

Welcome to my little corner of the internet!

I like to relax by reading, writing, and reflecting - learning is my happy place.

You'll find some of my writing on my [essays](#) page where I rant, rave, and ramble about all things diabetes, technology, and *diabetes technology*.

You'll also find my [resume](#) here in case you'd like to work with me.

Thanks for visiting!



Me and my Vizsla are active outdoors where we play frisbee.