



THE SCI 07 CHRONICLE

We've been out of school longer than we were in it....

HOMECOMING

Our class reunion is planned for **Oct 19-21st**. It's going to be a traditional imitation Homecoming Weekend, with Ritual, Keggers and Football! We're planning a rough schedule but there is one thing you **NEED TO DO NOW**. You need to **book your hotel room**. We've secured a block, but it's not going to be held for us much longer. You need to contact the Kingston Waterfront Holiday Inn by calling 613-549-8400 x 2660 or emailing reservations@hikingstonwaterfront.com. The room block is booked under Sci 07. For more homecoming related info you can look at www.sci07.com.

SCI 07 MONEY

Balance (July 31, 2011)	\$750.29
12 Month Bank Charges	(\$23.40)
Additional Transactions	\$0.00
Balance (July 31, 2012)	\$726.89

MISSING EMAIL

The e-mail addresses we had for the following people seems to have gone bad...if you know the current e-mail address for these people please forward it queens.sci.07@gmail.com

Evan Smith	Sam Jordan	Krista Huszarik	Kelvin Hamilton	Dave Chesser
Josh Metcalf	Ryan Aubin	Sean Malmberg	Marinha Capela	Simon Arsenault
Tom Cooper	Pedro Isaza	Emma Seaborn	Chris Dolhan	Tom Don Mak
Ben Lawrence	Chen Liang	Chrissy Shea	Samy El-Jaby	Jason Mohan
Kristin Bowie	Teresa Bang	Rory Tulk	Derek McColl	James Bateman

CARA STAPLEY



Cara Stapley Wins 2011 Sterling Award from Professional Engineers of Ontario

Cara's commitment and leadership skills were put to the test during an assignment in Chile, where, despite being stuck on a site because of a massive earthquake, Cara kept her composure and helped others to carry on with their assignments.

A Geo Eng 07, Cara has demonstrated remarkable leadership skills in her young career. A member of PEO's Engineering Intern program since 2007, she has been very active in the North Bay Chapter – volunteering to assist with many of the chapter's programs such as Engineer's Day, science fairs, and Student's Night. Cara is also a member of the local branch of the Canadian Institute of Mining, Metallurgy and Petroleum.

MATT REID

&

CAROLINE REID

Caroline & Matt Reid to Compete at the World Triathlon Championships in New Zealand

Caroline and I moved to Vancouver in the spring of 2009 immediately became interested in what felt like every endurance sport and outdoors activity known to mankind.

Two years later, we were still doing a mediocre job in many

arena's, so we decided to sign up for races in four different sports, and then pick the one that we were best at. The next year we would try and focus on that sport and see how the competitive aspect changed things. Turns out, I suck at mountain bike racing. Road bike racing is tons of fun, but I was a definite mid-packer that summer. And I just couldn't face doing the Grind one more time, so running was out.

Caroline, however, is a pretty good swimmer, a pretty good bike racer, and a pretty good runner. Add in stamina and the type of planning and strategy you would expect from an engineer, and she qualified for the Age Group (Amateur) World Triathlon Championships in the Olympic distance (1500 meter swim, 40 kilometer bike, 10 kilometer run). I managed to squeak into the qualifying spots for the Sprint distance (half the Olympic distance), and there it was – we had 14 months to get ready for World's, which will be held this October in Auckland, New Zealand. 2012 was going to be the "year of Triathlon".

Starting after Christmas, we have been slowly amping up in terms of training intensity and volume. Right now we are at 2 workouts a day throughout the week, and 3 per day on the weekends. That, coupled with day jobs, leaves about 40 minutes a night to make (or reheat, usually) dinner, eat, shower, and get ready for the next day. The time commitment is ridiculous, in short. Priorities simplify down to "Eat. Sleep. Train. Eat again." Of course, all of that "lost" time we are spending riding bikes, running or swimming, so it's hard to complain. We'll see how we are feeling by the end of October - if you asked me after some of our longer days of late, I might suggest that 2013 be the "year of TV".

Along the way we have both learned a ton. I now have an in depth knowledge of the workings of the knee and all the things that can go wrong with it. We can both strip a bike down to the bare frame and reassemble it without too much swearing. And it turns out that eating reheated spaghetti for lunch and dinner five days in a row isn't actually that bad. In the beginning 14 months seemed like almost too far away to even think about. Suddenly, there are four months left and we both feel like halfway through exams, when you realize you spent most of the previous semester skipping class to build snowforts. Four months to go.

Wish us luck.

Matt Reid



GUS JOHNSON

Gus Johnson Quits Engineering to Become a Full-Time Farmer



Hello fellow Sci '07's!

