



District 24 December Newsletter



Serving Lynnwood, Edmonds, and Mountlake Terrace Vicinity
District 24 is part of Western Washington (Area 72)

Wednesday, December 2, 2009

Check out District 24 on the web at: www.district24.org

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District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m.

Location:

Edmonds Christian Church
230th and 84th W.
Edmonds, WA

All are welcome!!

NEW MEETING

The Empire Group - Tuesdays 7-8:15pm
The Barnabas Project Church
17725 44th Ave. W.

MEETING MOVING

Graceland Meeting - NOW on Thursdays
SAME TIME 7PM
Church of Good Shepherd
2609 Larch Way

2010 - INTERNATIONAL

Convention of Alcoholics Anonymous
www.aa.org/en_intconv2010.cfm

SNO-KING INTERGROUP EVENTS

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 6th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW.

DISTRICT COMMITTEE

Positions & Contacts

DCM: Stephanie S.
dcm24@area72aa.org

Alt DCM: Ann N.
dist.24.altdcm@gmail.com

Accessibility: Jane
dist.24.accessibilitychair@gmail.com

Corrections: Judy S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Marshall E.
marshall.emmons@gmail.com

Sno-King Intergroup Rep: Doug N

Schedules: Loretta
dist.24.schedule@gmail.com

Grapevine/Literature Chair: Jack
dist.24.literature@gmail.com

Archives: Jeff
dist.24.archives@gmail.com

Secretary: Leslie
dist.24.secretary@gmail.com

Registrar: Cheryl
dist.24.registrar@gmail.com

Treasurer: Marty
dist.24.treasurer@gmail.com

Coffee Maker: Ron
dist.24.coffeemaker@gmail.com

CPC: Position is Open

Public Information: Position is Open
dist.24.PI@gmail.com

Treatment: Boomer
dist.24.treatmentchair@gmail.com

Newsletter: Greg D.
dist.24.newletter@gmail.com

Web Chair: Greg D.
dist.24.webchair@gmail.com

Bridging the Gap: Boomer
dist.24.bridgingthegap@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:
www.southernncalspeakers.org
<http://xa-speakers.org>

DISTRICT 24 PO BOX FOR FUTURE GROUP DONATIONS:

District 24
P.O. Box 439
Lynnwood, WA 98046

BUSINESS MEETING MINUTES FROM NOVEMBER 2009

In Attendance		
Stephanie S- AMAA	Jane E- ODAAT	Shannon P- Freedom
Mike F- Continental Brkfst	Kellee E- Patience	Pam L- Wed MLT
Jason H- LBB	Ron B- On Awakening Grp	Micky- Celebrate Life
Donn N- Alderwood	Shawn F- SCMG	Doug N- C2C
Jeff H- AMAA	Judy S- TUG	Adam- Graceland
Jack R- WANS	Sarah M- WTP	Dick R- LSG
Cody B- WANS	VW John- Coffee Cup	Laura M- SIR
Boomer- Edm Grp	Tabitha C- Gunny Sack Hill	Angel K- EdLynn Flwshp
	Ann N- Patience	Greg S- Quitters

In Attendance may not be accurate.

Called to order @ 7:03pm

Serenity prayer recited

Responsibility prayer recited

Anne read short form of concept 11

Introductions

November B-days Cheryl 6 years

Reports

Registrar - New GSR packets

Secretary - minutes read/corrections discussed/minutes approved

Treasurer - Report reviewed/ \$630.00 for Dist. 19 signs project. Report approved

PI/CPC - Not in attendance

Treatment/BTG - Boomer went to area quarterly, there was discussion of all chair positions having one meeting together every quarter instead of separately.

Judy made a motion to allow Boomer to use his budget to buy literature rack and pamphlets for treatment centers. Marty 2nd motion/discussion/motion approved-minority discussion.

Newsletter / Webmaster - Not in attendance/dropped off report

Archives - Not in attendance

Grapevine/literature - Hosting quarterly in July and needs help/not much to report.

Schedules - Oct. 11th stapling party successful.

Sno-King Intergroup - Fall assembly Nov. 14th @ Seattle intergroup, potluck starts at 11am.

Corrections - Asked to contribute Big Books to work release.

Accessibility - Not in attendance.

Alt DCM - Boomer did 5 BTG's and 2 presentations at Alpine Recovery in Oct.

DCM - Nothing to report.

Old business - Boomer literature rack business finished.

New business - No new business

Motion to adjourn, 2nd, all in favor.
Meeting adjourned

Closed with unity declaration.

