

# Multi-Task Transfer Matters During Instruction-Tuning

Although the goal of instruction-tuning is to improve in-context learning (ICL) ability, it induces a multi-task optimization problem under which several hundred tasks are jointly optimized.

Multi-task training is known to lead to negative transfer when improperly optimized, and can cause catastrophic forgetting in large, pre-trained models, which may harm ICL performance. We ask...

- Does the impact of multi-task learning on model *transfer* matter for in-context learning?
- Can we improve ICL by mitigating the negative effects of MTL?

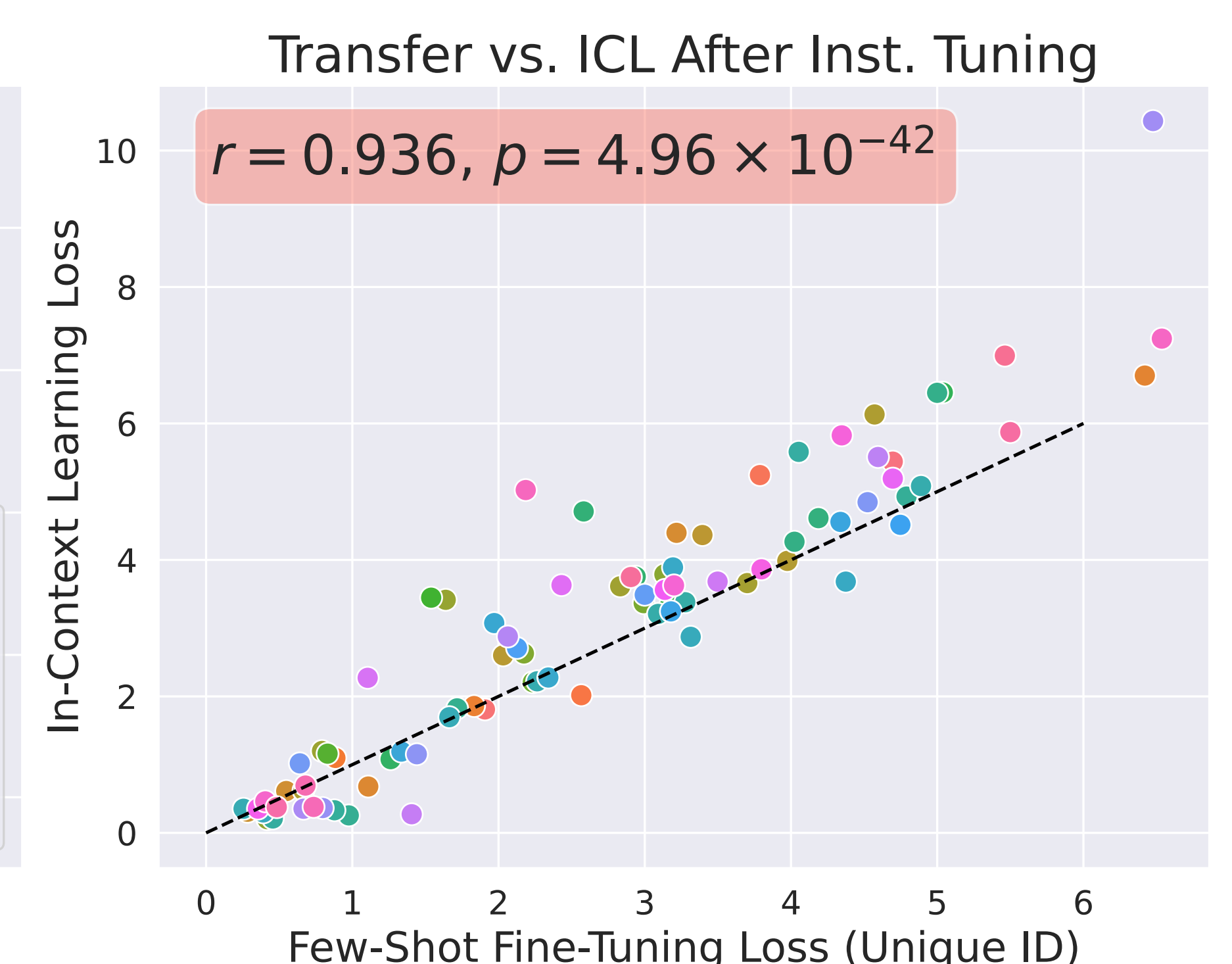
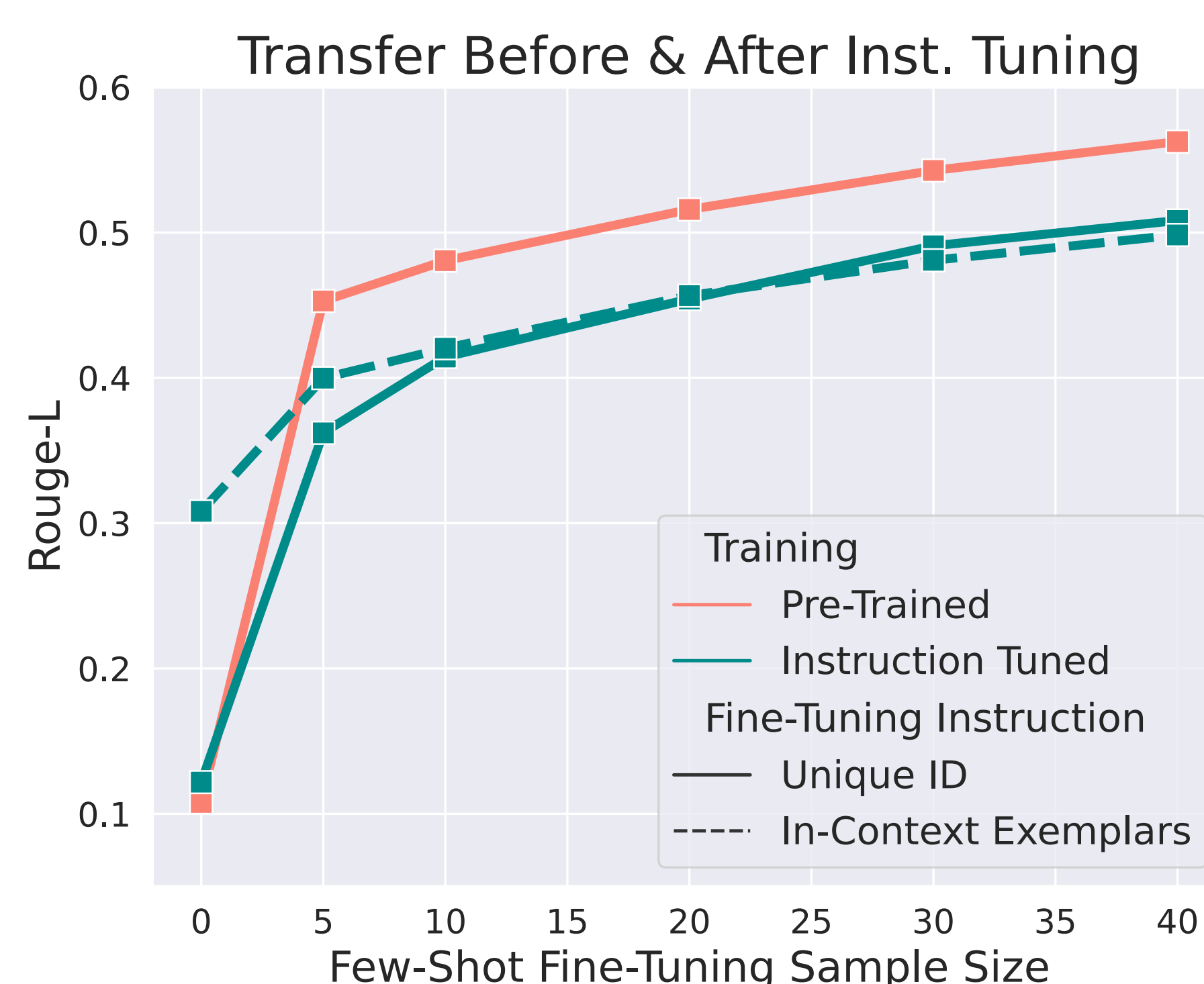
**Spoiler:** We find that the answer is yes to both questions!

Instruction-tuning can cause *catastrophic forgetting* from the perspective of *parameter transfer* (i.e. transfer via fine-tuning).

...and, parameter transfer is highly correlated with in-context learning performance on unseen tasks.