I hope that everyone's summer is going well and you are getting an opportunity to spend time at the lake, cottage, mountains, or wherever your summer getaway is. Considering we are on the near eve of our 5 year reunion, I'm willing to bet more than a few of us would never have guessed we'd be in our current positions. As of this spring, I decided to "retire" from engineering and return to the family farm near Hardisty, AB.

Over 100 years ago my great-grandfather/mother settled the land where we still farm and live. Much has changed since these early beginnings. Nowadays a farmer can complete in an hour, what would have taken his forefathers an entire season. Like all industries, technology has replaced much of the manual labour. On nearly every farm, GPS now drives equipment in the field. Every major operation involves an onboard computer that controls the implement and all ancillary components. Mobile devices are also making their mark by supplying the farmer with market updates, communication with suppliers/customers, and even realtime equipment diagnostics. However, there is one thing that can be certain, and that is the uncertainty of weather. This has been my biggest adjustment coming from an office environment. For a farmer, the weather dictates your activities everyday and is directly responsible for your paycheque at the end of the season. If it frustrates you when the weather forecast is wrong for the long weekend, picture your paycheque reduced or cancelled because of an unusual or unplanned weather event!

What really drew me back to farming was the varied lifestyle. As a farmer, I perform all the physical work to grow the crops. Between field operations I must fill the role of a businessperson. Managing capital and investment expenditures, budgeting, purchasing inputs, and marketing products are all aspects that fall to the farmer. This combination of "white-collar" and "blue-collar" job roles was the motivation for my career change.

I look forward to hearing about your life-adventures in the newsletter or in person. With a timely harvest I'll see you at our fall reunion. Until then eat your whole grains, cook with canola oil, and for goodness sakes drink BEER. (It keeps me in business)

Gus Johnson
Chem Eng '07



JAMIE McCANN



Jamie Joins the Circus

I've always enjoyed a challenge. I've also always considered myself a dreamer, but a practical one at that. I recently got inspired, set in motion a plan, and followed through on a ridiculous dream to become a circus performer. Here's how I did it:

My journey started in Las Vegas in late 2010. I had travelled with a group of friends to be part of a wedding and while in town, saw "O" by Cirque du Soleil. I was blown away. The performance was scary and beautiful and pushed the limits of what I knew to be possible.

I experienced what I would later learn is called a paradigm shift, and left the theatre with a new sense of reality and possibility. I wonder if I could do that?

Soon after searching for "circus school Toronto" on Google, I started training at a facility that was converted from a 1960s airplane hangar near the airport at Downsview Park. I enrolled in an acrobatics class, which I hadn't practiced in half a lifetime, and gradually added handstands, trapeze, muscle conditioning, active-isolated stretching, hand-balancing and Chinese poles to the training regiment (though I also experimented with silks, trampoline, flying trapeze and pole dancing). Over the course of a year, my circus hobby grew into more of an obsession and training increased from one class a week to ten. I had the overall strength I needed and it was time to take the next step - perform.



I set 'circus performer' as a goal for myself by signing up for the student performance troupe. This gave me nine months to prepare for the show Mojeaux that ran June 1-2, 2012. Training was intense and escalated to a 7day/wk commitment (and a full month alcohol-free) leading up to the performance. I struggled to balance my work and my personal life and I endured many bumps, bruises and burns along the way, including one when I fell the first 10-ft of a 20-ft Chinese pole and stopped myself using my left forearm as a brake.

I was assigned an apparatus called 'aerial pole' for the show, which is a 12-ft long metal pole that is hinged at the top and swings freely at the bottom. I had a partner in the act and the two of us worked together to develop a high-energy, five-minute routine set to some banging electronica music. We performed to a crowd of 600 people for the two nights, which to me now is a blur of lights and faces. It was a great experience. Now I guess it's time to set some new goals.



I'm often asked about the pain. I say that our bodies are very adaptable. Whatever stimulus you surround yourself with, eventually your body will catch up. The pain reminds us of what is real and challenging. It seems to be in our nature to accept conflict, and if given a lack of real physical challenge, our mind seems to manufacture conflict about things that are not "real" to fill the void. Challenge your body. If something gets you excited, it's probably worth doing. Nobody really knows the limits of the human body anyway, so why would you be the first to doubt your own? Pain is temporary and chicks dig scars.

James M. McCann, M.Eng.

QUEENS UPDATE



NEW CO-GRO

I had a chance to catch up with the incoming prez and the society and services seem to be running "business as usual". Clark Hall Pub is still running ritual as we knew it, and this year will be adding some fancy new TVs to open for Hockey Night in Clark on Saturdays. The Tea Room is experiencing some healthy competition from the brand-new Common Ground in the Queen's Centre. Golden Words is now promoting hard-copy subscriptions, mailed to alumni anywhere in the world. The CIRQUE and CEEC conferences will run again this year, although the "Professional Engineering Perspectives" (PEP) Talks will not. Any Sci'07s who are interested in meeting with students informally or speaking at conferences, should contact the society directly to get involved.

