Class Diagram:

```
TrackingNumberGenerator

SEQUENCE: AtomicLong
LOCK: ReentrantLock
PREFIX: String = "TN"
SEQUENCE_LIMIT: long = 1000000L

generateTrackingNumber(): String
main(args: String[]): void
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```

Java Code:

```
import java.util.concurrent.atomic.AtomicLong;
import java.util.concurrent.locks.ReentrantLock;
import java.time.Instant;

public class TrackingNumberGenerator {

   private static final AtomicLong SEQUENCE = new AtomicLong(0);
   private static final ReentrantLock LOCK = new ReentrantLock();

   private static final String PREFIX = "TN";
   private static final long SEQUENCE_LIMIT = 1000000L;

/**
```

* Generates a unique tracking number.

* @return A unique tracking number.

*/

```
public static String generateTrackingNumber() {
  long timestamp = Instant.now().toEpochMilli();
  long mySeq;
  LOCK.lock();
  try {
     mySeq = SEQUENCE.getAndIncrement();
    if (mySeq >= SEQUENCE_LIMIT) {
     SEQUENCE.set(0); // Reset sequence if limit is reached
     mySeq = SEQUENCE.getAndIncrement();
   }
 } finally {
   LOCK.unlock();
 }
  return PREFIX + "-" + timestamp + "-" + String.format("%06d", mySeq);
}
public static void main(String[] args) {
 for (int i = 0; i < 10; i++) {
   System.out.println(generateTrackingNumber());
 }
}
```

}