



DISTRICT 24 NEWSLETTER

APRIL 2013

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, April 3rd, 2013

Check out District 24 on the web at: www.district24.org

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DECLARATION OF UNITY

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

RESPONSIBILITY PLEDGE

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

District 24 Business Meetings

1st Wednesday
Of each month at 7:00 p.m.

Edmond's Professional Center
7315 212th Street SW #101
Edmonds, WA

SNO-KING INTERGROUP BUSINESS MEETINGS

3rd Wed. of each month
@ 7:00 p.m.

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 76th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW. Call 425-672-0987 for further info or service work.

DISTRICT COMMITTEE Positions & Contacts

DCM: Peg S.
dcm24@area72aa.org

Alt DCM: Tom
altdcm24@area72aa.org

Accessibility: Annie F.
dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: John
johnvw0225@gmail.com

Schedules: Sandi
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Annie N.
dist.24.literature@gmail.com

Archives: Claire
dist.24.archives@gmail.com

Alt Archives: Ron A.
dist.24.archives@gmail.com

Secretary: Julia K.
dist.24.secretary@gmail.com

Registrar: Claire C.
dist.24.registrar@gmail.com

Treasurer: Carol V.
dist.24.treasurer@gmail.com

Alt Treasurer: Meredy
dist.24.treasurer@gmail.com

Coffee Maker: Kim H.
dist.24.coffeemaker@gmail.com

CPC: Bob B.
dist.24.CPC@gmail.com

Public Information: Ed
dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.
dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo
dist.24.newsletter@gmail.com

Web Chair: Eric E.
dist.24.webchair@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southernalspeakers.org
<http://xa-speakers.org>

Or Contact for assistance

dist.24.accessibilitychair@gmail.com

DISTRICT 24 ADDRESS FOR GROUP DONATIONS:

District 24, PO BOX 439
Lynnwood, **WA 98046**

BUSINESS MEETING MINUTES FROM MARCH 2013

Jamie K.	Annie N.	Carol V.	Claire G.	Vincent M.	Kim H.
Ron A.	Joleen O.	Jeff H.	Jim C.	Erik J.	Geri S.
Judy R.	Cathy Jo.	Ian S.	Gabriel S.	Eric E.	Jim S.
Annie F.	Dick R.	Anne E.	Ed C.	Shawna L.	Arnie B.
Claire C.	Tom L.	Peg S.	Sarah	Sandi B.	Claire W.

Open with the Serenity Prayer @ 7 p.m.

Responsibility Declaration

Reading of short form of Concept 3: Vincent

Introductions

Birthdays: Julia (12); Arnie (5); Steve L (5); Claire 3 (12)

REPORTS

Secretary – Julia K – *motion to approve meeting minutes* District phone list available, see Julia if you would like a copy.

Registrar – Claire C. – She has new GSR packets, please see her if you're new to the district. Trying to get updated committee information to the area.

Treasurer – Carol – *motion to approve report*

Alt. Treasurer – Meredy – sick

Coffee Maker – Kim H. – Everything is good!

Public Information– Bob B. – MIA

CPC– Ed – Welcome back to the county! Is in communication with Dick (last CPC guy) More information on this next month.

Treatment and Bridging the Gap – Jeff H. – Options is still going strong. If you are interested in speaking at Options tomorrow night, please see Jeff. The person he had lined up is sick so he needs a replacement for tomorrow.

Newsletter – Cathy Jo – Thank you to those who submitted reports! Upcoming quarterly info is in the newsletter & there are a couple of new flyers. Pre-conference info is on the back!

Web – Eric E. – Website is doing well!

Archives – Claire G. –One case left of Our Stories Disclosed to bring back to your groups to sell. Books are \$10 each. Received a couple awesome historical posters to display at the banquet & other events. With the recent passing of a long-term member, it has reminded us how important it is for us to get long-timer oral histories, so she'll be working on getting that together. If you have any historical documents that you would like to pass on to Claire, she'd take good care of it!

