

# **HOW-TO**: ATTRACT MORE SUCCESS IN YOUR LIFE

## A step-by-step checklist to opening the right doors to attain success

#### Step 1

## Define success and set your goals

To attract what you desire, first figure our exactly what you want in a specific way and create measurable, time sensitive goals

#### Step 2

#### **Shift your mindset**

If you're going to be successful you have to adopt the mentality of a successful person-positivity and perseverance. Meditate once a day to help you clear your mind and channel these positive thoughts to keep you focused on the right things.

### Step 3

#### Create successful habits

Facilitate realizing your goals through successful habits. This means working towards your goals everyday by completing at least one task daily to get you closer to where you want to be.



"Your beliefs become your thoughts,
Your thoughts become your words,
Your words become your actions,
Your actions become your habits,
Your habits become your values,
Your values become your destiny

- Mahatma Gandhi