

Saturday
January 21, 2012

Emotional Sobriety Workshop

"The Next Frontier: Emotional Sobriety", by Bill W.
The letter appeared in the "Grapevine" January, 1953

Here are the first 2 paragraphs...

"I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA, the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance, urges quite appropriate to age seventeen, prove to be an impossible way of life when we are at age forty-seven and fifty-seven.

**Sharing Experience, Strength and Hope
Using the 12 steps and 12 traditions in our lives ~
to achieve emotional sobriety.**

Led by Heidi H. and Gina H.

- Registration opens at 8.00 am
- Workshop starts at 9:00 am sharp
- No Host Lunch Starts 11.30 am - 1:00pm
- Workshop Resumes at 1:15 pm

This event is registration free.

We will pass the hat to cover the costs of facility and workshop.
We will take a long lunch, so friends, new and old, can go hang out.
If you want to bring some snacks to share - that would be great.



Join us as we trudge this road...
We hope to see you there!