



DISTRICT 24 NEWSLETTER

DECEMBER 2015

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, December 7th, 2014

Check out District 24 on the web at: www.district24.org

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DISTRICT COMMITTEE

DCM: Tom L.
dcm24@area72aa.org

Alt DCM: Tari B.
altdcm24@area72aa.org

Accessibility: Lori
dist.24.accessibilitychair@gmail.com

Corrections: Greg
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Roger

Schedules: Andy
dist.24.schedule@gmail.com

Grapevine/Literature: Kevin
dist.24.literature@gmail.com

Secretary: Anna
dist.24.secretary@gmail.com

CHAIRS & CONTACTS

Treasurer: Katie – Alternate: Joyce
dist.24.treasurer@gmail.com

Archives: Ron A – Alternate: Annie N
dist.24.archives@gmail.com

CPC: OPEN
dist.24.CPC@gmail.com

Public Information: Jim
dist.24.PI@gmail.com

Treatment / Bridging the Gap: Norm
dist.24.treatmentchair@gmail.com

Newsletter: Rick P.
dist.24.newsletter@gmail.com

Web Chair: David
dist.24.webchair@gmail.com

Registrar: Claire W.
dist.24.registrar@gmail.com

District Address **For Group Donations**

District 24, PO BOX 439
Lynnwood, WA 98046

District 24 **Business Meetings**

7pm, 1st Wed. of each month

21018 Hwy 99, Edmonds
(PUD building)

Sno-King Intergroup **Business Meetings**

7pm, 3rd Wed. of each month
22617 76th Ave W,
Suite 203, Edmonds
(STONE COURT BUILDING)



DECLARATION OF UNITY

*"This we owe to A.A.'s future; to place
our common welfare first; to keep our
Fellowship united. For on A.A. unity
depend our lives, and the lives of those*



RESPONSIBILITY PLEDGE

*"I am responsible. When anyone,
anywhere, reaches out for help, I want
the hand of A.A. always to be there. And
for that, I am responsible."*

BUSINESS MEETING MINUTES FROM DECEMBER 3RD, 2014 @ 7 P.M.

Steve L	Claire	Barbara S.	Annie N	Dusty	Susan	Andy
Lori	Annie F.	Norm	Chrissy	Jeff L	Alvin	Tammy
Roger	Jim	Jeff H	Cathy Jo	Rick P	David	Kevin
Jon	Ron	Carol	Sandy	Peg	Tom	Eric
Tari						

Open with the Serenity Prayer

Responsibility Declaration

Reading of short form of Concept 12

Introductions

Birthdays: Tom (21)

Trusted Servant Reports

Secretary – Anna – ABSENT

Registrar – Claire W. – Working on getting everyone’s information correct

Treasurer – Carol V. – *Motion to approve Treasurer’s report. Andy moved to accept, Anie seconded. Motion passed.

Alt. Treasurer – Joyce – Not Present.

Public Information– Steve – No longer meeting with other district PI chairs. Will continue working to get the information out there.

CPC– Ed – Not present.

Treatment and Bridging the Gap – Jeff H. – Presented a flyer to encourage people to sign up to get newcomers to meetings. GSR’s to take to home groups.

Newsletter – Cathy Jo – Loves putting the newsletter together, would be ok with staying on as the newsletter chair but only in the assembling of the newsletter, her schedule doesn’t allow the pick-up & delivery to the district meeting.

Web – Eric E. – The website is in need of new information. Please submit flyers of events & goings-on in your groups,

Archives – Ron A. Please see report in newsletter.

Alt Archives– Annie N. – No report.

Grapevine/Literature – Kevin – Discussed new pamphlets and literature that is now available.

Schedules – Sandi – Would love to show some the ins & outs of the Schedule chair position.

Sno-King Intergroup – Roger – Report handed out.

GSIG Zone Rep– Normand – No report.

Corrections – Greg -- Please see report in newsletter.

Accessibility – Annie F. – No report

Alternate DCM – Tom – No report.

DCM– Peg S. – Please see report in newsletter.

OLD BUSINESS: No old business.

