



District 24 November Newsletter



Serving Lynnwood, Edmonds, and Mountlake Terrace Vicinity
District 24 is part of Western Washington (Area 72)

Wednesday, November 4, 2009

Check out District 24 on the web at: www.district24.org

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District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m.

Location:

Edmonds Christian Church
230th and 84th W.
Edmonds, WA

All are welcome!!

WAY OF LIFE MEETING MOVED

New Address:
Northlake Christian Church
19029 North Road

PHOENIX CLUB

New Address:
920A N. 160th St.
Shoreline, WA

2010 - INTERNATIONAL

Convention of Alcoholics Anonymous
www.aa.org/en_intconv2010.cfm

SNO-KING INTERGROUP EVENTS

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 6th Ave W. in Edmonds, very near the intersection with Highway 99, south of 224th St. SW.

DISTRICT COMMITTEE

Positions & Contacts

DCM: Stephanie S.
dcm24@area72aa.org

Alt DCM: Ann N.
dist.24.altdcm@gmail.com

Accessibility: Jane
dist.24.accessibilitychair@gmail.com

Corrections: Judy S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Marshall E.
marshall.emmons@gmail.com

Sno-King Intergroup Rep: Doug N

Schedules: Loretta
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Jack

dist.24.literature@gmail.com

Archives: Jeff

dist.24.archives@gmail.com

Secretary: Leslie

dist.24.secretary@gmail.com

Registrar: Cheryl

dist.24.registrar@gmail.com

Treasurer: Marty

dist.24.treasurer@gmail.com

Coffee Maker: Rian

dist.24.coffeemaker@gmail.com

CPC: Position is Open

Public Information: Position is Open

dist.24.PI@gmail.com

Treatment: Boomer

dist.24.treatmentchair@gmail.com

Newsletter: Greg D.

dist.24.newletter@gmail.com

Web Chair: Greg D.

dist.24.webchair@gmail.com

Bridging the Gap: Boomer

dist.24.bridgingthegap@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southernalspeakers.org
<http://xa-speakers.org>

DISTRICT 24 PO BOX FOR FUTURE GROUP DONATIONS:

District 24
P.O. Box 439
Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM OCTOBER 2009

In Attendance		
Stephanie S- AMAA	Jane E- ODAAT	Shannon P- Freedom
Mike F- Continental Brkfst	Kellee E- Patience	Pam L- Wed MLT
Jason H- LBB	Ron B- On Awakening Grp	Micky- Celebrate Life
Donn N- Alderwood	Shawn F- SCMG	Doug N- C2C
Jeff H- AMAA	Judy S- TUG	Adam- Graceland
Jack R- WANS	Sarah M- WTP	Dick R- LSG
Cody B- WANS	VW John- Coffee Cup	Laura M- SIR
Boomer- Edm Grp	Tabitha C- Gunny Sack Hill	Angel K- EdLynn Flwshp
Greg D-TUG	Ann N- Patience	Greg S- Quitters

Alt DCM: Attended Area 72 Assembly. Had a great experience. Over 700 people at the event.

DCM: Thank GSR's for attending Area 72 Assembly

Old business: Literature rack for treatment center? Discussion by district 24 on the matter. GSR's take back to home groups and report next month.

Meeting called to order at 7:05pm

Webmaster: Submit all reports to district web chair

Serenity Prayer and Responsibility Declaration

Archives: Filled a box, needs to go through it

Introductions

October B-days- Shannon 17 years

Grapevine/Literature: Grapevine is looking for people to write articles please see WWW.AAgrapevine.org. New book "A rabbit walks into a bar".

REPORTS

New business: District 19 asking for \$630.00 bus signs. Judy motion to pay \$630.00 for bus signs, Marty seconds motion, vote, motion approved. Seattle intergroup schedules purchased by District 24 for sale to home groups, Ron seconds motion, vote, motion approved.

