



# FIRE S

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**WILD  
AT HEART**  
LOVE GOD. LIVE FREE.

## INSPIRATION

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*“Go to the lost, confused people right here in the neighborhood. Tell them that the kingdom is here. Bring health to the sick. Raise the dead. Touch the untouchables. Kick out the demons.*

*You have been treated generously, so live generously. Don’t think you have to put on a fund-raising campaign before starting. You don’t need a lot of equipment. You are the equipment, and all you need to keep that going is three meals a day. Travel light.”*

- JESUS (MATTHEW 10:5-10 MSG)

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Do men need another group study?

Nope.

Men need authentic friendship. Men need God.

Men need stories of the thrill of victory and the agony of defeat.  
Men need laughter.

Men need permission to be and become men.

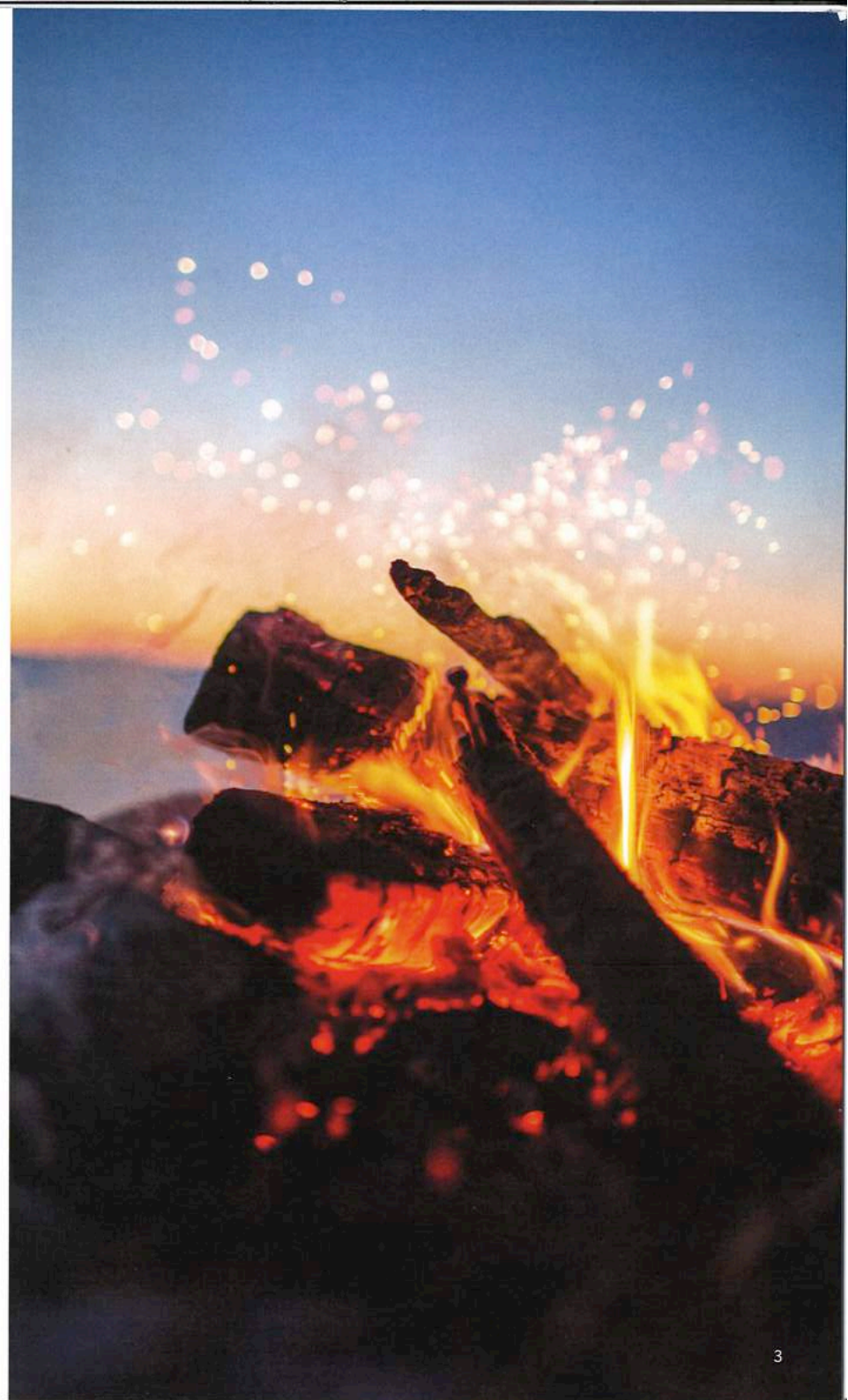
And men need each other.

