



DISTRICT 24 NEWSLETTER

APRIL 2014

Serving Lynnwood, Edmonds & Mountlake Terrace vicinity of Area 72 AA

Wednesday, April 2nd, 2014

Check out District 24 on the web at: www.district24.org

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DISTRICT COMMITTEE

DCM: Peg S.
dcm24@area72aa.org

Alt DCM: Tom
altdcm24@area72aa.org

Accessibility: Annie F.
dist.24.accessibilitychair@gmail.com

Corrections: Stephanie S.
dist.24.correctionschair@gmail.com

GSIG Zone Rep: Normand
normfournier74@hotmail.com

Schedules: Sandi B.
dist.24.schedule@gmail.com

Grapevine/Literature: Doug
dist.24.literature@gmail.com

Secretary: Anna
dist.24.secretary@gmail.com

CHAIRS & CONTACTS

Treasurer: Carol V. – Alternate: Meredy
dist.24.treasurer@gmail.com

Archives: Claire G. – Alternate: Ron A
dist.24.archives@gmail.com

CPC: Ed
dist.24.CPC@gmail.com

Public Information: Steve
dist.24.PI@gmail.com

Treatment / Bridging the Gap: Jeff H.
dist.24.treatmentchair@gmail.com

Newsletter: Cathy Jo
dist.24.newsletter@gmail.com

Web Chair: Eric E.
dist.24.webchair@gmail.com

Registrar: Claire C.
dist.24.registrar@gmail.com

District Address **For Group Donations**

District 24, PO BOX 439
Lynnwood, WA 98046

District 24 **Business Meetings**

7pm, 1st Wed. of each month
21018 Hwy 99, Edmonds
(PUD building)

Sno-King Intergroup **Business Meetings**

7pm, 3rd Wed. of each month
22617 76th Ave W, Ste 203,
(Stone Court Building)



DECLARATION OF UNITY

"This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come."



RESPONSIBILITY PLEDGE

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

BUSINESS MEETING MINUTES FROM MARCH 5TH, 2014 @ 7 P.M.

Rita	Annie	Claire L.W.	Charlie C.	Anna	Robert S	Eric E.
Jamie K.	Julia K.	Graydon S.	Ed C.	Doug V.	Lori	Jeff H.
Jim C.	Kevin C.	Katy S.	Dave K.	Claire G.	Annie F.	Sandi B.
Roger H.	Tari B.	Barbara S.	Anne E.	Carol V.	Peg S.	Cathy Jo
Claire C	Normand					

Open with the Serenity Prayer

Responsibility Declaration

Reading of short form of Concept 3 - Claire

Introductions

Birthdays: Claire W (13), Julia (3),
Stephanie (11)

Trusted Servant Reports

Secretary – Anna – **motion to approve meeting minutes. 2nd & passed.*

Registrar – Claire C. – Discovered some changes were not happening at the area level and will follow up on those. Please see Claire after meeting if have new/changes to info.

Treasurer – Carol V. – **motion to approve Treasurer's report. 2nd & passed.*

Alt. Treasurer – Meredy – Nothing to report.

Public Information– Steve – Not present.

CPC– Ed – Committee started to meet once a month, first meeting on Monday at 6 pm @ Sno-King office. A letter is being drafted for the medical & professional community to invite them to participate in workshops.

Treatment and Bridging the Gap – Jeff H. – 3 new bridges. Quarterly is in April.

Newsletter – Cathy Jo – There are a lot of flyers & a few less reports. If it is decided to go with Costco for printing, the district needs to buy a card, she does not want to be dependent on another individual to use a personal card. More research will be done on printing prices. She will put newsletter on a PDF and forward to Eric to put on website. Apologized to OA for not putting their flyer in newsletter. Because of name OA, she thought it was not an AA function. ☺

Web – Eric E. – Website is going well. Happy to put newsletter on the site.

Archives – Claire G. – Discussion about recording Oral History project. Claire noted correctly that it was stated but not recorded in the minutes that if you know of someone that wants to be recorded that is sick or in failing health & getting close to the end of their life please make a special effort to let her or Ron know.

Alt Archives– Ron A– Discussion about recording Oral History project continued; he has a list of names but there are a lot of logistics to get started. There is an Oral History form on AA.org if people want to record someone. Many expressed concern about at least getting a recording done. GSR's can do this. For Archivists to complete process. Next meeting they will have more information.

