

DISTRICT 24 NEWSLETTER

February 2013

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday February 6th 2013

Check out District 24 on the web at: www.district24.org

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DECLARATION OF UNITY

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

RESPONSIBILITY PLEDGE

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m at the following address:

Edmond's Professional Center 7315 212th Street SW #101 Edmonds, WA

ALL ARE WELCOME!!!

MEETING CHANGE

SNO-KING INTERGROUP BUSINESS MEETINGS

Now on the 3rd Wednesday of each month at 7:00 p.m.

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 76th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW. Call 425-672-0987 for further info or service work.

DISTRICT COMMITTEEPositions & Contacts

DCM: Peg S.

dcm24@area72aa.org

Alt DCM: Tom

altdcm24@area72aa.org

Accessibility: Annie F.

dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.

dist.24.correctionschair@gmail.com

GSIG Zone Rep: John johnvw0225@gmail.com

Schedules: Sandi

dist.24.schedule@gmail.com

Grapevine/Literature Chair: Annie F.

dist.24.literature@gmail.com

Archives: Claire

dist.24.archives@gmail.com

Alt Archives: Ron A.

dist.24.archives@gmail.com

Secretary: Julia K.

dist.24.secretary@gmail.com

Registrar: Claire C.

dist.24.registrar@gmail.com

Treasurer: Carol V.

dist.24.treasurer@gmail.com

Alt Treasurer: Meredy

dist.24.treasurer@gmail.com

Coffee Maker: Kim H.

dist.24.coffeemaker@gmail.com

CPC: Bob B.

dist.24.CPC@gmail.com

Public Information: Ed

dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.

dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo

dist.24.newsletter@gmail.com

Web Chair: Eric E.

dist.24.webchair@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southerncalspeakers.org http://xa-speakers.org

Or Contact for assistance

dist.24.accessibilitychair@gmail.com

<u>DISTRICT 24 ADDRESS</u> FOR GROUP DONATIONS:

District 24 P.O. Box 439 Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM JANUARY 2013

In Attendance:

Jim S.	J.T.	Annie F.	Sandi	Tari B.
Marty C.	Claire G.	Meredy D.	Stephanie S.	Jared C.
Doug V.	Arnie B.	Greg D.	VW John	Jeff L.
Bill N.	Tom L.	David G.	Steve S.	Donn N.
John M.	Peg S.	Leslie I.	Jim W.	Steve L.
Cathy Jo.	Carol V.	Ben V.	Ron A.	Jamie K.
Claire W.	Ann N.	Jeff	Kim H.	Claire C.

Open with the Serenity Prayer @ 7 p.m Responsibility Declaration Reading of short form of Concept 1: JIM Birthdays: Peg (6), Tom (27)

REPORTS

Secretary – Julia K – *motion to approve meeting minutes

Registrar – Claire C. – Please see Claire if you are a new GSR or if you have changes

Treasurer – Carol V. – *motion to approve Treasurer's report

Alt. Treasurer - Meredy - no report

Coffee Maker - Kim H. - Coffee is looking good

Public Information- Bob B. - no report

CPC- Ed - no report

Treatment and Bridging the Gap – Jeff H. –Cathy Jo is getting stuff together to pass on to Jeff. We have a person leaving treatment on

Jeff. We have a person leaving treatment on January 8 who lives in Brier & needs a bridge – done! Thanks J!

Newsletter – Cathy Jo – Greg brought the newsletter tonight & the files are converted so that Cathy Jo can take over. DAC (deaf access committee) has info in the newsletter. Also, information on the Burien Little Assembly is in newsletter. Email dist.24.newsletter@gmail.com to add flyers & updates to newsletter.

Web – Eric E. – Out of town. Greg will meet up with him to catch him up. Our website host is running out in March & we need to renew for another 3 yrs –Greg will make sure this is done.

Archives – Claire G. – Report is in the newsletter. Working on archives & archives display. Worked on 2 posters that can be displayed. If you have any old AA stuff please see Claire & she can either archive it or find a home for it. We're still accepting group histories. Still have Our Stories Disclosed books for sale \$10 a book. See Claire if you are interested in selling them at your home groups.

