

# **DISTRICT 24 NEWSLETTER**

# **March 2013**

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, February 6<sup>th</sup>, 2013

Check out District 24 on the web at: www.district24.org

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#### **DECLARATION OF UNITY**

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

#### **RESPONSIBILITY PLEDGE**

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

## <u>District 24</u> <u>Business Meetings</u>

1sr Wednesday of each month at 7:00 p.m.

Edmond's Professional Center 7315 212th Street SW #101 Edmonds, WA

## SNO-KING INTERGROUP BUSINESS MEETINGS

3rd Wednesday of each month at 7:00 p.m.

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 76th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW. Call 425-672-0987 for further info or service work.

# **DISTRICT COMMITTEE**Positions & Contacts

DCM: Peg S.

dcm24@area72aa.org

Alt DCM: Tom

altdcm24@area72aa.org

Accessibility: Annie F.

dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.

dist.24.correctionschair@gmail.com

**GSIG Zone Rep:** John johnvw0225@gmail.com

Schedules: Sandi

dist.24.schedule@gmail.com

Grapevine/Literature Chair: Annie N.

dist.24.literature@gmail.com

Archives: Claire

dist.24.archives@gmail.com

Alt Archives: Ron A. dist.24.archives@gmail.com

Secretary: Julia K.

dist.24.secretary@gmail.com

Registrar: Claire C.

dist.24.registrar@gmail.com

Treasurer: Carol V.

dist.24.treasurer@gmail.com

Alt Treasurer: Meredy

dist.24.treasurer@gmail.com

Coffee Maker: Kim H.

dist.24.coffeemaker@gmail.com

CPC: Bob B.

dist.24.CPC@gmail.com

Public Information: Ed

dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.

dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo

dist.24.newsletter@gmail.com

Web Chair: Eric E.

dist.24.webchair@gmail.com

# INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southerncalspeakers.org http://xa-speakers.org

Or Contact for assistance

dist.24.accessibilitychair@gmail.com

# DISTRICT 24 ADDRESS FOR GROUP DONATIONS:

District 24 P.O. Box 439 Lynnwood, WA 98046

#### **BUSINESS MEETING MINUTES FROM FEBRUARY 2013**

#### In Attendance:

Meredy	Bob H.	Eric E.	Jamie K.	Jared C.	Cathy Jo.	Claire C.	Anne E.
Robert S.	Dick R.	Carol V.	Claire W.	Tari B.	Barbara S.	Donn N.	Doug V.
Jeff H.	Peg S.	Gabriel	Julia K.	John M.	Claire G.	Arnie P.	Tom L.
Jim W.	Dusty K.	Stephanie S.	lan S.	Geri S.	Judy R.	Jim S.	
John B.	Shawna L.	VW John	Erik J.	Debbie H.	Sandi	Sarah	

Open with the Serenity Prayer @ 7 p.m Responsibility Declaration Reading of short form of Concept 2: KIM H. Introductions Birthdays: Jim (2); Terri (7)

#### **REPORTS**

**Secretary – Julia K – \***motion to approve meeting minutes

Registrar – Claire C. – If you're a new GSR or your group has changed, please come & talk with Claire. Our district has old/missing info on record at the Area level so Claire is thinking about ways to address that. Also, if you aren't getting the Area newsletter let Claire know.

**Treasurer – Carol V.** – \*motion to approve Treasurer's report – due to illness Stephanie has prepared the treasurer's report instead of Carol. Carol & Meredy will be on the account by next month.

Alt. Treasurer - Meredy - no report

Coffee Maker - Kim H. - all is good

Public Information-Bob B. - no report

**CPC**– **Ed** – traveling, no report

**Treatment and Bridging the Gap – Jeff H.** – Has a list of treatment centers to re-contact about us coming. A couple people are going to Options tomorrow!

Newsletter - Cathy Jo - Report in newsletter.

**Web – Eric E. –** Report in newsletter. He will be setting up a backup for the site & will look into why our link on the Area website doesn't work.

