

# DISTRICT 24 NEWSLETTER

## **MAY 2014**

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday May 7<sup>th</sup> 2014

Check out District 24 on the web at: www.district24.org

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## <u>District Address</u> For Group Donations

District 24, PO BOX 439 Lynnwood, WA 98046

## <u>District 24</u> <u>Business Meetings</u>

7pm, 1<sup>st</sup> Wed. of each month

21018 Hwy 99, Edmonds (PUD building)

# Sno-King Intergroup Business Meetings

7pm, 3<sup>rd</sup> Wed. of each month **22617** 76<sup>th</sup> Ave W, Suite 203, (Stone Court Building)

#### **DISTRICT COMMITTEE**

DCM: Peg S. dcm24@area72aa.org

Alt DCM: Tom altdcm24@area72aa.org

Accessibility: Annie F. dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S. dist.24.correctionschair@gmail.com

GSIG Zone Rep: Normand normfournier74@hotmail.com

Schedules: Sandi B. dist.24.schedule@gmail.com

Grapevine/Literature: Doug dist.24.literature@gmail.com

**Secretary: Anna** dist.24.secretary@gmail.com



#### **DECLARATION OF UNITY**

"This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

#### **CHAIRS & CONTACTS**

Treasurer: Carol V. – Alternate: Meredy dist.24.treasurer@gmail.com

Archives: Claire G. – Alternate: Ron A dist.24.archives@gmail.com

CPC: Ed dist.24.CPC@gmail.com

Public Information: Steve dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H. dist.24.treatmentchair@gmail.com

**Newsletter: Cathy Jo** dist.24.newsletter@gmail.com

Web Chair: Eric E. dist.24.webchair@gmail.com

Registrar: Claire C. dist.24.registrar@gmail.com



#### RESPONSIBILITY PLEDGE

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

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#### BUSINESS MEETING MINUTES FROM APRIL 2ND, 2014 @ 7 P.M.

Barry	Annie F.	Rita	Sharon S.	Anna	Annie N.	Eric E.
Claire W.	Lori V.	Doug V.	Dave T.	Anne E.	Greg B.	Dave K.
Tari	Kevin C.	Steve L.	Ron A.	John M.	Norm	Robert S.
Jim C.	Cathy Jo.	GJ P.	lan	Gabriel	Carol V.	Jeff L.
Peg S.	Tom L.	Dusty				

Open with the Serenity Prayer
Responsibility Declaration
Reading of short form of Concept 4 – Tom
Introductions

Birthdays: GJ (1 year), Robert S. (18 mo)

#### **Trusted Servant Reports**

**Secretary – Anna – \***motion to approve meeting minutes. 2<sup>nd</sup> & passed.

Registrar - Claire C. - Not Present.

**Treasurer** – **Carol V.** – \*motion to approve Treasurer's report. 2<sup>nd</sup> & passed.

Alt. Treasurer - Meredy - Not Present.

**Public Information— Steve** — They have been busy contacting & setting up AA presentations at doctors' offices & clinics in the area. Barry gave report on booth at Evergreen State Fair. Two people staff the booth and hand out at least 1000 pieces of literature, including schedules, every year. He also made a request for donations. District 3 is a big supporter that is having cash flow problems & can't fund as much this year.

CPC-Ed - Not Present.

**Treatment and Bridging the Gap – Jeff H. –** Not Present.

**Newsletter** – **Cathy Jo** – Was able to get 10% off printing this month. The Costco option will not be perused because printing is too small.

**Web – Eric E. –** Website is going well. Wants more area events to post on site. It was discussed & decided if event is put on by AA members for AA members they will post on site, such as camping trips & other fellowship events.

Archives - Claire G. - Not Present.

**Alt Archives– Ron A–** There was not a lot of traffic, due to bad location, but much enthusiasm about the display at the gratitude banquet. The quarterly is May 3<sup>rd</sup> in Port Townsend. There is a link in his report to the Oral History Project. There was discussion about having to sign a release of full rights to the participant's story. Ron to research & report back.