Alt Archives – Ron A – no report

Grapevine/Literature - Ann N. - no report

Schedules – Sandi– Nothing to report. Schedules are on the table. If you need schedules feel free to email Sandi.

Sno-King Intergroup – Steve L. – They have a new treasure. Tresurer's report shows they only have \$850 in debt. Meetings on the 3rd Wednesday of the month.

GSIG Zone Rep–John—Went to the board meeting & will give us more information as it comes. Get meeting changes in. They're in need of donations.

Corrections – Donn N. – Corrections workshop on 1/12.

Accessibility - Annie F.

Alternate DCM – Tom– It's going to be a great year! Thanks.

DCM-Peg S.-Excited for this new rotaion. She & Tom are going to the quarterly this weekend in Silverdale. GSR school is coming up on 1/19 at Mt. Zion Church in MLT at 10 a.m.

District Finance Committee – meeting in January to get info together

OLD BUSINESS:

We asked our home groups about whether or not the Alt. Treasurer has check signing abilities. **PASSED.**

- Take signing abilities away from alt DCM and give them to alt Treasurer
- Currently, DCM, Alt DCM, and Treasurer have check signing abilities
- If passed the DCM, the treasurer, and the alt treasurer will have signing abilities

NEW BUSINESS:

- Voted Stephanie into corrections
- Open positions -

GRATITUDE BANQUET CHAIR: Filled by Ann N, Tom L & Claire G. Usually last weekend in March

PICNIC CHAIR: Filled by Doug & Claire W. We need to reserve park on February 4th. Usually 3rd weekend in July.

ACCESSIBILITY: Filled by Annie F.

GREATER SEATTLE INTERGROUP REP: Still Open.

 Why does the DCM have check signing abilities? This was done so that the DCN could write checks in the absence of the Treasurer. It's in the by laws if you'd like to look it up.

Please join me as we close with the Unity Declaration:

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

Please help clean up by picking up your garbage. Please check with Kim H. if you can help put the room back in order.

Next Meeting February 6, 2013 @ 7 p.m.

COMMITTEE CHAIR REPORTS FROM FEBRUARY 2013

DCM REPORT - PEG S.

ACCESSIBILITY REPORT - ANNIE F.

ARCHIVES REPORT- RON A.

Hello District 24!

Tom and I attended our first Area Quarterly in Silverdale on January 4th and 5th. The quarterlies start on Friday afternoon and that night is more of a casual gathering. Getting to know the other DCM's and Alt DCM's. There was a DCM share where different DCM's went to the microphone and spoke about their districts and any accomplishments, goals or problems. It was also a time for the introduction of the new Area appointed Trusted Servants.

Saturday morning was all business and there was a long discussion on the motion on the travel reimbursement for the trusted servants. I have a copy of the AdHoc committee report if anyone would like me to forward that to them. It was decided that the motion would be tabled until the April quarterly.

The most exciting thing that happened in our district, was the GSR School, held at Mt Zion Church on January 19. 61 attended from all over the area and our Area Delegate, Astri, & Alt Delegate, Darren, facilitated the school. So much great information for all the GSR's. If you did not have a chance to attend District 24/42's school, please try to attend one of the schools offered in one of the other districts. They are listed on the Area website. These schools are highly recommended for all GSR's and alt GSR's.

The next event on the calendar is the Preconference on March 9 out at the Calvary Chapel in Lake Stevens. Please plan on attending this so we can get the information to our home groups and then to Astri to take to the Conference in New York. She will be bringing some of the different topics that will be discussed at the Conference.

I am so blessed to be able to serve as the D24 DCM. I am so excited to be on this journey with all of you!

I attended the quarterly in Tacoma.

*Selected host Districts for next Quarterlies: Seattle, Olympia & Kingston.

