

# 1st Annual Emotional Sobriety Workshop for Men 2010

## September 18th

Edmonds Christian  
Church  
23010 84th Ave W  
Edmonds WA  
98026

**\$15.00 Per Person**

8:am - 4:00 pm

✱ Seating is limited please register early ✱

***OK Guys! Lets put the John Wayne Handbook Down!***

Come and hear three great speakers that will share their Journey of Bedevilments & Recovery.  
And how they now practice a spiritual life on life's terms, and "Stay Sober"

### Saturday Sept 18th

Registration opens at 7:30 am

Food / coffee / water / sodas included

*Breakfast Starts*

*at 8:00 am - 9:00 am*

*Workshop starts at 9:00 am sharp*

*Lunch Starts*

*At 12:00 pm - 1:00pm*

*Speakers Resume at 1:15 pm*

★ **Don L - Bellingham WA**

★ **Kenny D - Seattle WA**

★ **Brendan D - Mt Vernon WA**

*Lets Cowboy the Hell Up and learn how to deal with our alcoholic behavior & emotions*

Would you like to be a part of this event!  
call or e-mail and sign up, for this and future workshops

E-Mail <emotionalsobriety2010@gmail.com>

Please cut and mail in the registration

### **Make checks payable to**

David White

### **Mail Registration To**

Workshop  
519 Pitner Drive  
Lynnwood WA 98087

Please do not mail cash ~ thank you.

*E-mail notification will be sent when your check is received (Returned checks will be subject to a charge)*

### **For more information contact**

Jamie K (425) 280 5893

Alan K (206) 683 4494

One registration per person please

Please Print	Workshop	Amount	\$
	Check #	Total	\$
Full Name			
House Number		Street Name	
City	State	Zip	
Phone Number			
E-Mail Address			

All funds will be used to cover expenses for this event, any remaining funds will be used for next years workshop.  
Thank you ~ Workshop Committee.