**Grapevine/Literature** – **Doug** – Please return any blue collection cans. Doug was to contact Julia (GV/LIT predecessor) about how to handle the monies collected. They are to buy old grapevines and distribute to jails & treatment facilities. It was suggested to write a report for the newsletter about the collection cans.

**Schedules – Sandi** – The stapling party is April 13<sup>th</sup>, see the newsletter for details. The Schedule chair position is going to be open soon for a 2 year term.

Sno-King Intergroup – Roger – Please see report on page 4 of the newsletter. Adam is the new treasurer. The volunteer coordinator is having problems with people not showing up for their shift. Please call if cannot make it to a time slot you volunteered for. Thank you for the donations.

**GSIG Zone Rep- Normand** – Renovations are moving along. The office is pet-free. The Spring Assembly is May 17th. Dave was introduced to answer questions about the renovation. When they renegotiated the lease agreement the owner was to include new paint & carpet. This is paid by the owner, not GSIG. The replacement of the 20+ year old furniture is the biggest outlay of money. They roughly estimate about \$4000. The accounting position has been filled by the individual that was volunteering for the 4 month position. Normand thanked all involved with the gratitude banquet. The speakers were great & the food was good. It was an honor to serve.

Corrections - Stephanie S. - Not Present.

**Accessibility – Annie F.** – Carpooled with District 39 to the quarterly in Bellingham.

Alternate DCM – Tom – Nothing to report.

**DCM- Peg S.** – See report in newsletter. PRAASA CD set is available for anyone who wants to listen to them. Please pick up receipts for home groups. Need chairperson for District Picnic August 2<sup>nd</sup>.

<u>**OLD BUSINESS:**</u> Bring handbook to go over proposed changes. Proposed changes will be sent out by e-mail.

#### **NEW BUSINESS:**

- For the PI Booth at the fair; the average donation from districts is \$150. We will vote next biz meeting is D24 will donate more funds.
- Normand returned Gratitude Banquet book.

Closed with the **UNITY DECLARATION** @ 8:14pm

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."



# NEXT BIZ MEETING WEDNESDAY 6/4/14

#### **COMMITTEE CHAIR REPORTS APRIL 2014**

#### DCM REPORT - Peg S

#### Hello District 24!

A lot is going on these next few months for those of us in service! June 7th, there will be a Founder's Day celebration at the Calvary Church in Lake Stevens @ 12:00 PM. Come and help us celebrate the day that our fellowship began.

June 15th, Astri will be presenting her delegate report. We are in the group called the Northern districts, and we just happen to be the most southern of all. The delegate report will be in La Connor at the Pioneer Park.

August our district has the opportunity to host the pre-assembly! It will be on August 3rd at the Mt. Zion Church in Mountlake Terrace. I will be asking you guys to help out with set up and clean up. Thanks in advance, all you volunteers:)

District 24 picnic is also that same weekend, on August 2 at the Edmonds City Park. We still need a chair for that committee.

If you have the opportunity, please sign up as soon as you can for the Assembly in October. The hosting district could use the funds to help pay for their expenses. Also, you might want to think about your hotel reservations, you can go online for all the information. If you have questions, please ask.

The biggest news, is that District 24 will be hosting the January 2015 Area Quarterly. Thank you to Claire and Tom for the hard work and finding us such a great venue to welcome Area 72 to our District.

If any of you have ANY questions about what all these events are and what they mean to you as a GSR, alt GSR or committee chair, please feel free to meet me after any of the meetings, or call me anytime @ 206-817-3992. If I don't have the answers to your questions, I can help direct you to the answer. I know a lot of this is overwhelming.

In Grace...Peg

#### TREASURER'S REPORT - Carol V.

I am unable to provide a treasurer report this month. My personal computer is being worked on.

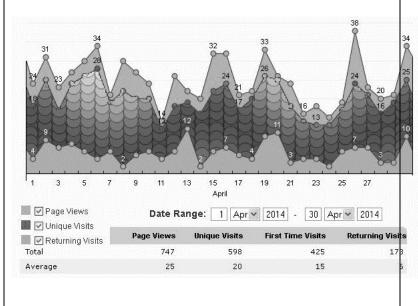
#### WEBCHAIR REPORT - Eric E.