Alt Archives– Ron A– Tonight only, two *Our Stories Disclosed* for \$20

Grapevine/Literature – Ann N. – Went to the quarterly, and still has a lot to learn. She would like to have literature displayed at the banquet

Schedules – Sandi – Stapling party is coming soon. That means that meeting changes need to get in. Look for an email about the deadline for changes.

Sno-King Intergroup – Steve L. – They are now debt-free and have money in the bank. There's a meeting down there on Fridays. They are always in need of volunteers! They are open 10-7, but call ahead to be sure.

GSIG Zone Rep–OPEN (John)– cutting back on expenses by alternation days off & reducing paid hours. New schedules are out! "High and Dry" is available online or in print, great little newsletter to have.

Corrections – Stephanie S. –MIA

Accessibility – Annie F. – Catching up on previous work. ASL meeting schedule will get emailed out.

Alternate DCM – Tom – Keeping busy with the banquet.

DCM– Peg S. – Went to PRAASA in Boise and it was a lot of fun & a great experience. PRAASA is in San Diego next year. It's highly recommended that people attend next year if you can. Pre-Conference this Saturday in Lake Stevens. It's super important that our GSRs attend.

District Finance Committee – Acquiring information on where we've spent money in the past. Still getting info together.

Gratitude Banquet Committee – Tom L, Ann N, Claire G – List is going around for volunteers. Whit is our AA speaker and Victor N. for AI-Anon. We have a kitchen crew, raffle people, coffee pots, and sound system set up. Show up at 2:30 pm to help set up. Home groups are responsible for a cooked & sliced turkey or ham & raffle prizes

Picnic Committee – Doug & Claire W. - July 27th and everything is good. More information to come!

OLD BUSINESS:

- Pre-conference is on March 9th at 10am @ Calvary Chapel Church in Lake Stevens

NEW BUSINESS:

- Alternate chair asked our district to host a quarterly. We would need to put together an ad-hoc committee to look for hotels & such. We then would put in a bid at the next quarterly. Kim will head this, and Annie, Bob & Claire will be committee members.
- Bob would like to be a committee member on the treatment committee
- Kim is nominating Vincent for the GSIG Zone Rep - PASSED

Closed with the Unity Declaration:

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

Please help clean up by picking up your garbage. Please check with Kim H. if you can help put the room back in order.

UPCOMING **DISTRICT 24 MEETINGS**

May 6th, 2013 @ 7 P.M.
June 5th, 2013 @ 7 P.M.
July 3rd, 2013 @ 7 P.M.

COMMITTEE CHAIR REPORTS FROM MARCH 2013**DCM REPORT – PEG S.**

Hello District 24!

First of all, thank you to all who helped put on the Gratitude Banquet this year, it was great. Special thanks to Tom, Claire and Annie for saying yes to service. Thanks to Brian N. for heading up the kitchen crew and to all the volunteers that helped with set up and clean up. It was a great time. Thanks to all the home groups for the raffle prizes and the turkey or ham!

Looking forward to the April quarterly this coming weekend, in Sammamish at the Pine Lake Church.

Thank you to the GSR's that attended the pre-conference out at Lake Stevens. Now your home groups will have a little more understanding of the topics at the Conference. Astri will now have an idea of how the home groups feel about the topics discussed and carry that information to NY.

Walking in Grace...Peg

TREASURER REPORT– CAROL V.

PLEASE SEE PAGE 4 FOR FULL REPORT

NEWSLETTER REPORT – CATHY JO.

In an effort to keep newsetter printing expenses down, I am offering to email the newsletter in PDF format to anyone interested in having it. We can only afford to print about 40 copies, and we have had many more than that in attendance at the last few monthly district biz meetings. (YAY! It is so good to see such involvement at the district level!!) Please email me at dist.24.newsletter@gmail.com If you would like to receive a newsletter via email. Grateful in service, Cathy Jo.

ACCESSIBILITY REPORT – ANNIE F.

