

District 24 September Newsletter

Serving Lynnwood, Edmonds, and Mountlake Terrace Vicinity
District 24 is part of Western Washington (Area 72)

Wednesday, September 2, 2009



Clubs & Committee Positions	1
Business Meeting Minutes from August 2009	2
Chair Reports	3-4
Treasurer's Report	4
Final 2009 Motions	5-7
2009 Assembly Panels	7
Happenings	8-10
Western Washington Area 72 Assembly Registration	11

District 24 Business Meeting

Our regular business meeting is held on the first Wednesday of each month, starting at 7 p.m.

Location:

Edmonds Christian Church 230th and 84th W. Edmonds, WA

All are welcome!!

PHOENIX CLUB

New Address: 920A N. 160th St. Shoreline, WA

EDLYNN FELLOWSHIP HALL

New Address: 7526 Olympic View Dr. , Ste I Edmonds, WA 98026

2010 - INTERNATIONAL

Convention of Alcoholics Anonymous www.aa.org/en_intconv2010.cfm

SNO-KING INTERGROUP EVENTS

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 6th Ave W. in Edmonds, very near the intersection with Highway 99, south of 224th St. SW.

DISTRICT COMMITTEE

Positions & Contacts

DCM: Stephanie S. dcm24@area72aa.org

Alt DCM: Ann N.

dist.24.altdcm@gmail.com

Accessibility: Jane

dist.24.accessibilitychair@gmail.com

Corrections: Judy S.

dist.24.correctionschair@gmail.com

GSIG Zone Rep: Marshall E. marshall.emmons@gmail.com

Sno-King Intergroup Rep: Arnie

Schedules: Loretta

dist.24.schedule@gmail.com

Grapevine/Literature Chair: Jack

dist.24.literature@gmail.com

Archives: Jeff

dist.24.archives@gmail.com

Secretary: Leslie

dist.24.secretary@gmail.com

Registrar: Cheryl

dist.24.registrar@gmail.com

Treasurer: Marty

dist.24.treasurer@gmail.com

Coffee Maker: Rian

dist.24.coffeemaker@gmail.com

CPC: Joe Cstl.

dist.24.CPC@gmail.com

Public Information: Position is Open

dist.24.Pl@gmail.com

Treatment: Joe Crz.

dist.24.treatmentchair@gmail.com

Newsletter: Greg D.

dist.24.newletter@gmail.com

Web Chair: Greg D.

dist.24.webchair@gmail.com

Bridging the Gap: Janie

dist.24.bridgingthegap@gmail.com

INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southerncalspeakers.org

http://xa-speakers.org

DISTRICT 24 PO BOX FOR FUTURE GROUP DONATIONS:

District 24 P.O. Box 439

Lynnwood, WA 98046

UNITY • SERVICE • RECOVERY

1

BUSINESS MEETING MINUTES FROM AUGUST 2009

In Atte	ndance
Rian H	John S
Ann N	Leslie T
Kellee E	Jack R
Tammy	Arnie B
Jane E	Loretta M
Mike R	Judy S
Mike F	Teresa H
Pam L	Stephanie S
Cheryl M	Bob H
Doug N	Peg S
Tom B	Maura H
Lynn A	Ron B
	Jeff H

In Attendance may not be accurate.

Meeting called to order at 7pm

Serenity Prayer and Responsibility Declaration were recited.

Ken read Long Form of Concept 8 then introduction of position, name of home group and any announcements were given. June Birthdays: Loretta with 4 years, Anne N with 3!

REPORTS

Secretary: minutes read and they were approved.

Registrar: Cheryl not present.

Treasurer: Approved

Coffee Maker: Rian-all is good.

PI/CPC: Theresa is interested, will address at new business.

Treatment/Bridging the Gap: Reported difficulty in getting to Quarterly, bad communication. 7 successful Bridging the Gap links. First panel was done in treatment center at Alpine. Sign up sheet sent around for speaking at these panels and also for BTG links. Forms for BTG are

Webchair: Greg not present, Concern raised because link at area website does not go to our new website. Greg will be notified.

available on Area 72 website.

