THE SPEAKING LIFE

The monthly newsletter of Redeemed Life Ministries



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The Importance
Of Gratitude

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"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

1 Thessalonians 5:18

When you see all that God has done for you, your only response can only be thanksgiving. Even if God didn't do one more thing. We have enough reasons to thank Him for the rest of our lives.

Having a heart of gratitude in hard situations reminds us that life is not a problem to be solved but a gift to be enjoyed.(Psalm 118:24)





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Psalm100:4-5 encourages us to enter God's gates with thanksgiving and His courts with praise. Through church we get the joy and privilege of expressing our gratitude to God weekly with fellow believers through song, dance, tithes and offerings among other ways. Doing such acts of gratitude shows God that we appreciate Him for the love and care He so faithfully shows us daily.

Gratitude also cultivates humility in us as it reminds us that what we have has been given to us as a gift from God. Key to note is that gratitude is developed with intentionality. This means that in every season of your life, choose to focus on the things you are thankful to God for. Even when you are down, be thankful that you have God's word that can pull you out of any pit.

One of the greatest ways to show gratitude to God for all He has done for you is by serving others. You might be a secretary, teacher, doctor or preacher. What is important is that you do it with an attitude of service.

A heart of gratitude towards God for His grace will also stir us up to glorify God with our bodies. Whether it is keeping ourselves pure from sexual sin or standing for integrity in a corrupt world, we are able to stand firm because for us, it's the least we can do considering all He has done for us.

When your response to life is always gratitude, your faith also gets stronger and stronger because gratitude cultivates a blessed assurance in you that the one who said it will also do it.