BUSINESS MEETING REPORTS FOR DECEMBER 2009

Treatment/Bridging the Gap report

Hello D-24-So...not alot to report this month. Alpine Recovery(the treatment center I've been doing 2 presentations per month)has decided that they wanted our presentations to be 1 hr. instead of 2 hrs. and that we are now only allowed to come in once every 2 months. I bought a literature rack and lots of great literature and placed that in the facility this month also. I also found a literature rack already there but it wasn't an official AA lit. rack so I removed all the AA related lit. and left the SA,GA,CA,MA, Alanon, etc. lit for that rack. They were happy with the rack I set up. I'm not sure if the reduced time for presentations was the result of a conversation while walking into a particular presentation where the counselor asked me to have everyone I brought in to share about AA, co-dependence, and drug addiction. I explained that our sole purpose was to share about alcohol/ism and AA only. I also started to make contact w/ Milams (they don't return calls apparently) in Edmonds but there are already some "solo" presenters doing that. I contacted the AA people doing it and said I wasn't interested in "taking over" what they have been doing for years, but instead offered any help I could give them and let them know that I am the treatment rep. for the area they are doing service work in. I also asked them to let me know if there are ever any changes in the commitment to that facility. Did one Bridging The Gap from Alpine for a 19 y/o male. That's about it for now. Thanks for the opportunity to be of service.....seems to be keeping me sober?!!!!!!

Boomer D-24 Treatment/Bridging The Gap
THANKS
Boomer

Accessibility Chair Report

Homebound or Shut - In.

District 24 will bring a meeting to a Member of Alcoholics Anonymous who can't make it to a regular scheduled meeting. Volunteer AA members bring meetings to Homebound or Shut in members, temporary or permanent, Day or Night, any day of the week. Contact your GSR for details. Call Jane E. your District Accessibility Chair at 206-856-5683.

Jane E., Accessibility Chair

Alt DCM Report

Not too much to report for me for the month of November. I continue to try different meetings to encourage new GSRS to attend our D24 business meeting on the first Wed of the month. I think we have a opening for chair of our CPC committee. Other than that our chair positions are filled. I attended the Everett Conference the 27-29th of November and saw a lot of folks from our area there. Good food and speakers.

Thanks for letting me be of service.

Submitted By:

Annie N, Alt DCM 24

Website Report

I didn't have the time to update the website as often this month, and missed a few events. My apologizes.

I did add a new meeting that has joined District 24 as well as information about Graceland moving. See the front page of this months newsletter.

Due to formatting and time, updating the schedule will take some more time.

Always need your help finding events and meeting changes for the website.

Greg D., webchair

dist.24.webchair@gmail.com

Newsletter Report

Thanks for everyone's participation with this months newsletter.

An idea I wanted to bring up, was possibly adding some sobriety stories to the newsletter. I'm looking for ideas to fill space, and suggestion would be help.

Greg D., Newsletter Chair

dist.24.newsletter@gmail.com

TREASURER'S REPORT

Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Balance Check book
						November
10/19/2009	Account	Balances				1,196.78
	Deposit					
26-Oct		--Mountlake Terr. Sunday Night			250.00	
		--Celebrate Life			60.00	
		--Way Of Life			30.00	
		--Graceland			9.33	
		--Midway			44.00	
31-Oct		--Lynnwood Open			13.20	
		--Happy Destiny			30.00	
9-Nov		--This Nameless Group			28.00	
		--The Great Fact			45.00	
		--Edmonds			57.62	
		--Lynnwood Open			10.00	
		--On Awakening			30.00	
11/16/2009		--District 16	Refund of State Fair Support		28.36	
		--Way Of Life			30.00	
		--Graceland			4.17	
	Debit Card Checks					
9/2/2009		2571 Dist 19	bus signs	630.00		
		2569 Stephanie S	printing reimburse	204.00		
		2572 Judy S	Corrections books	52.00		
		2574 Mike Mc	Treatment mileage	83.20		
		2583 Stephanie S	coffee	90.12		
		Wells Fargo		5.00		
	Svc Chg					
11/18/2009				Totals / Balance	1064.32	669.68
						802.14
	Oct/Nov - Outstanding Checks					
		2573 Mark H.	stapling expenses	19.37		
		2575 Edmonds Christian Church	rent	60.00		
		Total		79.37		
	Deposit	Group Donation	After the Statement Date			
		Total				0.00
End of November				Working balance	722.77	



A Vision For You

75 Years of Alcoholics Anonymous

JULY 1 – 4, 2010 • SAN ANTONIO, TX USA

Coordinated by A.A. World Services, Inc.

Register at: <https://www.one-stop-registration.com/2010ic-registration/OSR.Index>

All Events Can be Found at www.district24.org

GRACELAND IS MOVING!!!

