Cohort model to solve for the duration of infectiousness distribution

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1 Cohort model

Consider an SIR model with non-linear recovery:

$$S' = \mu S - \beta SI \tag{1}$$

$$I' = \beta SI - \gamma I \mathcal{K}(I) \tag{2}$$

Note that equation (2) can be rewritten as a per-capita rate of prevalence change

$$\frac{I(t)'}{I(t)} = \beta S(t) - \gamma \mathcal{K}(I(t)) \tag{3}$$

where the time dependence (t > 0) has been explicitly made.

In order to find the expression of the duration of infectiousness distribution, we consider the cohort of individuals who acquired the disease at exactly time $\alpha > 0$. Let's label the size of this cohort (as a proportion of the whole population) c_{α} . This cohort is depleted at the same per-capita rate as the one given in equation (3). Hence, if $c_{\alpha}(\tau)$ is the size of this cohort τ units of time after disease acquisition, we have:

$$\frac{c_{\alpha}(\tau)'}{c_{\alpha}(\tau)} = -\gamma \mathcal{K}(I(\alpha + \tau)) \tag{4}$$

The initial condition for c_{α} is theoretically arbitrary, and if we choose $c_{\alpha}(0) = 1$, we can interpret $c_{\alpha}(\tau)$ as the probability of still being infectious τ units of time after having acquired

the disease at time α , in other words, the duration of infectiousness distribution.

Let's express (4) with the original time variable $t = \alpha + \tau$:

$$\frac{c_{\alpha}(t-\alpha)'}{c_{\alpha}(t-\alpha)} = -\gamma \mathcal{K}(I(t)) \tag{5}$$

and for convenience, let's introduce p as

$$p_{\alpha}(t) = c_{\alpha}(t - \alpha)$$

The duration of infectiousness distribution conditional on disease acquisition at time α , p_{α} , can be determined numerically by solving the following system:

$$S' = \mu S - \beta SI \tag{6}$$

$$I' = \beta SI - \gamma I \mathcal{K}(I) \tag{7}$$

$$p'_{\alpha} = -\gamma p_{\alpha} \mathcal{K}(I)$$
 (8)

with the initial conditions $I(0) = i_0$, $S(0) = 1 - i_0$ and $p_{\alpha}(\alpha) = 1$. Note that p_{α} is not epidemiologically defined for $t < \alpha$, but it is nonetheless possible to arbitrary set $p_{\alpha}(t) = 1$ for $t \leq \alpha$.

2 Numerical solutions

The right-hand side of equation (8) is always negative, hence the distribution p_{α} is always decreasing. In particular, it cannot have a "bumped" shape (with a maximum at a positive time), that may be desirable in a epidemiological context.

Figure 1 show the resulting distribution p_{α} for several α when solving numerically the ODEs. The simulations were run using:

- $R_0 = 2.0$
- $\gamma = 1/4$
- $K(I) = (a + bI)^c$

The top panel is effectively a SIR model and we can verify that the distribution p_{α} is indeed an invariable exponential distribution (top centre panel, straight line on the log-scale) with a constant mean at $1/\gamma = 4$ days (top right panel).

Considering the second, third and fourth rows that depict $K(I) = I^c$ with c = 0.5, 1, 2 respectively, the centre panel confirms the convergence towards an exponential distribution (straight line on the log-scale) at equilibrium. Moreover, when using $K(I) = I^c$ with c > 0, the per-capita recovery rate is dramatically reduced (equation (3)), increasing the length of the recovery: this is illustrated in the right panels, where the mean is very large as c increases.

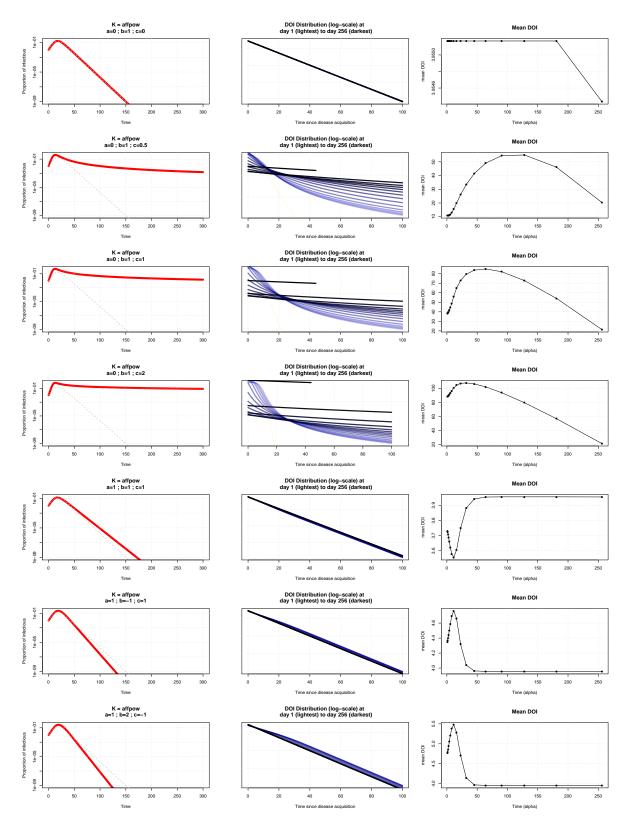


Figure 1: Left panels: time series of the proportion of infectious individuals (dashed line is to compare with the benchmark SIR model). Centre panels: distribution p_{α} (on the log-scale) for various values of α . Right panels: mean of p_{α} (for the same given value of α , each point is the mean of the distribution represented in the centre panel). See main text.