Motion to adjourn, 2nd, all in favor.
Meeting adjourned

Secretary: Minutes read and approved

Schedules: Not in attendance

Closed with Unity Declaration.

Registrar: Not in attendance

Sno-king Intergroup: Still need more volunteers

Treasurer: Report reviewed and approved
Coffee Maker: Rian resigned and Ron (alt gsr on awakening) volunteered for position.

GSIG Zone Rep: Too late for AA group schedule changes, intergroup will now stock b-day coins for groups to purchase.

PI/CPC: Not in attendance

Corrections: Stephanie filled in for Judy at the quarterly. Still need more volunteers. Bridge the gap not being fulfilled in the corrections dept.

Treatment/Bridging the Gap: Boomer is asking for help with bridging the gap portion of his position.

Accessibility: Requesting changes to newsletter to have "Volunteers Needed" for taking meetings into homes for those who cannot get out to a meeting. Jane will make a flyer for this volunteer work.

Newsletter: Submit all reports to district web chair

BUSINESS MEETING REPORTS FOR OCTOBER 2009**Treatment/Bridging the Gap report**

Hello D-24-this past month I have done 5 BTG's and done 2 presentations at Alpine Recovery to a morning group and an evening group. I usually have 1-2 newer people share and 1-2 old timers. The treatment center is very open and excited with the sharing and the BTG presentations. Also they are anxious to get a literature rack for their clients. I also picked up some AA literature in regards to the discussion of whether AA should have literature in a treatment center or not. In a nutshell.... we DO supply literature because we cooperate with facilities that are avenues for alcoholics to learn about AA and our primary purpose. There are a lot of suffering alkys in a treatment center. I also attended the Treatment Area Quarterly in Bellingham on Oct. 10th. I was told that it is the responsibility of CPC/PI to bring literature, presentations, into treatment, hospitals, institutions, etc. Also, I(the treatment rep.) can also provide literature. I'm still not clear if the treatment pays for it or AA? I will work on that. There was a discussion about maybe some day to have ALL area assemblies in one large quarterly. There was a presentation on how to have a structured AA meeting inside jails, treatment, etc. that was very helpful and I have a guideline for that which can help me or a future Treatment rep. set that up. I didn't connect very well at the meeting for some reason, still pretty confused I guess? So...that's about it for now. THANKS Double A

THANKS
Boomer

Alt DCM Report

Not much to report for the month of October. Continue to check out other meetings to see if they are represented by a GSR and make sure they have a voice at the District 24 business meeting. Went to Coffee Cup a week ago and was happy to see Arne from SnoKing intergroup who had a stroke a couple of months ago. Went to the Mt Baker round up in Bellingham on Halloween weekend and had great food and speakers. I got registered for the international AA conference in San Antonio Texas and also booked my room. I am pretty excited about going next July.

Submitted By:

Annie N, Alt DCM 24

Website Report

I've updated the website per a few requests. I've received the a new schedule for both sno-king counties. Thanks Loretta and Stephanie.

Need your help finding events to add to the website.

Greg D., webchair

dist.24.webchair@gmail.com

Newsletter Report

Getting smoother and faster. Thanks for everyone participation.

Greg D., Newsletter Chair

dist.24.newsletter@gmail.com

D-24 Corrections Report

We welcomed a new volunteer, Teresa, to the list in October, and have expanded the Saturday Big Book study to an hour and a half, now starting at 8:30AM. Dave W and Brendan D are doing a fantastic job of running that workshop.

We thank Coffee Cup for the donation of \$21 for literature, and Loretta's group contributed some Big Books and other literature. We had some confusion with the coffee fund at MSU so used some of the money to help out with cans of coffee. I know it's possible to have an AA meeting without coffee, but I don't think the guys at MSU know it. Thanks again.

We've been asked to contribute Big Books to the Work Release meetings at the Everett Jail, and we could use a few more at MSU, so I'll be using some of my budget in those areas this month.

Thanks for the opportunity to serve in such a rewarding area of AA.

