

# **DISTRICT 24 NEWSLETTER**

# **MAY 2013**

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, May 1st. 2013

Check out District 24 on the web at: www.district24.org

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## **DECLARATION OF UNITY**

This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

### **RESPONSIBILITY PLEDGE**

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

# <u>District 24</u> <u>Business Meetings</u>

1st Wednesday
Of each month at 7:00 p.m.

21018 Hwy 99, Edmonds (PUD building)

# SNO-KING INTERGROUP BUSINESS MEETINGS

3rd Wed. of each month @ 7:00 p.m.

Sno-King Intergroup is located on the 2nd floor of the Stone Court building on 76th Ave W. in Edmonds, very near the intersection with Hwy 99, south of 224th St. SW. Call 425-672-0987 for further info or service work.

# **DISTRICT COMMITTEE**Positions & Contacts

DCM: Peg S.

dcm24@area72aa.org

Alt DCM: Tom

altdcm24@area72aa.org

**Accessibility:** Annie F.

dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.

dist.24.correctionschair@gmail.com

**GSIG Zone Rep:** Vincent M.

Elevents@gmail.com

Schedules: Sandi

dist.24.schedule@gmail.com

Grapevine/Literature Chair: Annie N.

dist.24.literature@gmail.com

Archives: Claire

dist.24.archives@gmail.com

Alt Archives: Ron A.

dist.24.archives@gmail.com

Secretary: Julia K.

dist.24.secretary@gmail.com

Registrar: Claire C.

dist.24.registrar@gmail.com

Treasurer: Carol V.

dist.24.treasurer@gmail.com

Alt Treasurer: Meredy

dist.24.treasurer@gmail.com

Coffee Maker: Kim H.

dist.24.coffeemaker@gmail.com

CPC: Bob B.

dist.24.CPC@gmail.com

Public Information: Ed

dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.

dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo

dist.24.newsletter@gmail.com

Web Chair: Eric E.

dist.24.webchair@gmail.com

# INTERNET MEETINGS FOR HOUSE-BOUND PEOPLE:

Here are two links:

www.southerncalspeakers.org http://xa-speakers.org

Or Contact for assistance

dist.24.accessibilitychair@gmail.com

# DISTRICT ADDRESS FOR GROUP DONATIONS:

District 24, PO BOX 439 Lynnwood, WA 98046

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:

# **BUSINESS MEETING MINUTES FROM APRIL 3rd, 2013**

_						
	Carol V.	Stephanie S.	Ann N.	Peg S.	Tom L.	Arnie B.
	Claire G.	John M.	Bill N.	Robert Smiley	Eric E.	Jon F.
	Steve L.	Claire C.	Bob H.	Meredy D.	Ron A.	Vincent
	Tari B.	Roger	Sandi	Jamie R.	Tammy H.	Dusty K.
	Geri S.	Annie F.	Ed C.	Erik J.	Julia	

Open with the Serenity Prayer @ 7 p.m. Responsibility Declaration Reading of short form of Concept 4: Bob Introductions Birthdays:

#### **REPORTS**

**Secretary – Julia K – \***motion to approve meeting minutes\*

Registrar – Claire C. – Trying to update district information to send to the Area. She made a spreadsheet & needs everyone to take a look and make any necessary changes. If you're new to the district, please see Claire and she can set you up new GSR packet.

**Treasurer – Carol V. –** \*motion to approve Treasurer's report – correction: cash donation "GSH" should be "Happy Hour"

Alt. Treasurer – Meredy

Coffee Maker - Kim H.

about how that went.

Public Information—Bob B. — OPEN

**CPC**– **Ed** – is in contact with the Everett CPC guy & is planning to work with him. Ed made a call in to the Edmonds Family Medicine to arrange a talk with the doctors there.

**Treatment and Bridging the Gap – Jeff H. –**Ordered a bunch of pamphlets to restock literature racks. Contacted via email for a couple of bridges & set them up. Haven't heard back

Newsletter - Cathy Jo - Report in the newsletter

**Web – Eric E. –** let Eric know if there are any irregularities on the website.

**Archives – Claire G. –** Wants to apologize that the archives weren't there at the banquet. We received an anonymous donation of literature, which includes the *Language of the Heart* and the first printing of *Our Stories Disclosed* (sweet!). No books to sell here today, but still have books *(Our Stories Disclosed)* available.

