



Experts in physical therapy,  
rehabilitation and fitness for the whole family.

LEARN MORE

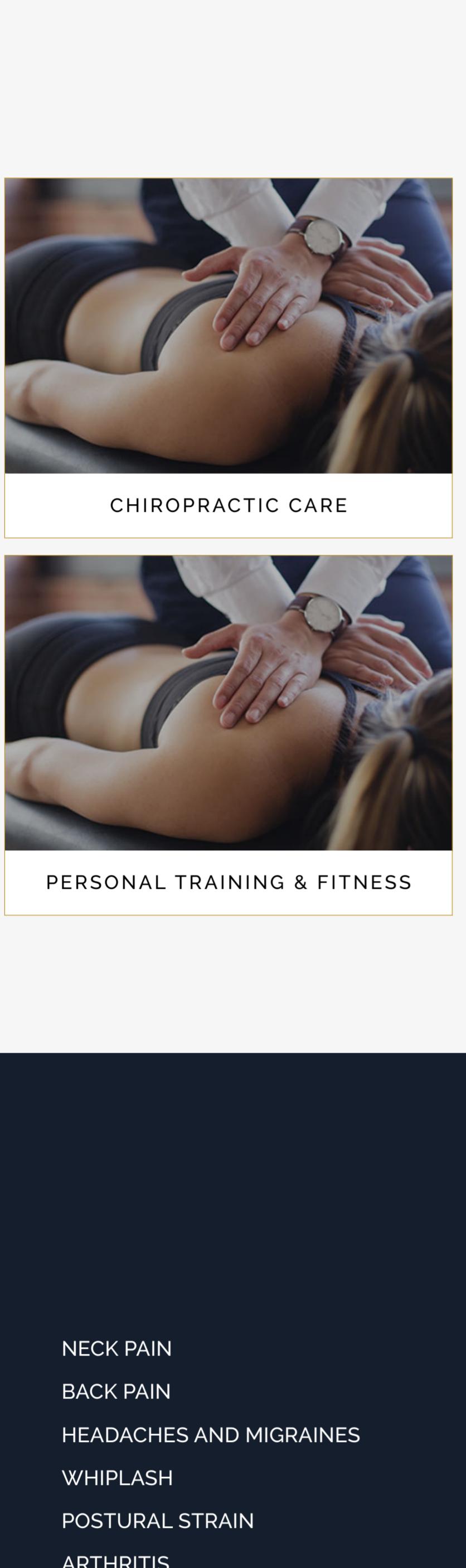
PASSIONATE  
HEALTHCARE PROVIDERS

EVIDENCE-BASED  
CARE

AFFORDABLE  
TREATMENT

AFTER HOURS  
APPOINTMENTS

EMERGENCY SAME DAY  
SERVICE



## DR. DAVID BLITZER

D.C., R.M.T., HONOURS B.A.

Dr. David Blitzer is a Chiropractor and Registered Massage Therapist, born and raised in Thornhill, Ontario. From a young age, David was always highly involved in sports and exercise. He loves running, swimming and biking, hockey, tennis, golf, water and snow skiing, weight lifting and yoga. Over the years, David's commitment to athletics has won him many awards ranging from Most Proficient to Most Dedicated in his field.

His strong passion for Chiropractic, Human Biomechanics and Functional Movement started when he began to experience severe headaches and neck pain due to postural strain from long hours of studying with poor ergonomic considerations. Chiropractic helped David overcome this life obstacle and return to wellness.