Judy S., C orrections Chair,

425-267-9492

stiljudy@gmail.com

Accessibility Chair Report*Homebound or Shut - In.*

District 24 will bring a meeting to a Member of Alcoholics Anonymous who can't make it to a regular scheduled meeting. Volunteer AA members bring meetings to Homebound or Shut in members, temporary or permanent, Day or Night, any day of the week. Contact your GSR for details. Call Jane E. your District Accessibility Chair at 206-856-5683.

Next quarterly is 10/18 in Sedro Woolley.

Jane E., Accessibility Chair

Schedules Report

Sunday October 11, we had another successful stapling party in Everett. We had a great turn out. Thanks to everyone that helped out. I will have new schedules at our meeting!

Submitted By:

Loretta M., Schedules Chair

Treasures Report

As requested by the district GSRs, I waited until I had a copy of the order with Sound Transit before I sent a check for our contribution to the bus sign project.

Our current working balance of \$799.31 is 3 times our monthly expense, which is the recommended "Prudent Reserve".

Thank you for including your group name on your checks and money orders so that I can properly give credit for your contribution.

Marty Collins

District 24 Treasurer



A Vision For You

75 Years of Alcoholics Anonymous

JULY 1 – 4, 2010 • SAN ANTONIO, TX USA

Coordinated by A.A. World Services, Inc.

SAN ANTONIO – IT'S BEYOND CONVENTIONAL!

San Antonio is a city rich with history and wonder. A land of epic battles and flowing rivers, it is a melting pot of diverse cultures. Walk the lines drawn for independence when you visit the Alamo—one of five Spanish colonial missions. Stroll the cobblestone sidewalks of the River Walk to uncover an outdoor theatre with flamenco dancers and mariachis, nationally acclaimed museums, and sidewalk cafes that offer everything from authentic Tex-Mex to international cuisines.

MEETINGS, MEETINGS, MEETINGS

Beginning Thursday at midnight through early Sunday, Marathon A.A. meetings will be held in English, Spanish and French. A.A. topic meetings, workshops, panels, special interest meetings, and regional meetings will be held Friday and Saturday at the Henry B. Gonzalez Convention Center and the Grand Hyatt San Antonio. Sharing with members from around the world will energize you to carry the A.A. message back home!

Convention Dates: July 1 – 4, 2010 | Pre-Registration Deadline: May 14, 2010 | Registration Opens: September 1, 2009

Register at: <https://www.one-stop-registration.com/2010ic-registration/OSR.Index>

TREASURER'S REPORT

Balance

Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Check book
						October
9/17/2009	Account	Balances				1,210.22
	Deposit					
9/19/2009		--Abbey			15.00	
		--Women In Recovery			90.00	
		--Unknown (Rice in Millcreek)			30.00	
9/28/2009		--The Unity Group (TUG)			114.84	
	Debit Card					
10/5/2009		Fred Meyer -- candy	for A72 Ass'ly	23.73		
	Checks					
9/21/2009	2567	Judy Stilson	Corrections	6.00		
10/15/2009	2570	Edmonds Christian Ch.	rent Aug	30.00		
10/16/2009	2568	GSBS Printing -2nd half	Schedules	198.55		
10/19/2009	Svc Chg	Wells Fargo		5.00		
10/19/2009	Totals / Balance			263.28	249.84	1,196.78
Sept/Oct - Outstanding Checks						
9/2/2009	2571	Dist 19	bus signs	630.00		
	2569	Stephanie S	printing reimburse	204.00		
		Total		834.00		
	Deposit	Group Donation	After the Statement Date			
26-Oct		--Mountlake Terr. Sunday Night			250.00	
		--Celebrate Life			60.00	
		--Way Of Life			30.00	
		--Graceland			9.33	
		--Midway			44.00	
31-Oct		--Lynnwood Open			13.20	
		--Happy Destiny			30.00	
		Total			436.53	
End of October				Working balance	799.31	

All Events Can be Found at www.district24.org

Saturday morning Omelet Breakfast & Meeting!