*Filled Committee positions:
Assistance Needs Coordinator -Michael, D-18
Language Coordinator -Mark, D-15
Communications Coordinator -Annie, D-24

*Discussed Needs/Goals for this rotation:

- 1. Develop Mobile Meeting Teams Volunteers able to take meetings into nursing homes, care facilities, senior residences & to homebound. Annie will produce flyer to distribute to GSRs
- 2. Clarify what is "wheelchair accessible", not always through main entrance & frequently no restrooms. Heather (Area Access. Chair) & Michael (Assist. Needs Coor.) will produce questionnaire to distribute to GSRs. Meeting schedules will be corrected as necessary.
- 3. Include question regarding transgender friendly restrooms (single use restroom) & add results to schedule.

WEBCHAIR REPORT - ERIC E.

I got the login info and all other data I need from Greg this week, I'm good to go with the web chair deal.

<u>NEWSLETTER REPORT - CATHY JO.</u>

I had so much fun putting together my 1st newsletter. Greg has done an AMAZING job these last 4 years, so I have some large footsteps to follow! He emailed me a template which made it really easy for me to get started. Since he's done such a great job there was no need to reinvent the wheel, but I did redesign the front cover to put my stamp on it. Someone asked me if they could put in a poem they wrote & I thought "I have room, why not?" If you would like to submit something for the newsletter, please email dist.24.newsletter@gmail.com and I will try to include it in the next one. THANK YOU!!!!!

Greetings District 24ers,

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Sat. February 2nd was the Area 72 Archives Quarterly. Ron A. our new (and Awesome) Alternate Archivist for District 24 was able to attend this quarterly. Below are his notes:

I had the privilege of attending the Archives quarterly Saturday, February 2nd, located in Oak Harbor. The meeting began w/ the serenity prayer followed by a reading from "Our Stories Disclosed". Several reports were given from the Steering Committee members followed by reports from the Archives Consultants. I learned that the Archives committee has a wealth & depth of experience & knowledge from the many who have worked w/the Archives over the years.

The meeting continued with reports from all the district archivists. This was educational to hear how the various districts were managing their archives & how some had challenges with storage, preservation, & organization of the archives materials. It was noted that when the District Archivist registers with GSO they will receive an Archivist Workbook w/ helpful & useful information.

One of the hosts Ginger conducted an Oral History interview with Andy A. who is a past delegate & was a good example of how historical information can be collected & recorded.

The meeting concluded with an Archives Introduction by Chris N. Online links are available at AA.ORG and on our Area72 website with helpful archives related information. Chris discussed the importance of districts having a budget for archives and discussed the process of receiving gifts for the archives. The Archives workbook defines this gifting process and explains how a "Deed of Gift" form should be completed and issued to the individual giving the gift.

I had a great time, met some very nice folks, & felt it was a valuable introduction to working with the Archives. Thanks for allowing me to serve our District 24 as Alternate Archivist!

NEW MEETINGS & MEETING CHANGES

A FULL LIST OF MEETINGS CAN BE FOUND AT: http://district24.org/sched/d-24%20schedule.html

MEETING CHANGE

LANGUAGE OF THE ♥ HEART

TUESDAY NIGHTS NEW TIME - 5:30 PM

Harbour Pointe Lutheran Church 5425 Harbour Pointe Blvd Mukilteo 98275

THE EDMONDS GROUP

Currently has an interpreter for the hearing impaired & deaf on the LAST Tuesday of each month.

Starting on May the 10th we will have an interpreter for the 2nd Tuesday of the month for a 6 month trial period. So, the 2nd Tuesday (through October) and the last Tuesday we will be offering an interpreter.

NEW LOCATION

LYNNWOOD STUDY GROUP

ROCK of HOPE CHURCH 8713 220th SW, Edmonds

Mondays, 7:30 pm (C)

Open meeting on last Monday of the month

Women in Recovery

Saturday 10 A.M.
ASL at Each Meeting

North Creek Presbyterian Church 621 164th ST SE, Mill Creek

MEETING MOVED

Tolerance

@ Edmonds Christian Church

MOVED

to Edmonds United Methodist, 828 Caspers Street

Friday 9:00 AM meeting

MEETING MOVED

Ed Lynn Fellowship Sunday thru Saturday: 12:00 PM, 5:00 PM 8:00 PM, 10:00 PM

Friday and Saturday Also @ Midnight

5800 198th SW, Ste 1 Lynnwood, WA 98036

W.O.T.S.