NEW BUSINESS:

- ❖ **ELECTIONS!!!**
PI – Jim
CPC – OPEN
Treatment/BTG – Norm
Newsletter – Rick P.
Web – David
Archives – Ron
Alt Archives – Annie N
Grapevine/Literature – Kevin
Schedules – Andy
SnoKing Intergroup Rep – OPEN
GSIG – Roger
Corrections – Greg
Accessibility – Lori
- ❖ Carol discovered a money order for \$70 from the Honesty group in 2011. Since the money is so old there is a possibility that the issuing co. may charge \$42 for cashing it. It was decided to deposit it and see what happens.
- ❖ Peg suggested creating a 3rd Legacy Committee for D24. Will present more information at the next business meeting.

Closed with the **UNITY DECLARATION**

***NEXT BIZ MEETING
February 4th, 2015***

COMMITTEE CHAIR REPORTS FOR DECEMBER 2014**DCM REPORT – TOM L.**

Happy New Year!

Looking forward to 2015 DCM position and helping at the district meetings. Unity and service will be the focus on this year meetings. Nothing new but the Year.

Peg set up Area 72 Quarterly. She was in the hospital and is doing better now.

Teri, your Alt DCM, and I attended the Area 72 Quarterly at the Edmonds Senior Center and want to thank Claire, Roger, Andy and Railroad John for making this happen.

The new elected positions in Area 72 are filled and all attended and look forward to communicating the important info and not make it too long.

Please see the Flyer for the GSR School on February 7

Thanks, call or E-Mail any questions.

Tom Laris
206-391-0843
tomlaris@live.com

TRESURER'S REPORT – Carol V

I have the flu and I will not be able to attend the meeting and provide the treasurers report. I will send out when able.

NEWSLETTER CHAIR REPORT – Cathy Jo.

Hope everyone had a safe & fabulous holiday season! Due to the nature of the season & the general busy-ness that ensues, Rick P (you incoming newsletter chair) and I have been unable to meet & make any transition. He is currently shopping for a lap top and and some point we will get together & I can teach him how to put this thing together. For now I will continue creating the newsletter & Rick will be your contact at the meetings for picking it up, and delivering it to you. If you have any submissions or meeting change info you can either give it to Rick at the business meeting or email it to dist.24.newsletter@gmail.com as usual and we will both have access there. Thank you and have a great New Year!

CORRECTIONS REPORT – Greg B.

Well, since my last report I was able to go to the Corrections Quarterly and made contact with the new corrections chair in District 12 (Everett) and they are in need of some volunteers for Youth Center that meets on Wednesday nights at seven. If interested, contact me and I will give you the contact. I've also took the liberty to make labels for the pink can and what it does is take the money to buy literature to take into the institutions in our area. I will collect the proceeds at the district meeting and take them to Seattle intergroup office on the second Monday of every month at 6:30. They also take donations of used and new grapevines that we can take into the institutions also for our incarcerated AA members. I also found out in our area alone last year (2014) there were 242 inmates that were met by AA members upon the release. I do have a copy of the minutes from area 72 corrections quarterly and that and other literature can be found on the website under Corrections Committee. I was also able to obtain a list of all the juvenile detention centers, Washington state prisons, county jails and work release in our area I plan on utilizing it and making phone calls and see if there's any areas where they need help. And when I do is when I will come back and start asking for some volunteers. I am blessed I get to go in every month to Monroe state prison and get to bring a meeting in with some other men to the incarcerated AA members and there's nothing like it. They're very serious about recovery and program and spreading the message. Just imagine in that setting working and living the principles of the AA program, The 12 steps and 12 traditions on a daily basis.

Thanks, Greg Ballew

A DISTRICT 24 INVENTORY WAS HELD AT THE NOVEMBER 2014 BUSINESS MEETING.

HERE ARE THE NOTES FROM THAT INVENTORY.

IT IS SUGGESTED THAT EACH GROUP HOLD IT'S OWN INVENTORY ANNUALLY.

1. What is the basic purpose of the District Committee?

To carry the message to the still suffering alcoholic.

The topics discussed are taken to home groups.

The topics from the home groups are taken to the District.