**Alt Archives— Ron A—** another apology about the lack of archives at the banquet.

**Grapevine/Literature – Ann N. –** Expecting to go to the quarterly in June. Still learning.

Schedules – Sandi – The schedules that are on the table are all we have left until the stapling party. The stapling party is April 14<sup>th</sup> from 1-5 at 1401 Poplar in Everett. District 24 needs to represent!

**Sno-King Intergroup** — **Steve L.** — Debt is paid. Brought a letter of amends for a stolen computer monitor by a member who had taken the monitor while in a relapse.

**GSIG Zone Rep- Vincent** – John was able to make it to the budget meeting. Donations have been stepped up and Intergroup is attempting to restructure so that they can be sustainable.

Corrections – Stephanie S. – Went to the quarterly, where 30 district were represented. Stephanie would not like to be a committee of one & is looking for committee members. She even has a job for anyone who is interested. She's looking to get someone to do the Bridge program which helps inmates beginning 6 months before they're released.

**Accessibility** – **Annie F.** – Sent out a couple of emails surveying our groups about accessibility, please complete and send back. Also, in the same email there is a list of ASL meetings in our area.

Alternate DCM - Tom - See banquet info below.

**DCM- Peg S.** – Report is in the newsletter. Thank you all who helped out at the banquet. This week is the Area Quarterly. Thank you all who attended the Pre-Conference.

**District Finance Committee** – Meredy has gone through old reports and has begun to look at what committees are spending.

**Gratitude Banquet Committee** – Tom L, Ann N, Claire G – it was a lot of fun & went off smoothly. Tom will put together (add to) the information to be passed on for next year. See the Tresurer's report for a breakdown of income. The expenses have not all been calculated. Suggests that we have person stay on the committee for two years to help out next year.

Picnic Committee - Doug - MIA

**Quarterly Host Committee** – Kim, Annie, Bob, Claire – Kim is working on it with Bob

**OLD BUSINESS: NONE!** 

#### **NEW BUSINESS:**

- Peg may have over stepped her bounds and has made a decision without asking the district, for which she apologized., The room is getting small & we need to move. If we so choose we will be moving to the PUD building next month at the same cost as it is now. Motion to move to new location. PASSED
- Steve L the PI (Public Information) for the Evergreen State Fair is looking for donations. We've donated \$150 and schedules in the past. We'll look into what exactly we've done in the past & how much we can afford to help with & bring it back to the meeting next month. PO Box 1894, Sultan WA (checks made out to the AA PI Booth)

Closed with the Unity Declaration:

"This we owe to A.A.'s future: to place our common welfare first; to keep our fellowship united. For on A.A. unity depends our lives, and the lives of those to come."

Please help clean up by picking up your garbage. Please check with Kim H. if you can help put the room back in order.

NEXT MEETING: June 5th, 7 P.M.

#### **COMMITTEE CHAIR REPORTS FROM APRIL 2013**

#### **DCM REPORT - PEG S.**

Hello District 24!!!!

I attended the Area quarterly the first weekend of the month. One of the topics of discussion was from a home group that would like to have a pamphlet for transsexual and non-conforming gender individuals. This was tabled for the next quarterly and an ad-hoc committee was formed to further research the topic so the committee members will have more information on the topic. This may be one of the motions that will be at the October assembly.

There is a delegate report on June 1st up at Calvary Chapel in Lake Stevens. Please see the flyer on this event. District 24 will be joining many other districts to hear Astri's report on her trip to the Conference in New York this month. She will be able to share the outcome of some of the questions and discussion topics she had us take to our home groups from the Pre Conference. Please plan on attending so you can take the information back to your home groups. Actually anyone can attend and it might be fun to have a "road trip" with some of your home group members...

Thank you for allowing me to serve YOUR district....In Grace, Peg DCM 24

#### TREASURER REPORT – CAROL V.

Please see page 4 for treasurer's full report

# **WEBCHAIR REPORT - ERIC E.**

Completed all update requests, performed routine maintenance and backups.

