can be added or removed 108 [i.e. topological rewiring; Bartley et al. (2019)] through primary and secondary species 109 extinctions (e.g. Allesina et al. 2006; Eklöf & Ebenman 2006), climate-related distributional 110 shifts (e.g. Kortsch et al. 2015; Bartley et al. 2019) or invasive species introductions 111 (e.g. Vander Zanden et al. 1999; David et al. 2017). Alteration to the flow of energy 112 also arises when consumers modify their space and resource use [i.e.] interaction strength 113 rewiring; Bartley et al. (2019). Indirect effects that arise from species interactions thus have 114 important, yet underexplored, implications for the effects of multiple stressors on populations 115 of interacting species – and are likely to depend on network structure.

Despite the potential for stressors to interact and indirectly affect species through 117 interactions, single-stressor and single-species assessments remain the norm (O'Brien et 118 al. 2019), and most large-scale multiple stressors studies remain focused on direct effects 119 to habitats rather than to species and communities (e.g. Ban et al. 2010; Halpern et al. 120 2019). Furthermore, methodologies tend to assume that the effects of multiple stressors are 121 additive (e.g. Halpern et al. 2019) and rely on null models providing little insights into 122 the ecological mechanisms governing how multiple stressors combine to affect ecosystems 123 (Griffen et al. 2016; Jackson et al. 2016; De Laender 2018; Schäfer & Piggott 2018). While 124 these approaches have revealed important insights into the effects of stressors, they may 125 under or overestimate the effects that arise from interactions between species and among 126

stressors. This gap constrains our ability to predict the consequences of multiple stressors for interacting species in complex ecosystems – in which both direct and indirect effects of stressors are likely common, yet widely omitted. Recent publications discuss the importance of ecological networks for multiple stressors research (e.g. De Laender 2018; Bruder et al. 2019; Hodgson et al. 2019; Orr et al. 2020) and theory-driven modelling approaches have emerged to evaluate the effects of multiple stressors on ecosystems (e.g. Hodgson et al. 2017; Galic et al. 2018; Thompson et al. 2018; Otto et al. 2020), yet the importance of species interactions for multiple stressors research has yet to be formally explored.

Confronted with the challenge of managing and preserving complex systems, holistic 135 approaches that consider the complexities of multiple stressors in ways that are informative 136 to management are urgently needed. In response, our objective is to conceptualize and 137 investigate the role of species and their interactions in mediating the effects of multiple 138 stressors on ecological communities. In doing so, we seek to answer questions of particular 139 significance to management and the application of holistic environmental approaches: Q1) should species interactions be considered in environmental effects assessments, Q2) should the effects of stressors be evaluated separately or in combination, and Q3) if interactions do matter, which species are most sensitive to the effects of multiple stressors based on 143 their trophic position? First, we conceptualize how multiple stressors permeate ecological 144 communities using a new and broadly applicable quantitative framework. We then simulate 145 the effects of stressors on the equilibrium dynamics of the most frequent 3-species motifs 146 in diverse food webs (i.e. tri-trophic food chain, omnivory, exploitative competition, and 147 apparent competition) to explore the many pathways through which species can be affected 148 by one or more stressors. Finally, we apply this framework to a real-world system to explore 149 the sensitivity of species to stressors in the St. Lawrence System, in Eastern Canada using 150 the topology of three empirical food webs from different regions exposed to up to eight 151 different sources of stress. 152

## <sup>153</sup> 2 Of food webs and multiple stressors

In the following sections, we conceptualize how multiple stressors permeate ecological communities by directly and indirectly disrupting the dynamics of interacting species. We then use a new and broadly applicable quantitative framework to investigate how species responses to the effects of single and multiple stressors depend on the structure of ecological communities and a species's trophic position. Our work builds on concepts from Wootton (2002) and Montoya et al. (2009) on indirect effects and the spread of disturbances through food webs and extends their work to consider multiple stressors by using the motif concepts explored in Stouffer et al. (2007), Stouffer & Bascompte (2010) and Stouffer et al. (2012).

### <sub>62</sub> 2.1 Community dynamics

We begin by conceptualizing community dynamics with a simplified 6-species food web 163 composed of populations of copepods (Copepoda), krill (Euphausiacea), capelin (Mallotus 164 villosus), Atlantic cod (Gadus morhua), and beluga (Delphinapterus leucas) and humpback 165 (Megaptera novaeangliae) whales (Figure 1A). The dynamics of this community are driven 166 by ecological processes operating at the scale of individual populations (e.g. reproduction 167 and mortality) and of the whole community (e.g. consumer-resource interactions). Species 168 influence the dynamics of other species both directly and indirectly, even in the absence of 169 stressors. Direct effects arise when a species affects another without the involvement of a 170 third species (Abrams et al. 1996; Wootton 2002). For example, cod consumes capelin in our 171 system, directly affecting its prey and weaving the dynamics of both populations together 172 (Figure 1B). 173

Indirect effects arise when a species affects another through at least one intermediary species, which results in an interaction chain also known as a density-mediated indirect effect (Wootton 1993, 2002; Abrams *et al.* 1996). In our system, krill is indirectly affected by cod through their respective interaction with capelin (Figure 1C). Indirect effects can be

as important as, and propagate faster than, direct effects (Wootton 1993, 2002; Menge 1995; Yodzis 2000). Trophic cascades, *i.e.* the propagation of effects by consumers downward through whole food webs (*e.g.* cod-capelin-krill; Figure 1A) and apparent competition, *i.e.* alternate prey species of a generalist predator (*e.g.* krill-capelin-copepod; Figure 1A) are well-documented and common types of indirect effects in empirical food webs (*e.g.* Holt 1977; Paine 1980; Menge 1995; Estes *et al.* 2011).

Net effets are the integration of all direct and indirect effects propagating to a focal species in a food web (Abrams et al. 1996). For example, the net effect of cod on beluga depends on the direct effect linking both species and the indirect effect of cod on beluga through capelin (Figure 1D). Properly assessing community dynamics requires knowledge of direct and indirect effects propagating through a multitude of pathways that result in an observed net effect (Abrams et al. 1996).

### $_{\scriptscriptstyle 90}$ 2.2 Moving beyond direct effects of stressors

Stressors affect populations and whole communities by disrupting the ecological processes that govern their dynamics (e.g. Galic et al. 2018; Guiden et al. 2019; Hodgson et al. 2019; 192 Hodgson & Halpern 2019). To illustrate, consider that 3 distinct sources of stress appear 193 in the system described above: climate change-induced temperature anomalies, commercial 194 shipping and trawl fishing (Figure 1A). The magnitude and nature of the direct effects of 195 stressors on populations depend on species-specific sensitivity, which can be defined 196 broadly as the predisposition of a species to be adversely affected by stressors (Oppenheimer 197 et al. 2015). For example, hypoxia can induce a variety of species-specific responses, ranging 198 from adaptation to avoidance to mortality (Eby et al. 2005; Chabot & Claireaux 2008; 199 Belley et al. 2010; Pillet et al. 2016). Stressors can also have one or more non-mutually 200 exclusive pathways to directly affect a species, such as effects to mortality, growth, feeding 201 rates, and metabolism. Identifying and quantifying species-specific susceptibilities is best 202

addressed through *in situ* sampling and targeted experimental investigations. These have limited applicability for communities influenced by many stressors, and are thus beyond the capabilities of most empirical research. Considering species-specific susceptibilities is also beyond the scope of our objectives. We thus intentionally consider that species-specific responses are constant and negative across species to investigate the role of species interactions in mediating the effects of stressors in ecological communities (see next sections). Still, species-species susceptibilities could readily be incorporated and explored in our work to consider species-scale and network-scale responses simultaneously.

Individual stressors can have one or more non-mutually exclusive pathways to directly affect 211 a species, such as effects to mortality, growth, feeding rates, and metabolism. For instance, 212 humpback whales feeding and mortality rates may both be affected by shipping (Figure 1A). 213 Multiple stressors can also combine to affect a single individual ecological process, such as a 214 decrease in the feeding rate of humpback whales due to shipping and trawl fishing (Figure 1A). In such a case, the feeding rate of humpback whales would be a joint function of the 216 intensity of shipping and trawl fishing in the system. The collection of ecological processes through which stressors directly affect ecological communities forms what we define as a 218 pathway of effect. The effects of stressors travel through communities using unitary 219 pathways of effect (g); this occurs when an ecological process is affected, such as an 220 increase in cod mortality ( $g = \{m_y\}$ ; Figure 2C). Unless a single ecological process is affected, 221 unitary pathways of effect combine to form an **integrative pathway of effect** (G), which 222 is the set of all unitary pathways of effect that combine across species to collectively affect 223 a community. In the remainder of the text, the term pathway of effect without a qualifier 224 (i.e. integrative or unitary) refers to integrative pathways of effect. 225

Through species interactions, the direct effects of stressors on ecological processes forming
pathways of effect indirectly propagate to other species in the food web. For example, in
our system, temperature anomalies could affect the reproductive capabilities of copepods
(i.e. population growth rate) and the effectiveness of their predators to assimilate them (i.e.

conversion rate), shipping could alter the feeding behaviour of whales (i.e. attack rate), and fisheries could affect the mortality of cod and capelin (Figure ??A, B). For example, 231 the direct effects of shipping on beluga and humpback whales behaviour would indirectly 232 propagate to their prey by altering their feeding rates and decreasing predation pressure 233 (Figure 1B, C). By extension to trophically-mediated net effects in food webs described 234 above, the net effect of a single or of multiple stressors on a species must integrate all direct 235 and trophically-mediated indirect effects propagating to a focal species. In this context, 236 the collection of ecological processes through which stressors directly and indirectly affect 237 ecological communities form what we define as a pathway of effect (see next sections and 238 glossary for more details). In recognizing the importance of net effects in assessing the effect 239 of one species on another, one must also recognize the importance of net effects of single or 240 multiple stressors on species. As such, properly assessing the effects of stressors on species 241 should integrate all direct and trophically-mediated indirect effects propagating to a focal 242 species (Figure 1D). 243 It must be recognized that if density-dependence -i.e. the negative effect of a population density on its own per capita growth rate – is an important driving factor for the dynamics 245 of a population, or if trophic interaction strength is weak, then indirect effects may become 246 weaker or even trivial (Abrams et al. 1996); one could then simply consider the direct effects 247 of stressors. Still, there is ample empirical evidence for trophically-mediated indirect effects 248 and for the propagation of the effects of stressors through food webs (e.q. O'Gorman & 249 Emmerson 2009; Estes et al. 2011; O'Gorman et al. 2012). Furthermore, we would also 250 expect indirect effects of the same direction and type if density dependence was weaker or 251 stronger. Given the aim of our study, i.e. to understand the propagation of stressors through 252

## Handling food web complexity using motifs

not the regulating factor for population and community dynamics.