Grapevine/Literature – Doug – The literature carrier is falling apart. It was suggested that he finds and buys a new one for about \$50. There is a new pamphlet about anonymity and the internet if GSRs would like to get a copy. It was asked for the blue cans to be returned to Literature. The funds go to buying back issues of Grapevine for corrections and treatment.

Schedules – Sandi – There will be a stapling party in April. The change form is due 4/2/14. There are groups that are running out of schedules if your home group has any extra please bring to the district meeting. Our meeting schedule is one the district website for anyone to print a copy.

Sno-King Intergroup – Roger – Positions are being filled. The code on the door has been changed. Robert has the code. The cell phone is not getting a lot of calls. The website snokingintergroup.org is coming soon. The treasury problems have been solved & are in the past.

GSIG Zone Rep– Normand – The office renovation is moving forward. They want to make it look better & more comfortable. There was a lot of discussion on how much money was being spend on renovation & where it was coming from. First, there is a paid accounting position that the person was not taking pay for. Secondly, there was a financial appeal a few months back because they were running out of money & now they have excess. Normand will have more & better information to answer these questions.

Corrections – Stephanie S. – No new bridges.

Accessibility – Annie F. – At the quarterly there was a great speaker who was a Veteran. She suggested that home groups know who their Vets are so Vets can sponsor Vets. They are going through adjustments and hard times another Vet would understand better.

Alternate DCM – Tom – Not present.

DCM– Peg S. – See report in newsletter. March 23rd is the Pre-Conference. See the flyer in the newsletter. PRAASA was great, she took a lot of good notes & attended all the meetings.

District Finance Committee – Committee is Tari, Meredy, Cathy Jo, Carol & Stephanie. They will meet to start writing a budget.

OLD BUSINESS: NONE

NEW BUSINESS:

- ❖ Harold brought up there was a \$500 donation from Lynnwood Men's Group that may have been sent to D24 by mistake, that was really meant for Sno King Intergroup. Carol received a note along with the check stating it was for district.
- ❖ Anna wanted to know if we at district level would buy a block of limited edition Big Books to get discounted pricing. No interest was generated. Idea was dropped.

Closed with the **UNITY DECLARATION:**

*“This we owe to A.A.’s future: to
place our common welfare first; to
keep our fellowship united. For on
A.A. unity depends our lives,
and the lives of those to come.”*

**NEXT BIZ MEETING
WEDNESDAY 5/7/14**



COMMITTEE CHAIR REPORTS MARCH 2014

DCM REPORT – Peg S

Hello District 24!

First off, thank you to all who helped with this year's Gratitude Banquet. I am afraid to thank any individuals, as I might leave someone out. It was a wonderful team effort. Thanks to Norm and Tom for organizing the event. Great turn out, really enjoyable evening.

I would like to thank all of our district for sending your DCM to PRAASA. It was amazing. I was the moderator for a panel on the "Upside down triangle". My job was to introduce the speakers, and call on the people who wished to speak at the microphones. I was very nervous about getting up in front of apx. 1700 people, but as soon as I said "My name is Peg and I'm an alcoholic" and heard "Hi Peg!!", I knew I was with my people. I knew that everyone there loved AA and loved the service of AA as much or more than I. Someone said down there that we are the "Trekkies" of AA. (Unsure of the spelling of Trekkies). I truly am a service nerd...love it.

Some of the highlights:

- Hearing Rod, our Pacific Region Trustee give his final report as our Trustee. Some of us heard Rod speak at the spiritual breakfast at the 2012 Assembly down in Shelton.
- Serving as a moderator for the 1st panel of the weekend.
- Being part of the DCM round table and sharing session.
- Spending time with and getting to know other members of our area and other areas.

I have the complete CD set, which was donated by Bob B. of Great Events Recording. Anyone from our district may feel free to listen to one or all of the CD's. Just let me know.

