

Training Multi-Modal ML Classification Models For Real-Time Detection of Debilitating Disease



SCALE

Nikki-Rae Alkema, PT, DPT

- Doctor of Physical Therapy
- Practicing in Ortho/Pelvic Health
- Movement is Medicine!
- Special interests: Biomechanics,
Technology in Healthcare

in [@nikkidashrae](https://www.linkedin.com/in/nikkidashrae)



David vonThenen

- Are you Human or an AI?
- I want 5 Kubernetes
- Virtual Machines are Real
- Cloudy, cloudy, cloudy...
- There is storage for that!

     [@davidvonthenen](https://twitter.com/davidvonthenen)



Agenda

- Medical Case Study for ML
 - Introduce a Disease
 - Discuss Use for AI in Clinical Practice
- Video Classification Model + Demo
- Audio Classification Model + Demo
- Q&A



What's the Common Thread?



Michael J. Fox



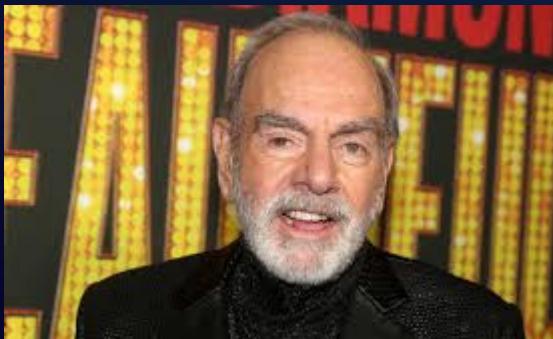
Alan Alda



Mohammed Ali



Ozzy Osbourne



Neil Diamond



Richard Lewis



Janet Reno

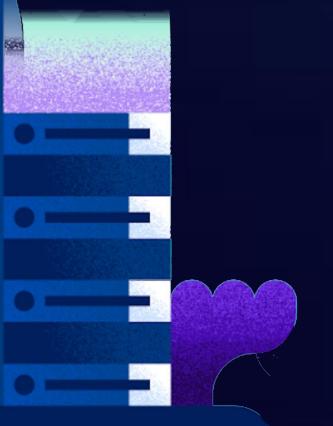


Brian Grant



Clinical Case Study:

74-year old male with R shoulder pain after falling





74M: R Shoulder Pain After Falling

- Reason for referral:
 - Pain
 - Difficulty with reaching, lifting, ADLs
- Personal factors:
 - Balance issues
 - Caretaker for his wife
- Clinical observations:
 - Using walker, shuffling steps, soft voice, tremor



More Than Meets the Eye?

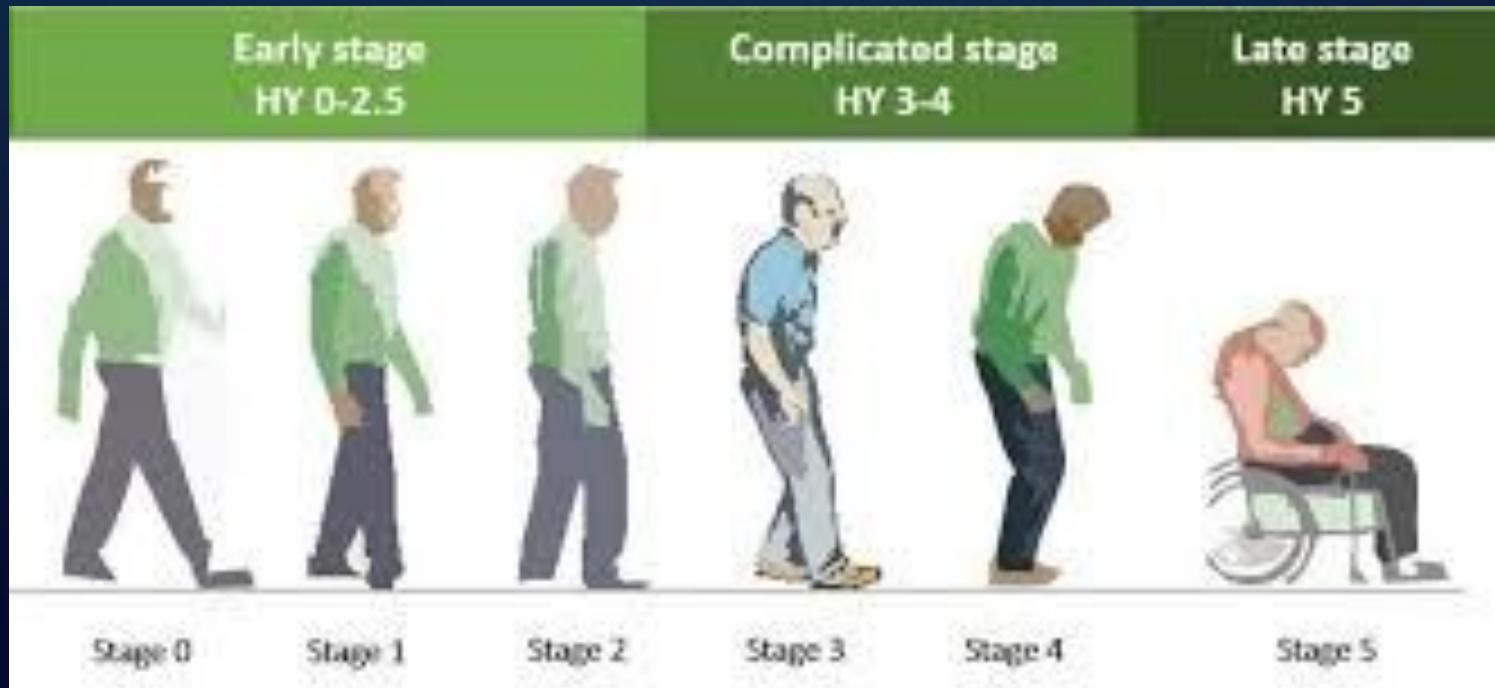
- He saw ONE problem:
 - “My shoulder hurts.”
- I saw TWO:
 - Mild rotator cuff tear
 - Balance issues*



*Cause of fall → undiagnosed Parkinson's Disease

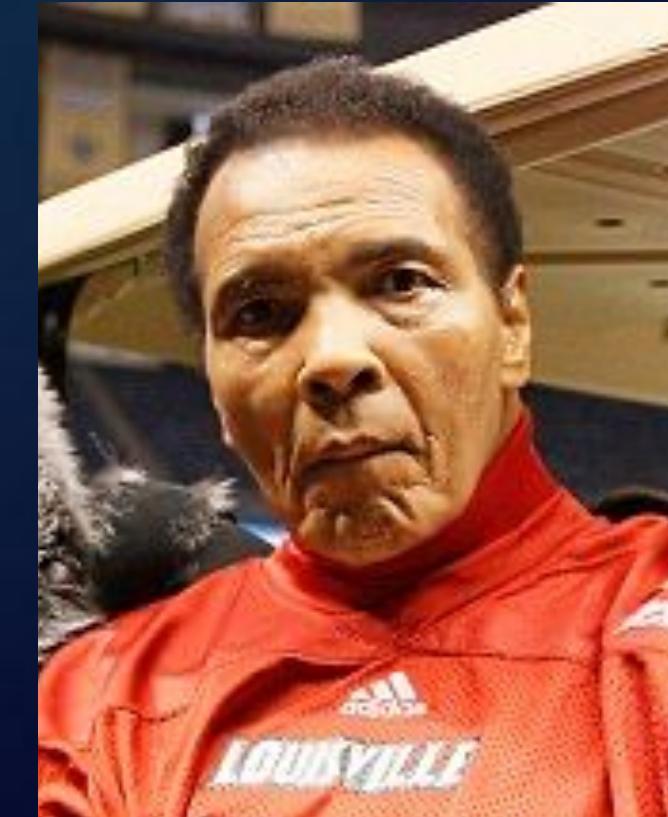
What is Parkinson's Disease? 1,2

- Progressive, neurologic movement disorder with no cure



PD - If You Know, You KNOW^{1,2}

- PD affects movement, making it very recognizable
 - Slow, small, rigid movement
 - Shaking or tremors
 - Postural instability and forward flexion
 - "Masked" or flat affect
 - Quiet, slurred speech
- Biomarker testing can support (but not replace) clinical diagnosis



Mohammed Ali

A PT and an AI Engineer Walk Into a Bar...