Newsletter: New Look. Hoping to received more reports.

Archives: Jeff has the archive materials now and is looking forward to the quarterly.

Grapevine/Literature Chair: Needs used Grapevines for Corrections, Clean Big Books and 12 x 12's needed also.

Sno-King Intergroup Rep: Arnie here for Doug, support needed for phones both at the office and carrying the cell.

GSIG Zone Rep: Marshall not present

Corrections: Volunteers needed.

Accessibility: Report attached.

DCM: Stephanie, report attached

Alt. DCM: Attached report

District Picnic: Peg has money for deposit, will get to Marty.

Old Business: No old business.

New Business: Schedules for state fair discussed. 200 recommended. Theresa volunteered for PI/CPC and enthusiastically voted in.

Meeting adjourned.

Respectfully, Leslie T District 24 Secretary

UNITY • SERVICE • RECOVERY

2

BUSINESS MEETING REPORTS FOR SEPTEMBER 2009

Alternate DCM Report

It has been a great month of attending meetings and celebrating my third birthday on August 6th.

I attended the Seattle Pre assembly on Saturday August 29th. Our dcm attended along with a few GSR's and our secretary Leslie. We went over the motions that we will bring to the assembly in October in Lynnwood.

Ann N.,
Alternate DCM24

D-24 Corrections Report

September will see some changes.... MSU has been approved for a new meeting on Saturdays, 9A-10A, a Big Book Study. Brendan D. from Bellingham will be the leader of the group, and I will be there as sponsor to allow access. I'm looking forward to more work on my steps. I'll be on vacation and traveling from 9/19 to 10/4, so I'll be looking for sponsors to fill in on Tuesdays and Saturdays. I've also been filling in on Thursdays when other sponsors are not available, so I'll probably have symptoms of withdrawal while on vacation.

My vacation will start with the Corrections Quarterly in Vancouver on 9/19, and I'll act as the secretary again, unless someone has been appointed or has volunteered. As secretary I have to pay attention to the reports, and I've already learned a lot from last months experience.

We're training a new volunteer in Sept., and I'm looking forward to more company for the meetings. It's the message, not the messenger, but we all present it in different ways, so I enjoy other voices of sobriety in the prison meetings, and so do the guys. If you think you'd be interested in this work, please see me or Nels, Jane or Rick P. We also need more volunteers to act as Bridgers between the prison and the world of AA. See me for an application or download one from area72aa.org.

Respectfully submitted,
Judy S., Corrections Chair
stiljudy@amail.com

Treatment/Bridging the Gap report

Hey All you Alkys.... heres the D-24 Treatment/Bridging the Gap report!! Well Ive done 3 presentations at Alpine Treatment(for August) and started carrying the message about Bridging the Gap even though it is an out patient facility. I also participated in a BTG presentation at Milams to see how others are presenting/sharing. I have found forms needed on the Area 72 website that I can print and the forms help me to do my position a little better. I'm looking forward to receiving all the speaker request forms I handed out at Julys D-24 meeting. Its amazing how hard it is to get people to speak when the window is so small.... you go through a lot of names to fill spots!! Alpine has requested a literature rack as mentioned last month. My plan after my wedding (and hunnymoon) is to go to other treatment facilities. So after the D-24 meeting I will be setting up speakers for this month than not much will be happening in my position and I will miss the D-24 meeting in Oct. I have had approx. 4-5 BTG requests from other districts for (mostly very young people) coming out of treatment into our district and I had one request from one of my presentations also. So...things are SLOWLY taking shape and moving forward. I'm glad I get to be of service....usually!!

Thank God for God Boomer

Schedule Report

The next Stapling party will be October 11th - from 1:00 to 5:00 pm (with cookies). See attached flyer and please promote at your meetings. I need all meeting updates by September 10th. I will have change forms at the meeting. I will need a check from Marty this week for the first half of payment for our order of schedules. I will have that amount on Wednesday when we meet.