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species interactions, we thus intentionally focus on instances where density dependence is

The number and complexity of pathways of effect through which a species may affect or be affected by other species and through which stressors may permeate communities 257 - increases exponentially with the number of species and interactions in a network 258 (Menge 1995). To illustrate this, let us imagine that community dynamics are governed 259 by the resource population growth (n = 2) and consumer mortality (n = 4) rates, and 260 interactions attack (n = 7), and conversion (n = 7) rates (Figure ??B). Our six-species 261 system would then be driven by 20 distinct ecological processes, offering over 1 000 000 262 unique pathways  $(2^{20})$  of effect through which the system could be disrupted; this complexity 263 has hindered studies investigations on the effects of disturbances on community dynamics 264 (Wootton 2002; Montoya et al. 2009). 265 Studying smaller subgraphs - community motifs or modules - emerged as an alternative 266 to gather insights into the dynamics and stability of ecological communities (Holt 1997; Holt & Hochberg 2001). Motifs are collections of n-species that, when put together, 268 construct whole food webs (Milo et al. 2002; Stouffer et al. 2007). They form the backbone 269 of food webs and provide a mesoscale characterization of the structural properties of 270 communities (Bascompte & Melián 2005; Stouffer et al. 2007; Stouffer & Bascompte 2010, 271 2011; Bramon Mora et al. 2018). Investigations into 3-species motifs are particularly 272 common in the literature (e.g. Menge 1995; Milo et al. 2002; Stouffer et al. 2007, 273 2012). On average, 95% of 3-species motifs in empirical food webs are composed 274 of tri-trophic food chain (e.g. cod-capelin-krill; Figure ??A), omnivory or intraguild 275 predation (e.g. beluga-cod-capelin; Figure ??A), exploitative competition (e.g. humpback 276 whale-capelin-beluga; Figure ??A) and apparent competition (e.g. krill-capelin-copepod; 277 Figure ??A) motifs (Camacho et al. 2007; Stouffer & Bascompte 2010). Focusing on motifs 278 rather than whole food webs restricts the complexity we must contend with to better 279 understand the role of species and their interactions in mediating the effects of multiple 280 stressors. For example, affecting omnivory interactions is possible through 9 ecological 281 processes and 511 unique pathways of effect (Figure ??B). We now shift our focus to the 282

dynamics of those four motifs particularly relevant to the structural properties of empirical food webs.

### 2.3 Evaluating species responses to multiple stressors

We begin by illustrating the effects of stressors on the dynamics of a single motif affected by a specific pathway of effect, the omnivory interaction connecting cod, beluga and capelin in our system (Figure ??C), to formalize the concepts we are using to explore the effects of stressors through food webs. We then move to a holistic assessment of all motifs and pathways of effect (next section). While concepts are presented in the context of motifs for simplicity, it is worthwhile noting that the concepts apply to complex networks.

Net effects are typically measured as variations in equilibrium species abundances or
densities in food webs following species removals or a press perturbation; these measured
variations integrate all direct and trophically-mediated indirect effects operating on the
system collectively (Wootton 2002; Berlow et al. 2004; Montoya et al. 2009). Likewise,
we propose to evaluate how pre-stressor species abundances at equilibrium shift after the
permanent appearance of stressors in a system – i.e. press perturbations – as a measure of
their net effect.

The effects of stressors travel through communities using unitary pathways of effect 299 (g); this occurs when an ecological process is affected, such as an increase in cod mortality 300  $(g = \{m_y\}; \text{ Figure ??B}). \text{ Unitary pathways of effect can induce contrasting population}$ 301 trajectories. Fishing increases capelin mortality  $(g = \{r_x\})$  favours cod and reduces capelin 302 and beluga abundances (Figure ??C-1). In this scenario, cod are likely released from beluga 303 predation due to their drop in numbers [i.e. mesopredator release; Ritchie & Johnson 304 (2009)]. This trophically-mediated effect could ultimately exacerbate the effect of fishing on 305 capelin by favouring one of its predators. Meanwhile, increasing cod mortality  $(g = \{m_y\})$ results in the growth of the capelin and beluga populations (Figure ??C-2). Surprisingly,

the cod population remains relatively unchanged (Figure ??C-2), likely because the increase in prey availability offsets the effect of fishing [i.e. compensatory dynamics; 309 Gonzalez & Loreau (2009)]. Finally, the beluga population appears insensitive to the effect 310 of shipping  $(g = \{\alpha_{xz}\})$  and  $g = \{\alpha_{yz}\}$ ; yet shipping likely disrupts the top-down control of 311 beluga on cod to the benefit of cod and to the detriment of capelin (Figure ??C-3). 312 Unless a single ecological process is affected, unitary pathways of effect combine to form an 313 integrative pathway of effect (G), which is the set of all unitary pathways of effect that 314 combine across species to collectively affect a community. Shipping and fishing collectively 315 affect our system through an integrative pathway of effect  $(G = \{r_x, m_y, \alpha_{xz}, \alpha_{yz}\})$  that 316 benefits cod and reduces capelin and beluga (Figure ??B-4).

#### 318 2.3.1 Trophic sensitivity

We define a species (m) trophic sensitivity  $(S_{m,G})$  as the net effect -i.e. the variation in equilibrium abundance after the appearance of stressors – resulting from an integrative pathway of effect G (Figure 2D,F):

$$S_{m,G} = \frac{a_{m,G} - a_m}{a_m},\tag{1}$$

where  $a_m$  and  $a_{m,G}$  are the pre- and post-stressors abundances of species m, respectively. The term integrative of the text, the term pathway of effect without a qualifier (i.e. integrative or unitary) refers to integrative pathways of effect. Note that by definition  $S_{m,G}$  is bounded negatively to -1, as species abundances cannot be negative. We refer to species that are highly susceptible to the effects of stressors—whether positively or negatively—as weak entry points and distinguish between negative and positive weak entry points.

#### 2.3.2 Trophic amplification

In multi-species systems, where many direct and indirect trophic effects are operating 329 simultaneously, effects of stressors can be amplified or dampened through biotic interactions 330 (Ives 1995; Wootton 2002; Thompson et al. 2018). Uncovering synergies and antagonisms 331 has been a hallmark of investigations into the effects of multiple stressors (e.q. Crain et al. 332 2008; Darling & Côté 2008; Côté et al. 2016; Galic et al. 2018; Thompson et al. 2018). 333 These so-called **non-additive effects** arise when the net effect of disruptions to multiple 334 ecological processes (i.e. an integrative pathway of effect) is greater (i.e. a synergistic 335 effect) or lower (i.e. an antagonistic effect) than the combined net effects of disruptions 336 to individual ecological processes (i.e. unitary pathways of effect). We define a species 337 (m) trophic amplification  $(A_{m,G})$  as the difference between its trophic sensitivity to an 338 integrative pathway of effect (G) and the sum of its trophic sensitivities to the unitary pathways of effect forming G ( $g \in G$ ; Figure 2L,M):

$$A_{m,G} = \sum_{g \in G} \left( \frac{1}{|G|} S_{m,G} - S_{m,g} \right), \tag{2}$$

where |G| is the number of unitary pathways of effect g forming the integrative pathway 341 of effect G. Synergisms and antagonisms are identified by positive and negative trophic 342 amplifications, respectively. From this definition of non-additive effects, a single stressor can elicit non-additive effects by disrupting multiple ecological processes. In contrast, nonadditive effects are usually defined as arising from more than one stressor. However, we 345 argue that, at the scale of communities, a stressor could indeed elicit non-additive effects on its own. In our system, shipping and fishing elicit synergistic effects on capelin and beluga, and a slightly antagonistic effect on cod. We refer to species as biotic amplifiers if they are affected synergistically by an integrative pathway of effect (i.e. positive trophic 349 amplification) or as **biotic buffers** if they are affected antagonistically (i.e. negative trophic 350 amplification) by a pathway of effect. Hence, capelin and beluga are biotic amplifiers, 351

whereas cod is a biotic buffer (Figure ??C-4).

#### 2.3.3 Trophic variance

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A species' trophic sensitivity – or lack thereof – can also arise from different mechanisms. Some unitary pathways of effect may reinforce each other, whereas others may cancel each other out (Wootton 2002; Montoya et al. 2009). For example, the positive effect of cod mortality on capelin (Figure ??C-2) is offset by the negative effects on capelin mortality and beluga behaviour (Figure ??C-1, C-3, C-4). Comparing the effective and expected effects of a unitary pathway of effect – i.e. the average effect of an integrative pathway of effect – provides a measure of variance associated to trophic sensitivity to an integrative pathway of effect (G) that we define as **trophic variance**  $(V_{m,G})$ :

$$V_{m,G} = \sum_{g \in G} \left( \frac{1}{|G|} S_{m,G} - S_{m,g} \right)^2.$$
 (3)

Low variance arises from sets of unitary pathways of effect whose individual effects are relatively similar, whereas high variance identifies sets of contrasting unitary pathways of effect. Ecologically, this means that even if a species sensitivity to stressors is low, it may still be subjected to competing individual effects that disturb their population dynamics; the likelihood of observing ecological surprises would thus be heightened for species with high trophic variance. In our system, beluga  $(V_{beluga,G} = 0.22)$  and capelin  $(V_{capelin,G} = 0.18)$  are exposed to unitary pathways of effect that tend cancel each other out, whereas cod  $(V_{cod,G} = 0.09)$  is mostly exposed to unitary pathways of effect that reinforce each other.

