# Beyond modelocking: High repetition-rate frequency combs derived from a continuous-wave laser

by

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Beyond modelocking: High repetition-rate frequency combs derived from a continuous-wave laser Thesis directed by Dr. Scott A. Diddams

Optical frequency combs based on modelocked lasers have revolutionized precision metrology by enabling measurements of optical frequencies, with implications both for fundamental scientific questions and for applications such as fast, broadband spectroscopy. In this thesis, I describe advances in the generation of frequency combs without modelocking in platforms with smaller footprints and higher repetition rates, with the ultimate goal of bringing frequency combs to new applications in a chip-integrated package. I discuss two approaches for comb generation: parametric frequency conversion in Kerr microresonators and active electro-optic modulation of a continuous-wave laser. After introducing microresonator-based frequency combs (microcombs), I discuss two specific developments in microcomb technology: First, I describe a new, extremely reliable method for generation of soliton pulses through the use of a phase-modulated pump laser. This technique removes the dependence on initial conditions that was formerly a universal feature of these experiments, presenting a solution to a significant technical barrier to the practical application of microcombs. Second, I present observations of 'soliton crystal' states with highly structured 'fingerprint' optical spectra that correspond to ordered pulse trains exhibiting crystallographic defects. These pulse trains arise through interaction of solitons with avoided mode-crossings in the resonator spectrum. I also discuss generation of Kerr soliton combs in the Fabry-Perot (FP) geometry, with a focus on the differences between the FP geometry and the ring geometry that has been the choice of most experimenters to date. Next, I present results on combs based on electro-optic modulation. I discuss the operational principle, and then describe the first self-referencing of a frequency comb of this kind and a proofof-principle metrology experiment. Finally, I discuss a technique for reducing the repetition rate of a high-repetition-rate frequency comb, which will be a necessary post-processing step for some applications. I conclude with a discussion of avenues for future research.

### Contents

1	Introduction				
	1.1	Optical frequency combs	2		
		1.1.1 Optical pulse trains and their spectra	2		
		1.1.2 Frequency stabilization of optical pulse trains	5		
$\mathbf{A}$	A Numerical simulations of nonlinear optics				
	A.1	RK4IP algorithm	9		
	A.2	Adaptive step-size algorithm	10		
	A.3	Pseudocode for numerical simulation with the RK4IP algorithm and adaptive step size $\frac{1}{2}$	11		
		A.3.1 Simulation of the LLE	12		
		A.3.2 Simulation of the GNLSE	13		
Re	References				

## Figures

1.1	Optical frequency combs in the time and frequency domains	4
1.2	Measurement of the carrier-envelope offset frequency via $f = 2f$ self-referencing	8

#### Chapter 1

#### Introduction

The invention of the optical frequency comb two decades ago initiated a revolution in precision measurement by dramatically improving the resolution with which we can conveniently measure time and frequency [1–5]. This revolution was brought about by the realization of a simple scheme<sup>1</sup> by which the hundreds-of-terahertz-scale optical frequencies of a modelocked laser could be measured electronically, and was facilitated by the development of high performing solid-state femtosecond laser technology such as the Ti:sapphire laser. Optical frequency combs have found important roles in experiments and applications in contexts including the first demonstration of an optical atomic clock [7], systems for ultra-low-noise microwave synthesis [8], broadband spectroscopy applications [9, 10], optical arbitrary waveform generation [11], and stable long-term calibration of astronomical spectrographs for exoplanet detection [12]. Further development of the technology beyond the first stabilization of the Ti:sapphire laser that heralded the frequency comb's arrival has enabled combs to reach applications across many wavelength bands [13–16]. The technology is reaching maturity, and frequency combs have been commercially available for some time.

In the last decade, methods for generating optical frequency combs without a modelocked laser have begun to suggest new ways to bring their capabilities to applications outside the controlled environment of the research laboratory. These new frequency combs come with higher repetition rates, and this makes them particularly attractive for applications where high power per comb mode, individual accessibility of comb modes, and fast acquisition times are desired. These applications

<sup>&</sup>lt;sup>1</sup> that required markedly *less* simple advancements in capabilities in nonlinear optics [6].

include arbitrary microwave and optical waveform generation, telecommunications, and broadband, fast-acquisition-time spectroscopy. Moreover, these combs come with lower size, weight, and power (SWAP) requirements, which will enable them to bring the features that make modelocked-laser-based combs attractive into the field, enabling e.g. direct optical frequency synthesis on a chip [17].