Last month we decided to donate 200 schedules to the Evergreen State FAIR PI booth and I will take them on Saturday when I work the booth. I will call my contact to see if he needs some sooner.

Submitted By: Loretta M., Schedules Chair

UNITY • SERVICE • RECOVERY

Website Report IT'S UPTO DATE

You may have received email(s) from me letting you know about website updates. If you haven't received an email and would like to, send me an email at: dist.24.webchair.com and you will be included in future notifications. Your email will only be use to notify you about website updates, using BCC (blind CC). Respectfully following the 12 Tradition. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

If you want to add an event or there's a meeting missing from the schedule, email me dist.24.webchair@gmail.com.

Submitted By: Greg D., webchair

Newsletter Report

My apologizes for not sending out a reminder notice sooner and if your report didn't make it in time.

I received more reports this month, thanks for your participation.

Please Note: If you could provide me with your report the weekend before the meeting, it will give me more time to get this put together. It's difficult for me to design and print all within 24 hours.

Submitted By:

Greg D., Newsletter Chair dist.24.newsletter@gmail.com

TREASURER'S REPORT

	District 24	Checking Account				Dalamas
Date	Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt. (-	Deposit Amt. (+)	Balance Check book
Date	Туролчанног	r ay ror reconstantem	Explanation		()	June
7/17/2009	Account		Balances			1,456.32
	Deposit					,
7/18/2009	Group Donations	Freedom			30.00	
		Graceland			20.62	
		Celebrate Life			30.00	
7/25/2009		Lynnwood Study			10.00	
		Edmonds			45.42	
		Mountlake Terr. Sunday I	Night		150.00	
8/8/2009		Graceland			5.93	
	Picnic Revenues Checks				225.73	
7/20/2009	2578	Ann N.	copies	17.52		
7/24/2009	2579	Area Host Comm.	Ass'ly Reg.	192.00		
7/27/2009	2561	Judy Stilson	Qtrly - mileage	92.95		
8/18/2009	2565	Judy Stilson	newsletter	16.29		
8/19/2009	2581	Kathy Doss	Archives Qtrly	10.00		
8/18/2009	Svc Chg	Wells Fargo	•	5.00		
	· ·	· ·	Totals /			
8/18/2009			Balance	333.76	517.70	1,640.26
	July/Aug - Outstanding	<u>Checks</u>				
	T	Total		0.00		
	Deposit	Group DonationMountlake Terr. Wed.	After the Statem	ent Date		
22-Aug		Night			125.20	
/ tag		Total			125.20	
			<u> </u>		.20.20	
			Working balance			1,765.46

FINAL 2009 MOTIONS

"The Western Washington Area treasury fully fund American Sign Language (ASL) services at the annual Area Assembly and the three Area Committee Quarterlies for participating members as requested. It is not the intent of this motion to fund area standing committee quarterlies, which should be funded by the accessibilities committee."

Summary: This motion addresses the payment for only ASL services at three Area Quarterlies and the Assembly. It would shift payment of these costs from the Accessibility Committee's budget to the general Area Treasury.

NOTE: This motion would not affect Spanish interpretation at Quarterlies and the Assembly. Spanish interpretation will continue to be provided and paid for from Accessibility Committee funds.

Current Practice: Currently, the Accessibility Committee is responsible for handling all ASL interpretation needs as detailed in their guidelines and that their budget of \$7,500.00 allows. The \$7,500.00 allocation was established, in part, with providing interpretive services in mind. The Committee Guidelines state that ASL interpretation will be provided for at Area Committee Quarterlies and the Area Assembly if requested. Typically, a request comes in about a month before the event. Because it is not known if the service will be required for the Quarterlies and Assembly, Committee funds are tied up for most of the year, "on hold" to meet any possible expense. In addition, if ASL services are required at all 4 events, along with Spanish interpretation, it leaves the Committee with very little funds to undertake other actions and may result in the Committee having insufficient funds to cover all events.