#### **NEWSLETTER REPORT - CATHY IO**

I will not be in attendance at our next district business meeting due to my daughter's Tball game schedule, but I will be sending the newsletter to Greg for printing again and he will be dropping them off at the meeting. (YAY! Thank you Greg) This will also save us money for printing, which is wonderful because those funds can be used in other areas of service again! I would REALLY like to get more reports from our committee chairs to include in the newsletter. Just a line or two about what you've been up to in your positions would be great! Grateful in service, Cathy Jo

### ACCESSIBILITY REPORT – ANNIE F

I attended the Accessibility Quarterly. Turned in 6 Group/Meeting Space Surveys -I know there are a lot more groups that I hope can get those to me soon.....Bruce W. -Deaf Access Chair, shared their goal is to be able to send ASL interpreter whenever requested, this will take many contributions. The Schedule Coordinator is working to get a monthly calendar of ASL interpreted meetings. 2 powerful speakers shared their dual diagnosis stories including some great info for sponsors & AA groups about avoiding any suggestions on medication & setting healthy boundaries; being aware of mental health issues vs. alcoholism. A Motion will be put forward to AAWSI to develop literature material for transgender & gender non-conforming alcoholics...... David L. - Area Treatment Chair, attended & spoke about how CPC, Treatment & Accessibility Committees can work together to strengthen outreach share both the burden and the benefits. Received a copy of Dis. 15/Seattle's spread sheet identifying community professionals. There is a call for sober veterans willing to be identified on 12-Step call list with some many returning veterans. All flyers that need to be posted to Area website should go to Mark (Dis. 15)-Area Language Coordinator for translation. Thanks for allowing me to be of service! Annie F.

# UPCOMING AREA QUARTERLIES

## **Archives Spring Quarterly**

May 4, 2013 Cowlitz PUD 961 12th Avenue Longview, WA 98632 9 AM - 3 PMMain dish provided - Bring side dish

### **PI/CPC Spring Quarterly**

May 11, 2013 First Christian Church 701 Franklin Street SE Olympia, WA 98507 9 AM - 3 PMMain dish provided - Bring side dish

# **GV & Literature Spring Quarterly**

Jun 8, 2013 Greater Seattle Intergroup 5507 6th Avenue South Seattle, WA 98108 9 AM - 3 PMMain dish provided – Bring side dish

## **Corrections Summer Quarterly**

Jun 15, 2013 1401 Poplar St Everett, WA 98201 9 AM - 3 PMLunch provided – Bring snacks/muffins/desserts

	District 24	Checking Account	April	Statement 3-19-2013 to 4-16-2013		
	Transaction			Paymt.	Deposit	Check
Date	Type/Number	Pay To / Received From	Explanation	Amt. (-)	Amt. (+)	book bal.
	Account		Beginning Balance			913.07
	Deposit	Group Donation				
20-Mar	1816	Sno King intergroup	Area Qtrly room share		47.05	
20-Mar	Cash	Gunny Sack Hill	Group Donation		100.00	
28-Mar		Gratitude Banquet	Proceeds		2,571.35	
29-Mar	1535	Alderwood Group	Group Donation		120.00	
29-Mar	Money order	Monday Night Discussion	Group Donation		20.00	
29-Mar	Money order	Friday Night BB Study	Group Donation		20.00	
29-Mar	6045	Wicked Sobah	Group Donation		34.38	
29-Mar	1374	Celebrate Life	Group Donation		30.00	
29-Mar	Money order	Way of Life	Group Donation		30.00	
29-Mar	2481	The Unity Group	Group Donation		29.25	
29-Mar	102	On Awakening	Group Donation		21.00	
29-Mar	1019	Our Primary Purpose N	Group Donation		12.27	
		Transfer from savings			150.00	
	Checks					
22-Mar	2809	Cash	Gratitude Seed money	250.00		
6-Mar	2806	Julia K	Secretary copies	5.48		
6-Mar	2805	Edmonds Family Medicine	Dist 24 Rental	30.00		
3-Apr	2817	Tom L	Banquet Expenses	315.95		
5-Apr	Debit card	Arco (Peg S. gas)	Quarterly mileage	30.01		
8-Apr	Debit	Service fee	to view checks	3.00		
8-Apr		Lombardis	Quarterly meals	23.96		
8-Apr	2814	Sandi B.	Schedules 50%	150.00		
8-Apr		Carol V.	Newsletter printing	28.47		
12-Apr		Edmonds Family Medicine	Rent	30.00		
15-Apr		GBBS	Schedules 50%	161.82		
15-Apr	2816	Ann N.	Banquet Expenses	32.82		
		Auto transfer to savings		150.00		
		Bank Statement	Ending Balance	1211.51	3185.30	2886.86
		After the Statement Date				
0	Outstanding Chec					
3-Apr		Julia K.	Secretary copies	4.71		
3-Apr		Jeff H.	Brige the Gap pamphlets			
o-ripi	Deposits	e set th	engo tro cap pumprioto	55.70		
25-Apr		Lynnwood Study Group	Group donation		10.00	
25-Apr		The MLTerrace Study Group	Group donation		135.00	
25-Apr		This Nameless Group	Crosp deliation		25.00	
25-Apr		Our Primary Purpose North			17.31	
25-Apr		Women in Recovery			27.00	
2074	.500		Total	58.17	214.31	
		Cash on Hand	i ottii	50.17	214.01	3043.0
	Reserve		00	1500.00		3043.0
		2014 Gratitude Dinner expens	C9			
	Reserve	2013 Picnic expense		250.00		
	Reserve	2013 50% schedules expense		250.00		4 0 40 00
		End of April	Working balance			1,043.00

