

AIM Study

Start of Block: Demographics

Q1.2 The first set of questions will be about your demographics.

If you do not see your demographic listed please choose the "Option(s) not listed" answer choice and you will be prompted to write-in your answer.

Q1.3

What is your age? (*must use a number*) _____

Q1.4

What is your biological sex?

☐ Female (1)

☐ Male (2)

☐ Intersex (3)

Q1.5

What is your gender?

☐ Woman (1)

☐ Man (2)

☐ Transgender Woman (3)

☐ Transgender Man (4)

☐ Option(s) not listed (5) --- Q1.6 How would you describe your gender? _____

Q1.7


On the sliding scales below, please indicate your gender identity

0 = Not at all feminine
100 = As feminine as possible

Femininity ()	
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Q1.8

0 = Not at all masculine
100 = As masculine as possible

Masculinity ()	
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Q1.9

What is your sexual orientation?

- ☐ Straight/Heterosexual (1)
- ☐ Gay/Lesbian/Homosexual (2)
- ☐ Bisexual (5)
- ☐ Pansexual (6)
- ☐ Asexual (8)
- ☐ Queer (9)
- ☐ Questioning (10)
- ☐ Option(s) not listed (11) --- Q1.10 How would you describe your sexual orientation? ____



Q1.11

Which of the following describe you? (*up to 2 answers can be selected*)

- ☐ Alaskan, Hawaiian, or American Native (1)
- ☐ Latina/o, Chicana/o, Hispanic, or Spanish Origin (2)
- ☐ African or Caribbean (3)
- ☐ Middle Eastern or West Asian (4)
- ☐ East Asian (5)
- ☐ Pacific Islander (6)
- ☐ Caucasian or European American (7)
- ☐ Option(s) not listed (8) ---Q1.12 How would you describe your race/ethnicity? ____

Q1.13

Who would you consider to be your primary caregiver(s) prior to age 18?

- ☐ Biological Mother (1)
- ☐ Biological Father (2)
- ☐ Biological Mother and Father (3)
- ☐ Foster Parent(s) (4)
- ☐ Sibling(s) (5)
- ☐ Grandparent(s) (6)
- ☐ Other relative(s) (7)
- ☐ Neighbor(s)/community member(s) (8)
- ☐ Nanny or babysitter(s) (9)
- ☐ Option(s) not listed (10) --- Q1.14 How would you classify your primary caregiver? _____

Q1.15

What is the current education level of your primary caregiver?

- ☐ Less than a high school degree (1)
- ☐ High school degree or GED (2)
- ☐ Training or vocational certification/completion (3)
- ☐ Some college (4)
- ☐ Associate's degree (5)
- ☐ Bachelor's degree (6)
- ☐ Master's degree (7)
- ☐ Doctoral degree (8)
- ☐ Option not listed (9) --- Q1.16 How would you classify the current education level of your primary caregiver? _____

Q1.17

In terms of finances, which of the following best describes you/your family's situation prior to age 18? Would you say you/your family had:

- ☐ A lot more money than you needed (1)
- ☐ A little more money than you needed (2)
- ☐ Just enough money to meet your needs (3)
- ☐ Not enough money to meet your needs (4)

Q1.18

In terms of finances, which of the following best describes you/your family's situation prior to age 18? Compared to other families, would you say you/your family was:

- ☐ Better off than most other families (1)
- ☐ About the same as most other families (2)
- ☐ Worse off than most other families (3)

Q270 While I was growing up, most of my time was spent with:

- ☐ People who were similar to me racially and ethnically (1)
- ☐ People who were different from me racially and ethnically (2)
- ☐ Other (3) --- Q272 Please specify: _____

Q271 While I was growing up, my family emphasized learning about other cultures and belief systems (e.g., races, ethnicities, religions, people in other countries, etc.)

- ☐ Yes, my family emphasized that a lot (1)
- ☐ Yes, my family emphasized it some (2)
- ☐ No, my family did not emphasize it much (3)
- ☐ Not at all, my family discouraged me from learning about other cultures (4)

Q1.19

What is your political affiliation?

