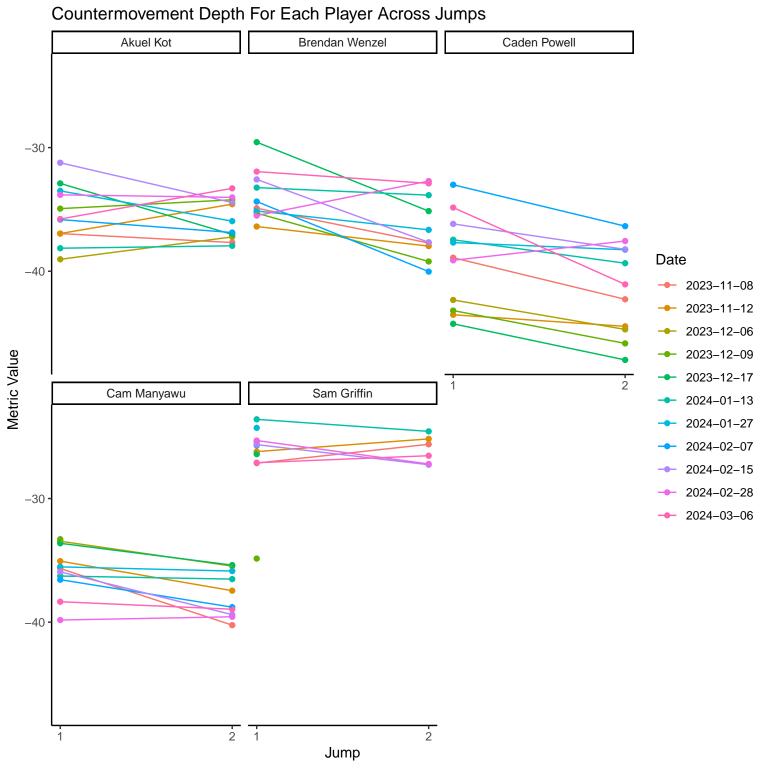
Start of Movement For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 30 20 Date 2023-11-08 2023-11-12 2023-12-06 10 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 30 2024-03-06 20 10 2 2 Jump

Start of Movement Detection Threshold For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 20 15 10 Date 2023-11-08 5 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 15 2024-03-06 10 5 2 2 1 Jump

Start of Integration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 30 20 Date 2023-11-08 2023-11-12 2023-12-06 10 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 30 2024-03-06 20 10 2 2 Jump

Start of Concentric Phase For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 30 20 Date 2023-11-08 2023-11-12 2023-12-06 10 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 30 2024-03-06 20 10 2 2 Jump



Peak Power Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 75 70 65 Date 60 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 75 2024-02-07 2024-02-15 2024-02-28 70 2024-03-06 65 60 55 2 2 1 Jump

Flight Time For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.64 Date 0.60 **2023-11-08** 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 0.64 2024-03-06 0.60 0.56 2 2 Jump

Jump Height Ft Relative Landing Rfd For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 15000 10000 Date 5000 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 15000 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2024-03-06 10000 5000 2 2 1 Jump

Jump Height Ft Relative Peak Landing Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 200 -150 -Date 100 2023-11-08 2023-11-12 2023-12-06 2023-12-09 Metric Value 50 **-**2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 200 2024-02-07 2024-02-15 2024-02-28 2024-03-06 150 100 50 2 2 1 Jump

Jump Height Imp Dis For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 50 45 Date **2023-11-08** 2023-11-12 40 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 50 2024-02-28 2024-03-06 45 40 2 2 Jump

Jump Height Imp Mom For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 50 45 Date **2023-11-08** 2023-11-12 40 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 50 2024-02-28 2024-03-06 45 40 2 2 Jump

Landing Rfd For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 4e+05 3e+05 2e+05 Date 2023-11-08 1e+05 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 2 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 3e+05 2024-03-06 2e+05 1e+05 2 2 1 Jump

Jump Height Flight Time in Inches For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 22 20 18 Date **2023-11-08** 2023-11-12 16 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 20 2024-03-06 18 16 2 2 Jump

Jump Height Imp Mom in Inches For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 20 18 Date **2023–11–08** 2023-11-12 16 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 20 2024-02-28 2024-03-06 18 16 2 2 Jump

Mean Landing Acceleration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2 0 Date **2023-11-08** 2023-11-12 -2 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2 2024-02-28 2024-03-06 0 -2 2 2 Jump

Mean Landing Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1200 1000 Date 800 2023-11-08 2023-11-12 2023-12-06 2023-12-09 Metric Value 600 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 1200 2024-02-28 2024-03-06 1000 800 600 2 2 Jump

Mean Landing Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.0 -0.5-1.0Date **2023-11-08** -1.52023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 0.0 2024-02-07 2024-02-15 2024-02-28 -0.52024-03-06 -1.0-1.52 2 1 Jump

Mean Takeoff Acceleration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 15.0 12.5 Date **2023-11-08** 2023-11-12 10.0 2023-12-06 2023-12-09 Metric Value 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 15.0 2024-03-06 12.5 10.0 2 2 1 Jump

Concentric Mean Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1100 1000 900 Date 800 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Cam Manyawu Sam Griffin 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1000 2024-03-06 900 800 700 2 2 Jump

Eccentric Mean Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 500 450 Date 400 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 350 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 500 2024-02-07 2024-02-15 2024-02-28 2024-03-06 450 400 350 2 2 1 Jump

