



SIGNATURE BOWLS & SALADS

substitute jasmine rice base for cauliflower rice, wild rice, or greens +2

SWEET PLANTAIN BOWL 13

jasmine rice, plantains, cumin beans, kale slaw, avocado, cilantro, romesco sauce
protein pairing: picadillo beef +7

POWER BOWL 13 (V) ★

wild rice blend from Lundberg Farms, farmer's greens, hummus, sweet potatoes, avocado, pickled onions, sliced almonds, avocado goddess
protein pairing: paprika chicken +6

SESAME CHICKEN BOWL 16 ★

jasmine rice, crispy chicken with cassava flour breading, charred broccoli, sesame togarashi, green onion, ginger ponzu sauce

BURRITO BOWL 14

jasmine rice, paprika chicken, cumin beans, chimichurri mushrooms & sautéed spinach, double guac, jalapeño lime dressing
protein subs: picadillo beef +1 · salmon +3

EVOLVED CAESAR SALAD 10

farmer's greens, sliced radish, pastured egg, avocado, gluten-free croutons, cashew "parmesan," herb ranch dressing
protein pairing: diced chicken breast (cold) +6

CITRUS SALAD 12 (V)

farmer's greens, seasonal citrus fruit slices, diced cucumber, pickled onions, avocado, sliced almonds, lemon vinaigrette dressing

GRILLED CHICKEN SALAD 15

farmer's greens, grilled Mary's free-range chicken (cold), diced cucumber, pickled onions, avocado goddess dressing

GUAC & GREENS SALAD 14 (V)

farmer's greens, black bean & corn salad, red cabbage, pickled onions, guacamole, paprika-dusted cassava tortilla strips, jalapeño lime dressing
protein pairing: paprika chicken +6

ADD PROTEIN

PLANT PROTEIN PATTY +5
house-made with black beans, gf oats, nuts, & seeds

GRILLED CHICKEN BREAST (COLD) +6
free range chicken breast, marinated & grilled, served cold

PAPRIKA CHICKEN +6
free range chicken thigh with paprika spice blend

PICADILLO BEEF +7
100% grass-fed beef stewed in our Immunity Broth with tomato, onion, garlic, & spices

BYO BOWL 10

build-your-own bowl with your choice of base, protein, and sides

CHOOSE A BASE (1)

jasmine rice farmer's greens
wild rice blend cauliflower rice

CHOOSE A PROTEIN (1)

plant protein patty +5	crispy chicken +7
paprika chicken +6	picadillo beef +7
grilled chicken breast (cold) +6	grilled salmon +9

add extra protein for double the price shown

CHOOSE TWO VEGGIES (2)

charred broccoli	kale slaw	plantains
za'atar cauliflower	sweet potatoes	sautéed mushrooms & spinach
brussels sprouts	cumin beans	

add more than two veggie sides for +4 each

ADD EXTRA TOPPINGS

guacamole +3	sliced citrus +2	sesame togarashi +2
hummus +2	GF croutons +2	cashew crumble +1
pastured egg +3	sliced almonds +1	cassava strips +2
pickled onions +1	cilantro +.50	diced cucumber +2
avocado +2	green onion +.50	bean & corn salad +2

CHOOSE A SAUCE (1)

avo goddess (V)	chipotle aioli (V)	jalapeño lime (V)
herb ranch (V)	house ketchup (V)	lemon vinaigrette (V)
ginger ponzu (V)	romesco (V)	no sauce (V)

SMALL PLATES

craveable sides great for sharing!

ZA'ATAR CAULIFLOWER & HUMMUS 7 (V)

cauliflower florets tossed with za'atar spices, served over chickpea hummus, topped with cilantro and avocado goddess dressing

FRIED PLANTAINS 6 (V)

naturally sweet plantains, served with chipotle aioli

CRISPY BRUSSELS SPROUTS 9 (V) ★

fried in sustainable palm oil, served with chipotle aioli

CHICKEN NUGGETS 8 ★

cassava flour breaded chicken, served with house made ketchup

CAULIFLOWER BITES 7 (V)

cauliflower florets with a crispy cassava flour breading, served with house-made ranch

KITAVA FRIES 6 (V)

classic cut fries cooked in sustainable palm fruit oil, served with house-made ketchup

SIDES (V)

