








APPLE HEALTH & HOMES PERMANENT SUPPORTIVE HOUSING
FACTSHEET SERIES

What is Permanent Supportive Housing (PSH)?

Permanent supportive housing combines housing and wraparound services for all residents. It is subsidized housing intended for individuals with complex behavioral or physical health conditions currently experiencing or at risk of homelessness. Housing is paired with voluntary services (e.g., counseling, mental health support, alcohol and drug treatment) to achieve housing stability, enhance health and connect residents with community-based services. This type of housing prioritizes those in need of comprehensive support services, poses no limits on length of stay, and lowers barriers to entry ([RCW 36.70a.030](#) (31)).

Permanent Supportive Housing is:ⁱ

-  A proven, evidence-based model for addressing chronic homelessness
-  More cost-effective than emergency services, shelters, hospitals and jails
-  A crucial pillar for individual health, recovery, and well-being
-  A gateway to essential housing stability
-  An avenue to improving community public safety

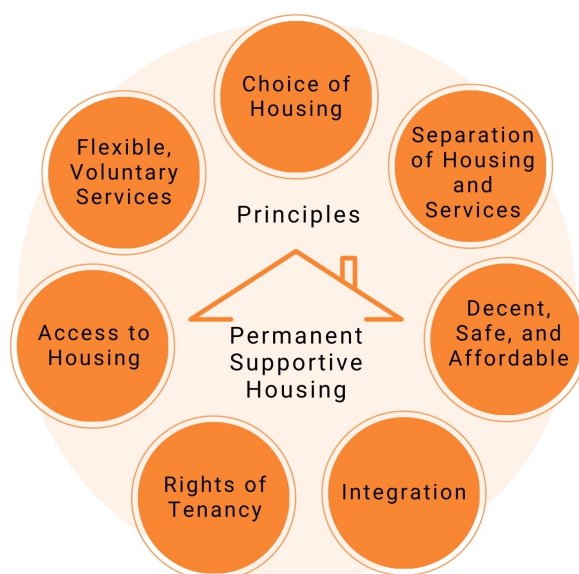
Why is Permanent Supportive Housing needed?

There is not enough housing to meet housing needs across all income levels in Washington state. An insufficient supply of housing is



We strengthen communities

at imminent risk of homelessness prior to moving into housing to retain their



[Substance Abuse Mental Health Services Administration \(SAMHSA\)](#) evidence-based practice model

90-95%

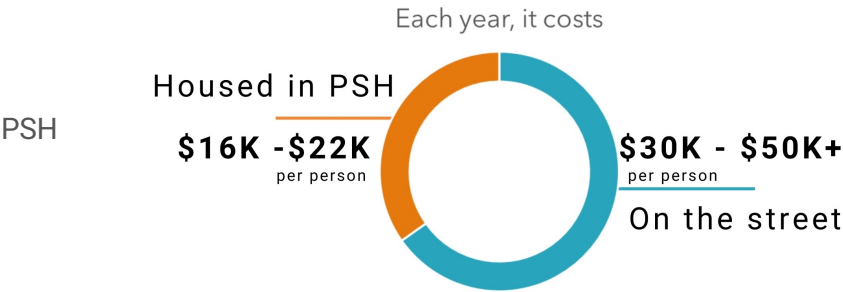
of residents of PSH are still housed a year later.

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contributing to homelessness as over 28,000 individuals experience homelessness in Washington.ⁱⁱ PSH is a proven solution that breaks the cycle of homelessness, increases housing stability, and improves residents' health (see side bar page 1).ⁱⁱⁱ If trends continue, the projected number of individuals potentially eligible for PSH by June 2025 is expected to be 84,000.^{iv} Washington state will need to create 1.1 million new homes, including 122,000 permanent supportive housing units, in the next 20 years to keep pace with expected population growth and needs.^v The Growth Management Act (GMA) now instructs local governments to “plan for and accommodate” PSH.

Cost-effectiveness of Permanent Supportive Housing

PSH reduces the use of publicly funded crisis services, including shelters, jail stays, hospitalizations, public mental health services, and emergency visits.^{vi}



Different models of Permanent Supportive Housing

projects, like the communities and neighborhoods they are situated in, are diverse. PSH can have units that are located in the same building or scattered throughout the community. example, projects can range from newly

For constructed buildings on vacant land, master leases wherein an organization sublets private units from homeowners and organizations, conversions of existing structures, and units within established affordable housing complexes or shelters. Depending on the site, supportive services may be available on-site, in the community, or by mobile teams.

PSH is NOT: adult family homes, skilled nursing homes, emergency shelters, tent cities, tiny home villages, or temporary/transitional housing.

Permanent Supportive Housing is a critical component of the Housing Continuum, a range of different types of housing available in a jurisdiction, that ensures a thriving housing ecosystem that meets the needs of community residents.



References

ⁱ “Third Door Coalition.” Third Door Coalition. Accessed January 31, 2024. <https://www.thirddoorcoalition.org/>.

ⁱⁱ Souza, Tanya de, Alyssa Andrichik, Katherine Rush, and Micaiah Wheeler. “2023 Ahar: Part 1 - Pit Estimates of Homelessness in the U.S.” 2023 AHAR: Part 1 - PIT Estimates of Homelessness in the U.S. | HUD USER. Accessed January 31, 2024. <https://www.huduser.gov/portal/datasets/ahar/2023-ahar-part-1-pit-estimates-of-homelessness-in-the-us.html>.

ⁱⁱⁱ “Third Door Coalition.” Third Door Coalition. Accessed January 31, 2024. <https://www.thirddoorcoalition.org/>.
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^{iv} “Projected Demand for Permanent Supportive Housing.” Washington State Department of Social and Health Services - Report to the Legislature, March 2023. https://app.leg.wa.gov/ReportsToTheLegislature/Home/GetPDF?fileName=Permanent%20Supportive%20Housing%20Need%20Forecast%20Report%20Format_cfc4938-ce6b-487d-91b9-abb44f3fa15a.pdf.

^v “Washington State Will Need More than 1 Million Homes in next 20 Years.” Washington State Department of Commerce, July 20, 2023. <https://www.commerce.wa.gov/news/washington-state-will-need-more-than-1-million-homes-in-next-20-years/>.

^{vi} “Third Door Coalition.” Third Door Coalition. Accessed January 31, 2024. <https://www.thirddoorcoalition.org/>.

Other Helpful Resources

“Permanent Supportive Housing Evidence-Based Practices (EBP Kit).” Permanent Supportive Housing Evidence-Based Practices (EBP KIT) | SAMHSA Publications and Digital Products. Accessed January 31, 2024. <https://store.samhsa.gov/product/permanent-supportive-housing-evidence-based-practices-ebp-kit/sma10-4509>.