**Archives** – **Claire G.** – Excited to have an alternate! Has <u>Our Stories Disclosed</u> for sale, \$10

Alt Archives- Ron A- Report in newsletter

Grapevine/Literature - Ann N. - No report

**Schedules – Sandi–** Schedules on the table.

**Sno-King Intergroup – Donn –** Nothing has changed. The treasurer's report should be on the website.

**GSIG Zone Rep—OPEN POSITION (John)**—The new schedules will be out in March, please get meeting changes ASAP. Rumors were spreading that they were going to close their doors — they are looking into a reorganization which may include moving & other ways to bring in revenue. Board meeting is on the 3<sup>rd</sup> Tuesday of the month. Burien Little Assembly is coming up.

**Corrections** – **Stephanie S.** – No report. Wondering if we have a bridge coordinator for coorections....nope, Stephanie will fill that position until it becomes too much.

**Accessibility** – **Annie F.** – Attended the quarterly, report in newsletter.

**Alternate DCM – Tom –** District Gratitude Potluck is in March. Has flyers. Needs a check for the deposit. Groups provide the meat & the district provides potatoes, beverages. If you'd like to volunteer, contact Tom. Sign-up sheet went around the room. March 23<sup>rd</sup> doors at 5pm, dinner at 6pm, speaker at 7:30pm.

**DCM- Peg S.** – Went to the first quarterly. The topic was reimbursements for the trusted servants. An intense study was done by an ad-hoc committee and a report has been put together. The report is available from Peg. The issue was tabled and they will continue to work on it and get a more stable number. GSR school was a great success! 61 people showed up. Four GSR schools coming up if you missed this one.

**District Finance Committee** – Due to illness they did not meet.

**Gratitude Banquet Committee** – Tom L, Ann N, Claire G – See Tom's report (Alt DCM)

Picnic Committee – Doug & Claire W. - July 24<sup>th</sup> (11am-5pm)

#### **OLD BUSINESS:**

GSIG position is still open

#### NEW BUSINESS:

 Pre-conference is on March 9<sup>th</sup> at 10am at Calvary Chapel Church in Lake Stevens. It's important for GSRs to go so information can be brought back to the groups. If you have questions, please see a member who has been before.

Closed with the Unity Declaration:

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

Please help clean up by picking up your garbage. Please check with Kim H. if you can help put the room back in order.

#### <u>AREA 72</u> <u>PRE CONFERENCE TOPICS</u> <u>CAN BE FOUND ON PAGE 8</u>

Please join us March 9<sup>th</sup> @ Calvary Chapel Church 9428 4<sup>th</sup> St SE, Lake Stevens

BRUNCH POTLUCK bring what you would like to share

#### <u>UPCOMING</u> <u>DISTRICT 24 MEETINGS</u>

March 6th, 2013 @ 7 P.M. April 3<sup>rd</sup>, 2013 @ 7 P.M. May 6<sup>th</sup>, 2013 @ 7 P.M.

#### **COMMITTEE CHAIR REPORTS FROM MARCH 2013**

#### DCM REPORT - PEG S.

Hello to District 24!

March is a really busy month for me...so much going on! As I write this, I am packing to go to PRAASA in Boise, which is March 1,2 and 3.

Our Pre-Conference is March 9, in Lake Stevens at the Calvary Chapel, I hope all of you plan on attending. Julia has sent out the topics / questions that will be highlighted at this event. If you have any questions, feel free to call or email me.

District 24's Gratitude Banquet / Potluck will be March 23 at St Pius in Mountlake Terrace. Each home group is asked to supply either a cooked and sliced turkey or ham, as well as a raffle prize. Please see Tom L. or Annie N. for more details and / or if you would like to help set up or clean up, be in the kitchen, sell raffle tickets...etc. There are a lot of service opportunities that day. Hope to see you there!