- A (*not so*) hypothetical discussion began:

Given examples of normal vs. abnormal human movement...

- Can AI tell the difference?
- If so, how well?



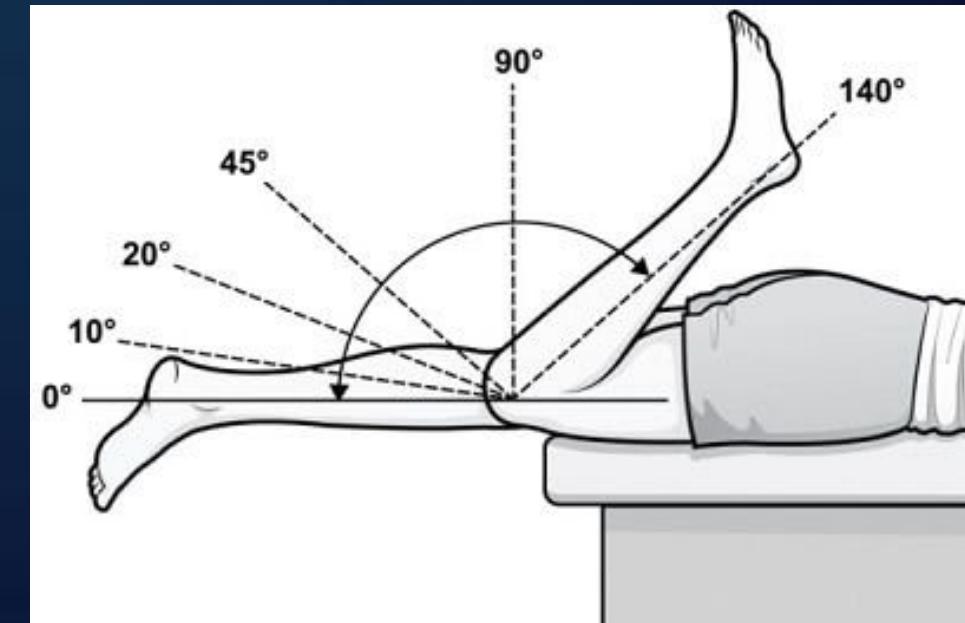
AI: What's PD Got to Do With It?

- ✓ AI thrives on pattern recognition
- ✓ People with Parkinson's demonstrate abnormal yet predictable movement patterns



Traditional Movement Analysis

- Systematic observation and classification of biomechanical characteristics of human movement and posture
 - PTs study normal to know abnormal
- IT'S PHYSICS: KINETICS + KINEMATICS
 - Joint angles, velocity, fluidity, power, efficiency, etc.

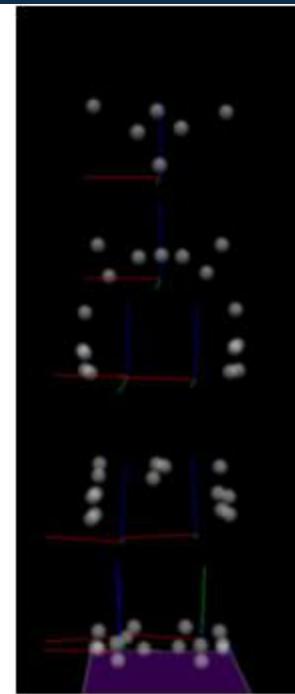


Movement Analysis Labs

High tech...

OR

...old school?



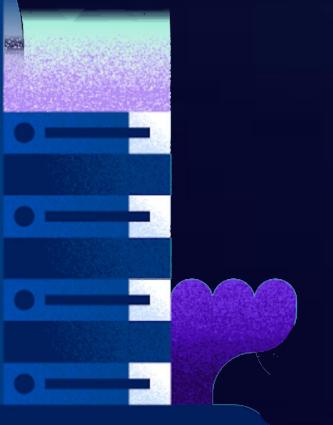
Both?

University of Wisconsin, Lacrosse DPT Program



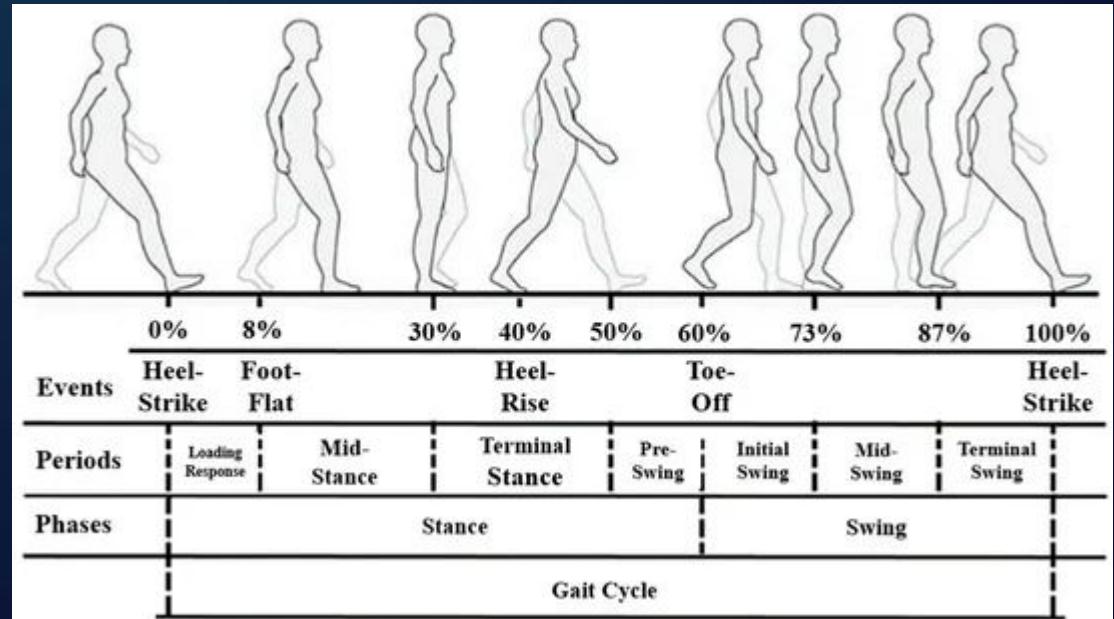
Gait Analysis

Effects of Parkinson's Disease on Walking



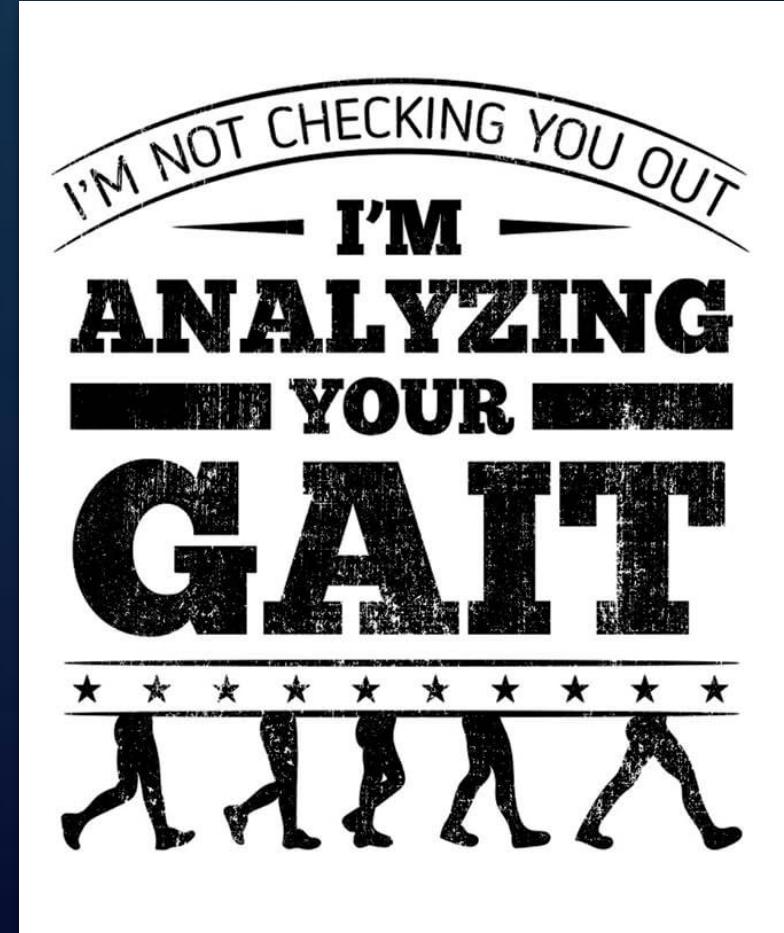
What is Gait?

