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|  | | |  | David O’Donohue |
| Experience Provisional Psychologist, University Psychology Clinic, 2012   * Clinical interventions using predominantly Cognitive Behavioural Therapies * Cognitive assessments and reports * Provision of appropriate treatment for anxiety and depression, and a range of psychological disorders * Delivery of “Cool Kids” group-based program   Provisional Psychologist, Department of Education, 2013   * Learning, cognitive, and behavioural assessments to children of primary school age * Provision of feedback, including assessment outcomes to families, school staff, and external agencies * Provision of intervention strategies to families, school staff, and external agencies * Counselling to students of a primary school age, including adjustment, anxiety, and depression   Provisional Psychologist, PsychologyWorks, 2013   * Provision of relaxation and mindfulness skills in a private practice setting * Suicide risk assessment and crisis counselling * Provision of Cognitive Behavioural Therapies to clients with a broad range of presentations * Ongoing professional development through participation in supervision with a trained Clinical Psychologist and associated activities, research and personal development tasks as instructed * Co-facilitation of Dialectical Behaviour Therapy Skills (group) * Co-facilitation of social anxiety skills group   Provisional Psychologist, Department of Health and Human Services, 2014   * Provision of appropriate treatment for a range of psychological and behavioural issues with consideration to the needs of children, young people, and their families * Assessment and intervention for behavioural difficulties * Assessment of disability and provision of resources and strategies to professionals and families to enable improved client outcomes * Use of empathic and professional communication when dealing with client, family and professional staff, including effective rapport building * Supervision and professional development by trained clinical psychologists * Multi-disciplinary consultation and management for professionals and families of children with complex psychological and behavioural needs * Delivered group psychoeducation sessions to peers and to disability support workers on schema therapy, autism spectrum disorder, and the disability assessment process * Part of a specialist team with region-wide responsibility * Worked with individuals living in remote communities   Computer Science Mentor, Science Mentors ACT, 2019   * Providing individual guidance and mentorship to a high school student who was recognised as having advanced skills in computer science * Individual meetings and contact to facilitate learning and problem solving, for a range of issues, for a project which was completed by the student   Computer Science Tutor, Australian National University, 2017-2019   * Facilitation of group-based tutorials * Guidance and support of students completing degrees in mathematics and computer science * Enhancing student skills, knowledge, and abilities through open questioning to support and expand self-directed learning capacity   Dev Ops Engineer, Cogito Group, 2019 – June 2020   * Software development * Project work including liaising with clients directly * Producing project outcomes which align with client specifications |
|  | Address:  15 Ian Nicol Street  Canberra ACT 2602  Phone:  0401 609 112  Email:  subjectification  @gmail.com | |
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## Education

University of Tasmania

Master of Psychology (Clinical), 2012-2014

Bachelor of Psychology with Honours, 2008-2011

Golden Key International Honour Society

## Licenses

Working with Vulnerable People

Inactive NV2 Security Clearance

## Skills

* Ability to adapt material and delivery to suit different ages or cognitive profiles
* Humanistic and empathic approach to clients
* Exceptional rapport building and problem-solving skills
* Ability to accurately detect and reflect client issues
* Communication skills across a range of audiences
* Administration of psychological tools such as intelligence, behavioural, and personality assessments
* Administration of psychologically based therapies such as Cognitive Behavioural Therapy and Acceptance and Commitment Therapy
  + - * + Maintaining clarity and effective problem solving in difficult or stressful situations
        + Ability to write complex psychological and general reports at a tertiary level
        + Capacity to reflect critically on current practice and skills to improve client and therapist outcomes
        + Skills in working both individually and as part of a team
        + Ability to apply psychological principles and deliver psychological interventions to individuals and groups
        + Knowledge and understanding of the ethical principles that govern current psychological practice within Australia, and ability to apply such principles on a case by case basis to achieve best practice outcomes for client and therapist
        + Ability to effectively psycho-educate and communicate with families, General Practitioners, and other health care providers to improve client outcomes
        + Case formulation and application of effective symptom reduction strategies

## Referees

Dr Kristen Webb Foss MAPS

State Manager Disability Clinical Team, Anglicare

Clinical Lecturer, University of Tasmania

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