Not much to report for March, no requests for mobile meetings. Thanks to the 2 GSRs who returned the Mobile Meeting sign-up sheets. I will be distributing (by emailing & some printed copies) the ASL meeting schedule to be shared with your Groups. I am also distributing the Accessibility Group Meeting Space Survey. If you could get them back to me ASAP, I could take them to the April 20th Accessibility Quarterly (which I am planning to attend) and that would be very helpful.

(NOTE: Please see ASL mtg schedule on pg 7)

CORRECTIONS REPORT- Stephanie S.

I attended the Area 72 Corrections quarterly on March 16 in Port Angeles. The minutes are attached.

Thank you for the opportunity to be of service, Stephanie

(NOTE: There is not enough room in the newsletter to put all the minutes from the corrections quarterly. If you would like the minutes forwarded to you, please email dist.24.correctionschair@gmail.com)

UPCOMING QUARTERLY INFORMATION**Treatment & BTG Quarterly**

Apr 13, 2013

Kenmore Community Church
7504 NE Bothell Way
Kenmore, WA 98028
9 AM – 3 PM

Lunch provided - \$10 contribution requested

Accessibility Spring Quarterly

Apr 20, 2013

Greater Seattle Intergroup
5507 6th Avenue South
Seattle, WA 98108
9 AM – 3 PM

Pizza/Salad/Refreshments provided – bring a side dish to share

Web Committee Spring Quarterly

Apr 27, 2013

Dakota Creek Shipyard (cafeteria)
301 Q Street
Anacortes, WA 98221
9 AM – 3 PM

Lunch provided - bring dessert

Archives Committee Quarterly

May 4, 2013

Cowlitz PUD
961 12th Avenue
Longview, WA 98632
9 AM – 3 PM

Main dish provided-bring side dish

GV & Literature Spring Quarterly

Jun 8, 2013

Greater Seattle Intergroup
5507 6th Avenue South
Seattle, WA 98108
9 AM – 3 PM

Main dish provided – bring side dish



District 24		Checking Account		March	Statement 2-20-2013 to 3-18-2013	
Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Balance Check book
	Account		Beginning Balance			1732.02
	Deposit	Group Donation				
1-Mar	702	AMAA	group donation		148.13	
1-Mar	1013	Our Primary Purpose N	group donation		26.04	
1-Mar	1047	We are not Saints	group donation		8.36	
		Transfer from savings			150.00	
	Checks					
7-Feb	2804	St Pius X	Gratitude Potluck Rental	888.00		
6-Feb	2789	Edmonds Family Medicine	Dist 24 Rental	30.00		
5-Feb	2803	Julia K	Secretary copies	4.92		
6-Mar	2808	Cathy Jo	Newletter Printing	49.28		
6-Mar	2807	Claire C	Registrar Packet	26.28		
8-Mar		Bank Service fee		3.00		
		Auto transfer to savings		150.00		
Bank Statement				Ending Balance	1151.48	332.53
After the Statement Date						913.07
	Outstanding Checks					
22-Mar	2809	Cash	Gratitude Seed money	250.00		
6-Mar	2806	Julia K	Secretary copies	5.48		
6-Mar	2805	Edmonds Family Medicine	Dist 24 Rental	30.00		
	Deposits					
28-Mar		Gratitude Banquet	At the door		1,522.35	
28-Mar		Gratitude Banquet	Raffle		620.00	
28-Mar		Gratitude Banquet	50/50		396.00	
28-Mar		Gratitude Banquet	Donation		33.00	
20-Mar	1816	Sno King intergroup	Area Qtrly room share		47.05	
20-Mar	Cash	Gunny Sack Hill	Group Donation		100.00	
29-Mar	1535	Alderwood Group	Group Donation		120.00	
29-Mar	Money order	Monday Night Discussion	Group Donation		20.00	
29-Mar	Money order	Friday Night BB Study	Group Donation		20.00	
29-Mar	6045	Wicked Sobah	Group Donation		34.38	
29-Mar	1374	Celebrate Life	Group Donation		30.00	
29-Mar	Money order	Way of Life	Group Donation		30.00	
29-Mar	2481	The Unity Group	Group Donation		29.25	
29-Mar	102	On Awakening	Group Donation		21.00	
29-Mar	1019	Our Primary Purpose N	Group Donation		12.27	
		Total		285.48	3035.30	
	Cash on Hand					3662.89
	Reserve	2014 Gratitude Dinner expenses		1500.00		
	Reserve	2013 Picnic expense		250.00		
	Reserve	2013 50% schedules expense		250.00		
End of March				Working balance		1,662.89