That's why Wild at Heart Fires were born.

## WHAT IS A WILD AT HEART FIRE?

**A** Wild at Heart Fire is an authentic, recurring gathering where men experience God through the stories of other men. All around a fire. Wild at Heart Fires exist to foster masculine, God-centered, story-shaped connections. For millennia, men have gathered around flames to share stories, laughter, and moments of masculine initiation. Over the past five years, our allies have recovered this art, giving rise to Wild at Heart Fires.

Since its publication in 2001, *Wild at Heart* has inspired an underground revolution: men around the globe are getting their hearts back. Now Wild at Heart Fires are poised to fuel this steady flame through intimate, authentic local gatherings of men who want to come alive. Wild at Heart, as an organization, is asking men impacted by our message to consider establishing a local Fire in their community to help other men find wholeheartedness.





## GUIDELINES



### 1. Fires aren't religious.

Leave your religious and professional credentials behind. God gets center stage and his Kingdom sets the agenda— not in any religious way, but on the level of the heart. In the end, there is nothing more valuable for a man than his true heart connecting more deeply with the true heart of God.

### 2. Your story matters.

Fires are a space for men to share stories, struggles, dreams, and questions. A place for us to experience God together through the ancient practice of storytelling. We are all students, learning together what becoming wholehearted, mature men means. Teaching is not the point. If a man is inadvertently teaching instead of storytelling, there is permission to invite him to course-correct.