This thesis focuses on these new approaches for frequency comb generation. The bulk of the thesis covers microresonator-based frequency combs, and especially the nonlinear dynamics involved in the generation of these frequency combs via the Kerr nonlinearity; an introduction to this field is provided in Chapter ??. Chapters ??-?? describe advancements in the field. Chapter ?? presents a second method for generating a high-repetition-rate frequency comb without modelocking that is based on active modulation of a CW seed laser and subsequent nonlinear spectral broadening. In Chapter ??, I present experimental and theoretical investigations of repetition-rate reduction of frequency combs via pulse gating, which may prove useful for adapting low-SWAP combs and their intrinsically high repetition rates to some applications as the technology continues to develop. Finally, in Chapter ?? I discuss avenues for further research.

In the remainder of this chapter, I discuss the basic properties of frequency combs and explain how the optical frequencies making up a comb can be fully determined by electronics operating with gigahertz-scale bandwidths.

#### 1.1 Optical frequency combs

An optical frequency comb is obtained by fully stabilizing the spectrum of an optical pulse train. The first frequency combs came about through full frequency-stabilization of modelocked lasers; this thesis focuses on frequency combs with pulse trains generated through other means.

#### 1.1.1 Optical pulse trains and their spectra

In the time domain, a frequency comb consists of a train of uniformly spaced optical pulses arriving at the pulse train's repetition rate  $f_{rep}$ , which within the rapidly expanding space of frequency

comb technology is between  $\sim 10$  MHz and  $\sim 1$  THz. These pulses are typically very short compared to their repetition period  $T=1/f_{rep}$ , with durations on the order of 100 fs. In the frequency domain, the comb consists of a set of modes that are spaced by  $f_{rep}$  in frequency and that have amplitudes determined by an overall spectral envelope centered at the optical carrier frequency  $\nu_c$  ( $\sim 193$  THz in this thesis), with bandwidth inversely related to the temporal duration of the pulses. The usual description of a frequency comb, which is natural for modelocked-laser-based combs that are not derived from a CW laser, gives the frequencies of these modes as

$$\nu_n = n f_{rep} + f_0, \tag{1.1}$$

where  $n \sim \nu_c/f_{rep}$  for the optical modes that make up the comb and  $f_0$  is the carrier-envelope offset frequency, which may be defined to be between 0 and  $f_{rep}$ . The offset frequency results from the pulse-to-pulse evolution of the carrier wave underneath the temporal intensity envelope of the pulses due to a difference in group and phase velocities. An equivalent representation of the frequencies of the comb that is more natural for frequency combs directly derived from a CW laser, as described in this thesis, is

$$\nu_{\mu} = \nu_c + \mu f_{rep},\tag{1.2}$$

where  $\nu_c$  is the frequency of the CW laser, the 'pump' or 'seed' laser, from which the frequency comb is derived and  $\mu$  is a pump-referenced mode number, in contrast with the zero-referenced mode number n of Eq. 1.1. Now the carrier-envelope offset frequency  $f_0$  is found in the difference between  $\nu_c$  and the closest harmonic of  $f_{rep}$ :  $f_0 = \nu_c - N f_{rep}$ , where N is the largest integer such that  $f_0 > 0$ . Fig. 1.1 depicts the properties of a frequency comb in the time domain and the frequency domain.

It is useful to consider a mathematical treatment of an optical pulse train to understand the relationships presented above. In the time domain, the electric field E(t) of the pulse train consists of optical pulses that arrive periodically and have baseband (centered at zero frequency) field envelope A(t) multiplying the carrier wave of angular frequency  $\omega_c = 2\pi\nu_c$ :

$$E(t) = \sum_{k=-\infty}^{\infty} A(t - kT)e^{i\omega_c t}.$$
(1.3)