2. What additional activities can we engage in, to carry the message?

Gratitude banquet, District picnic, Bus signs project, Booth at Evergreen Fair, Outreach to professional community.

At the groups: to volunteer and encourage people to serve at District level.

3. Considering the number of alcoholics in our district, are we reaching enough people?

80 to 100 groups, alcoholics not Home Groups. How many GSR's are there verses Home Groups?

There are more Home Groups than GSR's so no we are not reaching enough people.

4. What has the District done lately to bring the AA message to the attention of professionals who can be helpful in reaching those who are in need of A.A.?

We have committees who go to treatment centers. They contact Doctors and treatment centers to ask if we can give a presentation.

5. Do we try to illustrate a good cross section of A.A. in our message carrying?

Yes, we have Old, Young, Newcomers', ASL, ESL, and LGBT, but we can do better.

District need to do more outreach to Home Groups.

6. Do new G.S.R.'s stick with us, or does our turnover and missed meetings seem excessive?

Yes, GSRs do stick with us.

DISTRICT 24 INVENTORY NOTES CONTINUED.....

7. How effective are we in communicating with all our groups?

Not very effective; If HG's do not have GSR's they do not know what is happening at District. We need to inform Home Groups they don't have to be a GSR to attend District Meetings or have a service position at District level. Bring flyers and announcements about the goings on to the meetings we all attend.

8. Do all AA's know about district meetings and have the opportunity to attend?

No, Suggested a committee be started to contact Home Groups.

9. Has enough effort been made to explain to all, the value and purpose of a G.S.R.?

No, The Home Groups who don't have GSR's we need to communicate how important they are.

10. Do all G.S.R.'s have adequate opportunity to serve on committees? YES

11. Are district officers picked with care and consideration? YES

12. Do our groups carry their fair share of supporting the Area and the General Service Office (GSO)?

Yes, Rep is at Quarterly.

And No, financially we have not given for 3-5 years. After Home Groups have reached their prudent reserve, they need to donate to District and GSO.

13. How well are our groups informed about what is happening in A.A. worldwide?

Not well. There is; BOX 459, Grapevine, Conference Reports, Regional Quarterly and Pacific Regional quarterly.

14. Are our District meetings informative and enthusiastic? YES and YES

AMAA IS MOVING!

AMAA meets at 7 am Mon-Wed-Fri
AND at 8 am Saturday & Sunday

In February we will be moving to our
new location in Lynnwood.

*AMAA currently meets at the Blue Ridge
Fire Station, but will be moving on the first
of February to the Fire Station located at
18800 44th Avenue W. in Lynnwood, next to
the Lynnwood City Hall & the Rec Center.*

SATURDAY
FEBRUARY 7TH, 2015

10:00 – 12:30

GSR & GENERAL SERVICE

General Service Workshop & introduction for
new GSRs

BETHEL LUTHERAN
CHURCH (WHERE THE
JAYWALKER GROUP MEETS)

17418 8TH AVE NE,
SHORELINE, WA 98155



Hosted by Districts
16, 17, 19, 24, 39
and 42

What are these
packets from
GSO?

What is a PRE-
Conference?
(Do we go to a
Conference?)

Homegroup >
District >
Area >
GSO

I am
responsible.....

Any district, Any
member of any
Group is
welcome to join!

2015 - Second Annual

Step Ashore

"The Northwest Woodstock Of AA's"

2015 PROGRAM

BILLS STORY + STEP 1 - STEPS 2+3 - STEPS 4+5 - STEPS 6+7 - STEPS 8+9
SATURDAY NIGHT SPEAKER - STEPS 10+11 - STEP 12 + SPONSORSHIP

SHELDON F., - LAS VEGAS, NV
MARI G., - TORONTO, CANADA
STEVE L., - BRENTWOOD, TN
BUTCH M., - TORONTO, CANADA
EDITH P., - OMAHA, NE
KEN DEV., - LA MESA, CA
CHAD P., - AUSTIN, TX
LARRY T., - LAKEWOOD, CA

