# Addressing Mental Health in the Digital Age

Apr 2019

#### Mental Health Trends:

300 Million

**Global Depression Rate** 

**16 Million** 

**US Depression Rate** 

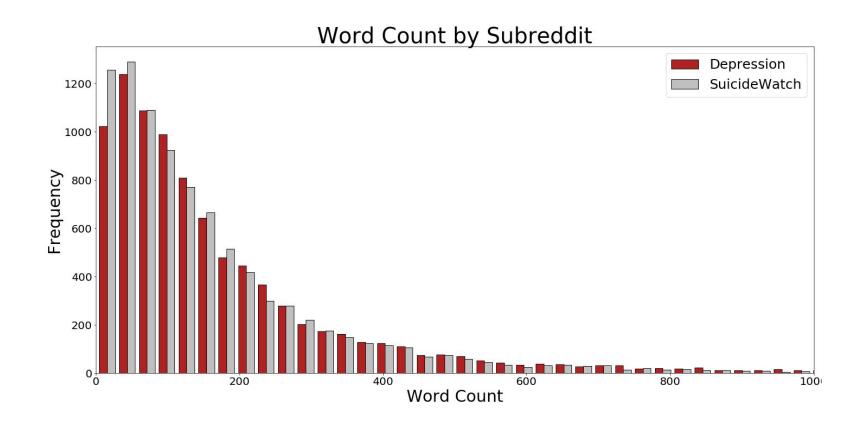
1 every 40 Sec.

**Suicide Rates** 

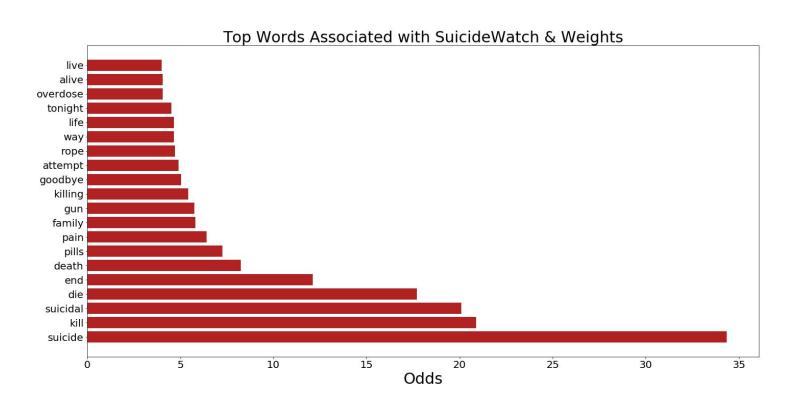
#### **Problem Statement**

- Can we identify the language/ language themes that are common for people dealing with depression?
- Can we identify the language/ language themes that are common for people that are contemplating self harm?
- Can we accurately distinguish between individuals struggling with depression vs those that intend to harm themselves?