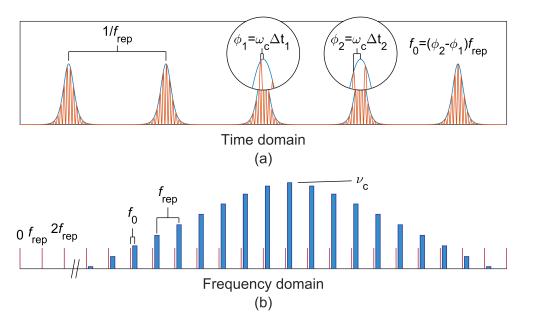


Figure 1.1: Optical frequency combs in the time and frequency domains. (a) Time-domain depiction of a frequency comb as a train of pulses spaced by  $1/f_{rep}$ . The intensity envelope is shown in blue, and the carrier wave is shown in orange. The carrier-envelope offset frequency  $f_0$  arises from a phase-slip of the carrier with respect to the intensity envelope from pulse to pulse. Specifically, if phases  $\phi_j = \omega_c \Delta t_j$  are traced out by the carrier wave between its maximum and the  $j^{\text{th}}$  peak of the pulse train, then  $f_0 = \frac{\phi_{j+1} - \phi_j}{2\pi} f_{rep}$ . (b) Frequency-domain depiction of the same frequency comb. The comb modes (shown in blue) are centered around an optical frequency  $\nu_c$  and offset from harmonics of the repetition rate  $f_{rep}$  (shown in red) by a frequency shift  $f_0$ . Note that the x-axis has been broken, and the zero-referenced mode numbers of the comb modes shown are large, e.g.  $n \sim 19340$  for a 10 GHz repetition-rate comb centered at 1550 nm wavelength (see Chapter ??).

Here, T is the repetition period of the pulse train. Eq. 1.3 can be viewed as describing a laser of angular frequency  $\omega_c$  with a time-varying amplitude. This temporal modulation leads to the distribution of the power across a spectrum whose width scales inversely with the temporal duration of A. Intuitively, the spectrum of the comb is the spectrum of the periodic baseband field envelope<sup>2</sup>  $\Sigma_k A(t-kT)$ , shifted by the multiplication with  $e^{i\omega_c t}$  so that it is centered around the optical carrier. More formally, we can calculate the frequency content of the comb by calculating

$$\mathcal{F}\left\{E\right\}(\omega) \sim \left(\sum_{k=-\infty}^{\infty} \mathcal{F}\left\{A(t-kT)\right\}\right) * \delta(\omega - \omega_c),$$
 (1.4)

which results from the convolution (denoted by \*) theorem for Fourier transforms;  $\mathcal{F}$  denotes Fourier transformation. We use the Fourier transform's property that a temporal translation results in a

<sup>&</sup>lt;sup>2</sup> which, as the spectrum of a periodic function, is already a comb.

linear spectral phase shift to obtain:

$$\mathcal{F}\left\{E\right\} \sim \left(\mathcal{F}\left\{A\right\} \times \sum_{k=-\infty}^{\infty} e^{-i\omega kT}\right) * \delta(\omega - \omega_c).$$
 (1.5)

The quantity  $\Sigma_k e^{-i\omega kT}$  is the Fourier-series representation of the series of  $\delta$ -functions  $\Sigma_\mu \delta(\omega - 2\pi\mu/T)$ , so we have

$$\mathcal{F}\left\{E\right\}\left(\omega\right) \sim \left(\mathcal{F}\left\{A\right\} \times \sum_{\mu=-\infty}^{\infty} \delta\left(\omega - 2\pi\mu/T\right)\right) * \delta(\omega - \omega_c),$$
 (1.6)

and performing the convolution leads to the replacement of  $\omega$  with  $\omega - \omega_c$ , leading to:

$$\mathcal{F}\left\{E\right\} \sim \sum_{\mu=-\infty}^{\infty} \delta\left(\omega - \omega_c - \mu\omega_r\right) \mathcal{F}\left\{A\right\} (\omega - \omega_c),\tag{1.7}$$

where  $\omega_{rep} = 2\pi f_{rep} = 2\pi/T$ . This expression indicates that the spectrum of the comb has frequency content at modes  $\nu_{\mu} = \nu_c + \mu f_{rep}$ , and that their amplitudes are determined by the spectrum of the baseband field envelope, shifted up to the optical carrier frequency  $\nu_c$ . This is the natural formulation in the case of a comb derived from a CW laser, but it obscures the carrier-envelope offset frequency in the difference between  $\nu_c$  and the nearest multiple of the repetition rate, as discussed above. In practice, if  $f_{rep}$  is known, then a measurement of  $f_0$  is equivalent to a measurement of the frequency of the input CW laser.

