



DISTRICT 24 NEWSLETTER

JUNE 2013

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, June 5th, 2013

Check out District 24 on the web at: www.district24.org

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DECLARATION OF UNITY

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

RESPONSIBILITY PLEDGE

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

District 24 Business Meetings

1st Wednesday
Of each month at 7:00 p.m.

**21018 Hwy 99, Edmonds
(PUD building)**

SNO-KING INTERGROUP BUSINESS MEETINGS

3rd Wednesday of each month
@ 7:00 p.m.

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 76th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW. Call 425-672-0987 for further info or service work.

DISTRICT COMMITTEE Positions & Contacts

DCM: Peg S.
dcm24@area72aa.org

Alt DCM: Tom
altdcm24@area72aa.org

Accessibility: Annie F.
dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Vincent M.
Elevents@gmail.com

Schedules: Sandi
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Annie N.
dist.24.literature@gmail.com

Archives: Claire
dist.24.archives@gmail.com

Alt Archives: Ron A.
dist.24.archives@gmail.com

Secretary: Julia K.
dist.24.secretary@gmail.com

Registrar: Claire C.
dist.24.registrar@gmail.com

Treasurer: Carol V.
dist.24.treasurer@gmail.com

Alt Treasurer: Meredy
dist.24.treasurer@gmail.com

Coffee Maker: Kim H.
dist.24.coffeemaker@gmail.com

CPC: Bob B.
dist.24.CPC@gmail.com

Public Information: Ed
dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.
dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo
dist.24.newsletter@gmail.com

Web Chair: Eric E.
dist.24.webchair@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southernncalspeakers.org
<http://xa-speakers.org>

Or Contact for assistance

dist.24.accessibilitychair@gmail.com

DISTRICT ADDRESS FOR GROUP DONATIONS:

District 24, PO BOX 439
Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM MAY 1st, 2013

Arnie	Donn	Steve L.	Claire W.	Jeff	Bob H.
Annie F.	Jeff L.	Chris F.	Dave K.	Robert S.	Dick R.
Ed C.	Dusty K.	Meredy	Stephanie S.	Jon B.	Anne M.
Vincent M.	J.T.	Anna L.	Tari B.	Barbara S.	Sandi
Peg S.	Tom	Julia	Jamie K.	Claire C.	

Open with the Serenity Prayer @ 7 p.m.
 Responsibility Declaration
 Reading of short form of Concept 4: Bob
 Introductions
 Birthdays:

REPORTS

Secretary – Julia K – *motion to approve meeting minutes - also, transferring from using my personal email account to using the district's gmail account. If you did not get two emails from me (one from my personal account and one from dist.24.secretary@gmail.com) please email me & I'll add you to the district list

Registrar – Claire C. – If you're new to our district meeting please see Claire

Treasurer – Carol V. – *motion to approve Treasurer's report –see newsletter.

Alt. Treasurer – Meredy – nothing to report

Coffee Maker – Kim H. – MIA

Public Information– Bob B. – OPEN

CPC– Ed – will be attending workshop in Olympia. Ed has made contact with people who are very receptive to AA. Contacted a nurse at Community Health Center, MLT police, and another organization that were open to receiving literature & information. 8/6 MLT night out against crime: more information as that gets closer.

Treatment and Bridging the Gap – Jeff H. – Went to the quarterly last month & got some good info. Got some bridges where people were able to get new guys out of treatment to meetings.

Newsletter – Cathy Jo – Report in the newsletter

Web – Eric E. – MIA

Archives – Claire G. – Claire needed to work tonight so could not attend. She and Rob will not be able to make it to the quarterly in Longview this weekend. If anyone would like to do that the information is in the newsletter.

Alt Archives– Ron A– MIA

Grapevine/Literature – Ann N. – MIA

Schedules – Sandi – went to the stapling party. Not a whole lot of people from our district, but there were a lot of people. The new schedules are on the table. We're short 80 schedules, but we'll get them from the printer.

Sno-King Intergroup – Roger – Thanks you to all the groups for donating. They'll be discussing the prudent reserve at the next business meeting to see if they'll be keeping prices on literature where it is.

GSIG Zone Rep– Vincent – after much deliberation the budget was settled. They haven't figured out how to achieve that yet, but more to come. They'll be revamping their bookkeeping. Looking for volunteers to come in and help in the office. 5/18 spring assembly at current location. They are looking at a new location to reduce costs.

Corrections – Stephanie S. – Next quarterly in June in Everett. Correction Chair is going to do a Big Book drive at the assembly – home groups to bring softcover big books.