So Grateful.....Peg DCM 24

#### TRESURER REPORT - CAROL V.

PLEASE SEE PAGE 4 FOR FULL REPORT

#### WEBCHAIR REPORT - ERIC E.

Completed monthly backup, added new events to events page, notified Area 72 web chair about malfunctioning link to Dist. 24 meetings & suggested a remedy.

#### **NEWSLETTER REPORT - CATHY 10.**

If you would like to submit something for the newsletter, please email me dist.24.newsletter@gmail.com and I will try to fit it in. All submissions accepted, everything from announcements regarding meeting changes or upcoming events, to personal stories or writings. If appropriate & related to alcoholism, I will find the room!

#### SECRETARY'S REPORT - JULIA K.

Hello District 24ers!

February has been a busy month for me and included a couple trips up to Canada, as a result I have been slow to get the minutes out to you all and figure out the preconference topics. Attached are three documents:

- 1. The meeting minutes from this month, which I need you to look over before our meeting this Wednesday \*see page 2
- 2. Pre-Conference background & summary information, which will help you be more informed about the pre-conf. topics. \*see page 8
- 3. The agenda for the 2013 General Service Conference, which will give you an idea of what they'll be talking about in New York \*can be found online area72aa.org/area-72-pre-conferences.html

For those of you who are new to being a GSR (or have been around awhile & never asked), the General Service Conference is something that happens every year in NY. All of the Delegates from all across the country meet & talk about various topics that effect AA. Our delegate, Astri, has picked a sampling of the topics that she would like our feedback on so that she can go back to NY with an idea of how our groups feel about them. I cannot stress enough how important this process is for our program. The more knowledgeable vou are about Conference topics, the more you can pass on to your groups & receive their ideas on the topics. If our delegate doesn't receive feedback from us then she goes to NY w/out an informed conscience. This is one of the ways we maintain our service structure of having the groups at the top of the pyramid. I highly encourage all of you to attend the upcoming Pre-Conference where you can learn more about the topics so that you can go back to your groups informed. Our Pre-Conference is on March 9th at 10am at Calvary Chapel Church in Lake Stevens.

If you have any questions, please, please, please feel free to ask and I'll find you the

#### **UPCOMING QUARTERLY INFORMATION**

#### **Corrections Winter Quarterly**

Bethany Pentecostal Church 508 S. Francis St Port Angeles, WA 98362 9 AM - 3 PMLunch provided - bring dessert

#### **Accessibility Spring Quarterly**

Greater Seattle Intergroup 5507 6th Avenue South Seattle, WA 98108 9 AM - 3 PM

Pizza/Salad/Refreshments provided bring a side dish to share

#### **Web Committee Spring Quarterly**

Dakota Creek Shipyard (cafeteria) 301 Q Street Anacortes, WA 98221 9 AM - 3 PMLunch provided - bring dessert

