



DISTRICT 24 NEWSLETTER

FEBRUARY 2015

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, January 4th, 2015

Check out District 24 on the web at: www.district24.org

In This Issue:

Clubs & Committee Positions.....	1
Business Meeting Minutes From JANUARY 2015.....	2
District Committee Chair Reports for JANUARY 2015.....	3-7
Upcoming Events.....	pgs 3 & .8

DISTRICT COMMITTEE

DCM: Tom L.
dcm24@area72aa.org

Alt DCM: Tari B.
altdcm24@area72aa.org

Accessibility: Lori
dist.24.accessibilitychair@gmail.com

Corrections: Greg
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Normand
normfournier74@hotmail.com

Schedules: Andy
dist.24.schedule@gmail.com

Grapevine/Literature: Kevin
dist.24.literature@gmail.com

Secretary: Anna
dist.24.secretary@gmail.com



CHAIRS & CONTACTS

Treasurer: Katie – Alternate: Joyce
dist.24.treasurer@gmail.com

Archives: Ron A – Alternate: Annie N
dist.24.archives@gmail.com

CPC: Peggy
dist.24.CPC@gmail.com

Public Information: Jim
dist.24.PI@gmail.com

Treatment / BTG: Normand
dist.24.treatmentchair@gmail.com

Newsletter: Rick P.
dist.24.newsletter@gmail.com

Web Chair: David
dist.24.webchair@gmail.com

Registrar: Claire W.
dist.24.registrar@gmail.com



District Address **For Group Donations**

District 24, PO BOX 439
Lynnwood, WA 98046

District 24 **Business Meetings**

7pm, 1st Wed. of each month

21018 Hwy 99, Edmonds
(PUD building)

Sno-King Intergroup **Business Meetings**

7pm, 3rd Wed. of each month

22617 76th Ave W,
Suite 203, Edmonds
(STONE COURT BUILDING)

DECLARATION OF UNITY

"This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come."

RESPONSIBILITY PLEDGE

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

D24 BUSINESS MEETING MINUTES FROM JANUARY 7TH, 2015 @ 7 P.M.

Greg	Jim M	Eric E	Claire W	Anna	Jeff H	John M
Rita	Jo D	Darla M	Joyce	Finn	Ron	Norm
Andrew	David G	Ed J	Lori V	Kevin	Sergio	Robert S
Chris B	Tom	Rick P				

Open with the Serenity Prayer**Responsibility Declaration****Reading of short form Concept 1 *Not Read* Introductions**

Birthdays: Joyce (4), Norm (3), Jim (2), Dustie (6), Finn (13), David (28), Chris (10), Greg (7)

Trusted Servant Reports

Secretary – Anna – *motion to approve meeting minutes. 2nd. Passed.

Registrar – Claire W. – Claire is officially the new registrar. She made a spread sheet of meetings and read through them to remove the defunct meetings.

Treasurer – Katie – Not Present.

Alt. Treasurer – Joyce – No report.

Public Information– Jim – No report.

CPC– Peggy – Peggy was voted in to be the new CPC.

Treatment and Bridging the Gap – Normand – Went to first Options meeting. Angela & Kelly went & shared experience, strength & hope. Wants to go to more treatment centers. No new emails for BTG.

Newsletter – Rick P. – Delivered the newsletter.

Web – David – Start by updating dead links.

Archives – Ron A. Not a lot new. Welcomed Annie N as Alternate Archivist. Working on display for gratitude banquet.

Alt Archives– Annie N. – No report.

Grapevine/Literature – Kevin – Did a presentation at LAC for a new young person's group.

Schedules – Andy – Concerned about running out of schedules.

Sno-King Intergroup – Chrissy – They are rotating positions. Thank you to groups who have contributed to support Sno-King.

GSIG Zone Rep– Normand – The budget was approved. He has one more year to serve in this position.

Corrections – Greg -- Please see report in newsletter on page 3.

Accessibility – Lori – Will attend Quarterly on Jan 17.

Alternate DCM – Tari – Not present.

DCM– Tom L – Report on page 3. GSR school on February 7th. Details are also in the newsletter.