If Passed: Funding for ASL services would come directly from the WWA treasury instead of from the Accessibility Committee's budget. The Accessibility Committee would be left with a \$7,500.00 allocation to work with. The Committee could use the funds to provide interpretive services at other Area business meetings, support new District Accessibility Committees by providing literature, and supporting outreach efforts for other accessibility needs ("shut ins", sight impaired, etc.).

If Not Passed: ASL services would continue to be funded from the Accessibility Committee's budget.

For Consideration: Tradition 7, Concept IV, WWA Accessibility Committee Guidelines

Approved requests for interpretation and/ or translation at the three Area Quarterlies and the annual Area Assembly be funded by the Area treasury.

Summary: This motion would fund all interpretation and translation costs for the four listed events from the Area treasury.

NOTE: For the Area's purpose, interpretation is the conversion of spoken or signed words from one language to another; translation is the conversion of written documents from one language to another.

Current Practice: Currently, the Accessibility Committee is responsible for handling all accessibility needs within their guidelines and that their budget of \$7,500.00 allows. This includes interpretation and translation costs for the Area Quarterlies and the Assembly. The \$7,500.00 allocation was established, in part, with providing these services in mind. Because it is not known if interpretation services will be required for the Quarterlies and Assembly, Committee funds are tied up for most of the year, "on hold" to meet any possible expense. In addition, if ASL and Spanish interpretation services are required at all 4 events, it leaves the Committee with very little funds to undertake other actions and may result in the Committee having insufficient funds to cover all events.

If Passed: Funding for interpretation and translation at the Assembly and the three Area Quarterlies would come directly from the WWA treasury instead of from the Accessibility Committee's budget. The Accessibility Committee would be left with a \$7,500.00 allocation to work with. The Committee could use the funds to provide interpretive services at other Area business meetings, support new District Accessibility Committees by providing literature, and supporting outreach efforts for other accessibility needs ("shut ins", sight impaired, etc.).

If Not Passed: interpretation and translation would continue to be funded from the Accessibility Committee's budget.

UNITY · SERVICE · RECOVERY 5

For Consideration: Tradition 7, Concept IV, WWA Accessibility Committee Guidelines

The Western Washington Area makes available to the Cooperation with the Professional Community (CPC) Committee money for exhibit/booth fees at professional conferences/conventions not to exceed \$1,000.00 per year.

Summary: This motion would provide funds for the Area CPC Committee to set up information booths at conferences and/ or conventions held by members of the professional communities they interact with.

Current Practice: The CPC has an allocation of \$500.00 for literature and does not have allocated funds for attendance fees, etc. The CPC Committee has been asked to set up an information booth at the last two State Criminal Justice Conferences. These requests were unplanned for and the money to participate was covered under Motion 06.2. These requests have shown the Committee that this might be an annual activity for them (and thus, not an "unexpected" expense covered by 06.2) and raised the possibility for the Committee to participate in other such events.

If Passed: The CPC Committee would have the means to participate in professional conferences and conventions, allowing them the ability to reach a larger number of people at one time. Potential events are the UW Continuing Nursing Education Conference, the Group Health Leadership Conference, and the Washington State Dental Association Pacific Northwest Dental Conference. Exhibit fees range from \$150 to \$1000 depending on the size and location of the conference or convention.

If Not Passed: The CPC Committee would have to react to requests on a case-by-case basis and seek funding under Motion 06.2. The uncertainty of annual expenses for these events might create a problem in calculating annual expenses for the Area.

For consideration: Tradition 7, Page 17 of the GSO CPC Workbook encourages participation in State and local professional meetings and states that, "If possible, the committee's budget should include funds for exhibit space fees for these events, literature for professional meetings, and small, unanticipated opportunities throughout the year." [http://www.aa.org/pdf/products/m-41i_CPCWorkbook.pdf]

"We ask AA World Services to produce pamphlets without staples so that they can enter into all correctional facilities."