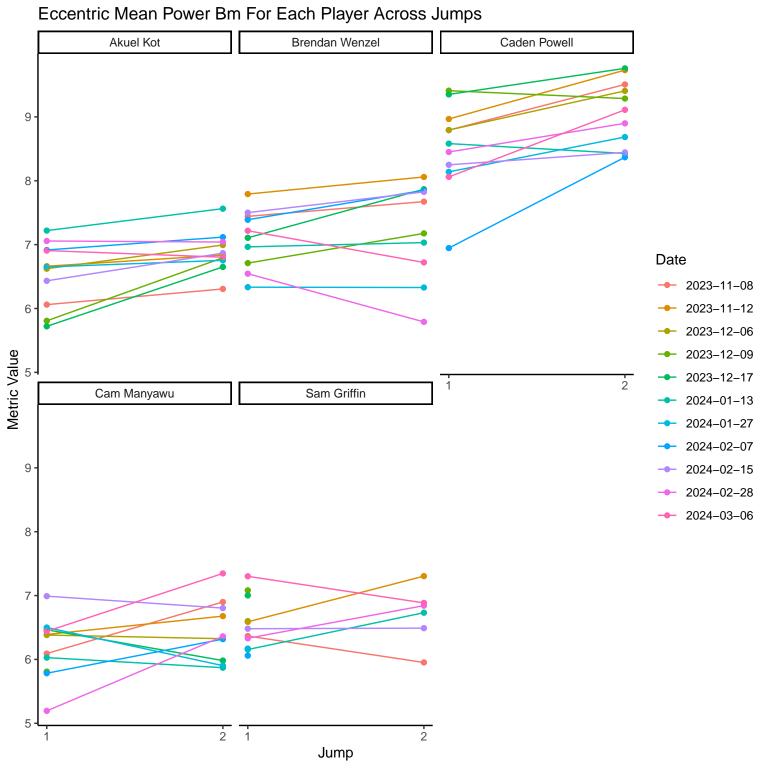
Eccentric Mean Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 800 -600 Date **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 400 **-**2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 800 2024-03-06 600 400 2 2 Jump

Eccentric Concentric Mean Force Ratio For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 50 45 Date 40 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 50 2024-02-15 2024-02-28 2024-03-06 45 40 35 2 2 Jump

Concentric Mean Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3500 3000 Date 2500 2023-11-08 2023-11-12 2023-12-06 2023-12-09 Metric Value 2000 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 3500 2024-02-28 2024-03-06 3000 2500 2000 2 2 Jump

Concentric Mean Power Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 45 40 35 Date **2023–11–08** 2023-11-12 30 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 45 2024-02-07 2024-02-15 2024-02-28 40 2024-03-06 35 30 2 2 1

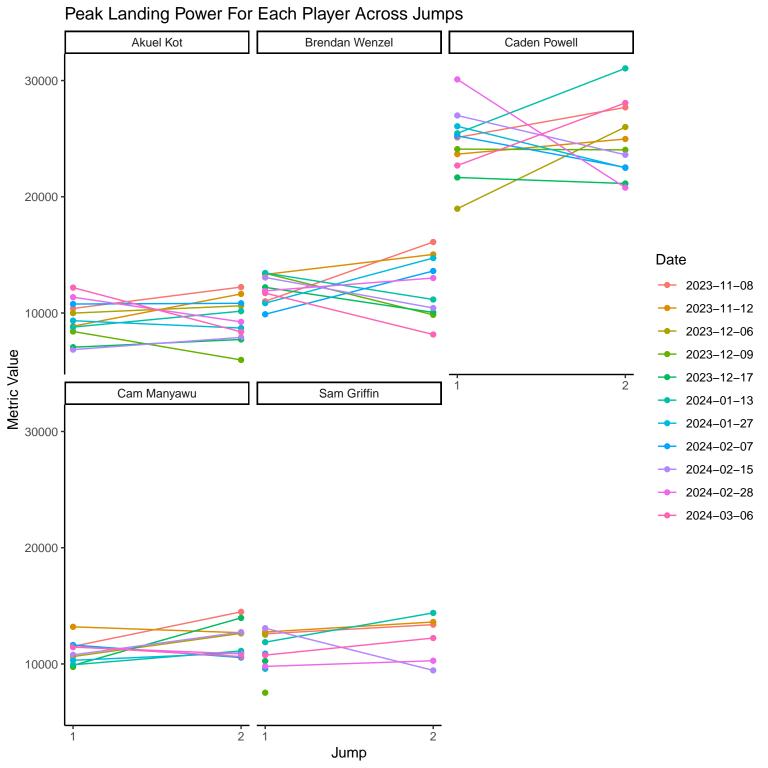
Jump



Mean Takeoff Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2.0 1.8 Date 1.6 **2023-11-08** 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2024-03-06 1.8 1.6 2 2 1 Jump

Peak Landing Acceleration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 100 -80 60 Date **2023-11-08** 40 -2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Cam Manyawu Sam Griffin 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 80 2024-03-06 60 40 20 2 2 Jump

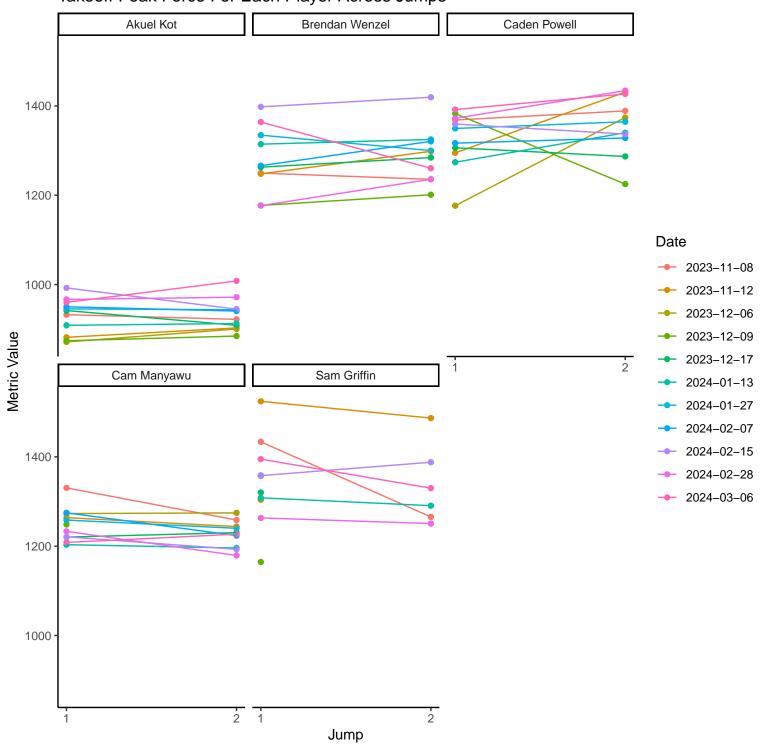
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Peak Landing Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2.0 1.5 Date 1.0 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1.5 2024-03-06 1.0 2 2 1 Jump