- What is gait?
 - An individual's unique pattern of walking
- Why gait?
 - The gait cycle is heavily studied and analyzed
 - Parkinson's gait is highly recognizable



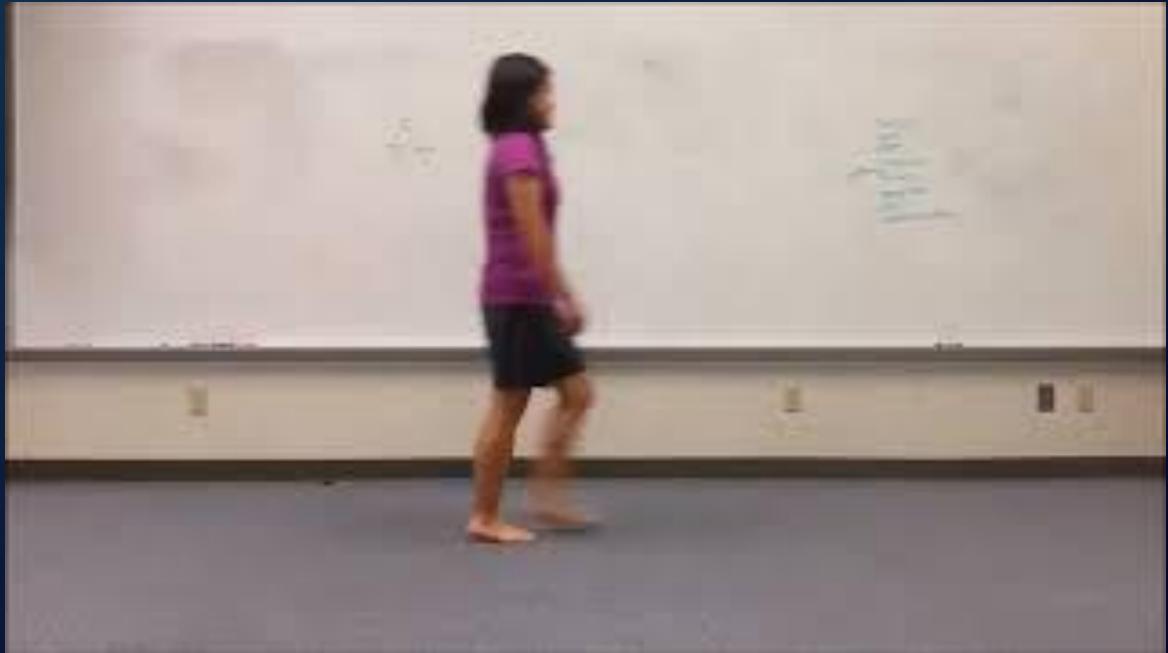
Relevance of Gait ^{3,4}

- Gait speed and quality tell me about your...
 - Mobility
 - Independence
 - Fall-risk
- Gait speed: the sixth vital sign
 - Predictive of mortality



Normal Gait

- Relatively symmetric
- Vertical in alignment
- Fluid
- Biomechanics within established norms
 - Speed, cadence, step length, joint angles



Parkinson's Gait 5



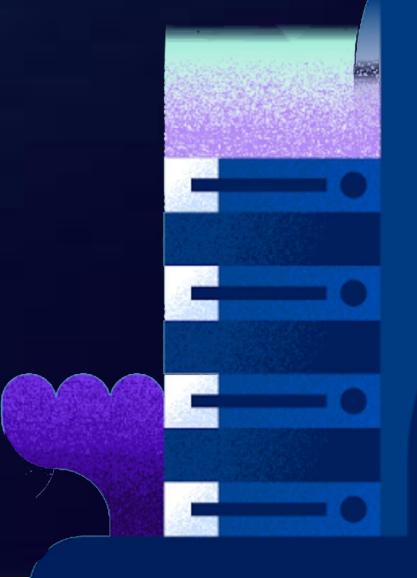
- Hypokinetic
 - Small step length
 - Reduced arm swing
- Bradykinetic
 - Slow progression
- Unstable
 - Non-fluid cadence
 - Shuffling, freezing
 - Hand tremors
- Rigid
 - Flexed posture





Gait Classification Model

How to Build a Machine Learning Model for Video

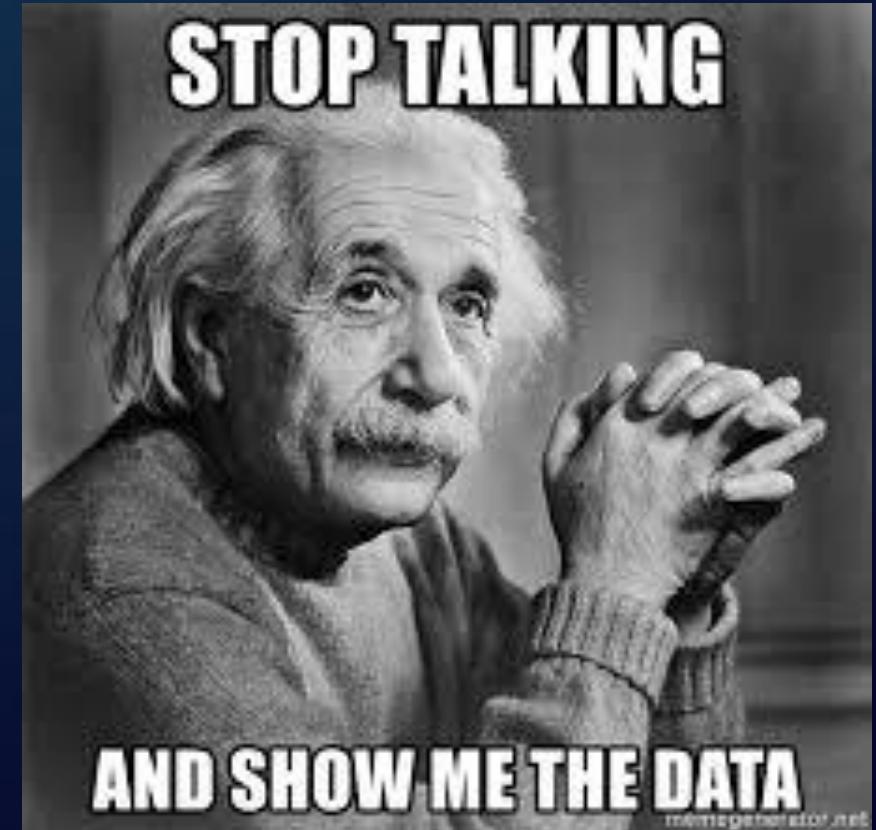




Show Me the Data!?!

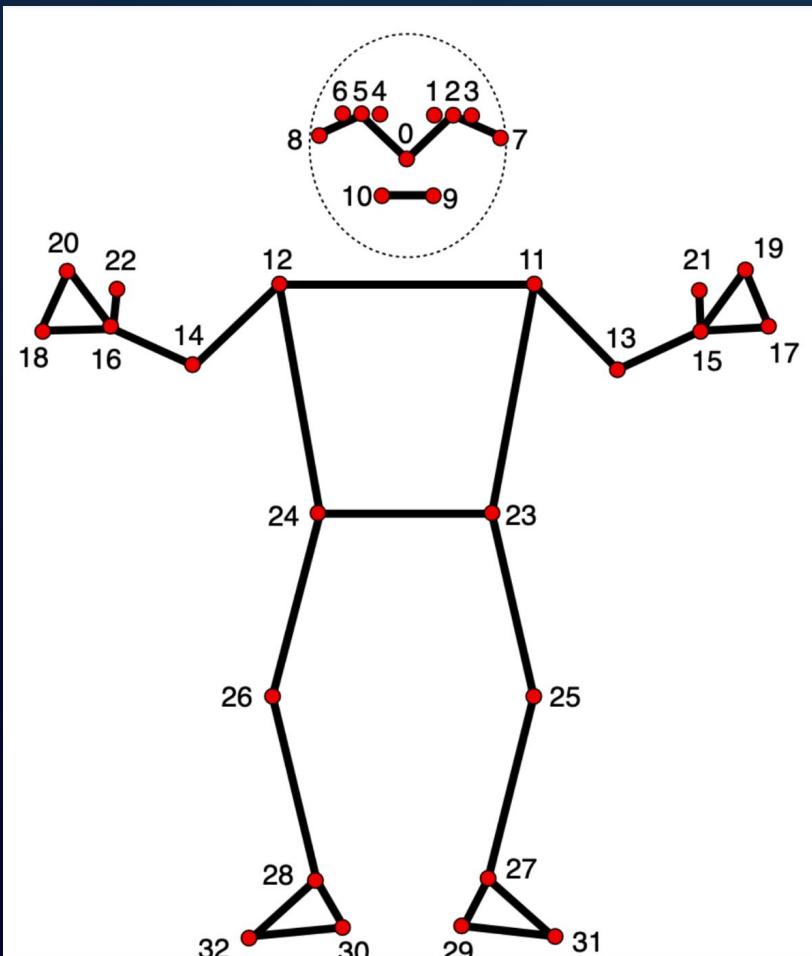
I Want to Build a Model, Where Do I Get the Data?