#### 1.1.2 Frequency stabilization of optical pulse trains

The scientific need for a method to measure optical frequencies motivated the development of optical frequency combs. While the measurement bandwidth of electronic frequency counters has improved since 1999, it remains limited to frequencies roughly one million times lower than the frequency of, e.g., visible red light. Frequency combs present a method for measurement of the unknown frequency  $f_{opt}$  of an optical signal through heterodyne with a frequency comb—if  $f_{opt}$  falls within the bandwidth of the frequency comb, then the frequency of the heterodyne between the comb and the signal is guaranteed to be less than  $f_{rep}/2$ , which at least for modelocked-laser-based combs can be measured electronically. Therefore, if the frequencies of the comb are known, measurement of the heterodyne of the comb with the signal reveals the frequency of the signal, provided that the

comb mode number and sign of the beat can be determined. This can be done via a wavelength measurement if sufficient precision is available, or by measuring the change  $\partial f_b/\partial f_{rep}$ , where  $f_b$  is the measured frequency of the beat.

The unique utility of the optical frequency comb lies in the fact that measurement of the two microwave frequencies  $f_{rep}$  and  $f_0$ , along with a measurement of the spectral envelope, is sufficient to determine the optical frequencies of all of the modes of the comb, thereby enabling frequency measurement of optical signals. Measurement of the repetition rates of optical pulse trains was possible for many years before the realization of optical frequency comb technology, as this can be done by simply impinging the pulse train on a photodetector. It was the confluence of several technological developments around the turn of the twenty-first century that allowed detection and measurement of the carrier-envelope offset frequency, thereby enabling creation of fully-stabilized modelocked-laser pulse trains: optical frequency combs.

The carrier-envelope offset frequency of a pulse train is challenging to measure because it describes evolution of the optical carrier wave underneath the intensity envelope, and therefore cannot be measured through straightforward detection of the intensity of the pulse train. Presently, the most straightforward way to measure  $f_0$  is f - 2f self-referencing. This can be performed only with a pulse train whose spectrum spans an octave—a factor of two in frequency. Given such an octave-spanning supercontinuum spectrum, a group of modes near mode number N is frequency-doubled in a medium with the  $\chi^{(2)}$  nonlinearity [18]. This frequency-doubled light is heterodyned with the native light in the supercontinuum with mode number near 2N. The frequency of the resulting beat  $f_b$  is:

$$f_b = f_{doubled} - f_{native} \tag{1.8}$$

$$= 2(Nf_{rep} + f_0) - (2Nf_{rep} + f_0)$$
(1.9)

$$= f_0. (1.10)$$

Such a scheme is typically performed in a 'f-2f interferometer,' which is depicted in Fig. 1.2. Generating the necessary octave-spanning supercontinuum spectrum typically requires nonlinear spectral broadening of the pulse train after its initial generation, except for in specific, carefully engineered cases (e.g. [19]). Achieving the required degree of spectral broadening while preserving the coherence properties of the pulse train is a significant challenge—in the past this has typically required launching a train of high energy (~1 nJ), temporally short ( $\leq$  100 fs) pulses into the spectral-broadening stage. Recent developments in nonlinear waveguide technology have relaxed these requirements slightly (e.g. Ref. [20]), but maintaining the coherence of the pulse train during spectral broadening remains one of the important engineering considerations in designing optical frequency comb systems, as discussed in Chapters ?? and ??.