- ☐ Democrat (1)
- ☐ Republican (2)
- ☐ Independent (3)
- ☐ Libertarian (4)
- ☐ Socialist (6)
- ☐ Option(s) not listed (8) --- Q1.20 How would you describe your political affiliation? _____

Q1.21 What is your religious affiliation?

- ☐ Christian (1)
- ☐ Jewish (2)
- ☐ Muslim (3)
- ☐ Buddhist (4)
- ☐ Hindu (5)
- ☐ Atheist (6)
- ☐ Agnostic (7)
- ☐ Option not listed (8) --- Q1.22 How would you describe your religious affiliation? _____

End of Block: Demographics

Start of Block: ACEs prompt

Q2.1 The following questions refer to experiences **that happened before your 18th birthday**.

Q2.2 Did you live with anyone who was a problem drinker or alcoholic?

- ☐ Yes (5)
☐ No (6)

Q2.3 What was their relation to you?

- ☐ Mother (1)
☐ Father (2)
☐ Brother (3)
☐ Sister (4)

☐ Other (5) --- Q2.4 How would you describe their relation to you? _____

Q2.5 At what age did you understand this person was a problem drinker or alcoholic? _____

Q2.5.1 How often did this person consume alcoholic beverages?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.6 How much has this **negatively** affected you?

0 = Not At all

10 = A Lot

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*** NOTE: same sliding scale used for entire ACE block ***

Page Break

Q2.7 Did you live with anyone who used illegal drugs or abused prescription medications?

☐ Yes (5)

☐ No (6)

Q2.8 What was their relation to you?

☐ Mother (1)

☐ Father (2)

☐ Brother (3)

☐ Sister (4)

☐ Other (5) --- Q2.9 How would you describe their relation to you? _____

Q2.10 At what age did you understand this person used illegal drugs or abused prescription medications? _____

Q259 How often did this person use illegal drugs or abuse prescription medications?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.11 How much has this **negatively** affected you?

Page Break

Q2.12 Did you live with anyone who had a psychiatric disorder?

☐ Yes (5)

☐ No (6)

Q2.13 What was their relation to you?

☐ Mother (1)

☐ Father (2)

☐ Brother (3)

☐ Sister (4)

☐ Other (5) --- Q2.14 How would you describe their relation to you? _____

Q2.15 At what age did you understand this person suffered from a psychiatric disorder? _____

Q2.16 How much has this **negatively** affected you?

Page Break

Q2.17 Did you live with anyone who attempted suicide?

- ☐ Yes (5)
- ☐ No (6)

Q2.18 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.19 How would you describe their relation to you? _____

Q2.20 How old were you when this happened? *(if multiple attempts, please refer to the first)* ____

Q283 Did this happen multiple times?

- ☐ Yes (1)
- ☐ No (2)

Q286 How many times did this occur?

Q2.21 How much has this **negatively** affected you?

Page Break

Q2.22 Did anyone you live with die?

- ☐ Yes (5)
- ☐ No (6)

Q2.23 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.24 How would you describe their relation to you? _____

Q2.25 What was the cause of death? _____

Q2.26 How old were you when this happened? _____

Q2.27 How much has this **negatively** affected you?

Page Break

Q2.28 Did anyone you live with get sentenced to serve time in a prison, jail, or other correctional facility?

- ☐ Yes (5)
- ☐ No (6)

Q2.29 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.30 How would you describe their relation to you? _____

Q2.31 How old were you when this happened? *(if multiple imprisonments, please refer to the first)* _____

Q285 Did this happen multiple times?

- ☐ Yes (1)
- ☐ No (2)

Q287 How many times did this occur? _____

Q2.32 How much has this **negatively** affected you?

Page Break

Q2.33 Did you ever witness a physical fight between your parents?

☐ Yes (5)

☐ No (6)

Q2.34 How old were you when this happened? *(if multiple times, please refer to the first)* _____

Q262 How often did this occur?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.35 How much has this **negatively** affected you?

Page Break

Q2.36 Did your parents separate/divorce?