Web Chair - I attended the Web quarterly at Intergroup this month. It was my first Web quarterly and I was very impressed with both the level of discussion and incredible pool of really high end talent in attendance.

The main topic discussed was integrating all of the district websites into an Area 72 site that has separate pages for each district. The two big advantages of this concept are:

- 1. Ease of administration
- 2. Provides a basic webpage for each district, thus allowing smaller districts that don't currently have their own website to get their schedules and denouncements out there on the internet.

#### Monthly <u>district24.org</u> Website Stats:



#### **NEWSLETTER REPORT - Cathy Jo**

Lots of great reports this month & more flyers can be found on our website. You can now also find newsletters archived on the website as well. Thanks to everyone for their service!



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#### **COMMITTEE CHAIR REPORTS APRIL 2014**

#### ARCHIVE'S REPORT - Ron A., Alternate

I attended the WWA72 Archives Quarterly last Saturday, May 3rd, in Port Townsend hosted by District 56. Dean, the WWA72 Archivist, updated everyone on the status of the Archives Repository in Tacoma. Dean and some of the Archives Steering Committee members have been working on the existing site to seal openings and cracks to improve climate control. They have also painted some of the cement walls using a special mold treatment paint called Kilz to kill and reduce the mold. Humidifiers are also active inside the repository that reduces the humidity levels to acceptable standards. Despite this work being done to mitigate climate and mold concerns, new alternate sites in Marysville and Everett were discussed as possible candidates for hosting the WWA72 Archives Repository. Other sites have been identified and are under evaluation.

Jim A. from the Fern Hill group of Tacoma, 56 years of sobriety, shared his story and showed us all his love and passion for AA archives and materials. He was instrumental in researching and documenting "The Roots of Tacoma AA" and discussed the history and some of the past members from Tacoma. He's currently working on a project to identify early members of Tacoma AA to help better define our state's early heritage. He displayed an old pamphlet called "Who.. Me?" that was common for newcomers in the '40s and '50s. He displayed and explained another old pamphlet from 1955 called "The Tablemate" that was one of the most successful set of A.A. beginners lessons ever created. These are in the WWA72 Archives collection so check them out when you get a chance.

Jim revived an old AA tradition by explaining and demonstrating how some of the original chips were used by early members in the 50s and 60s. These chips consisted of white, yellow, red, and blue plastic chips that were the same chips taken and used from the early "Tiddlywinks" game. Jim explained how the color chips worked. A newcomer was given a white chip to keep in their pocket at all times. This was to represent a "Decision" chip and was to remind the newcomer it was their decision to take another drink or not. If they drank they were instructed to throw the white chip into the gutter and that they would soon follow. The yellow chip was given to members between 3 to 6 months. This represented the "Caution" period. The red chip was given between 6 months and a year and represented the "Danger" zone as many members went back out during this time. The Blue chip was given after a year of sobriety and represented "Blue Sky". Larger blue poker chips were given for subsequent years of sobriety. What an interesting fact that the game of Tiddlywinks helped our program and members in these early years!

I also asked about the Oral Histories Release form that was discussed at last month's District meeting. Dave C. explained that this is a recommended item and not required. The release form in the Oral Histories Kit is intended to be used as a template. The form is free form and can specify the District number in which the Oral History is collected from. The Oral Histories should be managed and owned by the Districts.

The District Archivists gave their reports and most districts are actively collecting and managing district related archive materials/artifacts and how they have displayed them at some of their district events. We were all reminded of the importance of keeping a current archives inventory and to continue collecting and storing the monthly District meeting minutes and event flyers.