#### **GV & Literature Spring Quarterly**

Greater Seattle Intergroup 5507 6th Avenue South Seattle, WA 98108 9 AM - 3 PM

Main dish provided – bring side dish



	District 24	Checking Account	January	Statement 1-18-2013 to 2-19-2013		
Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Balance Check book
	Account	• •	Beginning Balance	• • • • • •	, ,	1834.84
	Deposit	Group Donation				
24-Jan	money order	Mill Creek Discussion Grp	group donation		27.00	
24-Jan	money order	Friday Night Big Book	group donation		27.00	
24-Jan	1097	The Abbey Grp	group donation		40.00	
24-Jan	1263	Celebrate Life	group donation		30.00	
24-Jan	1017	Freedom Grp	group donation		30.00	
7-Feb	1006	Our Primary Purpose N	group donation		93.12	
7-Feb	2475	The Unity Grp	group donation		35.38	
7-Feb	6946	Midway Grp	group donation		35.00	
7-Feb	money order	Way of Life	group donation		30.00	
5-Feb	cash	GSR school	7th Tradition		55.00	
7-Feb	1022	Freedom Grp	group donation		30.00	
	Checks					
22-Jan	2788	GSR school	Printing	54.42		
23-Jan	2787	District 35	April Qtrly registration	50.00		
28-Jan	2782	District participation	GSR School	50.00		
29-Jan	2783	National Color	Newsletter printing	21.90		
1-Feb	2785	Edmonds Family Medicine	2 months rent	60.00		
8-Feb	2801	Edmonds Parks Dept	Picnic Rental Deposit	258.00		
8-Feb 8-Feb	2802	Cathie	Newsletter printing bank fee	40.00 3.00		
0-1-60		Wells Fargo	Dalik ree	3.50		
	•	Bank Statement	Ending Balance	535.32	432.50	1732.02
	•	After the Statement Date	•			
	Outstanding Che	cks				
5-Feb	2803	Julia K	Secretary copies	4.92		
6-Feb	2789	Edmonds Family Medicine	Rent	30.00		
7-Feb	2804	St PiusX	Gratitude Gym Rental	888.00		
	Deposits					
1-Mar	702	AMAA	group donation		148.13	
1-Mar	1013	Our Primary Purpose N	group donation		26.04	
1-Mar	1047	We Are Not Saints	group donation		8.36	
			Total	922.92	182.53	
		Cash on Hand				991.63
	Reserve	2013 Gratitude Dinner expense	25	600.00		
	Reserve	2013 Picnic expense				
	Reserve	2013 50% schedules expense		250.00		
		End of February	Working balance			141.63

### **NEW MEETINGS & MEETING CHANGES**

A FULL LIST OF MEETINGS CAN BE FOUND AT: HTTP://DISTRICT24.ORG/SCHED/D-24%20SCHEDULE.HTML

#### **MEETING CHANGE**

## LANGUAGE OF THE ♥ HEART

TUESDAY NIGHTS NEW TIME - 5:30 PM

Harbour Pointe Lutheran Church 5425 Harbour Pointe Blvd Mukilteo 98275

#### THE EDMONDS GROUP

Currently has an interpreter for the hearing impaired & deaf on the LAST Tuesday of each month.

Starting on May the 10th we will have an interpreter for the 2nd Tuesday of the month for a 6 month trial period. So, the 2nd Tuesday (through October) and the last Tuesday we will be offering an interpreter.

#### **NEW LOCATION**

#### LYNNWOOD STUDY GROUP

ROCK of HOPE CHURCH 8713 220th SW, Edmonds

Mondays, 7:30 pm (C)

Open meeting on last Monday of the month

# Women in Recovery

Saturday 10 A.M.

ASL at Each Meeting

North Creek Presbyterian Church
621 164th ST SE, Mill Creek

# Tolerance

HAS MOVED TO:

Edmonds United Methodist, 828 Caspers Street

Friday 9:00 AM meeting

#### **MEETING MOVED**

Ed Lynn Fellowship Sunday thru Saturday: 12:00 PM, 5:00 PM 8:00 PM, 10:00 PM

Friday and Saturday Also @ Midnight

5800 198th SW, Ste 1 Lynnwood, WA 98036

## W.O.T.S.

#### Women on Thursday Study

12x12 Steps and Traditions

NEW TIME - NOW @ 7 P.M.

St. Timothy's Lutheran Church 5124 164<sup>th</sup> St SW Edmonds

Closed Women's Meeting - No pets or children

**MEETING MOVED** 

## CELEBRATE LIFE

Wednesdays @ 10am Women's Meeting

Edmonds United Methodist Church 828 Casper Street Asbury Hall, Room 123 Edmonds 98020