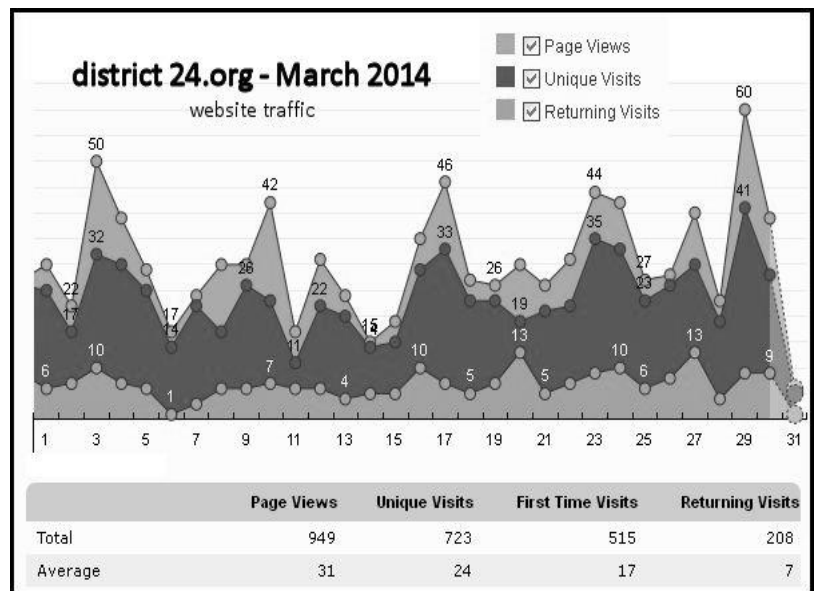
Great attendance by our district at the Pre-Conference. Tari, what a great job presenting our topic to the group! Tari did a lot of research and it showed. Thank you for saying yes, even when it felt uncomfortable.

What an honor to serve as your DCM.....In Grace...Peg

TREASURER'S REPORT – Carol V.

PLEASE SEE PG 5 of NEWSLETTER

WEBCHAIR REPORT – Eric E.



ACCESSIBILITY CHAIR – Annie F.

I've had no requests for service. Currently I'm preparing to attend the April Quarterly in Bellingham on the 12th.

Accessibility Tidbit: Ideally every AA meeting place would be wheelchair accessible. That is not reality though. So please make sure that any place that posts or prints (websites, printed schedules, etc.) accurately shows that your meeting is or isn't wheelchair accessible. Does your printed or online meeting schedules not display this information? Ask for it! Try putting yourself in a newcomer's shoes who uses a wheelchair and you go to a meeting that says it's wheelchair accessible, only to find that the doorways are too narrow to fit through... or there are actually stairs instead of a ramp...How welcoming would you feel AA is at that moment?

Another suggestion for you this month is to take the address you have printed/posted for your meeting into the various mapping apps – MapQuest, Google Maps, etc. Where does the address take you? Some of our meetings are in large complexes/church buildings. Does the information provided take the attendee to the northwest side of the building, but your meeting is on the southeast side of the building? How does that impact newcomers and/or people utilizing Access Vans to come to your meetings? That might be a long trek for them to actually find your meeting. Do you have the ability to provide any extra location information in places you post or print this information? If you don't know – ask!

COMMITTEE CHAIR REPORTS MARCH 2014

ARCHIVE'S REPORT – **Ron A. Alternate**

I attended the District 24 gratitude banquet and displayed a collection of our district archives material and artifacts. We had many folks stop by and review the archives and it was encouraging to see the enthusiasm and interest in our AA history. The gratitude banquet was well attended and reminded me of how much I have to be thankful for. I plan to be scheduling and meeting with some of our old/long timers to get their stories recorded as part of the Oral Histories project. The Oral Histories kit can be located at aa.org/en_pdfs/en_oralhistorieskit.pdf and has good instructions and a template to use for collecting anyone's personal story. Please feel free to use this kit and template to collect anyone's personal story.

As a reminder, we're collecting District 24 meeting minutes, newsletters, announcements and any AA related material that could be stored, accessed, and used by current and future AA members.

The next WWA72 Archives quarterly is scheduled for Saturday, May 3rd in Port Townsend, WA 98368. Coffee and fellowship begins at 9am with the business meeting from 10am-3pm.

Thanks for allowing me to serve and help preserve/protect our amazing AA Archives!

Ron Anderson

PI/CPC COMMITTEE REPORTS - Ed C. & Steve L.

The first combined committee meeting for PI & CPC was held at 6pm on March 10, 2013 @ the Sno-King Intergroup office. Steve L, Doug H, Sharon D, Karen T & Ed C were in attendance.