### 3. No bullshit allowed.

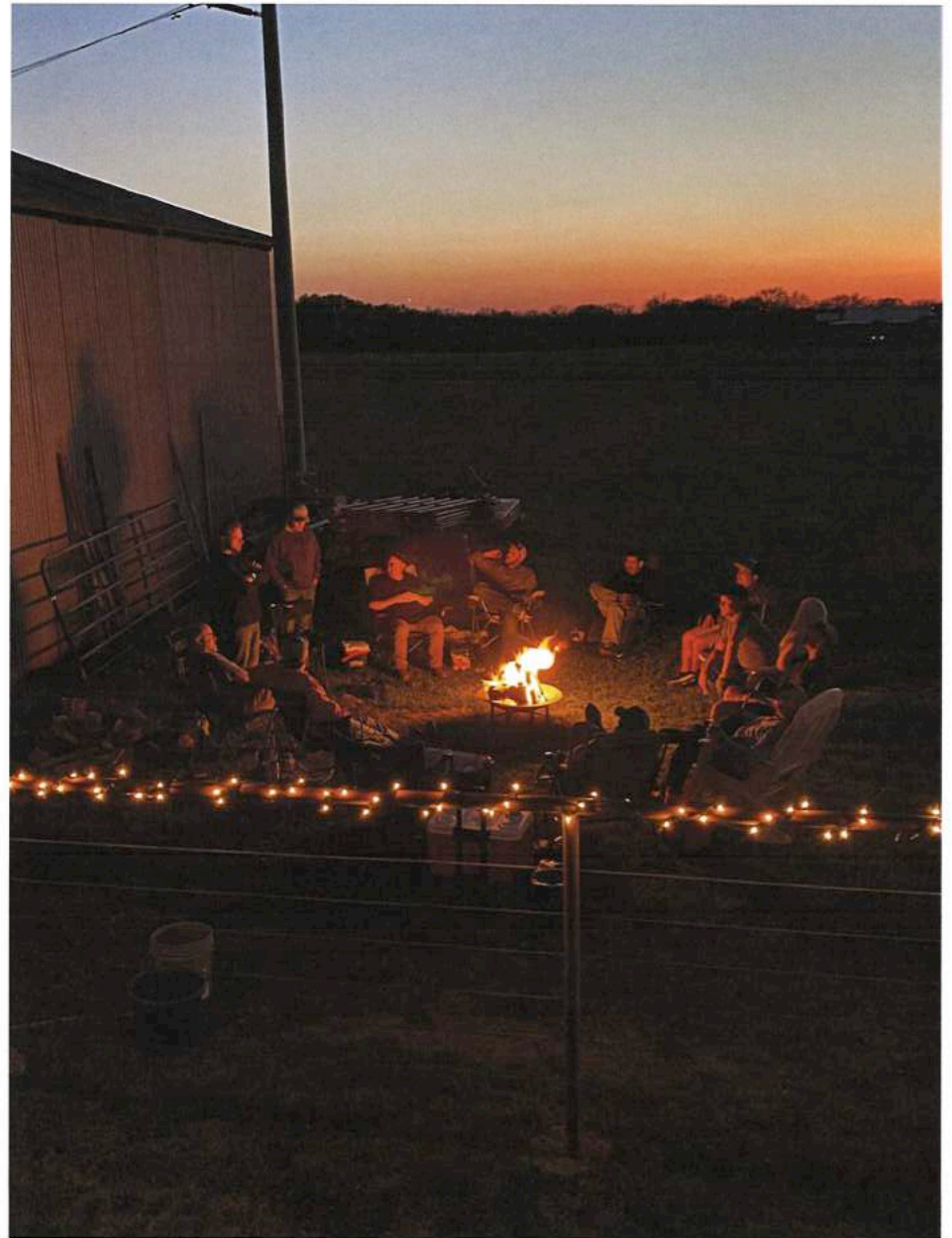
Fires are a space for authentic masculinity. The mission is to create a soul-safe, nonjudgemental space for all men to be welcomed and honored. It's essential to lead by example—no posing, hiding, or faking it. All of us will be tempted to pose. Vulnerability, courage, strength, and love are held in the highest regard. Each man has permission to show up exactly as he is—nothing to hide and nothing to prove.

### 4. Confidentiality is essential.

What is shared at a Fire stays at a Fire. Fires are a space for us to practice and play at being sons of God in authentic community. The spirit of the Fires is to learn, grow, and practice, becoming sons together. In order to foster that environment, every man's story is safe among these men and around these flames.

## GEAR LIST

- ✓ Firepit
- ✓ Firewood
- ✓ Firestarter
- ✓ Water source (to extinguish fire)
- ✓ Men can bring their own chairs
- ✓ Drinks (optional)
- ✓ Cigars (optional)
- ✓ Snacks (optional)
- ✓ Lights and extension cord (optional)
- ✓ Your authenticity and vulnerability (not optional)
- ✓ Dependence on God to lead (not optional)





## SAMPLE SCHEDULE

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5:45–6:00PM	<b>PRIVATE PRAYER CONSECRATION (MANDATORY)</b> Before the men arrive, the leader(s) should consecrate this Fire in prayer (see sample prayer on page 8).
6:00–6:30PM	<b>SET UP THE FIRE</b>
6:00–6:30PM	<b>MEN ARRIVE AND MINGLE</b>
6:30–6:45PM	<b>WELCOME</b> <b>REVIEW THE PURPOSE OF A FIRE.</b> Have a different man read each of the guidelines out loud. Welcome any questions on the guidelines or comments from men based on past experiences.  <b>OPEN IN PRAYER (OPTIONAL)</b> If you are led, invite the men to join you in a short prayer acknowledging this sacred space of authentic masculinity. Invite God to be at the center of everything. Consecrate the event, bringing it under God's care and into connection with him. Pray for safety for each man's soul, permission to "come as you are," and courage to be authentic without hiding or posing. Declare a spirit of sonship over the gathering: "We are your sons, God, and we ask you to Father us through this gathering."  <i>God, we consecrate this Fire and bring every aspect and dimension of this sacred space under your protection and care. We pray that each man's soul will be safe here, as a man. We ask for courage to show up as our authentic selves. We bring your love and your life around us. We enforce the love and life of Christ here and now. We stand against darkness and ask that your light and life would shine deeply in and through the hearts of every man. We say yes to you, Father, yes to you, Jesus, and yes to you, Holy Spirit. We give you full permission and access to do what only you can do. We are your sons. Through this Fire, help us become even more your sons and your kings.</i>