COLD SIDES

BLACK BEAN & CORN SALAD 4

HUMMUS 4

KALE SLAW 4

DICED CUCUMBER 4

FARMERS GREENS 4

WARM SIDES

CHARRED BROCCOLI 4

ZA'ATAR CAULIFLOWER 5

MUSHROOMS & SPINACH 4

SWEET POTATOES 4

CUMIN BEANS 4

JASMINE RICE 4

WILD RICE BLEND 5

CAULIFLOWER RICE 5

see "add protein" section for protein side options

★ house favorites (V) vegan (V) vegetarian (eggs ok)

100% FREE OF GLUTEN, DAIRY, CORN, SOY, PEANUTS, REFINED SUGAR & SEED OILS

DESSERTS

made with natural sweeteners

DARK CHOCOLATE BROWNIE 4.50

rich and fudgy brownie made with cassava and coconut flour, pastured eggs, and coconut sugar

CHOCOLATE CHIP COOKIE 4.50

dark chocolate chip cookie made with GF flour mix, egg, vanilla, and dark chocolate sweetened with coconut sugar (contains almonds and eggs)

DAIRY-FREE SOFT SERVE 6

dairy-free soft serve made with a cashew cream base and sweetened with coconut sugar

FLAVORS

dark chocolate, roasted cashew, swirl

ADD ONS

brownie chunks +3 

wildflower honey +2 

extra virgin olive oil & sea salt +1 

SNACKS

CORACAO CHOCOLATE 7

HERILOOM CACAO (81%)

SALTED ALMONDS (81%)

KETO CHOCOLATE (99%)

organic dark chocolate bars from Coracao

SIGNATURE DRINKS

GREEN SMOOTHIE 9

refreshing green smoothie made with coconut milk, banana, pineapple, spinach, ginger, and cucumber

HIBISCUS COOLER 5

unsweetened beverage with hibiscus tea leaves and fresh mint

IMMUNITY BROTH 6

pasture-raised chicken bone broth with added turmeric root and ginger root for an immunity boost

COFFEE & TEA

REGULAR COFFEE 3.50

ethically sourced coffee from Andytown in San Francisco

DECAF COFFEE 3.50

ethically sourced coffee from Andytown in San Francisco

ORGANIC HOT TEA 2.75

VARIOUS FLAVORS

organic tea from Numi

DRINKS

CANS & BOTTLES

MARIN KOMBUCHA 5

VARIOUS FLAVORS

probiotic-rich kombucha, also available on tap

OLIPOP SPARKLING TONIC 4

STRAWBERRY VANILLA • CLASSIC ROOT BEER

ORANGE SQUEEZE

a healthy alternative to soda with prebiotics and botanicals to support your microbiome and digestive health

SPINDRIFT SPARKLING WATER 3.50

GRAPEFRUIT • LEMON

sparkling water made with real squeezed fruit. no "natural flavors" or added sugar, just real fruit!

AQUA DE PIEDRA 12OZ 3

bubbly sparkling water loaded with minerals

SPARKLING HOP WATER 4

LAGUNITAS HOPPY REFRESHER

non-alcoholic zero calorie sparkling water, brewed by Lagunitas with a refreshing zing of hops

ORGANIC COLD-PRESSED JUICE 7.50

BLOOD ORANGE BLISS • TROPICAL ROOTS

fresh organic cold-pressed juice from Happy Moose Juice

FEEL MO' BETTA ELIXIR SHOT 4.50

rich and intense 2oz elixir shot with ginger, turmeric, apple cider vinegar, pineapple, lemon, and black pepper from Happy Moose Juice

BEER

GLUTEN-FREE BEER

VARIOUS FLAVORS IN CANS & ON TAP

ask for current selection of 100% gluten-free beer

ATHLETIC BREWING CO.

UPSIDE DAWN ALE (CAN)

non-alcoholic classic golden ale, crafted to remove gluten during fermentation (not recommended for those with Celiac Disease)

WINE

ROTATING FLAVORS BY THE GLASS & CARAFE

low intervention wine from holistically managed vineyards using sustainable growing methods

check bar and qr code menu for current offerings

HARD CIDER & KOMBUCHA

BOOCHCRAFT - ROTATING FLAVORS 7

GOLDEN STATE CIDER - ROTATING FLAVORS 8

check bar and qr code menu for rotating and seasonal flavors

REAL FOOD EVERYONE CAN ENJOY! 100% FREE OF GLUTEN, DAIRY, CORN, SOY, PEANUTS, REFINED SUGAR & SEED OILS

5% SURCHARGE ADDED FOR EMPLOYEE HEALTHCARE