

# 3<sup>RD</sup> SUNDAY OF LENT (YEAR A)

## SECOND VESPERS

D

e-us, in adiu-tó-ri-um me-um inténde.

℟. Dómi-ne, ad adiu-vándum me festí-na. Gló-ri-a Patri, et Fí-li-o,

et Spi-rí-tu-i Sancto. Sic-ut e-rat in princí-pi-o, et nunc et sem-

per, et in sæcu-la sæcu-ló-rum. Amen.

*God, come to my assistance. ℟. Lord, make haste to help me. Glory to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, unto the age of ages. Amen.*

## HYMNUS

*Audi benigne conditor*

IV

O

merci-ful Cre-a-tor, hear! ★ To us in pi-ty bow your

ear; Accept the tearful prayer we raise In this our fast of for-ty

days. 2. The secrets of each heart you see, You know all our in-



fir-mi-ty; Pour out on all who seek your face Abundance of your



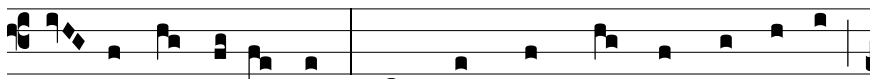
pard'ning grace. 3. Our sins are many, this we know; Spare us, good



Lord, your mercy show; And for the hon-or of your name Our faint-



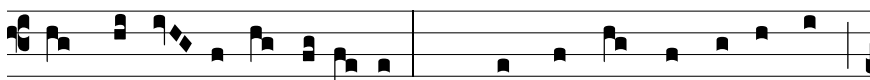
ing souls to life reclaim. 4. So mortify we ev'-ry sense By grace



of outward ab-stinence, That from each stain and spot of sin



The soul may keep her fast within. 5. O grant us, blessed Trin-i-ty,



Grant, un-di- vi- ded U-ni-ty, That this our fast and ab-stinence



May bring the fruits of pen- itence. A- men.

## ANTIPHONA

Cf. Ps 78:9; Sap 12:19 [AR]

II  
D

ómi-ne, ★ rex omní-po-tens, lí-be-ra nos propter nomen  
tu-um et da no-bis lo-cum pæ-ni-ténti-æ.  
† ★

*O Lord, almighty King, free us on account of your name, and give to us a place of penitence.*

## PSALM 109

The Lord's revelation to my Master: †  
 "Sit on my right: ★  
 your foes I will put beneath your feet."  
 The Lord will wield from Zion †  
 your scepter of power: ★  
 rule in the midst of all your foes.  
 A prince from the day of your birth †  
 on the holy mountains; ★  
 from the womb before the dawn I begot you.  
 The Lord has sworn an oath he will not change. †  
 "You are a priest for ever, ★  
 a priest like Melchizedek of old."  
 The Master standing at your right hand ★  
 will shatter kings in the day of his great wrath.  
 He shall drink from the stream by the wayside ★  
 and therefore he shall lift up his head.  
 Glory to the Father, and to the Son, ★  
 and to the Holy Spirit:  
 as it was in the beginning, is now, ★  
 and will be for ever. Amen.

## ANTIPHONA

Ecclesia [AR]

VIII G

S

a-lus nostra ★ in ma-nus tu- as est, Dómi-ne: respí-ci- at

su-per nos mi-se-ri-córdi- a tu- a, ut se- cú-ri servi- ámus ti-

bi. † ★

*Our salvation is in your hands, O Lord: look upon us with your mercy,  
that we may serve you securely.*

## PSALM 110

I will thank the Lord with all my heart ★  
 in the meeting of the just and their assembly.  
 Great are the works of the Lord, ★  
 to be pondered by all who love them.  
 Majestic and glorious his work, ★  
 his justice stands firm for ever.  
 He makes us remember his wonders. ★  
 The Lord is compassion and love.  
 He gives food to those who fear him; ★  
 keeps his covenant ever in mind.  
 He has shown his might to his people ★  
 by giving them the lands of the nations.  
 His works are justice and truth, ★  
 his precepts are all of them sure,  
 standing firm for ever and ever; ★  
 they are made in uprightness and truth.  
 He has sent deliverance to his people †  
 and established his covenant for ever. ★  
 Holy his name, to be feared.

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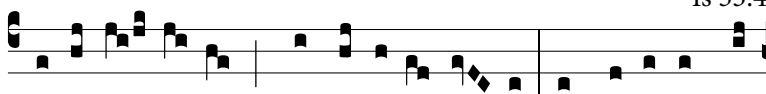
To fear the Lord is the first stage of wisdom; †  
all who do so prove themselves wise. ★  
His praise shall last for ever!  
Glory to the Father, and to the Son, ★  
and to the Holy Spirit:  
as it was in the beginning, is now, ★  
and will be for ever. Amen.

## ANTIPHONA

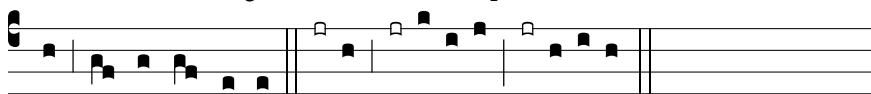
Is 53:4

III a

V



e-re languó-res ★ nostros ipse tu- lit, et do-ló-res no-



stros i-pse por-tá-vit.

