



# DISTRICT 24 NEWSLETTER

## NOVEMBER 2014

*Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA*

Wednesday, November 5<sup>th</sup>, 2014

Check out District 24 on the web at: [www.district24.org](http://www.district24.org)

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### **DISTRICT COMMITTEE**

DCM: Peg S.  
[dcm24@area72aa.org](mailto:dcm24@area72aa.org)

Alt DCM: Tom  
[altdcm24@area72aa.org](mailto:altdcm24@area72aa.org)

Accessibility: Annie F.  
[dist.24.accessibilitychair@gmail.com](mailto:dist.24.accessibilitychair@gmail.com)

Corrections: Greg B.  
[dist.24.correctionschair@gmail.com](mailto:dist.24.correctionschair@gmail.com)

GSIG Zone Rep: Normand  
[normfournier74@hotmail.com](mailto:normfournier74@hotmail.com)

Schedules: Sandi B.  
[dist.24.schedule@gmail.com](mailto:dist.24.schedule@gmail.com)

Grapevine/Literature: Kevin  
[dist.24.literature@gmail.com](mailto:dist.24.literature@gmail.com)

Secretary: Anna  
[dist.24.secretary@gmail.com](mailto:dist.24.secretary@gmail.com)

### **CHAIRS & CONTACTS**

Treasurer: Carol V.  
[dist.24.treasurer@gmail.com](mailto:dist.24.treasurer@gmail.com)

Archives: Ron A  
[dist.24.archives@gmail.com](mailto:dist.24.archives@gmail.com)

CPC: Ed  
[dist.24.CPC@gmail.com](mailto:dist.24.CPC@gmail.com)

Public Information: Steve  
[dist.24.PI@gmail.com](mailto:dist.24.PI@gmail.com)

Treatment / Bridging the Gap: Jeff H.  
[dist.24.treatmentchair@gmail.com](mailto:dist.24.treatmentchair@gmail.com)

Newsletter: Cathy Jo  
[dist.24.newsletter@gmail.com](mailto:dist.24.newsletter@gmail.com)

Web Chair: Eric E.  
[dist.24.webchair@gmail.com](mailto:dist.24.webchair@gmail.com)

Registrar: Claire W.  
[dist.24.registrar@gmail.com](mailto:dist.24.registrar@gmail.com)

### **District Address** **For Group Donations**

District 24, PO BOX 439  
Lynnwood, WA 98046

### **District 24** **Business Meetings**

7pm, 1<sup>st</sup> Wed. of each month

21018 Hwy 99, Edmonds  
(PUD building)



### **Sno-King Intergroup** **Business Meetings**

7pm, 3<sup>rd</sup> Wed. of each month

22617 76<sup>th</sup> Ave W,  
Suite 203, Edmonds  
(STONE COURT BUILDING)



### **DECLARATION OF UNITY**

*"This we owe to A.A.'s future; to place  
our common welfare first; to keep our  
Fellowship united. For on A.A. unity  
depend our lives, and the lives of those  
to come."*

### **RESPONSIBILITY PLEDGE**

*"I am responsible. When anyone,  
anywhere, reaches out for help, I want  
the hand of A.A. always to be there. And  
for that, I am responsible."*

## BUSINESS MEETING MINUTES FROM OCTOBER, 2014 @ 7 P.M.

|          |           |           |           |        |          |          |
|----------|-----------|-----------|-----------|--------|----------|----------|
| Annie    | Claire C. | Susan     | Claire W. | Anna   | Annie N. | Sandi B. |
| Jeff H   | Jeff L    | Barbara S | Robert S  | John M | Tammy    | Norm     |
| Ron A    | Peggy W   | Dave K    | Kevin C   | Greg B | Joyce    | Katy     |
| Brenda D | Andrew H  | Cathy Jo  |           |        |          |          |

### Open with the Serenity Prayer Responsibility Declaration

**Reading of short form of Concept 10- Tari Introductions**

**Birthdays:** Cathy Jo (3), Robert (2), Peggy (17)

### Trusted Servant Reports

**Secretary – Anna –** *\*motion to approve meeting minutes. 2<sup>nd</sup> & passed.*

**Registrar – Claire C. –** Resigned from position effective immediately

**Treasurer – Carol V. –** *\*motion to approve Treasurer's report. 2<sup>nd</sup> & passed.*

**Alt. Treasurer – Meredy –** Position open.

**Public Information– Steve –** Not present

**CPC– Ed –** Not present.

**Treatment and Bridging the Gap – Jeff H. –** Presented a flyer to encourage people to sign up to get newcomers to meetings. GSR's to take to home groups.