## 3 Handling food web complexity

### 3.1 Using motifs to simplify food webs

The number and complexity of pathways of effect through which a species may affect or 372 be affected by other species – and through which stressors may permeate communities – 373 increases exponentially with the number of species and interactions in a network (Menge 374 1995). To illustrate this, let us imagine for the remainder of the manuscript that community 375 dynamics in our system are governed by the resource population growth (n = 2) and 376 consumer mortality (n = 4) rates, and interactions attack (n = 7), and conversion (n = 4)377 7) rates (Figure 2A). Our six-species system would then be driven by 20 distinct ecological 378 processes, offering over 1 000 000 unique pathways  $(2^{20})$  of effect through which the system 379 could be disrupted; this complexity has hindered studies on the effects of disturbances on 380 community dynamics (Wootton 2002; Montoya et al. 2009). 381 Studying smaller subgraphs – community motifs or modules – emerged as an alternative to 382 gather insights into the dynamics and stability of ecological communities (Holt 1997; Holt 383 & Hochberg 2001). Motifs are collections of n-species that, when put together, construct 384 whole food webs (Milo et al. 2002; Stouffer et al. 2007). They form the backbone of food 385 webs and provide a mesoscale characterization of the structural properties of communities 386 (Bascompte & Melián 2005; Stouffer et al. 2007; Stouffer & Bascompte 2010, 2011; Bramon 387 Mora et al. 2018). Investigations into 3-species motifs are particularly common in the 388 literature (e.g. Menge 1995; Milo et al. 2002; Stouffer et al. 2007, 2012). On average, 380 95% of 3-species motifs in empirical food webs are composed of tri-trophic food chain (e.g. 390 cod-capelin-krill), omnivory or intraguild predation (e.g. beluga-cod-capelin), exploitative 391 competition (e.q. humpback whale-capelin-beluga) and apparent competition (e.q. krill-392 capelin-copepod) motifs (Figure 2A) (Camacho et al. 2007; Stouffer & Bascompte 2010). 393 Focusing on motifs rather than whole food webs restricts the complexity we must contend with to better understand the role of species and their interactions in mediating the effects 395 of multiple stressors.

To illustrate the concepts and metrics presented in the previous section using motifs, we use two fictitious interactions from our system: the omnivory interaction connecting 398 beluga, cod and capelin, and the apparent competition interaction connecting copepods, 399 krill and capelin (Figure 2A). Shipping and fishing combine to collectively affect the 400 omnivory interaction by altering the feeding behaviour of the beluga whale population, and 401 by increasing the mortality of the cod and capelin populations. The ecological processes 402 affected are thus capelin intrinsic growth rate  $(r_{capelin})$ , cod mortality rate  $(m_{cod})$ , and beluga 403 attack rates on capelin ( $\alpha_{capelin,beluga}$ ) and cod ( $\alpha_{cod,beluga}$ ); this results in an integrative 404 pathway of effect  $G = \{r_{capelin}, m_{cod}, \alpha_{capelin, beluga}, \alpha_{cod, beluga}\}$  (Figure 2C). Here, we use 405 growth rate for capelin, since it is now the new basal resource in the simplified system. 406 This pathway of effects reduces the abundance of capelin and beluga (i.e. negative trophic 407 sensitivity) and benefits the cod population (i.e. positive trophic sensitivity; Figure 2M). 408 In the apparent competition interaction, temperature anomalies affect the physiological 409 conditions of copepods and decrease capelin's ability to assimilate them (i.e. conversion 410 rate  $(e_{copepods, capelin})$ , and fishing once again affects capelin mortality  $(m_{capelin})$ ; this results 411 in the integrative pathway of effect  $G = \{m_{capelin}, e_{copepods, capelin}\}$  (Figure Figure 2B). This 412 pathway of effects elicits negative trophic sensitivities for the capelin and krill populations decreases in abundance), while the copepod population exhibits positive trophic 414 sensitivity (i.e. increase in abundance; Figure 2L). 415 If we investigate unitary pathways of effects, however, we see that the effects of stressors 416 may induce contrasting population trajectories. In the omnivory interaction, an increase in 417 capelin mortality due to fishing  $(g_1 = \{r_{capelin}\})$  favours cod and reduces capelin and beluga 418 abundances (Figure 2F). In this scenario, cod are likely released from beluga predation 419 due to their decrease in abundance [i.e. mesopredator release; Ritchie & Johnson (2009)]; 420 this trophically-mediated effect could ultimately exacerbate the effect of fishing on capelin 421 by favouring one of its predators. Meanwhile, increasing cod mortality due to fishing 422  $(g_2 = \{m_{cod}\})$  results in the growth of the capelin and beluga populations (Figure 2G).

Surprisingly, the cod population remains relatively unchanged, likely because the increase in prey availability offsets the effect of fishing [i.e. compensatory dynamics; Gonzalez & 425 Loreau (2009). A similar scenario appears when the attack rates of beluga on capelin 426  $(g_3 = \{\alpha_{capelin,beluga}\})$  is decreased by shipping (Figure 2H). Finally, disrupting the attack 427 rates of beluga on cod due to shipping  $(g_4 = \{\alpha_{cod,beluga}\})$  does not appear to adversely 428 affect the beluga population, while shipping likely disrupts the top-down control of beluga 429 on cod to the benefit of cod and to the detriment of capelin (Figure 2I). Similarly, the unitary 430 pathways of effects on the apparent competition result in contrasting dynamics. The increase 431 in capelin mortality  $(g_1 = \{m_{capelin}\})$  results in a decrease in capelin abundance that benefits 432 both prey species (Figure 2D). The decrease in the conversion rates of copepods by capelin 433  $(g_2 = \{e_{copepods, capelin}\})$ , meanwhile, surprisingly serves to transfer some of the predation 434 pressure from copepods to krill, with krill populations decreasing as a result (Figure 2E). 435 Comparing population trajectories of the unitary pathways of effects with the integrative 436 pathway of effect provides a measure of non-additive effects. Through the omnivory 437 interaction, we see that the net effect of shipping and fishing elicit synergistic effects on 438 capelin and beluga (\*i.e.\* positive trophic amplification) and a slightly antagonistic effect 439 on cod (i.e. negative trophic amplification; Figure 2M). Through the apparent competition 440 interaction, meanwhile, effects of fishing and temperature anomalies appear antagonistic for 441 capelin and copepods, while they are additive for krill (Figure 2L). 442 Unitary pathways of effect also have contrasting effects on species. For example, the positive 443 effects of cod mortality and beluga feeding rates on capelin (Figure 2G,H) are offset by 444 the negative effects on capelin mortality and beluga feeding rates on cod (Figure 2F,I). 445 Indeed, the trophic variance suggests that beluga  $(V_{beluga,G} = 0.29)$  and capelin  $(V_{capelin,G} =$ 446 0.25) are exposed to unitary pathways of effect that tend cancel each other out, whereas  $cod (V_{cod,G} = 0.07)$  is mostly exposed to unitary pathways of effect that reinforce each other. Effects propagating through the apparent competition interaction, meanwhile, tend to reinforce each other for to a greater degree for capelin ( $V_{capelin,G} = 0.05$ ), than copepods  $(V_{copepods,G} = 0.14)$  and krill  $(V_{krill,G} = 0.10)$ .

### 3.2 Scaling back to food webs

As a food web can be deconstructed into n-species motifs, it can be pieced back together 453 to assess the structural roles of species and their interactions in food webs (Stouffer et al. 2012; Cirtwill & Stouffer 2015). In a food web of n-species, the collection of p-species motifs 455  $(p \le n)$  a species is involved in forms a species motif census. In our system, cod is twice a 456 predator in food chains, once a consumer in an omnivory interaction and once a consumer in 457 exploitative competition (Figure 3), which forms its motif census. Each 3-species interaction 458 in which cod is involved is affected through a specific pathway of effect for which we can 459 evaluate an expected trophic sensitivity and amplification (Figure 3). We summarize trophic 460 sensitivities  $(S_m)$  and amplifications  $(A_m)$  across a species motificance (M) by summing 461 motif scale trophic sensitivities and amplifications (Figure 3): 462

$$S_m = \sum_{i \in M} S_{i,G^i}; \tag{4}$$

$$A_m = \sum_{i \in M} A_{i,G^i},\tag{5}$$

where  $G^i$  is a pathway of effect through motif i. Summarizing by adding individual trophic sensitivities and amplifications allows for individual pathways of effect to reinforce and cancel each other out. This approach is akin to that used by Stouffer  $et\ al.\ (2012)$  to evaluate a species role for community persistence as a function of the 3-species motifs it is involved in. For example, the net effect of stressors through the food chains and competitive exploitation motifs negatively affects cod, whereas it benefits from the net effect of stressors through the omnivory motif (Figure 3). Effects to cod are also amplified through the food chain with capelin and copepod, yet buffered through the omnivory and exploitative competition interactions (Figure 3). Through equations 4 and 5, we would expect cod to be negatively and synergistically affected by stressors in our system, even though cod might benefit or be antagonistically affected through certain pathways of effect across its motif census (Figure 3).