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# **NEW MEETINGS & MEETING CHANGES**

A FULL LIST OF MEETINGS CAN BE FOUND AT: <u>HTTP://DISTRICT24.ORG/SCHED/D-24%20SCHEDULE.HTML</u>

# **MEETING CHANGE**

# LANGUAGE OF THE ♥ HEART

TUESDAY NIGHTS NEW TIME - 5:30 PM

Harbour Pointe Lutheran Church 5425 Harbour Pointe Blvd Mukilteo 98275

# THE EDMONDS GROUP

Currently has an interpreter for the hearing impaired & deaf on the LAST Tuesday of each month.

Starting on May the 10th we will have an interpreter for the 2nd Tuesday of the month for a 6 month trial period. So, the 2nd Tuesday (through October) and the last Tuesday we will be offering an interpreter.

### **NEW LOCATION**

# **LYNNWOOD STUDY GROUP**

ROCK of HOPE CHURCH 8713 220th SW, Edmonds

Mondays, 7:30 pm (C)

Open meeting on last Monday of the month

# Women in Recovery

Saturday 10 A.M.

ASL at Each Meeting

North Creek Presbyterian Church
621 164th ST SE, Mill Creek

# Tolerance

HAS MOVED TO:

Edmonds United Methodist, 828 Caspers Street

Friday 9:00 AM meeting

# **MEETING MOVED**

Ed Lynn Fellowship Sunday thru Saturday: 12:00 PM, 5:00 PM 8:00 PM, 10:00 PM

Friday and Saturday Also @ Midnight

5800 198th SW, Ste 1 Lynnwood, WA 98036

# W.O.T.S.

# Women on Thursday Study

12x12 Steps and Traditions

# **NEW TIME - NOW @ 7 P.M.**

St. Timothy's Lutheran Church 5124 164<sup>th</sup> St SW Edmonds

Closed Women's Meeting – No pets or children

## **MEETING MOVED**

# CELEBRATE LIFE

Wednesdays @ 10am Women's Meeting

Edmonds United Methodist Church 828 Casper Street Asbury Hall, Room 123 Edmonds 98020

### **MEETING UPDATE**

# **Patience Meeting**

Has discontinued childcare But we still have PIZZA! ©

Thursday 7 PM-830 PM
Terrace View Presbyterian Church
4700 228<sup>th</sup> ST SW
Mountlake Terrace, 98043

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# All Events Can be Found at www.district24.org



Serenity Luncheon
"A NEW LIGHT"

Speaker: Gloria W. - 30 years

Saturday, May 11, 2013
Doors Open 11:30, Lunch at Noon
For women in AA and their friends
No ticket sales at the door, presale only.

