

Keep these in sync with the cards. If a lifter Passes on all of his lifts, you can enter a "p" here

Use these buttons for Good, Bad and Pass (Undo only works once)

Change these values only as a last resort. The only acceptable values are "P", "p", numbers and numbers with an "m"

Lift Manager Professional.xlsm - Microsoft Excel

File Management Cont... Session Administration Tools USAW Reporting Tools

Open New Session Save This Session Start Session Re-Start Session Copy Session to USAW Sheet Save USAW Sheet for Mailing USAW Reporting Tools

Full Screen View Show/Hide Sinclair Column Run Record Check Shrink back to 100% Adjust Sinclair by Masters Formula USA Youth Record Check Import Records File Platform? Platform 1 Special Tools

Help

Mixed

Weight Class: 45kg 69kg 75+kg 94kg 105+kg

Good Lift No Lift Pass Undo

Name	Body Weight	Team	Next Lift	Snatch	Clean and Jerk	Best C&J Total	Body Weight
Tommy	105.54	FIT Barbell	78	1	1	1	105.54
Lighter Old Guy	89.89	Bayou City Crossfit	78	78m			89.89
Lighter Old Girl	75.55	Kilo Weightlifting	89				75.55
Mary	89.00	Cal Strength	97				89.00
Big Old Guy	175.90	WarriorZ Barbell	45	34m	34	P	175.90
Alicia	48.00	Catalyst Athletics	57	56	57	58	48.00
Mary Long Name Person	47.45	Team Florida - AFP	60	50	51	52	47.45
Kate	48.00	Sports Palace	66	45m	45m	45	48.00
Jerri	69.00	Sac State	66	P	45m	45	69.00
Tammi	69	Cal Strength	77	67m	67m	67m	--
Alice	89.00	FIT Barbell	78	P	45m	45	89.00
Big Old Girl	130.20	Eleiko Academy	78	34	35m	35	130.20
Harry	151.29	Redding Barbell	89	67	68m	68	151.29