†

★

*Truly he bore our infirmities, and he himself underwent our sufferings.*

## 1 PETR 2:21-24

Christ suffered for you, †  
 and left you an example ★  
 to have you follow in his footsteps.  
 He did no wrong; ★  
 no deceit was found in his mouth.  
 When he was insulted, ★  
 he returned no insult.  
 When he was made to suffer, ★  
 he did not counter with threats.  
 Instead he delivered himself up ★  
 to the One who judges justly.  
 In his own body ★  
 he brought your sins to the cross,  
 so that all of us, dead to sin, †  
 could live in accord with God's will. ★  
 By his wounds you were healed.  
 Glory to the Father, and to the Son, ★  
 and to the Holy Spirit:  
 as it was in the beginning, is now, ★  
 and will be for ever. Amen.

## LECTIO BREVIS

1 Cor 9:24-25

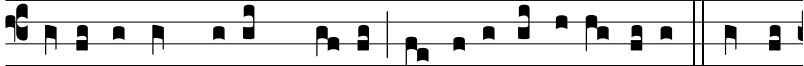
**W**hile all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.


## RESPONSORIUM BREVIS


Ps 118:36-37


IV


I


 nclí-na cor me-um, De- us, in testimó-ni- a tu- a. R̃. Inclí-


 na cor me-um, De- us, in testimó-ni- a tu- a. Ṽ. A-vér-te ó-cu-lus


 me- os ne ví-de- ant va-ni-tá-tem: in vi- a tu- a vi-ví- fi- ca me.


 R̃. In testimó-ni- a tu- a. Ṽ. Gló-ri- a Patri, et Fí-li- o, et Spi- rí- tu-


 i Sancto. R̃. Inclí-na cor me-um, De- us, ★ in testimó-ni- a tu- a.

*Incline my heart, O Lord, according to your testimony. Ṽ. Turn my eyes lest they see vanities: give me life in your way.*

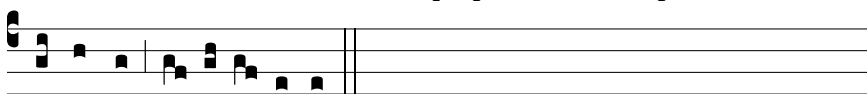
## ANTIPHONA AD MAGNIFICAT

Io 4:19-20

III a

**D**

ómi-ne, ★ ut ví-de-o, prophé-ta es tu: patres nostri in



monte hoc a-do-ra-vé-runt.

*O Lord, I see that you are a prophet; our fathers worshiped on this mountain.*

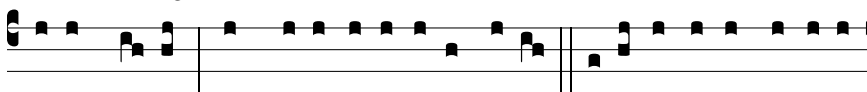
CANTICUM EVANGELICUM  
THE SOUL REJOICES IN THE LORD

Lc 1:46-55

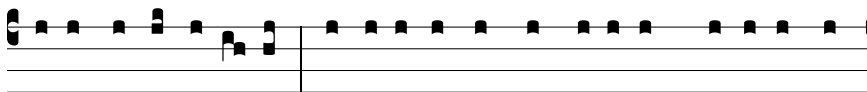
III a

**M**

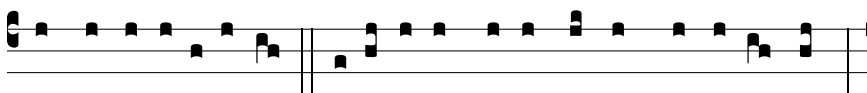
agní-fi-cat ★ á-nima me-a Dómi-num, et exsultá-vit spí-



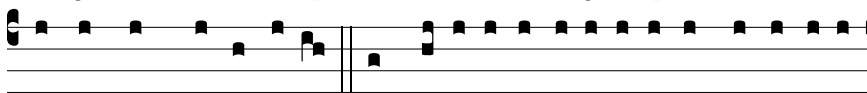
ri-tus me-us ★ in De-o sa-lu-tá-ri me-o, qui-a respé-xit humi-li-