Accessibility – Annie F. – went to quarterly where there was a good talk about dual diagnosis. Would like CPC to bring accessibility pamphlets to contacts. Haven't received requests for accessibility from website.

Alternate DCM – Tom – nothing to report.

DCM– Peg S. – Report is in the newsletter. June 1st is the delegate report at the Calvary Church in Lake Stevens. It's a great way to learn about what happened in New York. There's a flyer for this on the back of the newsletter.

District Finance Committee – Still working on it.

Gratitude Banquet Committee – Carol to share the final shakedown on finances at the next business meeting.

Picnic Committee – OPEN/ Claire has a report – there is a flyer on the back of the newsletter. What should we do about root beer floats? Last year we only charged \$1, but in the past we've done two sizes. In the flyer it says \$1.50 for small & \$2.50 for large. Anna and Vincent stepped up for the committee – Thank you! Anna would like to have only one size root beer float and then people can buy two of them if they want more.

Quarterly Host Committee – Kim, Annie, Bob, Claire – Nothing to report.

OLD BUSINESS:

FROM LAST MONTH'S MINUTES: *Steve L – the P.I. (Public Information) for the Evergreen State Fair is looking for donations. We'll look into what exactly we've done in the past & how much we can afford to help with & bring it back to the meeting next month.*

- Steve L: The Evergreen State Fair is a great way to spread the message. The hard cost is about \$2000 to run the booth. Last year we donated \$150 and schedules. **Voted on doing the same this year – PASSED.**

NEW BUSINESS:

- Great Fact is looking for where childcare meetings can be found – it was suggested that he get into touch with Cathy Jo. It's possible that she has a list.

Closed with the Unity Declaration:

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

Please help clean up by picking up your garbage. Please check with Kim H. if you can help put the room back in order.

NEXT MEETING: July 3rd, 7 P.M.

COMMITTEE CHAIR REPORTS FROM MAY 2013**DCM REPORT – PEG S.**

Hello D24!

First of all, I want to thank Anna and Vincent for stepping in and taking on the job of Picnic co-chairs!!!! Way to go guys!!! Can't wait! I know it will be great!

Astri gave her delegates report on 6/1 and it was really great. I realized listening to her report why I love service. Her love for AA was so apparent. If you missed it and would like to attend another report, they are listed in the back of the Area Newsletter. Pretty important stuff for those in service. Thanks to all that attended, we had a pretty good turn out for it being such a beautiful day.

I have been asked by the Alateen groups if I could ask our GSRs whether or not there is any space available in the buildings where their home groups meet at the same time as the AA meeting. They would like to hold Alanon and Alateen meetings at the same time as the AA meetings. Please let me know so I can pass that information along to those groups.

Thanks for letting me be of service...

In Grace, Peg DCM 24

TREASURER REPORT – CAROL V.

Please see page 4 for treasurer's full report

NEWSLETTER REPORT – CATHY JO

A big THANK YOU to Robert Smiley for updating our district's childcare meeting list. I have placed that list on the back cover of this month's newsletter. If anyone knows of changes to any of these meetings, or any other childcare meetings that are missing from this list please email dist.24.newsletter@gmail.com so that I can include them next month. I am still not getting very many reports from committee members to share with the district ☺ On the bright side I had some room to share something I love with you all that I have seen old timers pass around the room for years.....IF GOD HAD SPOKE TO AA.....

**If God Had Spoke To AA,
He Might Have Said....**

"I have selected a group of men and women to be the perveyers of My Goodness. In selecting them through whom to bring about this phenomenon I have come not to the proud, the mighty, the famous or the brilliant. I have come to the humble, the sick, the unfortunate --- to the drunkard, the so called weakling of the world. Into your weak & feeble hands I have entrusted a power beyond your estimate, to you has been given that which has been denied the most learned of your fellows, not to scientist or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you. It must be used unselfishly. It carries with it great responsibility. No day can be too long, no demands upon your time can be too urgent, no case too pitiable, no task too hard, no effort too great. It must be used with tolerance, for I have restricted its application to no race, no creed and no denomination. Personal criticism & lack of appreciation will be common. Ridicule will be your lot. Your motives will be misjudged. Success will not always attend your efforts in your work with other alcoholics. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rung toward spiritual perfection. I shall not exact of you beyond your capabilities. You are not selected because of exceptional talents, and be careful always, if success attends your efforts, not to ascribe to personal superiority, that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, the power would have been entrusted to the physician & the scientist. If I had wanted eloquent men there would have been many anxious for the assignment, for talk is the easiest used of all talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better qualified than you who would have been available. You were selected because you have been available. You have been selected because you have been the outcast of the world, and your long experience as a drunkard has made you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere. Keep ever in mind the admission you made on the day of your profession that you were powerless and that it was only with your willingness to turn your life and will into my keeping, that freedom came to you...