In the
Lynnwood
Alano Club
back parking
lot

4001 198th St SW
Lynnwood, WA 98036

This breakfast,
like our meetings,
runs on
donations.

Unlike our
meetings, the
better the
donations, the
better next weeks
breakfast will be!



*Start your Saturday with fresh
made Omelets and a Meeting!*

Serving Omelets at 9AM

Meeting at 10AM

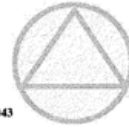
New Cook Ben!

Sno-King Intergroup

Hours: 11:00AM to 7:00PM
Seven days a week, 365 days a year

Sno-King Intergroup
22617 76th Ave Suite 203
Edmonds, WA
425-672-0987

P O Box 30
Mountlake Terrace, WA 98043



Be of service to Alcoholics Anonymous

Two ways to serve:

➤ **Phone Volunteer Work** (No minimum sober time)

Shifts available: *Weekdays: 2 hours, once a week (individuals)

*Weekends: 4 hours, once a month (groups)

Call Arnie at 206-399-7249 for current shift openings

➤ **Cell Phone Weekly Volunteers**

Call Kris at 425-743-7080 for cell phone service position details

Weekend shifts at the Sno-King Intergroup office and after hour's cell phone coverage are great ways to get your home group active in service!

Sno-King Intergroup's business meeting is the 2nd Tuesday each month at the Intergroup office.



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CHALLENGE



Do some early spring cleaning and gather up all old, unused Grapevine magazines, AA-approved literature, including old Big Books and 12 x 12's to donate. Bring these items to your Home Group for your GSR to bring to the next District Business Meeting. The Home Group that donates the most literature for that month will collect an AA-approved book-of-the-month.



Contact Jack R. with questions, 425.772.2993
robinj75@comcast.net

GRATITUDE IN ACTION: The District 41 Bus Sign Project

**Faced with a Drinking Problem?
Perhaps Alcoholics
Anonymous can help.
Call 206-587-2838**

Since 1992, District 41 has facilitated the continuing display like the one above, on Metro Buses that travel throughout King, Snohomish and Pierce counties.

District 41 pays \$2200.00 a year, \$550.00 each quarter, to have 124 11"x17" signs displayed in Metro buses. District 41 will continue to facilitate the Bus Sign Project as long as members of the AA fellowship continue to support this much needed service.

Thanks to the contributions from individuals, groups and districts, we have had over 16 successful years.

**PLEASE CONTRIBUTE WHAT
YOU CAN TODAY,
TO HELP CARRY THE MESSAGE**

More information please contact dc41@area72aa.org

Please make checks payable to **DISTRICT 41 BUS SIGN PROJECT** and mail to DISTRICT 41, PO BOX 99132, SEATTLE WA 98139

Please apply the enclosed contribution \$ _____ to the District 41 Bus Sign Project

(Optional information - Please print clearly if you would like a receipt)

Contributed by: _____
Address: _____

All Events Can be Found at www.district24.org

LIVE AT PINE LAKE A.A. SPEAKER MEETING

AT PINE LAKE COVENANT CHURCH 1715 228th. AVE. S.E. SAMMAMISH WA.

SEATING IS LIMITED TO 500 GROUP SERVICE NUMBER 687923-72-35 FEDERAL NONPROFIT ORG. NO. # EIN27-0151975

NO DUES OR FEES ARE REQUIRED

NON-RESERVED SEATING MAY BE AVAILABLE, DEPENDING ON DATE, WHERE THE 7th. TRADITION WILL BE OBSERVED. HOWEVER A \$3.50 ADVANCED DONATION WILL RESERVE A SEAT OR \$30.00 FOR 10 MEETINGS. SEND CHECK'S ONLY, with return address and A note indicating desired dates TO: LIVE AT PINE LAKE 22990 SE.14th. ST. --- SAMMAMISH, WA. 98075