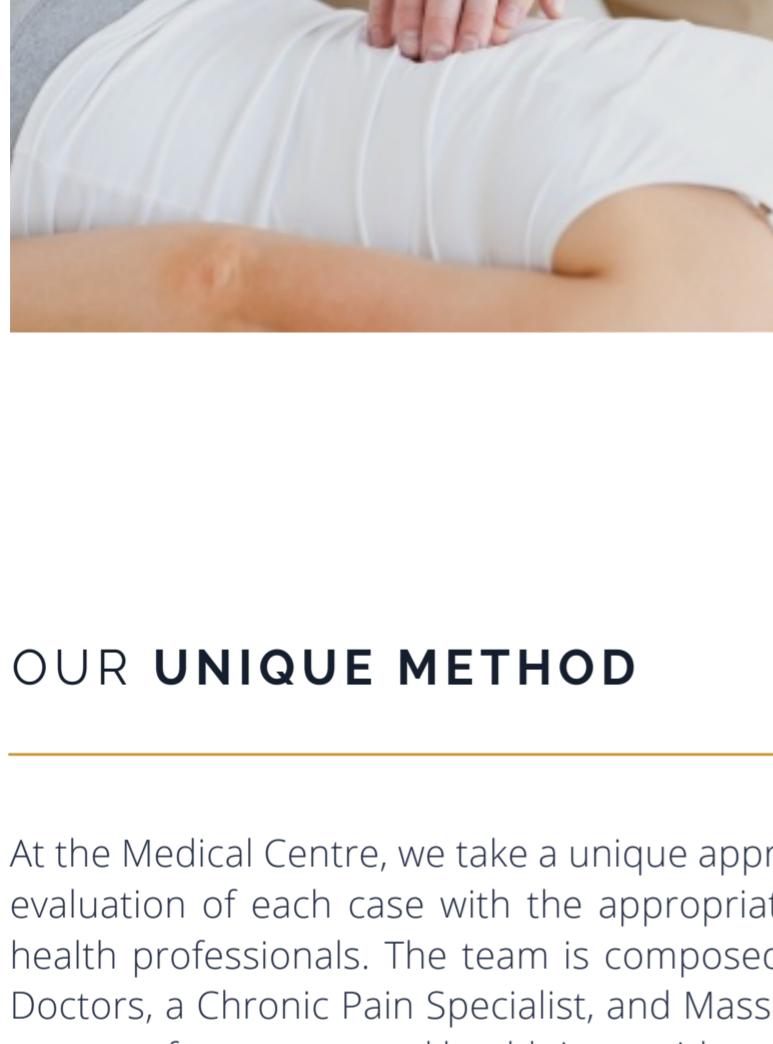
David is highly qualified, with several degrees including a Bachelor's degree from Wilfrid Laurier's Department of Science in Psychology, a Diploma in Registered Massage Therapy, and a Doctor of Chiropractic from Canadian Memorial Chiropractic College.

He holds international designations as a Doctor of Chiropractic in Canada and the United States, is TPI certified, and is constantly taking courses to expand his knowledge base. He has performed many community outreaches, from onsite event physical therapy to concussion screenings and aqua therapy. He has worked with a wide range of individuals including high level athletes, the elderly, children and the disabled.

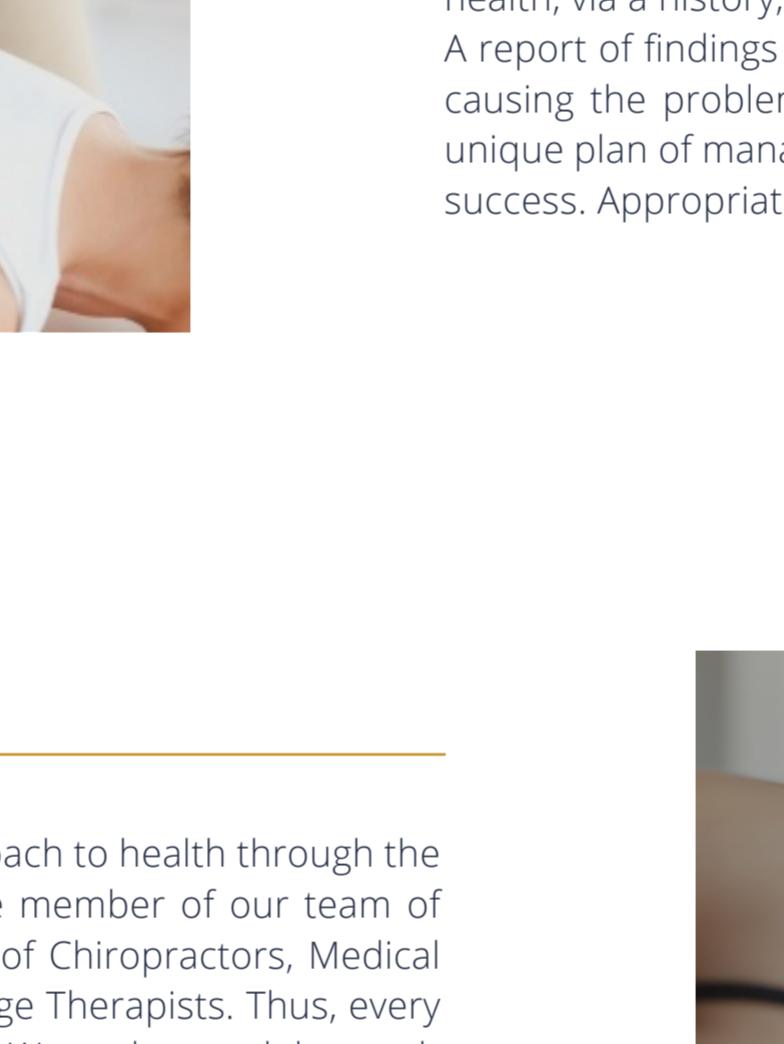
Dr. Blitzer loves what he does, and goes to work every day with a smile on his face.