☐ Yes (5)

☐ No (6)

Q2.37 How old were you when this happened? _____

Q2.38 How much has this **negatively** affected you?

Page Break

Q2.39 Did anyone ever touch you in an inappropriate or sexual way when you did not want them to?

☐ Yes (5)

☐ No (6)

Q2.40 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.41 How would you describe their relation to you? _____

Q2.42 How old were you when this first happened? _____

Q263 How often did this occur?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.44 How much has this **negatively** affected you?

Page Break

Q2.45

Did anyone you live with physically abuse you (e.g., hit you, slap you, punch you)?

Please exclude spanking as a form of punishment when considering your response.

- ☐ Yes (5)
- ☐ No (6)

Q2.46 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.47 How would you describe their relation to you? _____

Q2.48 How old were you when this first happened? _____

Q264 How often did this occur?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.50 How much has this **negatively** affected you?

Page Break

Q2.51

Did anyone you live with verbally abuse you (e.g., swear at you, insult you, put you down)?

- ☐ Yes (5)
- ☐ No (6)

Q2.52 What was their relation to you?

- ☐ Mother (1)
- ☐ Father (2)
- ☐ Brother (3)
- ☐ Sister (4)
- ☐ Other (5) --- Q2.53 How would you describe their relation to you? _____

Q2.54 How old were you when this first happened? _____

Q265 How often did this occur?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q2.55 How much has this **negatively** affected you?

Page Break

Q249 Did you feel that no one in your family loved you or that you weren't important?

- ☐ Yes (23)
- ☐ No (24)

Q289 How often did you feel this was true?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q250 How much has this **negatively** affected you?

Page Break

Q240 Did other kids, including brothers or sisters, hit you, threaten you, pick on you, or insult you?

☐ Yes (1)

☐ No (2)

Q290 How often did you feel this was true?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q243 How much has this **negatively** affected you?

Page Break

Q244 Did you experience discrimination based on your racial, ethnic, gender, religious, or sexual orientation?

☐ Yes (1)

☐ No (2)

Q291 How often did you feel this was true?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q246 How much has this **negatively** affected you?

Page Break

Q247 Did you live in a neighborhood that was dangerous, or where you saw people being assaulted?

☐ Yes (23)

☐ No (24)

Q292 How often did you feel this was true?

_____ [#] times per [day/week/month/year] (4)

_____ for [#] [days/weeks/months/years] (10)

Q248 How much has this **negatively** affected you?

Page Break

Q255 Have you ever sought psychological services in relation to any of these experiences?

☐ Yes (5)

☐ No (6)

Q256 At what age did you first receive these services? _____

Q257 Do you think these services helped you cope with the event/experience?

☐ Yes (1)

☐ No (2)

End of Block: ACEs prompt

Start of Block: Health Prompt

Q3.1 The next few questions are about your general health status.

Q3.2

How would you rate your overall physical health?

0 = Very Poor

10 = Excellent

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Q3.3

How would you rate your overall psychological health?

0 = Very Poor

10 = Excellent

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Q3.4

Do you currently smoke cigarettes regularly?

☐ Yes (1)

☐ No (2)

Q3.5 At what age did you start smoking? (*enter a number*) _____

End of Block: Health Prompt

Start of Block: Intellectual Humility 1

Q4.1

For the next set of questions, please indicate your level of agreement to each statement.

Q5.1 If I don't understand something, I try to get clear about what exactly is confusing to me.

Q5.2 When I don't understand something, I try hard to figure it out.

Q5.3 I love learning.

Q5.4 I care about truth.

Q5.5 I focus on my intellectual weaknesses too much.

Q5.6 When I know that I have an intellectual weakness in one area, I tend to doubt my intellectual abilities in other areas as well.

Q5.7 When I think about the limitations of what I know, I feel uncomfortable.

Q5.8 I tend to get defensive about my intellectual limitations and weaknesses.

Q5.9 I have a hard time admitting when one of my beliefs is mistaken.

Q5.10 When someone points out a mistake in my thinking, I am quick to admit that I was wrong.

Q5.11 I am quick to acknowledge my intellectual limitations.