tá-tem ancíl-læ su-æ. ★ Ecce e-nim ex hoc be-á-tam me di-cent om-

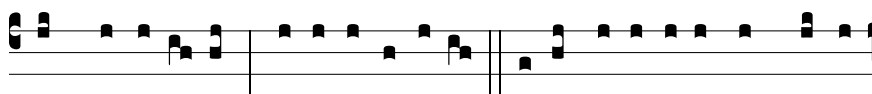


nes ge-ne-ra-ti-ó-nes, qui-a fe-cit mi-hi magna, qui po-tens est, ★

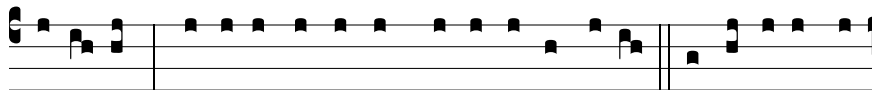


et sanctum nomen e-ius, et mi-se-ri-córdi-a e-ius a pro-gé-ni-e

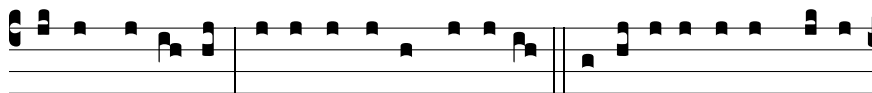




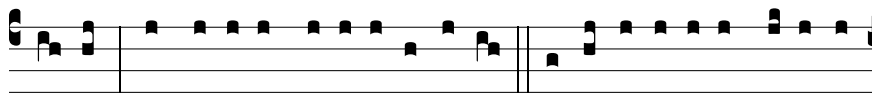
in pro-gé-ni- es ★ timénti-bus e-um. Fe-cit po-ténti- am in bráchi-



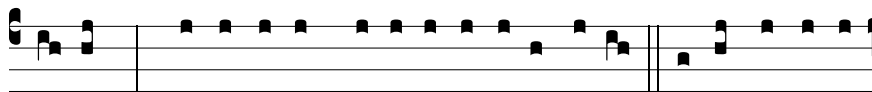
o su- o, ★ dispérsit su-pérbos mente cordis su- i; de-pó-su- it po-



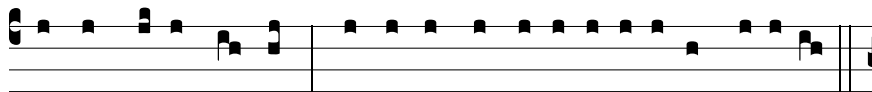
téntes de se-de ★ et ex-al-tá-vit húmi- les; e-su-ri- éntes implé-vit



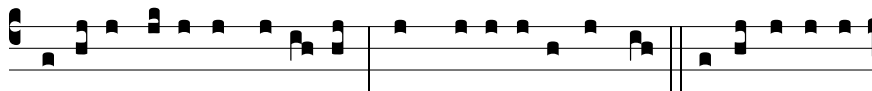
bo-nis ★ et dí-vi-tes dimí-sit in-á-nes. Suscé-pit Isra- el pú- e-rum



su- um, ★ re-cordá-tus mi-se-ri-córdi- æ su- æ, si- cut lo- cú- tus



est ad patres nostros, ★ Abra- ham et sémi- ni e- ius in sǣcu- la.



Gló-ri- a Patri, et Fí- li- o, ★ et Spi- rí- tu- i Sancto. Si- cut e- rat in



prínci- pi- o, et nunc, et semper, ★ et in sǣcu- la sǣcu- ló- rum. Amen.

*My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty.*

*He has come to the help of his servant Israel for he has remembered his promise of mercy, the promise he made to our fathers, to Abraham and his children for ever. Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.*

#### PRECES

**A**ll praise to God the Father who brought his chosen people to rebirth from imperishable seed through his eternal Word. Let us ask him as his children: Lord, be gracious to your people.

℟. Lord, be gracious to your people.

God of mercy, hear the prayers we offer for all your people, – may they hunger for your word more than for bodily food.

℟. Lord, be gracious to your people.

Give us a sincere and active love for our own nation and for all mankind, – may we work always to build a world of peace and goodness.

℟. Lord, be gracious to your people.

Look with love on all to be reborn in baptism, – that they may be living stones in your temple of the Spirit.

℟. Lord, be gracious to your people.

You moved Nineveh to repentance by the preaching of Jonah, – in your mercy touch the hearts of sinners by the preaching of your word.

℟. Lord, be gracious to your people.

May the dying go in hope to meet Christ their judge, – may they rejoice for ever in the vision of your glory.

℟. Lord, be gracious to your people.

## PATER NOSTER

**P** a-ter noster, ★ qui es in cæ-lis: sancti-fi-cé-tur nomen  
 tu-um; advé-ni-at régnum tu-um; fi-at vo-lúntas tu-a, sic-ut  
 in cæ-lo et in terra. Pa-nem nostrum co-ti-di-á-num da no-bis  
 hó-di-e; et dimit-te no-bis dé-bi-ta nostra, sic-ut et nos dimít-ti-  
 mus de-bi-tó-ri-bus nostris; et ne nos indú-cas in tenta-ti-ó-nem;  
 sed lí-be-ra nos a ma-lo.

*Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.*

## ORATIO CONCLUSIVA

**O** God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you and in the unity of the Holy Spirit, one God, for ever and ever.

℟. Amen.

## RITUS CONCLUSIONIS

℣. The Lord be with you.

℟. And with your spirit.

℣. May almighty God bless you, the Father, and the Son, and the Holy Spirit.

℟. Amen.

## BENEDICAMUS DOMINO

**B** 

e-ne-di-camus Dó-mi-no. ℟. De-o grá-ti-as.

*Let us bless the Lord. Thanks be to God.*