Peak Takeoff Acceleration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 25.0 22.5 20.0 17.5 Date 2023-11-08 15.0 2023-11-12 2023-12-06 Metric Value 75.0 2023-12-09 12.5 **-**2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 22.5 2024-02-28 2024-03-06 20.0 17.5 15.0 12.5 2 2 1 Jump

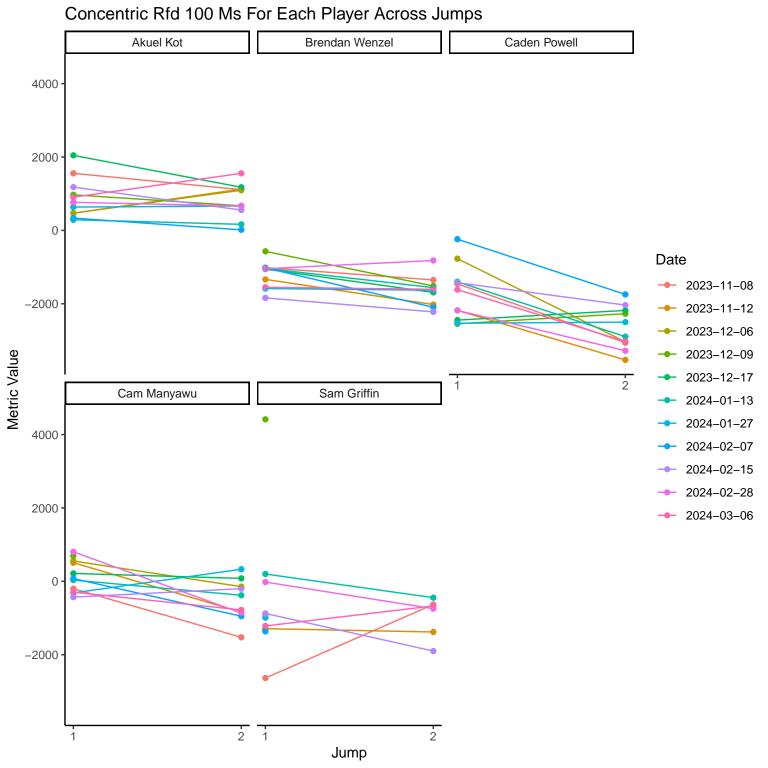
Takeoff Peak Force For Each Player Across Jumps



Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 6500 6000 5500 Date 5000 **2023-11-08** 2023-11-12 4500 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 6500 2024-01-27 2024-02-07 2024-02-15 6000 2024-02-28 2024-03-06 5500 5000 4500 2 1 2 Jump

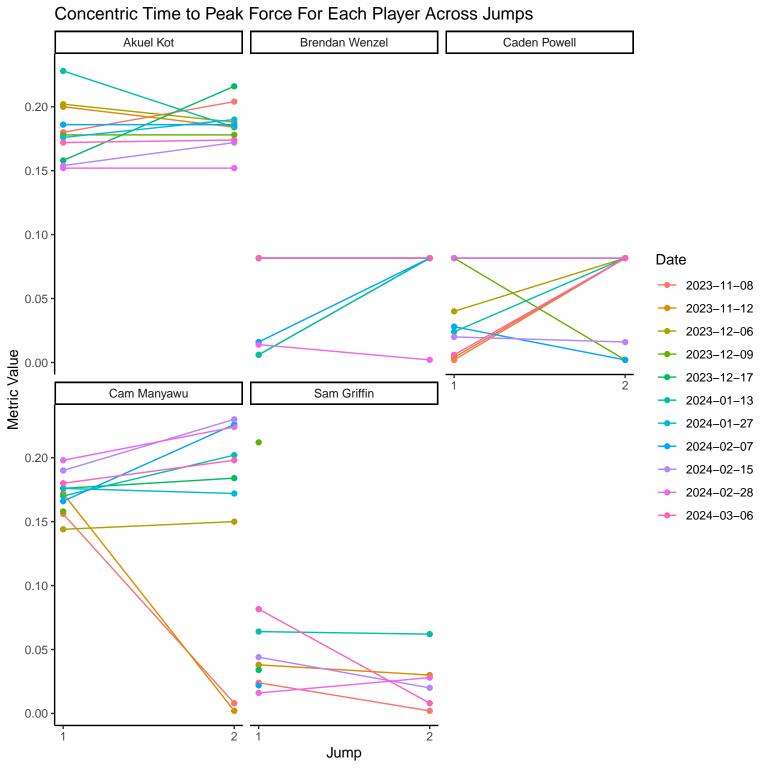
Concentric Peak Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3.3 3.2 3.1 Date 3.0 2023-11-08 2023-11-12 2023-12-06 2.9 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 3.3 2024-02-15 2024-02-28 3.2 2024-03-06 3.1 3.0 2.9 2 1 2 Jump

Concentric Rfd For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3000 2000 Date 1000 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 0 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 3000 2024-02-15 2024-02-28 2024-03-06 2000 1000 0 2 2 Jump



Concentric Rfd 200 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2500 0 -2500 Date 2023-11-08 -5000 2023-11-12 2023-12-06 2023-12-09 Metric Value –7500 **-**2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2500 2024-02-15 2024-02-28 2024-03-06 0 -2500 -5000 -7500 2 2 Jump