- ✓ Sharon & Doug are new attendees from the District 19 area. Sharon is the current D19 PI Chair.
- ✓ Ed C shared a copy of a sample contact letter to be used to introduce our efforts to the professional community.
- ✓ Karen will email a list of clinics that we can contact with a letter & phone call to see if there is an interest in either literature or a panel of AA's to discuss what we are.
- ✓ Doug said that we can dial "211" to get info about community services that might be interested in AA information.
- ✓ The 2nd Monday of each month will be our designated time at 6pm at the SKIG office. Next meeting to be held 4/14/14

PLEASE SEE OUR ANNOUNCEMENT ON PAGE 6 & COME GET INVOLVED!

SNO KING LIASON REPORT - Roger

We have a new treasurer – Tom? Bob has been ill and ok with the replacement.

Gretchen, our volunteer coordinator is having problems with people signing up and taking time slot to answer phones and man the office then not showing up. She has stated she has replacement people, please call Gretchen.

Sno-King has ordered 1000 North End schedules and is discussing giving them away instead of charging for them, no decision was made. We ordered more big books.

Thank you to all groups who support us. Those sending donations in March were:

- Wednesday Night Group of Mountlake Terrace
- Lynnwood Study Group
- Tuesday Night Spiritual Study
- Discussion Group of Mill
- Friday Night Big Book Study of Mill Creek
- Ladies Living and Learning
- The Unity Group (TUG)

EXCERPT FROM "BEST JOKES FROM THE AA GRAPEVINE"

The speaker was going on and on. A man in the fifth row stood up and walked out. As the speaker was winding up, the man returned. After the meeting, the speaker asked the man where he went. "I went for a haircut," he said. "A haircut? Why didn't you get a haircut before the meeting started?" The man replied, "I didn't need a haircut before the meeting started." ☺

DISTRICT 24 TREASURER'S REPORT - MARCH 2014

District 24		Checking Account		<i>Statement Jan 18,2014 -Feb 19,2014</i>		
Transaction Type/Number		Pay To / Received From	Explanation	Paymt. Amt. (-)	Deposit Amt. (+)	Check book bal.
Account			Beginning Balance			2830.72
Deposit		Group Donation				
22-Feb	Money order	Lynnwood Mens Group	Group Donation		500.00	
22-Feb	6319	Nameless Group	Group Donation		25.00	
22-Feb	5036	The Unity Group TUG	Group Donation		76.23	
22-Feb	5041	The Unity Group TUG	Group Donation		69.89	
22-Feb	844	Sun Morning Breakfast Grp	Group Donation		250.00	
3-Mar	Money order	Way of Life	Group Donation		30.00	
3-Mar	1056	Our Primary Purpose N	Group Donation		7.48	
3-Mar		Transfer from savings			150.00	
		Checks				
23-Feb	Debit	Albertsons	GSR course	8.98		
5-Jan	2862	Claire Gipson	Archives	42.20		
2-Mar		Auto Transfer to Savings		150.00		
5-Mar	2866	PUD	Rent	30.00		
24-Feb	Debit	Town & Country Lodge	PRASSA lodging	119.00		
25-Feb	2842	St Pius X Catholic Church	Gratitude Banquet	918.00		
7-Mar	2844	Cathy Jo	Newsletter	19.05		
10-Mar		Wells Fargo	Bank Fee	3.00		
10-Mar	Debit	Town & Country Lodge	PRASSA lodging	148.98		
10-Mar	Debit	Stacked	PRASSA meal	11.84		
11-Mar	2843	Ann F	Access Quarterly	50.84		
Bank Statement			Ending Balance	1501.89	1108.60	2437.43
After the Statement Date						
Outstanding Checks						
5-Jan	2865	District 1	April Quarterly Banquet seed money	50.00		
28-Mar	2845	Wells Fargo		300.00		
Deposits						
28-Mar	1186	Edmonds Group	Group Donation		46.00	
28-Mar	1033	Freedom Group	Group Donation		30.00	
28-Mar	748	AMAA	Group Donation		67.88	
28-Mar	1386	Celebrate Life	Group Donation		30.00	
28-Mar	1068	We Are Not Saints	Group Donation		30.00	
28-Mar	751	AMAA	For Corrections		220.26	
31-Mar		Gratitude Banquet	Donations/Raffles		1,893.00	
			Total	350.00	2317.14	
Cash on Hand						4404.57
Reserve		2014 Gratitude Dinner expenses		1500.00		
Reserve		2013 Picnic expense		250.00		
Reserve		2013 50% schedules expense		250.00		
Working balance						2,404.57

