A.M. Braswell, Jr. Food Company Medical Plan

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 10/01/2013 – 9/30/2014

Coverage for: Employee Only | **Plan Type:** PPO

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at https://online.baibenefits.com/v3/login or by calling 1-877-840-0936.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	**$500**	You must pay all of the costs up to the **deductible** amount before this plan begins to pay for covered services you use. The **deductible** starts over January 1st each year. See the chart on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	Yes, there is a **$100** deductible for each visit to an Emergency Room.	The Emergency Room (ER) deductible is applied for each ER visit and does not accumulate towards the overall **deductible**.
Is there an out–of–pocket limit on my expenses?	Yes. For participating providers **$1,000** For non-participating providers **$3,000**	The **out-of-pocket limit** is the most you could pay during a coverage period (calendar year) for your share of the cost of covered services. This limit helps you plan for health care expenses. **This limit is in addition to the overall deductible.**
What is not included in the out–of–pocket limit?	Deductibles, premiums, balance-billed charges and health care treatment this plan doesn't cover.	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	Yes, $2,000,000/Calendar Year.	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as physical therapy and a skilled nursing facility.
Does this plan use a network of providers?	Yes. See http://www.industrybuyinggroup.com or call toll free (888) 511-1878 to find participating providers.	If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No, you don't need a referral to see a specialist.	You can see the **specialist** you choose without permission from this plan.
Are there services this	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan

plan doesn't cover?		document for additional information about **excluded services**.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
	Specialist visit	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
	Other practitioner office visit	20% coinsurance, after deductible	40% coinsurance, after deductible	Coverage is limited for: Home Health Care – 100 visits/year, Outpatient Rehab, physical or occupational therapy – 26 visits/year & Skilled Nursing Facility – 30 days/year.
	Preventive care/screening/immunization	No charge	Not covered	————————none————————
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
	Imaging (CT/PET scans, MRIs)	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.[insert].	Generic drugs	$10 copay retail, $10 copay mail order	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription)
	Preferred brand drugs	$30 copay retail, $30 copay mail order	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription)
	Non-preferred brand drugs	$30 copay retail, $30 copay mail order	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription)
	Specialty drugs	$30 copay retail, $30 copay mail order	Not covered	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription) **MUST** be Pre-certified.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance, after deductible	40% coinsurance, after deductible	——————none——————
	Physician/surgeon fees	20% coinsurance, after deductible	40% coinsurance, after deductible	——————none——————
If you need immediate medical attention	Emergency room services	20% coinsurance, after deductible	40% coinsurance, after deductible	$100 ER deductible applied unless immediately admitted as inpatient
	Emergency medical transportation	20% coinsurance, after deductible	20% coinsurance, after deductible	——————none——————
	Urgent care	20% coinsurance, after deductible	40% coinsurance, after deductible	——————none——————
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance, after deductible	40% coinsurance, after deductible	Allowable cost is average semi-private room rate. Pre-certification required.
	Physician/surgeon fee	20% coinsurance, after deductible	40% coinsurance, after deductible	——————none——————

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
	Mental/Behavioral health inpatient services	20% coinsurance, after deductible	40% coinsurance, after deductible	Pre-certification required
	Substance use disorder outpatient services	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
	Substance use disorder inpatient services	20% coinsurance, after deductible	40% coinsurance, after deductible	Pre-certification required
If you are pregnant	Prenatal and postnatal care	20% coinsurance, after deductible	40% coinsurance, after deductible	Employee and Spouse only
	Delivery and all inpatient services	20% coinsurance, after deductible	40% coinsurance, after deductible	Employee and Spouse only
If you need help recovering or have other special health needs	Home health care	20% coinsurance, after deductible	40% coinsurance, after deductible	Maximum 100 visits/year
	Rehabilitation services	20% coinsurance, after deductible	40% coinsurance, after deductible	Maximum 26 visits/year for physical or occupational therapy
	Habilitation services	Not covered	Not covered	————————none————————
	Skilled nursing care	20% coinsurance, after deductible	40% coinsurance, after deductible	Skilled Nursing Facility – maximum 30 days/year. Pre-certification required.
	Durable medical equipment	20% coinsurance, after deductible	40% coinsurance, after deductible	Rentals limited to purchase price
	Hospice service	20% coinsurance, after deductible	40% coinsurance, after deductible	————————none————————
If your child needs dental or eye care	Eye exam	Not covered	Not covered	Covered if due to injury or illness
	Glasses	Not covered	Not covered	————————none————————
	Dental check-up	Not covered	Not covered	————————none————————

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric Surgery
- Cosmetic Surgery
- Dental Care
- Hearing Aids
- Infertility Treatment
- Long Term Care
- Non-emergency care when traveling outside the United States
- Private Duty Nursing
- Routine Eye Care
- Routine foot care
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at **912-764-6191**. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Jessica Mika, A.M. Braswell, Jr. Food Company, Inc. (912) 764-6191. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $5,970
- **Patient pays** $1,570

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$500
Copays	$40
Coinsurance	$1,000
Limits or exclusions	$30
Total	**$1,530**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $3,698
- **Patient pays** $1,702

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$500
Copays	$237
Coinsurance	$925
Limits or exclusions	$40
Total	**$1,702**

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.