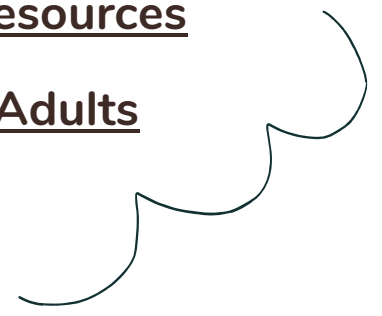
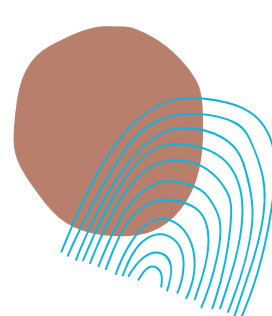


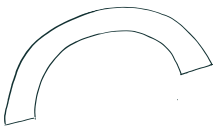
Still Kicking Resources

Confronting Ageism and Ableism

Created by
Old School in
collaboration with
Kelly Durden
Posey

- About that OTHER Word - Dr. Bill Thomas
- Identity and Intersectionality: More Than the Sum of Our Parts
- Age, Race, Class and Sex: Women Redefining Difference - Audre Lorde
- My Life Has Quality - Elsa R. Sjunneson
- Bull looks different excerpt from This Chair Rocks - Ashton Applewhite
- Metta For the Difficult - James Baraz
- The Micropedia of Microaggressions
- Old School Clearinghouse
- Intersectionality of Disability Experiences
- Let's Dismantle Ageism
- National Disability Organizations and Resources
- How Ableism and Ageism Affect Older Adults





Still Kicking Glossary

- **ableism** - discrimination and prejudice against people with disabilities
- **ageism** - discrimination and prejudice on the basis of age
- **bias** - how we think, feel, and act: attitudes, beliefs, and stereotypes
 - **conscious bias** - when we are aware of the bias we hold
 - **unconscious bias** - when we are unaware of the bias we hold
 - **internalized bias** - biasing ourselves, consciously or unconsciously
- **capitalism** - an economic system based on private ownership and profit
- **classism** - discrimination and prejudice on the basis of social class
- **disability** - not an individual tragedy, but a natural part of human diversity
- **discrimination** - actions that lead to harm, disadvantage, and injustice
- **equitable** - systematic fair treatment of all people
- **homophobia** - the dislike and fear of gay people
- **intersectionality** - different stigmas interacting and reinforcing each other
- **normal** - an imaginary standard
- **olders** - older people
- **prejudice** - how we feel about others
- **racism** - discrimination and prejudice based on race or ethnicity
- **sexism** - prejudice or discrimination based on gender
- **stigma** - negative assumptions
- **youngers** - younger people