Q5.12 I feel comfortable admitting my intellectual limitations.

Q5.13 Please choose 'strongly disagree' for this item.

☐ 1 = Strongly Disagree (1)

☐ 2 (2)

☐ 3 (3)

☐ 4 (4)

☐ 5 (5)

☐ 6 (6)

☐ 7 (7)

☐ 8 (8)

☐ 9 = Strongly Agree (9)

End of Block: Intellectual Humility 1

Start of Block: Intellectual Humility 2

Q6.1 For the next set of questions, please indicate the degree to which each statement is descriptive of you.

Q7.1 I question my own opinions, positions, and viewpoints because they could be wrong.

Q7.2 I reconsider my opinions when presented with new evidence.

Q7.3 I recognize the value in opinions that are different from my own.

Q7.4 I accept that my beliefs and attitudes may be wrong.

Q7.5 In the face of conflicting evidence, I am open to changing my opinions.

Q7.6 I like finding out new information that differs from what I already think is true.

- ☐ 1 = Not at all like me (1)
- ☐ 2 (2)
- ☐ 3 (3)
- ☐ 4 (4)
- ☐ 5 = Very much like me (6)

End of Block: Intellectual Humility 2

Start of Block: Social Empathy

Q8.1 For the next set of questions, please indicate the frequency to which you behave as described in each statement

- Q9.1 I take action to help others even if it does not personally benefit me.
- Q9.2 I am comfortable helping a person of a different race or ethnicity than my own.
- Q9.3 I feel it is important to understand the political perspectives of people I don't agree with.
- Q9.4 I believe that people who face discrimination have added stress that negatively impacts their lives.
- Q9.5 I believe government should protect the rights of minorities.
- Q9.6 I can consider my point of view and another person's point of view at the same time.
- Q9.7 I am good at understanding other people's emotions.
- Q9.8 When I see a person experiencing a strong emotion I can accurately assess what that person is feeling.
- Q9.9 I can tell the difference between someone else's feelings and my own.
- Q9.10 I am aware of what other people think of me.
- Q9.11 I am aware of other people's emotions.
- Q9.12 I can explain to others how I am feeling.
- Q9.13 When I see someone receive a gift that makes them happy, I feel happy myself.
- Q9.14 When I am with someone who gets sad news, I feel sad for a moment too.
- Q9.15 Hearing laughter makes me smile.

- ☐ 1 = Never (1)
- ☐ 2 (2)
- ☐ 3 (3)
- ☐ 4 (4)
- ☐ 5 (5)
- ☐ 6 = Always (6)

End of Block: Social Empathy

Start of Block: Tolerance of Uncertainty

Q10.1 For the next set of questions, please indicate the degree to which each statement is representative of you.

- Q11.1 I should be able to organize everything in advance.
- Q11.2 One should always look ahead so as to avoid surprises.
- Q11.3 The smallest doubt can stop me from acting.
- Q11.4 I can't stand being taken by surprise.
- Q11.5 Unforeseen events upset me greatly.
- Q11.6 I always want to know what the future has in store for me.
- Q11.7 A small unforeseen event can spoil everything, even with the best of planning.
- Q11.8 I can't stand being undecided about my future.
- Q11.9 It frustrates me not having all the information I need.
- Q11.10 I must get away from all uncertain situations.
- Q11.11 Being uncertain means that a person is disorganized.
- Q11.12 Being uncertain means that I am not first rate.
- Q11.13 When I am uncertain, I can't go forward.
- Q11.14 Uncertainty keeps me from living a full life.
- Q11.15 When I am uncertain I can't function very well.
- Q11.16 Uncertainty makes life intolerable.
- Q11.17 Being uncertain means that I lack confidence.
- Q11.18 Uncertainty makes me vulnerable, unhappy, or sad.
- Q11.19 I think it's unfair that other people seem sure about their future.
- Q11.20 Unlike me, others always seem to know where they are going with their lives.
- Q11.21 It's unfair not having any guarantees in life.
- Q11.22 The ambiguities in life stress me.
- Q11.23 My mind can't be relaxed if I don't know what will happen tomorrow.
- Q11.24 Uncertainty makes me uneasy, anxious, or stressed.
- Q11.25 Uncertainty keeps me from sleeping soundly.
- Q11.26 When it's time to act, uncertainty paralyzes me.
- Q11.27 Uncertainty stops me from having a firm opinion.

