Exercise 4.7

The Pauli matrices are given by

$$X = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, Y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \tag{1}$$

Then we could check

$$XYX = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = \begin{pmatrix} i & 0 \\ 0 & -i \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = \begin{pmatrix} 0 & i \\ -i & 0 \end{pmatrix} = -Y \tag{2}$$

The rotation operator about the \hat{y} axis is given by

$$R_y(\theta) = \cos\frac{\theta}{2} I - i\sin\frac{\theta}{2} Y = \begin{pmatrix} \cos\frac{\theta}{2} & -\sin\frac{\theta}{2} \\ \sin\frac{\theta}{2} & \cos\frac{\theta}{2} \end{pmatrix}$$
(3)

Then we could check

$$XR_{y}(\theta)X = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} \cos\frac{\theta}{2} & -\sin\frac{\theta}{2} \\ \sin\frac{\theta}{2} & \cos\frac{\theta}{2} \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$
$$= \begin{pmatrix} \sin\frac{\theta}{2} & \cos\frac{\theta}{2} \\ \cos\frac{\theta}{2} & -\sin\frac{\theta}{2} \end{pmatrix} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = \begin{pmatrix} \cos\frac{\theta}{2} & \sin\frac{\theta}{2} \\ -\sin\frac{\theta}{2} & \cos\frac{\theta}{2} \end{pmatrix}$$
(4)

Also, for $R_y(- heta)$ we have

$$R_y(-\theta) = \begin{pmatrix} \cos\frac{-\theta}{2} & -\sin\frac{-\theta}{2} \\ \sin\frac{-\theta}{2} & \cos\frac{-\theta}{2} \end{pmatrix} = \begin{pmatrix} \cos\frac{\theta}{2} & \sin\frac{\theta}{2} \\ -\sin\frac{\theta}{2} & \cos\frac{\theta}{2} \end{pmatrix}$$
 (5)

According to eq. (4) and eq. (5), we have

$$XR_y(\theta)X = R_y(-\theta) \tag{6}$$