- You Have Access to that Data, If...
 - Work in Medical Research
 - Work at a Medical Institution
 - Data Broker – Google, Meta, etc
- That Isn't Me, Now What?
 - Look for Public Datasets
 - Kaggle, Academic Torrents, etc
 - Get Creative! For This Project...
 - YouTube, Instagram, TikTok, etc



Convert Video to Data

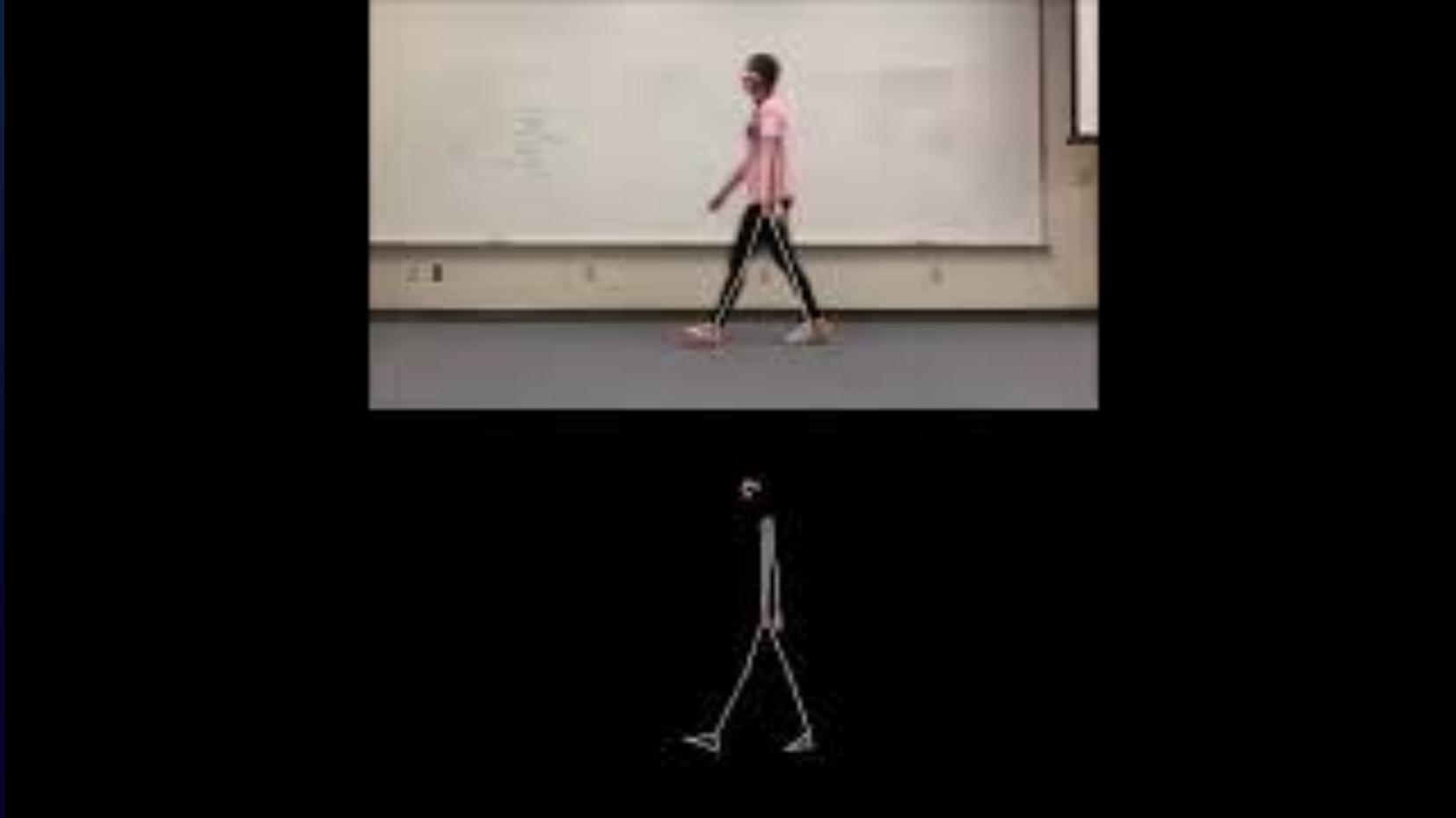
Google AI Edge: MediaPipe Pose Landmarker



0 - nose
1 - left eye (inner)
2 - left eye
3 - left eye (outer)
4 - right eye (inner)
5 - right eye
6 - right eye (outer)
7 - left ear
8 - right ear
9 - mouth (left)
10 - mouth (right)
11 - left shoulder
12 - right shoulder
13 - left elbow
14 - right elbow
15 - left wrist
16 - right wrist

17 - left pinky
18 - right pinky
19 - left index
20 - right index
21 - left thumb
22 - right thumb
23 - left hip
24 - right hip
25 - left knee
26 - right knee
27 - left ankle
28 - right ankle
29 - left heel
30 - right heel
31 - left foot index
32 - right foot index

Video to Data Demo



PoseLandmarkerResult:

Landmarks:

Landmark #0:

x	:	0.638852
y	:	0.671197
z	:	0.129959
visibility	:	0.9999997615814209
presence	:	0.9999984502792358

Landmark #1:

x	:	0.634599
y	:	0.536441
z	:	-0.06984
visibility	:	0.999909
presence	:	0.999958

... (33 landmarks per pose)

WorldLandmarks:

Landmark #0:

x	:	0.067485
y	:	0.031084
z	:	0.055223
visibility	:	0.9999997615814209
presence	:	0.9999984502792358

Landmark #1:

x	:	0.063209
y	:	-0.00382
z	:	0.020920
visibility	:	0.999976
presence	:	0.999998

... (33 world landmarks per pose)