SNO-KING OUTREACH PROGRAM

COOPERATING w/ the PROFESSIONAL COMMUNITY & PUBLIC INFORMATION

District 24 CPC / PI is holding the next meeting on **Monday 6pm, the 7th of April** at the Sno-King Intergroup office located at **22617 76th Ave West Edmonds WA 98026 (Suite #203)**. We are looking to gather the local Districts that cover most of South Snohomish County and some of North King County as well. Come share what you are doing to connect professionals to AA. We are trying to establish or join with those who already do this work. Our objective is to work towards gathering lists of institutions that come in contact with people that might benefit from what AA has to offer. Of course we are not affiliating with any institution or facility but want to make our literature and experience available. Many people have said that their 1st introduction to AA was from some outside entity, not from AA directly. And there are a significant amount of professionals that aren't fully aware of how AA works for these new people. For additional information or comments please call or email:

Ed C. (District 24 CPC Chairman) 425-877-1680
Steve L. (District 24 PI Chairman) 425-210-1856

EChinick@gmail.com
SL2010@comcast.net

WOMEN'S BIG BOOK WORKSHOP

LED BY LORRAINE K.

Good Shepherd Church

6915 196th St. SW
Lynnwood, WA

Monday's 6:30 – 7:30PM
Starting March, 3rd 2014

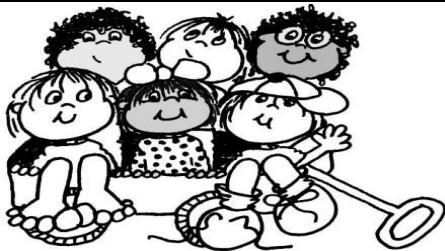


What to bring:

- New (unused) Big Book
- Hi-Lighter
- Pen

We will practice the 7th tradition, which states:

"Every AA group ought to be fully self – supporting,
declining outside contributions"



Lynnwood Alano Club
Saturday Night Speaker's Meeting

NOW HAS CHILDCARE!!*

Every Saturday night starting March 8th,
7:30-9pm. Over 250 years of sobriety
speaking in March!

**Childcare for toddlers & up, no infants at this time*

This September 2014

The Everett Conference's Annual
SALMON BAKE & SPEAKER MEETING "FUN"RAISER
At the Tulalip Tribal Center



MENU:
Alder Smoked Salmon
Indian Fry Bread
Cole Slaw
Dessert...Yummy!

*Balloon animals and
Hot Dogs for the kids*

- Dinner
- Speakers
- Raffle Baskets
- 50/50 Raffle
- Lots of Fun & Fellowship!!

And....Save the Date For the

Everett Conference

Thanksgiving Weekend

November 28th, 29th & 30th, 2014

Speakers

Workshops

Banquet

Entertainment



www.everettconference.org EVERETT CONFERENCE

LIVE AT PINE LAKE UPCOMING SPEAKER MEETINGS

Saturday, April 12, 2014 Angie J. - Austintown, OH
 Saturday, May 10, 2014 Sheldon F. - Las. Vegas, NV
 Wed, June 18, 2014 Mike M. - Cedar Rapids, IA
 Saturday, July 12, 2014 Clancy I. - Los Angeles, CA
 Saturday, Aug. 09, 2014 Kent C. - Sanduski, OH.
 Saturday, Sept. 13, 2014 Chris R. - Ingram TX
 Saturday, Oct. 11, 2014 Kerry C. - Pannersville, PA

Doors Open at 5:30 pm for setup – help appreciated!

Pine Lake Covenant Church
1715 228th Avenue S.E., Sammamish WA
Raffle sales and doors open at 6:30

Childcare 6:30 – 9pm, Lower Level

Meetings Begin at 7 pm

*Recordings, book covers, medallions & custom embroidery items
 will be available before and after the meeting!*



Free Dance!!!

When: First Saturday of Every Month

Where: Lynnwood Alano Club
4001 198th St SW
Lynnwood, WA 98036

Why: Because We Can

**Come have some
 SOBER FUN!!!**

All of the COOL KIDS are doing it!!

