

LEARNING OBJECTIVES

- Setup a triple integral for a given solid in \mathbb{R}^3
- Switch the order of integration for a triple integral

REVIEW

- Double integrals
- Finding inverse functions

ANNOUNCEMENTS

- Enjoy your fall break!

PREVIOUSLY

In Calculus II, you learned that $\int_a^b f(x) dx$ computes the signed area between $y = f(x)$ and the x -axis over the interval $[a, b]$.

Last week, we learned that $\iint_R f(x, y) dA$ computes the signed volume between $z = f(x, y)$ and the xy -plane over the region R .

QUESTION

What does a triple integral $\iiint_S f(x, y, z) dV$ compute?

- Recall that $\iint_R 1 dA$ is the area of R . So $\iiint_S 1 dV$ is the volume of the solid S .
- If $\rho(x, y, z)$ is density, the triple integral $\iiint_S \rho(x, y, z) dV$ computes mass.
- moment of inertia, gravitational potential, electric charge, etc.

EXAMPLE

Find the mass of the rectangular box bounded by $1 \leq x \leq 3$, $0 \leq y \leq 1$, and $2 \leq z \leq 4$ with density $\rho(x, y, z) = xyz \text{ kg/m}^3$.

The mass of the box is the integral of the density, but now we need to integrate over all three of x , y , and z !

$$\begin{aligned} M &= \int_1^3 \int_0^1 \int_2^4 xyz \, dz \, dy \, dx \\ &= \int_1^3 \int_0^1 \left[\frac{xyz^2}{2} \right]_{z=2}^{z=4} dy \, dx \\ &= \int_1^3 \int_0^1 6xy \, dy \, dx \\ &= \int_1^3 \left[3xy^2 \right]_{y=0}^{y=1} dx \\ &= \int_1^3 3x \, dx = \left[\frac{3x^2}{2} \right]_{x=1}^{x=3} = 13 \text{ kg} \end{aligned}$$

Did the order of integration matter on the previous slide? Of course not:

FUBINI'S THEOREM

If $f(x, y, z)$ is continuous over a rectangular solid S with $a \leq x \leq b$, $c \leq y \leq d$, $r \leq z \leq s$, then the triple integral of $f(x, y, z)$ over S can be computed in any order:

$$\iiint_S f \, dV = \int_r^s \int_c^d \int_a^b f \, dx \, dy \, dz = \int_a^b \int_r^s \int_c^d f \, dy \, dz \, dx = \dots$$

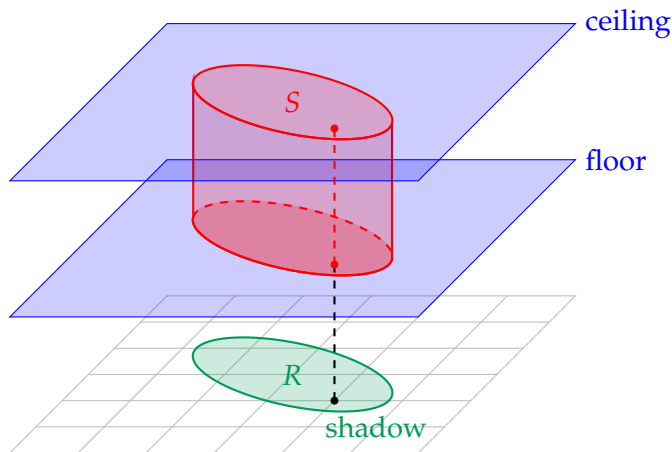
If the region is not rectangular, you have to change the bounds, but you can still integrate in any order.

VOLUME

The volume of a solid S in xyz -space is computed by the integral

$$\text{Volume}(S) = \iiint_S 1 \, dV$$

HOW TO FIND THE BOUNDS OF A TRIPLE INTEGRAL



A triple integral is a double integral over it's shadow R in the plane $z = 0$ of a single integral from the floor to the ceiling.

$$\iiint_S f(x, y, z) dV = \iint_R \left(\int_{\text{floor}}^{\text{ceiling}} f(x, y, z) dz \right) dA$$

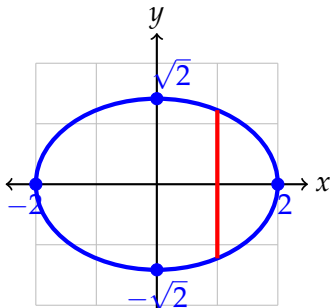
EXAMPLE

The solid bounded above by $z = 8 - x^2 - y^2$ and bounded below by $z = x^2 + 3y^2$ has density $\rho(x, y, z) = x^2 + y^2$. Express the mass of this solid as a triple integral.