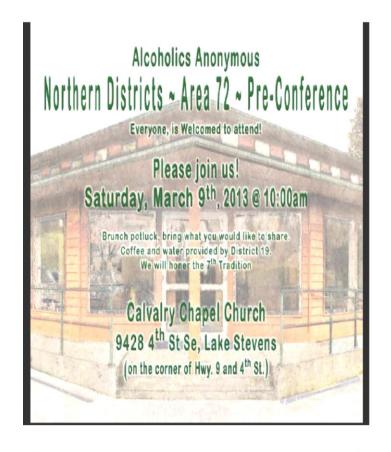
#### **MEETING UPDATE**

## Patience Meeting

Has discontinued childcare
But we still have PIZZA! ©

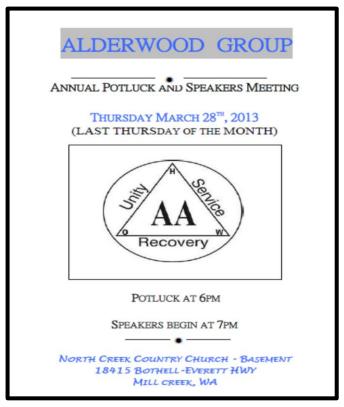
Thursday 7 PM-830 PM
Terrace View Presbyterian Church
4700 228<sup>th</sup> ST SW
Mountlake Terrace, 98043

# All Events Can be Found at www.district24.org









# All Events Can be Found at www.district24.org

# **Deaf Access Committee**



Our goals:

- Establish funded ASL interpreting services.
- Integrate a vibrant Deaf sober AA community.
- Carry the message to the Deaf alcoholic who still suffers, inside and outside the rooms

One united A.A. ... Dear and hearing alcoholics together ... because our common welfare should come first. Personal recovery depends upon A.A. unity.

Monthly Meeting Second Thursday 7:00 - 8:30pm **ASL** Interpreted

Bethlehem Lutheran Church Fireside Room 101 East 38th St. Tacoma, WA 98404

#### Next Meeting on March 14

#### DIRECTIONS

From I-5 North or South:

- Take exit 133 for I-705 N/WA-7 S toward City Center
  Follow signs for Washington 7 S/Pacific Avenue
  Follow signs for State Route 7 S/38th St W/Mt Rainier
- Merge onto WA-7 S/S 38th St/State Route 7 S
- Destination will be on the right

deafaccesscommittee@gmail.com dacchairWA@gmail.com

#### **EVERETT CONFERENCE 2013**

SPAGHETTI FEED "FUN"RAISER \*\*New Location\*\*

CREAT RAFIL PRIZES 50/50

**Our Saviors Lutheran Church** Saturday May 18th Dinner starts at 5pm

MUCH MORE ..

•Alanon Speaker: at 6:30 Nancy W., Bothell, WA

Raffle at 7:15

 AA Speaker: at 7:45 Karen R., Seattle, WA

> KID'S CORNER! Craft table Face painting **Balloon animals** Hot dogs

Register at

www.everettconference.com

Or get tickets at the door \$9 for Adults \$16 for Couples \$4 for children 5 to 12 Kids under 5 FREE!

**Our Saviors Lutheran Church** 215 Mukilteo Blvd, Everett 98203 •From I-5, take exit #192 and follow the signs to go west on 41st St. After winding past Forest Park, 41st St. becomes Mukilteo Blvd. At the stop light, turn right onto Olympic Blvd., and then take an immediate right into our driveway.

# \*District 24 Annual\* GRATITUDE POTLUCK DINNER AA and Alanon Speaker Meeting March 23rd, 2013



St. Pius X in the gymnasium 22301 58th Ave. W **Mount Lake Terrace** 98043

Doors open at 5pm Dinner at 6pm Speakers at 7:30pm

Raffle, 50/50 raffle

Donation at the door \$5

#### SNO-KING INTERGROUP

22617 76TH AVE. SUITE 203 Edmonds, WA 98026

425-672-0987

Be of service to Alcoholics Anonymous. Volunteers needed to answer the phone and service customers at the Sno-King Intergroup Office. Two-hour shifts.

Have you or someone you know or love ever made the big step reach out for help and no one was there? Please don't let that happen. We need volunteers to be at the end of the line when someone finally makes that call.

To Volunteer or for information contact:

Roger H-Volunteer Coordinator 425-760-0169 email: rogerhlongtime@hotmail.com

Glen H-Alternate Coordinator 206-658-3672 email: glenh865@yahoo.com



Also, Sno-King Intergroup Office now has an abundant supply of books and literature for groups and individuals.

