

$$\begin{aligned}
\frac{d^2 U(r)}{dr^2} &= -rn(r) \\
\int_0^{r_c} \frac{d^2 U(r)}{dr^2} U(r) dr &= - \int_0^{r_c} rn(r) U(r) dr \\
\int_0^{r_c} \frac{d^2 U(r)}{dr^2} U(r) &= \int_0^{r_c} \frac{d}{dr} \left[\frac{dU(r)}{dr} \right] U(r) \\
\int_0^{r_c} \frac{d}{dr} \left[\frac{dU(r)}{dr} \right] U(r) &= \frac{dU(r)}{dr} U(r) \Big|_0^{r_c} - \int_0^{r_c} \frac{dU(r)}{dr} \frac{dU(r)}{dr} dr \\
\int_0^{r_c} \frac{d}{dr} \left[\frac{dU(r)}{dr} \right] U(r) &= - \int_0^{r_c} \frac{dU(r)}{dr} \frac{dU(r)}{dr} dr, \because U(0) = \frac{dU(r)}{dr} \Big|_{r=r_c} = 0 \\
\int_0^{r_c} \frac{dU(r)}{dr} \frac{dU(r)}{dr} dr &= \int_0^{r_c} rn(r) U(r) dr
\end{aligned}$$