Codify the Characteristics

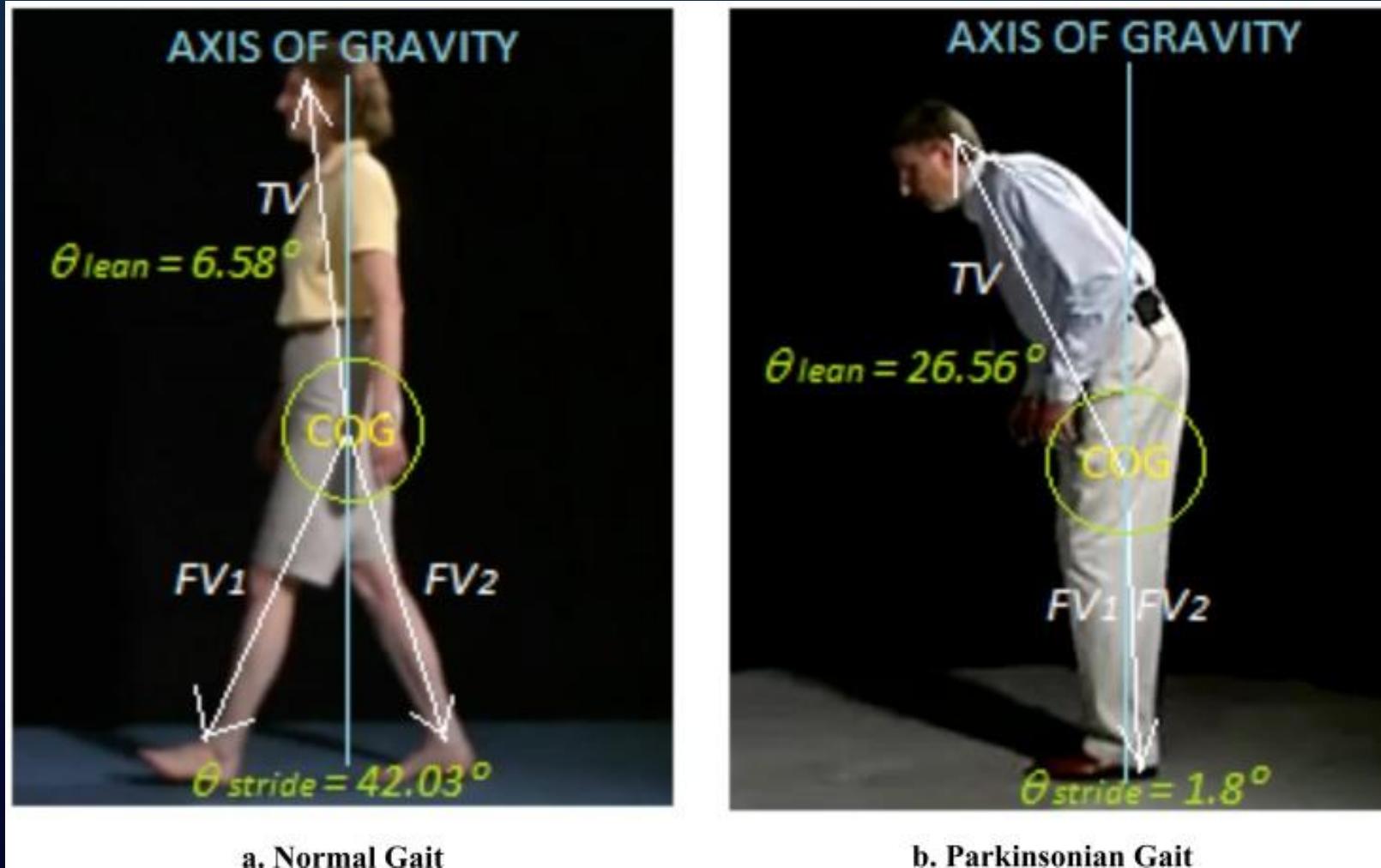
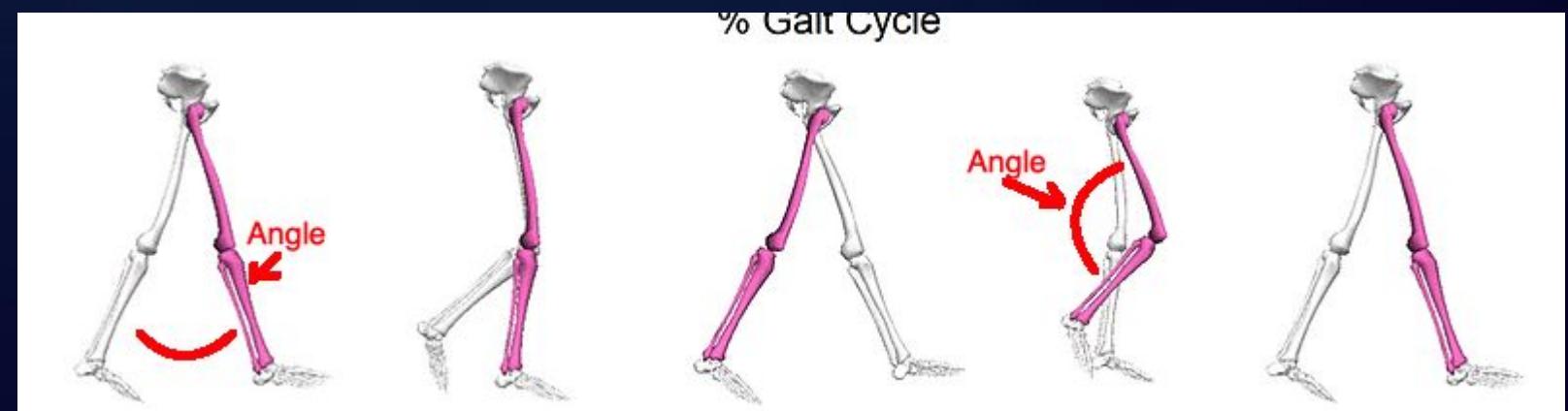
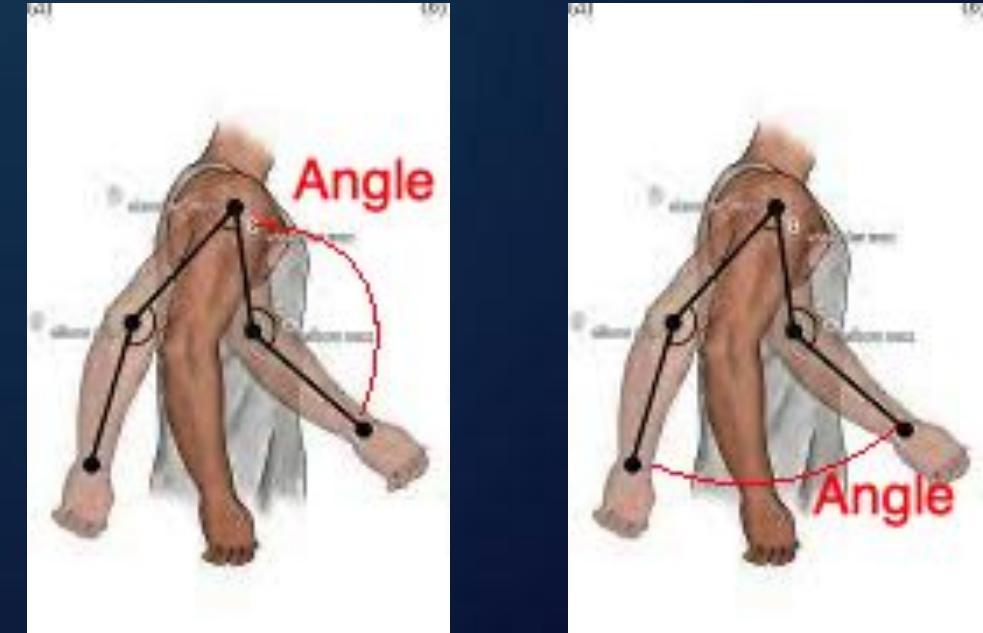


Image Credit:

[Motion Cue Analysis for Parkinsonian Gait Recognition](#)
Taha Khan, Jerker Westin, Mark Dougherty

Feature Engineering

- Acceleration/Velocity of Landmarks
 - Reduce Movement, Rigidity, etc
- Angles:
 - Elbow-Shoulder-Hip
 - Shoulder-Elbow-Wrist
 - Hip-Knee-Ankle
 - Knee-Hip-Knee
 - Etc, Etc
- Step-Length