OLD BUSINESS:

- ❖ Gratitude Banquet is 3rd week in March. The flyer will be coming soon.
- ❖ The Quarterly was short staffed
- ❖ Claire W is the new registrar
- ❖ Please return the Bridging the Gap forms

NEW BUSINESS:

- ❖ Reviewing the inventory we took on 11-5-14
- ❖ Creating a 3rd Legacy Committee

Closed with the **UNITY DECLARATION**

NEXT BIZ MEETING
March 4th, 2015



COMMITTEE CHAIR REPORTS FOR JANUARY 2015

DCM REPORT - TOM L.

Hello District 24 GSR

With the passing of my cousin from cancer in January I am grateful for the service that I learned from AA and feeling humbled by the life lesson. AA has so many service junkies that shine, I feel very privileged to be a small part of AA as a whole. Let's all work together and make this the best year of being in service (love in action).

January was very busy month with all the planning of the upcoming Pr0065 Conference. We have confirmed the Tribal Center for March 1st. We have it from 8am-4pm so we will have time to set up and get things cleaned up as well.

Thank you Mary from District 12 for setting up the pre-conference at a great location.

Looking forward to the GSR school this Saturday. 10AM-12:30, Saturday February 7TH, 2015. We will be covering what a GSR is and help you carry the message to your Home group from the District level. Thank you Keri from District 42 for all the service setting this up. Set-up at 9AM - Coffee, Tea and breakfast treats. General Service Workshop & introduction for new GSRs. Bethel Lutheran Church (where the Jaywalker group meets), 17418 8th Ave NE, Shoreline, WA 98155. 7th Tradition will be observed.

Thank You,

Tom Laris DCM District 24
206-391-0843
tomlaris@live.com

TREATMENT/BTG & GSIG REP- Normand

I will be unable to attend the meeting due to my surgery I am having tomorrow 😊 Make it a great day!

Thanks,
Norm Fournier

SCHEDULE CHAIR REPORT - Andrew

Sno-king intergroup helped us out by lending us schedules to get us through until we print. Thanks goes out to the kind folks over there.

Sincerely, Andrew Hodge

GRATITUDE BANQUET CHAIR - Tammy W.

Al-Anon Speaker : Chuck G
From: Kenmore WA
Member in Al Anon since January 26th 1991

AA Speaker: Brendan Dailey
From: Burlington WA
Sobriety Date : October 18th, 1991



POLLY P.

Women Celebrating Sobriety! Our day of RECOVERY starts with Polly sharing her Experience, Strength & Hope.

Polly will then lead us through a look at

EMOTIONAL SOBRIETY

THROUGH THE LENS OF OUR 12 STEPS

Last hour: ASK IT BASKET (Polly will answer our anonymous questions)

10AM-4PM SATURDAY, APRIL 25, 2015

FOX HALL at Hampton Inn 1661 W. Bakerview Road, BELLINGHAM, WA

Build Your Own Salad/Sandwich Buffet Lunch Included

Coffee, tea, & water service from 9:30

We expect to sell out, so please register early!

Emotional Sobriety Workshop Registration fee is \$25.00

The Hampton Inn will honor a special \$99. per room rate for Polly Workshop attendees. Call 360.676.7700 to reserve a room. Our group code is PLY. (Yes, you can reserve a room with 2 queen beds for \$99.) Rooms include complimentary buffet breakfast & free wifi.

Polly Workshop /lunch/coffee service registration fee \$25. Mail your \$25. check and the form below to:

E S WORKSHOP 4550 Birch Bay-Lynden Rd PMB 1104 Blaine, WA 98230

Please make checks payable to L Kiens

Your cancelled check will be your confirmation. Questions? Scholarships? BhamPolly@gmail.com



First name, last initial: _____

Home Group: _____

E-mail address: _____

Phone: _____ (please register early so we won't need to call or e you!)

ACCESSIBILITY CHAIR REPORT- Lori V

Accessibility Committee Quarterly – Winter 2015 – Lori V.