In this question, the floor and the ceiling are clear. But the bounds for x and y are less clear. To figure this out, ask: where do the surfaces intersect?

$$8 - x^2 - y^2 = x^2 + 3y^2 \implies 4 = x^2 + 2y^2$$

They intersect in an ellipse $4 = x^2 + 2y^2$.



$$\text{Top half: } y = +\sqrt{2 - \frac{x^2}{2}}$$

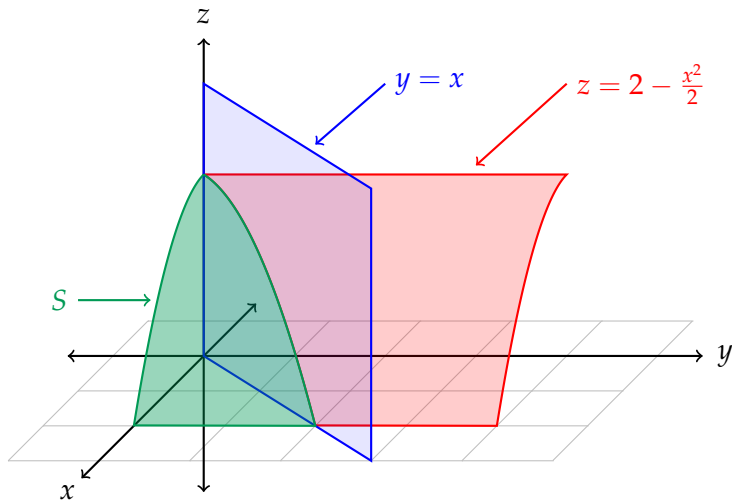
$$\text{Bottom half: } y = -\sqrt{2 - \frac{x^2}{2}}$$

$$V = \int_{-2}^2 \int_{-\sqrt{2 - \frac{x^2}{2}}}^{\sqrt{2 - \frac{x^2}{2}}} \int_{x^2 + 3y^2}^{8 - x^2 - y^2} x^2 + y^2 \, dz \, dy \, dx$$

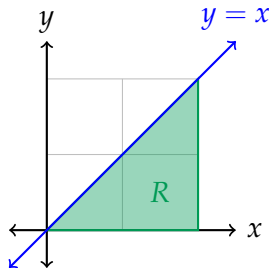
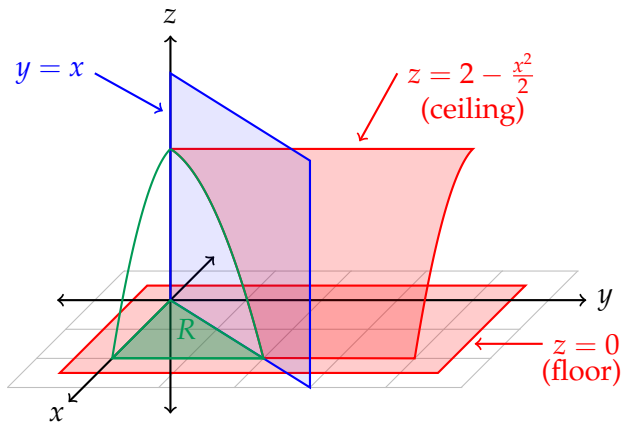
SWITCHING BOUNDS

EXAMPLE

Compute the volume of the **solid S** in the first octant bounded by $y = x$ and $z = 2 - \frac{x^2}{2}$

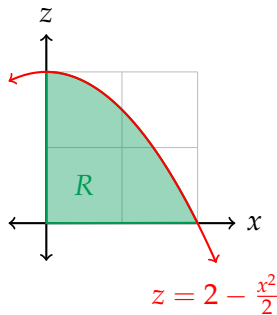
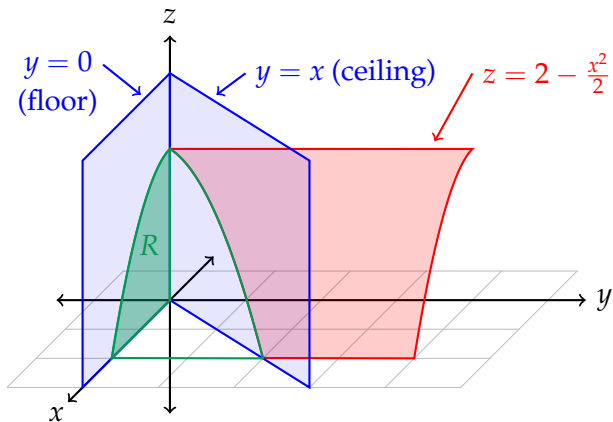


$$V = \iiint 1 \, dz \, dy \, dx$$



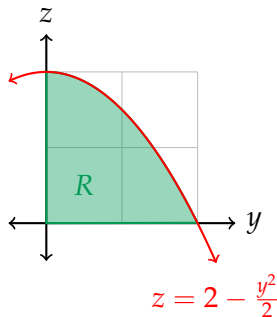
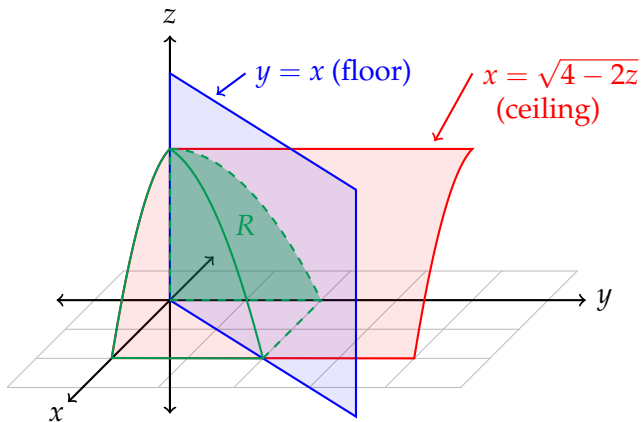
$$V = \iint_R \left(\int_0^{2-\frac{x^2}{2}} 1 \, dz \right) dA = \int_0^2 \int_0^x \int_0^{2-\frac{x^2}{2}} 1 \, dz \, dy \, dx$$