#### **Upcoming Archives Events:**

\*\*Archives Regional Workshop in Marysville, June 14<sup>th</sup>. Dave C. (WWA72 Archives Consultant and National Archives member) will be teaching how to repair, restore, and conservation of materials. Bring items to be repaired. Area 92 from Eastern Washington and Area 58 from Oregon will be attending

\*\*National Archives Workshop in Philadelphia, October 7th  $-12^{th}$ . Tours scheduled on Tues/Wed Oct 7th - 8th to New York to tour Stepping Stones and the National Archival Exhibit. The actual Archives Workshop is Oct  $9^{th} - 12^{th}$ 

D24 Archives is always collecting meeting minutes, newsletters, announcements and any AA D24 related material. We have a great District and I enjoy working and serving in our most precious history and heritage of AA. Thanks for allowing me to be of service!

#### **GSIG Report - Normand**

GSIG Board Meeting April 15, 2014, 7 PM open

#### **Board reports:**

Chairperson, Dave: Went over spring assembly Vice chairperson, Donna: Update on renovation

Chair, Emeritus Dan: not present

Secretary, Joe: talked about minutes voted seconded and approved

Treasurer, Kelly: Read profit and loss

#### Zone reports:

Zone 108 none

Zone 112 none

Zone 114 bringing members to district meeting

Zone 115 went over Burien assembly

Zone 116 deaf community talk

Zone 117 is rebooted brand-new

Zone 118 talked about support picnic

Zone 124 that's me!

Zone 131 hosting an anonymity workshop on May 10 from 4 to 630

Zone 132 none

Zone 140 none

Zone 141 spoke of picnic

Zone 142 no report

District 18 liaison no report

#### All business questions on budget go to SEATTLEAA.ORG

Archives, Teresa: No formal report

Corrections, Diane: Went over handbooks

CPC and PI Ann Marie: Went over current issues on treatment Hospital/Treatment, Tom: Also went over issues on treatment

Hi and dry Editor, Ben: Need help on positions Office committee, Paul: have info in by 4/25 Office manager, Norm: Has big books for sale

Assistant office manager, Anita: Went over budget report Night watch coordinator, David: Made himself available Special events/picnic, Patty: Went over assembly

Third legacy: Currently Open

Finance committee, Chris: Liabilities will be released September 14, 2014 Web & technology, Lenard: working on Night watch, working on office & website

Old business: strategy committee report

**New business:** Should we start a committee it will be a standing service community DEAF access committee

#### **Upcoming events and announcements:**

May 11th, NOON: GSIG picnic planning meeting @ GSIG office, 5507 6th Ave S Seattle, WA 98108

May 17th 10 AM to 4 PM: GSIG spring assembly  $\,@$  GSIG office 5507 6th Ave S Seattle, WA 98108

May  $17^{\text{th}}$ , NOON: Next board meeting @ GSIG office 5507 6th Ave S Seattle, WA 98108

August 10<sup>th</sup>, GSIG Picnic: Lower Woodland Park, Shelters 12 and 3 @ Woodland Park Ave. N., Seattle, WA 98103

#### Meeting closed @ 9:10 p

#### COMMITTEE CHAIR REPORTS APRIL 2014

#### ACCESSIBILITY REPORT - Annie F.

I attended the April Quarterly in Bellingham. It was great, lots of people showed up from all over WA. We talked about senior citizens issues at meetings; primary is hearing loss. Those headsets that are used at Area Assembly can also be used for those who have trouble hearing. Any GSRs planning to attend this year's Assembly who want to use a head set please let Annie know & she'll have one set aside for you. Also if you have a speaker meeting, using a PA system can be a great help to seniors who are experiencing hearing loss.

We had a presentation by one of our blind members and he shared his experience, strength and hope with us in regard to the unique challenges he faces as a blind member of AA. Here are some ideas of how we can continue to make AA even more accessible to our blind or visually impaired members.