SAT. JUL. 11 2009 7:00 PM. CLANCY, L. LOS ANGELES, CA.
 SAT. AUG. 8, 2009 7:00 PM. LYLE, P STOCKBRIDGE, GA. pp522 big b
 SAT. SEP. 12 2009 7:00 PM. MARI, G. TORRONT0, CANADA
 SAT. OCT. 10 2009 7:00 PM. SHERRY, R. FORT WORTH TX.
 SAT. NOV. 14 2009 7:00 PM. MARILYN, S. LOS ANGELES, CA
 DECEMBER 2009 NO MEETING, CHRISTMAS
 SAT. JAN. 9 2010 7:00 PM. KENNY, D. SEATTLE, WA.
 SAT. FEB. 13 2010 2:00 PM. easy 4th. STEP W/SCOTT---4:00 PM BBQ & CHILLI---7:00 PM. SCOTT, L. NASHVILLE, TN.
 SAT. MAR. 13 2010 7:00PM. CANDICE, M. LONG BEACH, CA.
 APRIL, 2010 NO MEETING, EASTER
 SAT. MAY, 8, 2010 7:00PM. KERRY, C WASHINGTON, NEW JERSEY
 SAT. JUN. 12, 2010 7:00PM. LINE, G. CARLSBAD, CA.
 SAT. JUL., 10, 2010 7:00PM. EARL, HIGHTOWER
 SAT. AUG. 13, 2010. 7:00PM STEVE, L BRENTWOOD, TN.

TUE EDMOND'S GROUP BBQ'S HAPPENING NOW!

July 28 2009

Potluck: 6:00 On the lawn above the beach!
 Meeting: 8:00 General Hoopla Coins Cake AND:
 Speakers: *Art & Margie* (Mill Creek, Wa)

August 25, 2009

Potluck: 6:00 On the lawn above the beach!
 Meeting: 8:00 General Hoopla Coins Cake AND:
 Speakers: *Donn* (N. Seattle) *Astri* (Seattle)

September 29, 2009

Potluck: 6:00 On the lawn above the beach!
 Meeting: 8:00 General Hoopla Coins Cake AND:
 Speakers: *Dave & Polly* (Bellingham, WA)

October 27, 2009

Potluck: 6:00 Inside with ocean view!
 Meeting: 8:00 General Hoopla Coins Cake AND:
 Speakers: *Nate* (Bellingham) *Melina* (Bellingham)

November 24, 2009

Potluck: 6:00 Inside with ocean view!
 Meeting: 8:00 General Hoopla, Coins, Cake, TBA speakers

Bring a dish to share, donations accepted

Rhythm And Motion

Clean and Sober Nightclub



140th and Aurora Ave N
 Seattle
 Dancing Every Friday and Saturday
9:30pm – 2:00am

Our DJ's play your
 favorite 70's, 80's, 90's,
 and Y2K hits

All-Ages \$5.00 members get in free before 10:00pm

All proceeds to benefit the
NORTH SEATTLE ALANO CLUB

"Providing nightly entertainment for those that
 support a Clean & Sober lifestyle"

All Events Can be Found at www.district24.org



www.everettconference.org

32nd Everett Annual Conference 2009

November 27th - 28th - 29th
Thanksgiving Weekend

Scheduled AA Speakers:

Friday Night: 7:00 pm - 8:30 pm **Adele S** [Redondo beach CAL]

Saturday: 9:30 am - 11:00 am **Kenny D** [Seattle WA]

Saturday Evening: 7:00 pm - 8:15 pm **Jay S** [Redondo beach CAL]

Sunday Morning: 11:00am - 12:00 am **Theresa F** [Hollywood CAL]

Scheduled AIAnon Speaker:

Saturday 12:30pm - 2:00 pm **Gordy S** [Kent WA]

Panels and workshops will be available between speakers.

Holiday Inn

3105 Pine st Everett WA 98201

To Make Hotel Reservation Call
(425) 339 2000

Be sure to ask for
Everett Conference
Discount rates.