$$V = \iiint 1 \, dy \, dx \, dz$$



$$V = \iiint_R \left(\int_0^x 1 \, dy \right) dA = \int_0^2 \int_0^{\sqrt{4-2z}} \int_0^x 1 \, dy \, dx \, dz$$

$$V = \iiint 1 \, dx \, dz \, dy$$



$$V = \iiint_R \left(\int_0^x 1 \, dx \right) dA = \int_0^2 \int_0^{2 - \frac{y^2}{2}} \int_y^{\sqrt{4 - 2z}} 1 \, dx \, dz \, dy$$

ATTENDANCE QUESTION saunter

Which integral computes the volume of the region below the plane $z = y$ and above the triangle in the xy -plane with vertices $(2, 0)$, $(5, 0)$ and $(5, 6)$?

(a) $\int_0^5 \int_1^x \int_0^y 1 \, dz \, dy \, dx$

(b) $\int_2^5 \int_0^{2x} \int_0^z 1 \, dz \, dy \, dx$

(c) $\int_2^5 \int_0^{2x-4} \int_0^y 1 \, dz \, dy \, dx$

(d) $\int_0^5 \int_0^{2x+4} \int_0^y 1 \, dz \, dy \, dx$

SUMMARY

- Triple integrals are used to compute volume, mass, moment of inertia, etc.
- **Fubini's Theorem:** if $f(x, y, z)$ is continuous, the triple integral $\iiint_S f(x, y, z) dV$ can be computed in any order.
- Triple integrals are double integrals of single integrals: project the solid S to some region R in a coordinate plane $u = 0$, and then

$$\iiint_S f(x, y, z) dV = \iint_R \left(\int_{\text{floor}}^{\text{ceiling}} f(x, y, z) du \right) dA.$$

- If the innermost integral is du , the region R will be in the plane $u = 0$ (where u is one of x, y , or z).

LEARNING OBJECTIVES

- Plot points and functions in cylindrical coordinates
- Compute triple integrals in cylindrical coordinates

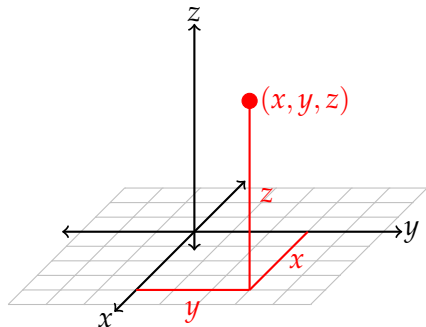
REVIEW

- Polar coordinates

ANNOUNCEMENTS

- Webwork B7 due tonight

CYLINDRICAL COORDINATES

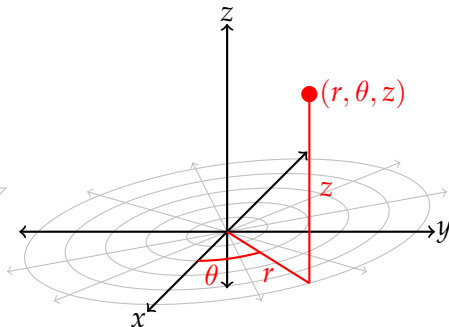


Rectangular

$$x = r \cos(\theta)$$

$$y = r \sin(\theta)$$

$$z = z$$



Cylindrical

$$r = \sqrt{x^2 + y^2}$$

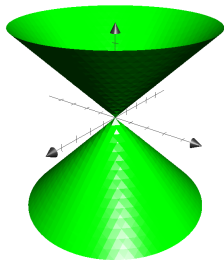
$$\theta = \arctan\left(\frac{y}{x}\right)$$

$$z = z$$

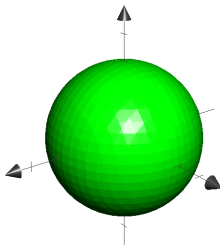
Cylindrical coordinates uses polar coordinates in the xy -plane and keeps the z -coordinate for height.

