m RNA/ml	$\mathbf{C}_t$ value	Infectious	Which Test Can Detect This RNA Load
100	?	no	RT-PCR
1,000	36	no	RT-PCR
4-5,000	34	no	Abbott ID NOW (100% sensitive), RT-PCR
50,000	30	no	Rapid antigen tests, Abbott ID NOW, RT-PCR
3,000,000	24	yes	All of the above

Table 1: My guess at the table Daniel Griffin was talking about on TWiV 648