**UPCOMING AREA
QUARTERLIES****GV & Literature Quarterly**

June 8, 2013
Greater Seattle Intergroup
5507 6th Avenue South
Seattle, WA 98108

9 AM – 3 PM

Main dish provided – Bring side dish

Corrections Committee Quarterly

June 15, 2013
1401 Poplar St
Everett, WA 98201

9 AM – 3 PM

*Lunch provided –
Bring snacks/muffins/desserts*

Treatment Committee Quarterly

July 20, 2013
1025 Tacoma Ave
Port Orchard, WA 98366

8:00 AM BUSINESS
11:30 AM LUNCH

Web Committee Quarterly

July 27, 2013
Central Service Office –
Pierce County AA
3640 South Cedar St, Suite 'S'
Tacoma, WA 98409

9:00 AM -10:00 AM FELLOWSHIP
10:00 AM - 3:00 PM BUSINESS
Potluck Lunch and Dessert

District 24		Checking Account		May	Statement 4-17-2013 to 5-16-2013	
Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Check book bal.
Account			Beginning Balance			2886.86
Deposit		Group Donation				
25-Apr	1057	Lynnwood Study Group	Group donation		10.00	
25-Apr	147	The MLTerrace Study Group	Group donation		135.00	
25-Apr	236	This Nameless Group			25.00	
25-Apr	1026	Our Primary Purpose North			17.31	
25-Apr	1038	Women in Recovery			27.00	
Checks						
23-Apr	2812	Julia K	Secretary copies	4.71		
2-May	2794	Jeff H	Void ck 2813 wrong name	53.46		
3-May	2791	PUD	District 24 Rental	30.00		
8-May	Debit	Service fees	to view checks	3.00		
10-May	2790	District 55	July Quarterly	55.00		
16-May	2793	Ed C	CPC	52.30		
		Auto transfer to savings		150.00		
Bank Statement			Ending Balance	348.47	214.31	2752.70
After the Statement Date						
Outstanding Checks						
1-May	2792	Julia K	Secretary copies	4.71		
5-Jun	2795	PUD	District 24 Rental	30.00		
3-Jun	2819	AA PI Booth	Evergreen Fair	150.00		
Deposits						
4-Jun	1026	Freedom Group	Group Donation		45.00	
4-Jun	5001	The Unity Group	Group Donation		35.99	
4-Jun	5006	The Unity Group	Group Donation		71.77	
4-Jun	1031	Our Primary Purpose N	Group Donation		10.00	
4-Jun	Money Order	Way of Like	Group Donation		30.00	
4-Jun	714	AMAA	Group Donation		105.52	
3-Jun		Auto transfer from savings			300.00	
			Total	184.71	598.28	
Cash on Hand						3166.27
Reserve		2014 Gratitude Dinner expenses		1500.00		
Reserve		2013 Picnic expense		250.00		
Reserve		2013 50% schedules expense		250.00		
End of May			Working balance			1,166.27

NEW MEETINGS & MEETING CHANGES

A FULL LIST OF MEETINGS CAN BE FOUND AT:

[HTTP://DISTRICT24.ORG/SCHED/D-24%20SCHEDULE.HTML](http://DISTRICT24.ORG/SCHED/D-24%20SCHEDULE.HTML)

NEW MEETING!

"Plain



And Simple"

7pm Wed Nights (1 hour)

Sno King Intergroup Office
22617 76th Ave W 98026, Ste 203
(Across from 76 station)

NEW WOMEN'S MEETING!



Thank You For Sharing

Saturdays at 9:30AM

Point of Grace Church
Harbour Point Blvd, Mukilteo

NEW MEETING

Mid Morning Solutions

Tuesdays & Thursdays

10 AM

4001 198th St. SW
(Lynnwood Alano)

Women in Recovery

Saturday 10 A.M.

ASL at Each Meeting

North Creek Presbyterian Church
621 164th ST SE, Mill Creek

NEW MEN'S MEETING

Da Men's Meeting

Fridays 6:45pm - 7:45pm
Closed -Men Only

Lynnwood Alano Club

NEW MEETING

The Nameless Group

Thursdays at 10AM

Point of Grace Church,
Harbour Point Blvd.
Mukilteo

W.O.T.S.