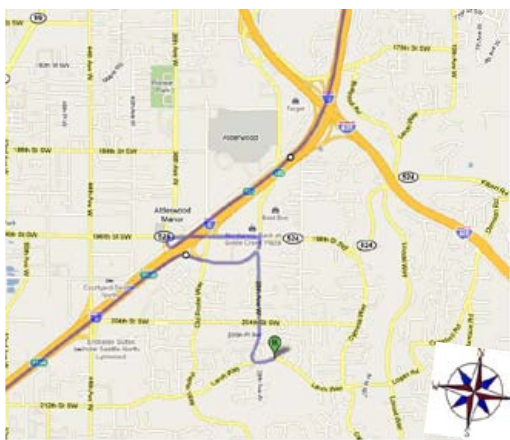
Graceland is moving to a new day and location!!

Location: Church of the Good Shepherd
2609 Larch Way, Lynnwood, WA

Day: Now on Thursdays

Time: Still the same, 7:00p.m.

The first meeting will be December 3



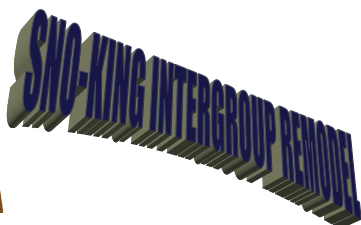
The Empire Group Is Moving



**Tuesday, December 1st
To
The Barnabas Project Church
17725 44th Ave. W.
Lynnwood, WA 98036**

Tuesdays 7:00 – 8:15pm

**Open Meeting
Non Smoking
Wheelchair Access**



IT IS TIME TO **REMODEL** THE SNO-KING INTERGROUP OFFICE AND YOU ARE INVITED TO PARTICIPATE!!

CALLING ALL HAMMER-HANDY, BURLEY OR DESIGNER CREATIVE MEMBERS!! WE NEED YOU!!

COME TO THE INTERGROUP MEETING:

DECEMBER 8, 2009 7:00 PM

JOIN THE **REMODEL** COMMITTEE AND GIVE US YOUR VALUABLE 2 CENTS ON THE LONG OVERDUE PROJECT.

We are here to serve the still suffering alcoholic in the Northend area of Alcoholics Anonymous.

Help us help you help others!



Sno-King Intergroup

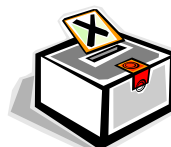
22617 76th Ave Suite 203
Edmonds, WA

425-672-0987



DECEMBER 8, 2009 7:00 PM

Sno-King Intergroup



DECEMBER 8, 2009 7:00 PM

22617 76th Ave Suite 203
Edmonds, WA

425-672-0987

**Hours: 11:00AM to 7:00PM
Seven days a week, 365 days a year**



Be of service to Alcoholics Anonymous

ALL CURRENT POSITIONS ARE ROTATING AND WE NEED VOLUNTEERS TO ACCEPT THESE VITAL POSITIONS!!



DECEMBER 8, 2009 7:00 PM

All Events Can be Found at www.district24.org

Big Island Bash April 23, 24, and 25, 2010

Speakers Convention, (An A.A. / Al-Anon Activity)

The Next Frontier: Emotional Sobriety

The 22nd Annual Big Island Bash will be held:
At the magnificent Sheraton Keauhou Bay
Resort and Spa on the beautiful Kona Coast

Speakers include:
Ellen C. - Addison, TX
Ajit S. - Irvine, CA
Kristina W. - Marin, CA
Steve A. - Sherman Oaks, CC
Paul W. - Sunset Beach, CC

2010 Big Island Bash Registration Form:
www.bigislandbash.com

The Edmonds Group annual Christmas Party



Pictures with Santa & gifts for the kids
50/50 Raffle & Prize Raffle
Kid's Craft Table

*Please bring your favorite appetizer or dessert item. A
DJ Dance will follow our get-together. All ages
welcome, but please leave the furry friends at home.*

When: December 19th **Where:** Edmonds Senior Center
Time: 6pm-12pm 220 Railroad Ave.
Santa will be here 7pm-8:30pm Edmonds, WA 98020
(\$2 Donation for Pictures)

*We hope you enjoy our party as much as we
enjoy sharing it with you!!!*

\$5.00 Donation

Saturday morning Omelet Breakfast & Meeting!

In the
Lynnwood
Alano Club
back parking
lot

4001 198th St SW
Lynnwood, WA 98036

This breakfast,
like our meetings,
runs on
donations.

Unlike our
meetings, the
better the
donations, the
better next weeks
breakfast will be!



*Start your Saturday with fresh
made Omelets and a Meeting!*

Serving Omelets at 9AM

Meeting at 10AM

New Cook Ben!