- ☐ 1 = Not at all representative of me (1)
- ☐ 2 (2)
- ☐ 3 (3)
- ☐ 4 (4)
- ☐ 5 = Completely representative of me (5)

End of Block: Tolerance of Uncertainty

Start of Block: Moral foundations

Q12.1 The next set of questions are interested in how you decide whether something is right or wrong. There are no “right” answers. Simply answer the questions honestly and to the best of your ability.

Q13.1 When you decide whether something is right or wrong, to what extent are the following considerations relevant to your thinking?

Q13.2 Whether or not someone suffered emotionally

Q13.3 Whether or not some people were treated differently than others

Q13.4 Whether or not someone’s action showed love for his or her country

Q13.5 Whether or not someone showed a lack of respect for authority

Q13.6 Whether or not someone violated standards of purity and decency

Q13.7 Whether or not someone cared for someone weak or vulnerable

Q13.8 Whether or not someone acted unfairly

Q13.9 Whether or not someone did something to betray his or her group

Q13.10 Whether or not someone conformed to the traditions of society

Q13.11 Whether or not someone did something disgusting

- ☐ Not at all relevant (1)
- ☐ Not very relevant (2)
- ☐ Slightly relevant (3)
- ☐ Somewhat relevant (4)
- ☐ Very relevant (5)
- ☐ Extremely relevant (6)

Q13.12 Please indicate the level to which you agree or disagree with the following statements:

Q13.13 Compassion for those who are suffering is the most crucial virtue.

Q13.14 When the government makes laws, the number one principle should be ensuring that everyone is treated fairly.

Q13.15 I am proud of my country's history.

Q13.16 Respect for authority is something all children need to learn.

Q13.17 People should not do things that are disgusting, even if no one is harmed.

Q13.18 One of the worst things a person could do is hurt a defenseless animal.

Q13.19 Justice is the most important requirement for a society.

Q13.20 People should be loyal to their family members, even when they have done something wrong.

Q13.21 Men and women each have different roles to play in society.

Q13.22 I would call some acts wrong on the grounds that they are unnatural.

Q13.23 Please choose *strongly agree* for this question.

- ☐ Strongly disagree (1)
- ☐ Disagree (2)
- ☐ Slightly disagree (3)
- ☐ Slightly agree (4)
- ☐ Agree (5)
- ☐ Strongly agree (6)

End of Block: Moral foundations

Start of Block: Belief in objective morality

Q293

The next set of questions is interested in your personal beliefs about morality. Please indicate the level to which you agree or disagree with the following statements.

Q14.2 Moral truth claims are just like any other truth claim, they are either true or false.

Q14.3 Morality does not depend on human opinion.

Q14.4 Moral disagreements are simply evidence of the fact that some people are incorrect.

Q14.5 Moral truth really does exist.

Q14.6 When it gets down to it, some actions are just wrong.

Q14.7 People should think deeply about what moral truth is so that they can be more likely to do the right thing.

Q14.8 Even if everyone in the world believed it was okay to kill people for fun, it would still be morally wrong to kill people for fun.

Q14.9 To say that rape is morally wrong is to say that no matter who/where you are in the world, rape is morally wrong.

Q14.10 Objective morality exists.

Q14.11 There are such things as moral facts.

Q14.12 There is no such thing as moral truth.

Q14.13 Moral claims are neither true nor false.

Q14.14 Statements that make claims about this-or-that moral reality cannot possibly be true.

Q14.15 In reality, morality is merely a matter of personal opinion.

Q14.16 When it gets down to it, nothing is truly right or wrong.

Q14.17 I determine for myself what is right and what is wrong.

Q14.18 The mere fact that different cultures disagree about morality is evidence of the subjectivity of morality.

Q14.19 At base, there is no objective moral reality.

Q14.20 There are no trustworthy moral absolutes.