Summary: This would be a request to AA World Services (AAWS) who may or may not choose to act on it. Requests to AAWS made with full Area support carry more weight at the General Service Conference. Other Areas have recently made similar requests.

Current Practice: AAWS produces most pamphlets with staples. Literature with staples is not allowed in some correctional facilities, requiring Correctional Committees to remove the staples and bind the pamphlets with thread or other methods before providing them to facilities. Among the pamphlets that the maker of the motion would like to see distributed to correctional facilities are:

"This is A. A."

"44 Questions"

"A. A. for Women"

"Memo to an Inmate"

"The A. A. Member - Medications and
Other Drugs"

"Questions and Answers on Sponsorship"

"Is A. A. for Me?"

If Passed: Correction Committees would be able to more easily provide inmates with AA literature.

If Not Passed: Correction Committees would continue to have to remove staples and may be limited on the number of pamphlets they can provide to facilities depending on their ability to "de-staple" pamphlets.

For Consideration: Tradition 5, GSO Corrections Workbook [http://www.aa.org/pdf/products/m-45i_corrections.pdf]

NOTE: In response to Area 72 inquiries, AAWS has stated that they have looked into staple-less publishing before, but have determined that it is was not feasible due to costs and there was no practicable nonglue method for binding smaller (fewer page) pamphlets without staples. They do produce several products bound with glue that can go directly into correctional facilities: "Memo to an Inmate" and "It Sure Beats Sitting in a Cell"; the Big Book and the Twelve and Twelve soft cover editions and pocket editions; A.A. In Prison: Inmate to Inmate; and other soft-cover books. The A.A. Grapevine is also now bound with glue.

UNITY • SERVICE • RECOVERY 6

"Move that the WWA 72 mileage allowance be reduced from the full IRS business rate to 2/3 the prevailing IRS business rate "

Summary: This would reduce the amount of money the Area pays to compensate Area trusted servants for travel mileage under Motion 06.3.

Current Practice: The area reimburses mileage expenses of elected and appointed trusted servants and steering committee members at the current IRS business rate. The current rate is \$0.55 per mile. The IRS business rate takes into consideration transportation costs of operating a vehicle including gasoline, depreciation, insurance and wear and tear on the vehicle.

If Passed: The motion would decrease the amount spent on travel for Area 72 business. If this motion were currently in effect we would be reimbursing at \$0.36 per mile.

If Not Passed: Reimbursements would continue at the current full IRS business rate.

For consideration: Tradition 7

2009 Assembly Panels

Our Commitment to Carry A.A.'s Message – Enthusiasm and Gratitude in Action

- ❖ 12:00 12:50PM –...
 - > ROOM 1D
 - > ROUNDTABLE 1 CREATING ENTHUSIASM IN AND FOR SERVICE
 - > ROOM 1F
 - > ROUNDTABLE 2 HOW DOES A HOME GROUP CONTRIBUTE TO RECOVERY

❖ 1:00 – 1:50PM – BUILDING UNITY THRU COMMUNICATION ➤ ROOM 1D

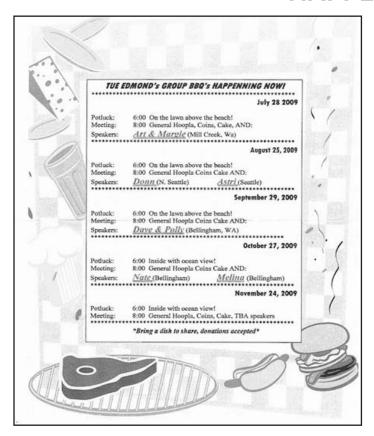
- > AT THE AREA LEVEL
 - 1. NEWSLETTER
 - 2. WEBSITE
 - 3. REPORTING TO YOUR GROUP
 - 4. REPORTING TO YOUR DISTRICT
- > ROOM 1E
- AT THE REGIONAL/NATIONAL LEVEL
 - 1. GENERAL SERVICE OFFICE
 - 2. GENERAL SERVICE BOARD
 - 3. REGIONAL FORUMS
 - 4. AA GRAPEVINE
- > ROOM 1F
- AT THE CONFERENCE
 - CONFERENCE A YEAR ROUND PROCESS
 - 2. How does a motion get on the conference agenda?
 - 3. How to get a group conscience
 - 4. FINAL CONFERENCE REPORT WHAT DO YOU DO WITH IT