- 1. Compile and maintain a list of sighted members who are willing to provide transportation to and from meetings and other A.A. functions for blind A.A. members.
- 2. Volunteers may be recruited to guide the blind or visually impaired newcomer to chairs, the hospitality table and rest rooms, until that member is acquainted with the surroundings.
- 3. Meeting rooms should always be set up exactly the same way, or else the blind or visually impaired members should be alerted to what's different. Banging into a chair or a table in what was empty space at the prior meeting can be both dangerous and embarrassing.
- 4. Services and material available to help the blind or visually impaired alcoholic include books and pamphlets available in Braille, in large print, and/or on CD.
- 5. Ask don't assume every blind person reads Braille. Not everyone who is blind has been that way their entire life and their loss of sight may be relatively recent.
- Keep an open mind there are multiple possible solutions to help books on tape or CD, use of current technology can also be very beneficial to verbalize the written word.
- 7. Remember if the member has a service animal, the animal is on the "job," they are not a pet. Please do not feed them, try to pet them or call out the animal's name without express permission from the animal's owner. You could put the animal and their owner in a dangerous situation and could possibly make the animal sick.

We approved guidelines for ASL Meeting Calendar Coordinator & an Alt. Calendar Coordinator. The ASL Calendar is now on Area 72 website <a href="www.area72aa.org">www.area72aa.org</a>. We now have an Accessibility Google Site (email Heather, Area Accessibility Chair for link & permission to access) which will have the calendar, tips & other info important to the committee.

If your groups needs an ASL interpreter contact Bruce at:  $\underline{interpretes@area72aa.org}$ 

In grateful service, Annie F.

#### Sno King Intergroup - Roger

First I want to point out that I'm not a professional and take this note as you would like, I have not talked with an attorney, although I wanted to address concerns over the tax question.

The State of Washington treasurer's office sent an urgent letter for a response from the Sno-King office. I as Alt. Treasurer had a conversation with an officer that worked with WA. State Dept. of Revenue and Sno-King is in the non-active, non reporting status, because Sno-King is nonprofit and we do not sell anything.

There is a letter at the office from Department Of Revenue Olympia dated June 9, 1992 that references the tax situation. Which states, based on the facts presented, the Sno-King intergroup of Alcoholics Anonymous is not required to be registered with the Department of Revenue and it is not required to collect sales tax or pay business and occupation tax on the sale of literature. It is considered the consumer of everything that it purchases and must pay retail sales tax to all venders, even when it resells the items to various AA chapters.

The office stills continues to struggle with contributions, the question is: Do we continue to keep the doors open, some of the board members met and decided to let the groups decide. If there is no response the office will close in May, by response, I think donations tell all. We need volunteers to staff the office.

Gretchen, the volunteer coordinator is always looking for volunteers, so if you would like to help please call her. The number to the office is 425-672-0987 the e-mail address is snokingintergroup@hotmail.com.

The office phone no. and e-mail address is on the front of the south Island and Snohomish county schedule.

We would like to thank all the groups that have supported Sno-King, this month.

- Monday night discussion, Mill Creek: \$42.50
- Friday night Big Book Study, Mill Creek: \$42.50

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#### SNO-KING OUTREACH PROGRAM

# COOPERATING w/ the PROFESSIONAL COMMUNITY & PUBLIC INFORMATION

District 24 CPC / PI is holding the next meeting on Monday 6pm, the 7th of April at the Sno-King Intergroup office located at 22617 76<sup>th</sup> Ave West Edmonds WA 98026 (Suite #203). We are looking to gather the local Districts that cover most of South Snohomish County and some of North King County as well. Come share what you are doing to connect professionals to AA. We are trying to establish or join with those who already do this work. Our objective is to work towards gathering lists of institutions that come in contact with people that might benefit from what AA has to offer. Of course we are not affiliating with any institution or facility but want to make our literature and experience available. Many people have said that their 1<sup>st</sup> introduction to AA was from some outside entity, not from AA directly. And there are a significant amount of professionals that aren't fully aware of how AA works for these new people. additional information or comments please call or email:

Ed C. (District 24 CPC Chairman 425-877-1680 <u>EChinick@gmail.com</u>

Steve L. (District 24 PI Chairman)
425-210-1856 SL2010@comcast.net

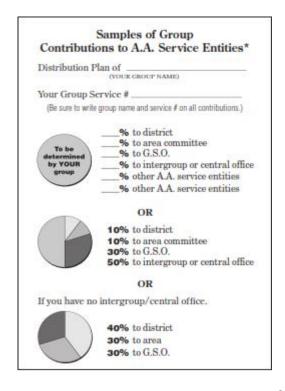
#### LETTER TO THE GROUPS FROM SNO-KING OFFICE

To DCMs of District 19, 24, 39, and 42 Please forward this note to your GSRs.