The Area 72 Accessibility Committee Quarterly meeting identified about 1/3 of the members are new to their position. A review of services that Access provides included:

- **Assistance Needs** for Wheel Chair, Blind/ visually impaired, Mobile Meeting, semi-truck driver rides to meetings.
- **Language** for American Sign Language (ASL) and Spanish.
- **Communications** for PI, CPC, Treatment, Corrections, Central Service Office, Intergroup Office, Websites, Online Meetings, and translation of Area Correspondence.
-

Old business of creating a committee responsible for the Access funding did not make it to a vote, again. District 41 and 37 were not present. The Chairperson felt that without District 41 and 37 present we were lacking vital information. The standard process of taking information back to the home groups and voting on how they want the district chair to vote will be followed.

Situation: Area 72 represents Western Washington. Other districts that need funding for Access services are unable to receive funds because of their location. (Kelley – Distric?). Kelley travels a lot as a service to help others get to meetings and needs Access help. As you discuss this issue with your home group, glance around to see the potential need for Access services. Are there elderly members that may need Access services in the future? Is there a deaf community in your district that is growing and may need more support in the future? Have you ever experienced an Access need for yourself or another member?

Home groups: Do you feel that it will be beneficial to Alcoholics Anonymous as a whole, that Area 72 Access Committee creates a funding committee to handle the Access funds for all districts in Area 72?

- ☐ Yes
☐ No

What are your concerns?

Thanks for your support, Lori V – District 24 Access Chairperson.

LISTING CHAIR REPORT- Claire W.

Hello ! I am the D-24 Listing Chair (formerly known as the Registrar) and am trying to do an update for the District on all the Home Group GSR's/Alt. GSR's. Here are the names of the Home Groups that are listed for District 24 (Edmonds, Lynnwood and Mountlake Terrace) If you can help me update any of this information, please email me at dist.24.registrar@gmail.com

Home Group	GSR	Alt. GSR	Status
AMAA	Jim C.	None listed	Information is old
Abbey Group	Jack M.	None listed	Information is old
Alderwood Group	Shawna L.	None listed	Information is old
Celebrate Life Group	Dusty K	None listed	As of 7/2014
Coffee Cup Group	Rita Nolan	Sharon Steele	As of 1/2014
Continental Breakfast Group	Eric Edwards	None listed	As of 3/2013
Continental Divide	Dave Wells	None listed	Information is old
Da Men's Meeting (DAMM)	Jim Mead	Lon Jorgensen	(Need Service ID#)
Edmonds Group	Kevin	Ed	(Need contact info)
Ed-Lynn Fellowship	Sarah R-T.	Robert G.	As of 10/2013
Freedom Group	Christine B.	Jeff L.	As of 1/2015
Freedom Up North (FUN)	Kimberlee M.	None listed	Information is old
Friday Night Big Book Study	Joyce E.	None listed	(need correct address)
Good Health Group	George P.	None listed	Information is old
Graceland	Barbara	None listed	Information is old
Great Facts	Robert S.	None listed	As of 11/2013
Gunny Sack Hill	Darla M.	None listed	As of 1/2015
Happy Destiny	Corey M.	None listed	Information is old
Happy Hour	Andrew H.	None listed	As of 1/2015
Honesty Group	Dick H.	None listed	Information is old
Keystone Men's Group	None listed	None listed	
Language of the Heart	None listed	None listed	
Late Night AA	Ian S.	Dawnda P-B.	As of 12/2012
Lynnwood Big Book	None listed	None listed	
Lynnwood Men's Group	None listed	None listed	
Lynnwood Open Group	None listed	None listed	
Lynnwood Study Group	John M.	None listed	Information is old
Midway Lunch Group	Alic M.	None listed	Information is old
Mill Creek Discussion Group	Joyce E.	None listed	As of 7/2014
Mountlake Terrace Sunday	Ron A.	None listed	As of 10/2013
Mountlake Terrace Wednesday	Ron A.	None listed	As of 10/2013
New and Alive	None listed	None listed	
On Awakening	Lori V.	Finn S.	As of 1/2015
One Day at a Time (ODAAT)	Chrissy A.	Laurie	(need Laurie's contact info)
Our Primary Purpose	Jamie K.	None listed	As of 10/2013
Patience Group	Anne N.	None listed	As of 1/2014
Q&A AA	Ron G.	None listed	As of 8/2012 (need service ID)
Quitters Group	None listed	None listed	
Safe Harbor	None listed	None listed	
Saturday Morning North Creek Study Group	None listed	None listed	
Sink or Swim	None listed	None listed	Need correct address for location
Sisters in Recovery	Tari B.	None listed	As of 10/2013
Solution Group	Normand F.	None listed	As of 10/2013
South County Men's Group	None listed	None listed	
St. Jude's Study Group	Ed C.	None listed	Information is old
Sunday Breakfast Group	Ann D-E.	None listed	As of 8/2013
There is a Solution (TIAS)	None listed	None listed	
Terrace Spiritual Study Group	Tammy W.	None listed	As of 7/2014
Thank You for Sharing	Geri S.	Judy R.	As of 3/2013
The Unity Group (TUG)	None listed	Jo A.	(need contact info for Jo)
This Nameless Group	Steve B.	None listed	As of 8/2012
Thursday Ladies Crew	Gabby N.	None listed	Information is old
Thursday Night Women's	Frauke D.	None listed	(need to know the address)
Tolerance Group	None listed	None listed	Need to know correct address
Unmanageable	None listed	None listed	Need address? time meeting is?
Way of Life Group	None listed	None listed	
We Are Not Saints	Dave K.	None listed	As of 7/2014
What About the Real Alcoholic?	None listed	None listed	Is it still active? What is ID#?
What's the Point?	None listed	None listed	What is the correct address?
Wicked Sobah Group	Tammy H	None listed	Address? Location? ID#?
Women in Recovery	Katy S.	Rosie W.	As of 3/2014
Women's Friends	Dusty K.	None listed	Old information
Women on Thursday Step-Study	Susan	Tammy R.	