Around campus, there are both new and old facilities being celebrated this year. A new School of Medicine building opened last September, attached to the existing Abramsky House on Barrie Street, and enjoyed the completion of its first full academic year in the spring. This May, Nicol Hall (the Materials Engineering Building) celebrated its centenary, having been originally built in 1912. The Queen's School of Business Goodes Hall expansion is scheduled to open this fall. Finally, construction on the Isabel Bader Centre for the Performing Arts has begun, and is scheduled to open sometime in 2014.



GOODES EXPANSION

Onto homecoming news – as we mentioned in last year's newsletter, the earliest possible university-sanctioned "homecoming" may be in 2014. Fall of 2011 was the first year where a date for homecoming had not been previously planned, and this fall of 2012 will be no different. In May, the Queen's Alumni Relations has announced that "Principal Daniel Woolf asked the Office of Advancement to work with the Queen's University Alumni Association and the Rector to initiate dialogue with student leaders, campus departments, City partners and members of the extended Queen's community toward identifying an alternative model for university sanctioned fall reunions. This work is underway." We haven't heard about any solid details yet, but the party is on for Sci'07 nonetheless. We're planning our own celebration later this year, over the weekend of October 19-21.

Lastly, and as always, remember that Alumni Events are happening in major cities all over the world. Check the calendar to see if your current city has one soon at <https://advevents.queensu.ca/>. You can also find the renewed Sci'07 group on facebook. Remember to keep your contact info up to date at The Common Room queensu.ca/alumni.

Andy Chong

NUPTIALS

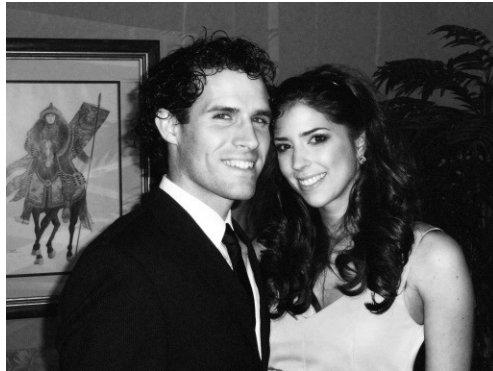


Dana Zoratto and **Andrew Collard** got engaged.



Derek Mac Fadden & Allison Reid got married

Tyler Ottenhof married **Harmony Cosburn**



Dave Chesser proposed to **Danielle Turney** last December



Elizabeth Csaszer got engaged to **Jonathan Venere**

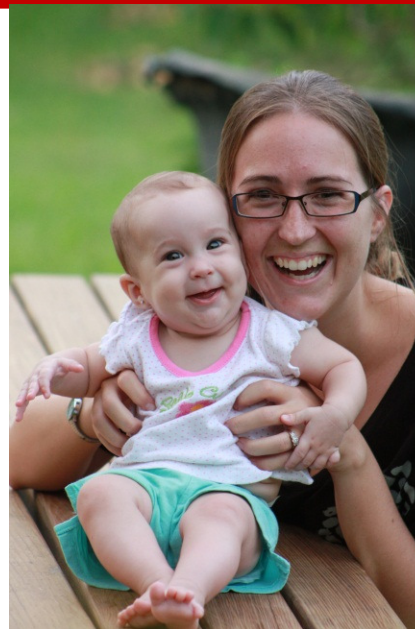
Will Vallejo and **Marinha Capela** got engaged



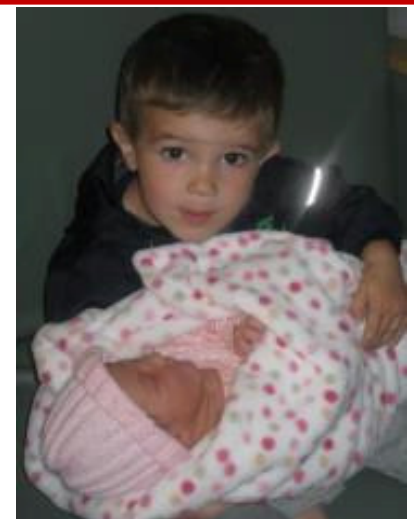
BABIES



Anne Kloosterman and her husband Steve are proud to announce their new baby boy, **Luka Alexander Vasic**, born December 30, 2011.



Jenna & Jarrod Skeete are have an adorable new daughter, **Kathryn Gail Skeete**, born Dec 21st, 2011



Eric & Renata Isenor just had their second child. **Isla Mae Isenor** was born on May 15, 2012 and joins her two-year-old brother Riley West Isenor.