IMPROVE • ENHANCE • EVOLVE • ADVANCE

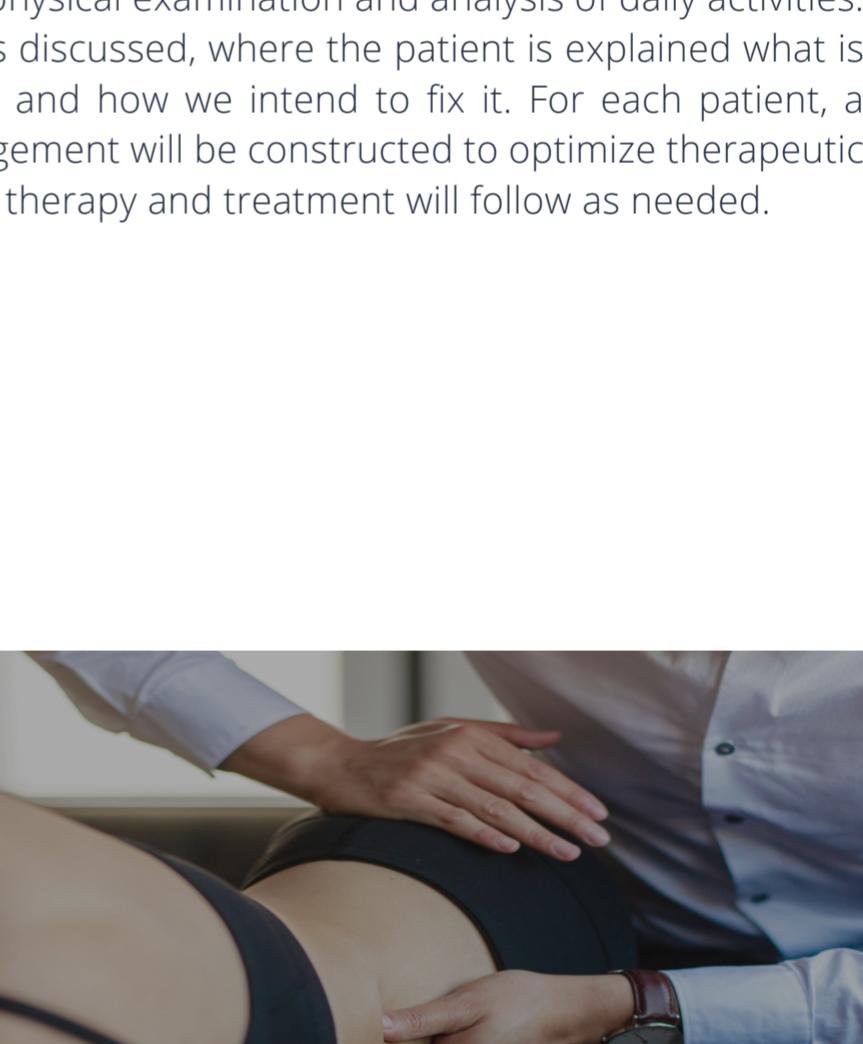
## SERVICES



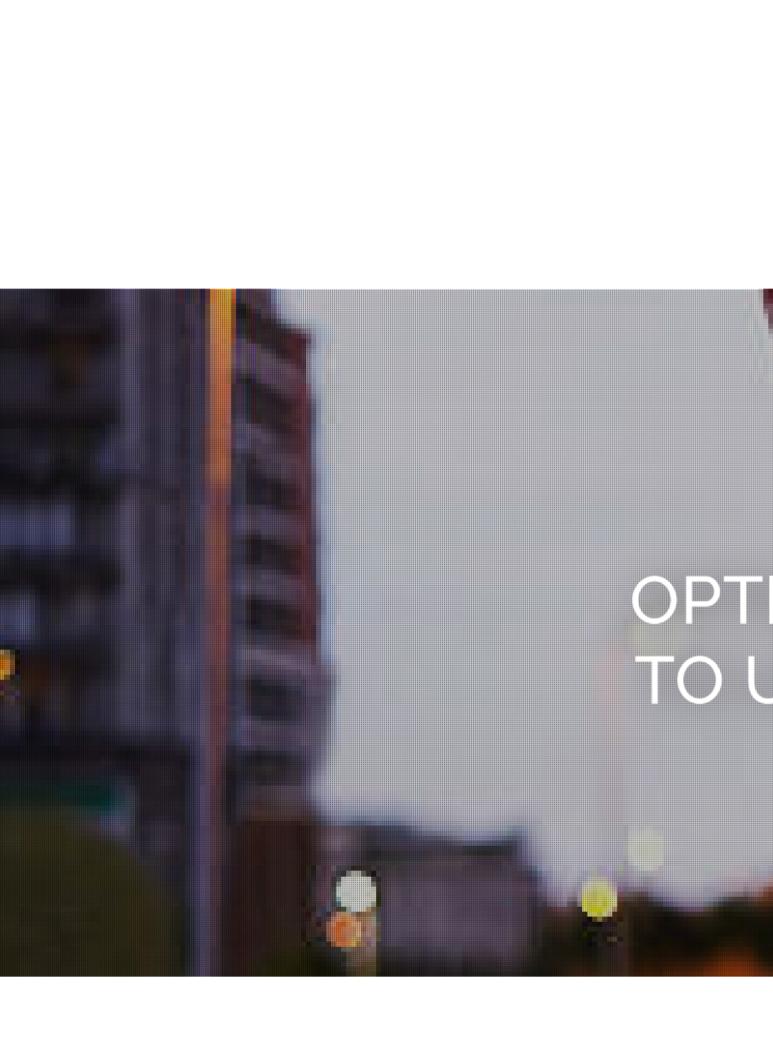
CHIROPRACTIC CARE