## 4 Simulating the effects of multiple stressors on motifs

In the previous sections, we conceptualized how multiple stressors affect species in the 476 context of food webs, defined metrics to evaluate the net effects of stressors, and illustrated 477 how motifs can be leveraged to evaluate the expected trophic sensitivity, amplification and variance of species in complex food webs. To investigate how a species position in trophic interactions affects its sensitivity to the net effects of stressors, we now simulate pathways of effect through tri-trophic food chains, omnivory, exploitative competition, and apparent 481 competition motifs. Restricting effects to resource growth, mortality, conversion and attack 482 rates, there are 7 ecological processes and 127 distinct pathways of effect for the tri-trophic 483 food chain, competitive exploitation and apparent competition motifs, and 9 ecological 484 processes and 511 distinct pathways of effect for the omnivory motif (Table S1 in Supporting 485 Information); we simulate and explore all these pathways of effect. 486

#### 4.1 Models and simulations

We have thus far defined the trophic sensitivity, amplification and variance of species involved in an omnivory interaction and exposed to a specific pathway of effect (Figure ??C-4); there are far more potential pathways of effect. Restricting effects to resource growth, mortality, conversion and attack rates, there are 7 ecological processes and 127 distinct pathways of effect for the tri-trophic food chain, competitive exploitation and apparent competition motifs, and 9 ecological processes and 511 distinct pathways of effect for the omnivory motif. We now explore all these pathways of effect using We used generalized Lotka-Volterra equation systems with Type 1 functional response (Table S1) to simulate the effects on stressors on tri-trophic food chain, competitive exploitation and apparent competition motifs. Two additional motifs were included as controls to assess the importance of species interactions in mediating the effects of stressors: a partially connected motif with a disconnected species and a predator-prey interaction resulting in 31 distinct pathways of effects, and a disconnected motif with three fully independent species resulting in 7 pathways of effect. Species dynamics were modeled using equations of the form:

$$\frac{dX_i}{dt} = X_i(r_i - \alpha_{ii}X_i + \sum_j e_{ij}\alpha_{ij}X_j),$$

where  $X_i$  denotes species i,  $r_i$  is the intrinsic growth rate and is positive for resources (i.e.

502

autotrophs) and negative for consumers (i.e. heterotrophs),  $\alpha_{ii}$  is the density-dependent 503 effect of species i on itself,  $\alpha_{ij}$  is the rate at which species j affects species i, i.e. the attack 504 rate, and  $e_{ij}$  is the rate at which the biomass of species i is transformed into biomass of species 505 j biomass, i.e. the conversion rate, and is a scaling parameter of the attack rate which cannot 506 exceed 1. We studied the equilibrium dynamics of coexisting species, i.e. species abundances 507 remained positive after the appearance of stressors. Consequently, we included competitive 508 interaction parameters between consumers  $(\alpha_{jk}, \alpha_{jj})$  for the exploitative competition motif, 509 as no coexistence may occur for this motif in the absence of other interactions. Refer to 510 Table S1 for the equation systems of all motifs. 511 We simulated the effects of stressors on motif dynamics with 100 different sets of initial 512 parameter values. Parameter values were fixed for intrinsic growth rate (r = 1), density-513 dependence ( $\alpha_{ii} = 0.001$ ), competitive parameters ( $\alpha_{jk} = \alpha_{jj} = 0.001$ ), and conversion 514 rates (e = 0.5). Parameter values were randomly selected within a fixed range for mortality 515 rates  $(m \in [0.01, 0.5])$  and attack rates  $(\alpha_{ij} \in [0.0001, 0.01])$ . All possible pathways of effect 516 through resource growth rates (r) mortality rates (m), conversion rates (e) and attack rates 517

 $(\alpha_{ij})$  were simulated by modifying the equilibria equation parameter values by 1% to simulate negative effects. For example, mortality rates were increased by 1%. Sets of parameter 519 values were randomly selected with the added constraint that species abundances resulting 520 from all possible pathways of effect remained positive. Parameter combinations were thus 521 rejected if any solutions resulting in negative abundances and parameters were redrawn until 522 100 feasible and coexisting communities were found. The trophic sensitivity  $(S_{i,G})$ , trophic 523 amplification  $(A_{i,G})$  and trophic variance  $(V_{i,G})$  of motif positions (i) were evaluated using 524 equations 1 and 2. The expected trophic sensitivity  $(S_i)$  and trophic amplification  $(A_i)$  of 525 motif positions were evaluated as the average trophic sensitivity and amplification over all 526 pathways of effect. Equilibria were solved using SageMath (TheSageDevelopers 2019) and 527 simulations were performed using R (RCoreTeam 2019). 528

By constraining models so that all species abundances remain positive throughout all 529 simulations, we are controlling for species extinctions. Still, it should be noted that our 530 results and approach do not suggest that species affected by multiple stressors cannot go 531 extinct. The goal of our simulations is to find whether certain species are more or less 532 sensitive to the effects of multiple stressors based on their trophic position. To achieve 533 this, simulations must capture the full range of possible trophic sensitivities to increasingly 534 complex pathways of effect, which would not be possible if species were allowed to go extinct. 535 Ultimately, what we are proposing are simulations of multiple, simultaneous, weak press 536 perturbations to study the dynamics of a system in the neighbourhood of the equilibrium. 537 In spirit, this is similar to approach used in press perturbation experiments (e.g. Bender et 538 al. 1984; Montoya et al. 2009); in practice our approach is akin to a sensitivity analysis. 539

We also intentionally considered that species-specific responses are constant and negative across species to control for their effect and focus on the role of species interactions in mediating the effects of stressors in ecological communities. Identifying and quantifying species-specific sensitivities is best addressed through *in situ* sampling and targeted experimental investigations. These have limited applicability for communities influenced by

many stressors, and are thus beyond the capabilities of most empirical research. Considering species-specific sensitivities is also beyond the scope of our objectives. Still, if known, species-specific sensitivities could readily be incorporated and explored in our work to consider species-scale and network-scale responses simultaneously. Similarly, we kept density-dependence constant to control for their effect and focus on trophically-mediated indirect effects.

Arbitrary thresholds were used to identify negative  $(S_{i,G} < 1)$  and positive  $(S_{i,G} > 1)$ weak entry points, biotic buffers  $(A_{i,G} < 0.02)$  and biotic amplifiers  $(A_{i,G} > 0.02)$ . These thresholds are used for discussion purposes to identify species that are more or less sensitive and prone to non-additive effects.

#### 5 4.2 Effects of stressors on motifs

We observe, as anticipated, that species interactions play a crucial role in mediating the
effects of stressors through food webs and that considering species in isolation underestimates
the effects of stressors. Pathways of effect targeting multiple ecological processes lead to
greater trophic sensitivities (Figure 4); similarly, the effects of stressors to interactions
consistently result in greater trophic sensitivities than effects of stressors to controls (Figures
5, S1).

The type of interaction a species is involved in also influences its sensitivity to the effects of stressors. Omnivory and tri-trophic food chain interactions are generally more sensitive than exploitative and apparent competition interactions (Figures 5, S1). In omnivory and tri-trophic food chain interactions, predators and resources are negatively affected through most pathways of effect, *i.e.* they are negative entry points; mesopredators in those interactions, meanwhile, largely benefit from the effects of stressors and are positive entry points (Figures 5, S1). In exploitative and apparent competition interactions, consumers are either negatively affectednegative entry points or unaffected by stressors, whereas resources

are either positively affected positive entry points or unaffected by stressors (Figure 5,S1). The insensitivity of consumers in apparent competition and resources in exploitative 571 competition arises from negligible effects of stressors rather than unitary pathways of effect 572 canceling each other out (Figure 6). 573 Based on knowledge of community stability, our results may appear counterintuitive at first 574 glance. Indeed, omnivory and tri-trophic motifs show the strongest variations in abundances 575 in our simulations, while their persistence has been found to be higher than the other three-576 species motifs (Stouffer & Bascompte 2010). A complementary analysis of motif stability 577 (based on leading eigenvalue of the Jacobian matrix) revealed two important elements. First, 578 initial parameterization yielded a higher stability for apparent competition and exploitative 579 competition than for omnivory and tri-trophic food chains. Second, the stability of tri-trophic food chain and omnivory interactions increases as pathways of effects become more complex (Figure S2), whereas the stability of apparent and exploitative competition interactions 582 decreases (Figure S2). Thus, interestingly enough, gains in stability for the omnivory and 583 the tri-trophic food chain are associated with important variations in species abundance. While we do not have a definitive explanation for this, we anticipate that a promising avenue 585 to better understand these results would be to explore the geometry of the feasibility domain 586 for the different motifs considered here (see Song et al. 2018), which is beyond the scope of 587 our study. 588 Non-additive effects also arise from species interactions; in fact, non-additive effects are 580 largely exclusive to species in omnivory interactions and to predators in tri-trophic food 590 chains, with most pathways of effect resulting in antagonistic or synergistic effects (Figure 5, 591 S1). This high variability in non-additive effects (Figures 5, 6) suggests predicting whether 592 a species will be affected synergistically or antagonistically by stressors ~~that typecasting 593 species as biotic buffers -i.e. antagonistically affected by stressors - or biotic amplifiers -i.e.synergistically affected by stressors – ~requires precise knowledge of the pathways of effect

affecting a system. We can, nevertheless, typecast Still, species in omnivory interactions and

the predator in tri-trophic food chains are acutely susceptible to non-additive effects.