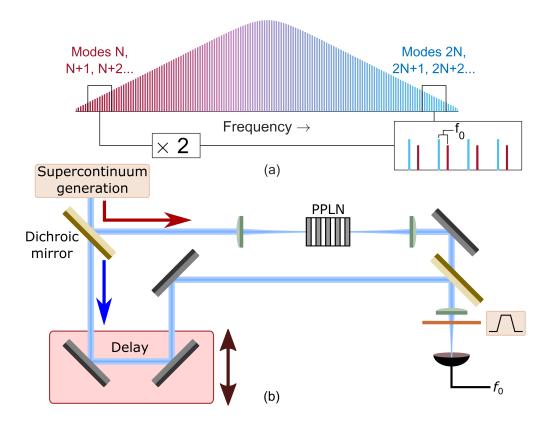


Figure 1.2: Measurement of the carrier-envelope offset frequency  $f_0$  via f-2f self-referencing. (a) Frequency-domain depiction of f-2f self-referencing: Light on the low frequency end of an octave-spanning supercontinuum is frequency-doubled, and then heterodyned with light on the high frequency end near twice its frequency, enabling measurement of the carrier-envelope offset frequency. (b) Schematic depiction of a basic f-2f interferometer: After supercontinuum generation, a dichroic mirror splits the light by wavelength, and the low-frequency end of the supercontinuum is sent (red arrow) through a nonlinear crystal for frequency-doubling. Here the crystal is periodically-poled lithium niobate (PPLN), where quasi-phase-matching is employed for efficient doubling of the target modes. The high-frequency end is sent (blue arrow) through a delay stage, which can be adjusted to compensate for temporal walk-off between spectral the components (modes  $\sim N$  and modes  $\sim 2N$ ) required for self-referencing during the supercontinuum-generation process. The paths are then re-combined by a second dichroic mirror and sent through a narrow optical bandpass filter centered around the doubled modes, which filters out unnecessary light and increases the signal-to-noise ratio of the detected  $f_0$  signal. Photdetection of the band-passed beam then reveals  $f_0$ .

#### Appendix A

#### Numerical simulations of nonlinear optics

This appendix describes the algorithm used for numerical simulation of the generalized nonlinear Schrodinger equation (GNLSE) and Lugiato-Lefever equation (LLE) to obtain the results presented in the preceding chapters in this thesis. These equations are simulated with Matlab using a fourth-order Runge-Kutta interaction picture (RK4IP) method [144] with adaptive step size [143]. The RK4IP method is a particular algorithm in the broader class of split-step Fourier algorithms, in which nonlinearity is implemented in the time domain and dispersion is implemented in the frequency domain. An illustrative example of this split-step Fourier approach is a far simpler algorithm carried out with a single line of Matlab code to simulate the LLE:

psi=ifft (exp(delta\*L).\*fft (exp(delta\*(li\*abs(psi).^2+F./psi)).\*psi)); where delta is the step size and L is a linear frequency-domain dispersion operator ( $\hat{L}$ , see below) that has been defined in the preceding code. The RK4IP algorithm with adaptive step size is advantageous over this simple algorithm in calculation time and in the scaling of error with the step size.

#### A.1 RK4IP algorithm

The LLE (NLSE) describes the evolution of the field  $\psi$  (A), a function of a fast variable  $\theta$  (T), over a timescale parametrized by a slow variable  $\tau$  (z). In what immediately follows we use the variable names corresponding to the LLE for simplicity. Each of these equations can be written as the sum of a nonlinear operator  $\hat{N}$  and a linear operator  $\hat{L}$  acting on  $\psi$ , so that the field  $\psi$  evolves

as

$$\frac{\partial \psi}{\partial \tau} = (\hat{N} + \hat{L})\psi,\tag{A.1}$$

which can be implemented with the split-step Fourier approach.

The RK4IP algorithm specifies a recipe for advancing the field a single step  $\delta$  in the slow variable  $\tau$  to obtain  $\psi(\theta, \tau + \delta)$  from  $\psi(\theta, \tau)$ . This specific algorithm has the attractive feature that it reduces the number of Fourier transformations that must be performed to achieve a given calculation accuracy relative to other common algorithms. The RK4IP algorithm is [144]:

$$\psi_I = \exp\left(\frac{\delta}{2}\hat{L}\right)\psi(\theta,\tau) \tag{A.2}$$

$$k_1 = \exp\left(\frac{\delta}{2}\hat{L}\right) \left[\delta\tau \hat{N}(\psi(\theta, \tau))\right] \psi(\theta, \tau) \tag{A.3}$$

$$k_2 = \delta \hat{N}(\psi_I + k_1/2) \left[ \psi_I + k_1/2 \right] \tag{A.4}$$

$$k_3 = \delta \hat{N}(\psi_I + k_2/2) \left[ \psi_I + k_2/2 \right]$$
 (A.5)

$$k_4 = \delta \hat{N} \left( \exp\left(\frac{\delta}{2}\hat{L}\right) (\psi_I + k_3) \right) \tag{A.6}$$

$$\times \exp\left(\frac{\delta}{2}\hat{L}\right)(\psi_I + k_3) \tag{A.7}$$

$$\psi(\theta, \tau + \delta) = \exp\left(\frac{\delta}{2}\hat{L}\right) \left[\psi_I + k_1/6 + k_2/3 + k_3/3\right] + k_4/6.$$
(A.8)

In the above it is understood that  $\hat{L}$  is applied in the frequency domain and  $\hat{N}$  is applied in the time domain. Calculation of  $\psi(\theta, \tau + \delta)$  from  $\psi(\theta, \tau)$  therefore requires eight Fourier transformations.