EXAMPLE

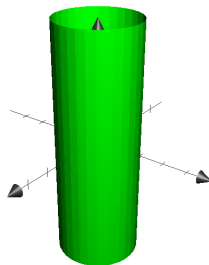
Write equations in cylindrical coordinates for each of the following surfaces.



$$r = z$$



$$r^2 + z^2 = c^2$$



$$r = c$$

BASIC SHAPES IN CYLINDRICAL COORDINATES

The basic shapes in cylindrical coordinates are:

- r is constant: cylinder
- θ is constant: plane containing the z -axis
- z is constant: horizontal plane

EXAMPLE

In cylindrical coordinates, describe the solid S in \mathbb{R}^3 bounded by the cylinder $x^2 + (y - 1)^2 = 1$, the paraboloid $z = x^2 + y^2$, and the xy -plane.

The cylinder is:

$$x^2 + (y - 1)^2 = 1 \implies (r \cos \theta)^2 + (r \sin \theta - 1)^2 = 1$$

Simplifying, this becomes $r(r - 2 \sin \theta) = 0$. Since $r = 0$ is just the z -axis, this cylinder is described by $r = 2 \sin \theta$.

The paraboloid is $z = r^2$, and the xy -plane is $z = 0$.

This is the region bounded below by $z = 0$ and above $z = r^2$ and bounded laterally by $r = 2 \sin \theta$.

$$0 \leq z \leq r^2$$

$$0 \leq r \leq 2 \sin \theta$$

$$0 \leq \theta \leq \pi$$

(We only need $0 \leq \theta \leq \pi$, because when $\theta = \pi$, $r = 0$.)

INTEGRATION IN CYLINDRICAL COORDINATES

CYLINDRICAL TRIPLE INTEGRAL

$$\iiint_S f(x, y, z) dV = \iiint_S f(r \cos(\theta), r \sin(\theta), z) r dr d\theta dz$$

EXAMPLE

Write an integral in cylindrical coordinates to compute the volume of a cylinder with radius 1 and height 1.

In cylindrical coordinates, this cylinder (and its interior) is $0 \leq r \leq 1$, $0 \leq \theta \leq 2\pi$, and $0 \leq z \leq 1$. So

$$V = \int_0^1 \int_0^{2\pi} \int_0^1 r dr d\theta dz$$

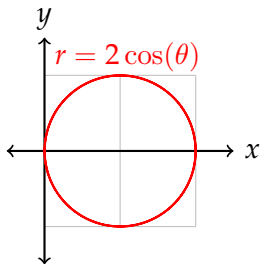
EXAMPLE

Use a triple integral to compute the volume of the solid S bounded above by the paraboloid $z = 4 - x^2 - y^2$, bounded below by $z = 0$, and bounded laterally by $y = 0$ and $x^2 + y^2 = 2x$.

Let's first convert this to polar coordinates.

- Paraboloid: $z = 4 - x^2 - y^2 \implies z = 4 - r^2$.
- $x^2 + y^2 = 2x \implies r^2 = 2r \cos(\theta) \implies r = 2 \cos(\theta)$.

This is an off-center cylinder. In the plane $z = 0$ it looks like:

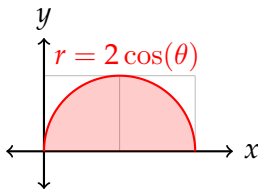


However, since we must have $y \geq 0$, we should restrict the domain:

$$0 \leq \theta \leq \pi/2$$

$$0 \leq r \leq 2 \cos \theta$$

With the domains properly restricted, the shadow in the xy -plane looks like this:



Above each point in this shadow, the z -coordinate of the solid is:

$$0 \leq z \leq 4 - r^2$$

Therefore, the volume of this solid is:

$$V = \int_0^{\pi/2} \int_0^{2 \cos \theta} \int_0^{4-r^2} r \, dz \, dr \, d\theta$$

Note: the non-cylindrical version of this integral requires trig sub and is much much harder!

Let's evaluate this integral.

$$\begin{aligned} V &= \int_0^{\pi/2} \int_0^{2 \cos \theta} \int_0^{4-r^2} r \, dz \, dr \, d\theta = \int_0^{\pi/2} \int_0^{2 \cos \theta} \left[rz \right]_{z=0}^{z=4-r^2} dr \, d\theta \\ &= \int_0^{\pi/2} \int_0^{2 \cos \theta} 4r - r^3 \, dr \, d\theta = \int_0^{\pi/2} \left[2r^2 - \frac{1}{4}r^4 \right]_{r=0}^{r=2 \cos \theta} d\theta \\ &= \int_0^{\pi/2} 8 \cos^2 \theta - 4 \cos^4 \theta \, d\theta \end{aligned}$$

To evaluate this integral, we use the power reducing identity:

$$\cos^2(\theta) = \frac{1}{2}(1 + \cos(2\theta))$$

Squaring this and reducing, we get

$$\cos^4(\theta) = \frac{1}{4} (1 + 2 \cos(2\theta) + \frac{1}{2} (1 + \cos(4\theta)))$$

Therefore,

$$\int_0^{\pi/2} 8 \cos^2 \theta - 4 \cos^4 \theta \, d\theta = \int_0^{\pi/2} \frac{5}{2} + 2 \cos(2\theta) - \frac{1}{2} \cos(4\theta) \, d\theta = \boxed{\frac{5\pi}{4}}$$