Great Raffle Prizes

Registration packets will be
available at 2:00pm on
Friday

EARLY BIRD MEETING AT 3:00 PM

For more information go to our
Website <www.everettconference.org>

Register before Oct 31st and get 5 free raffle tickets
Smoking hot prizes

Please Print, even Email Address

CONFERENCE REGISTRATION FORM,
One Form Per Person - Please cut and mail

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Home group _____

E mail address _____

Name on badge _____

AA ☐ AI-anon ☐ Other ☐

Will you need handicap assistance? Yes ☐ No ☐

Would you like to help? Yes ☐ No ☐

(Volunteers always needed) Call Mike D (425) 791 4094

Registration Prices

Registration \$30.00

Banquet Saturday \$25.00

Breakfast Sunday \$18.00


Friday Dance \$10.00

Sat Dance \$10.00

Donate to those less fortunate
Amount donated \$ _____

Total Enclosed \$ _____

Make Checks Payable to:
Everett Conference
P.O. Box 5003 Everett
WA 98026



Eleventh Annual

Friday, Saturday, & Sunday
May 14 - 16, 2010

"Recovery Through Action"

Vern Burton Convention Center
4th St. & Peabody St., Port Angeles, WA

AA and AI-Anon Speakers, Workshops, Meetings and More!

Please visit our website listed below for Speakers, Workshop topics, Schedule of events and updates!

LIMITED CAPACITY - FIRST COME FIRST SERVED

MEAL RESERVATIONS MUST BE IN BY MAY 1ST

Paid Registration Required For All Events
For Information Call (360) 417-5261 or Connect Online at www.olympicroundup.com
Registration Hours: Fri, 10:00am - 8:00pm Sat, 10:00am - 6:00pm
Please Feel Free To Copy This Form!

Make Checks payable to: Olympic Round-Up
P.O. Box 1081, Port Angeles, WA 98362-0284
Request for refund must be submitted by May 10, 2009

Limit: Two registrations per form

Please Print

Name: _____

Guest: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____

Name Badge: ☐ AA ☐ AI-Anon

Mass Badge: ☐ AA ☐ AI-Anon

Email: _____

Will you need handicap assistance? ☐ Yes ☐ No

Would you like to help? ☐ Yes ☐ No

☐ I would like to donate a registration to someone less fortunate, and I have added \$ 25.00 to my purchase total.
(Any donations gratefully accepted)

Please Check Preferences

☐ Registration
Number of Persons _____ X \$25.00 = Total \$ _____

☐ Saturday Banquet
☐ Beef ☐ Chicken ☐ Vegetarian
Number of Persons _____ X \$35.00 = Total \$ _____

☐ Sunday Breakfast
Number of Persons _____ X \$15.00 = Total \$ _____

Optional Donated
Registration (\$25.00) \$ _____

Total Payment
Included \$ _____

Total Package is \$75.00 Per Person
(\$100.00 with Optional Donated Registration)

2009 Yakima Valley Gratitude Banquet
Sponsored by District 11
November 20, 2009
featuring...

CLANCY I.

From Venice, CA with 51 years sobriety

Alanon Speaker
Lisa K.
of Camano Island, WA

ALL NATIONS CENTER
3020 Ashue Rd. Wapato, WA 98951

TICKETS \$10
Ticket sales start October 1st
www.district11aa-yakimavalley.org
for details

MENU

Salad

French Bread

Spaghetti with Meat Sauce

Desserts

Drinks Available

Schedule of Events

5:30 - Special Presentation

6:30 - Dinner

8:00 - Alanon Speaker

9:00 - A.A. Speaker


For More Information

Rich - 509-840-2879

Doug - 509-945-5598

SOLD OUT

SPECIAL PRESENTATION
5:30 pm



"Seconds & Inches"
by Clancy I.

All the funny little coincidences that had to take place for AA to get started.