**Newsletter – Cathy Jo –** Pulled a lot of information for events.

**Web – Eric E. –** Not present.

**Archives – Ron A.** Not a lot new. Excited for the Lynden assembly, stop by the archives booth.

**Alt Archives– Annie –** New to position

**Grapevine/Literature – Kevin –** He got the box from Doug. Wanted to better understand the "Literature" part of the job. Carol read the job description. Claire explained about a book. A new brochure about anonymity on the internet was brought up.

**Schedules – Sandi –** Stapling party is on October 18<sup>th</sup> from 1-4 at 1401 Poplar in Everett. Deadline for changes to it is 10/8. Schedules position will be open January 2015.

**Sno-King Intergroup – Roger –** Not Present.

**GSIG Zone Rep– Normand –** Reviewed budgeting, not all groups are contributing and asked district 24 to give more.

**Corrections – Greg –** Please see report in newsletter. There is a Big Book drive at the the Lynden Assembly. See correspondence form to volunteer to write to AA's inside.

**Accessibility – Annie F. –** Please see report in newsletter. Sent Eric the ASL calender. She is stepping down from her position.

**Alternate DCM– Tom L. –** Area 72 Assembly is in Lynden and he is looking forward to it. If anyone needs a ride or lodging see Tom

**DCM – Peg – Not present.** See report in newsletter.

### OLD BUSINESS:

Claire W. discussed the Area quarterly in January 2015. Wanted the district to cut a \$300 check for seed money. They cannot cook for the event because they can't get access to the kitchen until 4pm.

Question was asked; at year end is the excess monies distributed to GSO? That will be decided on year end with a vote. However, it is in the handbook that the excess monies will go to GSO.

### NEW BUSINESS:

- ❖ Claire W. will fill in for the registrar
- ❖ The finance committee report is on pg 4 of the newsletter
- ❖ Normand requested a donation from D24 for GSIG. It was suggested that the GSRs ask home groups to give. It was asked why we are supporting GSIG and not supporting our own intergroup

Closed with the **UNITY DECLARATION**

*"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."*

**NEXT BIZ MEETING  
December 3<sup>rd</sup>, 2014**

## **COMMITTEE CHAIR REPORTS JUNE 2014**

### **DCM REPORT – PEG S.**

Hello! What an amazing turnout for the assembly! Thanks to all who attended and gave up your weekend to help carry the message to the still suffering alcoholic. I understand that it seemed tedious at times, but it actually ran pretty smoothly in comparison to some assemblies I have attended in the past. Please let your families know how much we appreciate the way they share you with us.

Upcoming is the January 2015 quarterly, hosted by none other than District 24. Thank you Claire for all the preparation you have done. We will need VOLUNTEERS to help pull this thing off. We can use help in the kitchen, set up and tear down also folks to help at registration. I am so excited to be part of this event. Maybe some of you are interested in seeing what the Area is all about. This would be a great opportunity to check it out without being fully committed.

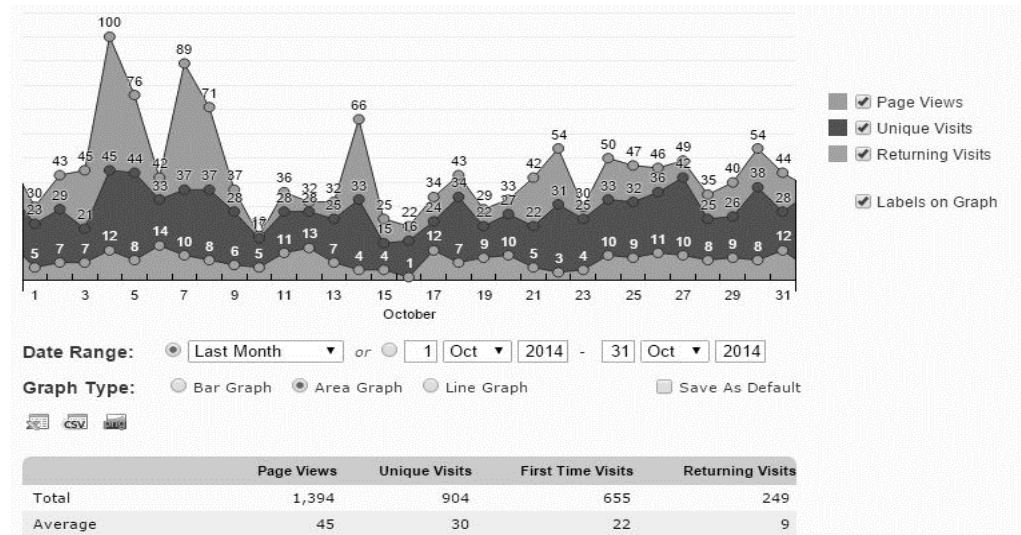
I am so blessed to have the opportunity to serve this wonderful district.  
In Grace...Peg

### **CORRECTIONS REPORT – Greg B.**

Not much to report at this time. I can say I have been in the mode of retrieving information on institutions and correctional facilities in our District. And will now begin the exciting part of contacting them and seeing what we can do. Thank you for letting me be of service.