District 24		Checking Account		Statement Nov 20-Dec 16 2014		
Transaction Type/Number	Pay To / Received From	Explanation	Paymt. Amt.(-)	Deposit Amt. (+)	Check book bal.	
Account		Beginning Balance			2845.85	
Deposit		Group Donation				
1-Dec		Transfer from Savings		300.01		
1-Dec		WWA 72 January Quarterly Registrations		258.00		
1-Dec	CK# 780	AMAA		100.00		
1-Dec	CK# 5071	TUG		15.45		
1-Dec	CK# 5076	TUG		39.12		
1-Dec	CK# 5081	TUG		30.58		
1-Dec	CK# 1156	Our Primary Purpose N		25.01		
1-Dec	CK# 1037	Freedom Group		30.00		
1-Dec	CK# 1206	Edmonds Group		88.00		
1-Dec	CK# 1012	Lynnwood Big Book		20.00		
1-Dec	MO	Way of Life		60.00		
Debits						
1-Dec		Recurring Transfer to Savings	150.00			
2-Dec	2879	PUD	30.00			
2-Dec	2918	Cathy Jo	27.17			
9-Dec	2919	Kevin C	49.44			
Bank Statement		Ending Balance	256.61	966.17	3555.41	
After the Statement Date						
Outstanding Checks						
11-Oct	2877	Tom Laris	WWA 72 Quarterly Copies	45.44		
3-Dec	2920	Ron Anderson	Archives Travel exp	63.00		
2-Jan	Debit	AA Party Rental	Jan Quarterly - Linens	189.62		
2-Jan		Recurring Transfer to Savings	150.00			
Deposits						
#####	CK #2569	TUG	Group Donation	98.50		
#####	CK #1014	Terrace Spiritual	Group Donation	20.00		
#####	CK # 1113	Lynnwood Study Group	Group Donation	27.00		
#####	CK # 6067	Wiced Sobah	Group Donation	47.55		
#####		WWA 72 January Quarterly Registrations		815.00		
#####		WWA 72 January Quarterly Registrations		100.00		
#####	CK#1131	The Abbey Group	Group Donation	49.50		
#####		Shoreline Fri Morning				
#####	CK# 8178	Meditation	Group Donation	13.00		
Total			448.06	#####		
Cash on Hand					4277.90	
Reserve	2015 Gratitude Dinner expenses		1500.00			
Reserve	2015 Picnic expense		250.00			
Reserve	2014 50% schedules expense		325.00			
Working balance			2,202.90			