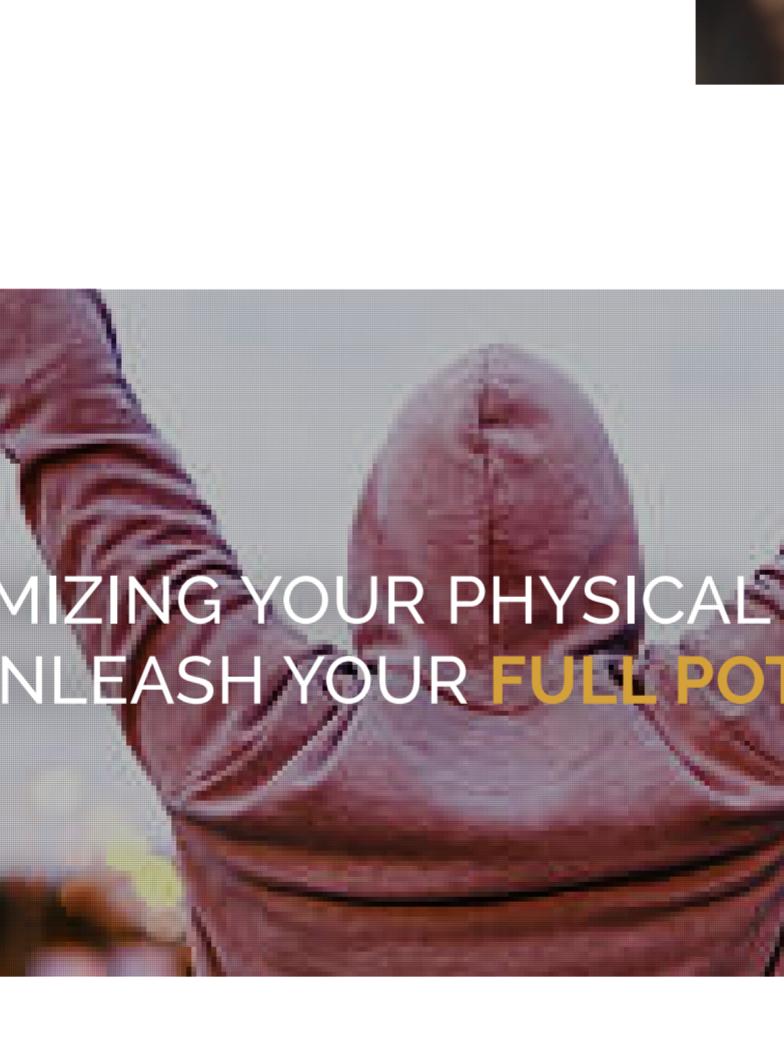
MASSAGE THERAPY



ORTHOTICS & COMPRESSION SOCKS



PERSONAL TRAINING & FITNESS



NUTRITION & WEIGHT LOSS



IN-HOME SERVICE