#### A.2 Adaptive step-size algorithm

An adaptive step-size algorithm is a strategy for adjusting the magnitude of the steps  $\delta$  that are taken to optimize the simulation speed while maintaining a desired degree of accuracy. The RK4IP algorithm exhibits error that scales locally as  $O(\delta^5)$ . Since reducing the step size naturally requires more steps and therefore increases the number of small errors that accumulate, the resulting global accuracy of the algorithm is  $O(\delta^4)$ . One appropriate step-size adjustment algorithm for this scaling is described by Heidt [143]. For a given goal error  $e_G$ , the algorithm goes as follows:

- Calculate a field  $\psi_{coarse}$  by advancing the field  $\psi(\theta, \tau)$  according to RK4IP by a step of size  $\delta$ .
- Calculate a field  $\psi_{fine}$  by advancing the field  $\psi(\theta, \tau)$  according to RK4IP by two steps of size  $\delta/2$ .
- Calculate the measured error  $e = \sqrt{\sum_{j} |\psi_{coarse,j} \psi_{fine,j}|^2 / \sum_{j} |\psi_{fine,j}|^2}$ , where j indexes over the discrete points parametrizing the fast variable  $\theta$ .
  - \* If  $e > 2e_G$ , discard the solution and repeat the process with coarse step size  $\delta' = \delta/2$ .
  - \* If  $e_G < e < 2e_G$ , the evolution continues and the step size is reduced to  $\delta' = \delta/2^{1/5} \approx 0.87\delta$ .
  - \* If  $e_G/2 < e < e_G$ , the evolution continues and the step size is not changed.
  - \* If  $e < e_G/2$ , the evolution continues and the step size is increased to  $\delta' = 2^{1/5} \delta \approx 1.15 \delta$ .

When the simulation continues, the new field  $\psi(\theta, \tau + \delta)$  is taken to be  $\psi(\theta, \tau + \delta) = 16\psi_{fine}/15 - \psi_{coarse}/15$ . In the calculations described in this thesis, the goal error  $e_G$  is typically  $10^{-6}$ .

## A.3 Pseudocode for numerical simulation with the RK4IP algorithm and adaptive step size

The pseudocode shown in Algorithm 1 shows how the RK4IP algorithm with adaptive step size is implemented. This pseudocode neglects the specific details of the RK4IP algorithm.

Two notes:

- The current field  $\psi(\theta, \tau)$  is stored until the approximation to the new field  $\psi(\theta, \tau + \delta)$  is found to be acceptable.
- This implementation makes use of an extra efficiency that is possible when the solution is discarded and the step size is halved: the first step of the fine solution  $\psi_{fine,1}$  for the previous attempt becomes the coarse solution  $\psi_{coarse}$  for the current attempt.

#### Algorithm 1 Pseudocode showing the implementation of RK4IP with adaptive step size.

```
procedure
     while \tau < \tau_{end} do
          e=1
                                                                                                                      \triangleright Initialize the error to a large value
          firsttry = TRUE
                                                                             ▶ For more efficiency if this is not the first attempt (see below)
                                                                                                        ▶ To account for halving on the first iteration
          \delta = 2\delta
          while e > 2e_G do
               if firsttry then
                    \psi_{coarse} = \text{RK4IP}(\psi, \delta)
               else
                                                                  ▶ We get to re-use the first step of the previous attempt's fine solution
                     \psi_{coarse} = \psi_{fine,1}
               \delta = \delta/2
               \psi_{fine} = \psi
               \begin{aligned} \mathbf{for} \ j_{step} &= 1:2 \ \mathbf{do} \\ \psi_{fine} &= \mathrm{RK4IP}(\psi_{fine}, \delta) \end{aligned}
                    if j_{step} = 1 then
                          \psi_{fine,1} = \psi_{fine}
               e = \sqrt{\sum |\psi_{coarse} - \psi_{fine}|^2 / \sum |\psi_{fine}|^2} firsttry = FALSE
          \psi = 16 \psi_{fine}/15 - \psi_{coarse}/15
          \tau = \tau + 2\delta
                                                                                                                           \triangleright We took two fine steps of size \delta
          if e > e_G then
               \delta = \delta/2^{1/5}
          if e < e_G/2 then \delta = 2^{1/5} \delta
```