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6:45–7:15PM

**INTRODUCTION**

Take three minutes of silence for each man to recover his breath and come into the present moment. During that time, reflect on this sentence:

| “I am feeling [blank] about [blank] because of [blank].”

Now go around the circle and have each man share his name, whether or not he’s been to a Fire before, and his response to the prompt.

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7:15–8:20PM

**AUTHENTIC MASCULINE CONVERSATION**

This time is free-form, as God leads, based on the guidelines. It often helps to pose **one question** to get the conversation flowing. Here are a few examples:

- What comes up for you as you listen to the initial comments from other men?
  - Where do you feel behind?
  - Where have you felt alive as a man in recent days or months?
  - What is your most difficult relationship to navigate?
  - What is a current dilemma you are facing as a man?
  - Where are you being invited to risk? What is standing in the way?
  - Where do you feel impotent as a man?
  - What moment do you want to celebrate how you have lived and loved as a man this month?
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8:20–8:30PM

**CLOSE IN PRAYER**

As you are led, close the Fire out with a prayer based on the conversation from the evening.

- Honor the hard out at 8:30 pm to respect people’s time and let guys get back to their families. After the closing prayer, guys will often hang around to connect, pray, and share even more stories outside the group time. How you handle this is your choice. If the space allows and men can linger, welcome them to do so. If you, as a Fire Leader, need a hard out, you can assign tasks to close out the space and direct the men accordingly. The hope, in general, is to respect the men needing a hard out and make room for those who want to linger, go deeper, and keep engaging on the level of the heart.
  - Provide a free copy of *Wild at Heart* and *Becoming a King* to each first-time Fire participant.
  - **Let all the men know the date and time of the next Fire.** Our experience is that a Fire can be amazing with as few as three men, but it maxes out at 20 men. In some spaces, it’s even fewer. Therefore, regularly encourage men to start another Fire. And make sure they register their Fire at [WILDATHEART.ORG/FIRE](http://WILDATHEART.ORG/FIRE) so we can provide leaders with direct support and let other men know about their Fire.
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## SAMPLE CONSECRATION PRAYER

(FEEL FREE TO MAKE IT YOUR OWN AND WALK WITH GOD AS YOU UNIQUELY CONSECRATE YOUR FIRE.)

**F**ather, Jesus, and Holy Spirit, we consecrate this Fire and this gathering of men to you. We bring every man, every household, and every story of this Fire under the authority of Jesus. We bring every aspect of this gathering into your Kingdom, on earth as it is in heaven, here and now. We stand in your authority against every foul spirit, including religious spirits, spirits of shame, discouragement, and failure, and everything that would be set against the hearts of the men in this place.

We ask that the blood of Jesus would wash every man as he enters this sacred space. We bring your love and your life around us. We enforce the love and life of Christ here and now against all darkness. Jesus, we command your love and life to sweep away and fully defeat all darkness. We break every agreement that has been made with lies, and we come into full agreement with the truth. We agree with who you are, we agree with what you are doing, and we agree with how you are doing it. We say yes to you, Father, yes to you, Jesus, and yes to you, Holy Spirit. We give you full permission and access to do what only you can.

Amen.

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*We welcome your feedback so that we can continue to champion local Fires around the globe. If you have comments or questions or need more books or Fire Guidelines notecards, you can reach us at [SUPPORT@WILDATHEART.ORG](mailto:SUPPORT@WILDATHEART.ORG)*

For the Kingdom,  
The Wild at Heart team



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