Concentric Rfd 50 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 5000 2500 0 Date 2023-11-08 2023-11-12 -2500 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 5000 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2500 2024-03-06 0 -2500 2 1 2 Jump



Contraction Time For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.9 0.7 Date **2023-11-08** 0.5 2023-11-12 2023-12-06 2023-12-09 Metric Value 0.3 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 0.9 2024-02-28 2024-03-06 0.7 0.5 0.3 2 2 Jump

Eccentric Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.7 0.6 0.5 Date 2023-11-08 2023-11-12 0.4 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 0.7 2024-02-15 2024-02-28 2024-03-06 0.6 0.5 0.4 2 1 Jump

Movement Start to Peak Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.8 0.6 Date 0.4 **2023–11–08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 0.2 -2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 0.8 2024-02-28 2024-03-06 0.6 0.4 0.2 2 2 Jump

Movement Start to Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1.0 0.8 0.6 Date **2023-11-08** 0.4 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 1.0 2024-01-27 2024-02-07 2024-02-15 0.8 2024-02-28 2024-03-06 0.6 0.4 2 2 Jump

Landing Net Peak Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 100 -80 60 Date **2023-11-08** 40 -2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 80 2024-03-06 60 40 20 2 2 Jump

Peak Net Takeoff Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 24 20 Date 2023-11-08 16 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 24 2024-02-28 2024-03-06 20 16 2 2 Jump

Concentric Rfd Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 75 50 Date 25 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 75 2024-02-15 2024-02-28 2024-03-06 50 25 2 2 Jump

Vertical Velocity at Takeoff For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3.2 3.1 3.0 Date 2.9 **2023-11-08** 2023-11-12 2.8 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 3.2 2024-02-07 2024-02-15 2024-02-28 3.1 2024-03-06 3.0 2.9 2.8 2 2 1 Jump

Concentric Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.32 -0.28 0.24 Date **2023-11-08** 2023-11-12 0.20 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 0.28 2024-03-06 0.24 0.20 2 2 Jump

Contraction Time Eccentric Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 160 -155 **-**150 Date 145 2023-11-08 2023-11-12 2023-12-06 140 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 160 -2024-02-15 2024-02-28 155 **-**2024-03-06 150 -145 -140 -2 2 1 Jump

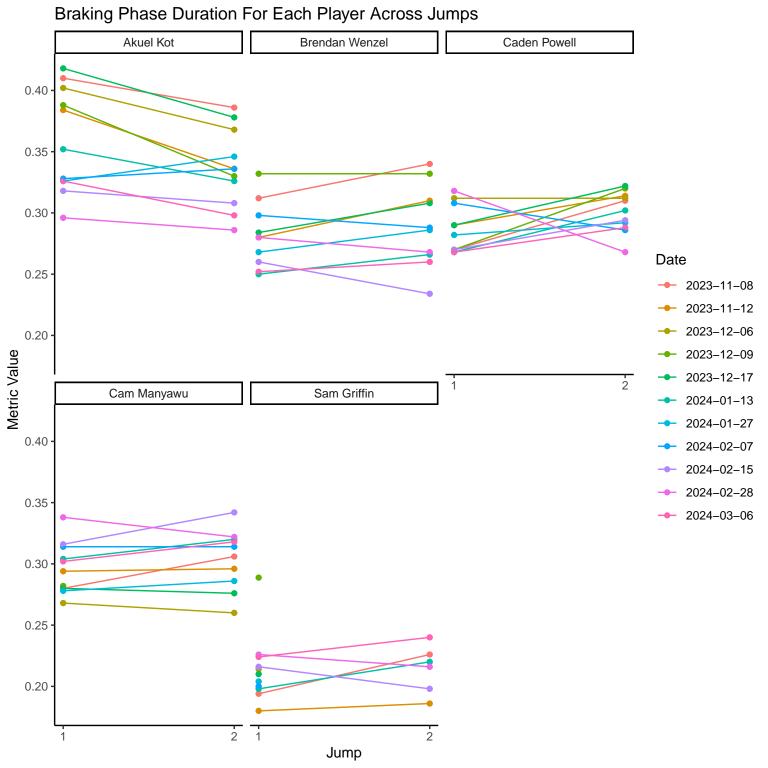
Eccentric Concentric Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 260 240 220 200 Date 2023-11-08 180 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Cam Manyawu Sam Griffin 2024-01-13 2024-01-27 2024-02-07 240 2024-02-15 2024-02-28 2024-03-06 220 200 180 -160 2 2 Jump

Flight Time Contraction Time For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1.3 1.1 0.9 Date 2023-11-08 0.7 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 1.3 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1.1 2024-03-06 0.9 0.7 2 2 1 Jump

Flight Time Eccentric Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2.00 1.75 1.50 1.25 Date 2023-11-08 1.00 2023-11-12 2023-12-06 Metric Value 7.00 2023-12-09 0.75 -2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 1.75 2024-02-28 2024-03-06 1.50 1.25 1.00 0.75 2 2 1 Jump

Start of Braking Phase For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 30 20 Date 2023-11-08 2023-11-12 2023-12-06 10 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 30 2024-03-06 20 10 2 2 Jump