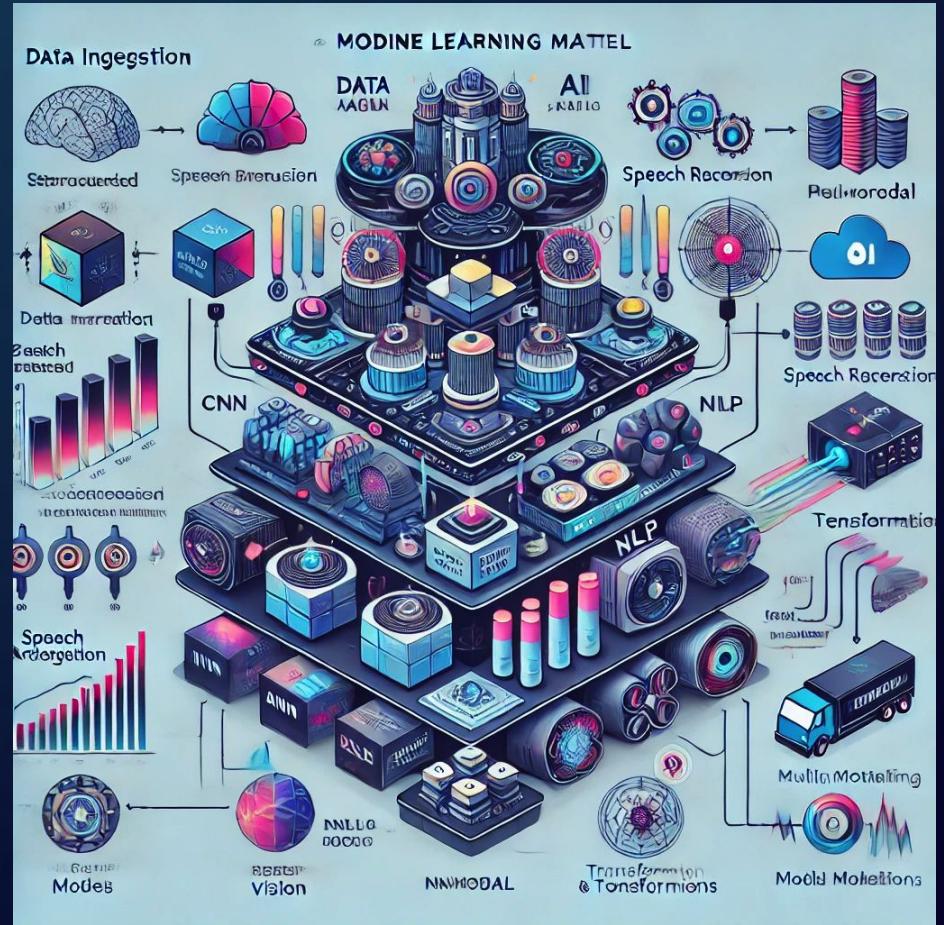
Data Processing Pipeline

- Video → Frame Features to CSV
 - Using Media Pipe Pose Landmarker
 - Get 3D (x, y, z) Coordinates
- CSV File <→ Seq. Modeling
 - Movement Data Across Frames
 - Features Captured:
 - Velocity, Acceleration, Angle Measurements, etc
 - LSTM to Capture Temporal Dependencies
- Tuning → Final Model



Model Architecture

- Long-Short Term Memory Network
 - Think Time-Series Data
 - KNN Imputation Fills in Gaps
 - Introduce Some Noise
- Training Steps:
 - Hyperparameter Tuning
 - Saved Parameter Grid: hidden size, number of layers, etc
 - Systematically Evaluation
- Test Set Accuracy: 94.35%



Normal - Inference



Parkinson's - Inference



[CSV
FILE](#)

Demo

<https://youtu.be/yz8hNF1Czos>

So video worked...

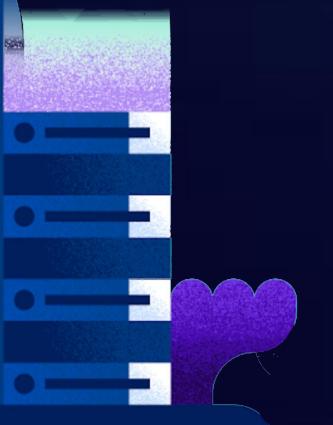


...what about audio?



Speech Analysis

Effects of Parkinson's Disease on Communication





What is speech? 6,7

- Interaction of multiple body systems to produce verbal communication through language
 - Voice
 - Sounds created as air passes through the vocal chords
 - Articulation
 - Motor process of how a sound is formed in the mouth to become words

Relevance of Speech 8

- Identity
- Social engagement
- Performance in activities of daily living
- Speech changes can result in withdrawal, isolation, shame, depression



**Non-verbal communication also affected in PD*

Normal Speech 7,9

- Clear, fluent, accurate articulation
- Appropriate prosody
 - The “music of language:” stress, rate, rhythm, loudness, intonation



Alan Alda
SAG Awards, 2018
Dx: Positive
Speech: Asymptomatic



Parkinson's Speech 8

- Hypokinetic dysarthria: changes in voice and articulation relating to PD
 - Monotone
 - Monoloud and quiet
 - Hoarse or breathy
 - Rate abnormalities
 - Imprecision, slurring
 - + Reduced facial emoting and non-verbal gestures



Alan Alda

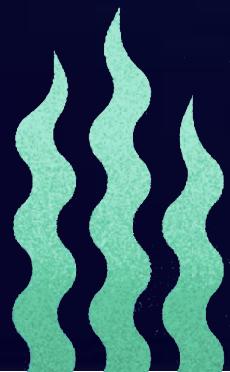
Everything Happens Podcast with Kate Bowler , 2024

Dx: Positive, Speech: Symptomatic



Voice Classification Model

How to Build a Machine Learning Model for Intonation



ML Audio Classification?

- MANY Doing This!
- Spectrogram Comparison
 - Visual Representation
 - Similarities Visually
- Example Projects:
 - Cats vs Dogs
 - Environmental Sounds
 - Gunshot Recognition

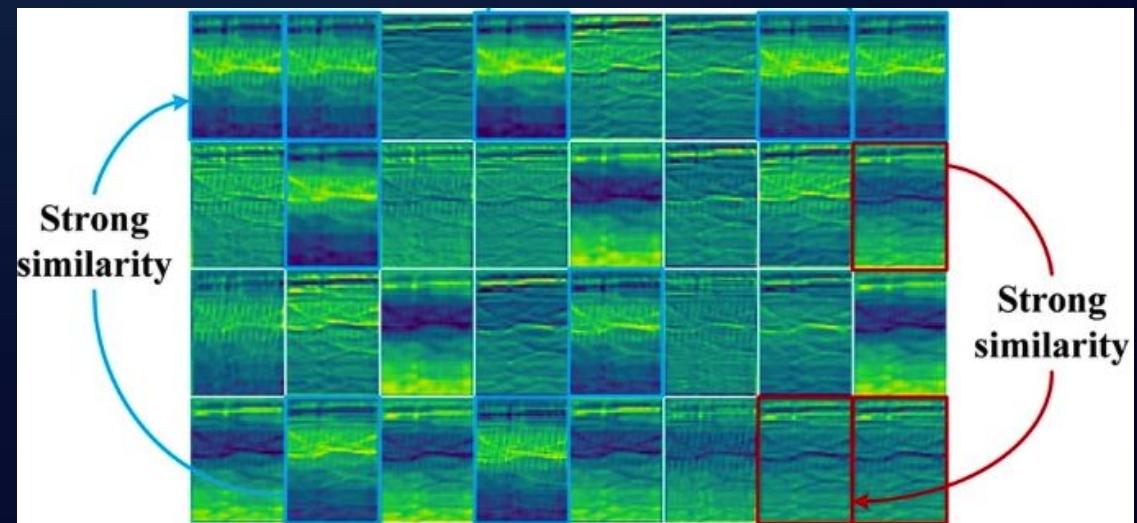
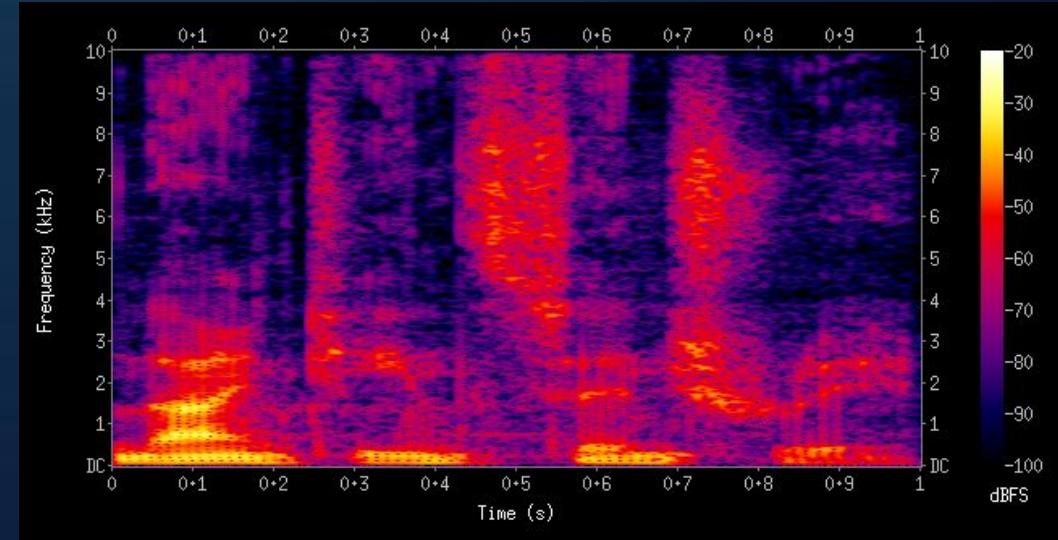