EXAMPLE

Evaluate the integral

$$\int_{-\sqrt{2}}^{\sqrt{2}} \int_{-\sqrt{2-x^2}}^{\sqrt{2-x^2}} \int_{\sqrt{x^2+y^2}}^{\sqrt{4-x^2-y^2}} x^2 + y^2 \, dz \, dy \, dx$$

This integral is easier to do in cylindrical coordinates. Let's figure out what the solid of integration looks like.

$$\begin{aligned} -\sqrt{2} &\leq x \leq \sqrt{2} \\ -\sqrt{2-x^2} &\leq y \leq \sqrt{2-x^2} \\ \sqrt{x^2+y^2} &\leq z \leq \sqrt{4-x^2-y^2} \end{aligned}$$

Ignoring the z -bound for a second to figure out the shadow in the xy -plane, notice that the y bound is $y^2 = 2 - x^2$, or $x^2 + y^2 = 2$. Since x ranges from $-\sqrt{2}$ to $\sqrt{2}$, the shadow in the xy -plane is full circle of radius $\sqrt{2}$.

So the shadow in the xy -plane becomes in cylindrical coordinates:

$$0 \leq r \leq \sqrt{2}, \quad 0 \leq \theta \leq 2\pi$$

We just have to figure out the bounds for z . The floor is the cone:

$$z = \sqrt{x^2 + y^2} \implies z = r$$

And the ceiling is the top half of a sphere:

$$z = \sqrt{4 - x^2 - y^2} \implies z = \sqrt{4 - r^2} \implies z^2 + r^2 = 4$$

Therefore, the integral is in cylindrical coordinates:

$$\begin{aligned} \int_{-\sqrt{2}}^{\sqrt{2}} \int_{-\sqrt{2-x^2}}^{\sqrt{2-x^2}} \int_{\sqrt{x^2+y^2}}^{\sqrt{4-x^2-y^2}} x^2 + y^2 \, dz \, dy \, dx \\ = \int_0^{2\pi} \int_0^{\sqrt{2}} \int_r^{\sqrt{4-r^2}} r^2 \, r \, dz \, dr \, d\theta \end{aligned}$$

Let's evaluate this integral.

$$\begin{aligned}\int_0^{2\pi} \int_0^{\sqrt{2}} \int_r^{\sqrt{4-r^2}} r^3 dz dr d\theta &= \int_0^{2\pi} \int_0^{\sqrt{2}} (\sqrt{4-r^2} - r) r^3 dr d\theta \\&= 2\pi \left(\int_0^{\sqrt{2}} r^3 \sqrt{4-r^2} - r^4 dr \right) \\&= 2\pi \int_0^{\sqrt{2}} r^3 \sqrt{4-r^2} dr - 2\pi \int_0^{\sqrt{2}} r^4 dr \\&= 2\pi \int_0^{\sqrt{2}} r^3 \sqrt{4-r^2} dr - 2\pi \left[\frac{r^5}{5} \right]_0^{\sqrt{2}} \\&= 2\pi \int_0^{\sqrt{2}} r^3 \sqrt{4-r^2} dr - \frac{8\pi\sqrt{2}}{5}\end{aligned}$$

To evaluate this last remaining integral, substitute $u = 4 - r^2$, $du = -2r dr$. This also gives $r^2 = 4 - u$.

$$\begin{aligned}
2\pi \int_0^{\sqrt{2}} r^3 \sqrt{4-r^2} dr &= 2\pi \int_4^2 (4-u) \sqrt{u} \frac{du}{-2} \\
&= -\pi \int_4^2 4\sqrt{u} - u^{3/2} du \\
&= -\pi \left[\frac{2u^{3/2}}{3} - \frac{2u^{5/2}}{5} \right]_{u=4}^{u=2} \\
&= -\pi \left(\left(\frac{4\sqrt{2}}{3} - \frac{8\sqrt{2}}{5} \right) - \left(\frac{16}{3} - \frac{64}{5} \right) \right) \\
&= -\frac{4\pi\sqrt{2}}{3} + \frac{8\pi\sqrt{2}}{5} + \frac{16\pi}{3} - \frac{64\pi}{5}
\end{aligned}$$

So the final answer is:

$$\boxed{\int_0^{2\pi} \int_0^{\sqrt{2}} \int_r^{\sqrt{4-r^2}} r^3 dz dr d\theta = -\frac{4\pi\sqrt{2}}{3} + \frac{16\pi}{3} - \frac{64\pi}{5}}$$

ATTENDANCE QUESTION stroll

Express the integral

$$\int_0^2 \int_0^{\sqrt{4-x^2}} \int_0^{x^2+y^2+1} xz^2 dz dy dx$$

in cylindrical coordinates.