Our results show that the effects of stressors are invariably greater when species interactions 598 are taken into account. These results provide an answer to the first management question 590 (Q1) we submitted in the introduction by suggesting that environmental effects assessments 600 should explicitly consider species interactions and the structure of food webs to avoid under-601 estimating the net effects of stressors. This observation is also supported by long standing 602 evidence for the importance of interactions in spreading the effects of disturbances through 603 food webs (Wootton 1993, 2002; e.g. Menge 1995; Yodzis 2000; Montoya et al. 2009; 604 O'Gorman & Emmerson 2009; Burns et al. 2014), and we extend this conclusion to the 605 effects of multiple stressors (see also Thompson et al. 2018). 606

The prevalence of non-additive effects arising from species interactions, particularly through 607 omnivory and tri-trophic food chain interactions, also answers our second management 608 question (Q2) by highlighting the importance of holistic effect assessments, rather than 609 conventional individual assessments (O'Brien et al. 2019), to avoid overestimating or 610 underestimating the net effects of multiple stressors. This is especially true considering 611 that omnivory and tri-trophic food chain interactions are both particularly susceptible to 612 the effects of stressors and important building blocks for the structure of empirical food 613 web (e.g. Bascompte & Melián 2005; Stouffer et al. 2007; Monteiro & Faria 2016; Klaise & 614 Johnson 2017). 615

#### # Scaling back to food webs

Thus far, we conceptualized the role of species and their interactions in mediating the
effects of multiple stressors in ecological communities, we simplified food web complexity
using motifs, and we evaluated how different configurations of species interactions influence
trophic sensitivity and amplification. We now scale back to species in food webs. As a food
web can be deconstructed into *n*-species motifs, it can be pieced back together to assess
the structural roles of species and their interactions in food webs (Stouffer et al. 2012;

Cirtwill & Stouffer 2015). In a food web of n-species, the collection of p-species motifs  $(p \le n)$  a species is involved in forms a species motif census. Here we solely consider 624 3-species motifs. In our example, cod is twice a predator in food chains, once a consumer in 625 an omnivory interaction and once a consumer in exploitative competition (Figure ??D). A 626 species motifications can be informative of expected trophic sensitivities and amplifications. 627 Each 3-species interaction is affected through a specific pathway of effect from which 628 we can evaluate trophic sensitivity and amplification (Figure ??D, E). For example, cod 629 is negatively affected through the food chains and competitive exploitation interactions, 630 whereas it benefits from effects through the omnivory interaction (Figure ??E). Effects 631 to cod are also amplified through the food chain with capelin and copepod, yet buffered 632 through the omnivory and exploitative competition interactions (Figure ??E). 633

We summarize trophic sensitivities  $(S_m)$  and amplifications  $(A_m)$  across a species motiform census (M) by summing individual trophic sensitivities and amplifications (Figure ??E):

$$S_m = \sum_{i \in M} S_{i,G^i} \text{text}_{;}$$

$$_{637} \quad \{A_m = \sum_{i \in M} A_{i,G^i} \text{text}_{,}\}$$

where  $G^i$  is a pathway of effect through motif i. Summarizing by adding individual trophic sensitivities and amplifications allows for individual pathways of effect to reinforce and cancel each other out. For instance, we expect pathways of effect to negatively and synergistically affect cod in our system, even though cod benefits or is antagonistically affected through certain pathways of effect across its motif census (Figure ??E).

## 5 Applications: the St. Lawrence System

We illustrate how our framework can be applied to empirical food webs using data from the

St. Lawrence System. The St. Lawrence System is formed by one of the largest estuaries in

the world and a vast interior sea. Variable environmental and oceanographic processes make

it suitable for the establishment of diverse and productive ecological communities (El-Sabh & Silverberg 1990; Savenkoff et al. 2000). The St. Lawrence System also provides a wealth of ecosystem services; it sustains rich commercial fisheries, grants access to one of the most densely populated regions in North-America through more than 40 ports, is home to an expanding aquaculture production, and has an expanding tourism industry (Beauchesne et al. 2016; Archambault et al. 2017; Schloss et al. 2017). These human-induced stressors blend with climate related stressors that result in intricate cumulative exposure regimes across the St. Lawrence System (Beauchesne et al. 2020).

We used empirical data on the topology of food webs in the three main regions of the St. 655 Lawrence for different periods: the Northern Gulf of St. Lawrence [mid-1980s; Morissette et 656 al. (2003), the Southern Gulf of St. Lawrence [mid-1980s; Savenkoff et al. (2004)], and the 657 St. Lawrence Estuary [early 2000s; Savenkoff (2012)]. We used the topology of the empirical food webs to evaluate the motif census for each species and functional group. For each motif in a species motif sensus, we evaluate which pathway of effect – if any – is affecting the motif. 660 We consider the most prevalent sources of offshore human- and climate-induced stress in the St. Lawrence System to identify pathways of effect; these are shipping, trawl, trap and 662 pelagic fisheries, ocean acidification, hypoxia, and bottom- and surface-water temperature 663 anomalies (Beauchesne et al. 2020). As modelling or observing each pathway of effect on 664 empirical 3-species interactions is not realistic, we used the results from the simulations on 665 theoretical motifs to infer – rather than model – a species sensitivity to stressors as a function 666 of its position in a food web (see section Simulating the effects of multiple stressors on motifs 667 for more details). We thus use the topology of empirical food webs rather than a modelling 668 framework. For each observed pathway of effect, we used the corresponding simulated trophic 669 sensitivities and amplifications as heuristics of a species expected sensitivity to the effects of 670 stressors. We then evaluate a species expected trophic sensitivity and amplification across 671 its motif census using equations 4 and 5. Refer to Appendix 1 and Figures S3, S4 and S5 in 672 Supplementary information for more details.

#### 674 ## Food webs

We use empirical data on food webs in the three main regions of the St. Lawrence for 675 different periods: the Northern Gulf of St. Lawrence [mid-1980s; Morissette et al. (2003)], 676 the Southern Gulf of St. Lawrence [mid-1980s; Savenkoff et al. (2004)], and the St. Lawrence 677 Estuary [early 2000s; Savenkoff (2012)]. The total number of species and functional groups 678 differs between food webs  $(n_{SSL} = 30; n_{NSL} = 32; n_{ESL} = 41;)$ , yet there is significant 679 overlap ( $n_{all} = 21$ ). Food web resolution is biased towards commercial fish for all food webs. 680 Interactions were identified as a species or functional group's diet composition in percent. 681 Only diet percent > 0.1 were considered as interactions. Note that detailed results are only 682 presented and discussed for the Northern Gulf of St. Lawrence food web; see Figures S1 and 683 S2 in Supporting Information for the results for the Estuary and Southern Gulf.

#### 685 ### Effects of stressors

The most prevalent sources of offshore human- and climate-induced stress in the St. Lawrence
System are shipping, trawl, trap and pelagic fisheries, ocean acidification, hypoxia, and
bottom- and surface-water temperature anomalies (Beauchesne *et al.* 2020). We inferred
the effects of individual sources of stress on the ecological processes governing these food
webs (Figure 7) based on expert knowledge and the scientific literature:

1. Position in the water column -i.e. deep or surface-dwelling species - determines exposure 691 to stressors. Acidification, hypoxia and bottom temperature anomalies are widespread 692 in the deep layers of the St. Lawrence, whereas surface temperature anomalies and 693 shipping are prevalent in the surface layer (Beauchesne et al. 2020); 2. Mobility determines 694 vulnerability to hypoxia and temperature anomalies. Hypoxia and temperature anomalies 695 were considered as affecting the physiology of species with low mobility, whereas the 696 behaviour of mobile species was considered affected by hypoxia only; 3. Ocean acidification 697 affects the physiology of carbonate-secreting organisms [e.q. mollusks and crustaceans; 698 Kroeker et al. (2013); 4. Shipping affects the behaviour of large surface-dwelling species such as whales (Christiansen et al. 2013; Lesage et al. 2017); 5. Fisheries cause mortality.

The catch data provided in the food web descriptions provided a list of targeted species

(Morissette et al. 2003; Savenkoff et al. 2004; Savenkoff 2012). The gear types used to

capture targeted species were identified with landing data from the Department of Fisheries

and Ocean's Canada (DFO 2016). Reported whale bycatch and seals and seabird hunting

were considered as effects to mortality (Morissette et al. 2003; Savenkoff et al. 2004;

Savenkoff 2012).

707 ### Pathways of effect

The motif census of each species was evaluated from the structure of each food web (Figure 7). For each 3-species interaction in which a species was identified, the realized pathway of 709 effect was identified as a function of affected ecological processes (Figure 7). The following 710 rules were applied to identify realized pathways of effect: 1) effects to mortality disrupt 711 resource growth rates (r) and consumer mortality rates (m), (m) effects to behaviour disrupt 712 consumer attack rates  $(\alpha_{ij})$ , and 3) effects to physiology disrupt consumer conversion rates 713 (e). Simulation results from the holistic exploration of the effects of stressors on motifs were 714 then used as heuristics to infer the trophic sensitivity and amplification of species to specific 715 pathways of effect in the food webs. 716

## Trophic sensitivity and amplification in the St. Lawrence System

The most trophically sensitive species in the mid-1980s Northern St. Lawrence were most frequently positioned as predators in food chain, omnivory and exploitative competition interactions (Figure 7); these positions are generally negatively affected by stressors (Figure 5). The least sensitive species, meanwhile, generally occupied positions that benefit from the effects of stressors, such as mesopredators in omnivory interactions (Figure 5), or positions that are less sensitive to stressors, such as resources in exploitative competition (Figure 5). Trophic sensitivities and amplifications were not correlated in the Northern St. Lawrence; in fact, most species were prone to synergistic effects, regardless of their trophic sensitivity

to stressors (Figure 7). Furthermore, the number of stressors affecting a species does not necessarily translate to greater trophic sensitivities or amplifications. For example, the 727 trophic sensitivity of shrimp was low even though its mortality, physiology and behaviour 728 were all potentially affected by stressors; marine mammals and seabirds, on the other hand, 729 were highly susceptible to the effects of stressors and to non-additive effects, even in the 730 absence of direct effects from stressors (Figure 7). 731 We can summarize the results for the mid-1980s Northern St. Lawrence food web with three 732 ecological observations that answer our third management question (Q3). First, the trophic 733 position of large apex predators (e.g. Atlantic cod, Greenland halibut and large demersals) 734 and marine mammals rendered them highly sensitive to the effects of stressors and prone to 735 synergistic effects, *i.e.* they were negative weak entry points and biotic amplifiers (Figure 7). 736 Second, forage species were trophically positioned so that they either benefited synergistically 737 from the effects of stressors, making them positive weak entry points and biotic amplifiers 738 (e.g. capelin and crustaceans; Figure 7), or were insensitive to stressors (e.g. shrimp; Figure 739 7). Third, a species sensitivity to the effects of stressors can be driven exclusively by indirect 740 exposure; focusing on a single species and direct effects may thus miss the underlying causes 741 of population dynamics. 742 We can summarize the results for the mid-1980s Northern St. Lawrence food web with three 743 ecological observations that answer our third management question (Q3). First, large apex 744 predators (e.q. Atlantic cod, Greenland halibut and large demersals) and marine mammals 745 were expected to be highly sensitive to the effects of stressors and prone to synergistic effects 746 (Figure 7); this is mainly due to their trophic position, which was predominantly as predators 747 in food chains, omnivory and exploitative competition interactions (Figure S3). Second, 748 forage species were either expected to benefit synergistically from the effects of stressors 749 by mostly occupying trophic positions such as mesopredators in omnivory interactions (e.q.750 capelin and crustaceans) or be insensitive to the effects of stressors by occupying trophic 751 positions such as resources in exploitative competition interactions (Figures 7, S3). Third, a species sensitivity to the effects of stressors can be driven exclusively by indirect exposure,
the number of stressors affecting a species does not necessarily translate to greater trophic
sensitivities or amplifications (Figure S3). For example, the trophic sensitivity of shrimp
was low even though its mortality, physiology and behaviour were all potentially affected
by stressors; marine mammals and seabirds, on the other hand, were highly susceptible to
the effects of stressors and to non-additive effects, even in the absence of direct effects from
stressors (Figures 7, S3). Focusing on a single species and direct effects may thus miss the
underlying causes of population dynamics.