Q14.21 Morality is just a matter of personal taste.

Q14.22 Please choose 'strongly agree' for this item.

- ☐ Strongly disagree (1)
- ☐ Disagree (2)
- ☐ Slightly disagree (3)
- ☐ Slightly agree (4)
- ☐ Agree (5)
- ☐ Strongly agree (6)

End of Block: Belief in objective morality

Start of Block: Life satisfaction

Q15.1 The next set of questions is interested in your views about your own life. Please indicate the level to which you agree or disagree with the each statement.

Again, there are no right answers. Simply answer the questions honestly and to the best of your ability.

Q16.1 In most ways my life is close to my ideal.

Q16.2 The conditions of my life are excellent.

Q16.3 I am satisfied with life.

Q16.4 So far I have gotten the important things I want in life.

Q16.5 If I could live my life over, I would change almost nothing.

Q16.6 Please choose *strongly disagree* for this item.

- ☐ Strongly disagree (1)
- ☐ Disagree (2)
- ☐ Slightly disagree (3)
- ☐ Slightly agree (4)
- ☐ Agree (5)
- ☐ Strongly agree (6)

End of Block: Life satisfaction

Start of Block: Anxiety/depression

Q17.1 This last set of questions is interested in your recent emotional life.

Please indicate how often you have been bothered by the following problems over the past 2 weeks?

Q18.1 Feeling nervous, anxious, or on edge.

Q18.2 Not being able to stop or control worrying.

Q18.3 Worrying too much about different things.

Q18.4 Trouble relaxing.

Q18.5 Being so restless that it's hard to sit still.

Q18.6 Becoming easily annoyed or irritable.

Q18.7 Feeling afraid, as if something awful might happen.

Q18.8 Little interest or pleasure in doing things.

Q18.9 Feeling down, depressed, or hopeless.

Q18.10 Trouble falling or staying asleep, or sleeping too much.

Q18.11 Feeling tired or having little energy.

Q18.12 Poor appetite or overeating.

Q18.13 Feeling bad about yourself—or that you are a failure or have let yourself or your family down.

Q18.14 Trouble concentrating on things, such as reading the newspaper or watching television.

Q18.15 Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual.

Q18.16 Thoughts that you would be better off dead, or of hurting yourself.

Q18.17 Please choose 'strongly disagree' for this item.

☐ 1 = Strongly disagree (1)

☐ 2 (2)

☐ 3 (3)

☐ 4 (4)

☐ 5 = Strongly agree (5)

End of Block: Anxiety/depression

Start of Block: COVID-19

Q282 Please indicate which statement best describes your personal experience in each situation.

	Made it a lot worse (1)	Made it a little worse (2)	Didn't really change (3)	Made it a little better (4)	Made it a lot better (5)
How much has the COVID-19 pandemic impacted your day-to-day life? (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your stress level? (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your ability to cope? (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your physical health (sleep, exercise, eating)? (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your feelings of anxiety? (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your feelings of depression? (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your relationship(s) with people you care about? (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your academic success? (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much has the COVID-19 pandemic impacted your trust in government officials? (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

End of Block: COVID-19

Start of Block: End

Q19.1 What do you think this study was about? *(please respond with 1-2 sentences)*

Q19.2

Now it is time to create your unique ID.

You will need to remember this ID code to receive credit for this study.

Use the following 3 steps to create your unique 6-digit ID:

- 1) Initials of your first and last name
- 2) Your 2 digit day of birth (day only, not month)
- 3) The last 2 digits of your primary phone number

Example:

If Harry Potter was born on the 9th day in the month of his birth. And his phone number was (804) 336-2662. His unique ID for this study would be HP0962.

Q19.3

Thank you for your participation.

*****Follow the process below to receive credit*****

Using your student email account, email Casey at burtoncd@vcu.edu as directed below.
Failure to do this may result in no participation credit.

Subject line: "SONA credit"

Message body: The date you completed the study, and the unique ID that you created.

Casey validates and assigns participation credit weekly, so you may have to wait a few days.

[Email Casey now](#)

End of Block: End
