



*Child and Adolescent Mental Health Team*

## **WORK DISCUSSION GROUP: CASE DISCUSSION TO MAKE PSYCHOTHERAPEUTIC INTERVENTIONS EFFECTIVE**

The Work Discussion Group aims to create a safe space for psychotherapists, counsellors and psychologists to make psychotherapy effective.

Our focus in the discussion group will be:

1. To help the therapist and patient establish an internal emotional problem that the patient needs help with.
2. Assessing the patients willingness to engage in the therapeutic process
3. Consent and safety within the therapeutic relationship
4. The therapists responses and feelings during the session

The group process will facilitate clinical thinking around a transcript presented, with this focus in mind. You can present cases for patients across ages.

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**Family Tree  
B5/28 Safdarjung Enclave  
Opposite Deer Park,  
New Delhi 110029.**

**For any other details, contact:  
[shweta.dharamdasani@thefamilytree.in](mailto:shweta.dharamdasani@thefamilytree.in)**



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**Dates:**

- **2nd May, 2024, Thursday**
- **6th June, 2024, Thursday**
- **4th July, 2024, Thursday**
- **1st August 2024, Thursday**
- **5th September, 2024, Thursday**
- **3rd October, 2024, Thursday**
- **7th November, 2024, Thursday**
- **5th December, 2024, Thursday**

**From 5:00 pm to 6:30 pm Online.**

**Cost: 1500/- per session**

**Last date to sign up 30th April 2024 by 5 pm.**

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