

SUMMER SCHOOL TAKEAWAYS

Montréal | August 2024

This schedule was an open scaffolding for our time together. It used [Liberating Structures](#), mainly Open Space Technology. What we ended up creating was up to the group as a whole. We had many generative conversations and connections, the kind that are only possible in person. The convening began with activities to create a container. Four separate sessions offered opportunities to reflect, change roles, and let new priorities emerge. We concluded by exploring how we could bring what we discovered out into the world.

DAY 1 Saturday, August 17 10am-5pm	
10-12	Prelude First, we'll move our bodies in ways that work for us individually and that explore how we might work together. Then we'll pair up to find out what brought us here and what we hope to give and to gain.
12-1	Welcome + Lunch Over lunch, together, the Old School team will introduce themselves and explain the structure of our time together in more detail.
1-1:30	Creating a container We'll agree on principles to follow in order to make the most of our time together.
1:30-2	Why are we here? We'll work in groups, and as a whole, to define the purpose of our time together.
2-2:30	What can we each contribute? We'll explore what we each hope to offer during our time together and what role(s) we hope to fill for optimal engagement.
2:30-3	Reflection & movement After a guided reflection, movement coach David Wilson will lead an activity to help us integrate and embody what we've experienced so far, and provide a framework for exploring possibility.
3-4	Where would we like to end up? First, we'll go over how to organize the rest of our time together, then decide on what we hope the outcome will be.
4-4:30	Defining sessions We'll brainstorm answers to the question 'what do we need to talk about/do together to achieve our goal?' and arrive at topics for the session that closes the day.
4:30-5	Session 1 Conveners facilitate/attend the first group of their choice.

DAY 2 Sunday, August 18 9am-5pm	
9-9:30	Movement A guided movement practice will wake up our bodies and minds and invoke curiosity, care, receptivity and playfulness.
9:30-10	Recap of Day 1
10-10:30	(Re)defining sessions We'll reflect on the recap, and add/remove/edit/combine topics as needed.
10:30 -11:30	Session 2 Conveners facilitate/attend the group of their choice.
11:30-12:30	(Re)defining sessions We'll get feedback from the previous session, reflect, and again add/remove/edit/combine topics as needed.
12:30-1:30	Session 3 + lunch Conveners facilitate/attend the group of their choice over lunch.
1:30-2:30	Reflection & movement Guided reflection and movement to integrate what has surfaced so far.
2:30-3:15	(Re)defining sessions We'll come together, share all that has emerged, and once again add/remove/edit/combine topics as needed.
3:15-4:15	Session 4 Conveners facilitate/attend the group of their choice.
4:15-5	Capturing key takeaways We come back together, reflect, and capture what surfaced during the day.

DAY 3 Monday, August 19 9am-1pm	
9-10	Movement Move together in ways that demonstrate how there are many ways to start, to continue, to connect, and to find support.
10-10:30	Where have we traveled? We review what has emerged over the last two days in the context of our shared goal.
10:30-11	Where do we go from here? Together, we'll explore what we know now that we didn't know before the gathering, and what we hope to get and give from each other going forward
11-11:30	What are our most powerful actionable ideas? We'll generate and rank our ideas for what comes after this convening.
11:30 - 12:30	What's my role? With a little help from our friends, we'll uncover how each of us can help make this happen.
12:30-1	Lunch & closing We share one last meal and reflect on all we've done and our dreams going forward.

[+ more here](#)