2:00 – 2:50PM – OUR SPIRITUAL FOUNDATIONS

- > ROOM 1D
- > THE WARRANTIES
 - 1. WARRANTIES 1 & 2
 - 2. Warranties 3 & 4
 - 3. WARRANTIES 5 & 6
 - 4. Bringing it all together

UNITY • SERVICE • RECOVERY 7

HAPPENINGS



CHALLENGE



Do some early spring cleaning and gather up all old, unused Grapevine magazines, AA-approved literature, including old Big Books and 12 x 12's to donate. Bring these items to your Home Group for your GSR to bring to the next District Business Meeting. The Home Group that donates the most literature for that month will collect an AA-approved book-ofthe-month.



Contact Claire L. with questions, 425-750-6726, leblanc39@yahoo.com

Sno-King Intergroup

Hours: 11:00AM to 7:00PM Seven days a week, 365 days a year



Be of service to Alcoholics Anonymous

Phone Volunteer Work (No minimum sober time) Shifts available: "Weekdays: 2 hours, once a week (individuals) "Weekends: 4 hours, once a month (groups)

Call Arnie at 206-399-7249 for current shift ope

➤ Cell Phone Weekly Volunteers

Call Kris at 425-743-7080 for cell phone service p



Way of Life

Is moving as of Sept. 2, 2009

Same day & time (Wednesdays 7 - 8pm) To Northlake Christian Church 19029 North Road

"See Map on Back"

Off 164th St. SW head South on North Road. to 19029 North Road (south end of North Road) (Across the St. to the East of Floral Hills Cemetery)

HAPPENINGS



WHERE CAN A DRUNK FIND ALCOHOLICS ANONYMOUS BY ACCIDENT?

(THE PUBLIC INFORMATION BOOTH AT THE EVERGREEN STATE FAIR IN MONROE !!)

Since the P.I. Booth started in 1998, over 9 MILLION people have gone to the fair, and they took over 10 THOUSAND AA pamphlets and meeting schedules!!

If you know another way to put AA literature within the reach of almost a million people a year, we want to hear about it!!!!!

If just one district could do it all, we would, but we can't, so we're asking for help again this year.

We need contributions to pay for rent and literature, and we need volunteers to staff the booth.

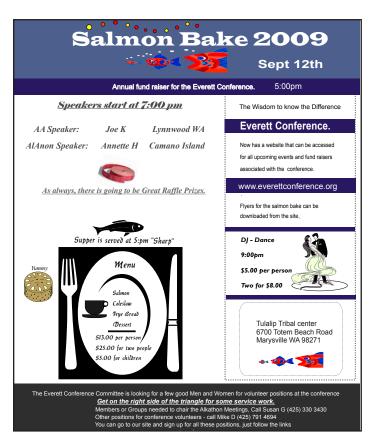
For further information, call:

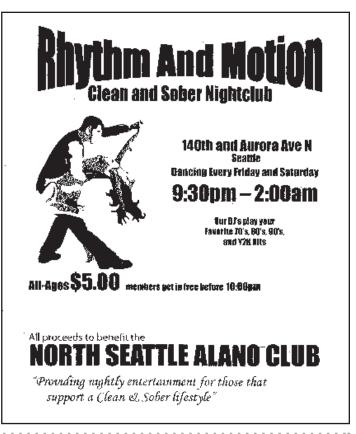
Lolinda H. Jay B.