Women on Thursday Study

12x12 Steps and Traditions

NEW TIME - NOW @ 7 P.M.

St. Timothy's Lutheran Church 5124 164th St SW Edmonds

Closed Women's Meeting - No pets or children

MEETING MOVED

CELEBRATE LIFE

Wednesdays @ 10am Women's Meeting

Edmonds United Methodist Church 828 Casper Street Asbury Hall, Room 123 Edmonds 98020

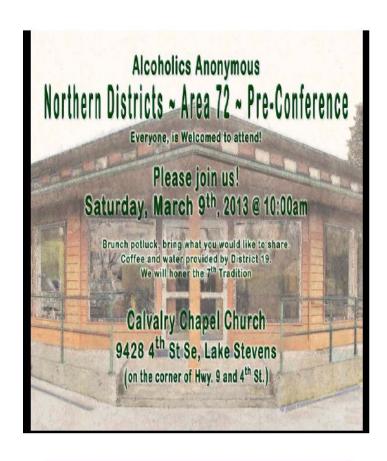
MEETING UPDATE

Patience Meeting

Has discontinued childcare But we still have PIZZA! ☺

Thursday 7 PM-830 PM
Terrace View Presbyterian Church
4700 228th ST SW
Mountlake Terrace, 98043

All Events Can be Found at www.district24.org





SISTERS IN RECOVERY

WOMEN'S GROUP OF ALCOHOLICS ANONYMOUS

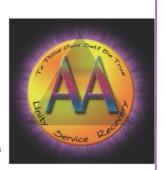
Good Shepherd Church

6915 196th St. SW Lynnwood, WA

Saturday's at 10:00am Childcare Available

Birthdays Celebrated the last Saturday of the month

Speakers last Saturday of odd months



2013 Sisters in Recovery Speakers Meetings

January 26th March 30th May 25th July 27th September 28th November 30th

40th Annual Burien Little Assembly Saturday February 23rd, 2013 "Inventory-Our Solution in Action

Location

John F Kennedy High School 140 South 140th Street (140th and 1st Ave S.) Burien WA 98168

Area, District and BLA Archives available for viewing from 10am to 3pm Registration & Fellowship Open at 10am

Hospitality Room and AA videos ALL DAY!

Sponsored by Districts 14, 15, 16, 17, 18, 31, 32, 33 and Greater Seattle Intergroup

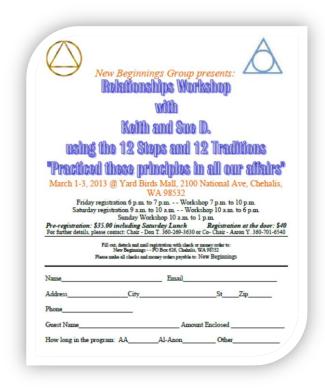
Please bring your favorite, lunch-type potluck foods for the hospitality table.

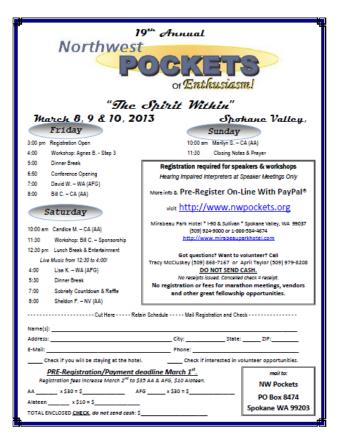
Announcements and fellowship start at 11:00am Workshops & Panels at 12:30, 2:00 & 3:30 Dinner served from 5-5:45 pm only Vegetarian option available by request Speakers at 6:00 pm

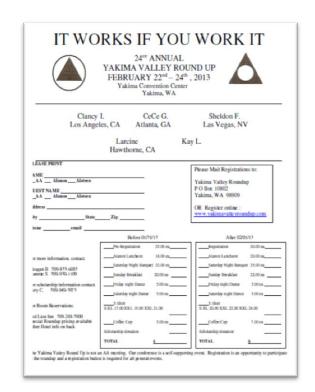
The 7th Tradition will be observed.
Please <u>NO</u> children under 12,
<u>NO</u> cameras and <u>NO</u> pets.

