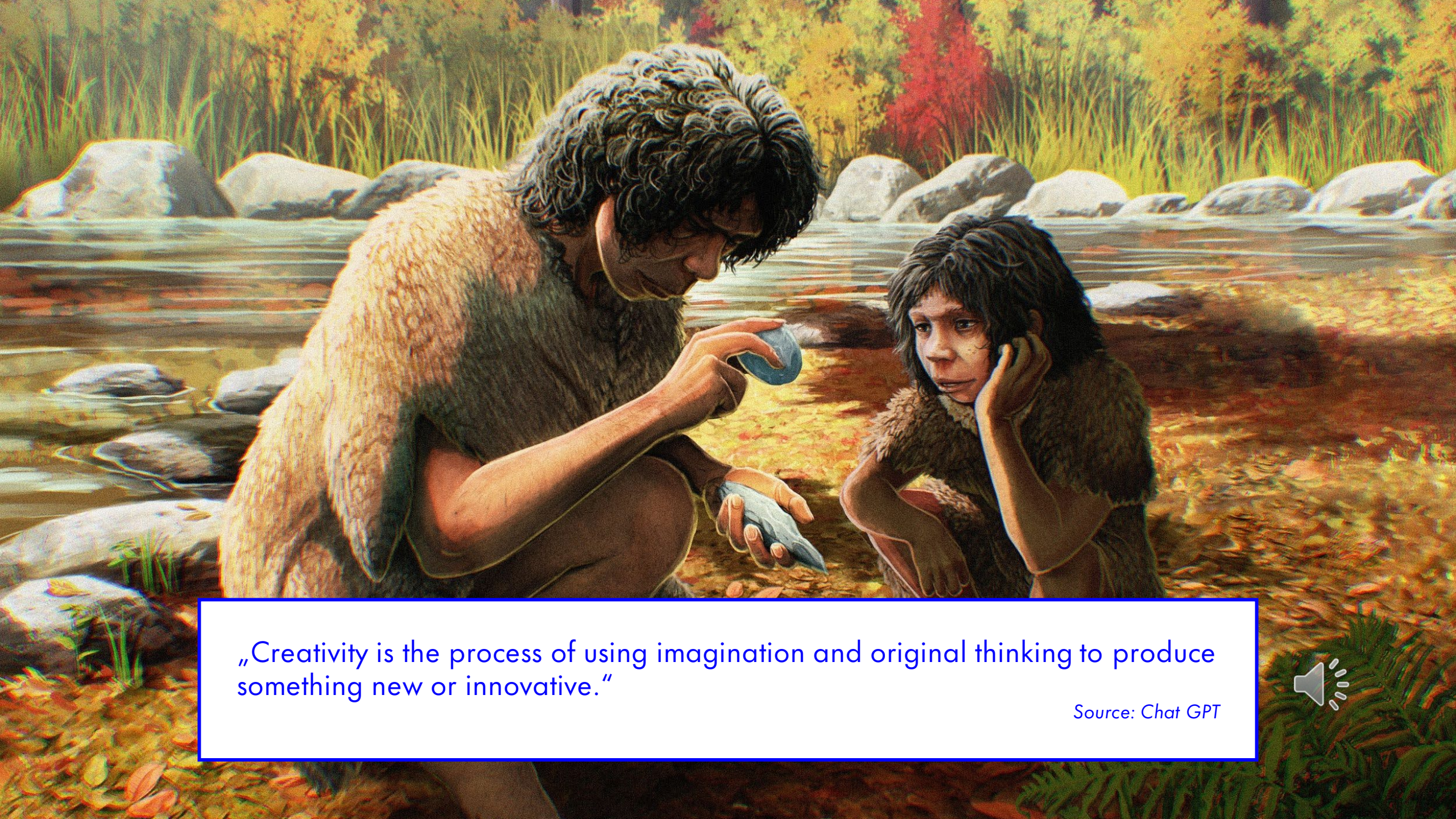


Creastivity

by Diana Bylen





„Creativity is the process of using imagination and original thinking to produce something new or innovative.“

Source: Chat GPT



A green cartoon character with a large head and a blue shirt is shown from the chest up. The character has its eyes closed and a single blue tear is visible on its cheek. It is holding a brown bowl with both hands. The background is a solid grey color.

Is it genetic?

Do I have to be talented?

I was born without a talent ...

I can't draw so I'm not creative.

I have always been good at math anyways.





We wanted to express ourselves.

We went to school and that's where
the competition and comparison has started.





Le Petit Prince





Creativity = freedom





start with

Kindness (*to yourself and other creatives*)
& **openmindness** (*everything has more POVs*)



Okay now we are kind and openminded.

We realize that past and experiences dont define us.



Now what, Diana??



~~Not a~~ 100% **instructions**
on **how to be creative**

from a student

that has almost burned out while doing her theses-

Diana Bylen



1. Idea

**Catching ideas while riding the tram,
taking a shower
or before the sleep time**

2. A beer with friends or a run

3. Moodboard & sketch

4. A beer with friends or a run

5. First drafts

6. A beer with friends or a run



= not going crazy about it,
giving yourself a break to let it breathe,
have a proper time management,
nobody knows yourself better than you do.



& get inspired outside