(a) $\int_0^\pi \int_0^2 \int_0^{r^2+1} xz^2 r dz dr d\theta$

(b) $\int_0^{\pi/2} \int_0^2 \int_0^{r^2+1} r \cos(\theta) z^2 r dz dr d\theta$

(c) $\int_0^{\pi/2} \int_0^2 \int_0^{r^2+1} r \cos(\theta) z^2 dz dr d\theta$

(d) $\int_0^{\pi/2} \int_0^4 \int_0^{r^2+1} r \cos(\theta) z^2 r dz dr d\theta$

SUMMARY

- Cylindrical coordinates (r, θ, z) are the 3D version of polar coordinates.

$$x = r \cos \theta, \quad y = r \sin \theta, \quad z = z$$

$$r = \sqrt{x^2 + y^2}, \quad \theta = \arctan\left(\frac{y}{x}\right), \quad z = z$$

- The basic shapes in cylindrical coordinates are:
 - Constant r : cylinder
 - Constant θ : plane containing the z -axis
 - Constant z : horizontal plane
- Triple integrals in cylindrical coordinates replace $dx dy$ with $r dr d\theta$, like with polar coordinates.

$$\iiint_S f(x, y, z) dV = \iiint_S f(r \cos(\theta), r \sin(\theta), z) r dr d\theta dz$$

LEARNING OBJECTIVES

- Plot points and functions in spherical coordinates
- Compute triple integrals in spherical coordinates

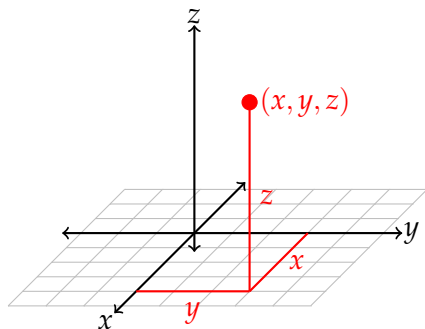
REVIEW

- Polar coordinates

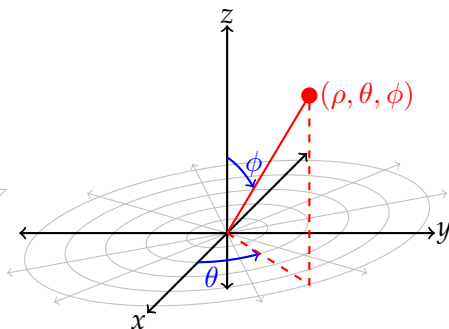
ANNOUNCEMENTS

- Webwork B8 due tonight

SPHERICAL COORDINATES



Rectangular

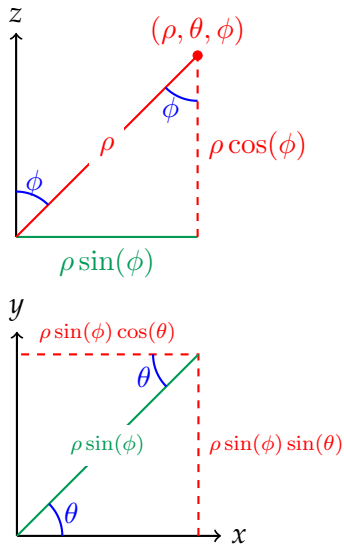
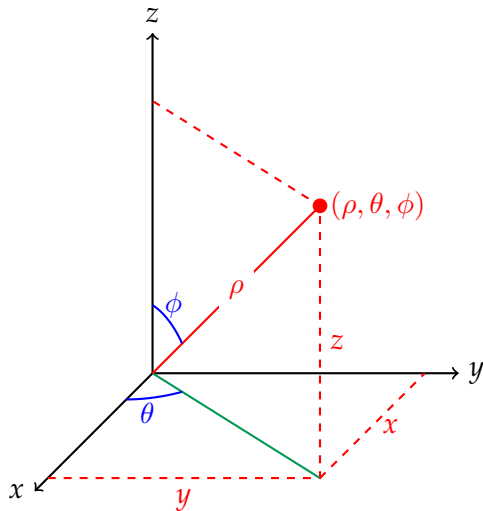


Spherical

- ρ distance from the origin, $\rho \geq 0$.
- θ angle from positive x -axis, $0 \leq \theta \leq 2\pi$
- ϕ angle from positive z -axis, $0 \leq \phi \leq \pi$

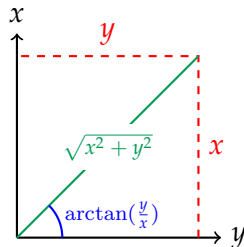
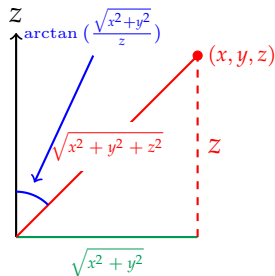
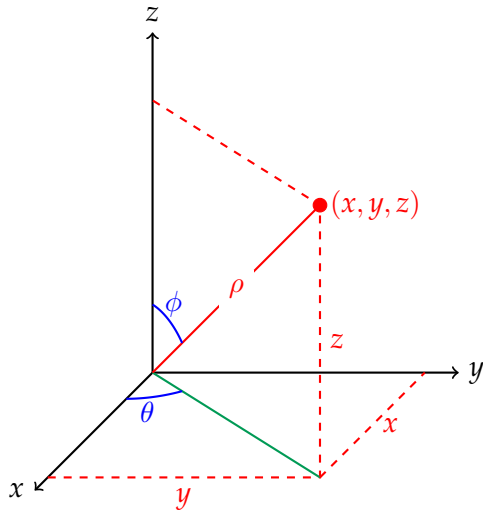
CONVERTING COORDINATES

Given spherical coordinates for a point (ρ, θ, ϕ) , how do you find its rectangular coordinates?