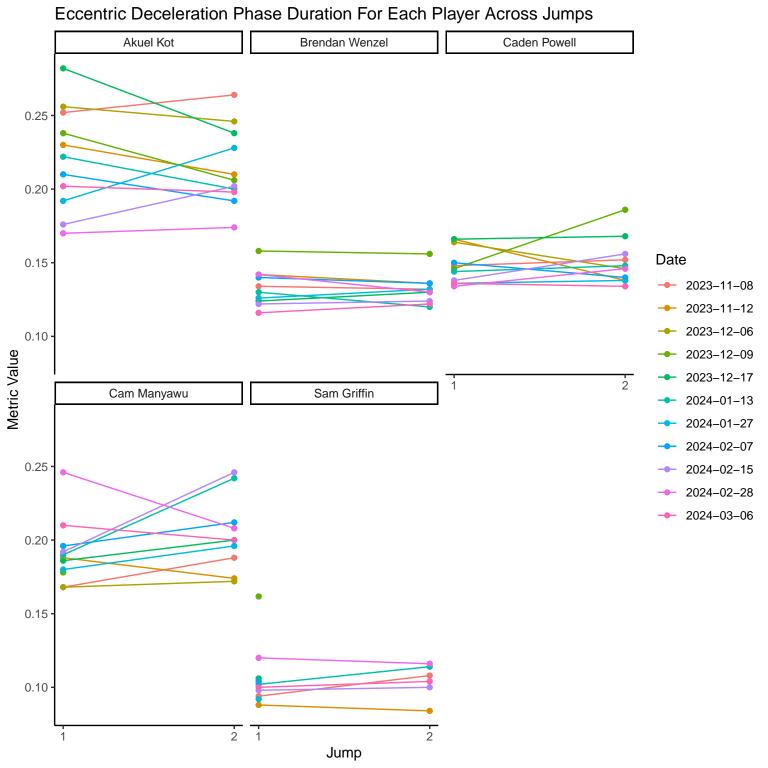
Minimum Eccentric Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 800 -600 400 Date 200 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 600 2024-03-06 400 200 0 2 2 Jump



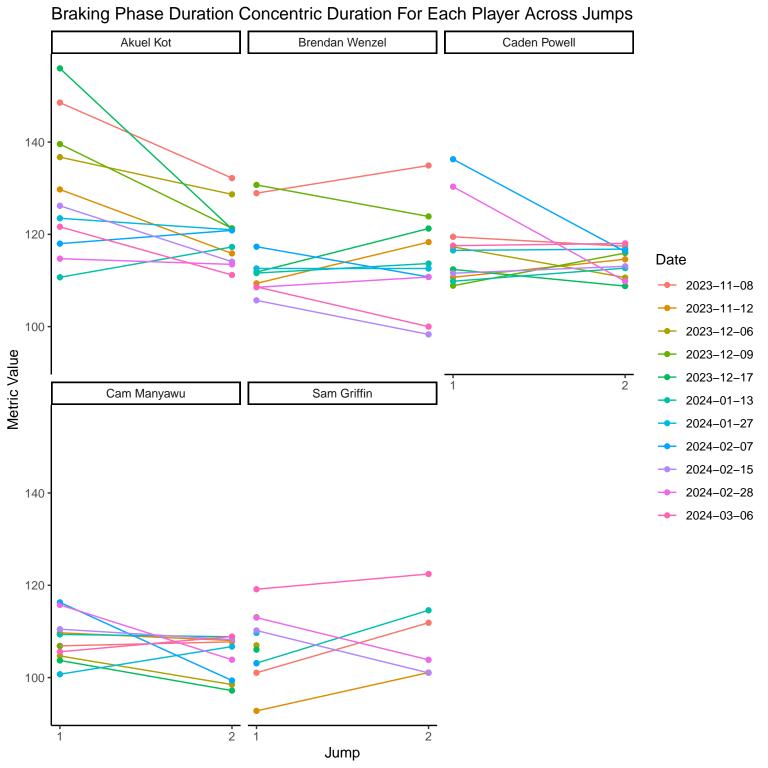
Start of Eccentric Deceleration Phase For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 30 20 Date 2023-11-08 2023-11-12 2023-12-06 10 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 30 2024-03-06 20 10 2 2 Jump

Time to Braking Phase For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.4 0.3 Date 0.2 2023-11-08 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 0.4 2024-02-07 2024-02-15 2024-02-28 2024-03-06 0.3 0.2 2 2 Jump

Eccentric Acceleration Phase Duration For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.5 0.4 Date **2023-11-08** 0.3 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2024-03-06 0.4 0.3 2 1 Jump



Braking Phase Duration Contraction Time For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 50 45 40 Date 2023-11-08 35 2023-11-12 2023-12-06 Metric Value 2023-12-09 30 -2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 45 2024-03-06 40 35 30 2 2 Jump



Eccentric Mean Braking Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1200 1000 Date **2023-11-08** 2023-11-12 2023-12-06 Metric Value 2023-12-09 800 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1200 2024-03-06 1000 800 2 2 Jump

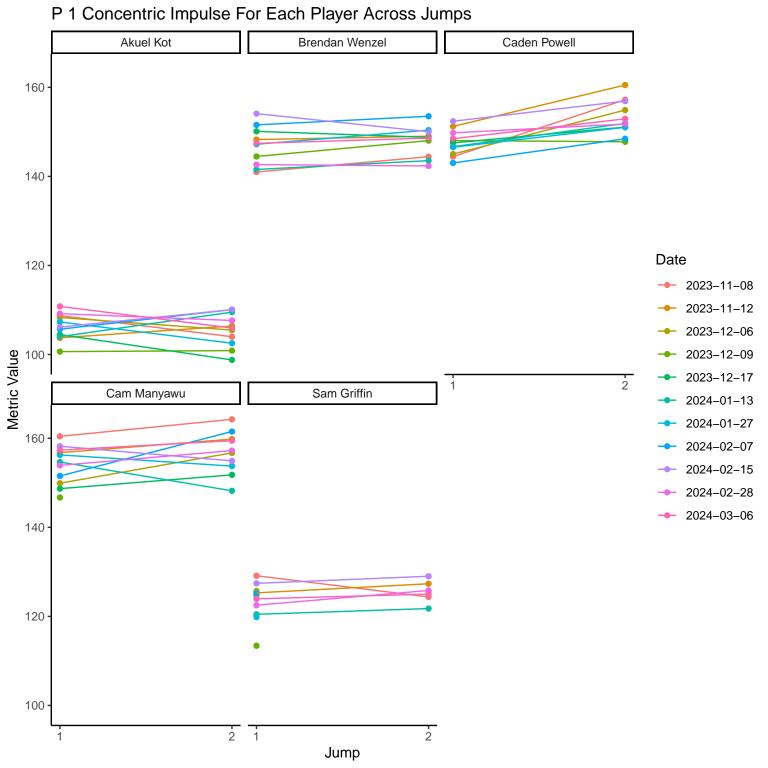
Eccentric Mean Deceleration Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 2400 2000 1600 Date 1200 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2000 2024-02-28 2024-03-06 1600 1200 800 2 2 Jump