These observations are expected, as apex predators are both preferentially targeted for 761 hunting and fishing, and more vulnerable to trophically-mediated effects (Pauly et al. 1998; 762 Estes et al. 2011; Ripple et al. 2015; Stier et al. 2016); they also complement our 763 understanding of the slow recovery of groundfish stocks following collapses of the early 764 to mid-1990s in the St. Lawrence (Savenkoff et al. 2007; Morissette et al. 2009) and elsewhere in the Northern Atlantic Ocean (Worm & Myers 2003; Frank et al. 2005). 766 Triggered by overfishing and poor environmental conditions (Dempsey et al. 2018), the groundfish stock collapse resulted in dramatic shifts in trophic structure that saw the fall 768 of piscivorous groundfish and the rise of small pelagics and benthic crustaceans (Savenkoff 769 et al. 2007; Morissette et al. 2009) that mostly endure 30 years later (Bourdages et al. 770 2018). Marine mammals, meanwhile, shifted their resource use and their biomass increased 771 in the St. Lawrence (Morissette et al. 2009; Gavrilchuk et al. 2014). Trophic interpretations 772 explaining the shifts in trophic structure and the difficulties in fish stock recovery are plentiful 773 (e.g. Jackson et al. 2001; Worm & Myers 2003; Frank et al. 2005); perhaps the recovery 774 of fish stocks is also hampered by the combination of stressors affecting the system and the 775 structure of the food web. 776

Still, trophic sensitivities and amplifications depend on the structure of the local communities. Indeed, species like cod, shrimp and large crustaceans have variable trophic sensitivities and amplifications in the 3 food webs analysed: cod was more susceptible to the

effects of stressors in the North than in other regions of the St. Lawrence, shrimp benefited more from the effects of stressors in the Estuary, and large crustaceans benefited in the 781 Gulf, yet were negatively affected in the Estuary (Figure 8). Similarly, stressor type alters 782 a species' trophic sensitivity and amplification. For instance, fisheries and climate combine 783 to increase and decrease sensitivity of cod and shrimp, respectively (Figure 8). Stressors 784 can also strengthen or weaken their respective effects. For instance, fisheries weaken the 785 effect of climate stressors on shrimp, although it greatly increases trophic amplification 786 (Figure 8). These observations nuance the answer to our third management question (Q3) 787 by showing that a species sensitivity to stressors is not only species-specific, as known from 788 past work, but also network-specific, i.e. it will vary with the structure of local food webs 780 and with exposure to specific stressors. Modifications to food web structure, or assessment 790 of the effects of stressors in different systems, are thus likely to result in different species 791 responses. 792

## $_{\scriptscriptstyle{793}}$ 6 The way forward

Here, our objective was to conceptualize and investigate the role of species and their 794 interactions in propagating the effects of multiple stressors through food webs. We proposed 795 a theory-grounded approach to evaluate the effects of stressors that can be used to assess a 796 species sensitivity to the effects of stressors based on its trophic position in a food web. This 797 approach provides a novel way to assess both indirect and non-additive effects of multiple 798 stressors through species interactions, a feat that remains largely elusive to managers 799 and existing cumulative effects assessments. Still, many unresolved questions remain to 800 efficiently evaluate the effects of multiple stressors on food webs, which we highlight next. 801

### $_{02}$ 6.1 Scaling from motifs to food webs

One priority is to investigate whether the dynamics of 3-species motifs scale linearly with 803 the dynamics of whole food webs. Scaling up motifs to whole food webs through an additive 804 approach is a plausible assumption considering that direct and indirect effects can be canceled 805 or reinforced through food webs (Wootton 2002; Montoya et al. 2009). More importantly, 806 this is the most parsimonious approach given the current gaps in theoretical knowledge; 807 indeed, it remains unclear whether motif dynamics scale up linearly to dynamics of whole food webs, although some evidence suggest it might be the case (Rip et al. 2010; e.q. 809 Stouffer & Bascompte 2010). Further investigations should be conducted to explore whether 810 a species' trophic sensitivity and amplification scales linearly with trophic sensitivities across 811 its motif census. That being said, it is worth stressing that, at the motif scale, the metrics 812 we developed consider nonlinear dynamics of the effects of multiple stressors and that the 813 current formulation of the framework allows for the assessment of non-additive effects. 814

### 815 6.2 Density-dependence and interaction strength

In order to focus our investigation on trophically-mediated indirect effects, we intentionally kept density-dependence constant. However, the magnitude of indirect effects may be weakened by strong density-dependence dynamics in a system (Abrams et al. 818 Specifically targeting density-dependence parameters in simulations and exploring how they 819 influence the magnitude of the indirect effects of stressors would provide valuable insights for the effects of stressors on species whose dynamics is driven by density-dependence. Similarly, 821 while we considered the strength of species interactions by simulating effects of stressors 822 on conversion and attack rates, we did not explicitly explore the role played by interaction 823 strength in mediating the effects of stressors. The importance of interaction strengths is 824 well documented in the literature, and the variations in network structure and interaction 825 strengths are expected to increase uncertainty in food webs; this is, however, not specific to 826

the propagation of the effects of multiple stressors through food webs, but a longstanding challenge in theoretical ecology (e.g. Paine 1992; McCann et al. 1998; Montoya et al. 2009; O'Gorman & Emmerson 2009; Gellner & McCann 2016). Still, exploring how modifications to interaction strengths modulate the spread of multiple stressors through communities would provide valuable insights and could be achieved through our frameworks by testing how categories of strength intensities (e.g. weak, medium, strong) influence the net effects of stressors through species interactions.

### 834 6.3 Considering species-specific sensitivity to stressors

Here, to focus on the contribution of species interactions in mediating the effects of 835 stressors, we controlled for species-specific sensitivities by considering that species have 836 uniform responses to stressors. However, future work could relax this assumption, 837 particularly as more information on species-specific sensitivities to different stressors 838 becomes available through theoretical modelling (e.g. Lindmark et al. 2019; Dee et al. 2020; 839 Otto et al. 2020) and experimental manipulations (e.g. Pillet et al. 2016; Lange & Marshall 2017). Species-specific sensitivities also vary throughout its life span and stressors may affect an organism using different pathways of effect throughout its life history. Considering life history strategies would therefore help in capturing species responses to stressors (Otto et al. 2020). Combining species-specific responses through a network approach, as done here, could ultimately allow us to assess the relative contribution of the direct and indirect effects of multiple stressors to their overall net effects.

## 7 Conclusions

In conceptualizing the effects of stressors on food webs, we also sought to tackle the challenge of incorporating the complexities of real-world systems to cumulative effects assessments and

answer questions of particular significance for environmental management. We found that species interactions should be considered to avoid under-estimating the net effect of stressors 851  $(\mathbf{Q1})$ , that the effects of multiple stressors on populations should be assessed jointly at the 852 scale of ecological communities to properly consider non-additive effects  $(\mathbf{Q}2)$ , and that 853 species most sensitive to stressors are apex predators, who tend to be negatively affected 854 by stressors, and mesopredators, who tend to benefit from the effects of stressors (Q3). 855 However, a species's sensitivity to the effects of stressors depends on the local structure of 856 the community in which it is embedded. This finding is particularly relevant for management, 857 as it shows that the effects of stressors do not solely depend on their frequency, intensity and 858 species-specific sensitivities. Indeed, effects of stressors on a species may be fully driven by 850 indirect effects and the structure of the community. Our results suggest that environmental 860 impact assessments, even if focused on a single species or a single stressor, should consider 861 the complexities of ecological communities and the specific pathways of effect through which 862 stressors penetrate communities to properly evaluate their effects. Failure to do so could lead 863 to inaccurate predictions of species responses, both quantitatively and qualitatively, and in 864 turn lead to ineffective, or even detrimental, management actions (e.g. Wittmer et al. 2013; 865 Stier et al. 2016). We thus join others in advocating for and providing evidence in support of the conservation of ecological communities and the application of holistic environmental approaches [e.g. McCann (2007); Tylianakis et al. (2008); tylianakis2010; O'Gorman et al. (2012); Kaiser-Bunbury & Blüthgen (2015); Harvey et al. (2017); Dee et al. (2017); 869 Thompson et al. (2018)]. 870 Adopting holistic environmental approaches and scaling management to complex ecological 871 communities will necessitate a paradigm shift towards whole systems management rather 872 than the piecemeal management of components of interest only. As we strive to improve 873 the spatiotemporal extent and resolution of environmental data used for management, it 874 seems equally fitting that we should also strive to improve the extent -i.e. increasing 875

the number of populations monitored – and resolution – i.e. from species to populations