- All Program and Meals Are For Everybody Inclusive
- Las Vegas Style Prime Rib/Salmon/Veg Buffet Dinner
- Ice Cream Friday + Beach Fire-Cocoa Sat.
- Full Breakfast Buffet Sunday Morning Included For All
- Quality Big Book Step Format
- Details on Web www.nwwoodstockofaa.org

AUGUST 7-9, 2015 - OCEAN SHORES CONVENTION CENTER

FULL PACKAGE PRE-REGISTRATION ONLY \$79

REGISTER EARLY - AFFORDABLE HOTEL LINKS ON WEB

Name	Name
Address	Address
City	City
State/Zip	State/Zip
Phone	Phone
Email	Email
Badge Name	Badge Name

Mail To - Step Ashore PO Box 192 Port Orchard, WA 98366

EASY REGISTER ONLINE!
WWW.NWWOODSTOCKOFAA.ORG



Keep it Simple

17th Annual

Okanogan Valley Winter Roundup

JANUARY 23rd - 25th 2015

Omak Performing Arts Center

20 South Cedar

Omak, WA 98841

See Map on Back

Featured Speakers

AA Speaker - Doug R., Tujunga, CA

AA Speaker - Carla R., Tujunga, CA

AA Native American Speaker

AI-Anon Speaker - Ruth S., Seattle WA

Fun Fellowship Spiritually Silent Auction

Raffle Countdown

On-going AI-Anon Meetings

On-Going AA Meetings

Old Timers Panel

Ask-it Basket-Speaker Panel

Cut & Return This To: Okanogan Roundup, P.O. Box 3873, Omak, WA 98841
Registration will not be open before 4:00PM

There Are Limited Number of Scholarships Available
Call Valerie D. 309-422-0397 or Dolores E. 309-429-8436
Please Print Below Listed Information

Fees for 2015 Roundup

Please Indicate Number

Registration \$15 x _____ = \$ _____

Name: _____ AA or AI-Anon

SOUVENIRS Please Indicate Number

Name: _____ AA or AI-Anon

Coffee Mugs \$6 x _____ = \$ _____

Address: _____


Amount Enclosed: \$ _____

City: _____ State: _____ Zip: _____

Phone: _____ e-mail: _____

Would you like to Volunteer? Check Here _____

*The Utah Area is looking forward to hosting
PRAASA 2015*



March 6 - 8, 2015
Davis Conference Center
1651 North 700 West
Layton, Utah 84041

PRAASA, the Pacific Region AA Service Assembly"

The purpose of PRAASA is to develop greater unity among the members, groups and areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA.

The experience of PRAASA is something no one in AA, and certainly no one in service, would ever call boring. Once experienced it becomes an event you will never want to miss! The entire weekend is packed with panels, round table discussions, presentations, open mike sharing, speakers, wonderful meals and ongoing fellowship.

All of this intense sharing is focused on how each of us can better carry the AA message to the still suffering alcoholic. *Come and experience the most intense, enthusiastic service event you may have ever encountered*


Friday:
11:30 AM to 1:00 PM Orientation (Past Pacific Region Trustee)
1:00 PM - Welcome - PRAASA Begins
1:00 PM - 10:30 PM - Panels & Roundtables

Saturday:
8:00 AM - Midnight - Panels & Roundtables

Sunday:
8:00 AM - 12:15 PM - Past Trustee Panel / PRAASA Closing
3:00 PM - 5:00 PM - Wrap Up Meeting

** For those of us who can't wait there's even an early bird meeting Thursday, March 5th 8:00 PM*

For more information and on line registration see praasa.org



NEVER ALONE

26th ANNUAL YAKIMA VALLEY ROUNDUP

FEBRUARY 13th, 14th, 15th, 2015
Yakima Convention Center - Yakima, WA

Steve L. - Nashville, Tennessee
Madeline P. - Happy Valley, Oregon
Don L. - Bellingham, Washington

Larry T. - Lakewood, California
Ellen C. - Addison, Texas
Victor N. - Kirkland, Washington

PLEASE PRINT

NAME _____
 AA _____ Alaton _____ Alateen _____

GUEST NAME _____
 AA _____ Alaton _____ Alateen _____

Address _____

City _____ State _____ Zip _____

Phone _____ e-mail _____

Please Mail Registrations to:

Yakima Valley Roundup
 P O Box 10803
 Yakima, WA 98909

or

Register online :
www.yakimavalleyroundup.com

Visit our Facebook page:
 20th-Annual-Yakima-Valley-Roundup

For more information, contact

Tim F. 509-307-0725
 Marlette W. 509-426-0223

For scholarship information contact:
 Rory C. 509-949-3973

For Room Reservations:
 Red Lion Inn 509-248-5900
 607 E Yakima Ave.
 Special Roundup pricing \$90 per night
 (Mention you are with The Roundup.)