CONVERTING COORDINATES

Given rectangular coordinates for a point (x, y, z) , how do you find its spherical coordinates?



CONVERTING COORDINATES

RECTANGULAR TO SPHERICAL

$$\rho = \sqrt{x^2 + y^2 + z^2}$$

$$\theta = \arctan\left(\frac{y}{x}\right)$$

$$\phi = \arctan\left(\frac{\sqrt{x^2 + y^2}}{z}\right)$$

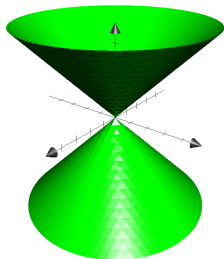
SPHERICAL TO RECTANGULAR

$$x = \rho \cos(\theta) \sin(\phi)$$

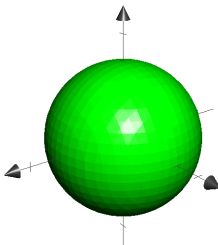
$$y = \rho \sin(\theta) \sin(\phi)$$

$$z = \rho \cos(\phi)$$

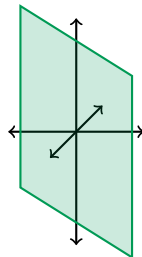
BASIC SHAPES



$\phi = \text{constant}$



$\rho = \text{constant}$



$\theta = \text{constant}$

BASIC SHAPES IN CYLINDRICAL COORDINATES

The basic shapes in cylindrical coordinates are:

- ρ is constant: sphere
- θ is constant: plane containing the z-axis
- ϕ is constant: cone

EXAMPLE

Describe the equation $x^2 + y^2 = 4$ in spherical coordinates.

Replace x and y by their equations in spherical coordinates:

$$(\rho \cos(\theta) \sin(\phi))^2 + (\rho \sin(\theta) \sin(\phi))^2 = 4$$

$$\rho^2 \cos^2(\theta) \sin^2(\phi) + \rho^2 \sin^2(\theta) \sin^2(\phi) = 4$$

$$\rho^2 \sin^2(\phi) (\cos^2(\theta) + \sin^2(\theta)) = 4$$

$$\rho^2 \sin^2(\phi) = 4$$

$$\rho \sin(\phi) = 2$$

Alternatively, we could use $\rho^2 = x^2 + y^2 + z^2$, so $x^2 + y^2 = \rho^2 - z^2$

$$x^2 + y^2 = 4$$

$$\rho^2 - z^2 = 4$$

$$\rho^2 - (\rho \cos(\phi))^2 = 4$$

$$\rho^2 (1 - \cos^2(\phi)) = 4$$

$$\rho^2 \sin^2(\phi) = 4$$

ATTENDANCE QUESTION **rhythm**

Express the surface $x^2 - 2x + y^2 + z^2 = 0$ as an equation in spherical coordinates.

(a) $\rho^2 - 2\rho \cos(\theta) + z^2 = 0$

(b) $\sin(\phi) \cos(\theta) = 1$

(c) $\rho = 2 \cos(\theta) \sin(\phi)$

(d) $\rho^2 - 2\rho \cos(\phi) = 0$

(e) None of the above.

INTEGRALS IN SPHERICAL COORDINATES

$$\iiint_S f(x, y, z) dV = \iiint_S f(\rho, \theta, \phi) \rho^2 \sin(\phi) d\rho d\theta d\phi$$

EXAMPLE

Setup an integral in spherical coordinates to compute the volume of a solid ball of radius 1.

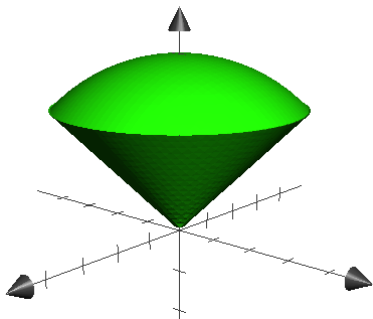
A solid ball in spherical coordinates is described by $0 \leq \rho \leq 1$, $0 \leq \theta \leq 2\pi$, and $0 \leq \phi \leq \pi$.

$$V = \int_0^\pi \int_0^{2\pi} \int_0^1 \rho^2 \sin(\phi) d\rho d\theta d\phi$$

EXAMPLE

Find the volume inside the sphere $x^2 + y^2 + z^2 = 4$ and inside the cone $x^2 + y^2 = z^2$.

This shape is an ice cream cone.