## CONDITIONS WE TREAT

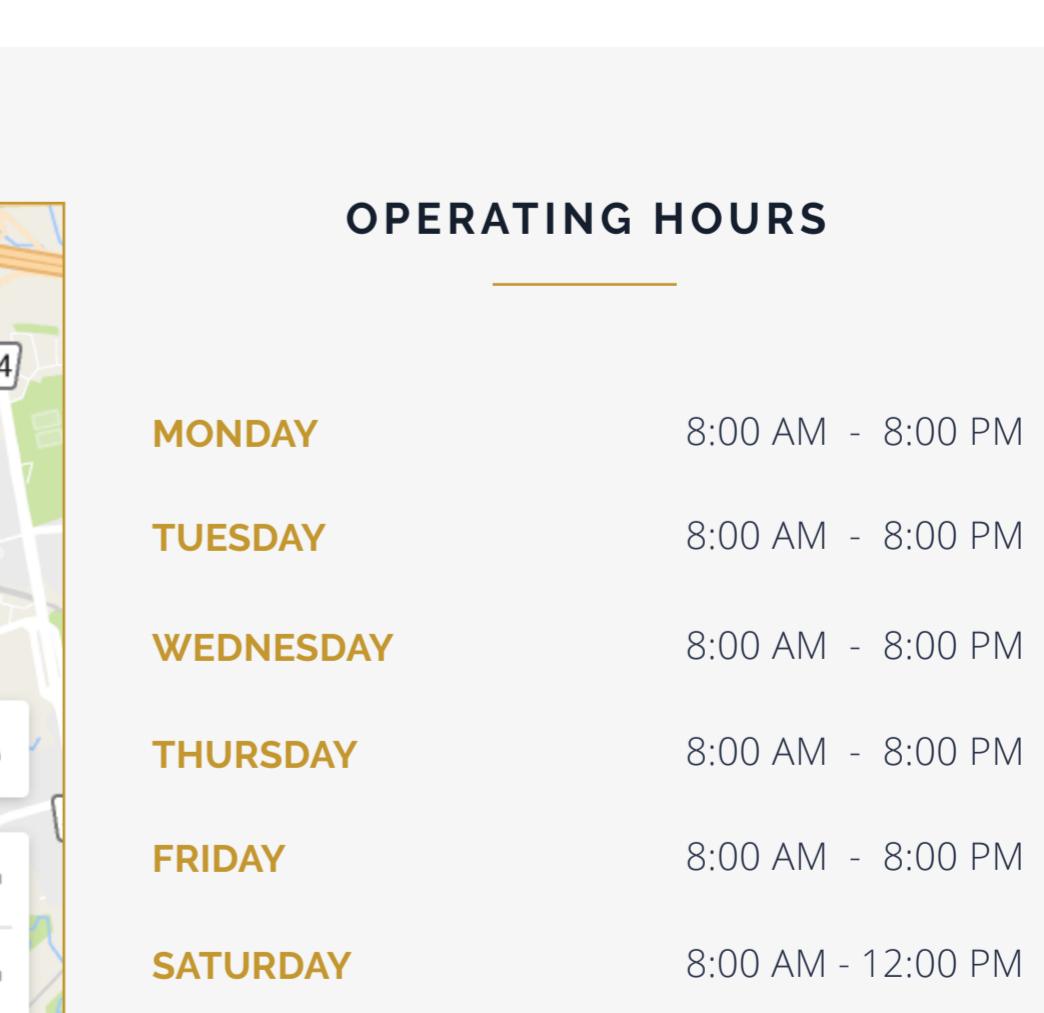
NECK PAIN  
BACK PAIN  
HEADACHES AND MIGRAINES  
WHIPLASH  
POSTURAL STRAIN  
ARTHRITIS  
SHOULDER PAIN/DYSFUNCTION