Other Hotels:

- Holiday Inn 802 S. Yakima Avenue 509-494-7000
- Howard Johnson 9 N. 9th Street 509-452-6111
- Holiday Inn Express 1001 East A Street 509-246-1000
- Globe House Inn 1010 East A Street 509-452-8101 (Bentley Cedar Inn)

The Yakima Valley Round Up is not an AA meeting. Our conference is a self-supporting event. Registration is an opportunity to participate in the roundup and a registration badge is required for all general events.

Save \$15.00! Introducing THE WORKS Package.
 Registration, all Meals, ticket to the COMEDIAN, and commemorative Cup.

Before 1/31/2015

THE WORKS	120.00 ea
Pre-Registration	25.00 ea
Alaton Luncheon	25.00 ea
Saturday Night Banquet	33.00 ea
Sunday Breakfast	25.00 ea
Saturday Night Comedian	20.00 ea

(Kurtis Mathewson) Check the website:
<http://www.recoveryconally.com/>

T-Shirt- Long Sleeve	SXL 15.00 ZXL 18.75 XXL 20.75
Swanshirt	SXL 25.00 ZXL 28.00 XXL 30.00
Coffee Cup	7.00 ea
Scholarship Donation	_____
TOTAL	\$ _____

After 2/1/2015

THE WORKS	135.00 ea
Registration	30.00 ea
Alaton Luncheon	27.00 ea
Saturday Night Banquet	36.00 ea
Sunday Breakfast	27.00 ea
Saturday Night Comedian	20.00 ea

(Kurtis Mathewson) Check the website:
<http://www.recoveryconally.com/>

T-Shirt- Long Sleeve	SXL 17.00 ZXL 20.75 XXL 22.75
Swanshirt	SXL 27.00 ZXL 30.00 XXL 32.00
Coffee Cup	10.00 ea
Scholarship Donation	_____
TOTAL	\$ _____

Good News: Friday night's dance is FREE, and will feature a 50/50 raffle.

Area 72 Quarterlies, Events & Happenings

Jan 10, 2015

9:00AM - Fellowship

10:00AM - Business

12:00 PM - Lunch

1:00PM - 3:00PM Business

*Potluck lunch, breakfast pastries and
fruit provided, 7th Tradition observed*

Treatment Committee Quarterly - Winter 2015

Greater Seattle Intergroup

5507 6th Ave S

Seattle

Jan 17, 2015

9:00 AM - Fellowship

10:00 AM - Business

12:00 PM - Lunch

*Pizza, salad and refreshments
provided, bring a dish to share,
7th Tradition observed*

Accessibility Committee Quarterly – Winter 2015

Greater Seattle Intergroup

5507 6th Ave S

Seattle, WA 98108

Jan 24, 2015

9:00 AM - Fellowship

10:00 AM - Business

*Lunch provided, please bring a dessert,
7th Tradition observed*

Web Committee Quarterly - Fall 2014

1401 Poplar Ave, Everett, WA 98201

Feb 14, 2015

9:00AM - Fellowship

10:00AM - Joint Business Meeting

12:00PM Lunch

1:00PM - 3:00PM PI/CPC Meetings

*Main dish, beverages and pastries
provided, bring side dish to share
7th Tradition observed*

PI & CPC Committees Quarterly - Winter 2015**PI / CPC Trimestral**

First Christian Church

701 Franklin St

Olympia, WA 98507

March 21, 2015**42nd Annual Burien Little Assembly**

John F. Kennedy High School

140th & 1st Ave S

Burien, WA 98168