Women on Thursday Study

12x12 Steps and Traditions

NEW TIME

NOW @ 7 P.M.

St. Timothy's Lutheran Church
5124 164th St SW, Edmonds
Closed Women's Meeting – No pets or children

MEETING MOVED

CELEBRATE LIFE

Wednesdays @ 10am

Women's Meeting

Edmonds United Methodist Church
828 Casper Street Edmonds 98020
Asbury Hall, Room 12

MEETING UPDATE

PATIENCE

Has discontinued childcare

But we still have PIZZA! 😊



Thursdays 7PM - 8:30 PM

Terrace View Presbyterian Church
4700 228th ST SW, MLT 9804

Aurora / Fremont Fellowship presents:

**Saturday, July 20th 2013****Bethany Community Church
8023 Green Lake Drive N**

(10 blocks south of the hall and 1 block east of Aurora)

11AM - 3PM**NOT just for Oldtimers -
All are welcome to attend!****This is a potluck event
ASL interpreting will be provided**

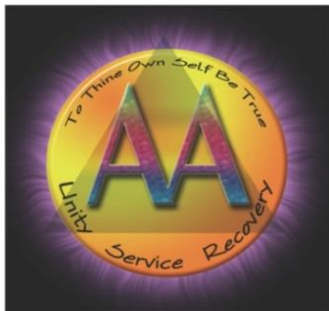
SISTERS IN RECOVERY

WOMEN'S GROUP OF ALCOHOLICS ANONYMOUS

Good Shepherd Church

6915 196th St. SW
Lynnwood, WASaturday's at 10:00am
Childcare AvailableBirthdays Celebrated the last
Saturday of the month

Speakers last Saturday of odd months



2013 Sisters in Recovery Speakers Meetings

January 26th
March 30th
May 25th
July 27th
September 28th
November 30th

12th Step Workshop

Presented by Sno-King Intergroup

*The how and why of
12th step calls***Saturday July 20th
11am - 3pm**

at

**Mt. Zion Lutheran Church
21428 44th Ave. W
Mountlake Terrace, WA. 98043**The purpose of this training is to give AA members information
that will enable them to do 12th Step calls (a pair of sober
alcoholics carrying the message to the alcoholic who still suffers)Eastside Intergroup, Greater Seattle Intergroup, and
Sno-King Intergroup are working together to bring you
these workshops.*Experienced speaker panel with questions and answers.**Snacks, coffee & fellowship***Bring your Big Book**

9th ANNUAL GROUSE CREEK CAMPOUT!

JOIN US FOR 5 DAYS & 4 NIGHTS OF MOUNTAIN FUN!

(WITHOUT DRIVING ALL DAY TO GET THERE!)

- | | |
|----------------------------------|----------------------------|
| ✳️ HIKING & EXPLORING | ✳️ CANOEING |
| ✳️ MOUNTAIN BIKING | ✳️ POKER GAMES |
| ✳️ FISHING | ✳️ CAMPFIRE STORIES |
| ✳️ BIRD WATCHING | ✳️ KICKING BACK |

THE ENTIRE CAMPGROUND WILL BE OURS!***June 19th - 23rd 2013******Stay as long or as short as you can during this time.*This beautiful group campsite is located 7 miles from Lake Wenatchee on
the Chiwawa River Road in the Wenatchee National Forest. The campsite
can accommodate up to 60 people and is located behind a gate and out of
sight of the road providing for substantial privacy. 3 picnic tables, CXT
vault toilet, 3 fire pits -NOTE: THIS IS "DRY CAMPING"Nearby the Cove Resort on Fish Lake offers: Boat Rentals (canoes, 12' w/ motors, & pontoons) -
Boat Launch/Moorage - Dock Fishing (license required see www.WDFW.wa.gov for details)**BRING YOUR:**

- ✳️ TENTS, CAMPERS, & TRAILER
- ✳️ SLEEPING BAG, FISHING GEAR
- ✳️ BIG BOOK, 12 & 12
- ✳️ STOVE/COOKING EQUIPMENT
- ✳️ FOOD **AND DRINKING WATER**
- ✳️ DOGS, KIDS & SPONSEES!

