

Don't Call Because I'm Old

by Kay Augustine

The Facebook Meme from a
“Wise Woman in North Carolina”
says

old folks may be lonely; you should
call them now and then.

At 86 well into my 87th year, I regret
some actions I took when younger
to relieve my painful loneliness, but
I'm never lonely now.

Time has become
my most valuable commodity.
I often use it to communicate—by
phone or email—with friends
and family. The last thing I need
is someone calling now and then
because they think I'm lonely.

Please. No.