Image Credit:

[Fast environmental sound classification based on resource adaptive convolutional neural network DOI:10.1038/s41598-022-10382-x](#)



Obtaining the Dataset

- Public Datasets:
 - NIH: [Mobile Device Voice Recordings at King's College London \(MDVR-KCL\)](#)
 - Imaging: [github.com/CanBul/Parkinson-Disease-Detection](#)
 - [SJTU-YONGFU-RESEARCH-GRP](#)
 - Imaging: [Enhancing Speech Recognition](#)
- In Addition, Self Curated Dataset from YouTube:
 - Interviews
 - Podcasts



Unique Dataset

For the Dataset Download From YouTube:

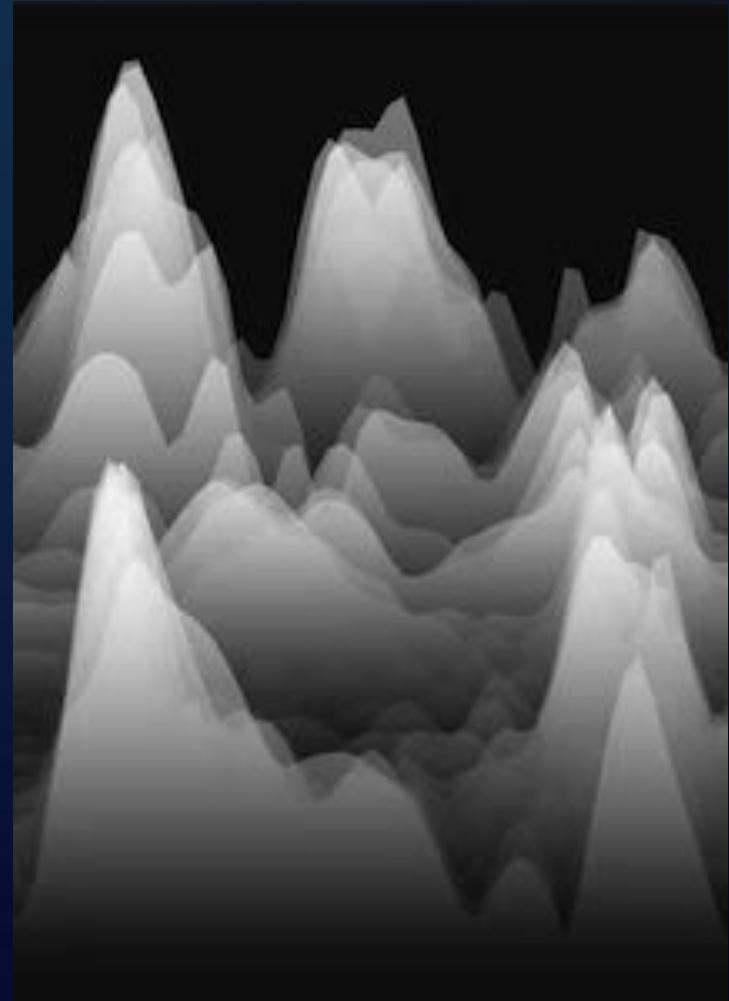
- Obtained Many Hours of Audio Data
 - Pre/Post Diagnosis of the Same Person
- Where Did We Find This Data?
 - Remember That First Slide...
 - Celebrity Interviews, Podcasts, etc
 - Tracking Sheet
- Example: Richard Lewis (2019)
 - Pre Samples: 2000–2015
 - Post Samples: 2023



Feature Engineering

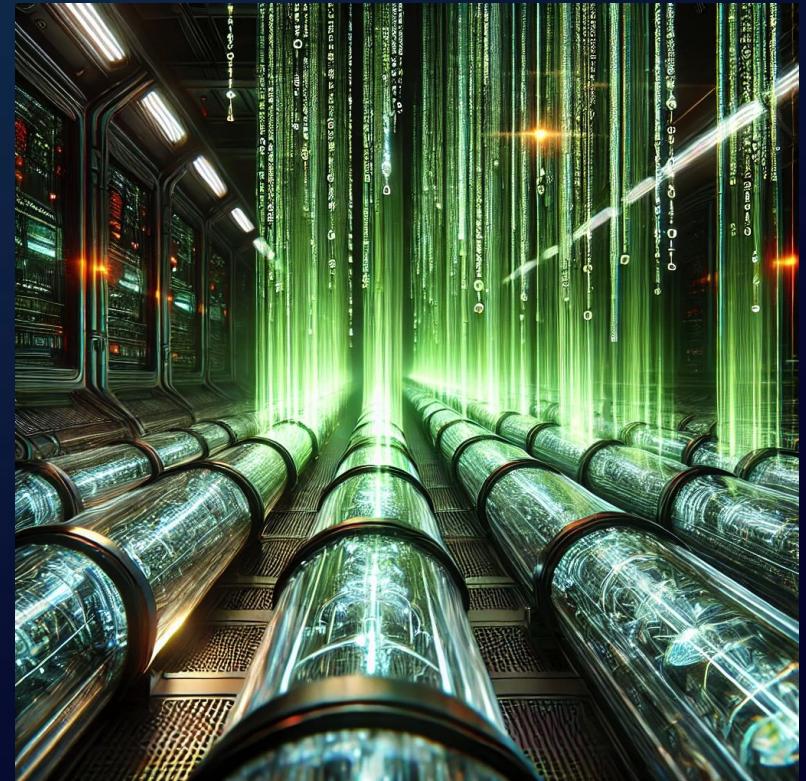


- Extracted Prosodic (Audio) Measurements:
 - Energy (RMS)
 - Root Mean Sq. = Projection, Loudness, etc
 - Formants Freq.
 - Formants = Vocal Resonance Changes
 - Mean, Standard Deviation
 - Harmonics-to-Noise Ratio (HNR), etc
 - HNR = Breathiness/Roughness
 - Jitter
 - Cycle-to-Cycle Variation in Frequency
 - Shimmer
 - Cycle-to-Cycle Amplitude Variations
 - Etc



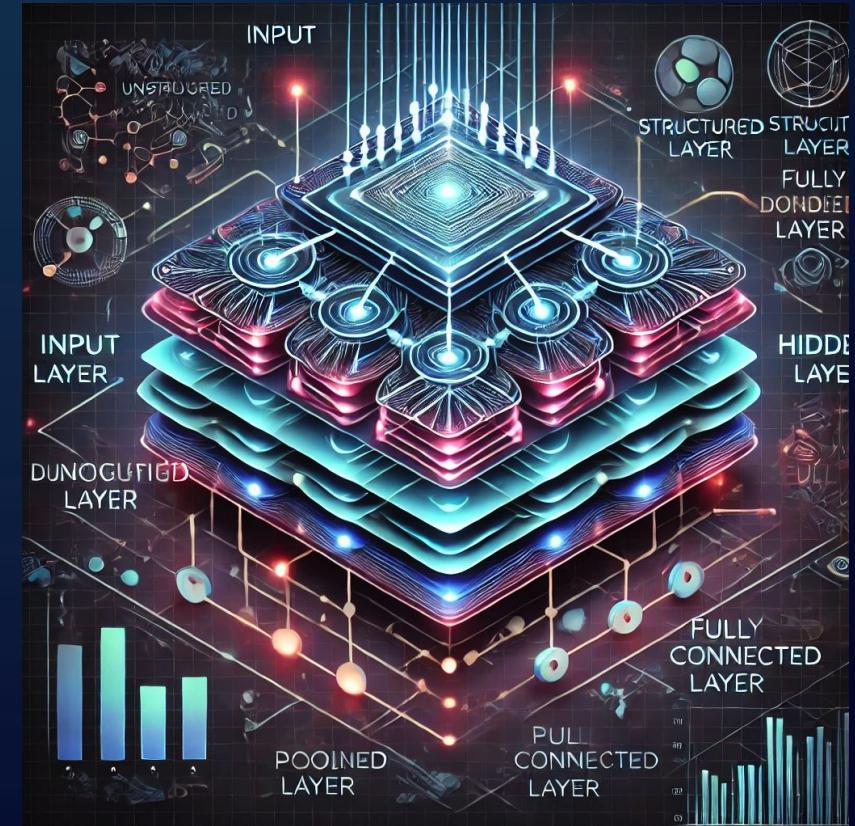
Data Processing Pipeline

- Recordings → Frame Features to CSV
 - Clean Noise: [SJTU-YONGFU-RESEARCH-GRP](#)
- Extracted Prosodic Measurements:
 - Pitch, Energy (RMS), Formants Freq., Harmonics-to-Noise Ratio (HNR), etc
- Key: Synchronized Audio <-> Words
 - Capture Textual Context of Audio
 - Rhythm, Intonation, Stress, etc
 - Transcription With Time/Word Align
- Tuning → Final Model



