



File formats that QuickTime Player can play back in Mac OS X v10.6.x or later:

## Video

QuickTime Movie (.mov)  
MPEG-4 (.mp4, .m4v)  
MPEG-2 (OS X Lion or later)  
MPEG-1  
3GPP  
3GPP2  
AVCHD (OS X Mountain Lion only)  
AVI  
DV

## Audio

iTunes Audio (.m4a, .m4b, .m4p)  
MP3  
Core Audio (.caf)  
AIFF  
AU  
SD2  
WAV  
SND  
AMR

## Basic tasks

New movie recording

alt option + command + N

New audio recording

ctrl + alt option + command + N

New screen recording

ctrl + command + N

Open file

command + O

Open a URL location

command + U

Close window

command + W

Export

shift + command + S

Export for the web

shift + command + E

Minimize window

command + M

Show Movie Inspector

command + I

Show export progress

alt option + command + P

## Movie playback

Play or pause

space

Play or pause all movies

command + enter return

Stop playback and go back one frame

⏮

Stop playback and go forward one frame

⏭

Go to the beginning of a movie

alt option + ⏮

Go to the end of a movie

alt option + ⏭

Cycle through rewind speeds

command + ⏮

Cycle through fast forward speeds

command + ⏭

Turn volume up

⏮

Turn volume down

⏭

Maximum volume

alt option + ⏮

Minimum volume

alt option + ⏭

Show closed captioning

alt option + command + T

Show chapters

command + R

Loop the movie

command + L

## Movie size

Enter full-screen mode

command + F

Exit full-screen mode

esc

Display movie at actual size

command + !

Fit the movie to the screen

command + #

Fill the screen with the movie

command + \$

Display the movie in panoramic mode

command + %

Increase the movie size

command + =

Decrease the movie size

command + -

## Movie editing

Undo

command + Z

Redo

shift + command + Z

Cut

command + X

Copy

command + C

Paste

command + V

Select all

command + A

Select all excluding silent portions

shift + command + A

Rotate left

shift + command + L

Rotate right

shift + command + R

Flip horizontal

shift + command + H

Flip vertical

shift + command + V

Split clip

command + Y

Trim

command + T

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