**Sno-King Intergroup** would like to thank the many groups and members of Alcoholics Anonymous that continue to step up & help to keep the phone lines on and the doors open. We continue to answer the AA phone for S. Snohomish and N. King counties as well as be a handy spot to pick up literature (at cost) or hold a committee meeting.

Like most of the 757 current Intergroups and Central Offices, Sno-King Intergroup has service opportunities answering the day and night phones for 12-step calls and other alcoholic-to-alcoholic assistance (one drunk talking to another). Both individuals and groups can volunteer for shifts as short as two hours.

Sno-King Intergroup continues to need the financial support of groups and districts. The following chart is reproduced from the AA Finance Guidelines and is a suggestion only.



Sincerely, Sno-King Intergroup 22617 76th Ave W, Suite 203 Edmonds, WA 98020 Office: (425) 672-0987



Lynnwood Alano Club Saturday Night Speaker's Meeting

#### **NOW HAS CHILDCARE!!\***

Every Saturday night starting March 8<sup>th</sup>, 7:30-9pm. Over 250 years of sobriety speaking in March!

\*Childcare for toddlers & up, no infants at this time

# This September 2014 The Everett Conference's Annual SALMON BAKE & SPEAKER MEETING "FUN"RAISER At the Tulalip Tribal Center



Balloon animals and Hot Dogs for the kids

- Dinner
- Speakers
- Raffle Baskets
- 50/50 Raffle
- Lots of Fun & Fellowship!!

And....Save the Date For the Everett Conference Thanksgiving Weekend

November 28th, 29th & 30th, 2014

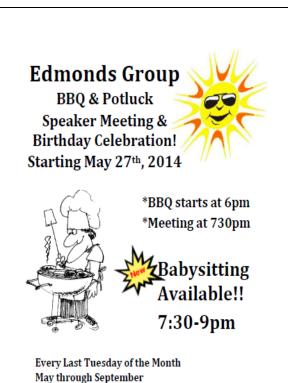
Speakers Workshops

Banquet

Entertainment



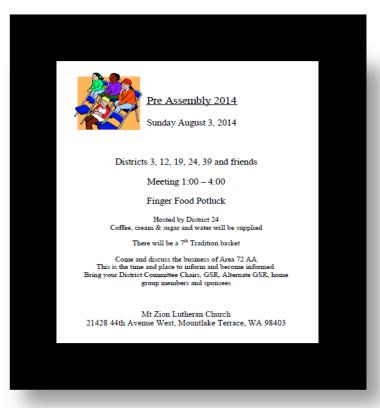
www.everettconference.org EVERETT CONFERENCE

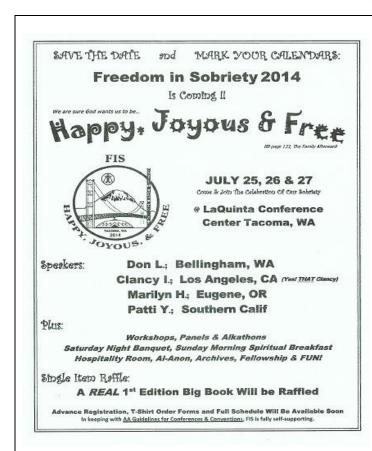


Edmonds Senior Center 221 Railroad Avenue, Edmonds









#### WOMEN'S BIG BOOK WORKSHOP

#### LED BY LORRAINE K.

#### Good Shepherd Church

6915 196th St. SW Lynnwood, WA

Monday's 6:30 - 7:30PM Starting March, 3rd 2014



#### What to bring:

- · New (unused) Big Book
- Hi-Lighter
- Pen

We will practice the 7th tradition, which states:

"Every AA group ought to be fully self - supporting, declining outside contributions"