Force at Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1200 1100 1000 Date 2023-11-08 900 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 1200 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1100 2024-03-06 1000 900 2 1 2 Jump

Concentric Impulse 50 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 70 60 50 40 Date 2023-11-08 30 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 2 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 60 2024-02-28 2024-03-06 50 40 30 20 2 2

Jump

Concentric Impulse 100 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 125 100 Date 75 2023-11-08 2023-11-12 2023-12-06 2023-12-09 Metric Value 50 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 125 2024-02-15 2024-02-28 2024-03-06 100 75 -50 2 2 Jump



P 2 Concentric Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 140 -120 100 Date 2023-11-08 2023-11-12 2023-12-06 80 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 120 2024-03-06 100 80 2 2 Jump

Eccentric Braking Rfd For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 6000 4000 Date 2023-11-08 2023-11-12 2000 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 6000 2024-02-28 2024-03-06 4000 2000 2 2 Jump

Eccentric Braking Rfd Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 150 -100 Date **2023–11–08** 2023-11-12 50 -2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 150 -2024-02-28 2024-03-06 100 -50 2 2 Jump

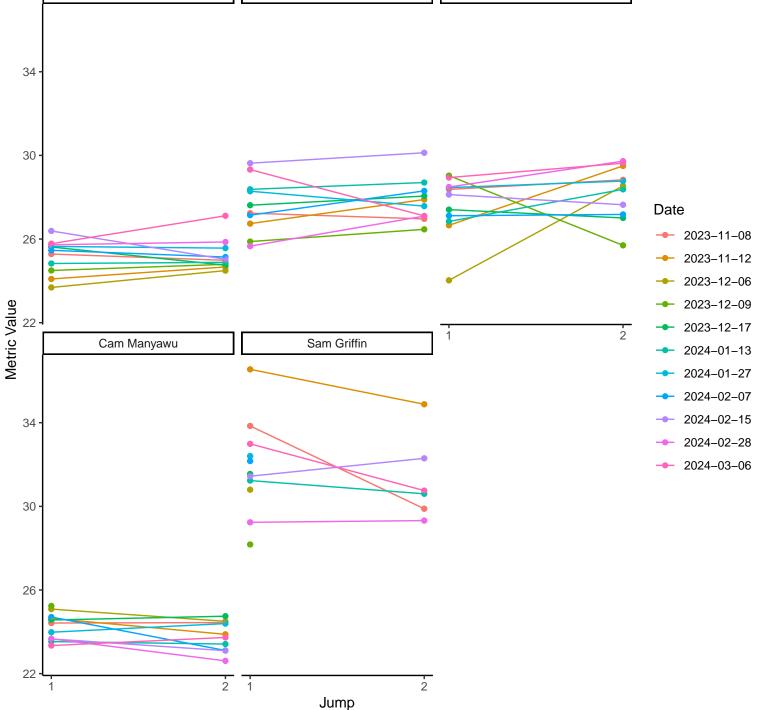
Eccentric Braking Rfd 100 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 6000 4000 Date 2000 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 6000 2024-02-07 2024-02-15 2024-02-28 2024-03-06 4000 2000 2 1 2 Jump

Eccentric Braking Rfd 100 Ms Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 100 -Date 50 -**2023–11–08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Cam Manyawu Sam Griffin 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 100 2024-03-06 50 2 2 Jump

Eccentric Deceleration Rfd For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 9000 6000 Date **2023-11-08** 3000 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 9000 2024-02-28 2024-03-06 6000 3000 2 2 Jump

Eccentric Deceleration Rfd Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 200 Date 100 -**2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 200 -2024-03-06 100 2 2 Jump

Takeoff Peak Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 34 30 Date 26



Concentric Peak Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1400 1200 Date **2023-11-08** 1000 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 1400 2024-02-07 2024-02-15 2024-02-28 2024-03-06 1200 1000 2 1 2 Jump

Concentric Peak Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 35.0 32.5 30.0 27.5 Date 2023-11-08 25.0 2023-11-12 2023-12-06 Metric Value 0.58 as 0.50 2023-12-09 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 32.5 2024-02-15 2024-02-28 2024-03-06 30.0 27.5 25.0 22.5 2 2 1 Jump

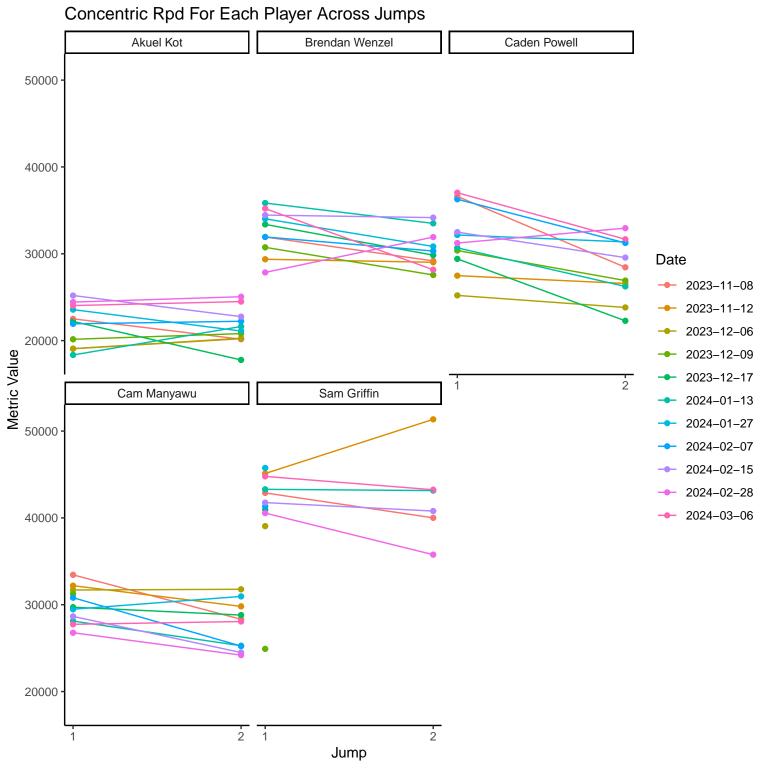
Eccentric Peak Force For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1500 1200 900 Date 2023-11-08 600 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1200 2024-03-06 900 600 2 2 Jump