**How well a model fine-tunes to a task may be indicative of how successfully we can learn that task in-context... and MTL impacts fine-tuning transfer!**

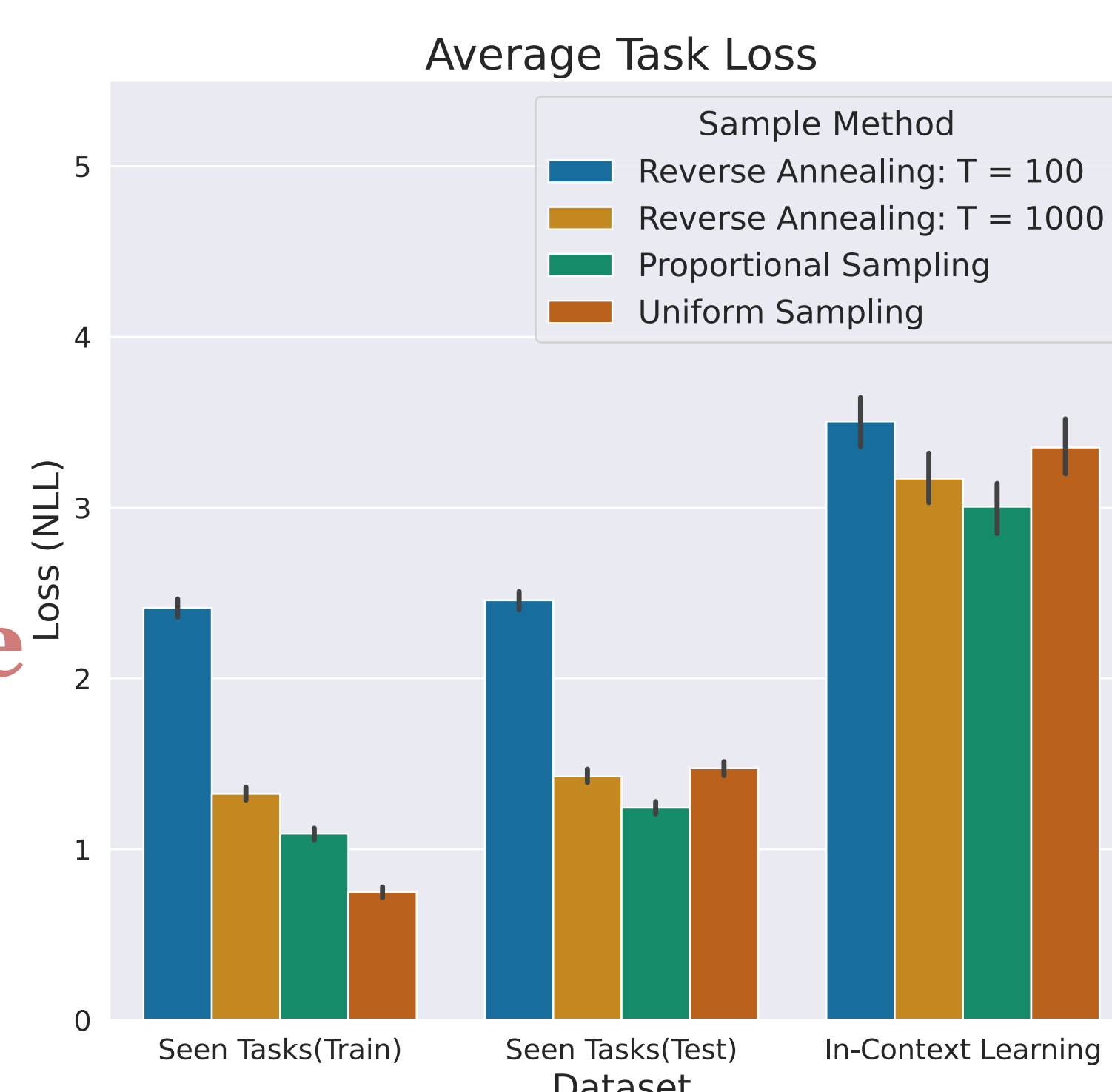
**Instruction-Tuning causes catastrophic forgetting, which may impact ICL to unseen tasks.**



**In-Context Learning is impacted by different MTL training schemes!**

Does it matter how we fit the MTL objective of instruction-tuning, or just how many instructions we see? We instruction-tune with different MTL training methods...