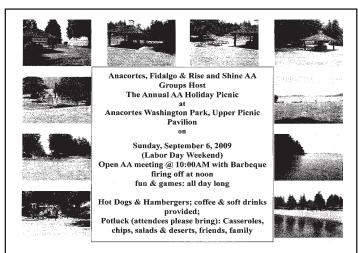
425-876-6864 Chairperson

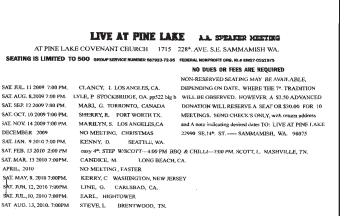
425-319-9749 Volunteer Coordinator

Groups, districts, or individual AA's can send contributions to: AA PI Booth, Box 1894, Sultan, WA 98294









Saturday morning Omelet Breakfast & Meeting!

In the Lynnwood Alano Club back parking lot

4001 198th St SW Lynnwood, WA 98036

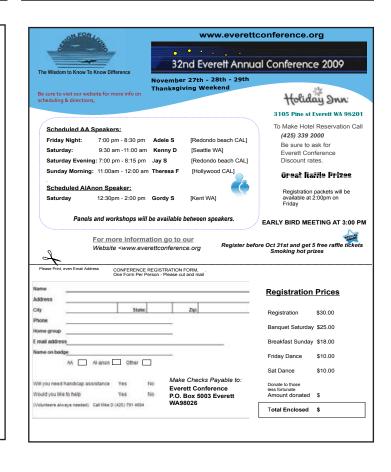
This breakfast, like our meetings, runs on donations.

Unlike our meetings, the better the donations, the better next weeks breakfast will be!



Start your Saturday with fresh made Omelets and a Meeting! Serving Omelets at 9AM Meeting at 10AM

New Cook Ben!



UNITY • SERVICE • RECOVERY

APRIL, 2010

2009 WESTERN WASHINGTON AREA 72 ASSEMBLY

October 2, 3, and 4, 2009

Lynnwood Convention Center 3711 196th St. SW, Lynnwood, WA 98036

HOSTED BY DISTRICT 12

THE ANNUAL BUSINESS MEETING FOR WESTERN WASHINGTON AREA 72

"Our Commitment to Carry AA's Message -Enthusiasm and Gratitude in Action"

Hotel Information on Other Side

Friday: 11:30am Panels/Workshops/ Ice Cream Social Saturday: 8:00am **Business Meeting** Sunday: 8:00am

Spiritual Breakfast

UNITY • SERVICE • RECOVERY



Map and Directions on Other Side

Questions? Email:

Chris, Chair

assembly09chair@area72aa.org

Harriet, Area Alt. Chair

altchair@area72aa.org

Gwen, Registration

assembly09registrar@area72aa.org

Area 72 website:

www.area72aa.org

District 12 website:

www.snocoaa.com

Separate Along Dotted Line and Submit to Address Below

Full Name:	Mail in registration till 9/18/		nase separately, please che	ck all that apply	
Name for your badge:		\Box R	Price \$20.00		
	t#:	□ Ea	arly Registration Discount riday Ice Cream Social	-\$5.00 \$7.00	
	x:		aturday Lunch aturday Dinner	\$22.00 \$30.00	
City/State/Zip:		TOTAL TWO CORP		\$22.00 \$	
Please ind ☐ GSR	icate your position:		are not able to meet special check payable to: 2009 Area 72	·	
□ Alt. GSR□ DCM□ Alt. DCM	Past Area Officer Past Trusted Servant Other Cerpreter? (Request by 09/05/2009)	Send to:	Ato: 2009 Area 72 Host Committee PO Box 1571 Marysville, WA 98270 Registration pays for rent and expenses per Motion (approved 90.2). Payment of the \$20 registration fee is voluntary.		
ASL	Spanish		r ayınını orune \$20 registi atılori ree is	s voiuinary.	