876

to individuals – of the biological data used for management. While monitoring whole systems may be deemed logistically unrealistic, environmental monitoring initiatives and 878 emerging technologies already in place could assist in such a paradigm shift. Knowledge 879 on the distribution and intensity of stressors (e.g. Halpern et al. 2015; Beauchesne et 880 2020), on species occurrences (e.g. GBIF 2020; OBIS 2020), on species interactions 881 Poelen et al. 2014; Poisot et al. 2016) and on abiotic data (e.g. Assis et al. 882 2018) are now openly available and their quality and robustness is progressively improving 883 owing to relentless methodological and technological advancements (e.g. functional traits, 884 environmental DNA, artificial intelligence). Ultimately, we believe that combining sound 885 theory with exhaustive ecological data-based knowledge through robust inference will lead 886 to management that explicitly consider the complexities of ecosystems and decision-making 887 that provides solutions tailored to the context in which management is undertaken, i.e. for 888 a specific area characterized by unique ecological dynamics and socioeconomic realities. 889

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#### 10 Figure legends

1231

Figure 1. A) Conceptualization of the effects of multiple stressors on a simplified 6-1232 species food web composed of populations of krill (Euphausiacea), copepods (Copepoda), 1233 capelin (Mallotus villosus), Atlantic cod (Gadus morhua), beluga (Delphinapterus leucas) 1234 and humpback (Megaptera novaeangliae) whales, and affected by climate change-induced 1235 temperature anomalies, commercial shipping and trawl fishing. Direct (e.q. cod and 1236 capelin; B) and indirect; C (e.g. cod and krill) effects arise from species interactions 1237 and the integration of both types of effects provides the overall **net effect** (C). Through 1238 species interactions, the direct effects of stressors (e.g. trawl fishing on cod; B) propagate 1239 indirectly through the food web (e.g. trawl fishing on krill; C) and the integration of both 1240 types of effects provides the overall net effect of a stressors on a species (B). Terms in bold 1241 are defined in the glossary. 1242

Figure 2. (A) Conceptualization of the effects of multiple stressors on a simplified 6-1243 species food web composed of populations of krill (Euphausiacea), copepods (Copepoda), 1244 capelin (Mallotus villosus), Atlantic cod (Gadus morhua), beluga (Delphinapterus leucas) 1245 and humpback (Megaptera novaeangliae) whales, and affected by climate change-induced 1246 temperature anomalies, commercial shipping and trawl fishing. Here, the food web is 1247 simplified by focusing on subsets of species interactions called motifs, such as the omnivory 1248 interaction linking beluga, cod and capelin in red and the apparent competition linking 1249 capelin, krill and copepods in blue. (B,C) Stressors affect food webs by disrupting ecological 1250 processes such as mortality rates (m; e.g.) effect of fisheries on cod), attack rates  $(\alpha; e.g.)$  effect 1251 of shipping on beluga) and conversion rates (e; effect of temperature anomalies on copepods). 1252 Species-specific sensitivities drive species responses to the direct effect of stressors, while 1253 the net effect of stressors is dependent on food web structure. The collection of ecological 1254 processes through which stressors directly and indirectly affect ecological communities for 1255 what we define as a pathway of effect. (D,F) Disrupting ecological processes affects 1256

community dynamics and results in variations in species abundances (**trophic sensitivity**;  $S_m$ ). (D to I) Effects to individual ecological processes arise through **unitary pathways** of effects (g) and result in contrasting population trajectories. (L,M) Unitary pathways of effect combine to form an **integrative pathway of effect** (G) and collectively affect species in a community. The difference between the sum of trophic sensitivities to unitary pathways of effect  $(g \in G)$  and trophic sensitivity to the integrative pathway of effect identifies synergistic and antagonistic effects (**trophic amplification**;  $A_m$ ). Terms in bold are defined in the glossary.

Figure 3. A) A species motif census (M) is composed of all the positions it holds in a food web. B) A pathway of effect and resulting trophic sensitivities and amplification can be evaluated across a species motif census, the sum of which summarizes that species overall trophic sensitivity and amplification. Terms in bold are defined in the glossary.

**Figure 4**. A) Density plot of the trophic sensitivity  $(S_{i,G})$  of 14 unique motif positions (i)1269 resulting from all unitary (q; orange) and integrative (G; blue) pathways of effect simulated 1270 on the dynamics of 3-species motifs (i.e. tri-trophic food chain, omnivory, exploitative 1271 competition, apparent competition, partially connected and disconnected). In this figure, 1272 unitary pathways of effects are those consisting of only a single ecological parameter, while 1273 integrative pathways of effect are composed of more than one ecological parameters. B) 1274 Magnitude of simulated trophic sensitivities as a function of the number of ecological 1275 processes included in a pathway of effect. 1276

Figure 5. The main scatterplot in the center presents the mean trophic amplification  $(A_i)$  as a function of the mean trophic sensitivity  $(S_i)$  to all possible pathways of effect (G) for the 14 unique 3-species motif positions explored, *i.e.* tri-trophic food chain (n = 3; red), omnivory (n = 3; green), exploitative competition (n = 2; blue), apparent competition (n = 2; yellow), partially connected (n = 3; purple) and disconnected (n = 1; purple). The symbol grouped with each data point identifies the motif position it corresponds to.

Motif positions with positive trophic sensitivities (x-axis) are, on average, positively affected (i.e. increases in abundance) across pathways of effect; conversely, motif positions with 1284 negative trophic sensitivities are, on average, negatively affected across pathways of effect. 1285 Motif positions with positive trophic amplifications (y-axis) are, on average, synergistically 1286 affected across pathways of effect; motif positions with negative trophic amplifications are, 1287 on average, antagonistically affected across pathways of effect. The surrounding plots are the 1288 results of individual simulations for each motif position, identified in the upper left portion 1289 of each scatterplot. The scatterplots have the same axes as the main scatterplot and can be 1290 interpreted in the same way. 1291

Figure 6. Density plots of the trophic variance  $(V_{i,G})$  of 14 unique motif positions (i) for all integrative (G; blue) pathways of effect (G) formed of more than one ecological parameters and simulated on the dynamics of 3-species motifs (i.e. tri-trophic food chain, omnivory, exploitative competition, apparent competition, partially connected and disconnected).

**Figure 7**. Scatterplot of the trophic amplification  $(A_m)$  as a function of trophic sensitivity 1296  $(S_m)$  for species and function groups of the Northern Gulf of St. Lawrence in the mid-1980s 1297 (Morissette et al. 2003). A species trophic sensitivity and amplification is summarized using 1298 the sum of simulated trophic sensitivities  $(S_{i,G})$  and amplifications  $(A_{i,G})$  to pathways of 1299 effect (G; Figure 2) across a species motif census (M; Figure 3). Negative or positive trophic 1300 sensitivities denote species that are expected to be negatively affected or benefit from the 1301 effects of stressors, respectively. Negative or positive trophic amplifications identify species 1302 or functional groups expected to be affected synergistically or antagonistically by stressors. 1303

Figure 8. Comparison of the trophic sensitivities  $(S_m)$  and amplifications  $(A_m)$  to the effects of different groups of stressors (Figure 7) for Atlantic cod (*Gadus morhua*), shrimp (*Pandalus borealis*) and large crustaceans (*Crustacea*) between the food webs of the Southern and Northern Gulf of St. Lawrence in the mid-1980s (Morissette *et al.* 2003; Savenkoff *et al.* 2004) and the St. Lawrence Estuary in the early 2010s (Savenkoff 2012).

### 1309 11 Figures

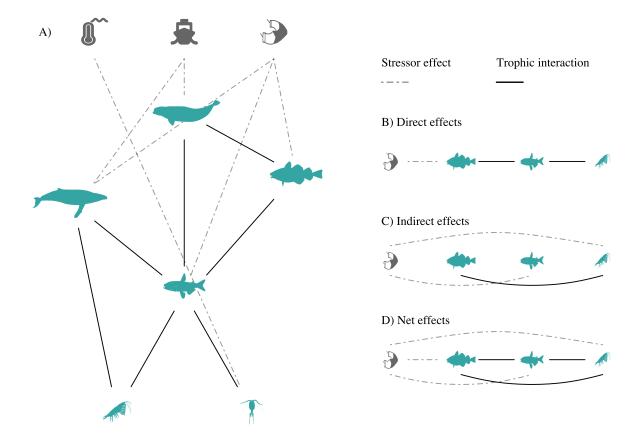


Figure 1

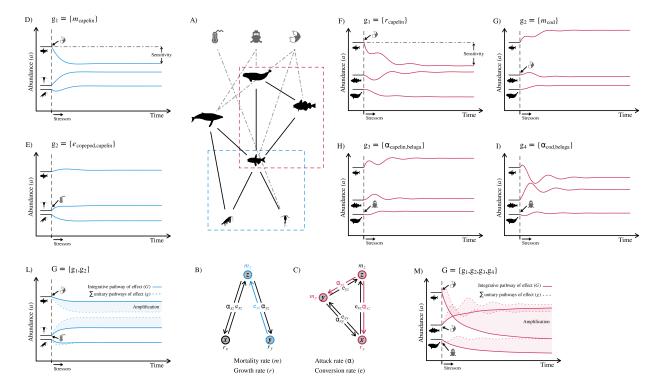
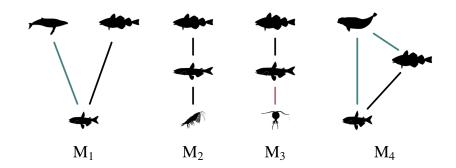
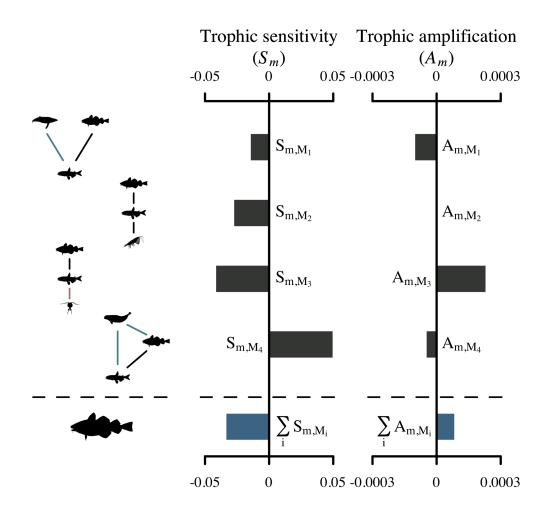