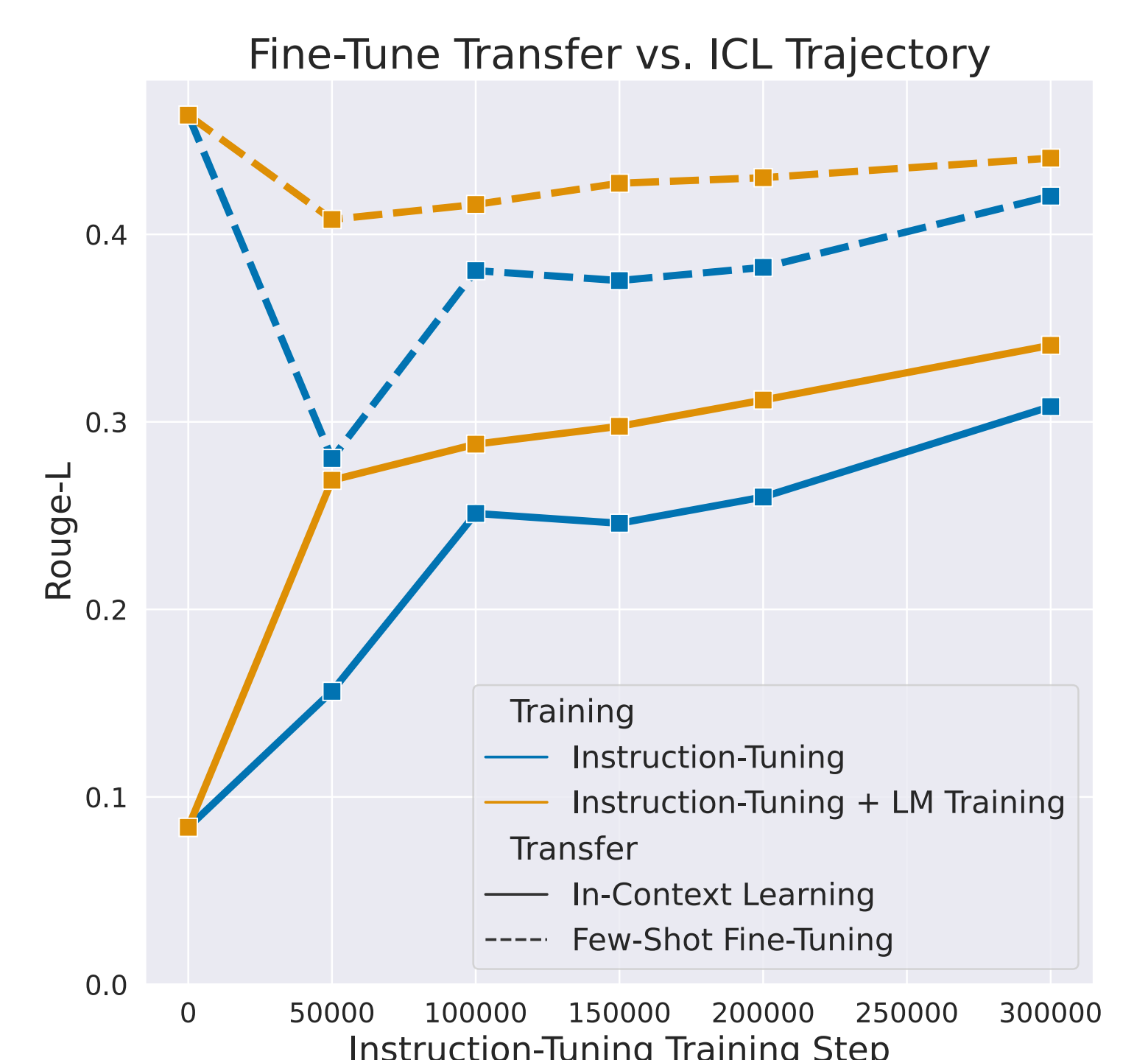
**The method which yields the best MTL generalization also yields the best ICL performance, despite all methods seeing the same number of instructions!**



**Mitigating catastrophic forgetting improves ICL performance!**

If we attempt to reduce catastrophic forgetting, we can improve transfer to unseen tasks via fine-tuning. Does this impact ICL?

**Continual pre-training improves ICL performance, despite only adding previously seen data. Fine-tuning transfer matters for ICL!**



## Conclusion

There is a connection between a model's ability to transfer to an unseen task (via fine-tuning) and learn that task in-context after instruction-tuning. By improving parameter transfer during instruction-tuning, we can improve ICL.