NEW MEETINGS & MEETING CHANGES

A FULL LIST OF MEETINGS CAN BE FOUND AT:

[HTTP://DISTRICT24.ORG/SCHED/D-24%20SCHEDULE.HTML](http://district24.org/sched/d-24%20schedule.html)

<p><u>MEETING CHANGE</u></p> <p><u>LANGUAGE OF THE ♥ HEART</u></p> <p>TUESDAY NIGHTS NEW TIME - 5:30 PM</p> <p>Harbour Pointe Lutheran Church 5425 Harbour Pointe Blvd Mukilteo 98275</p>	<p><u>THE EDMONDS GROUP</u></p> <p>Currently has an interpreter for the hearing impaired & deaf on the LAST Tuesday of each month.</p> <p><i>Starting on May the 10th we will have an interpreter for the 2nd Tuesday of the month for a 6 month trial period. So, the 2nd Tuesday (through October) and the last Tuesday we will be offering an interpreter.</i></p>	<p><u>NEW LOCATION</u></p> <p><u>LYNNWOOD STUDY GROUP</u></p> <p>ROCK of HOPE CHURCH 8713 220th SW, Edmonds</p> <p>Mondays, 7:30 pm (C)</p> <p><i>Open meeting on last Monday of the month</i></p>
<p>Women in Recovery</p> <p>Saturday 10 A.M. ASL at Each Meeting North Creek Presbyterian Church 621 164th ST SE, Mill Creek</p>	<p><i>Tolerance</i></p> <p>HAS MOVED TO:</p> <p>Edmonds United Methodist, 828 Caspers Street</p> <p>Friday 9:00 AM meeting</p>	<p>MEETING MOVED</p> <p>Ed Lynn Fellowship Sunday thru Saturday: 12:00 PM, 5:00 PM 8:00 PM, 10:00 PM</p> <p>Friday and Saturday Also @ Midnight</p> <p>5800 198th SW, Ste 1 Lynnwood, WA 98036</p>
<p><u>W.O.T.S.</u></p> <p><u>Women on Thursday Study</u> <i>12x12 Steps and Traditions</i></p> <p>NEW TIME - NOW @ 7 P.M. St. Timothy's Lutheran Church 5124 164th St SW Edmonds</p> <p><i>Closed Women's Meeting – No pets or children</i></p>	<p>MEETING MOVED</p> <p><u>CELEBRATE LIFE</u></p> <p>Wednesdays @ 10am</p> <p>Women's Meeting Edmonds United Methodist Church 828 Casper Street Asbury Hall, Room 123 Edmonds 98020</p>	<p><u>MEETING UPDATE</u></p> <p><u>Patience Meeting</u></p> <p>Has discontinued childcare But we still have PIZZA! ☺</p> <p>Thursday 7 PM-830 PM Terrace View Presbyterian Church 4700 228th ST SW Mountlake Terrace, 98043</p>

All Events Can be Found at www.district24.org



Serenity Luncheon "A NEW LIGHT"

Speaker: Gloria W. - 30 years

Saturday, May 11, 2013
Doors Open 11:30, Lunch at Noon
For women in AA and their friends
No ticket sales at the door, presale only.