Thanks, Greg Ballew

### **WEBCHAIR REPORT – ERIC E**



### **ARCHIVES REPORT – Ron A.**

I attended the Western Washington Area 72 (WWA72) Archives Quarterly last Saturday, Nov 1<sup>st</sup>, in Aberdeen, WA and hosted by District 21. The various district archivists reported on their current status, activities and events. Reports were given from the Area 72 Archives Consultants and Steering Committee members. One of the archivists from District 41 displayed an excellent example of their new "traveling display" complete with poster boards of pictures from different meeting places within the district, various photos, event flyers, brochures, and a "what is this item?" on the display board to generate interest from AA members within her local district. The new display was focused mostly on pictures, events, and items relative to her own district. Her report and new traveling display gave me some great new ideas on creating something similar to be used within our own District 24.

The WWA72 Archivist Dean T. along with Dave C. and Buzz from District 12 reported on their recent trip to the National AA Archives Workshop and a trip to Stepping Stones located in Katonah NY. Stepping Stones is the historic home of Bill and Lois W. who moved there in 1941. Lois W. established "The Stepping Stones Foundation" in order to leave the home and contents to AA and Al-Anon members. Dean, Dave, and Buzz also visited Wit's End which is a small private cinderblock studio that sits atop a knoll at Stepping Stones. Bill W. built this studio in 1949 with the help of a mason friend. Inside the studio is Bill's original desk, moved there from the original location in 1938 where Bill wrote the Big Book, Twelve Steps and Traditions, AA Comes of Age, and hundreds of Grapevine articles along with many professional and personal letters. See [www.steppingstones.org](http://www.steppingstones.org) for more details and some great pictures of Stepping Stones and Wit's End.

I recently printed the AA Timeline from the AA.ORG site and placed it into a laminated booklet. This will be a new document for our District 24 Archives. I'll share this at the district business meeting.

If anyone has old newsletters, meeting minutes, or AA artifacts relating to District 24 please get them to me and I will add them to our collection.

Thanks for allowing me to serve as your District 24 Archivist!  
Ron Anderson  
District 24 Archivist