**Eleventh
Annual**



**Friday, Saturday,
& Sunday
May 14 - 16, 2010**

"Recovery Through Action"

Vern Burton Convention Center
4th St. & Peabody St., Port Angeles, WA

**AA and Al-Anon Speakers,
Workshops, Meetings and More!**
**Please visit our website listed below for Speakers,
Workshop topics, Schedule of events and updates!**

**LIMITED CAPACITY -
FIRST COME FIRST SERVED**

**MEAL RESERVATIONS
MUST BE IN BY MAY 1ST**

Paid Registration Required For All Events
For Information Call (360) 417-5261 or Connect Online at www.olympicroundup.com
Registration Hours: Fri. 10:00am - 8:00pm Sat. 10:00am - 6:00pm
Please Feel Free To Copy This Form!

<p>Make Checks payable to: Olympic Round-Up P.O. Box 1081, Port Angeles, WA 98362-0284 Request for refund must be submitted by May 10, 2009 Limit: Two registrations per form</p> <p>Please Print Name: _____ Guest: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone: () _____ Name Badge: <input type="checkbox"/> AA <input type="checkbox"/> Al-Anon Email: _____ Will you need handicap assistance? <input type="checkbox"/> Yes <input type="checkbox"/> No Would you like to help? <input type="checkbox"/> Yes <input type="checkbox"/> No If I would like to donate a registration to someone less fortunate, and I have added \$25.00 to my purchase total. (Any donations gratefully accepted)</p>		<p>Please Check Preferences</p> <p><input type="checkbox"/> Registration Number of Persons _____ X \$25.00 = Total \$ _____</p> <p><input type="checkbox"/> Saturday Banquet <input type="checkbox"/> Beef <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian Number of Persons _____ X \$35.00 = Total \$ _____</p> <p><input type="checkbox"/> Sunday Breakfast Number of Persons _____ X \$15.00 = Total \$ _____ Optional Donated Registration (\$25.00) \$ _____ Total Payment Included \$ _____ Total Package is \$75.00 Per Person (\$100.00 with Optional Donated Registration)</p>
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All Events Can be Found at www.district24.org

Rhythm And Motion

Clean and Sober Nightclub



140th and Aurora Ave N
Seattle
Dancing Every Friday and Saturday
9:30pm – 2:00am

Our DJ's play your
Favorite 70's, 80's, 90's,
and Y2K Hits

All-Ages **\$5.00** members get in free before 10:00pm

All proceeds to benefit the

NORTH SEATTLE ALANO CLUB

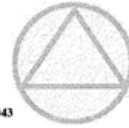
*"Providing nightly entertainment for those that
support a Clean & Sober lifestyle"*

Sno-King Intergroup

Hours: 11:00AM to 7:00PM
Seven days a week, 365 days a year

Sno-King Intergroup
22617 76th Ave Suite 203
Edmonds, WA
425-672-0987

P O Box 30
Mountlake Terrace, WA 98043



Be of service to Alcoholics Anonymous

Two ways to serve:

➤ Phone Volunteer Work (No minimum sober time)

Shifts available: *Weekdays: 2 hours, once a week (individuals)

*Weekends: 4 hours, once a month (groups)

Call Arnie at 206-399-7249 for current shift openings

➤ Cell Phone Weekly Volunteers

Call Kris at 425-743-7080 for cell phone service position details

Weekend shifts at the Sno-King Intergroup office and after hour's cell phone coverage are great ways to get your home group active in service!

Sno-King Intergroup's business meeting is the 2nd Tuesday each month at the Intergroup office.



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CHALLENGE



Do some early spring cleaning and gather up all old, unused Grapevine magazines, AA-approved literature, including old Big Books and 12 x 12's to donate. Bring these items to your Home Group for your GSR to bring to the next District Business Meeting. The Home Group that donates the most literature for that month will collect an AA-approved book-of-the-month.



Contact Jack R. with questions, 425.772.2993
robinj75@comcast.net

GRATITUDE IN ACTION: The District 41 Bus Sign Project

**Faced with a Drinking Problem?
Perhaps Alcoholics
Anonymous can help.
Call 206-587-2838**

Since 1992, District 41 has facilitated the continuing display like the one above, on Metro Buses that travel throughout King, Snohomish and Pierce counties.

District 41 pays \$2200.00 a year, \$550.00 each quarter, to have 124 11"x17" signs displayed in Metro buses. District 41 will continue to facilitate the Bus Sign Project as long as members of the AA fellowship continue to support this much needed service.

Thanks to the contributions from individuals, groups and districts, we have had over 16 successful years.

**PLEASE CONTRIBUTE WHAT
YOU CAN TODAY,
TO HELP CARRY THE MESSAGE**

More information please contact dc41@area72aa.org

Please make checks payable to **DISTRICT 41 BUS SIGN PROJECT** and mail to DISTRICT 41, PO BOX 99132, SEATTLE WA 98139

Please apply the enclosed contribution \$ _____ to the District 41 Bus Sign Project

(Optional Information - Please print clearly if you would like a receipt)

Contributed by: _____
Address: _____

