

## Thanksgiving Passage 2001

### Psalm 30:1-12

- <sup>1</sup> I will exalt you, O LORD,  
for you lifted me out of the depths  
and did not let my enemies gloat over me.
- <sup>2</sup> O LORD my God, I called to you for help  
and you healed me.
- <sup>3</sup> O LORD, you brought me up from the grave;  
you spared me from going down into the pit.
- <sup>4</sup> Sing to the LORD, you saints of his;  
praise his holy name.
- <sup>5</sup> For his anger lasts only a moment,  
but his favor lasts a lifetime;  
weeping may remain for a night,  
but rejoicing comes in the morning.
- <sup>6</sup> When I felt secure, I said,  
“I will never be shaken.”
- <sup>7</sup> O LORD, when you favored me,  
you made my mountain stand firm;  
but when you hid your face,  
I was dismayed.
- <sup>8</sup> To you, O LORD, I called;  
to the Lord I cried for mercy:
- <sup>9</sup> “What gain is there in my destruction,  
in my going down into the pit?  
Will the dust praise you?  
Will it proclaim your faithfulness?”
- <sup>10</sup> Hear, O LORD, and be merciful to me;  
O LORD, be my help.”
- <sup>11</sup> You turned my wailing into dancing;  
you removed my sackcloth and clothed me with joy,
- <sup>12</sup> that my heart may sing to you and not be silent.  
O LORD my God, I will give you thanks forever.