

**Your brain is out to
get you**

David Grandinetti

(impostor at large)

Imposter Syndrome

A black and white photograph of a man with glasses and a fedora hat, holding a hand of cards. He is looking down at his hand. A dog is sitting in the background, looking towards the man.

I have no idea what I'm doing

A failure to internalize success

Success = Luck
Failure = My fault

**Programmers
Academics
Executives
Athletes
Parents**

A black and white photograph of an astronaut in a full space suit, including a helmet with a reflective visor, standing on the dark, cratered surface of the Moon. The astronaut's suit has a small American flag patch on the upper right arm. They are looking down at their right hand, which is held open. The background is the vast, dark expanse of space with a few distant stars visible.

Astronauts

**We may exacerbate
this feeling...**

a mark - Initializers

```
initWithFrame:(CGRect)frame {  
    = [super initWithFrame:frame];  
  
self) {  
    self.backgroundColor = [UIColor whiteColor];  
    self.autoresizingMask = UIViewAutoresizingFlexibleHeight | UIViewAutoresizingFlexibleWidth;  
  
    _spinner = [[UIActivityIndicatorView alloc] initWithActivityIndicatorStyle:UIActivityIndicatorViewStyleWhiteLarge];  
    _spinner.color = [UIColor grayColor];  
    _spinner.autoresizingMask = UIViewAutoresizingFlexibleLeftMargin | UIViewAutoresizingFlexibleRightMargin |  
        UIViewAutoresizingFlexibleTopMargin | UIViewAutoresizingFlexibleBottomMargin;  
    self addSubview:_spinner];  
    self.setNeedsLayout;  
}  
on self;
```

~~FIX ME.~~ I have no idea
how or why this works.

- Every Programmer Ever

```
)showInView:(UIView *)view {  
    SASLoadingIndicatorView *loadingView = [[SASLoadingIndicatorView alloc] initWithFrame:view.bounds];  
    loadingView.layer.zPosition = 1;  
    view addSubview:loadingView;  
    loadingView.spinner startAnimating};
```

```
)removeFromView:(UIView *)view {  
    for (UIView *Subview in view.subviews) {
```

☒ 3124 [IntegrationSpec] (Really) Update fixtures

☒ 3123 [IntegrationSpec] Update fixtures

☒ 3122 [IntegrationSpec] Add support for lockfile

Your code is fail

☒ 3120 Store existing checkout options but ignore them

☒ 3118 Allow checkout options to be used for :branch



git-blame

git-praise

<https://github.com/ansman/git-praise>

```
function fib(n){  
    var first, second, sum;  
    for (i=0; i<n; i++){  
        Today I'm going to have  
        if (i==0){  
            you write malloc()  
            first = 1;  
            second = 2;  
        }  
        Interviewer  
        }  
        sum = first + second;  
        first = second;  
        second = sum;  
    }  
    return sum;  
}
```

**The most effective technique to
overcome impostor syndrome is
to simply recognize that it exists.
*[citation needed]***



Steven Furtick

@stevenfurtick



Follow

One reason we struggle w/ insecurity: we're comparing our behind the scenes to everyone else's highlight reel.



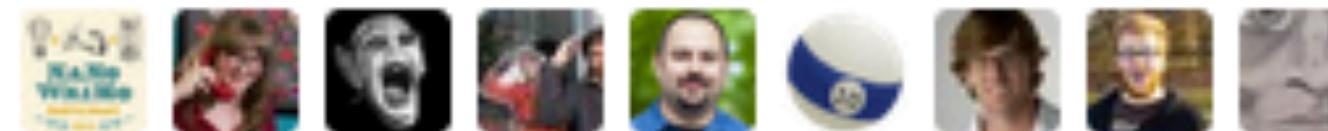
...

RETWEETS

1,213

FAVORITES

551



4:58 PM - 10 May 2011

Dunning-Kruger Effect

*If you're incompetent, you
can't know you're
incompetent.*

*...the skills you need to
produce a right answer
are exactly the skills you
need to recognize what a
right answer is.*

– David Dunning

4 stages of competence

Unconscious incompetence

Conscious incompetence

Conscious competence

Unconscious competence

*I know that I know
nothing.*

- Socrates

Hanlon's razor

Never attribute to malice
that which is adequately
explained by stupidity.

Chat, Email, Pull Requests

Links

[**http://en.wikipedia.org/wiki/Impostor_syndrome**](http://en.wikipedia.org/wiki/Impostor_syndrome)

[**https://en.wikipedia.org/wiki/Dunning-Kruger_effect**](https://en.wikipedia.org/wiki/Dunning-Kruger_effect)

[**http://www.forbes.com/sites/margiewarrell/2014/04/03/impostor-syndrome/**](http://www.forbes.com/sites/margiewarrell/2014/04/03/impostor-syndrome/)

[**https://github.com/ansman/git-praise**](https://github.com/ansman/git-praise)

[**https://travis-ci.org/CocoaPods/CocoaPods/pull_requests**](https://travis-ci.org/CocoaPods/CocoaPods/pull_requests)

[**https://twitter.com/stevenfurtick/status/67981913746444288**](https://twitter.com/stevenfurtick/status/67981913746444288)

Images

<https://pbs.twimg.com/media/Bw5Fb7wlIAAGOqv.jpg>

<http://awesomeuniverse.org/wp-content/uploads/2013/07/Foto-Buzz-Aldrin-tirada-por-Neil-Armstrong-na-Lua.jpg>

<https://pbs.twimg.com/media/Bwei-8gCMAAQxja.png>

<http://ericleads.com/wp-content/uploads/2012/10/whiteboard-code.jpg>

<http://nephos.files.wordpress.com/2011/12/tacky-jesus.jpg>