Eccentric Peak Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 30 20 Date **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 30 2024-02-28 2024-03-06 20 10 2 2 Jump

Peak Landing Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 100 -75 **-**Date **2023-11-08** 50 -2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 100 -2024-02-15 2024-02-28 2024-03-06 75 50 2 2 Jump

Mean Eccentric Concentric Power Time For Each Player Across Jumps Brendan Wenzel Caden Powell Akuel Kot 8000 6000 4000 Date 2023-11-08 2023-11-12 2000 2023-12-06 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 8000 2024-01-27 2024-02-07 2024-02-15 2024-02-28 6000 2024-03-06 4000 2000 2 2 Jump

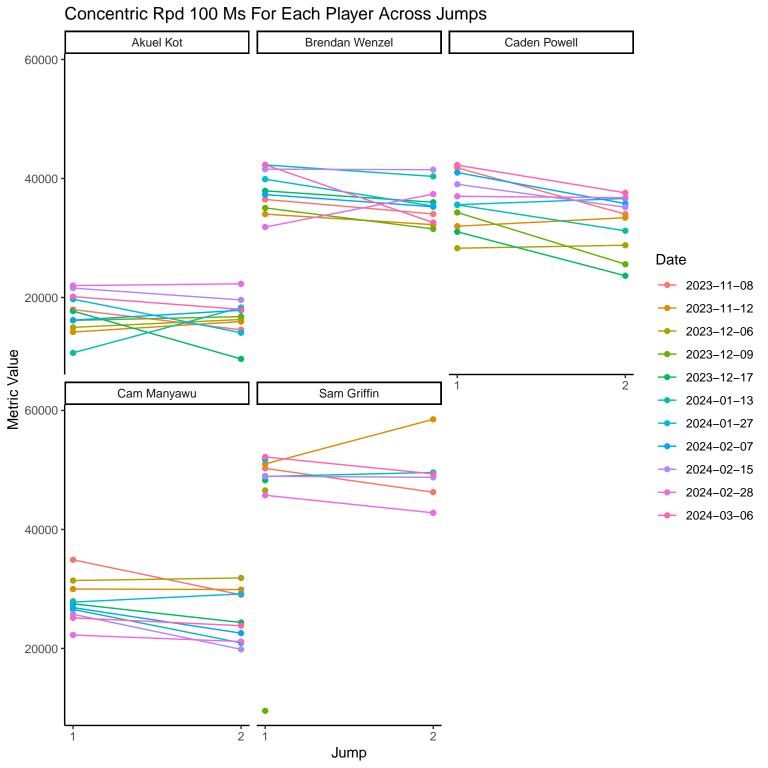
Lower Limb Stiffness For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 10000 7500 Date 5000 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 2500 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 10000 2024-02-15 2024-02-28 2024-03-06 7500 5000 2500 2 2 1 Jump



Concentric Rpd Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 600 500 400 Date 2023-11-08 300 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 600 2024-02-07 2024-02-15 2024-02-28 500 2024-03-06 400 300 2 2 1 Jump

Concentric Rpd 50 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 60000 40000 Date 20000 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 60000 2024-02-15 2024-02-28 2024-03-06 40000 20000 2 2 Jump

Concentric Rpd 50 Ms Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 800 -600 400 Date 2023-11-08 200 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 600 2024-03-06 400 200 2 2 Jump



Concentric Rpd 100 Ms Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 600 400 Date 2023-11-08 2023-11-12 200 2023-12-06 2023-12-09 Metric Value 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 600 2024-02-28 2024-03-06 400 200 2 2 Jump

Rsi Modified For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 120 -100 80 Date **2023-11-08** 60 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 100 2024-03-06 80 60 40 2 2 1 Jump

Total Work For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1400 1200 Date 1000 **2023-11-08** 2023-11-12 2023-12-06 2023-12-09 Metric Value 800 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 1400 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2024-03-06 1200 1000 800 2 2 Jump

Velocity at Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3.0 2.9 2.8 2.7 Date 2023-11-08 2.6 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2.9 2024-02-15 2024-02-28 2024-03-06 2.8 2.7 2.6 2.5 2 2 Jump

Eccentric Peak Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell -1.3-1.5Date **2023-11-08** -1.72023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 -1.32024-02-15 2024-02-28 2024-03-06 -1.5 -1.72 2 1 Jump

Eccentric Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 3000 2500 2000 Date **2023-11-08** 1500 2023-11-12 2023-12-06 Metric Value 2023-12-09 1000 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 3000 2024-02-15 2024-02-28 2024-03-06 2500 2000 1500 1000 2 2 Jump

Eccentric Braking Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 140 120 Date 100 2023-11-08 2023-11-12 2023-12-06 80 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 140 2024-02-15 2024-02-28 2024-03-06 120 100 80 -2 2 Jump

Eccentric Deceleration Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 180 **-**160 140 Date 120 2023-11-08 2023-11-12 2023-12-06 100 Metric Value 2023-12-09 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 160 2024-02-28 2024-03-06 140 120 100 2 2 Jump