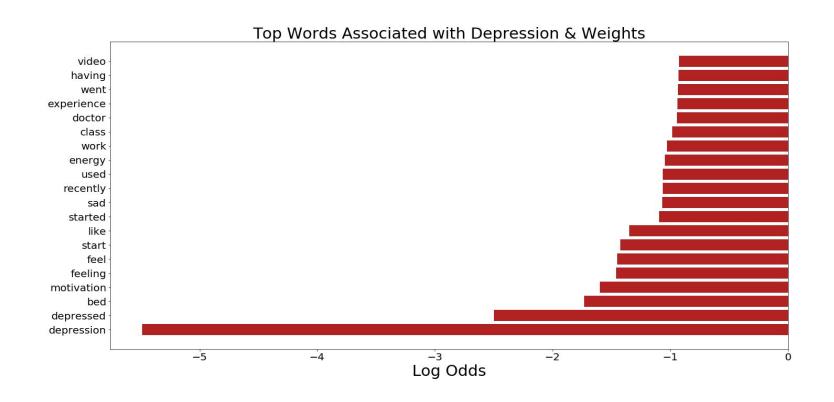
#### Word Count Distribution



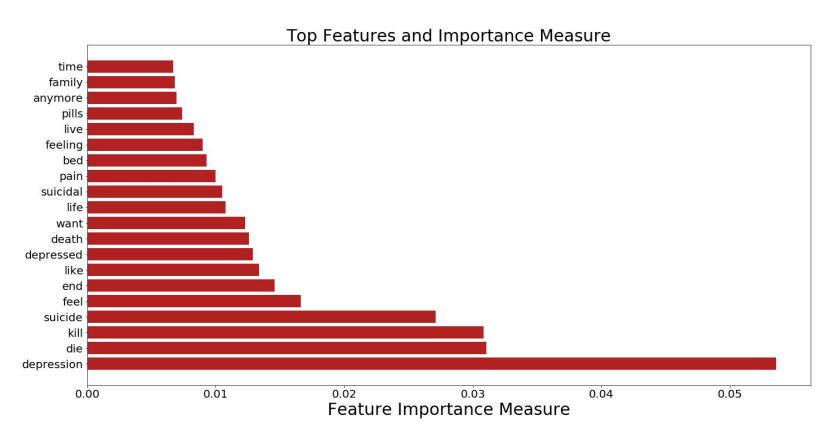
# Logistic Regression Overview



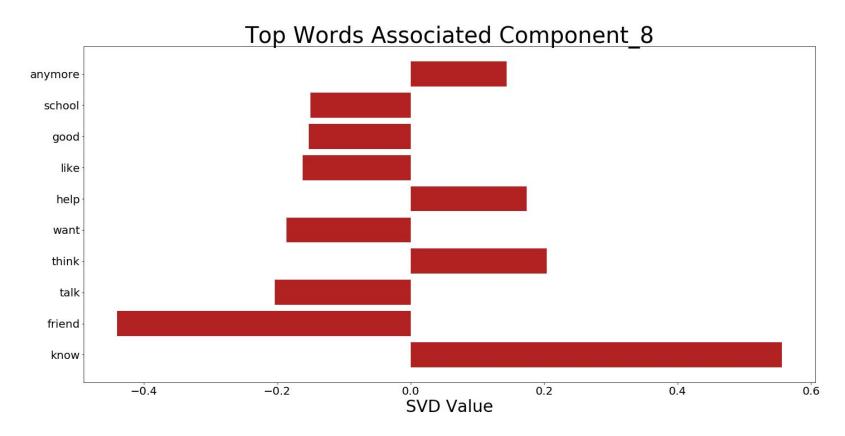
## Logistic Regression Overview (cont.)



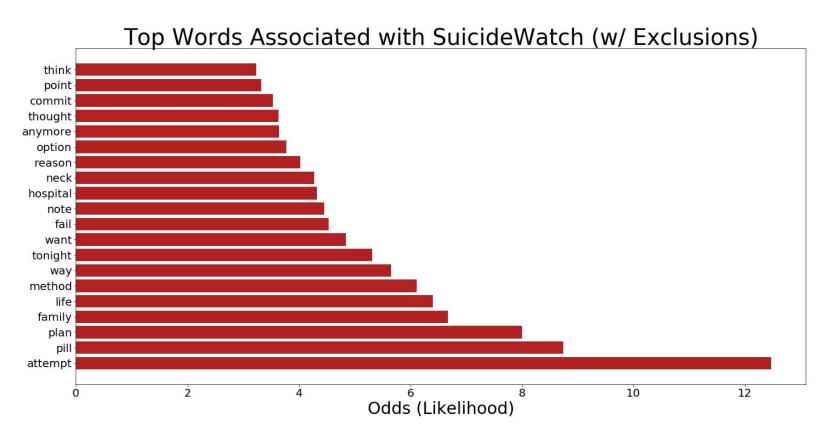
#### Random Forest Feature Importance



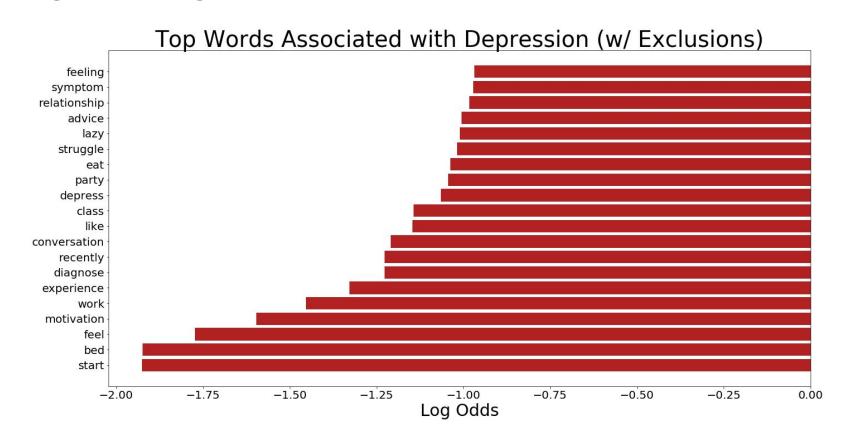
### Topic Modeling - LSA | SVD



#### Logistic Regression with Exclusions



#### Logistic Regression with Exclusions



#### Recommendations & Next Steps

- ☐ Continue to test other models to improve accuracy (XGBoost, SVM)
- Use model to A/B test ad targeting on social sites like Facebook and Twitter
- ☐ Test using the most predictive features for rule-based ad or bot targeting
- Revisit topic modeling techniques