LEAVE BEHIND YOUR:

- ✳️ RESENTMENTS
- ✳️ ALCOHOL/DRUGS
- ✳️ TODO LISTS
- ✳️ FEARS
- ✳️ HAIR DRYERS

For more information call: Eric K. (206) 650-6869 erickiehn@hotmail.com or
Jene Z. (Lifeline Meeting) 425-273-3680 jshairjane@aol.com**DONATIONS GLADLY ACCEPTED!**

← Directions on reverse side →



FOOD!!

D-24 Annual Picnic

Saturday, July 27, 2013
12 noon-5 pm

Please Bring: Your favorite Side Dish or Dessert

Barbecue: Hamburgers! Hot Dogs! Buns! Condiments!
Coffee! Pop! Plates! Utensils! Cups!
Provided by D-24 from 12-4 p.m. or until food is gone.

Games: *Bingo:* 1-4 p.m.: 50 cents/game
Kids Games: 1-4 p.m. or until done
Softball: 11:30-2:30, City Ball Park Field

Root Beer Floats: Will be available for sale: \$1.50/small; \$2.50/large

Raffle: 4-5 p.m. Home Groups bring gifts/donations
2 Raffles: 1 for prizes and 1 for 50/50
\$1/ticket, or \$5 for 6 tickets

Address: Edmonds City Park,
Shelters #1 and #2
600 3rd Ave. S., Edmonds

FUN!!!

*Sponsored by District 24 as a Thank-You to All AA Members, Home Groups and Friends and Family.
Go to <http://www.district24.org/> for more information*

FELLOWSHIP!!

Driving directions: From I-5 N. or S., SR104 Exit west towards Edmonds/Kingston Ferry Dock, SR 104 to 5th Ave. S.,
Left on Pine St, Right on 3rd Ave. S., park is on the left. Ample parking inside the park as well as street-side.



CHILDCARE MEETINGS



<u>TIME</u>	<u>CODES</u>	<u>NAME</u>	<u>ADDRESS</u>	<u>NOTES</u>
<i>SUNDAYS</i>				
10:00 AM	O, H, CC	Coffee Cup Group	21600 76 th Ave W, Edmonds	Swedish Hospital, 4 th Floor
4:00 PM	O, H, CC	Living In Sobriety	6512 12 th SW, Seattle	St Pauls
7:00 PM	O, H, CC	We Are Not Saints	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
<i>MONDAYS</i>				
5:30 PM	O, H, CC	Autumn's Promise	1050 State Ave, Marysville	Damascus Road Church
7:30 PM	O, A, AL, CC	Love & Service	9506 7 th Ave, Everett	Free Methodist Church
<i>TUESDAYS</i>				
10:00 AM	C, CC	Tuesday Ladies Study	175 th NE & 8 th , Shoreline	Bethel Lutheran Church
10:00 AM	O, CC	A New Morning	100 th & 67 th Ave, Marysville	Kellogg Marsh Garage
6:00 PM	C, H, CC	Great Facts As Bill See's It	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
<i>WEDNESDAYS</i>				
7:00 PM	O, CC	New Life Group	1906 Grand, Everett	
7:00 PM	O, H, WO, CC	Silver Lake Daily Reflections	4306 132 nd St SE, Mill Creek	Advent Lutheran, PreSchool Bldg
7:00 PM	O, H, CC	Our Primary Purpose Group	16727 Alderwood Pkwy, Lynnwood	Unity Church
<i>THURSDAYS</i>				
10:00 AM	C, CC	Marysville Thursday AM	4 th & Columbia, Marysville	Unitarian Church
6:00 PM	O, CC	Great Facts 12x12 Study	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
7:00 PM	O, H, CC	Graceland	2609 Larch Way, Lynnwood	Church of the Good Shepard
7:30 PM	O, H, CC	Living Sober Study Group	1030 E Casino, Everett	Cascade View Pres. Church
<i>FRIDAYS</i>				
10:00 AM	O, CC	Friday Morning Spkr/Disc Mtg	175 th NE & 8 th , Shoreline	Bethel Lutheran Church
6:30 PM	WO, OH, CC	Working With Others	910 N 180 th St, Shoreline	(off Aurora)
7:00 PM	O, H, CC	Silver Lake Friday Night Spkr	4306 132 nd St SE, Mill Creek	Advent Lutheran, PreSchool Bldg
<i>SATURDAYS</i>				
10:00 AM	O, H, CC	Sisters In Recovery	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
10:30 AM	WO, WE, CC	Saturday Ladies Study	18842 Meridian Ave N, Shore.	St David's
5:00 PM	O, CC	Great Facts Big Book Study	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church