

LEVELED BOOK • F

Hibernation



**Multi
level
F•I•M**

Written by Kira Freed

www.readinga-z.com

Hibernation



Written by Kira Freed

www.readinga-z.com



Table of Contents

No Food in Winter	4
What Is Hibernating?	5
How Do They Stay Alive?	7
Hibernating Animals	10
Index	12



No Food in Winter

Some animals can't find food
in the winter.

Some of these animals hibernate.



What Is Hibernating?

Hibernating is like a deep sleep.
This sleep can last for weeks.



Animals breathe slowly when
they hibernate.
Their hearts beat slower.
They do not eat.



How Do They Stay Alive?

Hibernating animals eat lots of food before winter.

The food stays in their bodies as fat.



Animals live off this fat while they sleep.

They also need a safe place to sleep.



They need to be safe from
the cold.

They need to be safe from
hungry animals.



Hibernating Animals

Snakes and frogs hibernate.

Turtles and mice hibernate.

Squirrels and bats hibernate.



Bears hibernate.

Raccoons and skunks
hibernate, too.

All the hibernating animals
wake up in the spring.

Index

breathe, 6

food, 4

hearts, 6, 7

hibernate, 4, 6, 10, 11

hibernating, 5, 7, 10, 11

sleep, 5, 8

winter, 4



Hibernation

A Reading A-Z Level F Leveled Book

Word Count: 115



Visit www.readinga-z.com

for thousands of books and materials.

Photo Credits:

Front cover: © Robert Gill; Papilio/Corbis; back cover: © Kelly Frederick; title page, pages 7, 8 (top), 9 (bottom), 11: © ArtToday; page 3: © Mark Raycroft/Minden Pictures/National Geographic Stock; page 4: © David B. Jack/www.davidbjack.com; page 5: © Ingo Arndt/Minden Pictures; page 6: © Malcolm McGregor/Dorling Kindersley RF/ Getty Images page 8 (bottom): courtesy of U.S. Fish and Wildlife Service; page 9 (top): © George McCarthy/Corbis; page 10: © Murielkerr/Dreamstime.com; page 12: © Jupiterimages Corporations

Hibernation
Level F Leveled Book
© Learning A-Z
Written by Kira Freed

All rights reserved.

www.readinga-z.com

Correlation

LEVEL F	
Fountas & Pinnell	F
Reading Recovery	9–10
DRA	10