WHERE: Our Savior's Lutheran Church AT: 215 W. Mukilteo Blvd. Everett, WA 98203 COST: \$22.00 per ticket, due April 27, 2013 QUESTIONS: Call Lora at 425-314-4232

REGISTRATION DUE: April 27, 2013
MAKE CHECKS PAYABLE TO: Serenity Luncheon
MAIL TO: Serenity Luncheon
C/o Lora Frederickson
18727 Occidental Ave. S., Burien, WA 98148

Note: You will not receive confirmation prior to luncheon. Sign in at registration table the day of the luncheon.



# SISTERS IN RECOVERY

WOMEN'S GROUP OF ALCOHOLICS ANONYMOUS

#### **Good Shepherd Church**

6915 196<sup>th</sup> St. SW Lynnwood, WA

Saturday's at 10:00am Childcare Available

Birthdays Celebrated the last Saturday of the month

Speakers last Saturday of odd months



2013 Sisters in Recovery Speakers Meetings

January 26<sup>th</sup> March 30<sup>th</sup> May 25<sup>th</sup> July 27<sup>th</sup> September 28<sup>th</sup> November 30<sup>th</sup>

# **EVERETT CONFERENCE 2013**

SPAGHETTI FEED "FUN"RAISER
\*\*New Location\*\*

Our Saviors Lutheran Church

RNFIE
PRIZES
50/50
34

Our Saviors Lutheran Church
Saturday May 18th
Dinner starts at 5pm

MUCH MORE...



Register at www.everettconference.com

Or get tickets at the door \$9 for Adults \$16 for Couples \$4 for children 5 to 12 Kids under 5 FREE! Alanon Speaker: at 6:30
Nancy W., Bothell, WA
Raffle at 7:15

•AA Speaker: at 7:45 Karen R., Seattle, WA

> KID'S CORNER! Craft table Face painting Balloon animals Hot dogs

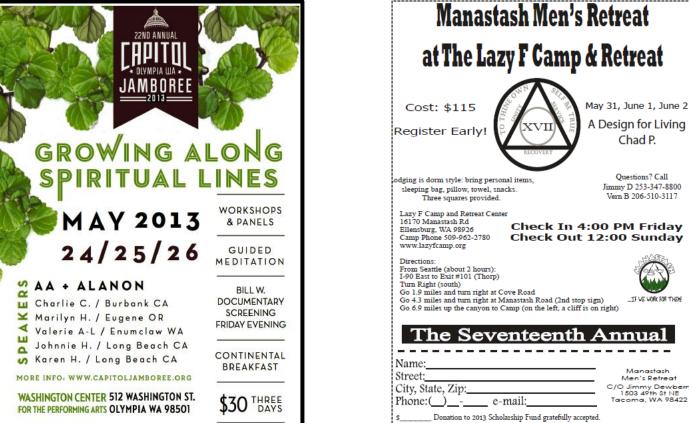
Our Saviors Lutheran Church 215 Mukilteo Blvd, Everett 98203 From I-5, take exit #192 and follow the signs to go west on 41st St. After winding past Forest Park, 41st St. becomes Mukilteo Blvd. At the stop light, turn right onto Olympic Blvd., and then take an immediate right into our driveway.

Chad P.

Questions? Call

Men's Retreat

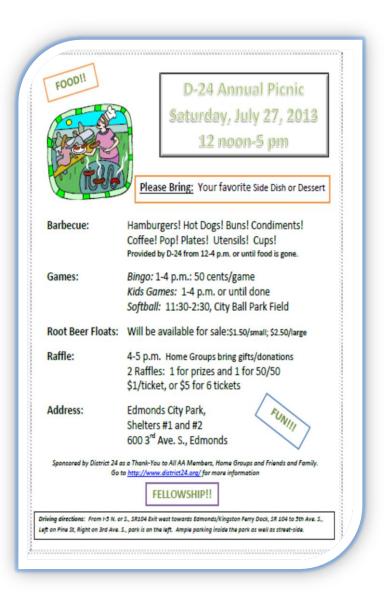












# **HEARD IN MEETINGS:**

"If you pray for a Cadillac and God sends a jackass, ride it."

"When I turned myself over to God, I took my life out of the hands of an idiot."

"We're all here because we're not all here."

"Try praying. Nothing pleases God more than to hear a strange voice."

"When I don't have expectations of others, anything positive they do is a pleasant surprise."

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