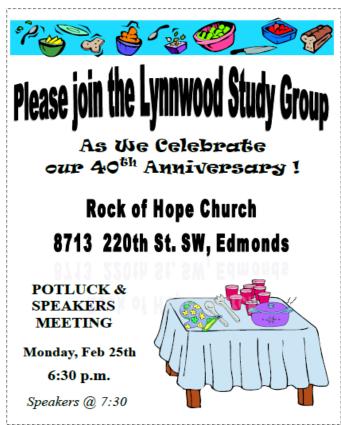
Please Send Donations To: BLA PO Box 80252 Seattle WA 98108-0252

All Events Can be Found at www.district24.org

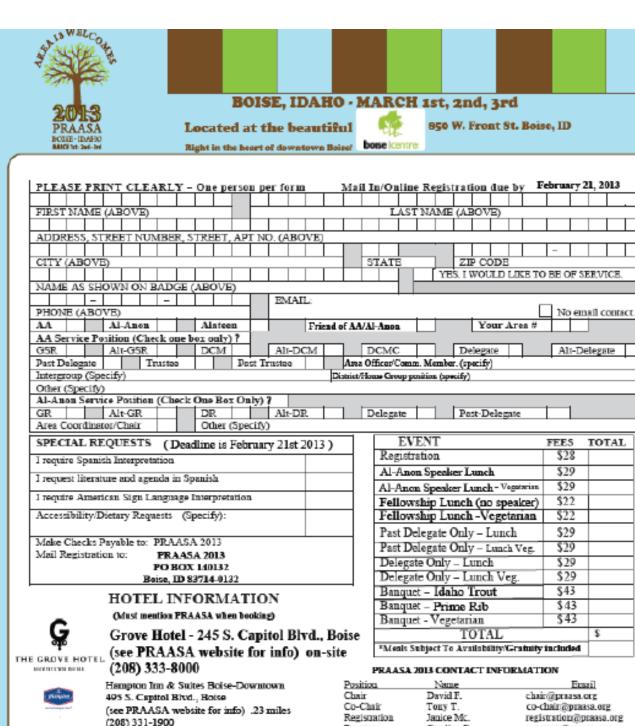








TOTAL



Position.	Name	Email
Chair	David F.	chair@praasa.org
Co-Chair	Топу Т.	co-chair@prassa.org
Registration	Janice Mc.	registration@praasa.org
Program	Candice C.	program@praasa.org
Translation	Madeleine P.	translation@prassa.org
Al-Anon	Tina N.	al-anon@prasss.org
Treasurer	Teri K.	treasurer@praasa.org
Special Needs	Janet H.	greeter@prassa.org

Points of interest/activities visit: The Boise Convention & Visitors Bureau

www.boise.org

(208) 343-4611 Safari Inn - 1070 W. Grove St., Boise (see PRAASA website for info) .16 miles

Owyhee Plaza Hotel - 1109 W. Main St., Boise (see PRAASA website for info) .34 miles

(208) 344-6556

Hotel 43 - 981 Grove St., Boise (see PRAASA website for info) .11 miles (800) 243-4622

ONLINE REGISTRATION - www.praasa.org

District 24 Annual GRATITUDE POTLUCK DINNER AA and Alanon Speaker Meeting March 23rd, 2013



St. Pius X in the gymnasium 22301 58th Ave. W Mount Lake Terrace 98043

Doors open at 5pm Dinner at 6pm Speakers at 7:30pm

Raffle, 50/50 raffle

Donation at the door \$5

*District 24 hosts this event each year to express our gratitude to the groups of the district for their support. The door donation is suggested only. <u>ALL ARE WELCOME TO ATTEND!!</u>