WHERE: Our Savior's Lutheran Church
AT: 215 W. Mukilteo Blvd. Everett, WA 98203
COST: \$22.00 per ticket, due April 27, 2013
QUESTIONS: Call Lora at 425-314-4232

REGISTRATION DUE: April 27, 2013

MAKE CHECKS PAYABLE TO: Serenity Luncheon
MAIL TO: Serenity Luncheon
C/o Lora Frederickson
18727 Occidental Ave. S., Burien, WA 98148

Note: You will not receive confirmation prior to luncheon. Sign in at registration table the day of the luncheon.

No Reservations

SPEAKERS MEETING

1st Saturday of the month- 7:00pm - Open Meeting

MONTH	DATE	AA SPEAKER	Al-Anon SPEAKER
FEBRUARY	2/2/13	ALLISON M-C Los Angeles, CA.	PAUL C. Lk. Forest Plk., WA.
MARCH	3/2/13	RICK W. Oxnard, CA.	PAM L. Sedro-Woolley, WA.
APRIL	4/6/13	JIM R. Bremerton, WA.	*ELLEN C. Addison, TX.

*Special Al-Anon feature night - See separate flyer

SWINOMISH GYMNASIUM - 17311 RESERVATION ROAD - LA CONNER, WA.
AL-ANON WILL BE SPONSORING AN ALATEEN MEETING THAT
WILL HAPPEN AFTER THE AL-ANON SPEAKER AT "NO RESERVATIONS" MEETING

www.NoReservationsSpeakerMeeting.com -or- NoReservationsSpeakerMeeting@gmail.com

SISTERS IN RECOVERY

WOMEN'S GROUP OF ALCOHOLICS ANONYMOUS

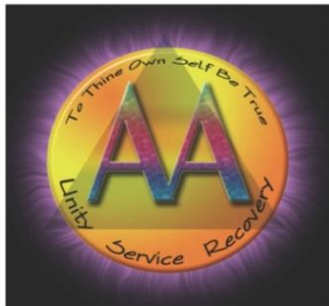
Good Shepherd Church

6915 196th St. SW
Lynnwood, WA

Saturday's at 10:00am
Childcare Available

Birthdays Celebrated the last
Saturday of the month

Speakers last Saturday of odd months



2013 Sisters in Recovery Speakers Meetings

January 26th
March 30th
May 25th
July 27th
September 28th
November 30th

EVERETT CONFERENCE 2013

SPAGHETTI FEED "FUN"RAISER

****New Location****

GREAT
RAFFLE
PRIZES
50/50
MUCH
MORE...

Our Saviors Lutheran Church
Saturday May 18th
Dinner starts at 5pm

•Alanon Speaker: at 6:30
Nancy W., Bothell, WA
•Raffle at 7:15
•AA Speaker: at 7:45
Karen R., Seattle, WA



KID'S CORNER!

Craft table
Face painting
Balloon animals
Hot dogs

Register at
www.everettconference.com

Or get tickets at the door
\$9 for Adults
\$16 for Couples
\$4 for children 5 to 12
Kids under 5 FREE!

Our Saviors Lutheran Church
215 Mukilteo Blvd, Everett 98203
•From I-5, take exit #192 and follow the
signs to go west on 41st St. After winding
past Forest Park, 41st St. becomes Mukilteo
Blvd. At the stop light, turn right onto
Olympic Blvd., and then take an immediate
right into our driveway.