#### A.3.1 Simulation of the LLE

For simulation of the LLE, the operators are:

$$\hat{N} = i|\psi|^2 + F/\psi,\tag{A.9}$$

$$\hat{L} = -(1 + i\alpha_{\mu}), \text{ where}$$
 (A.10)

$$\alpha_{\mu} = \alpha - \sum_{n=1}^{N} \beta_n \mu^n / n!. \tag{A.11}$$

The subscript  $\mu$  indicates the pump-referenced mode number upon which the operator acts. Note, in particular, that the pump term F has been incorporated into the nonlinear operator, so that it is implemented in the time domain. The quantity  $\hat{N}\psi$  then becomes  $i|\psi|^2\psi + F$ , as required for computation of  $\partial \psi/\partial \tau$ .

#### A.3.2 Simulation of the GNLSE

In addition to self-phase modulation, the GNLSE used in the simulations conducted for Chapter ?? contains nonlinear terms that describe the medium's Raman response and self-steepening. The equation employed can be written as [37, 144]:

$$\frac{\partial A}{\partial z} = -\left(\sum_{n} \beta_{n} \frac{i^{n-1}}{n!} \frac{\partial^{n}}{\partial T^{n}}\right) A + i\gamma \left(1 + \frac{1}{\omega_{0}} \frac{\partial}{\partial T}\right) \times \left((1 - f_{R})A|A|^{2} + f_{R}A \int_{0}^{\infty} h_{R}(\tau)|A(z, T - \tau)|^{2} d\tau\right). \tag{A.12}$$

For Chapter ??, second- and third-order dispersion is used with  $\beta_2$  =-7.7 ps<sup>2</sup>/km and  $\beta_3$  =0.055 ps<sup>3</sup>/km, where  $\beta_n$  is the  $n^{th}$  frequency-derivative of the propagation constant. The nonlinear coefficient  $\gamma = \frac{2\pi}{\lambda} \frac{n_2}{A_{eff}}$  used is 11 W/km [138], coming from an effective mode-field diameter of ~3.5  $\mu$ m for the HNLF used in the experiment and the nonlinear index  $n_2 = 2.7 \times 10^{-16}$  cm<sup>2</sup>/W of silica. The quantity  $\omega_0 = 2\pi c/\lambda_0$  is the (angular) carrier frequency of the pulse, and the parameter  $f_R = 0.18$  and function

$$h_R(\tau > 0) = (\tau_1^2 + \tau_2^2)/(\tau_1 \tau_2^2) \times e^{-\tau/\tau_2} \sin \tau/\tau_1$$
(A.13)

describe the medium's Raman response, with  $\tau_1 = 12.2$  fs and  $\tau_2 = 32$  fs used here [37, 144, 147].

The linear frequency-domain operator applied in the RK4IP algorithm is

$$\hat{L} = i\frac{\beta_2}{2}(\omega_\mu - \omega_0)^2 - \frac{\beta_3}{6}(\omega_\mu - \omega_0)^3$$
(A.14)

Here  $\omega_{\mu}$  is defined by the discretization of the frequency domain due to Fourier-transformation of a finite temporal window of length  $T_{comp}$  via  $\omega_{\mu} = \omega_0 + 2\pi\mu/T_{comp}$ ; where  $T_{comp}$  is the size of the domain for the fast time variable T.

The nonlinear operator  $\hat{N}$  for the GNLSE implements the convolution as a product in the frequency domain. That is,

$$\hat{N} = i\gamma \frac{1}{A} \left( 1 + \frac{1}{\omega_0} \frac{\partial}{\partial T} \right) \times \left[ (1 - f_R) A |A|^2 + f_R A \mathcal{F}^{-1} \left\{ \chi_R \cdot \mathcal{F}(|A|^2) \right\} \right], \tag{A.15}$$

where  $\chi_R = \mathcal{F}\{h_R(\tau)\}$  and  $\mathcal{F}$  denotes Fourier transformation. Procedurally, the quantity in the square brackets is calculated first, and then the fast-time derivative is implemented and the sum in the curved brackets is calculated.

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