The sphere is $\rho^2 = 4$, or $\rho = 2$

The cone is $\phi = \frac{\pi}{4}$

So the shape is described by:

$$0 \leq \rho \leq 2$$

$$0 \leq \phi \leq \frac{\pi}{4}$$

$$0 \leq \theta \leq 2\pi$$

$$V = \int_0^{2\pi} \int_0^{\frac{\pi}{4}} \int_0^2 \rho^2 \sin(\phi) d\rho d\phi d\theta$$

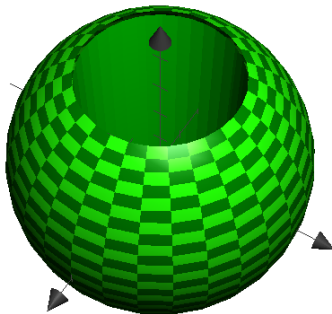
Let's evaluate this integral.

$$\begin{aligned}\int_0^{2\pi} \int_0^{\frac{\pi}{4}} \int_0^2 \rho^2 \sin(\phi) d\rho d\phi d\theta &= 2\pi \int_0^{\frac{\pi}{4}} \int_0^2 \rho^2 \sin(\phi) d\rho d\phi \\&= 2\pi \int_0^{\frac{\pi}{4}} \left[\frac{\rho^3}{3} \right]_{\rho=0}^{\rho=2} \sin(\phi) d\phi \\&= 2\pi \int_0^{\frac{\pi}{4}} \frac{8}{3} \sin(\phi) d\phi \\&= \frac{16\pi}{3} \left[-\cos(\phi) \right]_{\phi=0}^{\phi=\frac{\pi}{4}} \\&= \frac{16\pi}{3} \left(1 - \cos\left(\frac{\pi}{4}\right) \right) \\&= \boxed{\frac{16\pi}{3} \left(1 - \frac{\sqrt{2}}{2} \right)}\end{aligned}$$

EXAMPLE

A cylindrical hole of radius 1 is drilled through a sphere of radius 2. Find the volume of the resulting shape.

This shape is a bead.



The sphere is $\rho = 2$

The cylinder is $\rho \sin(\phi) = 1$
(see earlier example)

These intersect when:

$$2 \sin(\phi) = 1 \implies \phi = \frac{\pi}{6}, \frac{5\pi}{6}$$

$$V = \int_0^{2\pi} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \int_{\csc(\phi)}^2 \rho^2 \sin(\phi) d\rho d\phi d\theta$$

$$\begin{aligned}
\int_0^{2\pi} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \int_{\csc(\phi)}^2 \rho^2 \sin(\phi) d\rho d\phi d\theta &= 2\pi \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \int_{\csc(\phi)}^2 \rho^2 \sin(\phi) d\rho d\phi \\
&= 2\pi \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \left[\frac{\rho^3}{3} \right]_{\rho=\csc(\phi)}^{\rho=2} \sin(\phi) d\phi \\
&= 2\pi \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \left(\frac{8}{3} - \frac{\csc^3(\phi)}{3} \right) \sin(\phi) d\phi \\
&= \frac{16\pi}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \sin(\phi) d\phi - \frac{2\pi}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \csc^3(\phi) \sin(\phi) d\phi \\
&= \frac{16\pi}{3} \left[-\cos(\phi) \right]_{\phi=\frac{\pi}{6}}^{\phi=\frac{5\pi}{6}} - \frac{2\pi}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \csc^2(\phi) d\phi \\
&= \frac{16\pi}{3} \left(-\cos\left(\frac{5\pi}{6}\right) + \cos\left(\frac{\pi}{6}\right) \right) - \frac{2\pi}{3} \left[-\cot(\phi) \right]_{\phi=\frac{\pi}{6}}^{\phi=\frac{5\pi}{6}} \\
&= \frac{16\pi}{3} \left(\frac{\sqrt{3}}{2} + \frac{\sqrt{3}}{2} \right) - \frac{2\pi}{3} \left(\sqrt{3} + \sqrt{3} \right) = \boxed{4\pi\sqrt{3}}
\end{aligned}$$

SUMMARY

- Spherical coordinates keep the θ from cylindrical coordinates, but everything else is different.
 - ρ distance from the origin, $\rho \geq 0$.
 - θ angle from positive x -axis, $0 \leq \theta \leq 2\pi$
 - ϕ angle from positive z -axis, $0 \leq \phi \leq \pi$
- To convert between rectangular and spherical coordinates,

$$x = \rho \cos(\theta) \sin(\phi), \quad y = \rho \sin(\theta) \sin(\phi), \quad z = \rho \cos(\phi)$$

$$\rho = \sqrt{x^2 + y^2 + z^2}, \quad \theta = \arctan\left(\frac{y}{x}\right), \quad \phi = \arctan\left(\frac{\sqrt{x^2 + y^2}}{z}\right)$$

- Integrals in spherical coordinates can be calculated using

$$\iiint_S f(x, y, z) dV = \iiint_S f(\rho, \theta, \phi) \rho^2 \sin(\phi) d\rho d\theta d\phi$$