Stop by and visit us.



## 2013 PRE-CONFERENCE BACKGROUND SUMMARIES & QUESTIONS

The Pre-Conferences are used to distribute the information on General Service Conference agenda topics to the groups in Western Washington. Pre-Conferences are scheduled in the month of March in order to allow enough time for the groups to review the information & provide their input to the Delegate prior to the Conference.

GRAPEVINE AUDIO STRATEGY......BACKGROUND: The 2012 conference recommended that the AA Grapevine move forward with an audio strategy to have members call in & record their story on 3<sup>rd</sup> part recording technology. GV began collecting audio story submissions Jan 2013. At present there are 2 ways to submit; calling a voicemail service that AAGV subscribes to, or creating a WAV file on a smart phone or digital recorder & emailing that file to the GV. The creation of the webpage was done in-house, there is a monthly charge from the VM service of \$11.99/mo. To date that is all that was spent on this project. Next step is to ascertain that the plan & submitted stores are compatible. The committee requested that a status & financial report be submitted to

aagrapevine.org/audio-portal for more info & direction. What was your experience? How did it work? Have you thought of any suggestions for improvement? <u>QUESTION #2</u> : How are we going to engage the current & future electronic device users to become GV users? What changes/improvements would be needed?
LA VINABACKGROUND: The 2010 Conference recommended that La Vina achieve spiritual parity with the AAGV, beginning in the following manner: Publishing La Vina as a monthly, perfect-bound, black & white, 68 pg issue at an additional estimated cost of \$21,400 per yr. for 1 yr. beginning in 2011 followed by a yr of review & assessment in 2012. The results of this review & assessment will be brought to their 2013 Conference Committee on the AAGV. Freelance staff for the magazine was increased; circulation increased by 8.56%. A regular La Vina Forum workshop was added, the editor traveled to Spanish language Areas; annual submissions increased from 204 to 548. The additional expense for La Vina in 20121, attributable to the Conference Action, was \$22,400. \$21,400 for additional editorial support, \$2000 for additional printing & art costs. La Vina expenses rose in 2012 due to salary & employee benefit increases. QUESTION #3: 2012 Advisory Action recommended "La Vina achieve 'spiritual parity' with the AAGV". What does "spiritual parity" mean? Considering the 2012 assessment of La Vina, should we continue to require the current format? Do you have alternative suggestions?
FUTURE BOOK TOPICSThe AA Grapevine is considering production of three books in the year 2014 or later. QUESTION #4: Consider the following book topics – 1) Making Amends (working title) where members share experience about making 9 <sup>th</sup> step amends from stores previously published in GV magazine or AAGrapevine.org; 2) How I Found My Higher Power (working title) A collection of stories by AA members regarding their personal journeys with Step Two. 3) Steps Four & Five (working title) Stories by members who did their 4 <sup>th</sup> & or 5 <sup>th</sup> steps & how it changed their lives.
<u>CPC</u>
TREATMENT/SPECIAL NEEDS-ACCESSIBILITIES
<u>LITERATURE</u> BACKGROUND: After its Fall Assembly, area 71-Virginia submitted a proposal to add an index to the book <u>Alcoholics Anonymous</u> . The index could include key phrases, prayers, where to find the steps etc. to make the study of & reference to our basic text more user-friendly. Prior attempt (in the 1970's) to create an index resulted in the production of a separate document which was reviewed by the Board of Trustees who, at that time, felt the document was of more value to scholars & not to the "average recovering drunk". The Board "is reluctant to publish any document which might tend to lend authorization force or rigidity to the AA program." <u>QUESTION #7:</u> Consider/discuss a request to add an index to the Big Book.
ADDITIONAL CONSIDERATIONSThis year starts a 3 yr. process of the Conference taking its inventory. A group will consider 4 inventory questions this year. We are asking for your input on one of those questions: How well do Conference Members communicate to the fellowship about why we have a conference & how the committee system works? How can we improve this communication