District 24		Checking Account		Statement Dec 17- Jan 20 2015		
Transaction Type/Number		Pay To / Received From	Explanation	Paymt. Amt.(-)	Deposit Amt. (+)	Check book bal.
Account			Beginning Balance			3555.41
Deposit		Group Donation				
22-Dec		WWA 72 January Quarterly	Registrations		815.00	
23-Dec	CK #2569	TUG	Group Donation		98.50	
23-Dec	CK #1014	Terrace Spiritual	Group Donation		20.00	
23-Dec	CK # 1113	Lynnwood Study Group	Group Donation		27.00	
23-Dec	CK # 6067	Wiced Sobah	Group Donation		47.55	
30-Dec	CK#1131	The Abbey Group	Group Donation		49.50	
		Shoreline Fri Morn				
30-Dec	CK# 8178	Meditation	Group Donation		13.00	
29-Dec		WWA 72 January Quarterly	Registrations		100.00	
Debits						
3-Dec	2920	Ron Anderson	Archives Travel exp	63.00		
2-Jan	Debit	AA Party Rental	Jan Quarterly - Linens	189.62		
			Recurring Transfer to			
2-Jan			Savings	150.00		
11-Oct	2877	Tom Laris	WWA 72 Quarterly Copies	45.44		
5-Jan	Debit	C&C Smart Food	Quarterly expences	466.76		
5-Jan	Debit	C&C Smart Food	Quarterly expences	27.07		
5-Jan	Debit	Edmonds IGA Market	Quarterly expences	8.72		
5-Jan	CK# 2922	Claire W	Quarterly expences	474.34		
9-Jan		Wells Fargo	detail & image fee	3.00		
			District 24 Rent			
9-Jan	CK#2921	PUD	JAN/FEB/MAR	90.00		
15-Jan	CK#2923	John M	Quarterly expences	20.14		
Bank Statement			Ending Balance	1538.09	#####	3187.87
After the Statement Date						
Outstanding Chk						
2-Feb			Rec. Transfer to Savings	150.00		
Deposits						
2-Feb			Transfer to Checking		300.00	
2-Feb		Peg S	Reimbursement		42.50	
2-Feb	CK # 1139	Our Primary Purpose N	Group Donation		17.50	
2-Feb	MO	Way of Life	Group Donation		30.00	
2-Feb	CK # 0090160363	Sister in Recovery	Group Donation		63.62	
2-Feb	CK #0000005086	The Unity Group	Group Donation		91.03	
2-Feb		Checks	Area 72 Jan Quarterly		#####	
2-Feb		Cash	Area 72 Jan Quarterly		877.60	
Total				150.00	#####	
Cash on Hand						5788.12
Reserve		2015 Gratitude Dinner expenses		1500.00		
Reserve		2015 Picnic expense		250.00		
		2014 50% schedules				
Reserve		expense		325.00		
Working balance				3,713.12		



Pre Conference
March 1, 2015
Sunday
10:00- 3:00

Districts 2, 3, 4, 11, 12, 19, 24, 46 and our friends will meet to discuss the participation of Area 72 with the General Service Conference.

There will be a finger food potluck.

Bring savory or sweet foods. If your dish meets any particular dietary restrictions please label it as such. Example: vegan, gluten free, dairy free.

The Districts will provide coffee, tea, ice water.

Tulalip Tribal Center
6500 Totem Beach Road
Tulalip, WA 98271

SATURDAY
FEBRUARY 7TH, 2015

10:00 – 12:30

GSR & GENERAL SERVICE

General Service Workshop & introduction for new GSRs

BETHEL LUTHERAN
CHURCH (WHERE THE
JAYWALKER GROUP MEETS)

17418 8TH AVE NE,
SHORELINE, WA 98155



Hosted by Districts
16, 17, 19, 24, 39
and 42

What are these
packets from
GSO?

What is a PRE-
Conference?
(Do we go to a
Conference?)

Homegroup >
District >
Area >
GSO

I am
responsible.....

Any district, Any
member of any
Group is
welcome to join!