## **TREASURER REPORT OCTOBER 2014**

| District 24                     |                 | Checking Account               |                               | Statement Sept 18-October 17, 2014 |                  |                 |
|---------------------------------|-----------------|--------------------------------|-------------------------------|------------------------------------|------------------|-----------------|
| Transaction Type/Number         |                 | Pay To / Received From         | Explanation                   | Paymt. Amt.(-)                     | Deposit Amt. (+) | Check book bal. |
| <b>Account</b>                  |                 | <b>Beginning Balance</b>       |                               |                                    |                  | <b>3815.07</b>  |
| <b>Deposit</b>                  |                 | <b>Group Donation</b>          |                               |                                    |                  |                 |
| 29-Sep                          | 768             | AMAA                           | Group Donation                |                                    | 140.00           |                 |
| 29-Sep                          | 2587            | South County Mens Grp          | Group Donation                |                                    | 40.00            |                 |
| <b>Debits</b>                   |                 |                                |                               |                                    |                  |                 |
| 25-Sep                          | 2876            | PUD                            | DIST 24 Rent                  | 30.00                              |                  |                 |
| 1-Oct                           |                 | Recurring transfer             |                               | 150.00                             |                  |                 |
| 6-Oct                           | 2914            | Sandi Browning                 | District 24 Schedules         | 150.00                             |                  |                 |
| 7-Oct                           | 2911            | Jeff H                         | Bridging the Gap              | 107.10                             |                  |                 |
| 7-Oct                           | 2915            | Edmonds Senior Center          | WWA 72 Quarterly              | 300.00                             |                  |                 |
| 9-Oct                           | 2912            | Cathy Jo                       | District 24 Newsletter        | 23.78                              |                  |                 |
| 14-Oct                          | Debit           | Chandra House                  | Area 72 Assembly - dinner     | 16.58                              |                  |                 |
| 14-Oct                          | Debit           | Shell                          | Area 72 Assembly - gas exp    | 40.18                              |                  |                 |
| 14-Oct                          | Debit           | Baymont Inn & Suite            | Area 72 Assembly lodging      | 197.26                             |                  |                 |
|                                 |                 | <b>Bank Statement</b>          | <b>Ending Balance</b>         | 1014.90                            | 180.00           | <b>2980.17</b>  |
| <b>After the Statement Date</b> |                 |                                |                               |                                    |                  |                 |
| <b>Outstanding Checks</b>       |                 |                                |                               |                                    |                  |                 |
|                                 | 2877            | Tom Laris                      | WWA 72 Quarterly Copies       | 45.44                              |                  |                 |
|                                 | 2878            | PUD                            | District 24 rent              | 30.00                              |                  |                 |
|                                 | Debit           | Peg S                          | in error                      | 42.40                              |                  |                 |
| <b>Deposits</b>                 |                 |                                |                               |                                    |                  |                 |
| 30-Oct                          |                 | Transfer from Savings          |                               |                                    | 150.00           |                 |
| 31-Oct                          | 3406            | District 12                    | WWA 72 Quarterly Registration |                                    | 70.00            |                 |
| 31-Oct                          | MO 17-115990401 | WOTS                           | Group Donation                |                                    | 30.00            |                 |
|                                 |                 | <b>Total</b>                   |                               | 117.84                             | 250.00           |                 |
|                                 |                 | <b>Cash on Hand</b>            |                               |                                    |                  | <b>3112.33</b>  |
|                                 | <b>Reserve</b>  | 2015 Gratitude Dinner expenses |                               | 1500.00                            |                  |                 |
|                                 | <b>Reserve</b>  | 2015 Picnic expense            |                               | 250.00                             |                  |                 |
|                                 | <b>Reserve</b>  | 2014 50% schedules expense     |                               | 325.00                             |                  |                 |
|                                 |                 | <b>Working balance</b>         |                               |                                    |                  | <b>1,037.33</b> |

# *The Edmonds Group*

## *Annual Christmas Party*

*Saturday, December 13<sup>th</sup>, 2014*

*6pm to 12     \$5 Donation*



- *Pic's with Santa*
- *Gifts for the Kids*
- *Kid's Craft Table*
- *50/50 Raffle*
- *Prize Raffle*
- *DJ Dance*

*Potluck:*

*A - L Desserts*

*M - R Appetizer*

*S - Z Side Dish*

*220 Railroad Ave, Edmonds WA*



**Everett Conference 2014**  
**November 29, 30 & December 1, 2014**  
**Everett Holiday Inn**  
**[www.everettconference.org](http://www.everettconference.org)**



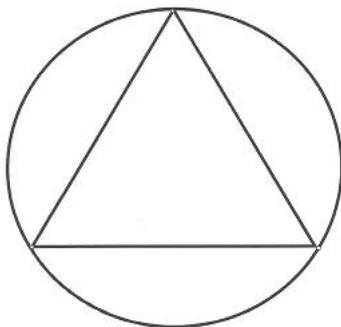
## The Alderwood Group

Has moved, join us at our new

location:

The North Creek Grange Hall  
19510 Bothell-Everett Hwy  
Bothell WA 98011

Thursday 7PM



### Annual District 19 – 2014 Gratitude Banquet Saturday, November 8, 2014, 12:30PM

Calvary chapel of Lake Stevens  
9428 4<sup>th</sup> Street S.E.  
Lake Stevens, WA 98258

Home Groups held on Monday, Wednesday, Friday or Sunday please bring fully cooked, sliced turkeys. Home Groups held on Tuesday, Thursday or Saturday please bring fully cooked, sliced hams. Please drop off by 12:00pm @ Chapel!

Coffee, tea and water will be provided by the district.  
Mashed potatoes, gravy & stuffing will also be provided by the district.  
However, potluck items are very much needed and appreciated, so please add to the feast by your sobriety date, as indicated below!

Jan-Apr: Side dishes  
May-July: Salads  
Aug-Sep: Rolls  
Oct-Dec: Desserts

Please contact Connie T @ 425-268-2397 or [connieterry@cbbain.com](mailto:connieterry@cbbain.com) with any questions or if you would like to be of service!

