$$\begin{split} \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \left( -\frac{1}{2} \frac{d^{2}}{dr^{2}} - \frac{1}{r} \frac{d}{dr} - \frac{2}{r} \right) \phi(r) dr &= E \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \phi(r) dr \\ \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \left( -\frac{1}{2} \frac{d^{2}}{dr^{2}} \right) \phi(r) dr &= -\frac{1}{2} \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \frac{d^{2} \phi(r)}{dr^{2}} \\ &= -\frac{1}{2} \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \frac{d}{dr} \left[ \frac{d\phi(r)}{dr} \right] dr \\ &= -\frac{r^{2}}{2} \phi^{*}(r) \frac{d\phi(r)}{dr} \Big|_{0}^{r_{c}} + \frac{1}{2} \int_{0}^{r_{c}} \frac{d}{dr} \left[ r^{2} \phi^{*}(r) \right] \frac{d\phi(r)}{dr} dr \\ &= \frac{1}{2} \int_{0}^{r_{c}} \frac{d}{dr} \left[ r^{2} \phi^{*}(r) \right] \frac{d\phi(r)}{dr} dr \quad \because \quad \phi^{*}(r_{c}) = 0 \\ &= \frac{1}{2} \int_{0}^{r_{c}} \left[ 2r \phi^{*}(r) + r^{2} \frac{d\phi^{*}(r)}{dr} \right] \frac{d\phi(r)}{dr} dr \\ &= \int_{0}^{r_{c}} r \phi^{*}(r) \frac{d\phi(r)}{dr} dr + \int_{0}^{r_{c}} \frac{r^{2}}{2} \frac{d\phi^{*}(r)}{dr} \frac{d\phi(r)}{dr} dr \\ &= \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \left( -\frac{1}{r} \frac{d}{dr} \right) \phi(r) dr = -\int_{0}^{r_{c}} r \phi^{*}(r) \frac{d\phi(r)}{dr} dr + \int_{0}^{r_{c}} \frac{r^{2}}{2} \frac{d\phi^{*}(r)}{dr} \frac{d\phi(r)}{dr} dr \\ &- \int_{0}^{r_{c}} r \phi^{*}(r) \frac{d\phi(r)}{dr} dr - 2 \int_{0}^{r_{c}} r \phi^{*}(r) dr dr + 2 \int_{0}^{r_{c}} r \phi^{*}(r) \phi(r) dr \\ & \therefore \int_{0}^{r_{c}} \left[ \frac{r^{2}}{2} \frac{d\phi^{*}(r)}{dr} \frac{d\phi(r)}{dr} - 2r \phi^{*}(r) \phi(r) \right] dr = E \int_{0}^{r_{c}} r^{2} \phi^{*}(r) \phi(r) dr \end{aligned}$$