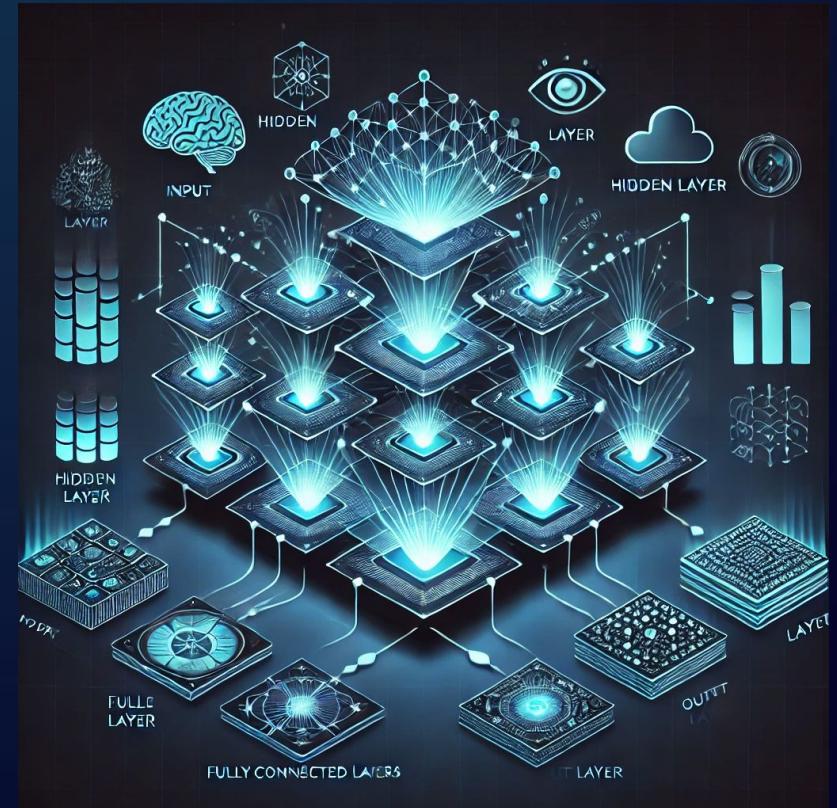
Model Architecture

- CNN + LSTM Model
 - Convolution Neural Network (Local)
 - Long Short-Term Memory (Time-Series)
- Word/Text Embeddings
 - Word Sequence Appended to CNN
 - Each Utterance is Time Aligned
 - Captures Pacing, Intonation, etc
- Why This is Effective? Merges...
 - Short Terms Acoustics
 - Long Term Linguistic Context
 - Combine Neural Network Techniques
- Final Test Accuracy: 96.30%



Deep Dive

- Convolutional Neural Network (CNN)
 - 2 Convolution Blocks + Pooling
 - Downsample Time ~4x
- Long Short-Term Memory (LSTM)
 - Downsampled Frames Over Time
 - Captures Continuity
- Hyperparameters:
 - Number of features: 77, CNN filters: 32, Hidden size: 128, Number of layers: 2 Number of classes: 2, Unique vocabulary: 4165
- Results:
 - Highlights Discriminative Features
 - Connects Acoustics to Speech



4 Years Before – Inference



19 Years After - Inference



CSV
FILE

Demo

https://youtu.be/WGPW_5pClPg

Creating a Multi-Modal ML Model

Fusion Approach (By Reusing the Code In This Repo):

1. Video Sub-Network
 - Use your LSTM-based video classifier code up to (but not including) the final classification layer. That is, if your final LSTM outputs a hidden vector of size H, keep that as a video embedding.
2. Audio Sub-Network
 - Likewise, from the audio CNN+LSTM, grab the final LSTM output (before the classifier) as an audio embedding of size A.
3. Fusion Mechanism
 - Concatenate the two embeddings: [video_embedding, audio_embedding] → a single vector of size H+A.
 - Pass this fused vector through a new "fusion head" — for instance, a small MLP or another LSTM that captures temporal modalities.
 - This network ends in a single classification layer outputting the probability of Parkinson's vs. Normal (or 2-class softmax).

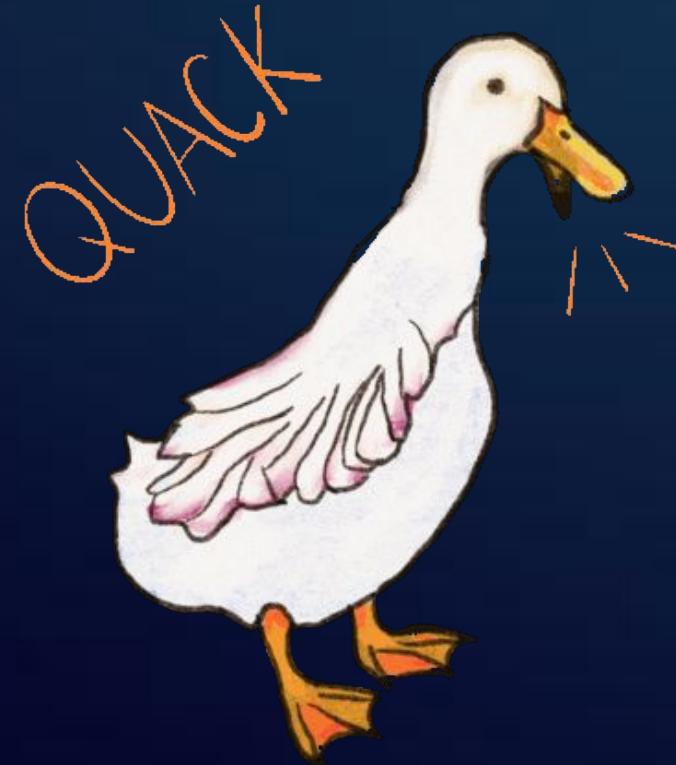


There Is One More Thing...

Other Future Classification Ideas



If Quacks Like A Duck...



The Future is Now ^{10,11,12}

- Attitudes mixed but warming toward AI in medicine
- Chief concerns
 - (-) Job security, patient privacy, accurate decision-making
- Great potential
 - (+) Reduce administrative burden, improve efficiency, enhance screening



→ *Be Part of the Change...We Need You!*

Resources





Medical References

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<https://www.parkinsonsnsw.org.au/understanding-the-five-stages-of-parkinsons>.
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11. Al-Medfa MK, Al-Ansari AMS, Darwish AH, Qreeballa TA, Jahrami H. Physicians' attitudes and knowledge toward artificial intelligence in medicine: Benefits and drawbacks. *Heliyon.* 2023;9(4):e14744. Published 2023 Mar 23. doi:10.1016/j.heliyon.2023.e14744.
12. Appel JM. Artificial intelligence in medicine and the negative outcome penalty paradox. *J Med Ethics.* 2024;51(1):34–36. Published 2024 Dec 23. doi:10.1136/jme-2023-109848.



AI/ML Resources

[CLICK HERE] for All Material Contained in this Session [CLICK HERE]

DigitalOcean Bare Metal H200 Availability

<https://www.digitalocean.com/blog/now-available-bare-metal-nvidia-hgx-h200-gpus>

Continue the Conversation – DigitalOcean Discord

<https://discord.com/invite/digitalocean>

Code with Instructions for Gait Model:

- Part 1: Processing Videos Features Using MediaPipe
- Part 2: Building a ML Model for Video
- Part 3: Parkinson's Gait Demo

Code with Instructions for Voice Model:

- Part 1: Processing Audio Features
- Part 2: Building a ML Model for Audio Intonation
- Part 3: Parkinson's Voice Demo



SCALE



Thank You!

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