Concentric Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 300 -270 240 Date 2023-11-08 210 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 300 -2024-01-27 2024-02-07 2024-02-15 2024-02-28 270 2024-03-06 240 210 2 2 Jump

Force at Zero Velocity For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1200 900 Date 2023-11-08 600 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 1200 2024-02-28 2024-03-06 900 600 2 2 Jump

Positive Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 900 -800 700 Date 600 2023-11-08 2023-11-12 2023-12-06 500 Metric Value 2023-12-09 2023-12-17 2 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 900 2024-02-07 2024-02-15 2024-02-28 800 2024-03-06 700 600 500 2 2 Jump

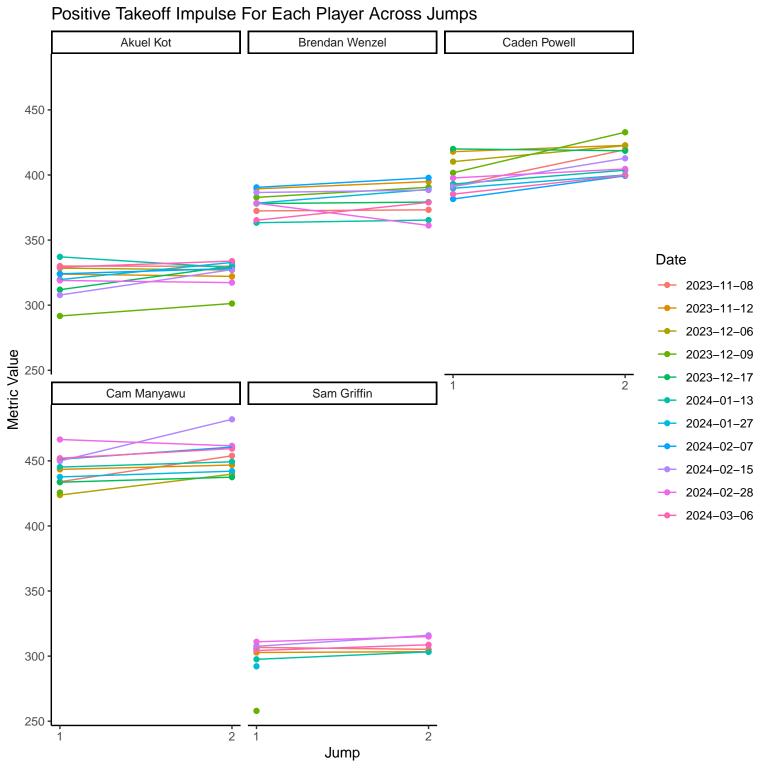
Eccentric Unloading Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 75 50 Date 25 2023-11-08 2023-11-12 2023-12-06 0 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 75 2024-02-28 2024-03-06 50 25

2

Jump

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0



Cmj Stiffness For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 6000 5000 4000 Date 2023-11-08 3000 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 6000 2024-01-27 2024-02-07 2024-02-15 5000 2024-02-28 2024-03-06 4000 3000 2 2 Jump

Concentric Mean Force Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 25.0 22.5 Date **2023-11-08** 2023-11-12 20.0 2023-12-06 2023-12-09 Metric Value 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 25.0 2024-02-28 2024-03-06 22.5 20.0 2 2 1 Jump

Eccentric Peak Power Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 40 35 30 25 Date 2023-11-08 20 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 35 2024-02-28 2024-03-06 30 25 20 15

2

Jump

2

Eccentric Peak Power Concentric Peak Power For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.6 0.5 0.4 Date **2023-11-08** 2023-11-12 0.3 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 0.5 2024-03-06 0.4 0.3 2 1 2 Jump

P 2 Concentric Impulse p 1 Concentric Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1.2 1.0 0.8 Date 2023-11-08 2023-11-12 0.6 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 1.0 2024-03-06 0.8 0.6 2 2 Jump

Concentric Impulse 100 Ms Concentric Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 0.7 0.6 0.5 0.4 Date 2023-11-08 0.3 2023-11-12 2023-12-06 Metric Value 2023-12-09 0.2 -2023-12-17 1 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 0.6 2024-02-28 2024-03-06 0.5 0.4 0.3

2

Jump

0.2

2

Landing Impulse For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 100 -80 60 Date **2023-11-08** 2023-11-12 40 2023-12-06 2023-12-09 Metric Value 2023-12-17 2 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 100 2024-02-15 2024-02-28 2024-03-06 80 60 -40 -2 2 Jump

Landing Rfd 50 Ms For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 160000 120000 80000 Date **2023-11-08** 2023-11-12 40000 2023-12-06 2023-12-09 2023-12-17 2 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 160000 2024-02-07 2024-02-15 2024-02-28 120000 2024-03-06 80000 40000

2

Jump

2 1

Metric Value

Eccentric Deceleration Impulse Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 1.9 1.7 1.5 Date **2023-11-08** 2023-11-12 1.3 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 1.7 2024-02-28 2024-03-06 1.5 1.3 2 1 2 Jump

Displacement at Takeoff For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 50 40 30 20 Date 2023-11-08 2023-11-12 10 2023-12-06 Metric Value 2023-12-09 2023-12-17 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 40 2024-02-28 2024-03-06 30 20 10 2 2 Jump

Force at Zero Velocity Bm For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 30 25 20 Date 2023-11-08 15 2023-11-12 2023-12-06 2023-12-09 Metric Value 2023-12-17 i Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 30 2024-02-15 2024-02-28 2024-03-06 25 20 15 10 2 2 Jump

Rsi Modified Imp Mom For Each Player Across Jumps Akuel Kot Brendan Wenzel Caden Powell 160 **-**120 Date 80 2023-11-08 2023-11-12 2023-12-06 Metric Value 2023-12-09 2023-12-17 2 Sam Griffin Cam Manyawu 2024-01-13 2024-01-27 2024-02-07 2024-02-15 2024-02-28 2024-03-06 120 -80 40 2 2 1 Jump