— NOVEMBER 15, 2014 —

5:30 PM - 9:30 PM



## District 35 Gratitude Dinner

Pine Lake Covenant Church 1715 228th Ave SE Sammamish, WA

### AA & Al-Anon Speakers

Glenn F (AA) & Sandy N (Al-Anon)

#### Turkey & Ham Provided by Groups

Please Bring According to your AA Birthday

January-June: Rice, Pasta, other starch  
July-August: Green Salad  
September-October: Vegetable side  
November: Bread  
December: Dessert

#### Doors Open at 5:30pm

5:30pm: Raffle Opens  
6pm: Gratitude Dinner  
7pm: 1st Speaker  
8pm: Announce Raffle Winners  
8:20pm: 2nd Speaker

## No Reservations

### SPEAKERS MEETING

1st Saturday of the month- 7:00pm - Open Meeting

| MONTH  | DATE    | AA SPEAKER                   | Al-Anon SPEAKER         |
|--|---------|------------------------------|-------------------------|
| SEPTEMBER<br><small>ICE CREAM &amp; PIE SOCIAL</small>               | 9/6/14  | DUANE N.<br>Covington, WA.   | TONY G.<br>Seattle, WA. |
| OCTOBER  | 10/4/14 | DOUG R.<br>Santa Monica, CA. | BEV N.<br>Renton, WA.   |
| NOVEMBER<br><small>WATCH FOR FLYER W/ INFO. GRATITUDE DINNER</small> | 11/1/14 | PETER T.<br>Vancouver BC     | STEVE T.<br>Auburn, WA. |
| DECEMBER   | 12/6/14 | JENNA W.<br>Bellingham, WA.  | MASSY A.<br>Renton, WA. |

SWINOMISH GYMNASIUM - 17311 RESERVATION ROAD - LA CONNER, WA.

AL-ANON WILL BE SPONSORING AN ALATEEN MEETING THAT  
WILL HAPPEN AFTER THE AL-ANON SPEAKER AT "NO RESERVATIONS" MEETING



[WWW.NORESERVATIONSSPEAKERMEETING.COM](http://WWW.NORESERVATIONSSPEAKERMEETING.COM) - OR - [NORESERVATIONSSPEAKERMEETING@GMAIL.COM](mailto:NORESERVATIONSSPEAKERMEETING@GMAIL.COM)

## **Area 72 Standing Committee Quarterlies**

### **Nov 1, 2014**

9:00 AM – 10 AM Coffee & Fellowship

10:00 AM – 3:00 PM Business

Snacks & Lunch provided, bring  
items if you wish

### **ARCHIVES Committee Quarterly - Fall 2014**

St Andrews Episcopal Church

400E 1<sup>st</sup> St, Aberdeen WA 98520

### **Nov 8, 2014**

9:00 AM - Fellowship

10:00 AM - Business

12:00 PM - Lunch

Beverages, fruit and pastries provided,  
bring dish to share

### **PI/CPC Committees Quarterly - Fall 2014**

Our Lady of Mt Virgin Parish Hall

2800 South Massachusetts St

Seattle, 98122

### **Dec 20, 2014**

9:00 AM - Fellowship

10:00 AM - Business

12:00 PM - Lunch

Lunch provided, 7th Tradition

### **Corrections Committee Quarterly - Fall 2014**

Greater Seattle Intergroup

5507 6th Ave S

Seattle, WA 98108

### **Jan 17, 2015**

9:00 AM - Fellowship

10:00 AM - Business

12:00 PM - Lunch

Pizza, salad and refreshments provided,  
bring a dish to share

7th Tradition observed

### **Accessibility Committee Quarterly – Winter 2015**

Greater Seattle Intergroup

5507 6th Ave S

Seattle, WA 98108

### **Jan 24, 2015**

9:00 AM - Fellowship

10:00 AM - Business

Lunch provided, please bring a dessert

7<sup>th</sup> Tradition observed

### **Web Committee Quarterly - Fall 2014**

1401 Poplar Ave, Everett, WA 98201

## **DISTRICT INVENTORY QUESTIONS**

1. What is the basic purpose of the District Committee?
2. What additional activities can we engage in, to carry the message?
3. Considering the number of alcoholics in our district, are we reaching enough people?
4. What has the District done lately to bring the AA message to the attention of professionals who can be helpful in reaching those who are in need of A.A.?
5. Do we try to illustrate a good cross section of A.A. in our message carrying?
6. Do new G.S.R.'s stick with us, or does our turnover and missed meetings seem excessive?
7. How effective are we in communicating with all our groups?
8. Do all AA's know about district meetings and have the opportunity to attend?
9. Has enough effort been made to explain to all, the value and purpose of a G.S.R.?
10. Do all G.S.R.'s have adequate opportunity to serve on committees?
11. Are district officers picked with care and consideration?
12. Do our groups carry their fair share of supporting the Area and the General Service Office (GSO)?
13. How well are our groups informed about what is happening in A.A. worldwide?
14. Are our District meetings informative and enthusiastic?