First Annual *Step Ashore* "The Northwest Woodstock Of AA"

Something Completely New In The Northwest

DISEASE OF PERCEPTION - CLANCY I,
 STEP 1 - JOHNNIE H., LONG BEACH, CA
 STEPS 2+3 - GEOFF C., VALLEY VILLAGE, CA
 STEPS 4+5 - TAMI R., CHATSWORTH, CA
 STEPS 6+7 - DON L., BELLINGHAM, WA
 STEPS 8+9 - GEORGIA B., LOS ANGELES, CA
 SPECIAL SAT NIGHT PRESENTATION - GAIL L., AKRON, OH
 STEPS 10+11 - KAREN H., LONG BEACH, CA
 STEP 12 + SPONSORSHIP - CLANCY I., VENICE, CA

- All The Offered Program and Meals are Inclusive For All
- Las Vegas Style Prime Rib Buffet Dinner w/Options
- Ice Cream Friday + Beach Fire-Cocoa Set
- Full Breakfast Buffet Sunday Morning Included For All
- Combined Summer Fun + Awesome AA Spin/Step Format
- Detailed Program on Web

AUGUST 8-10, 2014 - OCEAN SHORES CONVENTION CENTER.

ALL INCLUSIVE PRE-REGISTRATION - ONLY \$79

REGISTER EARLY - AFFORDABLE HOTEL LINKS ON WEB

See you at The Beach Over

Name	Name
Address	Address
City	City
State/Zip	State/Zip
Phone	Phone
Email	Email
Badge	Badge
Name	Name

Checks+Mail To: **Step Ashore PO Box 192 Port Orchard, WA 98366**
 Online Registration is Open + Much More Info Available at
WWW.NWWOODSTOCKOFAA.ORG



AA Schedule Stapling Party

Snohomish County Districts
2, 3, 12, 19, & 24

Service Opportunity!!
Bring your sponsor

Finger Food Potluck!

Sunday- April 13 2014
1:00 to 5:00
1401 Poplar – Everett

Parking is available but limited
Car-pooling encouraged



CHILDCARE MEETINGS



SUNDAYS

10:00 AM	O, H, CC	Coffee Cup Group	21600 76 th Ave W, Edmonds	Swedish Hospital, 4 th Floor
4:00 PM	O, H, CC	Living In Sobriety	6512 12 th SW, Seattle	St Pauls
7:00 PM	O, H, CC	We Are Not Saints	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church

MONDAYS

5:30 PM	O, H, CC	Autumn's Promise	1050 State Ave, Marysville	Damascus Road Church
7:30 PM	O, A, AL, CC	Love & Service	9506 7 th Ave, Everett	Free Methodist Church

TUESDAYS

10:00 AM	C, CC	Tuesday Ladies Study	175 th NE & 8 th , Shoreline	Bethel Lutheran Church
10:00 AM	O, CC	A New Morning	100 th & 67 th Ave, Marysville	Kellogg Marsh Garage
6:00 PM	C, H, CC	Great Facts As Bill See's It	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church

WEDNESDAYS

7:00 PM	O, CC	New Life Group	1906 Grand, Everett	
7:00 PM	O, H, WO, CC	Silver Lake Daily Reflections	4306 132 nd St SE, Mill Creek	Advent Lutheran, PreSchool Bldg
7:00 PM	O, H, CC	Our Primary Purpose Group	16727 Alderwood Pkwy, Lynnwood	Unity Church

THURSDAYS

10:00 AM	C, CC	Marysville Thursday AM	4 th & Columbia, Marysville	Unitarian Church
6:00 PM	O, CC	Great Facts 12x12 Study	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
7:00 PM	O, H, CC	Graceland	2609 Larch Way, Lynnwood	Church of the Good Shepard
7:30 PM	O, H, CC	Living Sober Study Group	1030 E Casino, Everett	Cascade View Pres. Church

FRIDAYS

10:00 AM	O, CC	Friday Morning Spkr/Disc Mtg	175 th NE & 8 th , Shoreline	Bethel Lutheran Church
6:30 PM	WO, OH, CC	Working With Others	910 N 180 th St, Shoreline	(off Aurora)
7:00 PM	O, H, CC	Silver Lake Friday Night Spkr	4306 132 nd St SE, Mill Creek	Advent Lutheran, PreSchool Bldg

SATURDAYS

10:00 AM	O, H, CC	Sisters In Recovery	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
10:30 AM	WO, WE, CC	Saturday Ladies Study	18842 Meridian Ave N, Shore.	St David's
5:00 PM	O, CC	Great Facts Big Book Study	6915 196 th St SW, Lynnwood	Good Shepard Baptist Church
7:30 PM	O, H, CC	Saturday Night Speakers	4001 198 th St SW, Lynnwood	Lynnwood Alano Club