PLANTAR FASCIITIS  
KNEE PAIN  
CARPAL TUNNEL SYNDROME  
TENNIS/GOLFER'S ELBOW  
SHIN SPLINTS  
FOOT AND ANKLE PAIN  
TMJ/JAW PAIN

REPETITIVE STRESS INJURIES  
FIBROMYALGIA  
SCOLIOSIS  
PAIN FOLLOWING CAR ACCIDENT  
SCIATICA / NERVE PAIN  
DISC HERNIATION  
POST-SURGICAL PAIN

## WHAT IS MODERN CHIROPRACTIC?

More than just an adjustment, modern chiropractic is a form of alternative medicine specializing in the diagnosis and treatment of mechanical disorders of the musculoskeletal and nervous system. Diagnosis is achieved through interpreting the patient's report of their physical ailment and using orthopedic physical examination testing. Treatment involves a wide range of approaches depending on the condition, and is predominantly based on manual therapy and physical rehabilitation. Ultimately, the goal of Chiropractic is to guide the patient out of pain to become healthy and physically stronger.



## OUR UNIQUE METHOD

At the Medical Centre, we take a unique approach to health through the evaluation of each case with the appropriate member of our team of health professionals. The team is composed of Chiropractors, Medical Doctors, a Chronic Pain Specialist, and Massage Therapists. Thus, every avenue of treatment and health is considered. We understand that each case is unique, and therapy must be progressive, to resolve issues and alleviate pain.



## DR. DAVID BLITZER

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CMTO College of  
Massage Therapists of  
Ontario

Registered Massage Therapists' Association of Ontario

Canadian Chiropractic Association Member

CANADIAN CHIROPRACTIC PROTECTIVE ASSOCIATION

HawkGrips

CERTIFIED

Richmond Hill Golf Club

Map Satellite

Express Toll Route

Garden Ave

38

Riverside Blvd

North Blvd

Centre St

Arnold Ave

John St

Henderson

34

Ronfield Circuit

Kirk Dr

36

Glen Blvd

Richmond Hill

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## OPERATING HOURS

MONDAY 8:00 AM - 8:00 PM

TUESDAY 8:00 AM - 8:00 PM

WEDNESDAY 8:00 AM - 8:00 PM

THURSDAY 8:00 AM - 8:00 PM

FRIDAY 8:00 AM - 8:00 PM

SATURDAY 8:00 AM - 12:00 PM

SUNDAY CLOSED