Figure 2

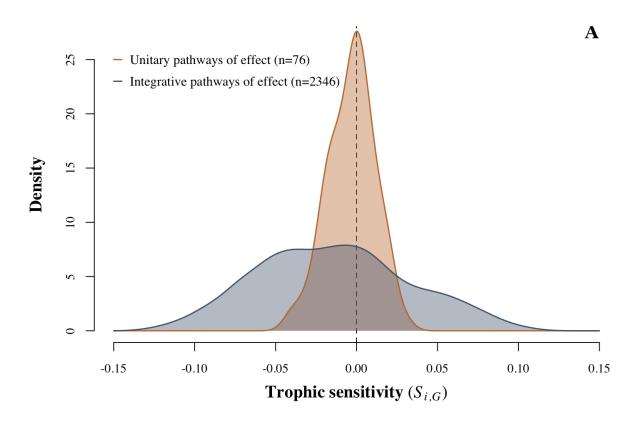
## A) Species motif census



# B) Scaling back to species in complex food webs



 $\begin{array}{c} \text{Figure 3} \\ 56 \end{array}$ 



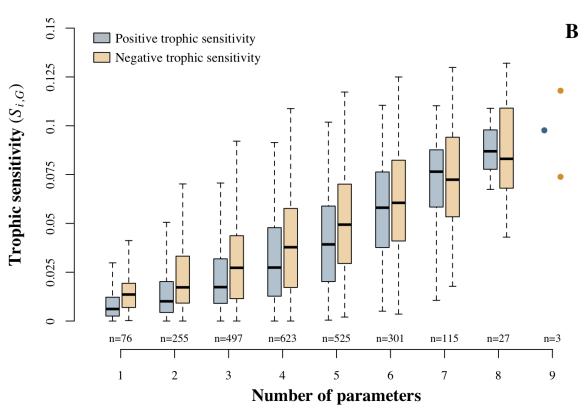
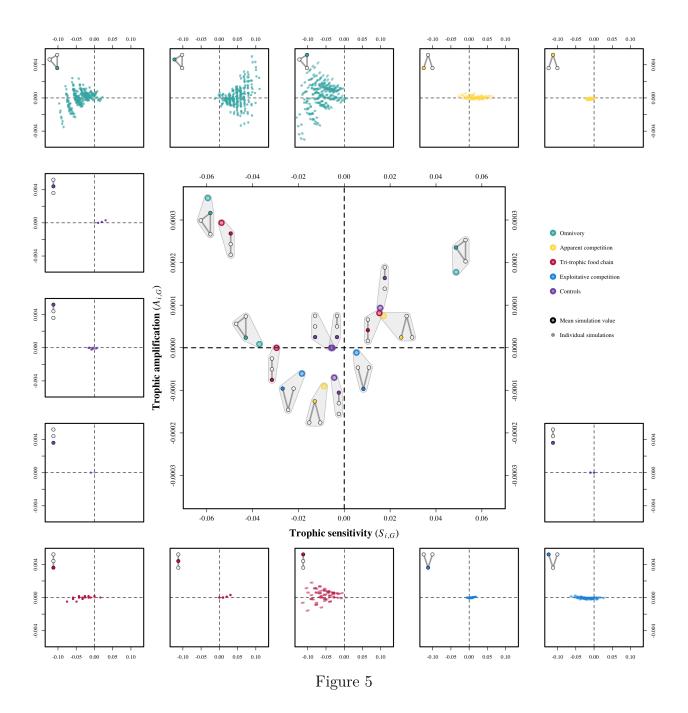


Figure 4



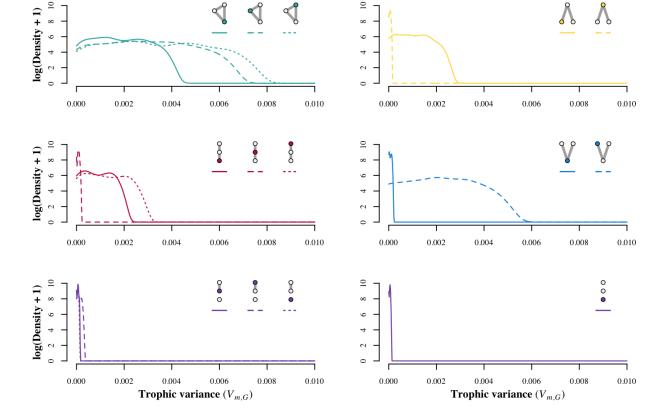
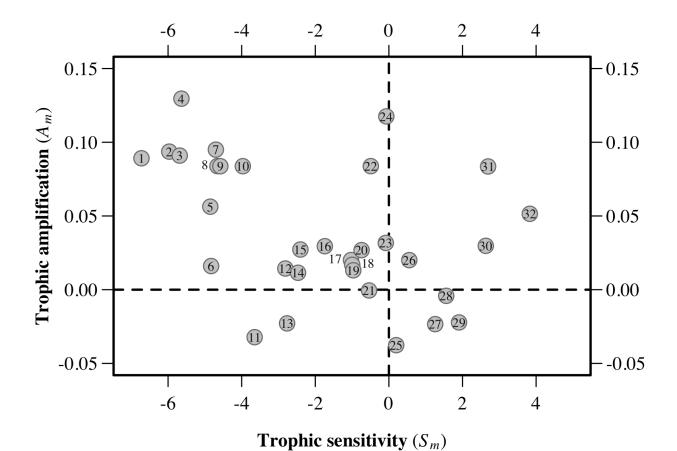


Figure 6



- 1. Large demersal feeders
- 2. Large Atlantic cod
- 3. Cetaceans
- 4. Harp seals
- 5. Large Greenland halibut
- 6. Skates
- 7. Grey seals
- 8. Harbour seals
- 9. Seabirds
- 10. Hooded seals
- 11. Detritus

- 12. Large American plaice
- 13. Phytoplankton
- 14. Small zooplankton
- 15. Molluscs
- 16. Large pelagic feeders
- 17. Piscivorous small pelagic feeders
- 18. Planktivorous small pelagic feeders
- 19. Small Greenland halibut
- 20. Other benthic invertebrates
- 21. Redfish
- 22. Large zooplankton

- 23. Polychaetes
- 24. Shrimp
- 25. Flounders
- 26. Echinoderms
- 27. Small Atlantic cod
- 28. Arctic cod
- 29. Small demersal feeders
- 30. Sand lance
- 31. Large crustaceans
- 32. Capelin

Figure 7

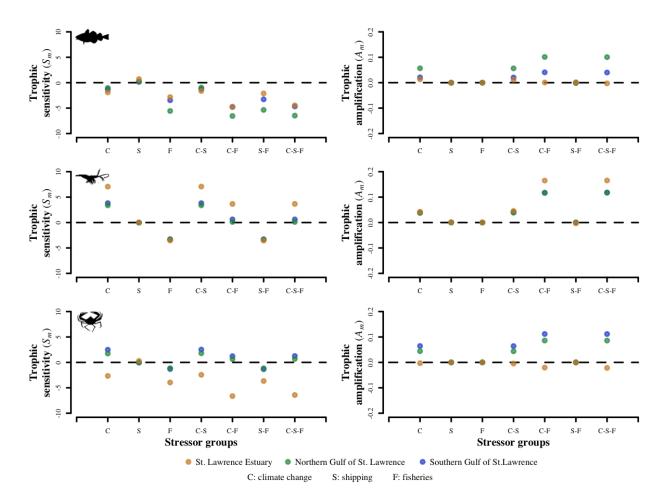


Figure 8

#### 1310 12 Text boxes

- Box 1. Glossary of key terms defined and used throughout the manuscript.
- 1312 1. Direct effect: effect of a species on another without the involvement of a third species;
- 2. **Indirect effect**: effect of a species on another involving an intermediary species;
- 3. **Net effect**: the integration of all direct and indirect effects propagating to a focal species in a food web;
- 4. **Stressor**: externality that arises from natural or human-induced biophysical processes or from anthropogenic activities and that directly affects ecological processes;
- 5. **Species-specific sensitivity**: the predisposition of a species to be affected by stressors, *e.g.* through changes in its mortality, growth, or metabolic rates;
- 6. (Integrative) Pathway of effect: the collection of ecological processes through which
  stressors directly and indirectly affect ecological communities. A unitary pathway of
  effect occurs when an ecological process is affected, whereas an integrative pathway
  of effect is the set of all unitary pathways of effect that combine across species to
  collectively affect a community;
- 7. **Trophic sensitivity**: difference in species equilibrium abundance before and after the permanent appearance of stressors; 8. **Weak entry point**: highly susceptible species to a pathway of effect, whether to its benefit (*i.e.* positive weak entry point) or to its detriment (*i.e.* negative weak entry point);
- 8. Non-additive effect: net effect of disruptions to multiple ecological processes (*i.e.*an integrative pathway of effect) that is greater (*i.e.* a synergistic effect) or lower (*i.e.*an antagonistic effect) than combined net effects of disruptions to individual ecological
  processes (*i.e.* unitary pathways of effect);
- 9. **Trophic amplification**: the difference between a species trophic sensitivity to an integrative pathway of effect and the sum of its trophic sensitivities to unitary pathways of effect;

- 1341 11. **Species motif census**: in a food web of n-species, the collection of p-species motifs  $(p \le n)$  in which a species is involved.