ASL MEETING SCHEDULE

DEAF & ASL-INTERPRETED AA MEETINGS SNOHOMISH/KING/PIERCE COUNTY APRIL 2013

NORTH – (Seattle and northern areas)						
SUN	MON	TUES	WED	THURS	FRI	SAT
ABIGAIL'S GHOST: Denny Park Center 210 Dexter Ave Seattle 98109 (1 hour) WOMEN IN RECOVERY: North Creek Presbyterian 621 – 164 th St. SE Mill Creek 98012 EDMONDS GROUP: 220 Railroad Ave, Edmonds 98020 FOR THIS DAY: Fremont Fellowship Hall: 8916 Aurora Avenue N Seattle 98113						ALL MEETINGS: 1.5 HOURS ASL-interpreted (unless noted)
	1	2	3	4	5	6
			ABIGAIL'S GHOST 7 AM		ABIGAIL'S GHOST 7 AM	ABIGAIL'S GHOST 8:30 AM WOMEN IN RECOVERY 10 AM FOR THIS DAY NOON
7	8	9	10	11	12	13
		EDMONDS 7:30 PM	ABIGAIL'S GHOST 7 AM		ABIGAIL'S GHOST 7 AM	ABIGAIL'S GHOST SPEAKER 8:30 AM WOMEN IN RECOVERY 10 AM
14	15	16	17	18	19	20
			ABIGAIL'S GHOST 7 AM		ABIGAIL'S GHOST 7 AM	ABIGAIL'S GHOST 8:30 AM WOMEN IN RECOVERY 10 AM
21	22	23	24	25	26	27
			ABIGAIL'S GHOST 7 AM		ABIGAIL'S GHOST 7 AM	ABIGAIL'S GHOST 8:30 AM WOMEN IN RECOVERY 10 AM
28	29	30	Special events* : 4/11/13 Deaf Access Committee meeting: Bethlehem Lutheran Church 101 East 38th St, Tacoma 98404 (Fireside room) 7pm-8:30pm. Changed from May to June 11 th Deaf Speaker night @ Pass It On			
		EDMONDS SPEAKER/BDAY 7:30 PM				

DEAF & ASL-INTERPRETED AA MEETINGS SNOHOMISH/KING/PIERCE COUNTY APRIL 2013

SOUTH (South of Seattle and southern areas)						
SUN	1	2	WED	THURS	FRI	SAT
PASS IT ON: 17801 – 1 st Ave. S., Normandy Park 98148 JUST4TODAY: Brookelake Community Church, 629 S 356th St, Federal Way 98003 MEEKER FELLOWSHIP: 414 Spring St, Meeker Hall, Puyallup 98372 DESTINY/UNITY GAY GROUP: New Heart Metropolitan Community Church 759 S. 45th St, Tacoma 98418						ALL MEETINGS: 1.5 HOURS ASL-interpreted (unless noted)
	1	2	3	4	5	6
		MEEKER FELLOWSHIP NOON	MEEKER FELLOWSHIP 5:30PM	MEEKER FELLOWSHIP NOON	DESTINY/UNITY GAY GROUP 7:30 PM	
7	8	9	10	11	12	13
		MEEKER FELLOWSHIP NOON		MEEKER FELLOWSHIP NOON	DESTINY/UNITY GAY GROUP 7:30 PM	PASS IT ON SPEAKER 7 PM
14	15	16	17	18	19	20
		MEEKER FELLOWSHIP NOON	MEEKER FELLOWSHIP 5:30PM	MEEKER FELLOWSHIP NOON	DESTINY/UNITY GAY GROUP 7:30 PM	JUST4TODAY SPEAKER 8 PM
21	22	23	24	25	26	27
		MEEKER FELLOWSHIP NOON		MEEKER FELLOWSHIP NOON	DESTINY/UNITY GAY GROUP 7:30 PM	PASS IT ON BDAY 7 PM
28	29	30	Special events* : 4/11/13 Deaf Access Committee meeting: Bethlehem Lutheran Church 101 East 38th St, Tacoma 98404 (Fireside room) 7pm-8:30pm. Changed from May to June 11 th Deaf Speaker night @ Pass It On			
		MEEKER FELLOWSHIP NOON				

12th Step Workshop

Presented by Sno-King Intergroup



*The how and why of
12th step calls*



Saturday July 20th

11am - 3pm

at

Mt. Zion Lutheran Church

21428 44th Ave. W

Mountlake Terrace, WA. 98043

The purpose of this training is to give AA members information that will enable them to do 12th Step calls (a pair of sober alcoholics carrying the message to the alcoholic who still suffers)



*Eastside Intergroup, Greater Seattle Intergroup, and
Sno-King Intergroup are working together to bring you
these workshops.*

Experienced speaker panel with questions and answers.

Snacks, coffee & fellowship

Bring your Big Book