criar projeto: composer create-project --prefer-dist laravel/laravel blog

configurar a base de dados no arquivo .env

DB\_CONNECTION=mysql

DB\_HOST=localhost

DB\_PORT=3306

DB\_DATABASE=dbname//nome da base de dados

DB\_USERNAME=root

DB\_PASSWORD=""

Criar model e migration: php artisan make:model nomedatabela -m

Configurar e executar as migrations:

https://laravel.com/docs/5.3/migrations

Comando para executar as migrations: php artisan migrate

Querys para configurar o CRUD:

https://laravel.com/docs/5.3/database#running-queries

iniciar servidor: php artisan serve

Anotações interessantes http://www.danielrodrigues.net.br/laravel-anotacoes/